

# Q&A: Where Does Social Media Draw the Line on PDA?



*Question from Sarah J.: I've been really annoyed by the amount of relationship pictures showing up on my News Feed – all I see are photos of couples kissing or cuddling! Where does social media draw the line on public displays of affection (PDA)? How much relationship sharing is too much?*

**Answers from Our Love Experts:**

**Tristan Coopersmith, Love Stylist:** Social media is a weird space. It's a space that encourages us to be friends with strangers, over-share personal details and solicit opinions and validation from random people... all things we clearly know *not* to do in real life. Social media is desperate for those

unspoken rules of “too much information” that the real world instinctively knows. So how much skin, how much gush, how much intimate sharing is too much?

Well, in my opinion, although showing your affection for your loved one is sweet, and friends and family do enjoy seeing how blissful you are, quantity and quality should be considered. When it comes to quantity, one post a day **maximum** should do it. Your friends and family have other stuff they are interested in beyond the inside jokes between you and your sweetheart. When it comes to quality, follow the rule that, if there is a slight chance your viewers would tell you to “get a virtual room,” your online PDA is too much. This means no tongue kissing, no cleavage, etc. If not for the sanity of your followers and their over-cluttered feeds than for the sake of your relationship’s pure need to have private boundaries, remember that less is more!

**Suzanne Oshima, Matchmaker:** You will always come across couples on social media who share way too much information about their relationship because they want the world to know about their happiness together and love for each other. But the good news is that you don’t have to see it if you don’t want to. With social media, you can always hide their news feeds or unfriend/unfollow the couples who annoy you.

Now, while that will solve your problem, I think the more important question here is: why does it really bother *you* so much? Is it because you’re jealous you’re not in a relationship too? If that’s the case, then I wouldn’t focus so much on the couples sharing annoying photos. I highly suggest you start working on getting out there and meeting the right person for you. Then, you can become a couple on social media who *doesn’t* share too much information.

**Paige Wyatt, Reality Star:** When it comes to PDA, there is a very thin line between cute and sweet and just plain nauseating. The quick smooch or cuddling pictures are pretty

tolerable when they're only posted every now and then, but I think the constant full-on make-out photos are where I draw the line. Some people don't know social media etiquette, and that's when they tend to post the uncomfortable status updates and pictures. One thing to consider: think about exactly who is looking at what your posting – like your boss, teacher or even mother dearest.

For more information on our three relationship gurus, click [here](#).

If you have any questions you would like answered by our experts, please submit them on our [Contact Page](#).

**How do you feel about PDA on social media sites? Tell us below!**

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## **Q&A: How Can Social Media Help My Long-Distance Relationship?**





**Question from Tara M.:** *I just moved a couple states away from my boyfriend for a new job. We're having trouble adjusting to the distance and need some new ways to keep in touch and keep our relationship strong. How can social media help my long-distance relationship?*

**Answers from Our Love Experts:**

**Tristan Coopersmith, Love Stylist:** Ok, so maybe there's no app (yet) to teleport couples to each other in a time of need or desire, but these days, technology truly is a long-distance relationship (LDR) couple's best friend! Since you have probably already exhausted phone, texts and Gchat, here are a few more inventive ideas to try.

1. Send your honey an evite for a TV night. You can watch a show together via Skype, while munching on your favorite treats. During commercials, catch up on your day.
2. Use Google Hangout to arrange for double dates with other LDR couple friends.
3. Play a game together like Words with Friends, Scramble or

Gems with Friends. You can even create a weekly game night and play all night together. Don't forget to send cute chat messages in between plays!

4. Create a photo calendar where each day has a theme, such as silly picture day or naughty picture day.

Don't forget though, too much technology can get burdensome and boring, so be sure to take a tech break once in a while. Instead, send an old fashioned letter or care package.

**Suzanne Oshima, Matchmaker:** A long-distance relationship can be tough on both people, but with technology and social media today, there are so many creative options to help you keep the relationship alive and going strong.

Let's start with texting. A simple "good morning" text is the best way to start the day, and a sexy, steamy "good night" text is a great way to end it.

When you can't see him in person, there's nothing better than Skype. Be creative and plan a dinner date night over Skype. You can make dinner together, catch up on each other's day and then sit down to a candle-lit meal. It's one of the best ways to remain a part of each other's daily lives.

During the day, when you don't have time to talk to each other, just send him a sexy voice note or quick video to let him know your thinking of him. Trust me, it will make his day!

And lastly, when it comes to Facebook and Twitter, posting a "thinking of you" status update or photo can light up his day...but one word of caution: don't go too overboard, or you will become that annoying couple to all your friends.

Just remember, if you're creative at utilizing social media and technology, it can actually bring you closer together as a couple, making you feel like less far apart physically.

**Paige Wyatt, Reality Star:** The first thing that comes to mind

is video chat! Video-chatting with your boyfriend gives you two a whole new means of communication. It allows you to actually see each other, which is sometimes exactly what you need. It's much more personal than just talking on the phone and definitely more personal than talking through text. When you video chat with your boyfriend, make sure you have enough time to devote to him and your conversation. Get rid of any potential distractions, and you should be golden!

For more information on our three relationship gurus, click [here](#).

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**Are you in a long-distance relationship? How does social media help you? Share your story below.**

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## **Q&A: Am I Being Too Untrusting?**







**Question from Kirsten B.:** *My boyfriend always logs into my Gmail account to get access to YouTube, but lately, he's been asking for my Facebook and Twitter passwords too. I'm just not comfortable letting him have access to those accounts. Am I being too untrusting?*

**Answer from Our Love Experts:**

**Tristan Coopersmith, Love Stylist:** In my honest humble opinion, it isn't a matter of your level of trust but rather motive on his part to access your accounts AND motive on your part for wanting to prevent that access. Why does he want in? Has he been accusing you of naughty online behavior? Or does he just look at a password swap as a rite of relationship passage? And for you...why are you withholding? Do you have something to hide? Want to keep your electronic flirting options open? Or is it just a matter of wanting to preserve your independence and privacy? Once you determine both of your motives, I think you will gain clarity on your choice to give up the passwords or not.

**Suzanne Oshima, Matchmaker:** No, you're not being too

untrusting at all! There isn't any reasonable explanation as to why your boyfriend needs to have access to your Gmail, YouTube, Facebook and Twitter Accounts. If you don't give him your passwords, he will probably try to spin it and say that you're hiding something from him. However, it appears that your boyfriend is the one who is insecure and doesn't trust you. I always tell my clients: if you feel the need to "spy" on your boyfriend or girlfriend through their email or Facebook accounts, then that's a clear indicator that it's not a healthy relationship. When it comes to relationships, trust is the true foundation of a good one.

**Paige Wyatt, Reality Star:** You are not the one that's being untrusting; he is. I'm sure he has his own Facebook or Twitter account, which means he's only using your's to spy on you. He probably doesn't care what your friends are doing; he wants to know who you're talking to, what you're talking about and if there's any reason that he should be worried. Invasion of privacy is a big red flag in a relationship! You have a right to keep your passwords private, and by wanting access to your accounts, he's violating that right. If you two are in a serious, healthy relationship, you should be able to talk to each other and share your concerns rather than spy on each other. Ask him why he wants the passwords; be understanding, open and honest with each other. A lot of times men aren't trying to be offensive or untrusting; they are just a little insecure, and it's our job to relieve those worries.

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**Have you ever been too untrusting with your partner or vice versa? Share your story below.**



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# Q&A: Is it Okay to Break Up With Someone via Text?



**Question from Lauren A.:** *I was dating a guy for a month when he broke up with me via text. I thought this was extremely impersonal and I deserved at least a phone call, but my guy friends said that because we were only dating for a short length of time, breaking up with a text message is fine. What are your thoughts? Is there a certain length of time you have to be dating someone to receive a more intimate break-up?*

**Answers from Our Love Experts:**

**Tristan Coopersmith, Love Stylist:** That's like asking if there

is there a certain length of time you should know someone to be just plain polite to them! Call me old-school, but I believe in a thing called respect. I think you should treat people the way you want to be treated, and only spend time with those who reciprocate in kind. Although the breakup undoubtedly stings, you dodged a bullet with this guy. After all, if he would breakup with you over a freaking text, you could probably count on him proposing via email. Hardly a guy worthy of your love! Onwards and upwards!

**Suzanne Oshima, Matchmaker:** In this age of technology, a break up can be done through any of the following forms of communication: in person, a phone call, an email, or a text message. An in person break up is the most intimate, a text message is the most impersonal and a phone call or an email is somewhere in between. The fact of the matter is that you weren't really in a serious relationship after only a month. Since you were only dating, he probably felt a text was acceptable. It's important to understand the reason why most guys break up with someone this way; it's the easy way out. He doesn't have to face you, your emotions or your questions as to "why." While I know you feel you deserved more, just remember, a text is still much better than him just disappearing and leaving you wondering what happened.

**Paige Wyatt, Reality Star:** A break up via text message makes me think that the other person never really cared about the relationship, no matter how long it may have been. When someone wants to break up, it means there was some kind of problem in the relationship. A text message does not give the other person the chance to defend themselves and it closes the door to working through the issues and figuring out your differences. If the guy truly cared about you, he would want to at least try to work it out, and if he doesn't care enough to do that, he's not worth it anyway.

For more information on our three relationship gurus, visit our Experts page!

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**Have you ever been broken up with over a text message? Share your story below!**

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## **New Advice Column: Dating in the Age of Technology**



Have you been dating your guy for a few months, but he *still* hasn't changed his Facebook status to "in a relationship"? Or, does the new man your dating text you saying he misses you and then you don't hear from him for days? These are common

scenarios in our new technology-driven dating world. If you are challenged with how to navigate all of this, don't despair.

On Thursday, August 2nd, CupidsPulse.com will be launching a new advice column focused on this very issue. From texting to emailing to Twitter and Facebook, each month we will highlight a social media scenario and engage three experts (all from different areas of the country and different stages of life) to provide their perspective on how best to handle the situation.

Our advice column experts will include Paige Wyatt, the reality star of Discovery Channel's 'American Gun's'; Tristan Coopersmith, a "love stylist" working on her degree to become a psychotherapist; and Suzanne Oshima, a matchmaker and dating coach. Dating in the digital world is difficult – let us make it a bit easier for you!

If you have any questions you would like answered by our experts, please send them to [cupid@cupidspulse.com](mailto:cupid@cupidspulse.com).

*Photo Courtesy: Datingsites.org*