

# Celebrity Wedding: Niecy Nash Says Marrying Jessica Betts Wasn't Coming Out



By Carly Silva

In the [latest celebrity news](#), Niecy Nash and Jessica Betts tied the knot late this August, and the [celebrity couple](#) could not be more in love. According to *People.com*, Nash addressed chatter about her sexuality by saying that her marriage has nothing to do with gender, and that is has everything to do with her soul.

**In celebrity wedding news, Niecy Nash says her marriage to Jessica Betts was “going into myself” and not coming out. What are some ways marriage can make you feel more comfortable being who you are?**

**Cupid’s Advice:**

Being fully confident and comfortable with you are will always be a challenge for anyone, but having a supportive relationship can help. If you’re wondering how marriage can help you feel more comfortable being who you are, Cupid has some advice for you:

**1. Unconditional love:** When two people are brought together in marriage, they make a vow to unconditionally love each other. When you’re in a healthy marriage, you can confidently know that it’s okay to be your whole, complete self, because your partner loves you unconditionally.

**Related link:** [Celebrity News: Bachelor Nation Dean Unglert; Caelynn Miller Keyes Reveal Why They Wear Commitment Rings](#)

**2. Nonstop support:** In terms of feeling confident being yourself, know that your partner should be supporting you no matter what. Having a spouse that supports your lifestyle, career, quirks, flaws, and everything about you will help you to gain confidence in all aspects of your life, knowing you have someone to support all that you do.

**Related link:** [Celebrity Couple News: Find Out How Emily Blunt John Krasinski Built a Strong Marriage](#)

**3. Nothing else matters:** If you are confident in yourself when

you're with your partner, you should be confident all of the time. Don't waste time worrying about anything else other than what matters, which is just you and the unconditional love you get from your spouse.

**What are some ways marriage can make you feel more comfortable being who you are? Start a conversation in the comments down below!**

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## **Niecy Nash Says That “You’ll Manifest What You Believe” When It Comes to Love**





By Kerri Sheehan

Finding true love is never an easy feat, but Niecy Nash knows how to make it happen. The host of “Let’s Talk About Love” on Yahoo! believes that humans are programmed to be in a relationship, yet the way women think nowadays limits their opportunities to find happiness. “You’ll manifest what you believe. If you believe that all men are dogs and that you’re the bottom of the barrel and have to take what you can get, then that’s what’s going to be handed to you.”

**Related Link:** [Niecy Nash Explains Why ‘It’s Hard to Fight Naked’](#)

It’s no secret that falling in love herself has been a recent highlight in her life. As the newly-minted author explains, “The fact that I’m in love with love makes me available to try. It makes me available to want to be better.” To encourage other women to adopt a similar attitude, she filmed her 2011 wedding to husband Jay Tucker for a TLC special called *Niecy Nash’s Wedding Bash*. For her, the decision to do so was easy: “I knew so many women who were my age and single after

having been married, and they said, 'I'm just going to focus on the kids. I'm not going to worry about love anymore.' I wanted to show them that you can get a do-over. And it can be better the second time around!"

It's difficult for some people to adopt such a positive attitude, but for Nash, it's just part of her personality. "Being a no-nonsense, straight-to-the-point type of person is who I am. It's who I am as a parent, who I am as a lover, who I am as a friend." And when she does get down, she usually bounces back quickly. "I'm very happy that I have a resilient theory and a resilient heart when it comes to love."

The funny lady ensures that her marriage is a happy one by "celebrating *everything* and celebrating often" with Tucker. "Aside from birthdays and Christmas, we celebrate when we had our first date or even the first time we went to a certain restaurant." She adds that finding time to laugh every single day helps keep their spark alive and their love fresh.

**Related Link:** [How Can Jennifer Aniston Make Her Love Last?](#)

Another way that she keeps her commitment strong is by surrounding herself with people who share her values and lifestyle. "When you're married, you have to have a support system. You can't just be married and still hang out with all of your single friends – that's going to be problematic. You have to have people around you who are committed to the same things as you." For the actress, that means spending time with best friend and co-host of *The View* Sherri Shepherd and husband Lamar Sally. In fact, the gang had just gotten together for a double-date when we spoke to Nash.



Of course, Nash's life isn't all about love – she's got a hot career to focus on too! TV Land's *The Soul Man* got picked up for a second season, and she's reprising her role as Lolli Ballantine, the wife of Cedric the Entertainer. She's also starring in a new show called *Getting On*, which premieres on HBO in July.

There's no doubt that there will always be a lot of love and laughs in this newlywed's life.

*You can purchase Nash's new book It's Hard to Fight Naked on Amazon. To keep up with the actress, follow her on Twitter @NiecyNash and Instagram [www.instagram.com/NiecyNash1/](http://www.instagram.com/NiecyNash1/). Be sure to check out her website <http://www.niecynash.com/> too!*

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## Niecy Nash Explains Why 'It's Hard to Fight Naked'





By [Whitney Baker Johnson](#)

We all know and love Niecy Nash as an actress, television host and comedienne. What you may not know, though, is that she's quite the matchmaker as well. In fact, it was at her first matchmaking party that she introduced best friend and *The View* co-host Sherri Shepherd to her now-husband Lamar Sally. From there, she began hosting an online show on Yahoo! called "Let's Talk About Love," which eventually developed into her new book, *It's Hard to Fight Naked*. In it, she invites her readers to think differently about matters of the heart and shares her tips for finding true love. We chatted with the newly-minted author about the book's eye-catching title and many words of wisdom.

**Related Link:** [Video Exclusive: Sherri Shepherd Chats About the Three Men in Her Life](#)

**What inspired you to write a book of relationship advice?**

I fell in love! After I experienced the best part of a relationship, I wanted that for all of my girlfriends. I feel

like we struggle most at the thing we were created for, which was love.

### **What can readers expect to learn from *It's Hard to Fight Naked*?**

First, you will attract what you are. So inevitably, you should be what you want to receive. If you're dating and all of your potential partners are crazier than the last person, then you need to look in the mirror and say, "Good morning, crazy!" That's part of what you're bringing to the table.

Also, it's one thing if you just want to hang out and have fun. But when you're looking to settle down, then you have to move into a place where you date with your priorities versus your preferences. There are certain things that you require in a relationship that are more important than superficial things. You have to find someone who meets the priorities of what you want in a man, and then you can consider the outer wrappings of a relationship.

### **Let's talk about the title!**

It has a figurative and a literal application. Figuratively, when you are exposed and vulnerable, you're at your truest self. And you have to walk in the truth. I think people sometimes approach relationships like they're a game – they don't really want to show their hand or their feelings or their fears. When you're honest, though, you're exposed, and that's when you're most "naked."

The literal meaning takes us back to Adam and Eve when they were really naked and unashamed in the garden. If you have your clothes off, there's a party! I'm a lover, not a fighter, so I'd rather stay in any state that leads to love as opposed to fighting.

**Related Link:** [Harlan Cohen Shares Why 'Getting Naked' Will Help Us Find Love](#)



## And did this type of vulnerability help you meet your husband, Jay Tucker?

I was very honest with him. When you're deciding to marry someone, there has to be a like-mindedness. Your partner needs to know the truth about how you think, you feel.

## Finally, what advice do you have for someone struggling to show her true self?

You have to work on being honest with yourself. You see women who say they don't care if they ever get married or have a family, yet every Sunday morning, they watch a marathon of *Say Yes to the Dress*. Knock it off! You have to be honest with yourself first. Once you walk in your own truth, you'll be better able to communicate that to a man. If you're living a lie, of course, it's going to be hard to be open with someone else.

*You can purchase Nash's new book [It's Hard to Fight Naked](#) on [Amazon](#). To keep up with the author, follow her on [Twitter](#) and [Instagram](#). Be sure to check out [www.niecynash.com](#) too!*

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# Niecy Nash in Love with Lack of Wedding Plans





Niecy Nash is in love and wants the world to know it! The Style Network host told [People](#) that when it comes to planning her wedding, “The only thing I know I really want is to marry that guy.” “That guy” is electrical engineer fiancé, Jay Tucker. The one other wedding detail Nash has set is who she wants for her bridesmaids, including Sherri Sheperd from *The View*. Beyond that, Nash has a lot of planning to do. “Falling in love was easy,” she says. “Planning a wedding, not so much.”

### **What are some ways to avoid the stress of wedding planning?**

#### **Cupid’s Advice:**

Love is of course the most important part of planning a wedding, but the stress of finding the perfect dress, cake, and flowers will soon set in as the date nears. As the clock ticks, Cupid has some relationship advice to help you say ‘no’ to stress as you get ready to say your I do’s:

**1. Make a checklist:** Get organized by formatting a spreadsheet or checklist to help you keep track of a budget and what needs

to get done. Also, make sure you have a budget in mind as you begin to book vendors. It's easy to get out of control with your finances when it comes to a wedding!

**2. Turn to friends:** Once you choose your wedding party, let them get involved in the process. With that said, make sure you ask friends and family you truly believe want to share in your special day. Too often, people will say 'yes' to a wedding party, when in reality they would rather be doing anything else. Also, take advice from friends who recently got married. They can most likely point you in the right direction.

**3. Hire a wedding planner:** If you can afford it, consider looking into a wedding planner to handle the load. If you choose to go this route, get references or even ask the locale where you are considering having your wedding to recommend someone. Also, make it clear from the beginning what your budget is so that your planner stays in that range.