

Relationship Advice: Could You Cross Over Into The Cheating Zone?



Everyone likes to think of themselves as an upstanding person, one who would never break a vow or betray someone they love. Each individual who has ever been in my office to deal with infidelity has always prefaced it by saying, "I'm a good person, but..." How does that but come about in the face of the expectation that you will be honest and faithful to the person you have committed to? In other words, what is it that puts you on the path from faithful to unfaithful? Recently it was revealed that this may have played a part in the break-up of Olivia Wilde and Jason Sudeikis. It has been reported that Wilde was involved with Harry Styles before she and Jason split after spending nine years together and having two children. This raises the question of how someone, in many cases even the best-intentioned person, ends up actually having or flirting with the idea of having an affair?

The pandemic has made this even more prevalent as people are connecting through texting, sexting, and video chats. You might think you

are innocently talking to an ex-girlfriend or co-worker across the country, but if you are sharing intimate thoughts and feelings you could be easing your way toward an emotional virtual tryst. So, what are the signs that you may be at risk of heading that way, online or in person?

In this case it is important to think about what you are not getting from your relationship that could be leading you to feel resentful, angry, and neglected. It can be one big event or a series of smaller issues that take you to that place. Do you think you are always shot down when you suggest something, or believe your opinion doesn't matter? Do you feel repeatedly overpowered by your partner, and there seems to be no room for compromise? Does your partner barely look up from their phone anymore when you tell them about your day, or even worse, they have no interest in hearing about it at all and shut you down when you bring it up? These repeated negative behaviors can cause your self-esteem to take a hit, as well as leave you to feel you are just a burden or a nag. Additionally, have they stopped showing interest in having sex with you? Not only do they not initiate sex, but are they unresponsive to any

overtures you make as well? If so, this can impact your sexual-esteem, leaving you feeling rejected and undesirable.

Put all of this together, and you are likely to believe you are not important and just don't matter to your partner because you are feeling so deprived, ignored, and unappreciated. This is when you are in the most danger of entering what I call The Cheating Zone, the arena between potentially cheating and actually cheating. It is the point where you shift from what is seemingly an innocent conversation to a truly meaningful relationship with someone other than your committed partner. Faced with a feeling of futility and the defeated sense that whatever you do your relationship isn't going to change, combined with running on emotional empty, can make you particularly vulnerable. If someone else pays attention to you, offers you a compliment, or just wants to talk, you may feel a strong attraction because anything that begins to feed your self-esteem can be grist for the infidelity mill. If you find yourself feeling unhappy a lot, fantasizing about this new person that you are interacting with, or imagining ending your relationship, it is easy to go from contemplating to actually falling into an affair. Very often people think the paramour happened to come along and that's how the infidelity came about, but, in reality, that other person likely gained entrance because of all the things going on that were driving you and your partner apart. That third person is able to enter the equation because there is already so much distance between you.

If you want to avoid this, acknowledge the feelings you are having and take them seriously. Use them to guide you to action, whether that means negotiating specific changes in behavior or deciding to see a counselor. Rather than resigning yourself to being miserable, talk to your partner and let them know how distressed you are and how dire you think things could be for the relationship if you don't deal with these problems head on. Let your partner know what needs to be

different for you in order to remain in the relationship. Before you do something that may lead you to the point of no return, give them a chance to work with you to make things better.

It is impossible to know what exactly took place between Wilde and Styles, or when it happened. However, if you are dealing with any of the above, then by communicating and recommitting to each other you can hopefully steer clear of The Cheating Zone.

Celebrity Break-Up: Olivia Wilde Ditches Engagement Ring After Jason Sudeikis Split



 By Nicole Maher

In the latest [celebrity news](#), Olivia Wilde has removed her engagement ring after her [celebrity break-up](#) with fiancé Jason Sudeikis. According to *UsMagazine.com*, Wilde was first spotted without her ring while spending some time at a horse stable in Los Angeles, California. The couple began dating in November of 2011 and announced their engagement in January of 2013.

In celebrity break-up news, Olivia Wilde is no longer sporting the engagement ring she got from ex

Jason Sudeikis. What are some physical ways you can cope with a break-up?

Cupid's Advice:

One of the hardest things to deal with in a break-up is letting go of some of the physical reminders of your relationship. If you are looking for some physical ways you can cope with a break-up, Cupid has some advice for you:

1. Lose the jewelry: Whether it's an engagement ring or a necklace, taking off any jewelry that was given to you by your ex is a good first step in removing physical reminders of your break-up. This will also give others the clue that your relationship has ended without you necessarily needing to tell everyone verbally. After some time has passed, you can decide what to do with the jewelry long-term.

Related Link: [Celebrity Break-Up: Lamar Odom & Fiancée Sabrina Parr Call It Quits](#)

2. Clean your social media: In the modern age, nearly everyone in a relationship has shared some pictures with their partner on social media. Another physical way of coping with a break-up is to clear that person from your field. This can include archiving pictures of you two together, removing tags from past photos, and muting or unfollowing your ex's account.

Related Link: [Celebrity News: Alex Trebek's Wife Shares Photo of Their Wedding After Thanking Fans for Support After His Death](#)

3. Put away past gifts: While you may have a sentimental attachment to some of the gifts your ex has given you in the past, it is a good idea to remove these gifts from view. Just like with jewelry, placing the gifts you've received in a box

and putting them away for a while can help take your mind off the break-up. Once your emotions have settled, then you can decide what to keep, return, and get rid of.

What are some other physical ways that can help you cope with a break-up? Start a conversation in the comments below.

Olivia Wilde & Jason Sudeikis Welcome a Celebrity Baby Girl!



 By Kayla Garritano

This [celebrity news](#) has us going Wilde! [Celebrity couple](#) Olivia Wilde and husband Jason Sudeikis welcomed a second child into their family. Their new [celebrity baby](#) girl, Daisy, was born on Tuesday, October 11. According to [UsMagazine.com](#), Mama Wilde shared a post on Instagram on October 15 of her new daughter with the caption, “There goes the neighborhood. Daisy Josephine Sudeikis. Born, like a boss, on #internationaldayofthegirl.”

This couple welcomed their second celebrity baby. What are some ways to prepare differently for your second child versus your first?

Cupid's Advice:

Having children is a beautiful miracle. However, preparing for the first child may be a little different than preparing for your second. Cupid is here to help you get ready for child number two:

1. Prepare the older sibling: Now that you're extending your family even more, you need to think about your first child. Since they are becoming an big brother or sister, it will be exciting, but there may be a little jealousy. Just make sure that you pay attention to your first child, even though having a newborn is a lot of work. Neither of your children should feel neglected.

Related Link: [Olivia Wilde & Jason Sudeikis Are Expected a Baby!](#)

2. Hand-me-downs: The good thing about having gone through pregnancy and birth already is that you still have all your old equipment. First of all, you still have your maternity clothes, so you don't need to go shopping again. But there's also the benefit of having a crib, baby clothes that your first child grew out of, a stroller, etc. You get to save some cash when having a second child, which will be important in the long run.

Related Link: [Olivia Wilde Opens Up About Relationship with Jason Sudeikis](#)

3. Less parenting books, and more hands-on experience: When preparing for your first child, you spent most of your time reading pregnancy, birth and parenting books to ensure your child was healthy. However, now that you already have your first child, you've experienced what it's like to be hands on with your child. You know how to hold your baby, how to put them to sleep, and how to feed them. Hopefully, this will make you a little more at ease when you're expecting your second child.

How did you prepare for your second child differently than

your first? Comment below!

Celebrity Photo Gallery: Famous Couples Who Work Out Together



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Jessica Biel and Justin Timberlake

The duo that sweats together, stays together! This famous

couple seems to believe this truth, as they are often seen jogging together. Photo: Brian Flannery/FlynetPictures.com

Famous Couples: First Comes Celebrity Baby, Then Comes Marriage



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Brad Pitt and Angelina Jolie

This power couple has welcomed six adorable children into their family -- three of whom they adopted -- since they began dating in 2005. In April 2012, they announced their

engagement, but they still haven't made any moves to tie the knot. Photo: Landmark / PRPhotos.com

The Most Fashionable Celebrity Baby Bumps



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Olivia Wilde

The former 'House' actress fully embraced her baby bump at the 2014 Golden Globe Awards, dressing in a fitted, green-sequined dress that certainly turned more than just a few heads! Photo: Juan Rico/FAMEFLYNET PICTURES

Olivia Wilde Discusses the Pros and Cons of Parenthood

By Sanetra Richards

The cuteness is never-ending! According to UsMagazine.com, new mom Olivia Wilde was all smiles while telling *UsWeekly* about fiancé Jason Sudeikis and their baby boy, Otis, while at the Cinema Society & Revlon Host a Screening of Third Person event in the Big Apple on Tuesday, June 17th. “It’s such a joy to watch them laughing and smiling together. It’s the best feeling in the world,” said the 30-year-old actress about parenthood. “I look forward to when Jason can start reading to Otis because then, the best thing ever, is when your dad is reading to you and does all the characters from the books.” “That was my favorite,” she gushed. “My dad would do all the characters from the Roald Dahl books and I thought he was a genius! And so I really can’t wait for that moment with Jason and Otis.” The couple welcomed their son in April and have enjoyed every moment of parenthood since – although Olivia’s first national mommy holiday was absolutely horrendous, as she spent it in Central Park: “I had this image of Central Park being completely empty, just rolling meadows, one person a mile away flying a kite, some balloons. So [Sudeikis] says, ‘Yeah, we can do that,’” she told *Late Show’s* David Letterman on Tuesday. “So we go up there and it’s hell. It’s more packed. Everybody in the world is in Central Park that day. It also happened to be Japan Day, which it turns out is a huge deal in New York City.” She continued, “I had the image of the picnic and everything would be so lovely. There would be flowers and the baby would be cooing and I would be

the glorious mother. Instead – we were sweating, and angry and hungry. Everyone had to pee. I finally just dropped to the ground on a patch of dirt, like in between two ugly roads, and then just ripped off the diaper of the kid to change him and he just pooped everywhere. Like a torrent, a flood!”

What are some ways having a child can improve your relationship?

Cupid’s Advice:

Although parenthood comes along with many tasks and challenges on a daily basis, the rewards are much greater. When two people decide to have a child together, every single thing changes ... and it could be for better or worse. Cupid has a few ways on how the pros can definitely outweigh the cons:

1. Two become one: The both of you created one tiny human that you will be responsible for forever (or in some cases, until they are 18). If there was never a time where working as team was a number one priority, the time is now. You will spend hours, days, and years learning the ins and outs of parenting together. Also, you will learn even more about each other, such as, beliefs, morals, and in depth behavior. You will reach heights in your relationship that you may have thought were never possible – and it’s all because of that tiny human you nurture together, as a couple.

Related: [Olivia Wilde and Jason Sudeikis Enjoy Romantic Weekend in Boston](#)

2. More communication: Often times, long conversations come attached to the parenting tag. Talks about what the future will hold are inevitable. You and your significant other may begin to question the next step in your relationship, whether that is marriage or continuing to add to your family. Plus, you will be talking about rotating shifts quite often: who is staying up with the baby, who is changing the diaper, etc.


Related: [Olivia Wilde Shows Off Baby Bump at Golden Globes](#)

3. A deeper connection: After the baby is born, you are now connected to your partner for eternity (a little exaggeration). You form a partnership as parents and as significant others.

How can having a child improve a relationship? Share your thoughts below.

5 Celebrity Couples Who Married Young



 By April Littleton

Lately, many celebrities are choosing to get married in their 30s or older. However, plenty of the Hollywood stars exchanged vows while they were still in their teens or early 20s. Here is Cupid's top five celebrity couples who married young:

1. Megan Fox and Brian Austin Green: The former *Transformers* star was 18 years old when she began dating Brian Austin Green. At the time, he was 30. The lovebirds met on the set of *Hope & Faith* in 2004. They got engaged in February 2006, but broke it off three years later. In June 2010, the couple became engaged again. However, Fox claimed they never broke off the engagement in the first place. Fox and Green exchanged vows June 24, 2010 at the Four Seasons Resort on Maui. The duo have two sons together, Noah Shannon Green (born Sept. 27, 2012) and Bodhi Ransom Green (born Feb. 12, 2014). The *Teenage Mutant Ninja Turtles* actress is also the stepmother to Green's

son Kassius from his previous relationship with Vanessa Marcil Giovinazzo.

2. Hilary Duff and Mike Comrie: The former *Lizzie McGuire* actress was just 22 years old when she married former NHL player Mike Comrie. The couple began dating in 2007, and became engaged in February 2010. The pair married in Santa Barbara, California Aug. 14, 2010. However, the lovebirds announced their separation Jan. 10, 2014. They have a son, Luca Cruz Comrie, who was born March 20, 2012.

Related: [5 Cutest Teen Celebrity Couples](#)

3. Olivia Wilde and Tao Ruspoli: The *Her* actress married the Italian filmmaker and musician when she was 19 years old. They exchanged vows on a school bus in Washington, Virginia. In an interview, Wilde explained the duo married in an old bus because the wedding was a secret at the time. The couple separated Feb. 8, 2011, and divorced Sept. 29, 2011. Since then, Wilde has been in a relationship with *SNL* performer Jason Sudeikis. They got engaged in January 2013 and are expecting a baby boy in May 2014.

4. Jessica Simpson and Nick Lachey: Simpson was 22 years old when she married Lachey. They duo married Oct. 26, 2002. Their relationship was documented on the reality TV series, *Newlyweds: Nick and Jessica*. The couple announced their separation in November 2005. They filed for divorce Dec. 16, 2005, citing irreconcilable differences. The divorce was finalized June 30, 2006. Simpson dated Dallas Cowboys quarterback Tony Romo from 2007 to 2009. Currently, she's engaged to Eric Johnson. They have two children, daughter Maxwell Drew Johnson and Ace Knute Johnson.

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5. Avril Lavigne and Deryck Whibley: The *Girlfriend* singer was 21 years old when she married Sum 41 performer Deryck Whibley.

The pair began dating when Lavigne was 19 years old. Whibley proposed to her during a trip to Venice in June 2005. They married July 15, 2006 in Montecito, California. The couple divorced Nov. 16, 2010 after a little more than three years of marriage. However, they continued to work together. Whibley produced her fourth album and the single, *Alice*. Currently, Lavigne is married to Nickelback singer Chad Kroeger.

What other celebrity couples married young? Comment below.

Olivia Wilde and Jason Sudeikis Enjoy Boston Getaway



 By Sanetra Richards

Parents-to-be Jason Sudeikis and fiancée Olivia Wilde seemed to have enjoyed themselves in Titledown, also known as Boston, during their weekend getaway. Wilde stylishly joined Sudeikis on set as he was in the process of filming for the upcoming romantic comedy *Tumbledown*. According to [People](#), the couple was no stranger to the well-liked neighborhood coffee shop Haute Coffee (they ordered haute lattes with almond milk and a house-made syrup of honey and cinnamon). A bystander described the pair as 'very cute,' whilst an employee said, "They're very casual, very down to earth. They couldn't have been nicer. It's just a pleasure to have them here." The actress also shared they are expecting their little bundle of joy in about four weeks.

What are some ways vacation can make you closer as a couple?

Cupid's Advice:

Getaways with your honey are well-needed not only during the rough patches, but also just to keep the spark alive or possibly light the fire even more. Cupid has a few other ways a vacation can help strengthen your relationship:

1. Alone time: One of the biggest perks about a vaca is the isolation spent with your partner. The world back at home is cancelled out for that period of time. Your primary focus is having an enjoyable break and giving all of your attention to each other. Maybe tension between the two of you is slowly taking a toll and you feel a barrier shaping, take a simple vacation to ease away the stress.

Related: [Olivia Wilde Shows Off Baby Bump at Golden Globes](#)

2. More experiences: Whether it is a trip to you all's favorite spot or somewhere fresh, completely new memories will be created. You and your significant other will see things that you have never seen before, forming a tighter bond in the relationship. When you are back at home one day, you may see may come across something that triggers a memory from the vacation, and (hopefully) you will smile at the thought of being with your partner.

Related: [Olivia Wilde and Jason Sudeikis Are Engaged](#)

3. The afterglow: Post vacation romance can definitely keep a relationship going. The smiles will be from ear to ear – you and your significant other will be traveling down Honeymoon Avenue once again. Continuously replay the good times spent with your lover over in your head. You may even catch yourself wanting to relive the moment.

How could a couple getaway bring you and your partner closer? Share your thoughts below.

Olivia Wilde Shows Off Baby Bump at Golden Globes



By Louisa Gonzales

Pregnancy looks good on actress Olivia Wilde who glowed at the 2014 Golden Globe Awards and looked like she couldn't be happier. She radiated on the red carpet in a head turning green sequined dress that showed off her baby bump. The star, who is currently carrying her first baby with fiancé, Jason Sudeikis was there to present one of the many trophies handed out Sunday night, according to UsMagazine.com.

What are some ways to make your pregnant partner feel beautiful?

Cupid's Advice:

Pregnancy is a beautiful thing and is a new adventure in a couple's relationship. Being pregnant comes with a lot of responsibilities and it can feel challenging for both lovers. A woman's body goes through a lot of changes during this time and it can sometimes feel overwhelming. Cupid has some advice on how to keep your lovebird feeling beautiful.

1. Compliment her: This is a simple and easy task. The woman is carrying your child; you should make her feel loved and beautiful and one-way to do it is by showering her with compliments. They don't necessarily only have to be compliments such as, 'you look pretty today' or 'your glowing' you can also say things like how good she is doing and why she'll be a great mom.

Related: [Olivia Wilde and Jason Sudeikis Are Expecting a Baby!](#)

2. Treat her like a Queen: Make her feel special and fantastic by letting her know she is the most important woman in your life and show case it by doing things for her. Bring her breakfast in bed, help or volunteer to do chores around the house. Buy her gifts or chocolate and give her flowers and even make that late night ice cream run when she says she's craving it.

Related: [JWoww and Fiance Roger Matthews are Expecting First Child](#)

3. Give her your attention: As the parent to be you're as much pregnant as your partner is, you may not be carrying the child, but you are both along for the ride and journey of being pregnant. Be there to listen when she needs you, talk to her, ask her questions and respond to anything she has to say. Be at your lover's side when they need your support.

What do you think are the best ways to make your pregnant partner feel beautiful? Share your advice below.

Olivia Wilde and Jason Sudeikis Are Expecting a Baby!



By April Littleton

Reps for both Olivia Wilde, 29, and Jason Sudeikis, 38, confirm to [People](#) that the happy couple are expecting their

first child together. “They are incredibly happy. They’re very excited to welcome a new member into their family,” said a source who is close to the lovebirds. The two met in 2011 during the *Saturday Night Live* finale and began dating six months later. They got engaged in January.

How do you decide the right time to have a child with your partner?

Cupid’s Advice:

Starting a family is an exciting time for a couple in love. Trying for a baby has its own set of challenges, but the outcome is worth it. Before you bring home a little bundle of joy, there are a few things you should think about first. Cupid has some tips:

1. Communication: You won’t know if you’re ready to have a baby with your significant other if you don’t ask. Sit your partner down and have a long discussion about your future together. What you’re ready for might not be the case for your honey. You can’t create a child by yourself, so make sure you and your companion are on the same page before you start loading up on baby clothes.

2. Finances: One of the worst mistakes a person can make is bringing a child into this world when they’re not financially ready to care for one. It wouldn’t be wise to start a family when you and your partner are living paycheck to paycheck. Babies need more than just your love. Children need food, clothing, shelter, regular visits to the doctor, etc. Keep that in mind the next time you catch yourself having baby fever.

3. Stable relationship: A baby won’t help save an already failing relationship. Make sure the commitment you have with your significant other is strong and long-lasting before you decide to add to your family. If you and your honey are headed

toward a split, work on the issues at hand before you choose to make any life-changing decision, like having a baby.

How did you decide the right time to have a child with your partner? Share your experience below.

Olivia Wilde and Jason Sudeikis Are Engaged



 By Michelle Danzig

Shortly after their one-year anniversary and the holidays, *Saturday Night Live* comedian Jason Sufeikis proposed to girlfriend Olivia Wilde, according to [People](#). The two, who began dating back in November of 2011, have been living together since last year. Seen everywhere from Kansas, to Texas and even Rome, the couple is very happy and very excited, according to a source. A wedding date has not yet been announced. In addition to *The Incredible Burt Wonderstone* in March, Wilde, 28, will also appear in Ron Howard's *Rush*, out in September. In May, Sudeikis, 37, will be featured in the animated film, *Epic*, and *We're the Millers*, costarring Jennifer Aniston, which hits theaters in August.

What are some ways to plan the perfect proposal?

Cupid's Advice:

How, when and where you propose is something your partner will never forget. In addition to the pressure of the planning the perfect proposal, you also have to remember she will be

telling the story countless times, to all of her friends and family. We know you want to look good! If you are clueless in the realm of romantic proposals, here are some excellent—and simple—ways to create a proposal that she will never forget:

1. Choose the perfect ring: Choosing a ring can be extremely intimidating—and expensive. Add in the pressure that she will be wearing this ring the rest of your and her life and you have a recipe for stress. There are excellent ways to find the perfect ring without giving away the surprise. Ask her friends. There is not one woman in this world that hasn't shown her favorite ring to her friends. Additionally, technology has severely favored the dating world. There is a great website called Pinterest. Women constantly Like and post pictures of rings they like. Use that for inspiration, but throw in a touch of yourself as well.

2. Be personal: Everyone gets engaged under the Rockefeller tree, at Disney World, on the beach or on Valentine's Day. You and your significant other have a relationship all your own. Why not personalize your proposal to your relationship instead. If you and your sweetie like to hike, find a quiet spot at the top of the mountain where you can pop the questions. If you enjoy walking the dog together, do it then. Personalize the proposal by fitting it into your relationship, not fitting your relationship into the proposal. It will be way more romantic and make for a great story.

3. Pay attention to her likes and dislikes: Some men try so hard to have the most outrageous, romantic and original proposal out there. However, don't lose sight of the woman on the other end. If she doesn't like sports, don't propose to her on the Jumbotron. If she hates public display of affection, don't propose to her in the middle of a crowded train station. Find what works for both of you. Start by noting all of the things she likes and dislikes. It will help you narrow down the perfect venue and timing for your proposal.

How did you propose? Share below!

Olivia Wilde Opens Up About Relationship with Jason Sudeikis



By Jennifer Ross

At a recent [Glamour](#) magazine hosted event in NYC, Olivia Wilde gushed to the audience over her new boyfriend, Jason Sudeikis, although she didn't name him directly. When comparing Sudeikis, 37, to the likes of say David Beckham, the *House M.D.* star said she "would drop him [Beckham] off at the pound." This in no way was a jab at Beckham, but rather an example of how smitten she is over her new beau. During her monologue reading, Wilde spoke about the raw truth on personal matters such as her divorce, her body and her strong feelings for her partner.

How do you know if you're really into someone?

Cupid's Advice:

When you begin to fall in love with someone, it can be one of the best times of your life. Your thoughts wonder to where he is and what he's doing. Your heart beats faster when he first approaches you. His eye contact takes your breath away. Here are a few tips that point to the fact that you might be falling in love:

1. He's Your Go-To Person: If you find yourself in a challenging work situation and immediately text/email your new partner about it, you are probably into him. Having the urge to tell him what's going on throughout your day, moments that can be considered unimportant or urgent, is a sign that you are thinking of him constantly and want to be near him.

2. You Open Up About Your Past: Sharing personal stories about your youth, especially ones about your awkward stages, relays a message that you feel comfortable enough to express your vulnerable side. Vulnerability is not easy for many people to show and is normally reserved for those who you've known a long time or people you trust in your heart. When you start opening up, it is a clear indication that you want more than a temporary partnership with the person you're dating.

3. Your Friends, Family or Co-workers Have Met Him: One of the most obvious signs that you are into someone is when you introduce him to your friends, family or co-workers. This is definitely big! Attempting to incorporate your new relationship into your personal life shows him and yourself that you want him around often and you want others to know he exists.

When did you know you were really into someone? Share your story with us below.

**Sources Say Jason Sudeikis
and Olivia Wilde Are**

'Inseparable'



By Nicole Weintraub

Olivia Wilde and boyfriend Jason Sudeikis are starry eyed and in love, according to UsMagazine.com. The pair have been "inseparable" says an insider; the couple of nine months have been attached at the hip. The two are living together after only dating for a few months, but they are smitten. Though, the two are in no rush to tie the knot as Wilde divorced her former husband Tao Ruspoli last September after eight years. Sudeikis himself separated from his wife Kay Cannon after six years of marriage in 2010. Since the two have a 'been there, done that' attitude, they are in no race to the altar. Rather, the two enjoy squeezing time in to see one another in between hectic work schedules.

How do you know how much time to spend with a significant other?

Cupid's Advice:

A new relationship has a honeymoon phase where all you want to do is be with your new partner. Though, where is the line between enjoying each other's company and suffocating each other? Cupid has some advice:

1. You feel the suffocation: If you are beginning to feel that you are trapped or have no privacy, it's probably time to put a little distance between your outings. There is nothing wrong with wanting to spend time with your partner, but the two of you also need some space.

2. Nothing to talk about: If the two of you are constantly together, attached at the hip, eventually you are going to run out of things to talk about. You won't be able to tell them

what is new or how your day went, because they already know.

3. Don't miss them: You need to be able to miss each other. If you do not have space and time to yourselves, the spark is going to disappear. You cannot miss your partner and appreciate the time you truly spend together if you are constantly with one another.

How do you know when you are spending too much time with a partner? Let us know!

The Upcoming Film 'The Words' Will Leave You Speechless



By Jessica Smith

Oh the drama! Bradley Cooper is back on the big screen with his upcoming film *The Words*, and we even get to see the hunk get teary eyed (whose heart doesn't melt when they see a man cry?). Not only will there be enough romance to fuel our fantasies, but we'll also get to see the sexy smirk of Dennis Quaid and envy the beautiful Zoe Zaldana and Olivia Wilde for having these boys under their spell. Cooper plays a struggling author who stumbles upon another man's love story. He publishes the story as his own and quickly strides to the top, but he'll learn that there's a serious price to pay for stealing another man's work and essentially his life. The movie recently came to theaters on September 7, so don't miss your chance to see the beauty, drama, romance and suspense of how the story ends!

Should You See It: Definitely. It looks like a movie that will keep you guessing, and there are a lot of A-list actors and actresses to ensure a stellar performance.

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Who To Take: This is a movie for a wide range audience. Go see it on a girl’s night out. Take your significant other. Go with your mom and watch her swoon over Dennis Quaid. Regardless of who you take, it will be a movie you can enjoy together.

In the film, Cooper’s character and his significant other are having serious money problems. He can’t seem to get his career to take off, and he fears he might not have the capability to become the person he thought he was destined to be. Self-doubt is a terrible feeling, but luckily he had Zoe’s character to encourage and inspire him. Experiencing money issues is one of the most common struggles from couple to couple. Money is something that we all need, but don’t always have.

How can you avoid feeling hopeless and bring positive energy to a bad situation?

1. Keep things in perspective: The world is not ending and the sky is still in tact so don’t overreact! If you blow things out of proportion not only will you stress yourself out unnecessarily, but you’ll also create unneeded tension between you and your partner. Instead, keep calm and carry on!

Related Link: [‘Hope Springs’ Is This Summer’s Guide to a Healthy Relationship](#)

2. Encouragement vs discouragement: If your partner’s going through a tough time, the last person they want to be torn apart emotionally by is their loved one. If you bring them down, you’re likely to go with them. Remember for better or for worse? Well, even if you’re not married this should still apply. Now’s your time to spark a flame under their heiny and get them moving and motivated! If you want a better life go

work for it!

3. Don't give up: This is probably the best advice anyone could ever give you. We've all heard it. Nobody like a quitter. If you've hit rock bottom just remember the only place you can go from there is up. Don't be afraid to take chances! Believe in yourself and your partner to succeed, and when you do, all the hardship will only make your triumph sweeter.

How have you and your partner worked together to make a bad situation better? Share your comments below!

Kissing On Screen: Do Celebrities Get Jealous?



 By Che Blackwood

In the real world, most couples are uncomfortable with the idea of their partner locking lips with a co-worker. Since infidelity is one of the leading causes of divorce and emotional cheating is grounds for a split, it's hard to imagine anyone condoning an out-of-relationship make out session; that is, unless you're in Hollywood. Stars have contractual obligations to kiss their co-stars, and their partners have to be understanding in order for their relationship to work. To avoid jealous outbursts and maintain healthy and loving relationships, celebrity couples make sure to follow these simple tips:

1. They work together: Whether they met on or off screen,

famous couples like Kristen Stewart & Rob Pattinson and Olivia Wilde & Jason Sudeikis have managed to share the silver screen with their real life partners. Getting paid to kiss your romantic interest is a sure fire way to keep the jealousy tamed.

Related: [5 Ways Playing Hard to Get Can Damage Your Love Life](#)

2. They visit each other on set: While stars can often be away from their honeys for months at a time, the truly devoted grab every possible opportunity to see one another. Loving couples, like Shia LaBeouf and Karolyn Pho, know that absence can make the heart grow fonder ... at first. But too much time apart is a relationship killer.

Related: [Four Ways to Make Your Long Distance Relationship Work](#)

3. They're supportive: You don't have to understand your partner's career, but the couples that last know that you *do* have to be supportive. By rehearsing together and staying connected through the ups and downs of stardom, Tinsletown twosomes are able to keep their love strong, regardless of occupation.

4. They vacation together: Couples that play together, stay together. After long stints of work, lasting duos like Prince William and Kate Middleton know the best way to keep the fire burning is to get away from whatever was blowing it out.

5. They communicate: By far one of the most important parts of a relationship is communication (or the lack thereof), and it can make or break a relationship. Kris Humphries and Kim Kardashian prove that without a healthy dose of conversation, busy and stressed stars won't get far in their quest for love. By staying open about their feelings with one another, the rich and famous can get rid of jealousy altogether. In the end, when you're with the right person, no amount of on-screen kissing will break your bond apart.

How do you and your beau ward of jealousy? Leave your comments below.

St. Patrick's Day: 10 of the Most Desirable Irish Celebrities



 By Matthew Dougherty

St. Patrick's Day is right around the corner! With so many celebrities from Ireland or with Irish descent, now is the perfect time to decide who would be the best match for you. With a little Irish luck, anything can happen. Here are our picks for the best Irish actors and actresses to hit the bars with on Saturday – after a romantic dinner, of course:

Top 5 Irish Actors To Romance

5. Cillian Murphy: Cillian Murphy was born in Douglas, a suburb of Cork, Ireland. The actor has appeared in many films, but perhaps he was most desirable in the opening moments of *Red Eye*, where he played the perfect potential boyfriend to Rachel McAdams' character. That is, until he turned out to be a homicidal lunatic. Murphy has a laid-back, cool persona and would likely make a charming date.

4. Jonathan Rhys Meyers: This television actor, who was born in Dublin, Ireland, has a reputation for partying and would be a great person to hit the clubs with on St. Patty's Day. His piercing blue eyes also make him almost impossible to resist.

Related: [10 Ways to Meet Someone on St. Patrick's Day](#)

3. Pierce Brosnan: Okay, so he's married, but our list wouldn't be complete without James Bond. Plus, there's hope for a movie romance: with every new film comes another Bond girl. Brosnan was born and grew up in Ireland and is practically ageless, both qualities that help him play the super suave and sexy spy.

2. Mark Wahlberg: Marky Mark was born in the most Irish town in America: Boston, Massachusetts. Boston is the best place in the U.S. to celebrate St. Patrick's Day. If you are lucky, maybe Wahlberg will take you to some of his favorite pubs in the city.

1. Colin Farrell: No actor flaunts his Irish heritage as much as Colin Farrell. Born in Dublin, Ireland, Farrell is known for being one of Hollywood's bad boys. But that does not take away from the fact that he would be a great date. Plus, he does have a [soft side](#). Farrell has said that what inspired him to become an actor was watching E.T., which brought him to tears. Need we say more?

Top 5 Irish Actresses To Romance

5. Jennifer Connelly: Jennifer Connelly is of Irish descent, thanks to her father. You can very easily see it in her face. Do you know what you cannot see in her face? Her age. Jennifer Connelly is 41 years old and does not look a day over 30. She is a beauty queen and easily one of the sexiest women on the planet.

Related: [Why Amazing, Confident Women Remain Single](#)

4. Olivia Wilde: This rising star has citizenship in Ireland. Coming off of some major television and movie roles, Wilde is becoming one of the hottest names in Hollywood. If she is anything like some of the characters she plays, she is kind-hearted and absolutely loveable but with a bit of an

attitude as well.

3. Rooney Mara: She may have played a Swedish hacker in last winter's *The Girl With the Dragon Tattoo*, but Mara comes from an extremely Irish family. Her great uncle was, at one time, the United States Ambassador to Ireland. Mara is very shy and modest in interviews. This makes her one of the cutest and most humble people in the business. Oh, and she is absolutely gorgeous.

2. Zooey Deschanel: Who can resist Zooey Deschanel? *The New Girl* and *(500) Days of Summer* star has a glowing personality but manages to be more down to Earth than a lot of other actresses. She would be an entertaining date because she knows how to laugh at herself – and how to make you laugh, too. A combination of her bubbly personality and beautiful, big blue eyes will make her very difficult to ignore.

1. Anne Hathaway: Hathaway is of mostly Irish ancestry, which is pretty obvious when you look at her. Based on interviews and what many in the inner circle of Hollywood have said, Anne is one of the sweetest, nicest people in the business. Last summer, she starred in the romantic film *One Day*, leaving many of her fans wanting to spend more than just one day with her. This summer, however, she will take on a much darker role as the new Catwoman in the next Batman movie, *The Dark Knight Rises*. Hathaway is great as any character, but who can pass up dating Catwoman?

Do you like our picks? Any other Irish celebrities you would rather date? Sound off below!

New Couple: Are Olivia Wilde and Jason Sudeikis Dating?

When beautiful women claim they love a guy with a sense of humor people often scoff, thinking that looks matter much more. However, Jason Sudeikis has proven the theory true with his ex-girlfriend January Jones and current fling Olivia Wilde. While single, Wilde had been linked to stars such as Justin Timberlake and Bradley Cooper, but this time could be the real deal. Wilde and Sudeikis were recently spotted when they went to a University of Kansas Jayhawks basketball game, which is a team that Sudeikis considers his own, according to [Hollyscoop](#). To show her support, Wilde even sported a KU beanie with a fuzzy ball on top.

What are some unique sports-related dates you can go on as a couple?

Cupid's Advice:


Sporting events are a great way to loosen up with your mate for a common cause. Cupid has some unique sports-related dates:

- 1. Join a team together:** Instead of just watching a sporting event unfold, you can be part of it with your partner. Sign up for a recreational soccer or flag football league in your area, and let the competitive spirit bond you as a couple.
- 2. Check out a less popular sport:** You don't necessarily have to check out the NBA, MLB or NFL if you want to go to a sporting event. Consider going to a sport you know little about, like rugby, broomball or curling.
- 3. Sunday football at home:** Put on your jerseys and chill out

at home with some homemade nachos and wings. Sometimes the most fun you can have with your partner is the easiest solution.

What are other unique sports-related dates? Share your ideas below.

Ryan Reynolds Is Dating Olivia Wilde

 Has Ryan Reynolds moved on from America's sweetheart, Sandra Bullock? According to UsMagazine.com, the *Change-Up* star and Olivia Wilde went out to lunch at Sant Ambroeus in NYC's West Village on September 16. "He recently told her he has a crush on her," Wilde's friend said. A witness at the restaurant said, "She had minestrone, and they both got greens" on the date. After they went into an apartment building for two hours, "he briefly put his arm around her" as they walked through Tribeca, the witness added. Although a source close to the costars claimed that their lunch date wasn't romantic, Wilde's friend insists that "she'd go out him again."

What are some creative ways to tell your crush you like them?

Cupid's Advice:

Admitting a crush can sometimes be nerve-racking. Here are three creative ways to do so without having to actually say anything:


1. Dinner: Ask him or her out to dinner at their favorite restaurant. Making eye contact, flirting and even putting your arms around your crush – like Ryan Reynolds – will give them signs that you're interested.

2. Card: Gift your crush a card you created that includes a list of everything that attracts you to them. Don't forget to mention exactly why you think you're compatible.

3. Group date: Instead of coming right out and asking him on a date, invite a group of friends to go and pay closest attention to him when you all meet up. Take the opportunity to flirt with no pressure.

Know other creative ways to let your crush know you like them? Share with our readers by commenting below.

Olivia Wilde and Ex-Husband Reunite

 Olivia Wilde has been seen lunching with ex-husband Tao Ruspoli. According to [People](#), the couple who filed for divorce in March looked happy together on Tuesday while doing some afternoon shopping in Venice, CA. This isn't just a one-time occurrence; in fact, the hot divorcees who were married for eight years were also seen together at the end of July. As the *Cowboys & Aliens* star told *Marie Claire*, "We're friends. His family is my family."

How do you keep a cordial relationship with your ex?

Cupid's Advice:

When a relationship doesn't work out many couples end up splitting up without a friendly parting. In Hollywood, multiple that by ten as the news hits the tabloids. It isn't too often that ex-lovers find friendship where there was once intimacy but it does happen. It's definitely a much better place to be than full of hate and negativity. Here are some ways to have a healthy relationship with your ex:

1. Bond over the kids: If you have kids with your ex, chances are you both love them unconditionally. So, don't focus on your issues as a couple, center your attention on being a good mother and father for your kids. Be there as a team and your relationship may have the chance of being less bitter.

2. Avoid drama: If you aren't going to rekindle your relationship anytime soon, there is no reason to revive the drama. Leave the past in the past.

3. Get in touch with your feelings: Whether it's yoga, mediation or therapy, get in touch with your feelings in order to heal and wash away the negativity that could be destroying you inside.

Have you ever been just friends with an ex? Tell us your story...

Olivia Wilde Says She Feels 'Wobbly' After Divorce



x Olivia Wilde is back on the market after a painful divorce from Italian prince Tao Ruspoli, reports [People](#). The couple eloped when Wilde was just 18, separated last winter and

officially divorced in March. The 27-year-old actress told *Marie Claire*, “The trauma of the whole thing has been humbling, and for the first time, I’m a little bit wobbly.” Although Wilde has been spotted out and about with Bradley Cooper, Justin Timberlake, Ryan Reynolds and Jake Gyllenhaal, she says she’s still single.

How do you get your confidence back after a divorce?

Cupid’s Advice:

Going through a divorce can be so traumatic, it’s easy to lose your confidence. Cupid has some tips on how to get your swagger back after a split:

- 1. One is the loneliest number:** Being by yourself after being part of a couple for so long is one of the hardest parts of a divorce. But it’s important to relish the time alone to figure out who you are without another person to define you.
- 2. No regrets:** When you think back on your marriage, remember the love you had for each other and everything you learned. This will give you hope that you can find love again.
- 3. Bounce back:** After you’ve spent some time alone, slowly start getting back into the dating scene. A few successful dates will definitely boost your confidence.

How do you get back to your old self after a divorce? Share your comments below.

Olivia Wilde Calls Her Dog Her Only Boyfriend

Man's best friend, woman's cuddle buddy. Actress Olivia Wilde recently settled all of her dating speculation with one tweet made Friday, according to [People](#). "Ok I know I'm not supposed to tweet sexy photos (damn you [Anthony] Wiener! [sic]). But here is my and my (only!) boyfriend in bed." Despite internet rumors that the *House M.D.* actress is dating Bradley Cooper and was dating Justin Timberlake in April, Wilde's only cuddle-buddy is her canine companion. "He is my only boyfriend," she said while laughing at the Chrysalis Butterfly Ball in Los Angeles. "He's the only one that I need."

What are the benefits of being single after a breakup?

Cupid's Advice:


- 1. Live for you:** Focus on your career, get all of your priorities straight and catch up with old friends. Whatever you do, just make sure you make these decisions for yourself and not for other people.
- 2. Freedom:** Remember being able to flirt without feeling guilty in your relationship? Well, now you can begin to enjoy that again. Don't be afraid to turn the flirt up when you see someone cute.
- 3. Learn from the past:** There's a theory that every event is a learning experience. Take the time to learn from your past and find out what needs to change when you're ready for another relationship.

What are some benefits to being single? Share your thoughts

below.

'House' Star Olivia Wilde Separates from Husband Tao Ruspoli



 *House* star Olivia Wilde and her husband, Italian prince Tao Ruspoli, have decided to end their marriage, reports [People](#). The couple, who eloped together when Wilde was only 18, were together for eight years. "They have been living apart for quite some time to make their relationship work," reveals an insider.

What are ways to work on your relationship?

Cupid's Advice:

When you hit a rocky point in your relationship, it's important not to give up without putting in some effort first. Here are a few ways to smooth over your rough relationship:

1. Space: Try distancing yourself from your partner, so that the two of you have time to cool down and reevaluate the issues that have been plaguing your relationship. When both of you have clear heads, it's should be safe to give the relationship another try.

2. Considerate acts: Especially when your relationship is at a low point, being considerate can make a huge difference. Try to do 'the little things,' like taking the trash out or

packing a lunch for your partner. It may not seem like much, but your partner will appreciate the effort.

3. See a counselor: If the problems in your relationship are too much for you to handle, try seeing a counselor. While it can get expensive, it may be worth it in the end.