

Celebrity Break-Up: Prince William Dumped Then-Girlfriend Kate Middleton Over the Phone



By Nicole Maher

In the latest [celebrity news](#), a new book written by Robert Lacey revealed details about a rocky past between Prince William and Kate Middleton. According to *UsMagazine.com*, Lacey wrote that Prince William and Middleton have experienced two [celebrity break-ups](#) with each other in the past, with the most recent happening over the phone. The author explains that the Prince was 25 at the time and unsure of his future with Middleton. The royal couple has now been married for nine

years and share three children.

In celebrity break-ups news, a new book claims that Prince William dumped now-wife Kate Middleton over the phone when their relationship was on the rocks. If you think your relationship is over, what are some ways to break the news to your soon-to-be ex partner?

Cupid's Advice:

Ending a relationship is never fun, but sometimes it is the only way to move forward with your own life. If you are looking for some ways to break the news to your soon-to-be ex partner, Cupid has some advice for you:

1. In person: The most respectful way to end a relationship with someone else is to have a conversation in person. Whether it is a newly formed relationship that you don't see working long term, or a relationship that has lasted years, the other person still deserves to be present for the conversation. This will allow the two of you to discuss the break-up without too much getting lost in the translation of technology.

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2. Video chat: If distance is a factor in the relationship, or you truly cannot bring yourself to meet with your soon-to-be ex in person, video chats are a good alternative. This will allow you to break to news while still being able to see their

face and register their emotions. While this option isn't as good as physically meeting up with someone, it is more respectful than a phone call or text.

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3. Over the phone: As a last resort, break-ups can be done over the phone. If this is the route you chose to take when ending things with your partner, be sure to pick a time that allows for both of you to have a full conversation rather than calling while one of you is at work. While phone calls are far from the best option in terms of ending a relationship, they are still more respectful than sending a text or not telling your partner at all.

What are some other ways to break the news to your soon-to-be ex partner? Start a conversation in the comments below.

Food Trend: 6 Must-Have Kitchen Gadgets





By Nicole Maher

Whether we are scrolling through social media or walking down an aisle in the grocery store, we are constantly presented with new “must-have” kitchen gadgets that claim to make our cooking experiences easier. With so many options, it can be hard to determine which of these gadgets are actually helpful. Below are a few that will actually make your cooking experience more enjoyable and have you recreating all of your favorite [food trends](#) in no time.

Check out these six must-have kitchen gadgets that will help you create all of the newest food trends.

1. Air fryer: One small kitchen appliance that has seen an increase in popularity recently is the air fryer. Whether you are just learning how to cook, trying to save time, or looking for new ways to prepare food, air fryers seem to be the new

go-to kitchen gadget. These small appliances are great for cooking smaller pieces of food, such as chopped vegetables or thin pieces of chicken, quickly without needing to turn on the oven. They also often come with a removable pan that makes cleaning up quick and easy.

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2. Portable blender: Lightweight portable blenders are the new way to go for making smoothies on the run. While many people may have a [full-sized blender](#) in their kitchens, these portable blenders are the perfect size to throw in your gym bag or purse. Toss your smoothie supplies right into the blender before you leave the house and mix them during your lunch break or after a workout for a fresh smoothie. These portable blenders also come with USB chargers, so they can be charged right from your computer during the day.

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3. Soda maker: Small kitchen appliances such as soda or drink makers are perfect for adding variety to your drink selection without buying large cases of different drinks. These soda makers are often great solutions for people living in apartments who may not have the kitchen space for multiple bottles or cans of soda. These machines work by adding a flavored mix into water and carbonating the drink, making it into your favorite kind of soda!

4. Magnetic spices: Magnetic spices are also a great solution for someone living in an apartment who may not have a lot of cabinet space. These small spice containers come with a magnetic lid that allows them to stick onto your fridge or the side of your stove. Magnetic spices are also a good option if there are certain spices that you don't use as regularly, as the containers are usually small so you won't have an excessive amount of one spice.

5. Reusable K-cups: If you are trying to incorporate more reusable items into your daily routine, or simply have too many coffee flavors to try, reusable K-cups are a kitchen must-have. These cups allow you to make any type of brew in a coffee machine that requires a pod, and can be easily washed and reused later. They are the perfect addition to your kitchen to help you recreate all of the newest coffee trends!

6. Electric egg cooker: Another small kitchen appliance that is perfect for saving time is an electric egg cooker. These products cook six to ten hard-boiled eggs quickly and use much less water than is needed to boil eggs in a pot. Whether you are looking to cook a few eggs for breakfast or have some to add into a salad later on, electric egg cookers are a great way to whip out a set of hard-boiled eggs easily and without creating a mess in the kitchen.

What are some other kitchen gadgets that will make your cooking experience more enjoyable? Start a conversation in the comments below!

Celebrity News: Amanza Smith Says Ex Taye Diggs Supported Her & Kids for 5 Years





By Nicole Maher

In the latest [celebrity news](#), Amanza Smith revealed that she was financially dependent on her [celebrity ex](#) Taye Diggs during their relationship. According to *UsMagazine.com*, the couple dated for five years following Smith's divorce from NFL star Ralph Brown. During their relationship, Diggs "took care" of Smith and her two children as Smith did not have a consistent job. Following the couple's split in 2018, Smith was motivated to be financially stable on her own and began working as a real estate agent on *Selling Sunset*.

In celebrity news, Amanza Smith says her ex Taye Diggs took care of her and her kids for the five years they were together. What are some ways to rebuild your life (and your

finances) after a break-up?

Cupid's Advice:

Among the many challenges people face following a break-up, rebuilding your life and finances are some of the most difficult. If you are looking for some ways to get back on the right track following a break-up, Cupid has some advice for you:

1. Scale down: Whether it is downsizing where you're living or canceling a few memberships/subscriptions, scaling down might be necessary following a financially dependent break-up. Don't be disheartened by the need to cut back in a few areas after a relationship ends. Scaling down is only temporary, and these novelties can be added back into your life once you're on your feet again.

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2. Create a new budget: Your style of living usually changes following a break-up, especially if you were living with your ex partner. These changes will also mean you need to recess your budget and spending habits. By keeping track of your new sources of income and expenses, you will feel like you have more control of your finances moving forward.

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3. Explore new opportunities: You will probably be looking for some kind of change in your life following a break-up, so use this as a chance to explore new opportunities. If there is a career field you have always wanted to break into or a product you have always wanted to create, now is the time to do it. Not only could it serve as a source of income, but it will

also have you feeling like you're headed on a new track in life.

What are some other ways to rebuild your life (and your finances) after a break-up? Start a conversation in the comments below.

Movie Review: A Rainy Day in New York



By Nicole Maher

If you are looking to fall in love with your new favorite

young couple, *A Rainy Day in New York* is the perfect [movie](#) for you. Gatsby Welles, played by Timothee Chalamet, is head-over-heels in love with his college girlfriend Ashleigh Enright, played by Elle Fanning, when she gets an offer to interview a famous film director in New York City. Gatsby sees this as the perfect opportunity to take a trip with his girlfriend and show her his hometown of New York. While the couple intends to spend the perfect weekend together, their plans are quickly derailed as Ashleigh gets caught up working with the director. During this time, the couple is forced to face new challenges such as kissing other girls and spending time with other men, and both begin to wonder if their relationship will survive.

Check out our movie review of *A Rainy Day in New York*, the newest young love story with a vintage feel.

Should you see it: If you are looking for the perfect mix of a vintage-inspired setting with all the twists and turns of modern love, *A Rainy Day in New York* is worth the viewing. The movie contains both elements of an old-timey New York City and elements of modern-day relationship challenges, making it unique and familiar at the same time.

Who to take: *A Rainy Day in New York* is the perfect movie to see with your best friends. The movie will definitely have you and your friends relating to the challenges of young dating if you are experiencing them right now, or have lived through them in the past.

Cupid's Advice:

A Rainy Day in New York explores both the thrills and complications of having a serious relationship at a young age.

While Gatsby Welles and Ashleigh Enright appear to be basking in their college romance at the beginning of the film, they are quickly presented with obstacles that bring into question the strength and duration of their relationship. With so many decisions being made in the transition between school and beginning a career, it can be difficult to determine if a relationship will survive. Cupid has some [relationship advice](#) on how to determine if your current relationship will carry into the next stage of your life:

1. See if your career plans match: While you and your partner definitely don't need to be working in the same field post-graduation, having careers with a similar structure can help the relationship survive. Challenges may arise if one of your careers requires you to work during the day while the other person is working nights, or if one person needs to travel often while the other must stay put. These obstacles can be overcome with a lot of communication and compromise, but they are definitely worth discussing as the two of you enter this new stage of your lives.

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2. Talk about where you'll be living: If you and your current partner attend the same college, then it's likely that you spend a lot of time in the same town or on the same campus. However, you may find yourself looking to settle down in different places after graduation. Have a conversation with your partner about where they see themselves in the next few years. Determine if you are both looking for apartments in a city or houses in the country, along with what region of the country you want to live in. While relationships can survive distance for a period of time, the issue may come up again later if the two of you are looking to eventually move in together and can't agree on where.

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3. Decide if you're ready to settle down: One of the most important questions that you need to ask yourself during this transition period is whether or not you are truly ready to settle down. Graduating college or simply moving someplace new comes with a variety of new opportunities, and it is important to decide if your current relationship is worth missing some of those opportunities. Have a conversation with your partner about where they see the relationship going in the future. If both of you are certain that you want to be together long-term, then get excited about taking on these new steps of life together!

Check out some other movie reviews [here!](#)

Celebrity News: Valerie Bertinelli Pays Tribute to Late Ex-Husband Eddie Van Halen





By Nicole Maher

In the latest [celebrity news](#), Valerie Bertinelli paid tribute to her late [celebrity ex](#) Eddie Van Halen in a recent Instagram post. According to *UsMagazine.com*, Bertinelli wrote that Van Halen had forever changed her life despite the fact that the [celebrity couple](#) was no longer together. Van Halen and Bertinelli's son, Wolfgang Van Halen, also shared some words about his father, who lost his long battle to throat cancer on October 6th. The father and son duo had been playing together in Van Halen's band from 2006 until the group stopped touring in 2015.

In celebrity news, Eddie Van Halen passed away after a fight with cancer. What are some ways to honor a loved one after they pass away?

Cupid's Advice:

One of the most difficult things that everyone will face at some point in their lives is the loss of a loved one. Losing someone close to you can be heartbreaking, but it can eventually lead to opportunities to honor their life. If you are looking for some ways to honor the life of a loved one after they pass away, Cupid has some advice for you:

1. Talk about them: It seems simple, but often after losing a loved one, we refrain from bringing up their name. While you may need some time following their passing to process your loss, eventually bringing their name back into conversations is a great way to show acceptance and honor their life. Those closest to you will always be happy to hear about your favorite memories with the loved one you lost.

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2. Celebrate their birthdays: A loved one's birthday can be one of the hardest days following their death, but can also be a great opportunity to celebrate them. Creating new traditions to carry out on their birthdays, such as baking their favorite dessert or releasing balloons, is a sweet way to honor their life and reminisce on some of your favorite memories with them.

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3. Get involved: Getting involved in someone's cause following their death can help honor their life as well as save the lives of others. Taking part in fundraising events or charity walks to raise money for specific illnesses, such as cancer, gives you the opportunity to share your loved one's story and listen to those of others. While the subject matter of these events is usually heavy, the events themselves can be uplifting and community building.

What are some other ways to honor a loved one after they pass away? Start a conversation in the comments below.

Beauty Tips: A Guide to Your Favorite Celeb Beauty Lines



By Nicole Maher

There is certainly no shortage of options when it comes to searching for a beauty line designed by a celebrity. While certain celebrities, such as Kylie Jenner, have built an empire around their beauty lines, others have begun to release their own lines as well. Whether it is inclusivity or clean

products, each of these celebrities have tailored their make-up and skincare brands to encompass the aspects of beauty they value the most. By offering their own [beauty tips](#) and tricks, these celebrities may quickly go from being your favorite people on stage to your favorite beauty line providers as well.

Check out these five celebrity beauty lines to get the inside scoop on some of your favorite celebrities' beauty tips and tricks.

1. Rare Beauty: Selena Gomez is among the most recent celebrities to dive into the world of make-up with her beauty line hitting the shelves this past September. Gomez's line, called Rare Beauty, includes products for the eyes, lips, and face. With an emphasis on embracing natural beauty rather than trying to cover anything up, Rare Beauty offers a variety of foundations that strive to be breathable and offer medium coverage. Along with launching Rare Beauty, Gomez also released a connected campaign titled Rare Impact, which has the goal of raising \$100 million over the next ten years to help provide people with access to mental health services.

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2. Soulcare: Alicia Keys has recently announced plans to release her own beauty brand just in time for the holiday season. This upcoming line is named Keys Soulcare, and is in collaboration with the beauty brand e.l.f. Beauty. Keys Soulcare has already launched an editorial site this past September, which includes a weekly newsletter and details into

the inspiration behind Keys' new line. The brand hopes to launch its first physical products, being a candle and two unannounced skincare products, this December with the rest of the line coming out in the early months of 2021.

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3. Fenty Beauty: Rhianna first launched Fenty Beauty back in 2017, and has been growing her brand ever since. Since the initial launch, Rhianna's brand has divided into two different sections, those being Fenty Beauty and Fenty Skin. Fenty Beauty focuses on make-up products, and aims to create an inclusive environment by providing foundation shades for nearly every skin tone. Fenty Skin currently consists of a three-step face cleansing routine which Rhianna has promoted as being for both men and women. Rhianna has also included some of her personal beauty tips and tricks for recreating her make-up looks with the Fenty products.

4. Haus Laboratories: Lady Gaga is also among the celebrities joining the make-up community. She began offering her own beauty tips and products through her line Haus Laboratories in 2019 and has been expanding ever since. Much like Lady Gaga's own personal style, many of her make-up products consist of bold colors to create vibrant, statement looks. Haus Laboratories currently includes products for the eyes, lips, and cheeks, and can be found on the company's website or through Amazon.

5. Florence by Mills: Musicians are not the only celebrities diving into the world of make-up and skincare as actress Milly Bobby Brown has also released her own beauty line. With an emphasis on clean beauty, Brown's line Florence by Mills includes both make-up and skincare products that are paraben and dye free. The make-up portion of Florence by Mills includes products for the eyes, lips, and face while the skincare section offers both facial cleansers as well as spot

treatments and moistures.

Who are some other celebrities who have released their own beauty lines? Start a conversation in the comments below!

Celebrity Break-Up: Sofia Richie Unfollows Scott Disick Amid Bella Banos Dating Rumors



By Nicole Maher

In the latest [celebrity news](#), Sofia Richie officially unfollowed her celebrity ex Scott Disick on social media. According to *UsMagazine.com*, Richie recently unfollowed both Disick and his other ex, Kourtney Kardashian, on Instagram after rumors of his involvement with Bella Banos began to surface. Richie and Disick first made their [celebrity relationship](#) official back in 2017 before announcing their [celebrity break-up](#) in May of this year. The couple appeared to briefly rekindle their relationship afterward, but has since split for a second time.

In celebrity break-up news, Sofia Richie unfollowed her ex Scott Disick on social media as he was spotted with a new woman. What are some steps you can take to get over your ex?

Cupid's Advice:

No matter how amicable the situation may have been, breaking up with your partner and beginning the process of getting over them can be challenging. If you are looking for some steps to take to get over your ex, Cupid has some advice for you:

1. Remove them from your feed: It's hard to get over someone if you are constantly aware of what they're doing or who they're with. By limiting how much of the other person you see on social media, you will stop yourself from seeing anything you are not ready for. Whether it is muting, unfollowing, or blocking, there are many different options to limit your exposure to your ex.

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[Get Close at the Beach](#)

2. Take down your posts: While removing them from your feed is helpful, so is taking down whatever posts you have of the relationship on your account. It may not be necessary to completely delete these posts, but archiving them or setting them as private is a good way to show you're moving on. Once you start conveying to other people that you are past the relationship, you will begin to believe it yourself.

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3. Limit other forms of communication: Depending on the situation, it may not be possible to cut off all communication right away. Be sure to set boundaries between you and your ex to establish how much communication you are comfortable with. These boundaries can always be lessened or strengthened as the situation changes.

What are some other ways to help someone get over an ex? Start a conversation in the comments below!

Celebrity Baby News: 'Duck Dynasty' Alum Sadie Robertson Is Pregnant With First Child





By Nicole Maher

In the latest [celebrity news](#), *Duck Dynasty* alum Sadie Robertson and her husband Christian have announced that they're pregnant with their first [celebrity baby](#). According to *UsMagazine.com*, the [celebrity couple](#) both took to Instagram to announce their pregnancy. Robertson's post included an image of the couple together holding the newest sonogram of their child. Robertson and Huff first made their relationship official back in September of 2018, and announced their engagement shortly after in June of 2019.

In celebrity baby news, Sadie Robertson and husband Christian Huff are expecting their first child together. What are some ways to announce your pregnancy to

family and friends?

Cupid's Advice:

While posting pictures of your pregnancy announcement on social media may be a great way of informing people you don't speak with everyday, you may be looking for a more intimate way to tell those closer to you. If you are looking for some ways to announce this milestone to your close friends and family, Cupid has some advice for you:

1. Baby clothes: One way to announce your pregnancy to your family, and to prepare for the arrival of your baby, is to start picking up baby clothes. Whether you are simply throwing a few baby outfits in your cart while you are out shopping with someone, or deliberately giving your parents a pair of baby shoes to keep at their house, people will catch on quickly and start asking you for all the details.

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2. Customized gifts: From t-shirts to coffee mugs to baked goods, there are endless possibilities for announcing your pregnancy through a customized gift. Announcing your pregnancy this way will allow you to personalize the news for each person you are telling. If your family member has a favorite sports team or musician, giving them a customized gift saying their newest number one fan is on the way is a moment they will never forget.

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3. Excited phone call: Sometimes the excitement of realizing you are pregnant is too much and the first thing you want to do is call your parents. While this may take away the

opportunity for a more planned out pregnancy announcement in the future, it is still just as memorable to all your family to share in the initial excitement with you.

What are some other ways to announce your pregnancy to family and friends? Start a conversation in the comments below!

Celebrity News: 'Pump Rules' Tom Sandoval & Ariana Madix Weren't Invited to Co-Stars' Gender Reveal Parties



By Nicole Maher

In the latest [celebrity news](#), *Vanderpump Rules* stars Tom Sandoval and Ariana Madix revealed they weren't invited to any of their co-stars' gender reveal parties. According to *UsMagazine.com*, the [celebrity couple](#) didn't make the guest list for at least three gender reveal parties hosted by their co-stars. However, Sandoval and Madix were not the only couples excluded from these gatherings, as cast member Scheana Shay and her boyfriend Brock Davies also weren't invited to one of the parties.

In celebrity news, the drama is heating up off-screen for current and former *Vanderpump Rules* stars. How do you decide who to invite to important events in your life?

Cupid's Advice:

Social gathering restrictions or not, it can be hard to narrow down the guest list for important events in your life. While you may not be looking to hurt anyone's feelings, leaving someone off the guest list can cause drama. If you are looking for ways to decide who to invite to important events, Cupid has some advice for you:

1. Establish a limit: The first step in planning a gathering is to determine how many people you want to invite. If the event you are hosting is at a venue, this number may already be established for you. Don't let the pressure of feeling the need to invite everyone overpower how many people you actually want in attendance.

Related Link: [Celebrity Baby News: 'Vanderpump Rules' Stars](#)

[Brittany Cartwright & Jax Taylor Are Expecting First Child Together](#)

2. Make a priority list: After establishing a number of people, you need to decide who exactly you want to invite by creating a priority list. If the event involves more than one person, such as a gender reveal or wedding, make sure each host has a priority list of about the same length.

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3. Acknowledge others after: In the world of social media, it's impossible to have a party without people who weren't invited finding out about it eventually. Rather than ignoring these people, try to make them feel included in some way. By creating a post thanking all those in attendance and those who showed their support through social media, you will make everyone feel like they had a part in your event, even if they weren't there in person.

What are some other ways to decide who to invite to important events in your life? Start a conversation in the comments below.

Celebrity News: Nikki Bella Describes Deep Postpartum Depression





By Nicole Maher

In the latest [celebrity news](#), Nikki Bella opened up about the struggles she faced in her [celebrity relationship](#) while suffering from postpartum depression. According to *UsMagazine.com*, Bella recalled having feelings of hatred toward her fiancé Artem Chigvintsev after having their [celebrity baby](#), but was able to move past these feelings as the couple began to have more open discussions. Chigvintsev stated that he wished Bella had opened up “sooner” about how she was feeling so that he was more aware of her postpartum depression when he came home from filming the ABC show *Dancing With The Stars*.

In celebrity news, Nikki Bella “hated” partner Artem Chigvintsev as she battled postpartum depression. What are some ways to

support your partner through postpartum depression?

Cupid's Advice:

Postpartum depression following the birth of a child is something that many couples face in their relationship, even if they are not talking about it openly. If you are looking for ways to support your partner through postpartum depression, Cupid has some advice for you:

1. Discuss it frequently: To avoid the formation of ill feelings from either person, it's important to discuss the effects postpartum depression is having on both your partner and the relationship. While your partner may be hesitant to open up because they fear it will strain the relationship, acknowledging and talking through these new feelings will prevent any bad feelings from building up.

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2. Stay close by: The easiest way to support someone is to remain by their side during a difficult time. Try to make yourself available to the other person as much as possible or contact them frequently if you need to be out of town. By staying close and talking often, you will prevent them from feeling like they are alone in this process.

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3. Do your research: Postpartum depression is complicated and can be different for everyone experiencing it. One way to show your partner that you truly care and are ready to be supportive is to do some research about how they might be feeling. If your partner sees you doing a little extra work,

they will know you are taking this new part of the relationship seriously!

What are some other ways to support your partner through postpartum depression? Start a conversation in the comments below.

Parenting Tips: Combating Parental Burnout During the Pandemic



By Nicole Maher

With the pandemic still present in our everyday lives, many parents have realized that they now play another role in their child's life. With the return to school, whether it is fully online or partially in person, many parents have now been faced with the task of helping their children in the education department. Though the new task may allow for some extra quality time between you and your child, it can also be exhausting. With so much on your plate, it is not unlikely that you will be facing some parental burnout at some point during the school year. But, by incorporating some of the following [parenting tips](#) into your new routine, you may find some ways to combat this parental burnout and enjoy this newfound time with your child.

Check out these five parenting tips for combating parental burnout during the pandemic.

1. Choose your battles: As a parent, you may have to desire to turn every moment into a lesson for your child. However, when you have become both the parent and temporary teacher, it may be better to choose which lessons are more important for the time being. If you are trying to teach your child lessons at all hours of the day, they may have a hard time separating the education and social aspects of their life. While you should not forgo teaching them all life lessons during this time, creating a list of which ones are most important can help maintain this new balance.

Related Link: [Parenting Tips: Create a Positive Learning Environment at Home](#)

2. Acknowledge your anxiety: While you may be prioritizing your child during this time, it is equally as important to assess your own mental health. If you find yourself feeling

anxious or stressed about the new responsibilities you hold in your child's life, it may be beneficial to turn to a therapist or counselor. Discussing how you are feeling with a professional can help alleviate some parental burnout or stress. Incorporating this parenting tip into your new routine can also help prevent you from projecting any of these new feelings onto your child and help maintain a positive relationship between the two of you.

Related Link: [Parenting Tips: How to Help a Young Child Understand the Pandemic](#)

3. Use your resources: Just because your child may be learning remotely for a portion of the school year does not mean you are responsible for everything in the education department. Make use of resources, such as teachers and guidance counselors within the school district, to help you throughout the process. These people chose a career working with children for a reason, and will be happy to answer emails or phone calls in order to keep your child on track and ready for future success.

4. Allow for some alone time: Spending time everyday helping your child through remote learning, as well as completing your normal parenting tasks, can be exhausting. It is important to schedule a little alone time each day to allow yourself to recharge and take a break. Whether it is going for a walk, taking a bath, or a date night with your partner, do not feel guilty for needing separation from your child for a little while. By stepping away for a period of time, you will be relieving stress on both ends of the relationship.

5. Prioritize your "parent" role: At the end of the day, and someday the end of the pandemic, your main role in your child's life is simply to be their parent. While you may be acting as their teacher for a period of time, it is essential that you maintain some of the activities you shared when the relationship was solely parent-and-child. If you and your

child used to watch a specific television show together or play soccer in the yard before the pandemic, be sure to keep that in your routine. Incorporating this parenting tip into your pandemic routine can help maintain the relationship between you and your child, as well as allow for the creation of some new memories!

What are some other ways to combat parental burnout during the pandemic? Start a conversation in the comments below!

Celebrity Break-Up News: Kelly Clarkson Is Sued by Father-in-Law's Company Amid Divorce





By Nicole Maher

In the latest [celebrity news](#), Kelly Clarkson is being sued by her ex father-in-law's company amid her celebrity divorce from Brandon Blackstock. According to *UsMagazine.com*, Starstruck Management Group, which is owned by Narval Blackstock, announced that Clarkson owns \$1.4 million in unpaid commissions. This amount is in addition to the \$1.9 million that Clarkson has already paid since the end of her [celebrity relationship](#) with Blackstock. The couple had been married for seven years before officially announcing their [celebrity break-up](#) in June of this year.

This celebrity break-up is not going smoothly, as Kelly Clarkson is getting sued by her ex's father's company. What are some

support systems to have in place during a dramatic divorce?

Cupid's Advice:

Going through a divorce is challenging in any circumstance, but can be even more difficult when the divorce turns dramatic. Not only are you facing the end of a relationship, but you are also forced to confront other hardships in your life. If you are looking for ways to stay supported during a dramatic divorce, Cupid has some advice for you.

1. Family and friends: The first people you can find support in amid a dramatic divorce are those closest to you. Friends and family can be the perfect outlets to allow you to express your feelings and escape any drama caused by your divorce. You may also have someone in your circle that has gone through a similar experience and can offer some insight of their own.

Related Link: [Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties](#)

2. A lawyer: The last person you probably want to spend more time with amid your divorce is your lawyer, but they can be one of your best support systems. By discussing any charges or accusations brought forward by your ex partner with your lawyer, you will have a better understanding of what you are actually responsible for throughout the process. This can help alleviate some of the uncertainty or stress you may be feeling.

Related Link: [Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock](#)

3. Counselors and therapists: It can be easy to get caught up in the financial and legal strains of a difficult divorce and forget the effect it is having on your emotions. At the end of

the day, you are still processing the end of a relationship as well. Discussing the events of your divorce with a therapist can help in the healing process and allow you to move on with your life in a healthier way.

What are some other support systems that you can turn to during a dramatic divorce? Start a conversation in the comments below.

Travel Tips: What to Pack in Your Carry-On During a Pandemic





By Nicole Maher

This year has slowly made its way from Summer to Fall, and before we know it, we will be right in the middle of the holiday season. With Thanksgiving, Christmas, and New Year's on the horizon, many people may need to travel if they wish to spend time with their families. However, they still may have some hesitations about traveling during the pandemic. If health and safety are weighing heavy on your mind for the upcoming holiday season, try adding some of these [travel tips](#) to your normal routine to help relieve some of the stress surrounding your travel plans.

Check out these five travel tips of what to pack in your carry-on while traveling during a pandemic.

1. An extra mask: It's practically part of our daily routines at this point, right? Keys, wallet, phone, mask. With people coming and going from different locations, the airport is one

of the most important public places to be wearing a mask. While you will already have one around your face, it is also wise to place a spare in your carry-on. This travel tip will help keep you safe in the event something happens to the mask you are wearing.

Related Link: [Travel Tips: Traveling During the Coronavirus Outbreak](#)

2. Gloves: Whether it is railings, door handles, or storage bins, you will inevitably need to touch different objects as you navigate your way through an airport. A great way to protect yourself from the germs on these objects, and spare yourself from continuously washing your hands, is to wear a pair of gloves. Stuff a few pairs of throw-away surgical gloves into your carry-on so that you can change them as needed, and reveal some of the stress of feeling like you need to constantly clean your hands.

Related Link: [Travel Tips During the Pandemic: Is Flying on an Airplane Safe?](#)

3. Hand sanitizer: Even if you opt to wear gloves as you travel, carrying hand sanitizer is equally as important. Clip a travel-sized hand sanitizer onto the handle of your suitcase or backpack to ensure that it is easy to reach throughout your trip. Many airlines have restrictions of the volume of liquids allowed in a carry-on, so be sure to check the policy so that your sanitizer will make it through security!

4. Electronic-safe wipes: From a phone to a laptop, you will likely be using at least one electronic device while you are traveling. It is just as important to keep these devices clean and safe as it is to protect your own hands. Packing a few electronic-safe disinfectant wipes into your carry-on will allow you to keep your belongings clean throughout the trip and once you reach your destination. Be sure to read the cleaning instructions on both your electronics and the wipes

to ensure they are safe to use on everything. Along with hand sanitizers, airlines may also have rules on these types of cleaners, so be sure to check their rules when you are including this travel tip.

5. Normal airport essentials: With the added stress of trying to remain safe while traveling during a pandemic, we may find ourselves overlooking the basics. Whether it is a sweatshirt to keep you warm, a travel pillow to help you sleep, or headphones to listen to your favorite playlist, these essentials are just as important as they were pre-pandemic. By reserving a spot for your normal travel essentials in your carry-on, you help reduce any travel anxiety and maintain a little bit of normalcy on your trip.

What else should you pack in a carry-on while traveling during a pandemic? Start a conversation in the comments below!

Celebrity Break-Up: Max Ehrich Reveals Details About How He Learned of Split From Demi Lovato





By Nicole Maher

In the latest [celebrity news](#), Max Ehrich reveals new details surrounding his [celebrity break-up](#) from fiancé Demi Lovato. According to *EOnline.com*, Ehrich first learned that his [celebrity relationship](#) was over when he saw the headline of a tabloid on his phone. At the time, Ehrich was on the set of his new movie, *Southern Gospel*, and not with his then-fiancé Lovato. The actor described how his cast members watched the event unfold and helped him get back into character to continue filming.

In celebrity break-up news, Max Ehrich claims he heard about his break-up from Demi Lovato via a tabloid. If you've decided to break things off with your partner, what

are the best ways to go about it?

Cupid's Advice:

Breaking up with your partner can be one of the most difficult conversations to have. However, just because the conversation is challenging does not mean it's okay to go about ending the relationship without consulting your partner. If you are looking for the best ways to go about breaking things off with your partner, Cupid has some advice for you:

1. Address the issues: Before you even get to the point of breaking up, it is important to discuss the issues you are having within the relationship with your partner. Try to find any last minute areas of compromise before you decide that the relationship is officially over. If the issues that the two of you are facing appear to be unrepairable, then continue forward with the split.

Related Link: [Celebrity News: Demi Lovato Buys \\$7 Million House After Getting Engaged to Max Ehrich](#)

2. Privately and in-person: Even though a relationship is failing and there may be some ill-feelings between you and your partner, it is still important to respect the other person throughout the process. One of the main ways to show respect is to go about the break-up in a private setting and preferably in person. If distance is an issue, try to make the conversation as personable as possible by making a phone call rather than sending a text.

Related Link: [Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties](#)

3. Listen to their requests: After a break-up, there are often new boundaries that need to be established between you and your ex. Take some time after the break-up to establish what

kind of relationship the two of you will have moving forward. While one of you may wish to remain friends, the other may need some time without any contact to process this new change before agreeing to an ongoing relationship of any kind.

What are some other ways to go about breaking things off with your partner in the best way? Start a conversation in the comments below.

Celebrity Baby News: Rooney Mara & Joaquin Phoenix Welcome First Child





By Nicole Maher

In the latest [celebrity news](#), [celebrity couple](#) Rooney Mara and Joaquin Phoenix welcomed their first child. According to *UsMagazine.com*, the couple named their [celebrity baby](#) after Joaquin Phoenix's late brother, River Phoenix. The couple's pregnancy was confirmed in May, with Mara being about six months along at the time. The child's name was announced at the 2020 Zurich Film Festival following the screening of a documentary titled *Gunda*, which was executive produced by Phoenix.

This celebrity baby was named after Joaquin's late brother. What are some ways to incorporate an important family member's name into your child's name?

Cupid's Advice:

Whether it's the name of a parent, grandparent, or lost sibling, many people look to incorporate important family names into the names of their children. If you are looking for the best ways to incorporate these important family member's names into that of your child, Cupid has some advice for you:

1. Middle name: If you and your partner have already decided on the first name of your child, then opt for using the family member's name as the middle name. This can be a great option if you feel that the important family member's name is out-of-date, or simply does not seem to match the personality of your family and newborn child.

Related Link: [Celebrity Baby News: 'Vanderpump Rules' Stars Brittany Cartwright & Jax Taylor Are Expecting First Child Together](#)

2. Switch the gender: Sometimes the gender of the child is different from that of the past family member. One way to incorporate the family name despite this difference is to find the gender-equivalent. Many names are unisex or have male and female versions, such as Michael and Michelle, which can make it easy to incorporate an important family name even if the gender of your baby is different.

Related Link: [Celebrity News: Blac Chyna Says Raising Dream Without Child Support Is Her 'Biggest Flex'](#)

3. Right up front: Just as Mara and Phoenix did, place the important family member's name right up front. By choosing to use the family member's name as your child's first name, you are showing just how important that person was to you. It is also a great way for your child to feel connected to this family member, even if they never had the opportunity to meet them.

What are some other ways to incorporate an important family member's name into the name of your child? Start a conversation in the comments below!

Fashion Tips: How to Make Your Outfit Stand Out



By Nicole Maher

Nothing in the world seems to change as quickly as fashion trends, and it can be hard to determine whose [fashion tips](#) to listen to. A style of clothing will be the hottest trend one season only to be forgotten about the next, then likely resurface a few years later. With the world of fashion changing so quickly, putting together outfits that stand out and feel unique to you can feel like a challenge. However, by adding a few go-to pieces to your wardrobe and developing your own sense of style, you will be ready to take on any trend the

fashion industry throws your way.

Check out these five fashion tips that will help you make your outfit stand out in any crowd.

1. Determine your aesthetic: The first step to creating outfits that stand out is to determine what style of clothing attracts you. With trends changing so quickly, it can be more difficult that it seems to develop a style that is unique to you. A great way to decipher what you like the best is to surf social media platforms. Creating a Pinterest board or Saved section on Instagram devoted to fashion can help you see to what colors and fits you are repeatedly attracted.

Related Link: [Fashion Tips: Keep it 'Corona Casual'](#)

2. Invest in a staple: One mistake that many people make when they are first developing their style and putting together outfits is believing that it is better to have more options. However, instead of buying multiples of the same type of clothing, it can be more beneficial in invest in fewer pieces that fit you better. Owning two or three pairs of jeans that fit you perfectly and one leather jacket that hits you in just the right place will make it much easier to put together amazing outfits than trying on multiple clothing items every morning.

Related Link: [Fashion Tips: How to Wear Belts Better](#)

3. Match your accessories: One of the quickest ways to elevate an outfit is to match your accessories. By matching the color of your purse, belt and shoes, you can make even the most basic t-shirt and jeans combo look like it took forever to put together! While having a few stable accessories in your closet is essential, it is just as important to have a few neutrals.

Having a go-to purse and pair of shoes in colors such as black and white will help you tie together daily outfits in a breeze.

4. Don't discount jewelry: Just like matching accessories, adding a few pieces of jewelry is a quick and simple way to make your outfit stand out. Whether you prefer to layer a few dainty necklaces or go for a statement piece, taking the extra minute to put on a few pieces of jewelry in the morning will make even your simplest outfits look planned out and put together.

5. Wear it with confidence: No matter how quickly fashion trends change, there is one thing that will always be in style, and that is confidence. Whether you are trying out a new bold color and switching up your everyday jeans for a dress, wearing it with confidence will help your outfit stand out even more. We often spend time worrying about what other people will think of what we're wearing, especially if it's something out of our own comfort zone. In reality, if we appear comfortable and confident in what we're wearing, then no one will question us. If anything, they will wish they were wearing it, too!

What are some other ways to make your outfit stand out? Start a conversation in the comments below!

Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over

Divorce Difficulties



By Nicole Maher

In the latest [celebrity news](#), Kelly Clarkson and Usher opened up about the pains they both experienced as they were going through [celebrity divorces](#). According to *UsMagazine.com*, the two discussed some of the challenges that follow a divorce in the spotlight on Clarkson's talk-show, the *Kelly Clarkson Show*. Clarkson had recently announced her [celebrity break-up](#) from Brandon Blackstock in July of this year after nearly seven years of marriage, while Usher has gone through divorces with both Tameka Foster in 2009 and Grace Miguel in 2017.

Kelly Clarkson and Usher connected

over their celebrity break-up struggles. What are some ways to support someone who is going through a rough split?

Cupid's Advice:

Watching someone we care about go through an emotional break-up can be almost as painful as going through a break-up ourselves. If you are looking for ways to support a friend or family member through a rough split, Cupid has some advice for you:

1. Listen to them: The best way to show your support for someone in any situation, especially someone going through a rough split, is to simply listen to them. While it is great to offer advice and insight into similar situations you have been through, it is also important to make sure you are simply listening as the other person expresses their feelings. The last thing you want is for someone to falsely think you are trying to make the situation about yourself.

Related Link: [Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock](#)

2. Spend time together: One of the most difficult things that follows a break-up is filling the time that you used to spend with your significant other. If you know someone who is going through a painful break-up, a great way to support them is to offer them your time. Make plans to go out to lunch or watch a movie and allow them to escape from thinking about their break-up for a few hours.

Related Link: [Celebrity Couple News: Gwen Stefani & Black Shelton's Love Takes Center Stage at 2020 ACM Awards](#)

3. Reserve your opinions: Right after a break-up, many people turn to talking poorly about their new ex as a way of processing what they are going through. While you may have opinions about this person's ex or their relationship in general, it is better to reserve these opinions in the beginning. Whether you have been waiting for the couple to break-up or shocked that their relationship didn't work, waiting until all emotions have subsided to express your opinions can prevent any confusion or ill feelings between you and the person you are supporting.

What are some other ways to support someone you is going through a rough split? Start a conversation in the comments below!

Fitness Trend: Exercise Snacking





By Nicole Maher

Many of us began the new decade with high hopes of our fitness New Year's resolutions. However, with the shut down of gyms across the country and drastic changes to our daily schedules due to the pandemic, these goals may have appeared unachievable. Faced with these new circumstances, many people began to turn to the new [fitness trend](#) of exercise snacking as a way of staying in shape, or beginning their fitness journey.

Find out some of the benefits of the new fitness trend, exercise snacking.

The question is, what is exercise snacking? Despite its name, it does not involve any food. Instead, exercise snacking refers to the act of breaking down a workout into five minute intervals throughout the day rather than completing it all in one sitting. Learn about the benefits of this new phenomenon:

1. Fits into a busy schedule: Whether we are working, attending classes, or spending time with friends and family, it can be difficult to devote an hour or more to working out during the day. Exercise snacking is a great way of breaking down workouts into smaller sections that you can fit between all the other activities in your day. Moving your body for five minutes before you leave for work or ten minutes before dinner can help you fit working out into your schedule without forcing you to compromise time on something else.

Related link: [Fitness Trends: 5 New Fitness Trends to Keep Up With in 2020](#)

2. Great way to get started: If you are just beginning your fitness journey, exercise snacking is a great way to start. Jumping straight into a two-hour workout when your body is not used to it can sometimes cause more harm than good. By taking part in the fitness trend of exercise snacking, you are allowing your body to warm up to new movements. Over time, you can increase the amount of five-minute circuits you do a day, or transition to longer workout sessions once your body has adapted.

Related link: [Fitness Tips for Working Out While Wearing a Mask](#)

3. Useful addition to existing plans: While exercise snacking is a great way to begin a fitness journey, it does not have as many benefits for those who are already deep into their fitness plans. However, it can still be a useful addition for the days that you can't make it to the gym or set aside a large amount of time. Rather than forgoing exercise for the entire day, try exercise snacking in the spare time you have between tasks to keep yourself on track for your fitness goals.

4. Forgo the gym: There are many reasons people choose to avoid the gym. Whether you do not feel comfortable in a gym

setting, or are concerned about the current health conditions around us, exercise snacking is the perfect way to workout from home instead. Many of the exercises found in plans surrounding this new fitness trend only require an exercise mat or a few weights, and can easily be accomplished from the comfort of your living room.

5. Master the moves: Exercise snacking is the perfect way to learn a new move. Rather than switching between exercises every set, you are spending the entire five minutes working on one move. This will allow you to really focus on nailing the move and strengthening that part of your body rather than thinking about what exercise you are going to do next. Once you have this move mastered, it will be much easier to complete accurately if you eventually move to a longer workout routine!

What are some other benefits to the new fitness trend of exercise snacking? Start a conversation in the comments below!

**Celebrity Exes: Demi Moore
Posts Epic Throwback Emmys
Pic with Ex-Husband Bruce
Willis**





By Nicole Maher

In the latest [celebrity news](#), Demi Moore shared a throwback image of herself attending the 1987 Emmys alongside now ex-husband Bruce Willis on Instagram. According to *UsMagazine.com*, Moore shared the image of the former [celebrity couple](#) to commemorate the 2020 Emmy ceremony, which took place without a red carpet or audience due to the pandemic. While the [celebrity exes](#) split back in 2000, Moore explained how their relationship grew stronger after their divorce, and how the two are devoted to creating family memories with their three children. Moore and Willis were recently reported to be quarantining together, alongside their children, in Idaho earlier this year.

These celebrity exes have kept things civil and can even remember their relationship positively to

this day. What are some ways to turn the corner from bitterness to happy memories after a break-up?

Cupid's Advice:

Sometimes we realize after getting into a relationship with someone that our bond was better suited for a friendship. Unfortunately, it can be difficult to back-track from this position without causing any bitterness or tension for both people involved. If you are looking for ways to limit the bitterness post break-up and turn the corner into a true friendship, Cupid has some advice for you.

1. Give it time: Even if you and your partner have gone through an amicable break-up, it can still be necessary to spend some time apart. During the time immediately following a break-up, bitterness and drama are likely to surface, which can be avoided if both parties limit their contact. Once the two of you have started on your own separate paths post-relationship, it can be easier to slowly build a friendship.

Related link: [Celebrity Exes Kendra Wilkinson & Hank Baskett Are in a 'Really Good Spot' After Split](#)

2. Respect each other's boundaries: It is important to understand that while you are still in your ex-partner's life, your role has changed. Just like the two of us set boundaries in your romantic relationship, boundaries need to be established for your newly formed friendship. By understanding what both people want out of a friendship, you will prevent any bitterness or disagreements from forming.

Related link: [Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock](#)

3. Reminisce with each other: Just as Moore and Willis do,

look back at all the great memories you made as a couple. Even if a relationship does not work out, it doesn't mean that all the memories you made together need to be tainted by the break-up. Remember things for how they were in the moment rather than how they are under the changed relationship status.

What are some other ways to turn the corner from bitterness to happy memories after a break-up? Start a conversation in the comments below!

Celebrity Baby News: Penn Badgley & Domino Kirke Welcome First Child Together





By Nicole Maher

In the latest [celebrity news](#), Penn Badgely and Domino Kirke welcomed their first [celebrity baby](#) together after having multiple miscarriages. According to *UsMagazine.com*, the [celebrity couple](#) first shared the news of their baby's birth on Kirke's Instagram. While this is the first child the couple have together, Badgley has been acting as a stepfather toward Kirke's ten-year-old son, Cassius, from a previous relationship. Kirke has described her husband Badgley as being a "good stepdad," and is excited to raise their own child together as well.

In celebrity baby news, Penn and Domino welcomed a child together after suffering multiple miscarriages. What are some ways to

support each other through a miscarriage?

Cupid's Advice:

There is so much excitement around expecting a child with your partner, and the last thing you want to consider is the possibility of having a miscarriage. Unfortunately, many couples do experience miscarriages during their pregnancy journeys. If you are looking for ways to support your partner and relationship through a miscarriage, Cupid has some advice for you:

1. Relieve any guilt: Miscarriages are one of the most emotional events a couple can experience when trying to have a child. Despite following all of the pregnancy guidelines and visiting doctors regularly, an issue such as miscarriage can still occur. It is important to remove any guilt or blame surrounding a miscarriage, and assure both partners that neither of them are at fault.

Related link: [Celebrity Baby News: Gigi Hadid Gets Flirty with Zayn Malik Ahead of Baby No. 1's Arrival](#)

2. Develop a plan: Deciding on the next-steps following a miscarriage are painful but necessary. These types of events can be emotionally exhausting in a relationship, and it is important to discuss how both of you wish to move forward together. Having a conversation about if and when to try again, as well as the possibility of exploring other options can help relieve some stress and provide a new sense of hope in the relationship.

Related link: [Celebrity Baby News: Hilaria Gives Birth to 5th Child with Alec Baldwin](#)

3. Attend to the family: After a miscarriage, a majority of

the attention goes to the woman who was pregnant. While it is essential to support her through this process, it is also important to tend to the rest of the family. Both partners and any existing children were all likely looking forward to welcoming a new child into the family, and will all have their own grief processes following a miscarriage.

What are some other ways to support your partner through a miscarriage? Start a conversation in the comments below.

Benefits of TikTok's Latest Food Trend: Cloud Bread



By Nicole Maher

From rainbow bagels to edible gold, we certainly have seen no shortage of [food trends](#) introduced to us through our favorite social media platforms. Every day we log onto Instagram or Twitter, we will likely be faced with a new super fruit, elaborate dessert, or a full-on diet plan. The newest food trend to make the list, brought to us by none other than Tik Tok, is cloud bread. Not only does cloud bread have a fun name and appetizing appearance, but it also comes with a long list of benefits. With its numerous uses and airy consistency, it may just be the newest must-have in your current diet.

Find out five benefits of cloud bread, the latest food trend from Tik Tok.

1. It's super easy to make: There is nothing better than finding a recipe that consists of five ingredients or less, and cloud bread is just that. Not only is the recipe short and simple, it contains ingredients you most likely already have in your house. The basics are simple, eggs, sugar, cornstarch, and your choice of a flavoring extract.

Related link: [Food Trend: What's the Deal with Seaweed?](#)

2. It's versatile: Because there are so few ingredients, it gives you the liberty to change it up however you would like. While most recipes call for the use of almond extract, it can be substituted with other options such as orange or vanilla. The dough also takes well to food dye, and can be altered to any color of your choice. Try making the finished product more savory by topping it with bagel seasonings, or more sweet by adding a dusting of powdered sugar.

Related link: [Food Trend: What's With the Keto Diet?](#)

3. It's low carb: Cloud bread, as implied by its name, is light and airy. This fluffy consistency is the perfect way to lighten up a sandwich or bread-based dessert. The limited ingredients make this food trend a low carb bread substitute, as well as staying right around the forty calories mark.

4. It's gluten free: Many breads are a high source of gluten because of ingredients such as wheat, barley flour, or yeast. Cloud bread is a gluten free option because none of these ingredients are present in the dough. This makes it the perfect choice for someone who has a gluten intolerance, or simply tries to limit the gluten in their diet.

5. It fits in the keto diet: One of the most prominent diets at the moment, also made more popular through social media, is the keto diet. Despite the rumored benefits of a keto diet, it can be hard to follow because of the amount of foods it limits. However, with a few small changes, the new food trend of cloud bread fits right in. By substituting the sugar with stevia, and the cornstarch with cream cheese or cream of tartar, you will have a keto-friendly cloud bread that is identical to the original.

Have you tried cloud bread? Share your experiences below.

**Celebrity News: Brad Pitt's
Girlfriend Nicole Answers
Fans Asking Why She Hates**

Angelina Jolie



By Nicole Maher

In the latest [celebrity news](#), Brad Pitt's new girlfriend Nicole Poturalski faced questions about her rumored hatred toward Pitt's [celebrity ex](#), Angelina Jolie. According to *UsWeekly.com*, Poturalski was presented with an array of comments on one of her Instagram posts after captioning the image "Happy people don't hate," followed by three heart emojis. Fans were quick to question the caption after hearing rumors about Poturalski's ill feelings toward Jolie, but the model silenced them instantly. Pitt and Poturalski's [celebrity relationship](#) was confirmed after the two were spotted in France together this past August.

In celebrity news, Brad Pitt's girlfriend is keeping things classy when it comes to her beau's ex. How do you deal with lingering drama with your partner's ex?

Cupid's Advice:

When beginning or continuing a relationship with your current partner, the last thing anyone wants to face is drama associated with their ex. While you may want to believe that none of the rumors are true, it can be difficult to stop them from affecting your relationship. If you are looking for ways to deal with lingering drama with your partner's ex, Cupid has some advice for you.

1. Listen to your partner: Your partner cannot control the way their ex acts after their relationship has ended. Rather than focusing on whatever it is that their ex is saying, pay more attention to the way your partner is speaking and acting. If he or she is not paying attention to any lingering drama, then neither should you.

Related link: [New Celebrity Couple: Zac Efron Is Dating Model Vanessa Valladares](#)

2. Limit their access: In a world where everything we do ends up online, it can be beneficial to limit someone's access to you. There is no shame in blocking your partner's ex from your social media accounts if you feel that they are visiting your page regularly. If a person can't see what you are doing, then they can't start any real drama!

Related link: [Celebrity News: Demi Lovato Buys \\$7 Million House After Getting Engaged to Max Ehrich](#)

3. Stand your ground: Unfortunately, sometimes people can be relentless and turning a blind-eye to the drama will only work for so long. If this is the case, follow Poturalski's lead and give them a simple reply. Despite stirring up drama, some people are still afraid of confrontation, and acknowledging their actions once may be enough to get them to stop.

What are some other ways to deal with lingering drama with your partner's ex? Start a conversation in the comments below!

Celebrity Divorce News: Cardi B Files for Divorce from Offset After Three Years





By Nicole Maher

In the latest [celebrity news](#), rapper Cardi B has filed for a [celebrity divorce](#) from her husband Offset of Migos after three years of marriage. According to *EOnline.com*, the former celebrity couple began to spark dating rumors after being seen together at the 2017 Superbowl, and were married in secret in September of that year. Throughout the three years of their marriage and the birth of their daughter Kulture, the pair had faced many infidelity rumors. Despite reconciling in the past, Cardi B has declared their [celebrity relationship](#) is “Irretrievably broken.”

In celebrity divorce news, Cardi B filed for divorce from husband Offset How do you know your relationship is officially over?

Cupid’s Advice:

When we truly love someone, we often find it difficult to determine when a relationship is officially over. Despite the fact that staying together may now be causing one or both of you discomfort, it can be challenging to let go. If you are looking for signs that it is time to end your relationship for good, Cupid has some advice for you:

1. Nonstop disagreement: It is obvious that a relationship isn't working when both people involved are fighting constantly. However, even nonstop small disagreements, such as never agreeing where to eat or what day to hangout, can be unhealthy in a relationship. While these mild disagreements may not be enough to warrant a break-up initially, they can lead to underlying tension or lack of communication if they are present in every conversation.

Related link: [Celebrity News: Cassie Randolph Is Granted Restraining Order Against 'Bachelor' Colton Underwood](#)

2. Lack of Excitement: If agreeing to an activity with your partner causes you to feel stressed rather than excited, it might be a sign that the relationship has reached its limit. It should never feel like an obligation to be around the person you love. If you find yourself dreading the idea of spending time with your partner, it is likely time to sit down for the conversation.

Related link: [Celebrity Break-Up: Savannah Chrisley & Nic Kerdiles Split After Postponing Wedding](#)

3. Consult your friends: While the relationship is taking place between you and your partner, sometimes it is necessary to get an outsider's perspective. Find a trusted friend that will have no problem being honest with you and ask for their feedback. This friend will likely see the signs long before you, and will have no problem telling you if you've been acting differently or getting irritated easily, which are often signs of a troubled relationship.

What are some other signs that a relationship is officially over? Start a conversation in the comments below.

Celebrity Break-Up: Savannah Chrisley & Nic Kerdiles Split After Postponing Wedding



By Nicole Maher

In the latest [celebrity news](#), Savannah Chrisley and Nic Kerdiles have officially ended their engagement after postponing their wedding earlier this year. According to

UsMagazine.com, Chrisley announced their [celebrity break-up](#) via Instagram and acknowledged that fans had been looking for an update on the couple's status. Chrisley and Kerdiles began dating in November of 2017 and got engaged shortly after in December of 2018. While the couple has faced challenges in the past, Chrisley clarified in her post that there is no hatred between them.

In celebrity break-up news, Savannah and Nic have decided to go call it quits on their relationship. What are some last ditch efforts you can make before deciding to split from your partner?

Cupid's Advice:

Deciding if it is time to split from your current partner is one of the most difficult decisions to make in a relationship. It can be hard to tell your relationship has reached its end, or if you are simply going through a rough patch. If you are looking for ways to prolong your relationship, Cupid has some advice for you.

1. Look to the beginning: As a relationship progresses it tends to change, and there are likely some aspects that you have left in the past. By revisiting some of your favorite activities from when you first started dating, you may be able to rekindle the spark you are currently missing.

Related link: [Celebrity News: Cassie Randolph Is Granted Restraining Order Against 'Bachelor' Colton Underwood](#)

2. Take a step back: Sometimes we have to see just how much we will miss a person before we let them go. Try designating some time throughout the week for the both of you to spend alone and allow yourself to miss the other person's company. Taking a step back from your relationship is a great way of determining if your partner's absence brings you unhappiness or peace.

Related link: [Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock](#)

3. Seek professional help: Involving a relationship professional is the perfect way to get another perspective on your relationship. Couples counseling makes it necessary for both people in the relationship to speak through their concerns and hopefully find solutions. A professional can introduce new communication methods that may be able to save your relationship in the end and get you back on the same page.

What are some other last ditch efforts you can make before deciding to split from your partner? Start a conversation in the comments below!