

Parenting Advice: Ways to Cope With The Terrible Twos



By [Ivana Jarmon](#)

Welcome to the terrible twos: a time when your once cute-as-a-button baby becomes a living nightmare. Your child may present with the following symptoms: temper tantrums, screaming, kicking and biting, fighting with siblings, total meltdowns and their vocabulary being dominated with the single word “no!” But don’t worry! The terrible twos are a time of rapid growth- mentally, socially and physically. It’s a time when toddlers begin to develop their sense of self and start to want to do things for themselves. This trying time will pass, and while there is no quick fix for unwanted toddler behavior, you can take steps to help things go more smoothly when the

terrible twos begin. Here are some [parenting tips](#) on ways to survive the terrible twos.

Parenting Advice: Check out our parenting advice on ways to cope with the terrible twos.

1. Give them responsibility: At the age of two, your toddlers are developing their senses of self. A two-year-old can do a lot around the house: pick up their toys, empty their plate, and set the table. By giving them mini chores, this will help them build their confidence and will show that you trust them.

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2. Consequences: A child going through the terrible twos is constantly testing limits. No parent likes to give out a punishment, but consequences are a way to show your child that there are expectations, and that if they're not met there will be trouble.

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3. Patience: As a society, we don't like to wait for anything, and we especially don't like waiting for a difficult situation to get better. A child going through the terrible twos is going through so many psychological and physical changes that they have a right to go a little crazy. As their parent or guardian, this means recognizing that and giving them the opportunity to pass through this stage without getting angry all the time. It's easier said than done, because it's very hard when a child is constantly having tantrums or fighting you on everything. Getting angry will only make things worse and will escalate the situation. So, take a deep breath and respond; don't react.

What is some parenting advice on how to cope with the terrible twos? Share your thoughts below.

Parenting Advice: How To Get Your Child Back On The Right Track



By [Ivana Jarmon](#)

Keeping a child on the right track can be hard, especially in a world with so much ugliness. It's easy to steer away from the right path. Your child may be acting out or maybe you've

noticed they're behavior has changed. As a parent, this is very concerning. You may make rules for your kids, only to abandon these rules when they don't work. We have some [parenting advice](#) to help you get your kid back on the right track.

Parenting Advice: Check out our parenting advice on how to get your kid back on the right track!

1. Honest conversation: Have an honest and real conversation with your child. Treat your child as an equal instead of pulling rank. "I'm the parent you're the child" will not work if you want things to change. To have an honest conversation, it's important to take turns talking and listening. By pulling rank, you may miss out on an opportunity to hear how they truly feel. It's important that you hear each other out.

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2. Address the red flags: These red flags could be falling behind in school work, trouble-making at school, or missing homework and extracurricular activities—it's important to address the problem. Talk to your kid as soon as the problem arises. Don't accuse them or get mad. Ask him or her openly what's going on.

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3. Get to the root of the problem: It's important to explore the reason for your child's change in behavior. Talk to your child, their teachers, coaches, friends the people who know them well. By doing this, you will get a better insight at what's causing the problem.

What are some ways to get your kid back on the right track?
Share your thoughts below.

Celebrity News: 'Parenthood' Star Joy Bryant Gives Marriage Advice



By Courtney Shapiro

In [celebrity news](#), Joy Bryant dished on her career, her love of sports, and her marriage to stuntman Dave Pope. The actress, well known for her role in NBC's *Parenthood*, shared

that she was not always the outdoorsy type, but has become more accustomed to the lifestyle through her husband. As she's been in a [celebrity marriage](#) for 10 years, Bryant shares her advice on how to keep her [celebrity relationship](#) fresh. In an interview with *Men's Journal*, she says, "You've got to do your own thing... there are plenty of people who spend every single day together and hate each other or get divorced."

In celebrity news, Joy Bryant talks about how to keep marriage fresh. What are three ways to keep your marriage fresh and the spark alive?

Cupid's Advice:

Everyone has ways of keeping their marriage spark alive, but will they always work? Cupid has some tips on how to keep your marriage fresh and the spark alive:

1. Try new things together: It gets tiring and boring when you and your spouse are always doing the same thing. Breaking out of the typical routine and trying a new activity, or even a new food, can bring excitement to both of you. It'll be special for just the two of you, and you'll be able to hold on to that memorable experience as a couple.

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2. Continue to talk to each other: Talk frequently to one another. Don't just go through the motions, and talk about work or other daily routine items, but really sit down and talk to each other. If you are feeling a certain way or something really got in your head, share it with your partner. Having these deeper conversations will help further the relationship, as well as keeping things interesting.

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3. Create shared goals: Being married automatically gives you a partner for life, so why not create goals as a couple. The goals can be anything the two of you want to accomplish, and they are more likely to be achieved if you are constantly supporting one another throughout the process. Find something you both can enjoy, and work towards that accomplishment together.

What are some tips that kept the spark alive for your marriage? Tell us in the comments below!