

# New Celebrity Couple Taylor Swift & Tom Hiddleston Take New Relationship to Rome



By [Nicole Caico](#)

[Taylor Swift](#) and Tom Hiddleston's [celebrity relationship](#) continues to blossom. The [celebrity couple](#) had their first meeting on May 1 at the Met Gala. Since then, they've travel together to Rhode Island, Nashville, England, and most recently, to Rome. According to [People.com](#), Swift introduced Hiddleston to her parents while in Nashville, and Hiddleston introduced Swift to his mother while in England. The pair took Swift's private jet to Rome on Monday, June 27, where they privately toured the Coliseum and dined out while hoards of fans waited outside their hotel.

# Celebrity couples travel together to bond, just like us! What are some ways traveling together can bring you closer as a couple?

## Cupid's Advice:

Taylor Swift and Tom Hiddleston have the right idea. Traveling together can take a relationship to new heights. Buy your plane tickets and watch your love soar:

**1. Traveling to meet family:** Swift and Hiddleston crossed state lines and oceans to meet each other's important family members. Taking a long trip with your S.O. to see the people who are closest to them or to visit their childhood home shows your committed. Learning more about where your S.O. is from and meeting their family will bring you a lot closer and help you to understand them even more.

**Related Link:** [Celebrity Couple Gwen Stefani & Blake Shelton Enjoy 'Honey Moon' After Birthday Celebration](#)

**2. Let it all hang out:** While you may be bare faced and messy haired at home with your S.O., traveling will break new barriers. Taken out of your comfort zone, you may learn that your partner is terrified of flying, or they may need to be patient with you when you get food poisoning from a foreign dish. Traveling brings on a hundreds of small new experiences even in just one trip. You'll learn a lot about each other.

**Related Link:** [Celebrity News: Taylor Swift Caught Kissing Tom Hiddleston Two Weeks After Split](#)

**3. Memories:** The best way to get closer as a couple is to make shared memories. Taking a trip together will absolutely do that, from stories to remember to pictures to look back on.

How has traveling together benefitted your relationship?  
Comment below!

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# Celebrity News: 'Bachelorette' Star 'Bad Chad' Johnson Claims Contestants Are Cheating on Their Girlfriends



By [Nicole Caico](#)

In the [latest celebrity news](#), Chad Johnson, a former contestant on the current season of *The Bachelorette*, continues to cause drama. Though star [JoJo Fletcher](#) has already eliminated Johnson from the competition for his bully-like behavior toward the other guys, he's not done yet. [UsMagazine.com](#) reported that in a [celebrity interview](#) with Andy Cohen on Monday, June 27, Johnson claimed that guys on the show are "acting all nice and like they're such good guys when at the end of the day, they're cheating on their girlfriends, half of them broke up with girlfriends to go on the show." On June 20th, Johnson posted a picture of himself kissing contestant Robby Hayes' ex-girlfriend. Johnson chalks his behavior up to the fact that the show is a competition, saying, "It's a competition ... I'm going to do what I have to do. I treat my women very well. That's my thing, like yeah, I'm willing to do what I gotta do to get what I want when it comes to competition, but I'm very nice to my girls."

## **In celebrity news, *The Bachelorette* drama continues! What are some ways to tell that your crush is still attached to a former fling?**

### **Cupid's Advice**

It's clear that Chad isn't letting go. While causing drama on a reality television show is not something people do on the regular, falling for someone who is still attached to a former fling is a pretty common occurrence. Here's how to tell if your crush's heart isn't up for grabs:

- 1. Wearing your heart on your sleeve:** If your crush is still wearing the clothes his or her ex left behind, the attachment

is probably still there. If the person you're crushing on has made no attempt to remove or get rid of reminders of an ex, take it as a warning sign.

**Related Link:** [Celebrity Couple News: Lindsay Lohan & Egor Tarabasov Are Red Carpet Official](#)

**2. Topic of conversation:** If all your crush can talk about is an ex, watch out. Whether your crush is praising or bashing the past relationship, the fact that it is being frequently brought up means it's still on his or her mind.

**Related Link:** [Celebrity Couple News: Get Details on Taylor Swift & Tom Hiddleston's Intimate Dinner Date](#)

**3. BFF:** If your crush claims to now be best friends with an ex—texting, liking pictures, and maybe even meeting up—steer clear. These two could be on their way to getting back together. No matter what, it's a threat to your relationship .

**How have you dealt with crushing on someone who is still attached to a former fling? Comment below!**

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## Celebrity Couple News: Diane Kruger Opens Up About Meeting Love Joshua Jackson





By [Nicole Caico](#)

In an interview for the August issue of *Town & Country* magazine, Diane Kruger opens up about the positive impact her [celebrity relationship](#) with Joshua Jackson has had on her life. According to [People.com](#), Kruger told the mag, “Meeting someone like my partner, who has a very different perspective, who likes to travel in a different way and be open to various experience, was so important.” This [celebrity couple](#) started dating in 2006, and they seem to be as strong as ever.

**This celebrity couple news has us smiling. What are some ways a good relationship can change your life for the better?**

#### **Cupid’s Advice:**

While being on your own can be extremely rewarding, being in a relationship that helps you grow can be equally rewarding.



Getting into a relationship is always a risk, but when things go well the pay off is huge. A good relationship can change your life for the better:

**1. Expanding your horizons:** Much like Kruger expressed, being in a relationship with someone who is different from you can help you gain new perspective. From hobbies to political views, you never know what you might learn when you let your guard down and let the person you're dating talk.

**Related Link:** [New Celebrity Relationship: Torrey Devitto & 'DWTS' Artem Chigvintsev Are Dating](#)

**2. Help me help you:** A good relationship provides a feeling of security. Feeling support from the person you are dating will allow you to try new things on your own. Whether it's taking a new job, getting a new haircut, or realizing something about yourself the support from your SO can help get you over the hump of hesitation that has been holding you back from your true potential.

**Related Link:** [Celebrity Couple News: Get Details on Taylor Swift & Tom Hiddleston's Intimate Dinner Date](#)

**3. Get excited:** A good relationship doesn't mean you have to soul search and have some sort of major epiphany. If it does, awesome. If not, fine. The major perk of being in a good relationship is that you get to be who you are, and get excited to do things with someone else. A good relationship can change your life for the better by simply making everyday activities more fun because you're sharing them with someone else. Revolutionize food shopping or binge watching Netflix by sharing it with the person you love.

**How has your relationship changed your life for the better? Comment below!**

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# Celebrity News: 'Modern Family' Star Ariel Winter Confirms She's Single



By [Nicole Caico](#)

*Modern Family* star, Ariel Winter, is officially a single celebrity. According to [UsMagazine.com](#) Winter posted a .gif of Kim Kardashian saying, "I'm like dropping hints that I'm single." She captioned the post, "When you're surprised people just haven't gotten it yet... ." Before this post on Saturday, it had been unclear if this [celebrity relationship](#) had come to an end. Winter posted a vacation picture in which she was



writing her name and then-boyfriend Laurent Claude Gaudette's name in the sand in April. Since then, Winter posted the Kardashian .gif, and the [celebrity couple](#) has unfollowed each other on social media. We can take the hint.

## In celebrity news, Ariel Winter is a single lady! What are some ways to announce you're single to your network without being obvious about it?

### Cupid's Advice:

Being single again can be as exciting as getting into a new relationship, and you'll want people to know. There are plenty of ways to announce that you're single and ready to mingle without coming off as desperate or obnoxious:

**1. Relationship status:** This is probably the most 2016 way to announce that you're single again. Log on to your Facebook account, and change your relationship status to single, or go onto your Instagram and take your boyfriend's initials out of your bio. These changes are extremely subtle, but people do take notice.

**Related Link:** [New Celebrity Couple? Leonardo DiCaprio Is Not Dating Roxy Horner, Despite Reports](#)

**2. #Single:** Take a cute selfie, or post a picture of you doing something fun with friends. Add a few hashtags after your caption, and throw #single in there. Again, subtle, but noticeable.

**Related Link:** [Celebrity News: Calvin Harris Re-Follows Taylor Swift on Instagram](#)

**3. Word of mouth:** If you're not into announcing your new relationship status on social media, tell your close friends first and let the word spread naturally. Your friends will meet up with old friends and when people ask if you and your boyfriend are still together word of your single status will slowly get around.

**What subtle things have you done to make your single relationship status clear? Comment below?**

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## **Celebrity Couple Gwen Stefani & Blake Shelton Enjoy 'Honey Moon' After Birthday Celebration**





By [Nicole Caico](#)

[Celebrity couple](#) Gwen Stefani and Blake Shelton took a birthday trip that will give you [date night](#) envy for a lifetime. According to [UsMagazine.com](#), to celebrate Shelton turning 40, Stefani decorated a private jet that took the couple to Shelton's farm in Oklahoma. While there, the couple took a ride on Shelton's speed boat and enjoyed the 'Honey Moon' on the night of the summer solstice. Since getting together in November 2015, this [celebrity relationship](#) has continued to blossom, as evidenced by Stefani's tweet to Shleton, ""Happy birthday to my favorite person I ever met @blakeshelton gx ☺☺#superbabe."

**This celebrity couple is finding new and exciting things to do together. What are some adventurous date ideas to plan for your**

# partner?

## Cupid's Advice:

Though most of us won't be riding a private jet for a birthday trip anytime soon, there are still many ways to keep things exciting. Date night doesn't have to be dinner and a movie. Cupid is here to help you think outside the box for your next date night:

**1. Something you'd never do:** If you're like most couples, there is probably something your partner loves to do that you really don't care for. Whether it's horseback riding, sports, or shopping, plan a day of that activity. Your partner will be impressed that you went out of your way and out of your comfort zone, to do something they really love.

**Related Link:** [Celebrity Couple Chloe Grace Moretz & Brooklyn Beckham Make Red Carpet Debut](#)

**2. Adventures close to home:** Wherever you live, especially if it's in the U.S., there is a good chance that there is a park near to where you live that you've never visited. State parks in the U.S. range from beach to mountain depending on where you live, and they normally don't cost more than ten dollars. Find a place close to home that you've never been to and make a date. And, if the outdoors isn't your thing, search for an indoor rock climbing facility or even take a dance class. The definition of adventure will vary by couple.

**Related Link:** [Celebrity News: Amber Rose Pays Tribute to Ex Wiz Khalifa on Father's Day](#)

**3. Go big or stay home:** If you're really looking for an adventure with your partner, plan the trip you've both always wanted to go on. Travel to a new city or new country, and have a vacation full of dates you'll never forget.

What's your dream date? Comment below!

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# Celebrity News: Khloe Kardashian Posts Cryptic Note Hinting at Failed Marriage to Lamar Odom



By [Nicole Caico](#)

In the latest [celebrity news](#), this past Saturday [Khloe Kardashian](#) took to Instagram to share some wise words that may

or may not have had to do with her [celebrity divorce](#) from Lamar Odom. According to [UsMagazine.com](#), Khloe refiled for divorce in May, and has kicked Odom out of the California home she leased for him during his recovery. A portion of her post, that was later deleted, read, “We often take for granted the very things that deserve our gratitude the most. We do this with both people and material possessions. The problem is many people do not realize this until it’s too late.”

## **In celebrity news, these celebrity exes are heading for divorce. What are some ways to appreciate a past relationship in the midst of a split?**

### **Cupid’s Advice:**

Whether it’s a break up or divorce, things can get pretty messy in the midst of a split. When the end of a relationship is upon you it’s easy to dwell on the sad or frustrating aspects of the situation, but it will serve you much better to make an attempt to reminisce on good times:

**1. Walk down memory lane:** Take time to indulge in the memories from your relationship. Look at old pictures and ticket stubs and realize that even though the relationship is ending it was fun while it lasted. Taking time to remember the good things may give you a better chance of having a peaceful split and a better chance of moving on more quickly after.

**Related Link:** [Khloe Kardashian Looks Forward to Having Kids Post Celebrity Divorce from Lamar Odom](#)

**2. Say it out loud:** If your split is friendly enough, reminisce with your soon to be ex. There is nothing better for



the both of you than to sit down and talk about the good parts of your relationship. Leave each other happy and walk away knowing you both felt good about the relationship and the split.

**Related Link:** [Celebrity News: Amber Heard Withdraws Request for Spousal Support from Johnny Depp](#)

**3. Move on:** No matter what went down in your relationship that led you to the point of a split, there is always something to learn. The end of a relationship can be very important to your next relationship. Take time to reflect on why this relationship ended and acknowledge what you've learned about yourself along the way.

**When you think back to a past relationship, what good things stand out? Comment below!**

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## Celebrity News: Amber Rose Pays Tribute to Ex Wiz Khalifa on Father's Day





By [Nicole Caico](#)

[Celebrity divorce](#) hasn't stopped Amber Rose from showing her appreciation for ex-husband Wiz Khalifa. On Sunday, Rose posted a picture of Khalifa and their 3-year-old son, Sebastian, for Father's Day. In her caption, praising Khalifa's parenting, she wrote, "Happy Father's Day to Sebastian's Dad @mistercap Thee most Awesomest Dad in the World!!! (Besides my Daddy). Wish I could be home with you guys Today but have a blast and love each other up all day!" According to [UsMagazine.com](#), the [celebrity couple](#) filed for divorce in 2014 after just over a year of marriage, but have always maintained a good relationship.

**This celebrity news has us realizing there are some good ex relationships in Hollywood after all. What are three ways to show**

# appreciation for your child's parent?

## Cupid's Advice:

Staying friendly after a divorce is not an easy feat, but if you have children, it's ideal. Co-parenting makes everyone's lives easier, parents' and children' alike. There are many ways to show appreciation for the parent of your child:

**1. Hold up your end:** Some divorces result in more rules and regulations than others. However it plays out, be sure to fulfill your responsibilities. Contribute the money you're supposed to, and follow the schedule to a tee. Strictly sticking to the conditions of your divorce will show respect to the parent of your child, and prevent additional issues.

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**2. Do a favor:** Parenting is difficult; that is a universal fact. If you see the parent of your child struggling with something and you're in a position where you can help out, do it. Doing a favor for the parent of your child will help everyone involved in the long run. Just because you're no longer married doesn't mean it is right to sit back and watch your ex flounder when you can help.

**Related Link:** [Khloe Kardashian Looks Forward to Having Kids Post Celebrity Divorce from Lamar Odom](#)

**3. Say "thank you":** It's basic, but it works. Thank the parent of your child for being on time, for being a good parent to your kid, and for trying. There is no easier way to show your appreciation than to thank them.

**How have you maintained your relationship with an ex-spouse?  
Comment below!**

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# Hamptons Date Night Dining: Food, Scenery, and Celebrities



By [Nicole Caico](#)

Countless single celebrities and [celebrity couples](#) alike flock to the Hamptons during the summer, and there is no reason to miss out on the action. The waterfront properties, beautiful beaches, and delicious food don't have to be confined to Instagram posts of the rich and famous. Get a taste of the celebrity lifestyle by dinning out at some of the great restaurants on Long Island's east end.

**The food served at these Hamptons restaurants draws a date night crowd, and celebrities are no strangers to that group.**

### **Eating Italian**

If you are traveling to the east end in search of authentic Italian cuisine, you're in luck. Several restaurants in the Hamptons offer authentic Italian menus that incorporate fresh fish from surrounding waters. Serafina in East Hampton offers authentic Italian cuisine at prices that won't break the bank, and the atmosphere still has that signature laid back, beach vibe signature to the area. Also offering authentic Italian food in East Hampton is Nick & Toni's. In addition to a full dinner and dessert menu, Nick & Toni's features a long, diverse brunch menu.

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From oven baked french toast to a Montauk fish burger, there is no more classic Hamptons experience than brunch at a local restaurant. The theme of Italian cuisine continues at Osteria Salina in Wainscott. The restaurant buys local from farmers and fisherman to create their Sicilian-inspired dishes.

### **Eating American**

If you're looking for more of a classic American dish, or go-to summer foods, 75 Main in South Hampton offers a menu filled with burgers, variations on a BLT, lobster rolls, and seafood dishes. Also serving up an American style menu is the East Hampton Grill in East Hampton. Their menu features a fresh fish of the day, along with crab cakes, barbecued burgers and ribs, and some salads—including a scallop salad, a blue cheese

wedge salad, and the tried and true caesar.

A true dining delight can be had at Red Bar Brasserie in South Hampton. A brasserie is characterized as an unpretentious restaurant or gathering place that serves simple and hearty food—and Red Bar seems to be just that. Like most other Hamptons eateries, they feature a menu largely based on local ingredients and freshly caught fish and seafood. Their interior differs from other hot spots in that they traded in the big windows and natural light for a more low lit dining room, but outdoor seating is also available.

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These restaurants are only the tip of the iceberg for the long list of spots to choose from. After looking through these menus and restaurant picture galleries, it's clear why celebs put the Hamptons on their list of travel destinations. While the dining experience at any of these eateries is sure to be worth remembering on its own, the chance of a celebrity sitting during your [date night](#) is definitely a bonus.

In fact, *Watch What Happens Live* host Andy Cohen owns a house in Noyac Bay and can be caught out and about in the Hamptons every summer. Sarah Jessica Parker and hubby Matthew Broderick own a place in Amagansett and spend their time in areas between the Hamptons and Montauk. Kelly Ripa and Jerry Seinfeld, two stars essential to NYC, often migrate out east during summer months as well. [Scott Disick](#), former Long Island resident, helped bring the Kardashian family out to the east end during summer 2014 to film *Kourtney and Khloe Take the Hamptons*. Although Disick no longer resides in the Hamptons, his Long Island roots keep him and his family coming back for [celebrity vacations](#).

Eating out in the Hamptons will either make you feel like a celebrity, or bring you face to face with one. For those who



are looking for great [date night](#) food and the chance to rub elbows with the rich and famous, the Hamptons is the destination for both.

Have you ever spotted a celebrity while out to dinner? Comment below!

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## Celebrity Style: Heidi Klum Spotted Wearing MCM Worldwide NYC



By [Nicole Caico](#)

Supermodel Heidi Klum stepped out on the streets in New York City on Saturday, June 18 wearing a vintage MCM Worldwide Visetos Satchel. The classic style “Small Visetos Satchel” is available on *mcmworldwide.com* and retails at \$695. Klum paired the bag with casual attire while out with her daughter Lou Samuel. Take a cue from Klum’s celebrity style and make this MCM purse the finishing touch on your street style look, or easily dress it up for a nighttime event or date night.

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## Celebrity News: French Montana Buys Kylie Jenner Roses





By [Nicole Caico](#)

[Kylie Jenner](#) documented part of her night out with rapper French Montana on her Snapchat story recently. Montana joked about Jenner's car choices, and also bought her roses from a street vendor. Montana first made his way into the Jenner/Kardashian circle as the boyfriend and other half of a [celebrity couple](#) with [Khloe Kardashian](#). Khloe is currently single and focusing on her [celebrity divorce](#) from Lamar Odom, but Montana is part of the family circle. In the latest episode of *Keeping Up With the Kardashians*, Montana comfortably hangs out with [Scott Disick](#) in his new house. [E! News](#) reports that Montana doesn't just hang out with Jenner and Disick, but is also friendly with [Kourtney](#) and Rob Kardashian.

**This celebrity news has us questioning just who is interested**

# in French Montana! What are some ways to avoid crushing on the same person as your friend or sibling?

## Cupid's Advice:

While it doesn't seem that any woman from the Kardashian/Jenner family is currently dating French Montana, never say never. Falling for the ex-flame or current crush of a friend or sibling tends cause issues, but in some cases can't be helped. Before you go falling for the same person as a friend or sibling, think about it:

**1. This relationship will hurt your friend/sibling:** Even when a friend or sibling plays it cool about you crushing on the same person they are or have in the past, they're most likely not okay with it. If you're crushing on the same person, chances are your jealous and competitive sides will be on full display. Think about the importance of your relationship with your friend or sibling, and realize that pursuing this romantic relationship will hurt the relationship you already have with your them. Chances are the crush isn't worth it.

**Related Link:** [Celebrity Couple News: Gigi Hadid & Zayn Malik Are Back Together](#)

**2. History repeats itself:** If you're crushing on the ex of a friend or sibling, do some research on the reason they broke up. If the person treated your friend or sibling badly at the end of their relationship, that should warn you to stay away.

**Related Link:** [New Celebrity Couple Kylie Jenner & PartyNextDoor Go Bowling](#)

**3. Girl code:** It can be as simple as this—who saw the person first? If your friend or sibling was crushing first, you should have the courtesy to back out. In situations like this,

it's important to be open with your friend or sibling so you're on the same page and can avoid fights.

How have you avoided or coped with crushing on the same person as a friend or sibling? Comment below!

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## Celebrity Wedding Tips: 'Bachelorette' Alum Desiree Hartsock Offers Wedding Tips in New Book



By [Nicole Caico](#)

Former *Bachelorette*, Desiree Hartsock, has a new book out that is full of wedding planning tips. In her book, *My Fairytale Wedding*, Hartsock promises to help brides achieve their own fairytale weddings “without breaking the bank.” According to a [celebrity interview](#) for [UsMagazine.com](#), Hartsock spoke about wedding planning, saying, “It’s very stressful and a lot of people don’t realize how stressful it is.” She had her own [celebrity wedding](#) in January 2015 and now brides everywhere can get Hartsock’s wedding planning advice.

## **This *Bachelorette* alum already planned her own celebrity wedding! What are three important wedding tips to keep in mind as you plan your nuptials?**

### **Cupid’s Advice:**

Hartsock is definitely right on this one. Couples spend thousands and thousands of dollars on their weddings, but creating the same experience for much less money is possible. Whether you’re financially splurging or trying to save money where you can, there are always things to keep in mind during your wedding planning:

- 1. Keep your eyes on the prize:** As Hartsock says, wedding planning can be stressful. It’s important to remember during the planning process what you’re really planning for. Don’t get so stressed out that you fight with your betrothed on a daily basis. The reason your wedding is happening is because you love each other. You also want to remember that the wedding is about your love not how much you spent on flowers and impressing your guests.



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**2. A little piece of you:** A surefire way to make your wedding special on a big or small budget is to include personalized aspects in the ceremony and the reception. Talk to your parents or in-laws and see if there is anything from their weddings that you might be able to incorporate for your own—from the actual gown, to a piece of jewelry or a recreation of the bouquet. When planning, remember that you can personalize any part of your wedding, there is no real wedding rule book. Get creative with invitations, decorations, or your wedding cake.

**Related Link:** [Celebrity Wedding: Bristol Palin Marries Baby Daddy Dakota Meyer](#)

**3. Looks aren't everything:** What is most important to keep in mind during wedding planning is that as long as you and your fiancé feel good about the plan, that's all that matters. Whether you're writing your own vows and DIY-ing your decorations, or reserving a luxurious reception hall and covering every inch of it in flowers, your wedding should reflect you as a couple and make you happy on your special day.

**What are your wedding tips? Comment below!**

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# Khloe      Kardashian      Looks Forward to Having Kids Post

# Celebrity Divorce from Lamar Odom



By [Nicole Caico](#)

Now that Lamar Odom is back on his feet after a near death experience, [Khloe Kardashian](#) has decided to continue pursuing a divorce. The [celebrity couple's](#) in-progress [celebrity divorce](#) was dropped when Odom was hospitalized and in critical condition, but now Odom is dragging his feet. According to [People.com](#), on the latest episode of *Keeping Up With the Kardashians*, Kardashian talked about her [celebrity relationship](#) with Odom saying, "I want to have kids and maybe to be remarried one day. I need to move on, and I will be filling for divorce very soon."

# **This celebrity divorce has been a long time coming. How do you know when it's time to pull the plug on your marriage?**

## **Cupid's Advice:**

Not all relationships work out, celebrity relationships and normal relationships alike. It is important to know when to call it quits, whether that means a break up or a divorce. Cupid has some tips:

**1. Try and try again:** If you both know that you've tried over and over to fix issues in your relationship, anything ranging from money to friends to communication, and nothing is getting better it may be time to consider a split. If a true effort was made and no positive changes came out of it, that is just foreshadowing for how the rest of the marriage will go.

**Related Link:** [Celebrity News: Khloe Kardashian Tweets 'People Disappoint' After Lamar Odom Is Caught Drinking](#)

**2. Trust issues:** If you have any reason to believe that your other half is cheating, that needs to be investigated. If your husband or wife cheats on you, that may be your cue to walk out the door. Such a severe break in trust may mean the end for your marriage.

**Related link:** [Celebrity Couple News: Kanye West Helped Kim Kardashian Fight Back During Nude Selfie Controversy](#)

**3. No laughing matter:** If your husband or wife develops an issue too serious to handle, you may need to consider divorce. A drug or drinking addiction, or violent/abusive behavior, may be something that is too big for you to handle. If the issues of your husband or life become dangerous to you, pulling the

plug on your marriage may be in your best interest.

How did you know it was time to end your marriage? Comment below!

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## Celebrity News: Gigi Hadid Tweets Support for Zayn Malik After Canceled Concert Due to Anxiety



By [Nicole Caico](#)

Shortly after Zayn Malik took to Twitter on Saturday, June 11 to make a statement about missing a London performance due to severe anxiety, Gigi Hadid tweeted her support for him. Solidifying their “on again” [celebrity relationship](#) status, according to [UsMagazine.com](#), Gigi wrote, “We are all here to support you and make each experience easier. Your talent and good heart will never lead you wrong. Love you and so proud of you always ☺ xG.” Having just gotten back together after a short split, Malik and Hadid are proving to be a perfectly supportive [celebrity couple](#).

## In celebrity news, Zayn Malik is getting support from his partner. What are some ways to support your partner through mental challenges?

### Cupid’s Advice:

Like a lot of people, Zayn Malik copes with anxiety. Often anxiety is a mental challenge that gets played down, but it’s nothing to glaze over. Being in a relationship with someone who has anxiety takes a bit of extra work and consideration. Gigi Hadid made sure to show her support on Twitter, and there are other ways to show support for a significant other with anxiety as well:

**1. Patience:** The most basic, but possibly most effective, way to support your anxious significant other is to be patient. Anxiety attacks can happen anywhere at any time, and nothing could make an attack worse than being criticized for needing some time to calm down.

**Related Link:** [Celebrity Couple News: Gigi Hadid & Zayn Malik Are Back Together](#)

**2. Get a better understanding:** Take time to learn if there are

certain things that trigger your significant other's anxiety. Learn what your SO needs in order to calm down from an anxiety attack and try to give him/her that when the time comes. Taking time to understand your partner's anxiety will make your significant other feel supported and loved.

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**3. Acknowledge their struggle:** Anxiety is not the only mental challenge out there. Whether it is anxiety, depression, OCD, or any other challenge your partner may face, these steps apply. Being patient, knowing what you can do to help, and just acknowledging the fact that the mental challenge your partner faces is real and valid will help your relationship succeed.

How have you helped your partner through a mental challenge, or how has a partner helped you? Comment below!

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## Celebrity News: Text Experts Says Amber Heard Text Exchange with Johnny Depp's Assistant Is Authentic







By [Nicole Caico](#)

Amber Heard recently filed for divorce from Johnny Depp. The news of the [celebrity divorce](#) surfaced just before claims of domestic abuse arose. Heard claims that the [celebrity relationship](#) had been violent. According to [People.com](#), the alleged text exchange between Amber Heard and Depp's assistant, Stephen Deuters, was analyzed by tech specialist, Kevin Cohen, who confirmed the authenticity, "On Sunday, June 5, 2016, I was asked to examine iPhone backups of Amber Heard," he said. "It was her normal routine to sync her iPhone on the computer. I forensically imaged and examined the device containing Ms. Heard's iPhone backups, and I conclude that the backups are authentic."

**In celebrity news, Johnny Depp is under fire for assaulting Amber Heard. What are some ways to seek**

# help in a violent relationship?

## Cupid's Advice:

Domestic violence is extremely serious. Hollywood couples are not isolated from the reality of abuse, and neither are normal couples. Domestic violence is to be treated seriously and stopped as soon as possible in any situation:

**1. Tell someone you know:** A good place to start when seeking help in a violent relationship is to tell someone close to you, that you trust, what is happening. Talking about the violence that you have been dealing with alone can help you come to terms with the situation, and allow the person you tell to support you.

**Related Link:** [Celebrity News: Amber Heard Files for Celebrity Divorce from Johnny Depp](#)

**2. Call a hotline:** There are several domestic violence hotlines, both state and national. Either search for the hotline you would like to call, or have someone make the search and the call for you. How you choose to go about this is a personal choice varies case by case. If you or someone you know is a victim of domestic violence, here is one national hotline that you can call: <http://www.thehotline.org>, 1-800-799-7233.

**Related Link:** [Amber Heard Talks Johnny Depp: 'Not Part of My Professional Life'](#)

**3. Get police involved:** This is probably the most extreme route to take, but can be extremely necessary. If you have no other way to protect yourself, get authorities involved.

**If you have a story about overcoming domestic violence, share it with us. Comment below!**

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# Celebrity News: 'Bachelorette' Guys Share Embarrassing Sex Stories with JoJo Fletcher



By [Nicole Caico](#)

In the latest episode of [The Bachelorette](#), [JoJo Fletcher](#) had all the guys reveal their most embarrassing sex stories. The guys, who are all hoping to become the other half of a [celebrity couple](#) with JoJo, did not hold back. According to [UsMagazine.com](#), Alex, Dan, and Nick had the most cringe-worthy

stories. We won't go into the details, but suffice it to say it was tough to watch! Hey, at least they were honest.

## **This celebrity news has us cringing for the guys on *The Bachelorette*! What are some ways to be open and honest with your potential partner?**

### **Cupid's Advice:**

As terribly awkward as it is to dig up your most embarrassing intimate stories, chances are you won't be doing it on television like these guys—so what do you really have to lose? Not being honest with a potential partner will most likely lead to another embarrassing story, so it's important to remember that honesty is the best policy:

**1. Right from the start:** The best way to open up and be honest with a potential partner is to establish open conversation from the beginning. Before things get too serious, or too steamy, talk about your sexual histories and desires.

**Related Link:** [Celebrity News: JoJo Fletcher Celebrates End of 'Bachelorette' Shoot with Instagram Post](#)

**2. Lead with a joke:** Conversations about intimacy with a potential partner are no laughing matter, but they're also not strictly business. Joke around to break the ice and in the end, the truth will come out. If you have a positive and lighthearted take on the situation, your potential partner won't feel threatened or judged and the conversation will flow.

**Related Link:** [Celebrity News: 'Bachelorette' JoJo Fletcher Has Another Ben In Her Life](#)

**3. Make it about them:** If you have a feeling that an open

conversation about intimacy isn't going to go over well with your potential partner, make the conversation about them. Instead of sounding nosy or accusatory, just tell them that you need to know some things in order for you to make the experience as good as it can be for them.

**How have you been honest with a potential partner? Comment below!**

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## **Celebrity News: Taylor Swift Reportedly Wanted a 'Future' with Calvin Harris**





By [Nicole Caico](#)

Another [celebrity relationship](#) has come to an end. [Taylor Swift](#) and Calvin Harris' [celebrity break-up](#) comes after over a year of dating, and according to [UsMagazine.com](#), "Taylor Swift thought Calvin Harris was the one." The [celebrity couple](#) celebrated their one year anniversary this past March. Reportedly, they have grown apart and decided to end things for that reason. Calvin Harris tweeted about the break-up saying, "The only truth here is that a relationship came to an end & what remains is a huge amount of love and respect."

**This celebrity news still has us down in the dumps. What are some signs things are headed toward the end in a relationship?**

**Cupid's Advice:**

No one could have foreseen this celebrity relationship coming



to an end, but it is important to know what signs to look for in your own relationship that could mean you're headed for a break up:

**1. Last place:** If you are repeatedly put at the bottom of your significant other's list of priorities, prepare for the worst. Having your S.O. choose friends or work over you every time means that he/she doesn't consider your relationship a top priority. You deserve first place, don't settle. This shows a serious lack of effort.

**Related Link:** [Celebrity Couple Gigi Hadid & Zayn Malik Call It Quits](#)

**2. At a loss for words:** When you realize that you two are having less and less to talk about it's a sign that you're growing apart. If conversations are becoming boring, or draining, it's time to rethink your relationship status. Hanging out shouldn't feel like a chore.

**Related Link:** [Celebrity Divorce: Drew Barrymore Talks 'Girlfriend Time' Post-Split](#)

**3. Not the time or place:** Sometimes it can be as simple as this—you're not at the same place in your lives. If you are both trying to pursue a career, or need to be close to your family, things can get in the way. Life gets complicated and if you are both dedicated to something that is pulling you away, it may be time to decide as a couple not to be a couple anymore.

**What are some warning signs you've learned from past break ups? Comment below!**

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# Celebrity News: Demi Lovato & Wilmer Valderrama Break Up



By [Nicole Caico](#)

In the latest [celebrity couple](#) news, after six years together, Demi Lovato and Wilmer Valderrama's [celebrity relationship](#) has come to an end. According to [UsMagazine.com](#), on Friday, June 3, both stars posted a joint statement on their Instagram accounts that read, "After almost 6 loving and wonderful years together, we have decided to end our relationship. This was an incredibly difficult decision for both of us, but we have realized more than anything that we are better as friends. We will always be supportive of one another. Thank you to everyone who has offered us kindness and support over the years." This is a [celebrity break-up](#) no one saw coming.

# In celebrity news, another celebrity couple bites the dust! What are some ways to know you are better off as friends with someone?

## Cupid's Advice:

Whether you are a Hollywood star or not, love comes and goes just the same—and sometimes it's for the better. It's not always easy to see that a break-up is beneficial when it's happening, but often times it ends up as a good thing. The love you shared as a couple has the potential to turn into a stable friendship if things go correctly:

**1. Identity thief:** This doesn't necessarily mean a significant other stealing your credit card number. It could mean losing yourself in your relationship. If you get to a point where you feel you've taken on so much of your significant other's qualities and interest over the course of your relationship, it may be time for a break or break-up. Choosing to step back from your relationship to be friends instead will allow you to rekindle your own interests before you forget what they were to begin with.

**Related Link:** [Celebrity News: Kylie Jenner Is Trying to 'Stay Strong' After Split with Tyga](#)

**2. No spark:** At the beginning of a relationship, the butterflies come easily because everything is new, but if you're a few months in and it feels more like a few years, it may be time to turn this romantic relationship into a friendship. You two may enjoy each other's company, but without a real spark, you're headed for friendship bracelets rather than wedding bands.

**Related Link:** [Celebrity News: Amber Heard Files for Celebrity](#)

## [Divorce from Johnny Depp](#)

**3. Fundamental differences:** In order to have a long lasting romantic relationship, certain things need to line up. You should like each other's families, have similar priorities, want to live in the same region—basic, necessary things like that. If you want to lead an expensive lifestyle and your significant other pinches pennies at every turn, or you need to live in a city and your significant other wants to live in the country—those may be an early indicators that you two will be better as friends in the future.

**Tell us about a time you were glad to see your friend's relationship end. Comment below!**