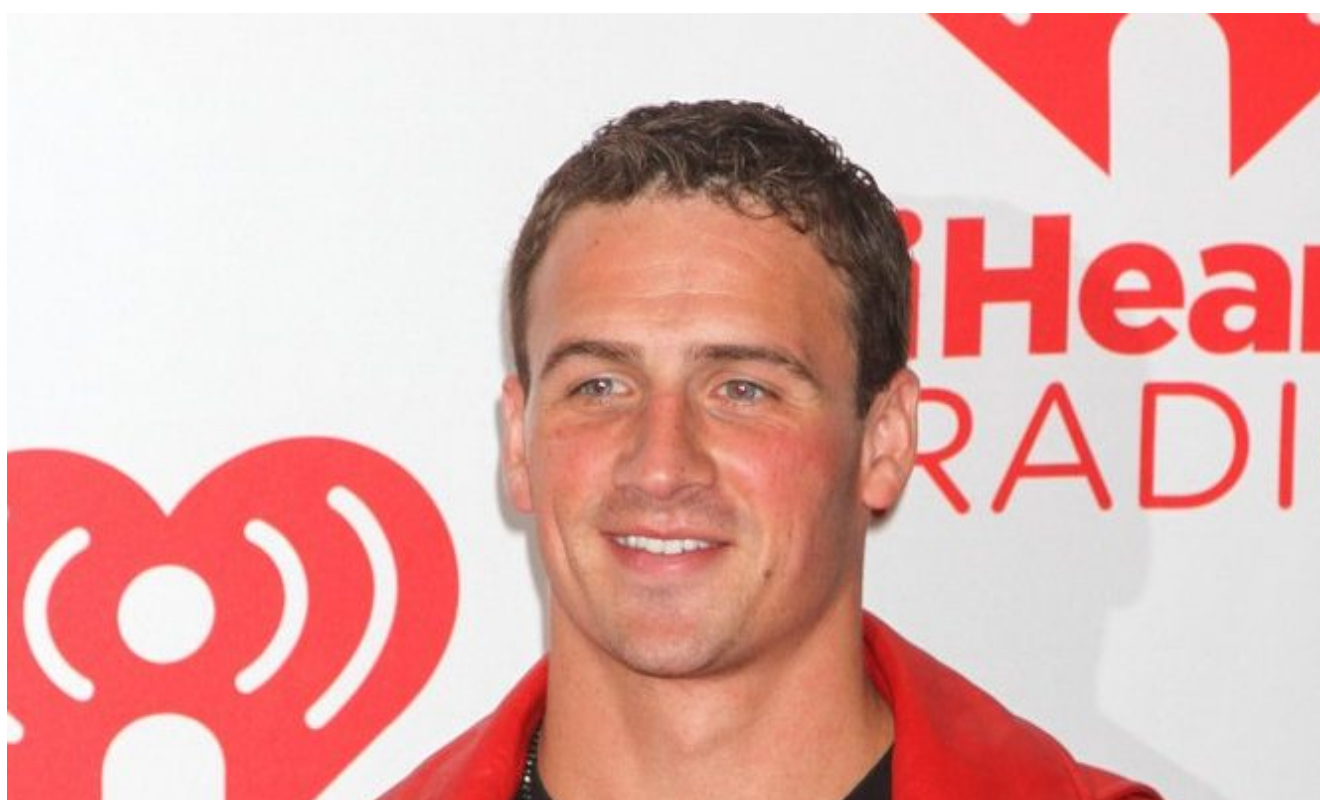


Celebrity News: Ryan Lochte 'Is Not Looking for a Relationship' During Olympics



By [Nicole Caico](#)

Apparently, Olympic swimmer Ryan Lochte's game plan is to stay single. Lochte had everyone guessing about his relationship status as he posted photos of himself and Playboy playmate Kayla Rae Reid. According to [EOnline.com](#), a source commented on the relationship between Lochte and Reid saying, "Ryan was with a Playmate. He didn't meet her on Tinder. He is on Tinder though. He thinks she is hot, that's about it." Looks like there's no [celebrity relationship](#) here. Lochte is a single celebrity playing the field.

In celebrity news, it looks like this Olympian is holding off on a serious relationship. What are some ways to tell if someone is relationship-driven or just looking to have fun?

Cupid's Advice:

There is nothing more frustrating than misreading whether someone is looking for a relationship or just looking to have fun. Here are some ways to spare yourself the heartbreak and awkward conversations:

1. Social media: Check the person's Instagram or Snapchat account to get an idea of what they're like. If every picture is with a different girl at a different party, chances are this person is just looking to have fun.

Related Link: [Celebrity News: Selena Gomez Wants a 'Low Key' Guy Who Isn't 'Terrified' Of her](#)

2. Contact: If you meet someone and they keep up conversation after meeting, this may be a sign that they are looking for a relationship. If communication is nonexistent or spotty, chances are the other person is just looking to have fun.

Related Link: [Celebrity News: Lauren Conrad Opens Up About Long Ago Split from Jason Wahler](#)

3. Ask: If you know you're just in it for a hook-up or you're in it for the long term, say something. If both of you seem to like each other, it could be worth a shot to ask. If anything, it will save you time and hurt feelings if you clear things up before they get serious.

Why are you relationship-driven or just looking to have fun?
Comment below!

Good For You and Good For The Planet Products



By [Nicole Caico](#)

Too many products on the market utilize harsh chemicals, which are not good for your health or for the environment. Luckily all-natural products are gaining popularity, because good for you and good for the planet should be the same thing.

Show your body, and the environment some love with these all natural products.



Doubling as your soap and loofa, Pura Naturals brings you their line of [Soap Infused Active Sponges](#) in citrus zest, peppermint volcano, and unscented 3-packs (\$8.99). Each plant-based sponge is all natural, and biodegradable. The sponges also repel water which makes them mold-repellent and travel friendly.

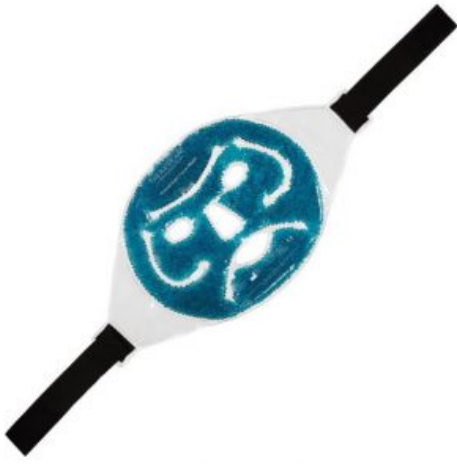


There are plenty of body lotions out there, but not many like this one. Surya Brazil sells their [Amazonia Preciosa Leg & Foot Lotion](#) to give you a one of a kind, all-natural, hydrating experience (\$34). The lotion is vegan and cruelty-

free. With natural oils, aloe, shea butter, and more Surya Brazil promises “intense revitalizing action” from this lotion.



For a fungi-fighting clean, Art Naturals offers their [Antifungal Soap with Tea Tree Oil](#) for body and feet (\$18). This wash is kind to delicate skin while alleviating itchiness associated with common conditions, like athlete's foot and psoriasis. Like other all-natural products, its ingredients are refreshingly easy to read.



Face masks are great for relaxation, and even better when they're reusable. The [TheraPearl Face Mask](#) (\$19.99) is an oversized round mask with openings for eyes, nose and mouth. With a fully adjustable Velcro strap, and the choice of heating or chilling it is extremely versatile. Heat it to open clogged sinuses, chill it to soothe tender skin, or make it a part of your facial routine.



You've never had a cleansing wipe so natural. Pre- or post-sweat, [EmerginC Scientific Organics Facial Cleansing Wipes](#) (\$19) 100% natural wipes are ideal for cleansing and removing makeup, packaged for use while at-home or on-the-go. The wipes are made from a sustainable, biodegradable, non-woven wood fiber, and are formulated with organic aloe vera, a proprietary fruit extract blend, witch hazel extract, lacto-fermented radish root and honeysuckle.



Can't skip a day without washing your hair? Now you can. [Farmaesthetics Powdered Silk Dry Shampoo](#) (\$30) all-natural herbal dry shampoo absorbs oil, lifts roots and freshens hair to extend time in-between washes. Made of just silk powder, cornstarch, lavender buds, and sea salt.

Stay natural this summer with these awesome products!

'Bachelorette' Alum Jillian Harris Welcomes Celebrity Baby Boy





By [Nicole Caico](#)

Jillian Harris, star of *The Bachelorette* season 5, officially became a mom on August 5. She and her boyfriend of more than four years, Justin Pasutto, are now parents to a baby boy. According to [UsMagazine.com](#), the [celebrity couple](#) has named their [celebrity baby](#) Leo. After finishing in third place on season 13 of *The Bachelor*, and being cheated on by her *Bachelorette* fiancé, Ed Swiderksi, Harris is now over the moon with her man and baby by her side.

There's another *Bachelorette* celebrity baby in the mix! How do you know when you're ready to have your first child?

Cupid's Advice:

Congratulations are in order for this celebrity couple! Having a child is a huge life change, and nothing can truly prepare you for it. When the timing is right, you may decide to take a leap of faith with your partner and become parents. How will you know when the time is right:

1. Ducks in a row: If you're trying to decide whether or not to have a child, a good indicator of your readiness is that most other things in your life are going smoothly. Having a baby is a huge change and commitment, so knowing that you're doing well at work, are otherwise healthy, can financially handle it, and are in a good place in your relationship can all be indicators that you and your partner can handle the risk that is parenthood.

Related Link: [How Gwen Stefani & Blake Shelton 'Rescued Each Other' Post-Celebrity Divorces](#)

2. On the same page: The biggest key to knowing when is the right to time to welcome baby number one, is the you and your significant other both want a baby. For things to go as good as they could possibly go, both people should be all in.

Related Link: [Celebrity Wedding? Enrique Iglesias Hints at Possible Marriage to Anna Kournikova](#)

3. Mindset: No matter what is going on in your life, if you are in the right mindset to make things work you can call yourself ready. Be optimistic and do your best to prepare. If you want to make a good life for your baby, your determination will get you there.

How did you know you were ready to have a baby? Comment below!

Celebrity News: Selena Gomez Wants a 'Low Key' Guy Who Isn't 'Terrified' Of her



By [Nicole Caico](#)

Singer and single celebrity, [Selena Gomez](#), talked about her ideal relationship for the September issue of *Vogue Australia*. According to [UsMagazine.com](#), after publicly dating [Justin Bieber](#) and being linked to Orlando Bloom, Gomez would be happy to have a low-profile [celebrity relationship](#). In her interview with *Vogue*, the 24-year-old says, "I'd be so stoked with a writer or producer or actor who is low-key, but those kind of guys are terrified of me!" Gomez says she believes her single celebrity relationship will remain because, "Nobody would want

to throw themselves into that situation where it was so heightened publicly, like, why would they?"

This celebrity news has us shocked that someone so successful could have trouble finding guys to date! What are some ways to attract the kind of people you'd be interested in dating?

Cupid's Advice:

Even when you're Selena Gomez, finding good guys is difficult. In order to have a successful relationship, there needs to be some level of compatibility between two people, and to find that you need to attract the right type of people. Cupid has some tips:

1. Know yourself: The first step to attracting people you'd be interested in dating is knowing what kind of people you're looking for. Evaluate what you personally need from someone you'd be dating, and only spend time with people who bring that to the table. You should also do your best to be yourself, because you'll only attract people you'd actually click with if you behave like your genuine self.

Related Link: [Celebrity News: Lauren Conrad Opens Up About Long Ago Split from Jason Wahler](#)

2. Birds of a feather flock together: Know what type of person you're looking to date, and go to a place where you'd find those type of people. If you're not into partying, don't go looking for your prince charming in a bar. If you're looking to date someone fit, hit the gym. If you're looking to date

someone who works hard, consider someone in your work place or someone a co-worker knows.

Related Link: [Why Rihanna & Drake Haven't Made Their Celebrity Relationship Official](#)

3. Keep an open mind: While knowing what your ideal man or woman would be like is important, it is also important not to count people out because they don't check all of your boxes. Keeping an open mind and considering more than one time of person will give you many more people to choose from, and you'll attract more suitors.

What do you do to attract the right type of people? Comment below!

Celebrity News: 'Bachelor' Ben Higgins Offers Advice to Ex JoJo Fletcher & Fiance





By [Nicole Caico](#)

On Monday, August 1, this season of *The Bachelorette* came to a close with [JoJo Fletcher's](#) engagement to Jordan Rodgers. But the end of the season means it was time for an episode of *After the Final Rose*. The reunion, known to be a bit tense, got a bit awkward when Fletcher's ex, Bachelor [Ben Higgins](#), weighed in on the new [celebrity relationship](#). Seated next to his fiancé, Lauren Bushnell, Higgins addressed the new [celebrity couple](#). According to [UsMagazine.com](#), Higgins gave advice saying, "If you're getting criticism, you're doing something. And you're trying to make your relationship work...Just support each other, love each other, and a couple months out of it, you're going to look back and smile."

This celebrity news has us grinning a bit! What are some ways to give advice to a friend having

relationship questions?

Cupid's Advice:

Friends give friends relationship advice. Knowing you have someone to help you navigate relationship issues is one of the best parts of a friendship, but it's also a lot of pressure. You don't want to steer your friend wrong:

1. Know your friend: When giving your friend relationship advice, it is important to remember key things about them. Your job is to serve as their conscience when they're being swayed by emotions. Try to lead them to a decision they'd make on their own.

Related Link: [Celebrity News: Josh Groban & Kat Dennings Break Up After 2 Years of Dating](#)

2. Hands off: Give your friend as much advice as they will listen to, try to protect them, but remember not to smother them. Give the advice you have and then lay off for a while. You want the best for your friend but being overbearing can cause a fight between you two.

Related Link: [Celebrity News: Keshia Knight Pulliam Announces Pregnancy At Same Time Her Husband Files For Divorce](#)

3. Be honest: The number one way to help your friend with relationship questions is to answer honestly. Tell them you don't like the person their interested, or when they are getting lost in their relationship. Keep it real, it's your job.

How do you give friends relationship advice? Comment below!

Celebrity Couple News: 'Bachelorette' JoJo Fletcher Chooses Her Man



By [Nicole Caico](#)

It's been a whirlwind seasons of *The Bachelorette*, and [JoJo Fletcher](#) is finally in the arms of her true love, the last man standing, Jordan Rodgers. These two took their [celebrity relationship](#) to the next level on the season finale, proclaiming their love to each other and Rodgers getting down on one knee. He slipped the ring on Fletcher's finger and a new [celebrity couple](#) was born. [UsMagazine.com](#) reports, that despite telling runner-up, Robby Hayes, Fletcher said, "I woke up this morning wanting it to be you." Fletcher chose Rodgers

to the be winner of the show and her heart.

It's a celebrity couple *Bachelorette* engagement! What are some ways to propose in the most romantic way possible?

Cupid's Advice:

This celebrity engagement was not only heartfelt, but also extremely beautiful. Even if your proposal doesn't have a set designer, there are so many ways to have it be a memorable and romantic moment. Think outside the box to create a memory that will last a lifetime:

1. Just you two: Proposing in front of a lot of people may seem like a romantic move, but nine times out of 10, a one-on-one moment will be much sweeter. You'll have plenty of opportunity for attention after you announce the engagement, so consider proposing in a private setting or with just close friends and family in your audience. Plan a couples' vacation and propose at some point during the trip, or make a meal at home, set the room with flowers, and propose there. Let the moment be just for the two of you.

Related Link: [Iggy Azalea Clarifies Celebrity Relationship with French Montana](#)

2. Speak from the heart: Nothing can make a proposal more romantic than letting your true feelings out. Think about what you want to say beforehand. It doesn't have to be written out, but you should know what point you want to make. Talk about your favorite memories, and why you love each other. No matter what setting you're in sweet words will make your proposal romantic, for sure.

Related Link: [Celebrity News: 'Bachelorette' Contestant Chase McNary in the Running to Become Next Bachelor](#)

3. Keepsake: Whether it's a video or photo documenting the engagement or a memento you used to propose, incorporate a lasting element into your proposal plans. Create a photo album of things you've done together, make a short storybook about your relationship, or simply have someone there to take a picture when you pop the question. Showing that you put a lot of thought into the proposal is super romantic, and having something to look back on after the moment has passed will preserve the romance forever.

What's your dream proposal? Comment below!

Iggy Azalea Clarifies Celebrity Relationship with French Montana





By [Nicole Caico](#)

Nothing to see here! After leaving together from [Jennifer Lopez's All I Have](#) show at Caesar's Palace, Iggy Azalea and French Montana were rumored to be headed for a [celebrity relationship](#). According to [EOnline.com](#), Azalea silenced dating rumors after the 2016 Maxim Hot 100 party saying, "No, we're [just] collaborating." So it looks like the rappers are not a [celebrity couple](#) after all.

Apparently there's no celebrity relationship to be found here. What do you do in the face of relationship rumors involving yourself?

Cupid's Advice:

Rumors spread fast, and it when a relationship rumor involves

you, only you can shut it down. Here's how to end the rumors before things go too far:

1. Ally: A relationship rumor has to involve you and at least one other person. The first step to successfully shutting down a relationship rumor without hurting feelings is to contact all parties involved and get on the same page. If each person involved is disseminating the message that there is no real relationship, the rumor should die out rather quickly.

Related Link: [Celebrity News: Lindsay Lohan Acts Casual Over the Rumors Surrounding Fiancé Egor Tarabasov](#)

2. Use your resources: Giving your most talkative friend all the correct information can almost guarantee that the rumor will get shut down. When people want the gossip, they won't come to you directly; they'll probably chat up your closest friend. Feed your friend the right lines and that information is what people will run with.

Related Link: [Celebrity News: 'Bachelorette' Contestant Chase McNary in the Running to Become Next Bachelor](#)

3. Distract from the gossip: If all people are concerned with is your rumored relationship, give them something else to talk about. Make posts on your social media accounts that are about other bigger and better things you've got going on. Hopefully people will start talking about your new job or most recent vacation instead of the supposed relationship drama.

How did you react to relationship rumors you were involved in? Comment Below!

Celebrity News: Josh Groban & Kat Dennings Break Up After 2 Years of Dating



By [Nicole Caico](#)

It's the end of the line for Josh Groban and Kat Denning's [celebrity relationship](#). After spending two years as a [celebrity couple](#), the two stars are calling it quits. According to [EOnline.com](#), a source said, "It was a mutual breakup. They are still friends and care about each other, but it's not the right time for them now as a couple." Both Groban and Denning will be busy with projects this coming fall, but there is no doubt it will take some time to recover from the split.

In celebrity news, this duo is no more! How do you know when your relationship is over and it's time to move on?

Cupid's Advice:

Break ups are never pleasant. Even if it's mutual, like Josh Groban and Kat Denning's, breaking up always leaves someone sad. But, there is a time and place for everything after all, and it's important to know when your relationship is over and it's time to move on:

1. Changed for the worse: You know it's really time to call it quits on your relationship when you've had discussions with your partner and they make no change—or change for the worse. Every person is annoying in their own special way, and in a relationship you learn to deal with the other person. But when you have already had a few heart to hearts about needing more communication or wanting more support, and your other half makes no effort to give that to you, that's a big red flag. It's time to walk away.

Related Link: [Celebrity News: 'Bachelor' Star Michelle Money Reveals Her Teenage Pregnancy](#)

2. Timing: It may sound like an excuse, but if the timing is not right, you may have to call things off. Your career is taking off and his career is, too, but they're taking off in two completely different directions. If you have to sacrifice opportunities or move somewhere, you don't want to or can't afford it may be time to call it quits.

Related Link: [Celebrity News: Kanye West Opens Up About Kim's Nude Selfies](#)

3. Fizzling out: If the thought of spending time with your partner no longer gets you excited, or if you both don't miss each other while you're apart, it could be a sign that your relationship is fizzling out. A dip in chemistry may be no fault of either person involved, but may be a reason to walk away from the relationship to find a new flame somewhere else.

How did you know it was time to end your relationship? Comment below!

Product Review: Celebrity Style Goes to The Beach



By [Nicole Caico](#)

There is no denying that [Kate Hudson](#) is en route to becoming one of the most fit celebrities in Hollywood. On a recent trip to Skiathos Island, Greece, Hudson was spotted rocking her fit bod ... and also rocking an Oyala Beach bikini.

Celebrity style doesn't stop at clothing items. In fact, edgy designer bathing suits take celebrity style from the streets to the beach.



Photo: Oyala Beach
Swimwear

Hudson made a bathing suit fashion statement in the *Mars* bikini from [Oyala Beach Swimwear](#) (\$189). This string bikini, with color blocking, and gold metal accents brings the eye to all the right places. Take a cue from Hudson and choose a classic swimsuit with a small twist. Whether it be metal accents, braided details, or a beautiful pattern on a classic cut suit.

It's time to ramp up your summer style game and take a cue

from celebs like Kate!

Product Review: A High Chair for All Ages



By [Nicole Caico](#)

Nothing takes up more room in your kitchen than a baby's high chair. When it's time for your little one to sit down for a meal, the high chair may not seem like such an obstacle, but for a majority of the time, it's empty and just taking up space.

The solution? Provide one seat that doubles in use for baby and adult!

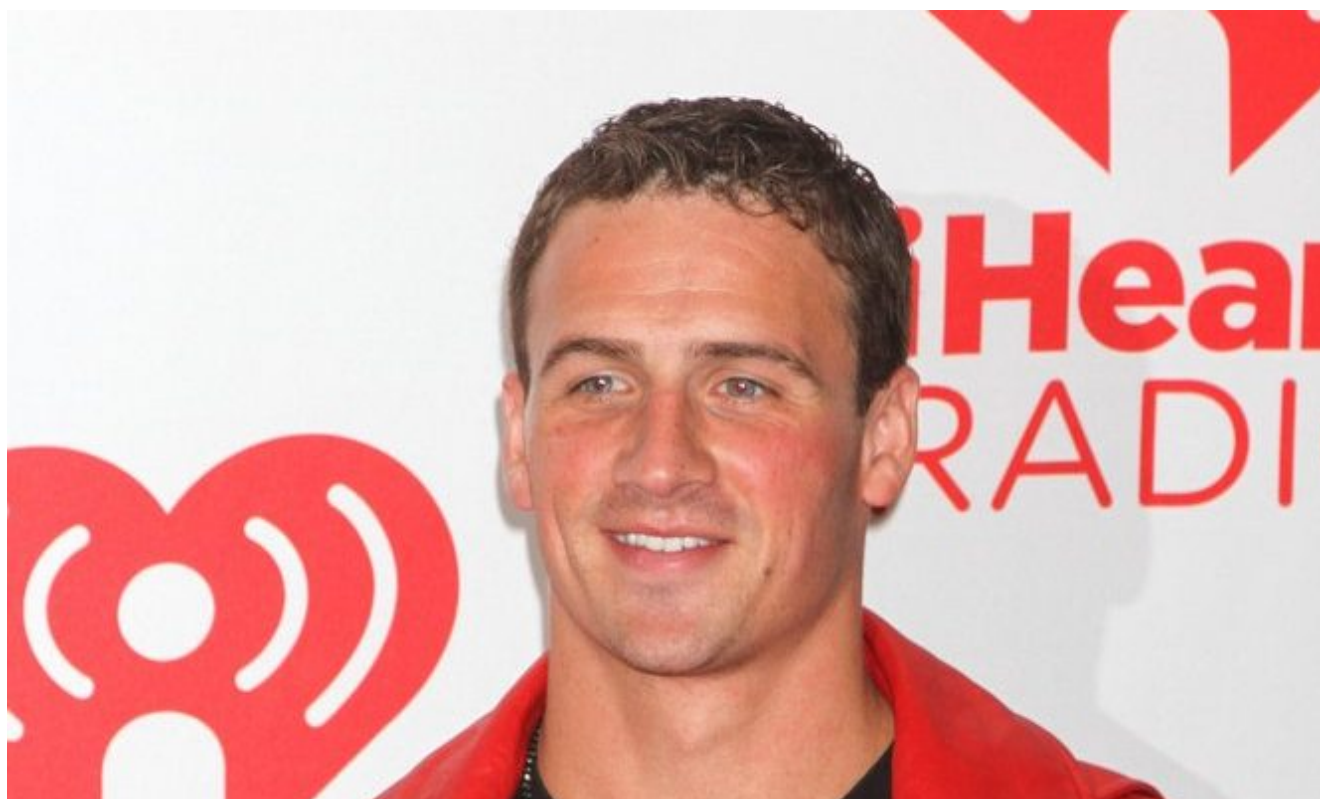
The [Beyond Junior Y High Chair](#) from Abie can accommodate everyone from baby to adult. Instead of having to push a bulky high chair into a corner when guests come over, the Beyond Junior chair can be quickly transformed into a seat for your older guests. It's easy to clean, with a waterproof seat cushion and one hand removable tray that can be easily put in the dishwasher. It's also easy to fold for travel or storage.



You can find the Beyond Junior Y High Chair at varying prices, depending on the retailer, all just shy of about \$200. If you're planning to buy a high chair for your little one, the Beyond Junior chair is an investment. It will transform to fit your needs and your child's as they grow.

This high chair is a must-get! Check out our other product reviews [here](#).

Last Picks on Summer Beauty Products



By [Nicole Caico](#)

The summer is winding down, but there is no reason not to make the most of what's left. If the summer products you stocked up on in June are running low right about now, there are still some great products to help you get through the rest of the summer.

You won't want to miss out on these pivotal summer products!



For Lips: Nothing says summer better than a bright, bold lip. The Black Up Cosmetics [Neon Kiss Lip Sets](#) (\$29) includes three bold shades, as well as jumbo lip pencil and pencil sharpener. It's great for everyday wear or date night makeup.



For Eyes: Another summer makeup essential? Anything waterproof. Black Up Cosmetics [Waterproof Smoky Kohl Pencil](#) (\$19) comes in 10 waterproof shades, to help you maintain your summer eye look in the harshest of humidity or on the beach.



For Face: Summer is almost over, but there are plenty more hot days to come. Outsmart your climate and keep your face looking matte and flawless with Black Up Cosmetics [Anti-Shine Loose Powder](#) (\$32), which comes in five different shades. Mattifying powder is one of the best summer beauty tricks.



For Skin: The scent of coconut is a signature summer smell. To keep your skin from peeling or drying out after long days in the sun, there is [Fruit Fusion Coconut Water Energizing Body Lotion](#) (\$9.99). The added perk of the product is that, like all Shea Moisture products, it is organic and not tested on

animals.



For Skin: Summer clothes mean showing skin, skin, and more skin. When moisturizing alone doesn't do enough, get baby soft skin with [Shea Moisture's Superfruit Complex Hand & Body Scrub](#) (\$9.99). This organic exfoliating scrub will give you shiny, smooth, summer legs.



For Body: Whoever said water isn't a summer beauty product was way off. Keeping yourself hydrated will benefit your body and

keep your skin glowing from the inside out. Looking to help yourself and the planet? [Just Water](#) retails for \$0.99 in most stores and is one of the most sustainable water bottle designs on the market. Calvin Harris, Will Smith, Jada Pinkett Smith, and their son Jaden Smith are some celebs who back the company.

Get rid of the summer blues, and get ready to use some of these great products!

Celebrity News: 'Bachelorette' Guy Cut by JoJo Fletcher in Fantasy Suite





By [Nicole Caico](#)

At the beginning of this week's episode of *The Bachelorette* it seemed like all three guys still had a fair shot at a [celebrity relationship](#) with [JoJo Fletcher](#), but by the end, one of them was sent packing. Jordan, Robby, and Chase were the three lucky men who made it to the fantasy suite. It turns out that Chase was the one unlucky man to be sent home. [UsMagazine.com](#) reports that Chase proclaimed his love for JoJo, and she responded with, "When you said that to me, in my heart and in my gut, I don't think I felt what I thought I was gonna feel. I don't know if I'm in the same place as you. I don't know if spending this night together would change that feeling, and I almost feel like it would be unfair." Chase, rightly upset, left the show. JoJo made it clear that she is not interested in becoming a [celebrity couple](#) with Chase.

This celebrity news has us cringing a bit! What are some ways to let

someone who is interested in you go?

Cupid's Advice:

It's always endearing to know that someone is interested in you. As flattering as it may be, there comes a time when you've got to let the person know that the feeling isn't mutual. No use putting it off. Cupid is here with some [dating advice](#):

1. Remain unavailable: Before jumping into the full on "it's not you, it's me" convo, see if the person crushing on you can take a hint. When they text you, don't answer right away—and sometimes don't answer at all. Answering immediately and consistently usually conveys that you're interested, so doing the opposite may allow the person to catch on to your lukewarm feelings.

Related Link: [Celebrity News: Mila Kunis Opens Up About Beginning of Romantic Relationship with Ashton Kutcher](#)

2. The other man: If the person pursuing you is someone you're friendly with or talk to regularly, get on the topic of relationships and try to casually mention another guy you're interested in. If you make it seem like you're confiding in this friend for advice on another guy or girl, they'll have to understand that your interest is elsewhere.

Related Link: [Celebrity News: Calvin Harris Hangs with Tinashe After Split from Taylor Swift](#)

3. Be honest: As awkward as the conversation might be, being honest is the best way to go about it. Just telling the person, "Hey, it seems like you're interested in me, but I'm not looking to date anyone" will clear up the whole situation. Being honest is also the best way to avoid hurting someone. Be

honest, and remember—don't apologize—you're just not interested.

How do you go about telling someone you're not interested? Comment below!

Celebrity News: Calvin Harris Hangs with Tinashe After Split from Taylor Swift



By [Nicole Caico](#)

The drama between Calvin Harris and [Taylor Swift](#) has only just begun winding down, and already there are [celebrity dating](#) rumors circulating about Harris and Tinashe. According to [EOnline.com](#), a source said, “They have always kept in touch, but recently more since his breakup with Taylor. Work and feeling healthy is number one for him now. He wants the storm to pass with Taylor before he can even think of dating another woman seriously.” It seems Harris and Tinashe aren’t exactly in a [celebrity relationship](#) yet, but Swift is definitely out of the picture.

In celebrity news, it may be time for Calvin to move on from Taylor! How do you know when you’re ready to move on from a past relationship?

Cupid’s Advice:

Moving on from a relationship can be difficult, especially if you’re like Calvin Harris and Taylor Swift and have a lot of lingering drama. But, change can be a good thing. Cupid has some tips:

1. Looking back: If you can reflect on your past relationship without breaking down, you’re ready to move on. Being able to appreciate the good parts of a past relationship, and being able to acknowledge what you’ve learned from the bad parts means that you have enough emotional distance from the relationship to move on.

Related Link: [Celebrity Couple News: Lady Gaga & Taylor Kinney Split](#)

2. Independence: Losing yourself in a relationship is a huge

mistake. If you feel like you've lost good parts of your identity during your relationship, it's time to end it and reclaim those pieces. You'll know you're ready to move on when you realize that you need to invest in yourself.

Related Link: [Johnny Depp Files to Keep Celebrity Divorce Proceedings Private](#)

3. Reaching your true potential: You'll know it's time to move on when new opportunities come your way, and you get excited about them. When all that's on your mind is the prospect of a new job, a promotion, a new apartment, or even a new relationship, you'll see that it's time to embrace the future and leave the past behind you.

How did you know when it was time to move on? Comment below!

New Celebrity Couple? Iggy Azalea & French Montana Get Cozy at Vegas Club





By [Nicole Caico](#)

Rappers Iggy Azalea and French Montana were spotted partying together Saturday night into Sunday morning. Are they possibly a new [celebrity couple](#)? Azalea, who recently ended her [celebrity relationship](#) and engagement with basketball player, Nick Young, was seen leaving with Montana from the Jewel nightclub at Aria Resort & Casino. According to [EOnline.com](#), the two celebs “attended Jennifer Lopez’s *All I Have* residency show at Caesar’s Palace together” beforehand.

There may be a new celebrity couple in the works! What are some ways a one night fling can turn into a long-term relationship?

Cupid’s Advice:

The number of people you know who ended up engaged because of a one night stand might be a very low number, but that doesn’t

mean a hook-up can't turn into a relationship! Here are some ways to turn your one night fling into an every night fling:

1. All about the follow up: Make sure you've got a name and a phone number, and once you, do don't be afraid to use it. Wait a day or two, then text or call your one-night-boo. Let her or he know you had a good time, and make plans to meet up again. If you don't contact your hook-up, there is no way a relationship will form between the two of you.

Related Link: [Celebrity Wedding: Miranda Kerr Is Engaged to Snachat CEO Evan Spiegel](#)

2. Make your intentions clear: Ideally this would have been done before the one-night festivities began, but it's never too late to define the hook-up. Let the person know that you may be looking for something long-term. Who knows? Maybe they are, too.

Related Link: [Celebrity News: 'Bachelor' Alum Ben Higgins Is Running for Office in Colorado](#)

3. Play it cool: If you put yourself out there and the person you hooked up with isn't responding at all, drop it. Coming on too strong after a one night fling could freak the other person out. Give them some time before you get angry.

How did your one night fling turn into a long-term relationship? Comment below!

Product Review: Everyone

Wants To Be An HourGlassAngel



This post is sponsored by HourGlassAngel

By [Nicole Caico](#)

If you've heard nothing about waist trainers, that's definitely a surprise! Whether you're a new mom like [Chrissy Teigen](#), or just a woman who desires an hourglass figure like [Khloe Kardashian](#), HourGlassAngel waist trainers are making headlines everywhere.

Product Review Of The HourGlassAngel Waist Trainer

Waist training is one of the hottest new trends, and while

it's not a workout supplement, it can help increase fitness results. HourGlassAngel.com sells two types of trainers: one to be worn during workouts and one to be worn daily, for several hours in a row. The waist trainers, or cinchers, come in a variety of colors and designs.

While many celebrities praise the results of the waist trainer, many women are weary because they don't know exactly how they work. "Waist training, by definition, is the practice of wearing a corset or waist cincher regularly to instantly slim your waist, while also supplementing a fitness goal of reducing your natural waist size," explains Ruben Soto, CEO of *HourGlassAngel.com*. "Some women choose to do it only when working out, because many styles like the [Amia Active Band](#) are designed to increase perspiration and maximize any physical activity. Others wear a waist trainer for long hours every day like the [Amia Classic Cincher](#). The more you wear it, the more dramatic the results." Soto also mentions that your waist trainer should feel "snug," but if it is painful or interferes with your breathing, it should be immediately taken off and exchanged for a different size. All trainers need to be worn consistently and paired with healthy diet and exercise to maintain results.

Whether you want to bounce back after having a baby, or just improve your shape overall, investing in an HourGlassAngel waist trainer can help you reach your goal.

Product Review: Listen To Your Baby's Heartbeat On

Repeat With “My Baby’s Heartbeat Bear”



This post is sponsored by “My Baby’s Heartbeat Bear”

By [Nicole Caico](#)

Hearing your baby’s heartbeat on an ultrasound is one of the most precious sounds in the world. Most expectant moms would listen to their baby’s heartbeat over and over again if it were possible. Well, now it is! Former *Bachelorette* star turned celebrity mom, Ali Fedotowsky gave us the [celebrity news](#) about a product called [My Baby’s Heartbeat Bear](#) on her blog [AliLuvs.com](#).

Listen To Your Baby's Heartbeat Forever With 'My Baby's Heartbeat Bear'

The former reality TV star is in her last month of pregnancy and mentioned the "My Baby's Heartbeat Bear" as a must-have item for her nursery. Here's how it works. Expectant moms can choose a Heartbeat Buddy in the shape of a giraffe, teddy bear, hippo, elephant, monkey, lamb and much more. With all of the options offered, there is a Heartbeat Buddy to match every nursery. You can even coordinate the color of the stuffed animal for gender reveals.

Each stuffed animal comes with a heart shaped recorder that can be taken to an ultrasound appointment in order to record the sound of the baby's heartbeat. Once the sound is captured, the recorder is placed inside the stuffed animal, which is then tied and velcroed shut. From that point on, anytime Mom wants to hear the sound of her baby's heartbeat, she can squeeze her Heartbeat Buddy and feel the excitement all over again, and again, and again.

If you're expecting, now is the time to look into buying "My Baby's Heartbeat Bear".

GIVEAWAY ALERT: One lucky reader will now have the chance to win a My Baby's Heartbeat Bear by entering our giveaway! The bears are going fast. To enter, complete the form on our Contact Page. Pick "Giveaways" in the drop-down menu and include your name and address as well as "My Baby's Heartbeat Bear" in the message field. Our giveaway ends at 5 p.m. on August 8.

Bethenny Frankel Is 'Ecstatic' After Finalizing Celebrity Divorce



By Nicole Caico

It's finally over – the [celebrity divorce](#) of Bethenny Frankel and Jason Hoppy, that is. According to [UsMagazine.com](#), “Three years and six months after they first announced their split, Bethenny Frankel and Jason Hoppy have finalized their divorce.” Neither Frankel nor Hoppy commented, but legal representatives for the former [celebrity couple](#) vouched for their relief upon settling. Frankel is looking forward to selling her Tribeca apartment.

This celebrity divorce has been 4 years coming. What are some ways to streamline your divorce proceedings?

Cupid's Advice:

Making the decision to divorce from your partner is difficult enough, but when the divorce process drags on for years, that's about as bad as it gets. Making your divorce as swift a possible subsequently makes it as painless as possible. Cupid has some tips:

1. Stay on top of it: Know what papers you need to have, communicate with your legal team, and show up on all necessary dates. Staying organized and making it to all court dates will eliminate bumps in the road and setbacks.

Related Link: [Celebrity News: Lea Michele & Robert Buckley Split](#)

2. Keep a level head: Letting your anger take control of you and fighting for every last thing in your divorce will undoubtedly slow the process. Try to remain calm, cool, and collected. Know what you absolutely need to get out of the process, but also know what you are willing to compromise on.

Related Link: [Celebrity News: Calvin Harris Goes Off on Ex Taylor Swift on Twitter](#)

3. Be patient: When it comes down to it, you can be 100% on top of your stuff, have a great legal team, and still have a slow divorce. A lot depends on how the other party is handling things. If you're on speaking terms with your ex-to-be, try your hardest to see eye to eye. If not, just be patient during the process—there's only so much you can control.

How did you streamline your divorce proceedings? Comment below!

Celebrity News: 'Bachelorette' Contestant Robby Cries About JoJo Fletcher Hearing Rumors About Past Relationship



By [Nicole Caico](#)

Contestant Robby Hayes is one of the last men standing on this season's *The Bachelorette*. Hometown dates were on the July 18 episode, and according to [UsMagazine.com](https://www.usmagazine.com), Hayes' mother informed him while he was home, "Your ex's roommate has made it look like you broke up to go on the show." This isn't the first time Hayes' past relationship with Hope Higginbotham has threatened the possibility of his new [celebrity relationship](#) with [JoJo Fletcher](#). Higginbotham's roommate, Alex, and ex-contestant Chad Johnson have both claimed that Hayes ended the relationship to go on *The Bachelorette*.

This celebrity news has us indulging in the reality TV drama. What are some ways to keep things that happened in your past relationship out of your new relationship?

Cupid's Advice:

No matter how long or short a past relationship lasted, pieces of what happened between you and your ex can bounce around in your mind for a long time after. Don't let side effects from your last relationship spoil something good you have going on now. Cupid has some [dating advice](#):

1. Cut ties: If you haven't already, cleanse your life of your ex. Unfollow your ex on social media, block them if necessary, and delete the contact information in your phone. Communicating with your ex, or seeing posts, will keep re-opening your history. In order to keep your past relationship out of your new relationship, follow an "out of sight out of mind" based strategy.

Related Link: [Celebrity News: Patti Stanger Talks 'Bachelorette' and Dating Tips](#)

2. No deja vu: Don't bring up the topic of your ex to your new significant other out of the blue. If you're visiting a place you used to go with your ex, try to keep that to yourself. If you're in a fight and your new significant other says or does something that your ex used to do, don't point it out. The moral of the story is, you're in a new relationship with an entirely new person. Your new boo shouldn't have to feel constantly compared to or reminded of the last person you dated.

Related Link: [Celebrity News: 'Bachelorette' Star JoJo Fletcher Says Chad 'Wasn't Meant to Be My Husband'](#)

3. Move on: Focus on what makes your new relationship different or better than your last and dwell on that. You should be looking ahead, and planning new experiences with the person you're involved with now. Remind yourself that what's done is done and move forward without baggage.

Have you ever let drama from a past relationship creep into your new relationship? Comment below!

**Celebrity Couple News:
Leonardo DiCaprio & Nina
Agdal Get Cozy on Malibu**

Beach



By [Nicole Caico](#)

New [celebrity couple](#) [Leonardo DiCaprio](#) and model Nina Agdal flaunted their budding [celebrity relationship](#) in Malibu on July 14. This gorgeous couple continues to give us [celebrity vacation](#) envy, as this [romantic getaway](#) in Malibu was preceded by vacations in Montauk, New York and a private Island in the Bahamas. According to [UsMagazine.com](#), the paparazzi caught DiCaprio "as he leaned in for a full-on make-out session," but a source has said their the relationship is "super casual."

This celebrity couple isn't shy in

public! What are some unique ways to enjoy a romantic vacation with your partner?

Cupid's Advice:

A romantic vacation is always a good idea. Put your heads together and plot your perfect getaway. There is the perfect vacation for every couple, so find yours and enjoy it:

1. Pick your destination: You love the beach, and your partner loves the city. The first step to enjoying a romantic vacation with your partner is to pick a place you'd both enjoy. Be willing to compromise, and remember that no matter where you go, it will be new and exciting.

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2. Travel buddies: A unique and romantic getaway doesn't mean you have to travel as a party of two. Consider going on vacation with another couple you're friends with. That way you can go out at night to party with friends, or do fun outdoor activities as a group. Going in a group won't stop you from having romantic time together. You can still spend time paired off, and on your own.

Related Link: [Celebrity News: Jennifer Aniston Slams Pregnancy Rumors, Paparazzi & More](#)

3. Wow factor: When planning your trip, be sure to schedule at least one activity that will take you out of your comfort zone and maybe even make a great Instagram picture. Doing something new and risky is a sure fire way to keep your romantic getaway unique.

What is your dream couple vacation? Comment below!

Courtney Stodden Suffers Miscarriage of Celebrity Baby



By [Nicole Caico](#)

[Celebrity couple](#) Courtney Stodden and Doug Hutchison are coping with the loss of their unborn [celebrity baby](#). Stodden, 21, recently confirmed that she was expecting in May. According to [UsMagazine.com](#), Stodden's rep put out a statement addressing the miscarriage on July 17, saying, "It is with a heavy heart to inform you that last week Courtney Stodden suffered a heartbreaking miscarriage. Courtney and her husband, Doug, are at an emotional loss for words and are using this time to grieve with their close family and

friends.”

Courtney Stodden is broken hearted over the loss of her celebrity baby. What are some ways to support a mother who has experienced loss?

Cupid's Advice:

It is no secret that miscarrying is emotionally traumatic for an expecting mother or couple. Unfortunately, there is no way to change the situation, but supporting a woman or couple going through this experience can make a difference:

1. Share stories: Miscarriages are more common than many people know, and even though many women do not talk about their miscarriages, there is still a stigma. In order to help a mother who has experienced this loss, have other women share their experiences with miscarriages. Whether you read stories online together or have friends and family talk about it, sharing this information should help her realize that her miscarriage is not her fault, and that she is not alone.

Related Link: [Celebrity Couple Rob Kardashian & Blac Chyna Tease New Reality TV Show with Instagram Post](#)

2. Don't dwell: It is extremely important to acknowledge and talk about the emotional pain that your friend or family member is going through after this loss, but do not harp on it. Let her start the conversation. You won't know if she is ready to tell you about it, or if she can emotionally handle talking about it, unless she starts the conversation. Constantly revisiting the topic might make her feel worse.

Related Link: [Celebrity News: 'Bachelorette' Star JoJo Fletcher Says Chad 'Wasn't Meant to Be My Husband'](#)

3. Look toward the future: A miscarriage does not mean the end of hope for parenthood. Encouraging this woman or couple to continue hoping for the baby they've always wanted will hopefully lift their spirits. Remind them that this loss is not a failure and that they should continue looking forward.

How have you, or someone you know, coped with a miscarriage? Comment below!

Celebrity News: 'Bachelorette' Star JoJo Fletcher Says Goodbye to Two Suitors Pre-Hometown Dates





By [Nicole Caico](#)

On this week's episode of *The Bachelorette*, [JoJo Fletcher](#) sent home Alex and James. According to [UsMagazine.com](#), while Robby got the rose at the end of this week's group date, Jordan is looking like the front runner in the competition to become the other half of JoJo's [celebrity couple](#). Remaining competitors Chase, Robby, Jordan, and Luke will have to pull out all the stops in the upcoming hometown dates when JoJo will travel with them to meet their families.

In celebrity news, the hometown dates on *The Bachelorette* are almost upon us! What are some ways to prepare to meet your partner's family?

Cupid's Advice:

No matter who you are, meeting your partner's family is probably one of the most nerve wracking things you'll ever have to do. Even if you know that the family who raised the amazing person you're with must be the nicest people on the planet, being nervous comes naturally. First impressions are important, so it's best to prepare as much as you can before meeting your partner's family:

1. The family tree: Before meeting your partner's family, ask your partner some questions about them, especially if you're meeting extended family and not just Mom, Dad, and siblings. Hearing some names beforehand will help you to feel familiar upon arrival, and some background won't hurt either. Who is on what side of the family? What ages are your partners' siblings? Get some info.

Related Link: [Former Celebrity Couple Kate Hudson & Matt Bellamy Reunite for Son's Birthday](#)

2. Contribute: Most people consider showing up to a first meeting with the family empty handed a mistake. First impressions are important, and it's beneficial to be as polite as possible. Bring your significant other's family flowers or a dessert. What you bring does not have to be extremely personal or a gift wrapped present, just bringing something to show you made an effort can go a long way.

Related Link: ['Bachelor' Sean Lowe Is Digging Dad Life with Newborn Celebrity Baby](#)

3. Take a deep breath: Above all, just be yourself. It is worth it to prepare, but there is only so much you can do. Put on some nice clothes, grab a small gift, review names of family members, and just breathe.

How did your first meeting with your partner's family go? Comment below!

Russell Wilson Reveals 'Best Part' of His Celebrity Wedding Day



By [Nicole Caico](#)

Ciara and Seattle Seahawks QB Russell Wilson said “I do” at their [celebrity wedding](#) in England last week. According to [EOnline.com](#), Ciara wore a custom Roberto Cavalli Couture by Peter Dundas and there were over 100 guests in attendance. In front of many friends and family members, this [celebrity couple](#) took their [celebrity relationship](#) to the next level, and Wilson said the best part was “just to see her face and

the long train she had. And then Earth, Wind and Fire took the night away.”

This celebrity wedding story has us swooning. What are three reasons to have a large wedding celebration?

Cupid’s Advice:

Take a page out of the Wilson’s book and plan a large wedding celebration. All of their friends and family were in attendance, and yours should be, too. There’s no reason to skimp on your big day, so here are three reasons to have a large wedding celebration:

1. Lower stress: Having a large wedding celebration may sound *more* stressful, but it just might be less stressful. There is nothing worse than sitting down to make a guest list, deciding it’s too long, and having to cross people off. Chances are if you put the person on the list, you don’t want to cross them off. Planning a large wedding will save you the terrible feeling of crossing a friend off your list, and will also save you and your betrothed many arguments over the number of guests.

Related Link: [Celebrity News: Justin Bieber Hangs with Selena Gomez Look-alike in Miami](#)

2. All the pieces of the puzzle: Whether a large wedding celebration refers to the actual number of people in attendance or just the general grandeur of the event, go big. Plan a budget that is within your means, but also allows you to have everything you want on your big day. Planning a large wedding celebration will ensure that every aspect will be the way you pictured it. You shouldn’t skimp on your guest list, dress, food, or decor if you don’t have to.

Related Link: [Celebrity News: Lea Michele & Robert Buckley Split](#)

3. Party time: If there is no other reason, plan a large wedding celebration because at the end of the day, it's a party! Let loose and celebrate this new chapter in your life with all the people who are important to you. You can't have an awesome party with only 50 people, so just go for it!

Would you prefer or a small or large wedding celebration? Why? Comment below!

Celebrity Wedding: Christian Siriano & Brad Walsh Marry in Romantic Ceremony





By [Nicole Caico](#)

On Saturday, July 9, designer Christian Siriano married his fiancé Brad Walsh. The [celebrity wedding](#) took place outside in Danbury, Connecticut and was officiated by actress Kristen Johnston. Siriano, season four winner of *Project Runway*, and his betrothed wore all black and it was requested that guests wore all white. According to [UsMagazine.com](#), the [celebrity couple](#) had the receptions catered by Certe and Siriano's favorite food, lobster, was among the dishes served.

This celebrity wedding was unique and personalized. What are some ways to personalize your nuptials?

Cupid's Advice:

The Siriano-Walsh wedding had tons of style and incorporated so many personal touches. Take a page out of this celebrity couple's book, and personalize your nuptials:

1. Venue: If you're looking to personalize your wedding, start at square one—with the venue. Where you chose to have your wedding can say a lot about you and your betrothed. If you're traditional or religious, you may choose to get married in a place of worship. If you're both outdoorsy, have your ceremony on a beach or in a field. If you're adventurous, plan a destination wedding. Let the setting of your ceremony be the backdrop for who you two are as a couple.

Related Link: ['Bachelorette' Alum Ali Fedotowsky Gives Birth to Celebrity Baby Girl](#)

2. Food: Personalizing your food is a basic, but important part of your wedding. If you grew up in a family that is connected to their culture, let it shine through in the cuisine. Whether it's traditional Indian, Chinese, or Italian, your heritage is a big part of who you are, and the food was no doubt a big part of your life growing up. If you want to personalize your food in a more small scale way, consider picking out a custom cake topper.

Related Link: [Celebrity News: Taylor Swift Kisses Tom Hiddleston During July 4th Party](#)

3. The wedding favor: Aside from photos, the wedding favor may be the longest lasting piece of your wedding. Choose something that will stand the test of time and that reflects your personality. It could be as simple as flower seeds for guests to plant and grow, or a monogrammed bottle opener for guests to use in the future.

What personal touches were or will be part of your wedding? Comment below!

Former Celebrity Couple Kate Hudson & Matt Bellamy Reunite for Son's Birthday



By [Nicole Caico](#)

On July 9, actress Kate Hudson and her rockstar ex-fiance, Matt Bellamy, joined forces to celebrate their son's fifth birthday. [UsMagazine.com](#) reports that the former [celebrity couple](#) took their [celebrity kids](#), Ryder (12) and Bing (5), to Palace Theatre in London to see the new *Harry Potter and the Cursed Child* play. Since calling off their engagement in 2014, Hudson and Bellamy have redefined their [celebrity relationship](#). The two remain amicable for their children and continue to run a joint wine company, Hudson Bellamy Wines.

This former celebrity couple isn't letting their differences get in the way! What are some ways to remain civil with your ex for the sake of your kids?

Cupid's Advice:

Not everyone can remain as friendly as Kate Hudson and Matt Bellamy. Remaining civil with an ex isn't easy. You parted ways for a reason, and it definitely wasn't because you just loved each other too much. Though you may want to run in the other direction every time you see your ex, that won't help your children at all. Here are some basic ways to remain civil with your ex:

1. Take responsibility: Chances are that when you split from your ex, some ground rules were laid out—either on your own or in court. Follow them. Do not deviate from the schedule, and be sure to hold up your end of the deal. This will help avoid additional issues and show that you respect your ex's time with your kids.

Related Link: [Celebrity News: Hayden Panettiere Poses with Fiance After Ringless Pics](#)

2. Mind your business: Whether your ex is telling you about a date he or she went on, or your kids are relaying information, if it doesn't have to do with you or your children, stay out of it. You may feel entitled to weigh in, but don't do it. Staying out of your ex's personal life or love life will keep everyone's lives more simple.

Related Link: [Celebrity Wedding: Ciara and Russell Wilson Set to Tie the Knot in England](#)

3. Play nice: Maybe you two couldn't stand each other at the time of the split, but now that you've parted ways, tensions should die down. Remain polite when dealing with your ex, especially in front of your kids. If you respect each other, say "thank you" when you can, or do a favor here and there. Co-parenting will work out much more nicely.

How do you remain civil with the parent of your child after a split? Comment below!