

Dating Advice: 3 Biggest Mistakes Keeping You from True Love



On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert, Nicole Moore to offer [dating advice](#) on finding true love. Follow these three dating tips if you want to start having success on your dates!

Dating Advice On Finding True Love

1. Putting the past in the future. Using criteria from your past in your future is a sure way to sabotage new

relationships. There's usually pain in the past and bringing those thoughts with you can make you fearful or cause pain. Use your love desires instead, in other words, traits you'd like to find in a partner.

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2. Try to be happy. Just like in the movies, the main character always falls in love when they're happy and having a good day. If you're open to being happy more often, you'll open yourself to men and invite them in with your positive energy.

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3. Learn to be confident. Nobody likes a person who looks insecure or desperate. Don't give your power away by seeking validation from men. When you're confident, men will simply be attracted to that and will want to be around you.

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Dating Advice: Are You Repelling the Right Man Away?

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On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Nicole Moore to offer her [dating advice](#) for those who might be repelling the right man away. Follow these dating tips to attract a good man and keep him in your life.

Dating Advice On How To Avoid Repelling Men

1. Get honest. If you're not meeting good men, the problem might just be you. Experts agree the best dating advice for a woman attracting problem men is for her to acknowledge that she is the common denominator and also has the power to fix it.

Related Link: [Dating Advice: Do I Need to Be Happy Before I Can Be With a Man?](#)

2. Don't be afraid. Showing fear contributes to your poor luck in finding men. If you're approaching relationships afraid and guarded, you'll attract men who aren't good for you. Your fear is a magnet for men who are also afraid. Shift your thoughts to something positive.

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3. Change your outlook. Find positive qualities in the men that you encounter, even in situations that appear negative. For example, a man who is upfront about his intentions should be appreciated as honest. Also, keep in mind that it's unrealistic to find a perfect man.

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Founder of Single in Stilettos
Matchmaker & Dating Coach at
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Nicole Moore

Love Coach
Love Works Method

On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks about the language of love with relationship expert Nicole Moore who provides [dating advice](#) on the three defining ways men show you that they are unavailable for a relationship.

Expert Dating Advice: Three Signs He is Unavailable

Similar to many readers, relationship problems are not foreign to the dating experts. For Moore, to solve her own woes and to provide others with dating advice, she developed a knack for love. "After enough pain, I got fed up and thought 'I'm going to figure out how to make love work' and I devoted my life to learning about love, how to love well and I figured out love is skill like anything else. It's a learnable skill," the expert shares. "When you know how to do the skill of love right you can have an amazing loving relationship." Here are three signs that the guy you're in to just isn't available.

1. He tells you. If he says he isn't looking for a relationship, or work is his priority, or his profile states that he's just looking for friends and fun, take the hint. Regardless of these overt cues, women think he will commit to a loving relationship with them. "Look at what he is saying rather than what you are desiring or the fantasy that you made up in your mind," Moore says. Pay attention to him and the way he talks about relationships; if he shows any of the signs above, it is very unlikely that man is available to you for a relationship.

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2. Is he present? When you're with him what's his energy like? Is it focused on you? Is he uncomfortable? Is he looking around, checking his phone and making you feel as if he isn't fully with you? "The reason people aren't present on the deeper level is because there is stuff inside of them they haven't dealt with yet. They can't hang out in their body, they have to go to their heads," Moore says. Dating tip: Once he faces enough of his inner demons, he'll make you feel like you're the only two in the room and he's ready to make the two of you a happy item.

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3. How does he talk about women in general? If he talks negatively about women or talks negatively about his acts in the past he's not ready for you yet. He is either not over his exes or could have preconceived notions of women that are unfavorable and these two factors will prevent him from giving himself to you fully or at all. "He's going to hold himself back because he's actually afraid that women are going to hurt him," Moore reveals.

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