

Beauty Advice: Overnight Beauty Tips to Wake Up Looking Your Best



By Nicole Maher

Overnight [beauty tips](#) seem to be the most sought out secrets in a world that has become increasingly fast-paced. Not only do people want to wake up feeling and looking their best, but they are also searching for ways to save time in the morning. While the quest for new [beauty tricks](#) seems to be endless, there are a few simple steps that will help you along the process. The easiest way to save time is to put in a little bit of prep work the night before, whether you are focusing on your skin, hair, or mindset.

If you are looking for ways to wake up feeling refreshed and ready for whatever the day throws at you, here are six pieces of overnight beauty advice that will help you out.

Your overnight beauty musts include:

1. Get a good night's sleep: It sounds simple, but it can be challenging to get a good night of sleep regularly. Whether you are working late, out with friends, or binge watching your new favorite show, it can be easy to sacrifice a few hours of sleep to finish whatever it is you are doing. By making an effort to structure your sleeping schedule, you'll wake up both looking and feeling well-rested and ready to take on the day.

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2. Wash away the day: Removing makeup and cleansing your skin before falling asleep is an essential step in waking up the next morning looking your best. With so many makeup remover and face wash options on the market, it is also important to find the best fit for your skin. Don't be afraid to shop around before deciding on a more definite skincare routine. Just because something is the hottest product on the market right now does not mean it's the best fit for you!

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3. Attack that spot: Despite all of our efforts to keep our face clean and clear, we still may experience a break out occasionally. Spot treatments can be a quick and effective way to clear up any problem areas overnight. They are also a great

option if you do not need to use an acne-fighting face wash nightly, or if your skin is particularly sensitive to more aggressive face washes.

4. Bring back the moisture: Applying a moisturizer to your skin at night will help you wake up the next morning looking hydrated and refreshed. Just like with cleansers, it is important to find the best nighttime moisturizer for your skin. Pay attention to if your skin tends to be more oily or dry, and test out different products that cater to those characteristics.

5. Don't forget your hair: Styling or prepping your hair at night can help you save time the next morning. Applying a serum or leave-in conditioner after you shower is a great way to add some moisture and shine back into your hair. You can also save time by styling your hair before falling asleep. One option is to pull your damp hair into loose twists or braids before going to bed. The next morning you'll wake up with beautiful waves, as well as save your hair from any extra heat damage.

6. Clear your mind: When we think of beauty tips, we typically only consider options that benefit our external appearance. However, our thoughts and emotions can have an effect on how we appear and carry ourselves throughout the day. Before settling into bed for the night, take a few moments to clear your mind and process the events of the day. The less stress you bring into the next day, the better you will look and feel!

What are some other overnight beauty tips that will have you waking up feeling your best? Start a conversation in the comments below!

Celebrity Baby News: Gigi Hadid Gets Flirty with Zayn Malik Ahead of Baby No. 1's Arrival



By Nicole Maher

In the latest [celebrity news](#), model Gigi Hadid is keeping the romance alive with boyfriend Zayn Malik as the two get ready to welcome their first [celebrity baby](#). According to *UsMagazine.com*, Hadid responded to Malik's most recent Instagram post by commenting two exclamation point emojis. While the celebrity couple has experienced a few breaks in their relationship, it is reported that they are very much in love and could not be more excited to start their family

together. Hadid and Malik will be welcoming a baby girl in the upcoming months.

In celebrity baby news, Gigi Hadid and boyfriend Zayn Malik are keeping the spark in their relationship alive before welcoming their first child. What are some ways to keep the passion in your relationship even when you become parents?

Cupid's Advice:

Having a child is one of the most monumental steps in a relationship. While there is so much excitement around starting a family with the person you love, there can also be some questions as to how that will affect your relationship. If you are looking for some ways to keep the romance alive as you welcome your first child, Cupid has some advice for you:

1. Embrace family activities: It can be exciting to schedule specific activities to do as a family, but it can also be enjoyable to make everyday tasks into a family activity. Taking trips to the grocery store, walking around the neighborhood, or even settling down in front of a movie can lead to some of the most memorable moments with your new family. The more time you spend as a full unit, the deeper your bond will be with both your partner and your child.

Related link: [Celebrity Baby News: Gigi Hadid & Zayn Malik Are Expecting First Child](#)

2. Be a proud parent: Your partner chose to start a family with you because they felt you would be an amazing parent. By sharing in their excitement about starting a family of your own, you are showing them how proud you are to be a new parent. This can be an entirely new quality that they find attractive, and can add a new dimension to your existing relationship.

Related link: [Celebrity Baby News: Emma Roberts Reveals Sex of First Child with Garrett Hedlund](#)

3. Keep date night on the calendar: While you will likely feel the urge to spend every moment with your new child, it is equally as essential to schedule some alone time. It is important to make sure you are not accidentally neglecting your relationship as a couple because your focus has shifted onto your child. Having a designated date night every week or so, as well as a trusted babysitter, are great ways to continue to nourish your relationship.

What are some other ways to keep the passion in your relationship as you become new parents? Start a conversation in the comments below!

Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock



By Nicole Maher

In the latest [celebrity news](#), singer Kelly Clarkson opened up about some of the challenges she has been facing since her [celebrity divorce](#) from estranged husband Brandon Blackstock. According to *UsMagazine.com*, Clarkson and Blackstock filed for divorce in June of this year, putting an end to their seven year marriage. While the couple was experiencing problems before, these issues were heightened while the pair was quarantining together amid the coronavirus pandemic.

In celebrity break-up news, Kelly Clarkson is having a tough time amid her divorce from Brandon

Blackstock. What are some ways to keep the drama at bay during a split?

Cupid's Advice:

One of the unfortunate added side effects that often follows a break-up is drama. Despite all the efforts we may make, it is normal to be faced with rumors or awkward questions once a relationship ends. If you are looking for ways to keep the drama at bay during a split, Cupid has some advice for you:

1. Keep it neutral: Negative words seem to travel the quickest during the time of a break-up, and are likely to make their way back to your ex partner if you share mutual friends. While it is necessary to process your break-up with others, avoiding an excessive amount of negativity around the situation can help alleviate some of the drama. Try to keep statements as neutral as possible when speaking with your mutual friends to avoid anything accidentally being taken out of context.

Related link: [Celebrity Divorce: What Went Wrong for Kelly Clarkson & Brandon Blackstock?](#)

2. Focus on yourself: Drama is often started when we are focusing on another person. Instead of worrying about if your ex partner is going on dates or talking to someone else, focus on what you are doing post break-up. If you refuse to give this budding drama the time of day by prioritizing yourself, then it will not be able to grow!

Related link: [Celebrity Break-Up: Danica Patrick Is Doing 'Emotional Therapy' After Aaron Rodgers Split](#)

3. Find an outlet: Just as Clarkson did through her music, finding an outlet to help you process your feelings can help avoid some unnecessary drama. Songwriting, keeping a journal,

or even recording quick voice-memos are good ways to channel how you are feeling without involving anyone else. Once you have a better handle on how you are truly feeling, then it can be easier to address any questions without feeling like you will be stirring up drama.

What are some other ways to keep drama to a minimum during a break-up? Start a conversation in the comments below!

New Celebrity Couple: Zac Efron Is Dating Model Vanessa Valladares





By Nicole Maher

In the latest [celebrity news](#), actor Zac Efron has officially fallen for Australian model Vanessa Valladares. According to *UsMagazine.com*, the newly formed [celebrity couple](#) were spotted on vacation in New South Wales, Australia earlier this month. Efron and Valladares began sparking romance rumors in July shortly after meeting while Valladares was working at Byron Bay General Store & Cafe a month earlier.

In celebrity couple news, Zac and Vanessa are smitten with each other. What are some ways to begin to build a new relationship?

Cupid's Advice:

There is so much excitement that comes with the beginning stages of forming a relationship. When two people are smitten for each other, they feel the desire to spend time together

and strengthen their bond. If you are looking for ways to begin to build a new relationship, Cupid has some advice for you:

1. Take turns planning dates: One of the best ways to learn about your partner in a new relationship is to figure out what they enjoy doing. By taking turns when it comes to planning dates, you will get a better sense of what their favorite activities are, as well as seeing if they enjoy yours.

Related link: [New Celebrity Couple? Sofia Richie & Jaden Smith Get Close at the Beach](#)

2. Communicate with each other: Communication is one of the most important aspects of any relationship, especially when it comes to one that is newly forming. It is important to learn how your partner communicates early on and to determine if it matches your communication methods. Some people prefer to send texts throughout the day while others may want a phone call at the end of the night.

Related link: [Celebrity News: Lauren Adkins Talks Saving Herself for Thomas Rhett in New Book](#)

3. Create traditions: Whether it is watching a movie together every Tuesday or grabbing lunch together every Friday, creating small traditions within the relationship are a perfect way to show commitment. Having an activity that is designated for you to do together is also a great way of making the relationship feel unique. Your partner will truly appreciate knowing that there is something that is reserved specifically for the two of us.

What are some other ways to begin building a new relationship? Start a conversation in the comments below!

Celebrity Break-Up: Victoria Fuller Says She & Chris Soules Split Due to Geography



By Nicole Maher

In the latest [celebrity news](#), *Bachelor* Nation stars Victoria Fuller and Chris Soules called off their relationship due to geographical reasons. According to *UsMagazine.com*, Fuller was not ready to move to Iowa and join Soules on his farm. The two had been traveling to see each other since April of this year, but were ultimately unable to reach a decision on where to settle down together. While the pair agreed to a [celebrity](#)

[break-up](#), they have reportedly been staying in contact with each other.

In celebrity break-up news, Victoria and Chris split due to location. What do you do if you're in a long distance relationship and can't agree on a place to live together eventually?

Cupid's Advice:

Distance can be one of the most difficult factors of a relationship to navigate. Whether someone is a long car ride away or only accessible by plane, the challenge of seeing each other can have a toll on the relationship. If you are looking for ways to overcome the challenges of distance as a couple, Cupid has some advice for you:

1. Meet in the middle: One of the main reasons people do not want to uproot their life and move is because they are familiar with their current surroundings. It can be difficult to convince a person to leave their family and friends and move to a completely new place where they only know one person. But if both partners are willing to meet someplace in the middle, it would allow both of them to remain closer to home and to each other.

Related link: [New Celebrity Couple: Is Victoria Fuller Quarantining with Former 'Bachelor' Chris Soules in Iowa?](#)

2. Continue to travel: If the impending distance does not need to be resolved right away, then continue your current travel methods. Circumstances and priorities may change after a

period of time, and the two of you may eventually reach a point of agreement on where to finally settle down together.

Related link: [Celebrity News: 'Too Hot to Handle' Star Francesca Farago Sets Record Straight on Romance Rumors with Former 'Bachelorette' Star Jef Holm](#)

3. Be honest with yourself: If you and your partner have had multiple conversations about the distance and there has been no compromise on either side, it might be time to consider the alternative of breaking-up. Breaking-up does not mean that the relationship failed, it simply means that the two people involved are progressing in different directions. In this case it may be two different geographical locations.

What are some other ways to conquer a long-distance relationship? Start a conversation in the comments below!

Celebrity Break-Up: Jaime King's Ex Kyle Newman Says She Emptied Bank Account in Divorce Battle





By Nicole Maher

In the latest [celebrity news](#), messy details about Jaime King and husband Kyle Newman's divorce continue to surface. According to *UsMagazine.com*, the celebrity exes tried to finalize their divorce in early June of this year, but were unable to reach an agreement. King has now reportedly cleared the couple's joint bank account and refused Newman access to their family home.

In [celebrity break-up](#) news, some not-so-pleasant details are coming out about Jaime King and Kyle Newman's divorce battle. What are some ways to keep you split amicable?

Cupid's Advice:

Break-ups are always challenging, even if they are not happening in the celebrity spotlight. If you are looking for ways to keep your break-up as cordial as possible, Cupid has some advice for you:

1. Be professional: Emotions run high during the process of breaking up, and may cause some people to act out of character. It is important to remain professional in the early stages of a break-up to prevent creating unnecessary conflict. Agreeing on dates for your ex to collect their belongings or return keys if you were living together is a good way to keep the break up harmonious.

Related link: [Celebrity Exes Kendra Wilkinson & Hank Baskett Are in a 'Really Good Spot' After Split](#)

2. Vent to a friend: The break-up is going to be one of the most prominent things on your mind during this time, and your feelings toward it could change daily. There may be times when you are upset or angry about the circumstances, and other times when you are relieved the relationship is over. Rather than confusing your ex partner, find a trusted friend that you can process your feelings with.

Related link: [Celebrity Break-Up: 'Riverdale' Star Vanessa Morgan & Michael Kopech Split Days After Announcing Pregnancy](#)

3. Consider everyone involved: Even though the break-up is taking place between you and your partner, there are often other people involved such as family members and friends. While it is important to prioritize yourself in these types of situations, it also may be necessary to consider the feelings of others. By taking into account how your break-up is affecting other people, you may be able to have clearer conversations with others involved and alleviate some unnecessary tension.

What are some ways you have tried to keep a break-up amicable? Start a conversation in the comments below!