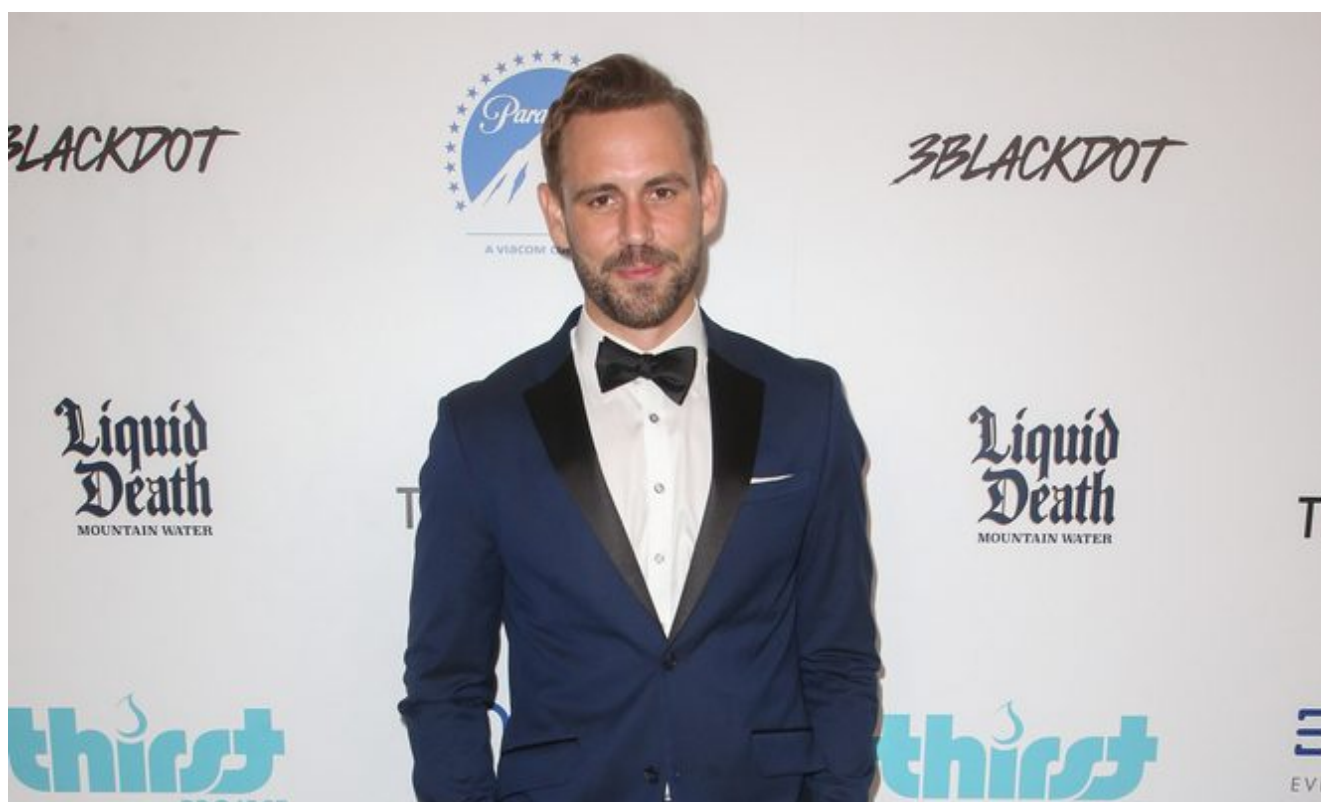


# Reunited Celebrity Couple? Exes Nick Viall & Andi Dorfman Spotted Running Together



By Diana Iscenko

In the latest [celebrity news](#), *Bachelor* alums Nick Viall and [Andi Dorfman](#) were spotted on a run together in Santa Monica, according to *UsMagazine.com*. The [celebrity exes](#) were seen two days after Viall revealed he was dating someone on his podcast, the *Viall Files*. While the [reality TV](#) star didn't give any details, he discussed "a conversation with someone that [he's] dating." A few weeks prior, Dorfman joked about reaching out to her exes during quarantine, sharing a post

that read, "I'm about two days and/or three martinis away from texting all of my exes." She included a screenshot of a blank group text to Viall and Chris Soules, who were both contestants on her season of *The Bachelorette*.

## **Exes Nick Viall and Andi Dorfman are starting celebrity couple rumors after they were spotted running together. What are some ways to know if you should reunite with your ex?**

### **Cupid's Advice:**

Your relationship ended for a reason, but you can't stop thinking about your ex. How do you know if you should really give it another chance with your ex? Cupid has some advice for you:

**1. Time has passed:** You and your ex have spent time apart. Maybe, you've both grown. Maybe, you can't remember what fight broke you up. You may be able to start again with a clean slate. If extended time apart helped you realize you still want to be with your ex, why wait any longer?

**Related Link:** [Celebrity Break-Up: Kaitlyn Bristowe & Nick Viall React to Nick's Past Proposal on 'The Bachelor GOAT'](#)

**2. You fixed the problem:** Remember the reason you broke up in the first place? Maybe it's not a problem anymore. If there was a specific issue that broke you two up—like long-distance no longer being an issue—and that issue has been solved, it might be worth it to try again.

**Related Link:** [Reality TV Update: Andi Dorfman Is 'Excited' to](#)

[See Arie Luyendyk Jr. as New Star of 'The Bachelor'](#)

**3. You're on the same page:** Sometimes relationships end because you and your partner don't want the same things. Maybe you couldn't agree on where to live or if you wanted kids. People can change their minds! If you and your ex want the same things now, it sounds like the timing is right.

**Would you be open to giving your ex another shot? Start a conversation in the comments below!**

---

## **Celebrity Break-Up: Kaitlyn Bristowe & Nick Viall React to Nick's Past Proposal on 'The Bachelor GOAT'**





By Alycia Williams

In latest [celebrity news](#), Nick Viall posted a video on social media of [reality TV star](#) Kaitlyn Bristowe rejecting his *Bachelorette* proposal. According to *EOnline.com*, Viall captioned the post, “It was like waiving at someone who’s waiving at the person behind...but million times worse.” That said, he’s made it clear that he has nothing, but positive memories. Bristowe commented, “WHY DIDN’T YOU PUSH ME IN THE POOL?” and then later said, “Also, so glad we are friends now, too.”

**In celebrity break-up news, Kaitlyn and Nick called it quits on *The Bachelorette* a long time ago, but were forced to relive it on *The Bachelor Greatest of All Time*. What**

# are some ways to move on when you've been humiliated in a relationship?

## Cupid's Advice:

Break-ups can get really messy which leads to some embarrassing moments that you later regret. If you've been humiliated in a relationship and you're looking for ways to move on, Cupid has some advice for you:

**1. Joke about it:** If you take a lighter mood to your embarrassing moment then so will everybody else. Make fun of yourself whenever someone else brings it up and you won't feel embarrassed at all.

**Related Link:** [Celebrity Break-Up: 'Bachelor' Alum Colton Underwood Jokes About Split from Cassie Randolph](#)

**2. Forgive your ex:** Being embarrassed by your ex is a tough pill to swallow, but the sooner you forgive your ex, the easier the pill will go down. Holding on to a grudge against your ex is only going to end up hurting you. Forgive your ex, so that you can move on with your life.

**Related Link:** [Celebrity Exes: Jessie J Shares Sweet Birthday Tribute to Channing Tatum Weeks After Split](#)

**3. Learn from the experience:** Being humiliated is not a good feeling and you don't ever want to feel like that again. Learn from the experience and figure out some ways you could've handled it differently. This way the next time you're faced with a similar situation you'll know what to do to keep yourself from feeling humiliated.

**What are some more ways to move on when you've been humiliated in a relationship? Start a conversation in the comments**

below!

---

# New Celebrity Couple? 'Bachelor' Alum Nick Viall Confirms He Had Dinner with Rachel Bilson



By [Meghan Khameraj](#)

In [celebrity news](#), *Bachelor* star Nick Viall confirmed he had dinner with actress Rachel Bilson. There has been a lot of

speculation that the pair is in a [celebrity relationship](#) with each other. According to *UsMagazine.com*, Viall was questioned about the dinner by Brad Goreski. Viall clarified by stating, “We hung out, and her friends were there, too...a bunch of people.” While this [famous couple](#) might be spending more time together, both Viall and Bilson have kept the exact status of their relationship a secret. When Bilson was asked about the celebrity relationship, she said she didn’t “want to talk about it.”

## **There may be a new celebrity couple in the works. What are some ways to get to know each other at the beginning of a relationship?**

### **Cupid’s Advice:**

Nick Viall and Rachel Bilson are tight-lipped when it comes to the status of their relationship. Whether this new celebrity couple is actually a couple is up for speculation. However, if you find yourself in a new relationship, Cupid has some advice to help you get to know your partner better:

**1. Share music preferences:** This may seem silly, but you can figure out a lot about a person by listening to their favorite songs. Music is a creative outlet not only for the musician but also for the listener. It is one of the few things that brings people together, so be sure to listen to when your partner shares one of their favorite songs with you.

**Related Link: Celebrity News:** [Tristan Thompson ‘Isn’t Giving Up’ On a Future with Khloe Kardashian](#)

**2. Ask questions:** If you want to know something about your significant other then just ask! The fact that you’re curious to know more about them will show them that you have a genuine

interest in them which will build a stronger bond. Start with simple questions before moving into heavier topics.

**Related Link:** [Celebrity News: Angelina Jolie Has Been On a 'Few Dates' Amid Divorce from Brad Pitt](#)

**3. Take a walk down memory lane:** You can learn more about your partner by sharing your own experiences. Your partner will feel more comfortable to share any similar stories. This can build trust amongst you and your new partner while also allowing you and your partner to get to know each other better.

**How do you get to know someone? Let us know in the comments below!**

---

## **Celebrity News: Kaitlyn Bristowe Slams Nick Viall's Reasons for Joining 'The Bachelorette'**







By Megan McIntosh

Though they are no longer a [celebrity couple](#), Kaitlyn Bristowe is still has opinions about ex Nick Viall after their [celebrity break up](#). According to *UsMagazine.com*, though it was all fun and games, Bristowe didn't hesitate to diss her ex in a word association game saying Viall's name negatively in association with "the right reasons." Though it's been years since they've dated, it's clear there's still bad blood even after all this time.

**In celebrity news, these exes are clearly not on good terms after their break-up. What are some ways to keep old hurts from your exes from affecting your current life?**

**Cupid's Advice:**

It can be hard to move on from an ex when you've broken up on bad terms. It's best not to let those old wounds reopen and keep you from living your life. It's not always easy to be friends with your ex, like Kourtney Kardashian is with Scott Disick, but it is possible to prevent that old relationship from holding you back like [Khloe Kardashian](#) after her break up with Tristan Thompson. Cupid has some tips:

**1. Be comfortable moving on:** Sometimes when you're afraid of being alone, you tend to hold on to toxic people. Holding on to exes who are not good for you can lead to being resentful and holding onto bitterness, like Bristowe with her ex Viall.

**Related Link:** [Celebrity News: Demi Moore to Reflect on Ashton Kutcher & Bruce Willis Marriages In Memoir](#)

**2. Let go of any possible future together:** If you're still holding onto to the idea of you and your ex being together, it stops you from building a life with someone else. It also stops you from growing as a person because you may be stuck in the past.

**Related Link:** [Celebrity Exes: Khloe Kardashian & Tristan Thompson Reunite at True's 1st Birthday Party](#)

**3. Don't talk about your ex:** Don't talk about your ex-partner. Just don't. Talking about them is a sign that you're not over them. If you talk about them, you're thinking about them. If you're thinking about them, you're not moving on. Stop talking about them and you will stop thinking about them and you'll finally move on to better things.

**What are some other ways to keep old hurts from a past relationship from affecting your current life? Share your thoughts below.**

---

# Celebrity Break-Up: 'Bachelor' Nick Viall Addresses Being Single After Split from Vanessa Grimaldi



By [Ashleigh Underwood](#)

As much as we wish it weren't true, *The Bachelor* doesn't always end with a fairy tale. Sadly, such is the case for [celebrity couple](#) Nick Viall and Vanessa Grimaldi. After being engaged for several months, the couple announced their split in August and embraced single life. In a recent

[celebrity interview](#), Viall finally opened up about being single. According to [UsMagazine.com](#), Viall said, “It’s never fun, right? I don’t know. Being single kind of sucks. But what can you do?”

## **This celebrity break-up talk has us feeling bad for this *Bachelor*. What are some ways to embrace the single life after a split?**

### **Cupid’s Pulse:**

Break-ups are always tough and can be hard to handle. While there is no magic cure to the pain of heartbreak, here are a few ways to embrace single life:

**1. Focus on you:** There is no better time to spoil yourself and learn about who you are, than when you are single. When you become single, you are flooded with a large amount of free time. This can be overwhelming and disheartening if you don’t know how to fill that time. So, instead, spend this time trying new things and learning about yourself.

**Related Link:** [Celebrity Break-Up: Nick Viall Says He Still Loves Vanessa Grimaldi Post-Split](#)

**2. Be with your friends:** Being in a relationship sometimes means that you have less time to be with your friends. When you are single though, you have endless time to be with your friends and catch up. They are the ones who will carry you through this break up and stand by your side no matter what. So, take this time to be with your squad and live it up.

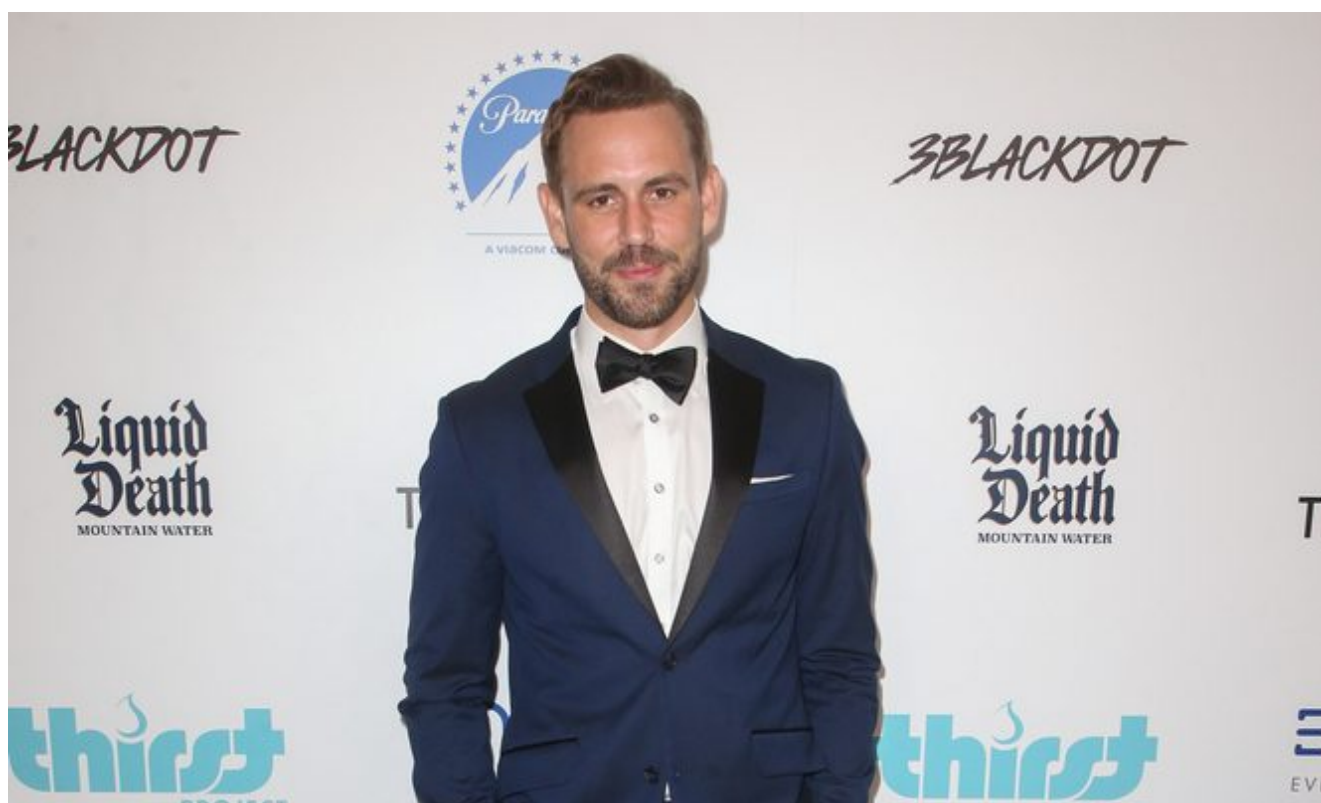
**Related Link:** [Single Celebrity: Bachelor’s Ashley Iaconetti Isn’t Interested in “Random Dates”](#)

**3. Travel:** What better way to move on from a break-up than to travel the world. Take some days off of work and live it up in a new town, new country, new scenery. Any place you go will be uplifting to your soul and will help you embrace single life even more.

**How did you embrace single life? Comment below!**

---

## Celebrity Break-Up: Nick Viall Says He Still Loves Vanessa Grimaldi Post-Split



By [Melissa Lee](#)

It seems like there's always drama in *Bachelor Nation*, and this week is no exception. After season 21 *Bachelor* Nick Viall and Vanessa Grimaldi announced their split last week, Viall broke his silence regarding the situation. "I still love her very much. I'm not afraid to say that," Viall admitted at the Wrangler by Peter Max line debut party. According to [UsMagazine.com](#), he wants to stay friends with Grimaldi, despite the difficulty of the separation.

## **This celebrity break-up really wasn't that shocking. What are some ways to know you're not a good match with someone?**

### **Cupid's Advice:**

Heartbreak is real, but it comes as a result of realizing the person you're dating just isn't for you. If you're wondering whether or not your partner is a good match, check out some of Cupid's advice below:

**1. Differences and similarities:** Although they say opposites attract, there is such a thing as *too* many differences. If it gets to a point where you realize that the differences between you two are starting to take a toll on your relationship (and result in frequent arguments), it might be a sign that you're not the best match. Differences in morals, attitudes, and personalities can be an on-going conflict in relationships, so make sure to pay attention.

**Related Link:** [Single Celebrity: Bachelor's Ashley Iaconetti Isn't Interested in 'Random Dates'](#)

**2. Comfort level:** Ideally, you would like to feel completely

comfortable around your significant other, right? But... what if this isn't the case, and you can't imagine yourself ever getting particularly comfortable around them? This would be a cause for concern. Your partner should be someone that never judges you, so if you feel like this isn't the case, it may be something you need to think about.

**Related Link:** [Celebrity Couple News: George & Amal Clooney Enjoy Date Night in Lake Como](#)

**3. Think forward:** Do you see yourself having a future with this person? If you are dating seriously, it's important to think forward about whether or not you think things will last. If they have qualities that you personally don't want in a longterm partner, this could be a sign that you two aren't a great match. Although it's fun to casually date as well, you need to keep in mind what you would like to get out of the relationship.

How do you know someone you're dating isn't a good match for you? Leave your thoughts below.

---

## Celebrity Breakup: 'The Bachelor' Couple Nick Viall and Vanessa Grimaldi Call Off Wedding Engagement





By [Marissa Donovan](#)

Bad news for those rooting for Nick Viall and Vanessa Grimaldi to get married soon. The celebrity couple has split up! According to [EOnline.com](#), [The Bachelor](#) couple shared a joint statement on their [celebrity break-up](#) and there's a great amount of heartbreak for the both of them. Before their split, the [Reality TV](#) stars were determined to not let the *Bachelor* curse effect their relationship. We hope the two can find love again and maybe star on [Bachelor in Paradise](#) in the future.

**This [celebrity news](#) is upsetting to hear! What are some benefits of sharing your break up news with your ex vs. doing it alone.**

**Cupid's Advice:**

Telling people that your relationship has ended is upsetting.



Depending how the relationship ended, you might find yourself able to break the news with your former partner. Here are the perks of sharing your break up news with your ex compared to doing it alone:

**1. You've ended on good terms:** There's a good chance you ended your relationship on good terms if your ex is willing to spread the news about your split. Most exes are too hurt to come together to share bad news about their former relationship. It's a good sign that they want what's best for the both of you.

**Related Link:** [Celebrity News: 'Bachelor' Stars Nick Viall & Vanessa Grimaldi Attend 2017 MTV Movie Awards](#)

**2. You can be civil from now on:** Ending things together will allow you to be civil in the future, instead of being spiteful or sad about the break up. You do not have to be best friends with your ex, but it's good that you can move on from the relationship without any emotional bruises.

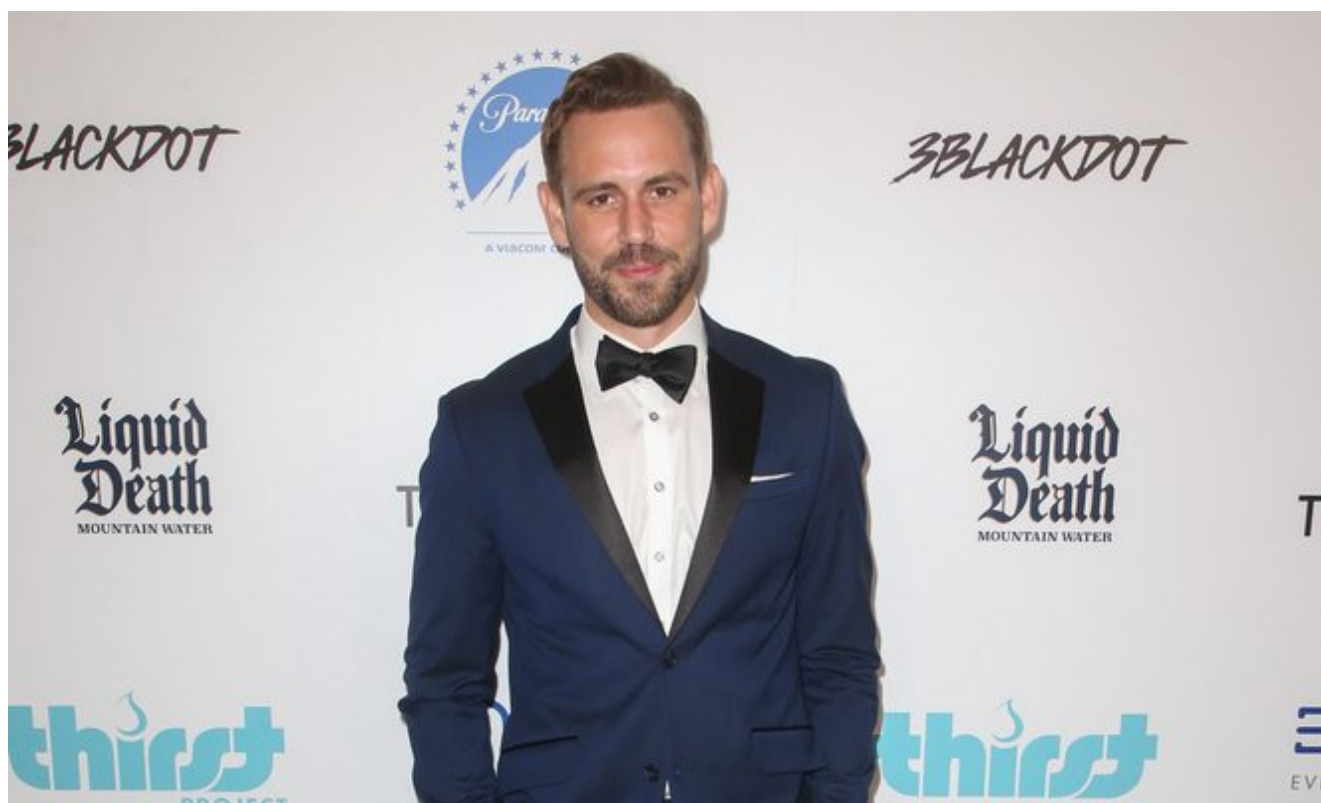
**Related Link:** [Celebrity Wedding: 'Bachelor' Alum Nick Viall Explains Why He and Vanessa Aren't Planning a Televised Wedding](#)

**3. People will respect how you both handled it:** It's a sign of maturity that you can both stay strong and help each other work toward a new beginning by ending things together. People may ask if there's a chance you may get back together. That's another discussion you can have if you both change your mind about breaking up.

**What do you think the future holds for these two celebrities? Let us know in the comments!**

---

# Celebrity News: Former 'Bachelor' Ben Higgins Discusses Why He Sent Becca Tilley Home Before Hometown Dates



By [Marissa Donovan](#)

[The Bachelor](#) star Ben Higgins has finally addressed why he sent Becca Tilley home before the hometown dates happened. According to [UsMagazine.com](#), Higgins recapped the event on his *Almost Famous* podcast from his perspective by expressing that he already knew Lauren Bushnell was very special to him. He also added that he didn't want to upset Tilley's family since

he saw what happened to Nick Viall during his second home date. Tilley and Higgins are now friends who joke about her exit from the show.

**This [celebrity news](#) has us feeling a little awkward for Becca. What are some benefits to keeping your past relationships in the past?**

### **Cupid's Advice:**

Rehashing past fallouts with exes can be uncomfortable! Here are some benefits for keeping old drama and exes in the past:

**1. You can have better relationships:** Revisiting old feelings should be used as a learn lesson. Now you know what to expect from that person and you can move on to someone that you can have more compatibility with.

**Related Link:** [Celebrity Break-Up: Ben Higgins Is Still Upset Over Split From Lauren Bushnell](#)

**2. New relationships will be unpredictable:** Don't get stuck in the mindset that your new relationships will be the same as the last one. Your new relationship might have similarities to your last one, but the person you are with will give you a different experience on what it means to be in a relationship.

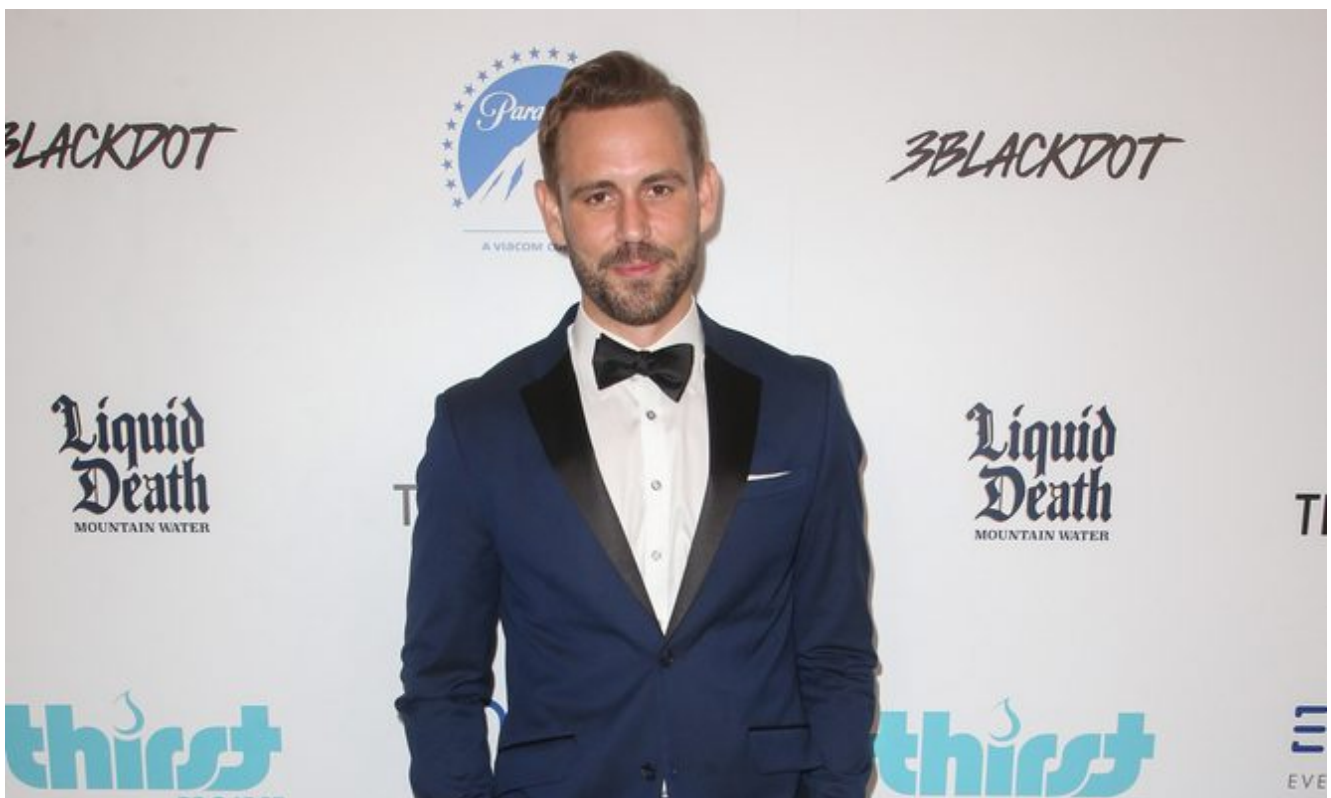
**Related Link:** [Celebrity News: 'Bachelor' Stars Nick Viall & Vanessa Grimaldi Attend 2017 MTV Movie Awards](#)

**3. You will have sense of humor:** Like Ben and Becca, you can make jokes out of the pain instead on dwelling on how you felt during the moment. Since the relationship is over, you don't have to worry about getting hurt again by that person and now you can look back and laugh!

Do you think Ben Higgins should have picked Becca Tilley after all? We would love to hear what you think in the comments!

---

# Celebrity News: 'Bachelor' Stars Nick Viall & Vanessa Grimaldi Attend 2017 MTV Movie Awards



By [Noelle Downey](#)

[Celebrity couple](#) Nick Viall and Vanessa Grimaldi made

[celebrity news](#) on the red carpet when they stepped out for an extra special [date night](#) at the 2017 MTV Movie Awards. According to [UsMagazine.com](#), 'Bachelor' alum Viall, who was recently voted off off reality show 'Dancing with the Stars', says he's currently concentrating on his new line of men's grooming products. "There are some tricks that I have done over the years to maintain a youthful appearance," Viall confessed, "It made sense to take the stuff I've been using and put it into a single box I can share with everyone." He also noted that while he and his lady love Grimaldi haven't set a [celebrity wedding](#) date yet, they're taking things slow and enjoying one another's company. "The Bachelor Nation has a bit of a backlog with engaged couples," Viall admitted, "so there's plenty [of] couples in line before us that have to tie the knot before we do."

**This celebrity news has us happy this new couple is still alive and well! What are some ways to keep the spark alive in your relationship?**

#### **Cupid's Advice:**

When it comes to keeping a relationship fresh and fun, Cupid is here to help! Here are the top three ways to keep you and your significant other crazy about each other even as time goes on:

**1. Commit to a biweekly date night:** When you've been together for awhile and perhaps even share a house, a car and kids, keeping the spark alive with sexy date nights and [romantic getaways](#) can seem like a thing of the past. Bring back the passion by committing to having a real night out together at least every two weeks. Get dressed up and go to a romantic,

candelit dinner or keep it casual and cuddle up in the back of a movie theater to watch a fun flick you both really want to see. Whatever you do, make sure you're both on board and looking forward to whatever activity it is you have planned, and just enjoy being together without the distractions of your other commitments.

**Related Link:** [Celebrity Wedding: 'Bachelor' Alum Nick Viall Explains Why He and Vanessa Aren't Planning a Televised Wedding](#)

**2. Pick up a new hobby together:** Running out of things to talk about with the routine of life always seeming to stay the same? Why not try a new activity together that you can share, explore and chat about with one another? Sign up for a couple's cooking class, host a weekly board game night with friends or shake things up with a sexy salsa class; whatever it takes to add some fun flair to your life and give you something brand new and exciting to discuss and share together.

**Related Link:** [Celebrity Engagement: 'The Bachelor' Star Nick Viall Proposes to Vanessa Grimaldi](#)

**3. Do something sweet and unexpected:** Feeling as though lately you and your partner are stuck in a comfortable rut? Why not add some sexy fun to your life by figuring out some ways to surprise your significant other with a series of sweet and unexpected surprises. Buy them flowers out of the blue, leave post-it notes full of compliments and inside jokes around the house for them to find, tell them they look great without being prompted and surprise them with tickets to a favorite game or show. The best way to keep the spark alive in your relationship is to prioritize one another and to remember to be grateful for the amazing relationship you have with this wonderful person!

**Have you ever done something to keep a relationship fresh and**

full of fun? What was it? Let us know in the comments!

---

# Celebrity Couple News: 'The Bachelor' Stars Nick Viall & Vanessa Grimaldi Defend 'After the Final Rose' Interview



By [Whitney Johnson](#)

[The Bachelor](#) star Nick Viall may have moved on to his next reality TV adventure – he’s appearing in season 24 of *Dancing with the Stars* with pro partner (and new celebrity mom to baby Shai!) Peta Murgatroyd – but that doesn’t mean fans have forgotten about his awkward *After the Rose* interview with fiancée Vanessa Grimaldi. According to [UsMagazine.com](#), during a recent interview for *The Ellen DeGeneres Show*, DeGeneres commented, “I didn’t see the *After the Rose* because I could not commit to four hours of television” and then added, “I heard that some people thought it was awkward, that y’all were awkward together.” Grimaldi jumped in and replied, “I think we both went in it wanting to be honest and open about couples, you know, sometimes things can get tough. But we’re very committed to each other, we love each other, and that’s what we’re focusing on.” The [celebrity couple](#) has recently relocated to Los Angeles for Viall’s current gig.

**There’s no denying that this celebrity couple came across as awkward in this season of *The Bachelor’s After the Final Rose*. What are some things to keep in mind when introducing your new love to your friends?**

### **Cupid’s Advice:**

This celebrity couple’s love story was in the public eye from the very beginning, but they still had to introduce each other to their loved ones – on national television, no less! If you’re ready to introduce your new partner to your friends and family, consider the dating advice below:



**1. Keep it casual:** There's already enough pressure on the first meeting of your boyfriend and your loved ones; don't add to it by planning a fancy dinner or letting your friends interrogate your man with an intense game of 20 questions. Instead, keep it simple with coffee or cocktails and encourage your pals *not* to grill your beau. They can ask you for all the intimate details afterwards!

**Related Link:** [Celebrity Engagement: 'The Bachelor' Star Nick Viall Proposes to Vanessa Grimaldi](#)

**2. Be yourself:** Don't let your nerves get the best of you. Remember that everyone at the table is there because of *you*. Just be yourself! Show your friends why you and your partner are such a good fit, and show your beau why your pals are so special.

**Related Link:** [Are 'Bachelor' Nation's Josh Murray & Amanda Stanton a Celebrity Couple Again?](#)

**3. Don't expect too much:** Sure, you want your favorite people to all get along, but if they don't hit it off right away, that's okay! Introducing them to one another is the first step. As long as your love lasts, they'll have plenty of time to get to know each other.

**What's your best dating advice for introducing your love to your family and friends? Tell us in the comments below!**

---

# Celebrity Engagement: 'The Bachelor' Star Nick Viall

# Proposes to Vanessa Grimaldi



By [Whitney Johnson](#)

Fourth time's a charm for [The Bachelor](#) alum Nick Viall! After two rounds on *The Bachelorette* and one trip to *Bachelor in Paradise*, the reality TV star finally found The One on *The Bachelor* season 21 finale, which aired on Monday, March 13th. According to [UsMagazine.com](#), Viall proposed to Montreal native Vanessa Grimaldi. After breaking up with runner-up Raven Gates, he began his heartfelt proposal. "So much about me being here has to do with the past, but when I look at you, all I see is my future," he said through tears to a beaming Grimaldi. He then got down on one knee before asking Grimaldi to marry him. This will be the first [celebrity engagement](#) for both reality TV stars.

# We can't wait to see if this celebrity engagement lasts. How do you know if you're ready to pop the question?

## Cupid's Advice:

For Viall, this celebrity engagement was a long time coming – after all, he thought he found his future wife in both Andi Dorfman and Kaitlyn Bristowe! So how do you know if you're ready to propose? Consider this relationship advice:

**1. You want the same things:** Before you're ready to walk down the aisle, it's important to know if you both envision a similar future together. How many kids do you want? Do you want to live in the city or suburbs? Will you both always work? Marriage is a big deal, but talking about what comes with it should be easy.

**Related Link:** [Celebrity News: 'Bachelor' Villain Corinne Olympios Parties in Miami After Nick Viall Split](#)

**2. Your friends and family approve:** If you're ready to say "yes" to forever with someone, make sure your loved ones support your decision. Their opinions matter, so give them the chance to get to know your partner and hear them out if they have concerns or worries about your relationship.

**Related Link:** [Celebrity News: Nick Viall Faces Exes on 'Bachelor Women Tell All' Episode](#)

**3. You bring out the best in each other:** Your significant other should make you the best version of yourself, and you should do the same for them. Forever is a long time to spend together, so it's important that you complement one another and make a good team.

What's another way to know if you're ready to get engaged?  
Share with us below!

---

# Celebrity News: Nick Viall Faces Exes on 'Bachelor Women Tell All' Episode



By [Mallory McDonald](#)

In recent [celebrity news](#), Bachelor Nick Viall had to face all the women he sent home on this season's *Bachelor Women Tell All*. A lot of the women had a lot to say to each other and to

Nick. After watching the season back, of course, the drama between Corrine and Taylor came to a head. According to [UsMagazine.com](http://UsMagazine.com), Liz discussed her difficult position with Nick, saying, "I was in a place in my life that I really, really cared about somebody else, you know, and I needed that period to heal." By the time she was ready to "cross paths" with Nick again, he was already gearing up to be the *Bachelor*. Kristina had an emotional journey and was finally able to get the closure she deserved. Once Nick entered the room, many of the women had a lot to say about [celebrity relationship](#) their and journey with Nick!

## **In celebrity news, there's nothing like facing over 20 exes at one time! What are some ways to deal with an ex who wants to talk?**

### **Cupid's Advice:**

The thought of talking to your ex can be extremely nerve racking. However, giving both you and your ex closure after the breakup can end up being a positive for both of you:

**1. Stay vulnerable:** One of the hardest things you can do is be vulnerable with the person that caused you so much pain. You have most likely already put up walls to try and protect yourself from more pain. But, this is only going to hinder you from actually talking about your true feelings and leaving with closure.

**Related Link:** [Celebrity News: 'Bachelor' Nick Goes on Hometown Dates with Four Women](#)

**2. Be honest:** Don't be rude or mean, but don't sugar coat your words either. This may be the last time you get the chance to speak to them and it is important you leave feeling like

everything is out on the table.

**Related Link:** [Celebrity News: First Black 'Bachelorette' Rachel Lindsay Hopes People 'Rally Behind' Her](#)

**3. Show emotions:** Along with being vulnerable, you shouldn't be embarrassed or try to keep your emotions inside. Despite breaking up and wanting to seem strong after it, you need to show them how the breakup made you feel and let them know that you are ready to move on.

**How did you handle talking to your ex after you broke up? Comment below!**

---

## **Celebrity News: 'Bachelor' Nick Goes on Hometown Dates with Four Women**





By [Mallory McDonald](#)

Things are heating up in this season of *The Bachelor*, and in recent [celebrity news](#), Nick Viall went on hometown dates with the remaining four ladies. [UsMagazine.com](#) recapped the events from that night. While being in a [celebrity relationship](#) with dozens of women, it is no surprise that the final four can be difficult to handle. The final four ladies are Corrine, Rachel, Vanessa and Raven. Nick headed to Arkansas, Dallas, Miami and Montreal to meet with the four families, and each of his dates went rather well. He did have a difficult time when Vanessa's father asked if he had asked the other fathers for their daughter's hands in marriage, and that put a big riff in his and Vanessa's relationship. At the end of the show, there were previews of a shocking visit from Nick's [celebrity ex](#) and former *Bachelorette* Andi Dorfman. You'll have to tune in next week to find out what happens next!

**In celebrity news, *The Bachelor's***

# hometown dates were anything but drama-free! What are some ways to prepare for meeting your new partner's family?

## Cupid's Advice:

Introducing someone to your parents is a big deal and it can be even more stressful to be introduced to someone's. We have the perfect way to handle meeting your new partner's family:

**1. Be yourself:** A common mistake people make is to try to be what they think a family wants to see. Instead, this can make you seem inauthentic and can actually backfire. Just be yourself and be open to growth.

**Related Link:** [Celebrity News: 'Bachelor' Nick Viall Causes Drama After Disastrous Group Date](#)

**2. Be open:** While you don't need to give your entire life story, it is always a good idea to be an open book with your partner's family because one day, they could become yours. Being open is a good way to show you can be trusted with their child.

**Related Link:** [Celebrity News: First Black 'Bachelorette' Rachel Lindsay Hopes People 'Rally Behind' Her](#)

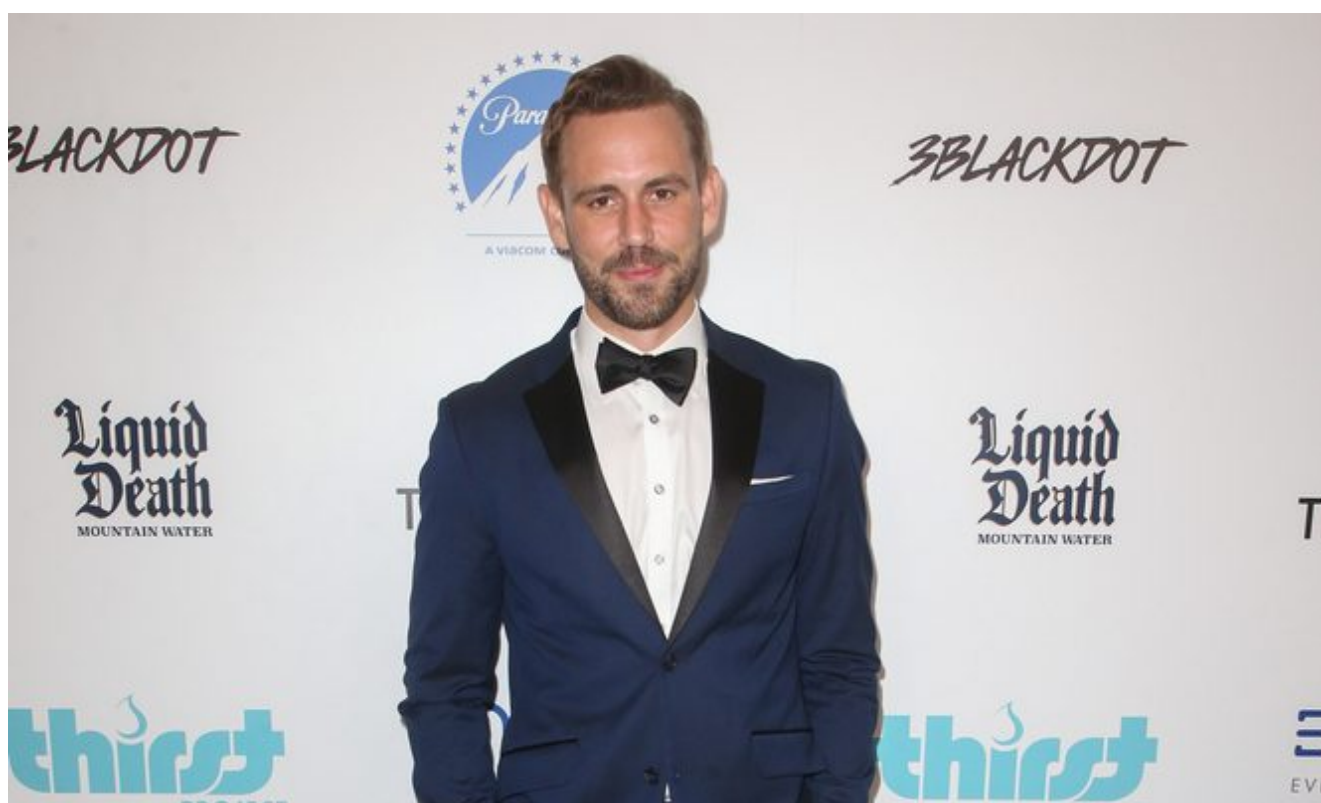
**3. Stay gracious:** Whether you are just meeting them for a few minutes before a date or having a full course meal with them, make sure to be gracious for whatever role they had in meeting them.

**What ways did you prepare to meet your partner's family? Let us know by commenting below!**



---

# Celebrity News: 'Bachelor' Nick Viall Causes Drama After Disastrous Group Date



By [Whitney Johnson](#)

On Monday night's episode of [The Bachelor](#), reality TV star Nick Viall and the remaining nine ladies headed to St. Thomas, which frontrunner Raven called "the perfect place to fall in love – and the perfect place to send people home." According to the latest celebrity news on [UsMagazine.com](#), after a successful one-on-one date, the group date took a disastrous turn. None of the six women felt like they were getting

enough quality time with Viall, and after a lot of tears, the bachelor deemed the day “pretty much a disaster.” That evening, things continued to go poorly as Viall listened to each woman open up about her feelings and sent Jasmine home on the spot. The only one to actually enjoy this disastrous date? Raven, who got the rose at the end of the night.

## **This celebrity news has us cringing. What are some ways to keep drama to a minimum in your relationship?**

### **Cupid’s Advice:**

This week’s episode of *The Bachelor* wasn’t easy for Viall: In only three days, he said goodbye to six women! Of course, drama is expected on reality TV, but that doesn’t mean you need it in your own love life. If you’re looking for ways to keep drama to a minimum in your relationship, it starts with *you*. Consider this [love advice](#):

**1. Keep yourself in check:** Sure, you want to believe that you’re always rational and calm, but we all get caught up in drama occasionally. Before you lash out and blame your partner, take a look at your recent behavior and make sure you’re not at fault.

**Related Link:** [Celebrity News: ‘The Bachelor’ Nick Viall Calls Two-on-One Date with Corinne & Taylor a ‘Disaster’](#)

**2. Communicate your feelings:** As much as you may want him to, he can’t read your mind. It’s up to you to tell him what he needs to know. Something to remember: It’s important that you understand your own emotions before you open up to your partner and expect them to understand. Write down what you’re thinking, and make sure you’re prepared for what may be a

tough conversation.

**Related Link:** [Celebrity News: 'Bachelor' Villain Corinne Temp Nick Viall with Surprises on Latest Episode](#)

**3. Know who you are and what you want:** You've been dating your girlfriend for a few months, but you're already tired of her tendency to run late. Why can't she just be on time?! If that's a deal breaker for you, accept it, and move on. Staying with someone who isn't the right fit for you is a surefire way to keep the drama alive.

What's your best piece of love advice for minimizing drama in your relationship? Tell us in the comments below!

---

## **Celebrity News: 'Bachelor' Break-Out Star Corinne Olympios Opens Up About Nanny & Promiscuous Behavior**





By [Cortney Moore](#)

It seems like season 21 *The Bachelor* star Corinne Olympios can't stay out of trouble! The 25-year-old business woman and reality TV personality is making celebrity news once more for her appearance on *The Ellen DeGeneres Show*. Olympios went on to explain what she meant when spoke of her nanny. "Raquel actually works with my family. She's been with us for 18 years. She moved with us to Florida from New Jersey. She's kind of like my everything," Olympios elaborates. "Nanny is a word that I use for her because I have a lot of respect for her and she's kind of a mother figure for me, so I don't like saying cleaning lady or housekeeper." Nanny Raquel is only one reason why fellow Bachelor contestants have been skeptical of Olympios, but her sexually aggressive attempts to win over Nick Viall have also made the women in the house guarded. When asked why she's done the stuff she has on the show, Olympios says, "That is the real me. It definitely is a real side of me. But there are many other sides to me." And ex-boyfriend Keith Berman agrees that there's more to Olympios that meets the eye. In an interview with [UsMagazine.com](#), Berman said, "They're trying to portray her as some stupid girl, but she's

really not that dumb. She knows exactly what she's doing."

## **This celebrity news has drama written all over it. What are some ways to know that someone wants a relationship with you for the right reasons?**

### **Cupid's Advice:**

Throughout your lifetime, different people will try to woo you into a relationship. Although it's a sweet gesture, not everyone will want to be with you for the right reasons. Let Cupid help you determine which ones want to be with you for honorable reasons, and who to stay clear of:

**1. Obsessed with your appearance:** Everyone wants to be with someone that finds them attractive, however it can be bad if that's all a person wants you for. Someone who only talks about the way you look doesn't care for you. They just want you as arm candy to boost their ego or make others jealous. Find someone who likes you for you.

**Related Link:** [Celebrity News: 'The Bachelor' Nick Viall Calls Two-on-One Date with Corinne & Taylor a 'Disaster'](#)

**2. Doesn't want to be alone:** Be careful when you're approached by someone who recently ended a relationship. They may be using you as a rebound without even realizing it. You can give them a chance if you want, but look out for any signs that show they legitimately like you. There's no reason why you have to waste time being with someone who can't handle being single.

**Related Link:** [Celebrity News: 'Bachelor' Villain Corinne Temps](#)

[Nick Viall with Surprises on Latest Episode](#)

**3. Only wants that *one* thing:** This seems obvious, but it should still be acknowledged. Someone who only wants to have sex with you is not relationship material. A healthy and functional relationship requires partnership and genuine love. Sure, physical intimacy is important in a relationship, but it shouldn't be the only thing.

**Have you ever thought someone wanted to be with you for the wrong reasons? What did you do about it?**

---

## **Celebrity News: 'The Bachelor' Nick Viall Calls Two-on-One Date with Corinne & Taylor a 'Disaster'**





By [Whitney Johnson](#)

On Monday night's episode of [The Bachelor](#), reality TV star Nick Viall says his two-on-one date with Corinne and Taylor is "pretty much a disaster." For viewers of this season of ABC's hit reality show, this [celebrity news](#), as reported by [UsMagazine.com](#), shouldn't come as a surprise: The two ladies fought at the end of last week's episode as Taylor questioned Corinne's "emotional intelligence." On their two-on-one date, Corinne, this season's villain, tells Viall that Taylor "emotionally attacked" her, and Taylor later reveals that Corinne lied to him. Talk about drama!

**Not many of us can relate to a two-on-one date scenario like in this celebrity news. What are some factors to consider when you're**

# deciding between two potential partners?

## Cupid's Advice:

On this season of *The Bachelor*, fan favorite Viall has to pick between 30 women – what a challenge! Luckily, for those of us not on reality TV, the choice is often between only two potential partners. But what factors should you consider to determine who is the best fit for you? Check out our dating advice below:

**1. Compatibility:** Physical attraction will only take you so far. Do you enjoy spending time together? Do you share the same values? Do you want the same things out of your relationship? Determine if you're truly compatible before moving forward.

**Related Link:** [Celebrity News: 'Bachelor' Nick Viall Meets a Past Hook-Up on First Night](#)

**2. Common interests:** Sure, opposites attract, but for a long-term partnership, it's equally important to have similar hobbies and passions. If you enjoy spending a lot of your free time outdoors, it'd be difficult to main a relationship with someone who'd rather be on the couch!

**Related Link:** [Celebrity News: 'Bachelor' Villain Corinne Temps Nick Viall with Surprises on Latest Episode](#)

**3. Compromise:** A relationship will never last unless you're both willing to compromise. If you're always going to *his* favorite restaurant or seeing whatever movie *she* wants, it may be a sign that you don't belong together. You want to be with someone who will take your needs into consideration and meet you halfway.

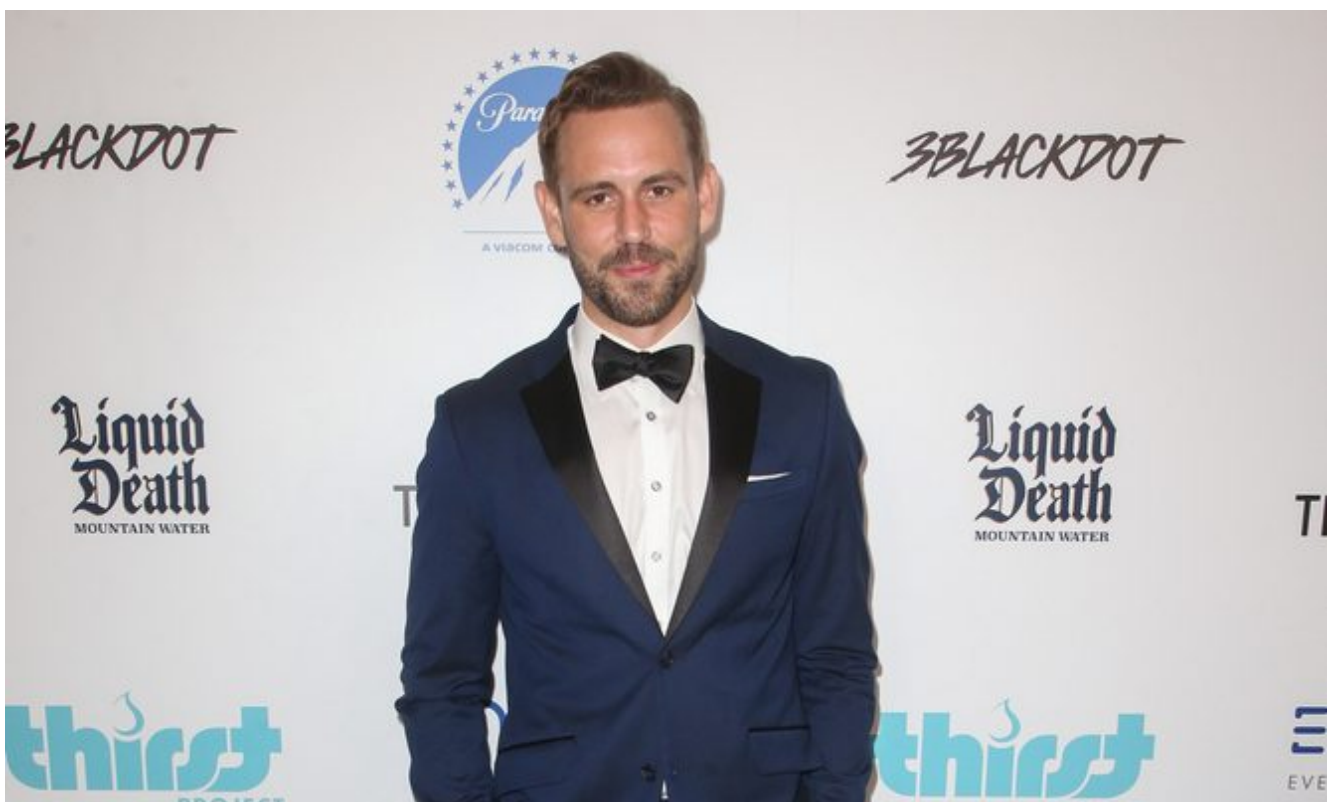
**Cupid wants to know: What's your best dating advice for**



deciding between two potential partners?

---

# Celebrity News: 'Bachelor' Villain Corinne Temps Nick Viall with Surprises on Latest Episode



By [Mallory McDonald](#)

In recent [celebrity news](#), *The Bachelor* is back, and this year on Nick Viall's season, the villain of the season is stirring

up a lot of drama! According to [UsMagazine.com](http://UsMagazine.com), Corrine Olympios “showed up to the cocktail party in a trenchcoat and nothing else before asking Viall, 36, to lick whipped cream off her body.” While that wasn’t seen by the other contestants, later on in the episode, a few of the other contestants saw “Viall jumping around in Olympios’ inflatable bouncy house one too many times and called him out: Is *he* here for the right reasons?” So while some of his other relationships are progressing on the show, it seems the villain of this season is really making some of the girls question his motives.

**In celebrity news, *The Bachelor* just got more drama-filled, thanks to Corinne! What are some ways to know if you’re in lust or love?**

#### **Cupid’s Advice:**

Finding the difference between lust and love can be very difficult, especially when the two blur so easily. Use this [dating advice](#) to differ between love and lust:

**1. Emotional connection:** A good way to determine if you are in lust and not love is to ask yourself if you enjoy talking with them and spending time outside the bedroom. Learn if there is an emotional connection.

**Related Link:** [Celebrity News: ‘Bachelor’ Nick Viall Meets a Past Hook-Up on First Night](#)

**2. Take away lust:** By taking away any sexual activities with that person you can find out if there is more to it than just attraction.

**Related Link:** [Celebrity News: Jenn Saviano Reacts to Getting Dumped By New 'Bachelor' Nick Viall](#)

**3. Strong conversations:** If you are not having long and thoughtful conversations with the person you think you are in love with, odds are you are just lusting at them.

**How did you differentiate between love and lust? Comment below!**

---

## **Celebrity News: 'Bachelor' Nick Viall Meets a Past Hook-Up on First Night**





By [Jessica DeRubbo](#)

In [celebrity news](#), the newest *Bachelor*, Nick Viall, had an eventful first night at the mansion. In fact, one of the women who stepped out of the limo happened to be someone he had hooked up with at *Bachelor* Nation's prized [celebrity couple](#) Jade and Tanner's [celebrity wedding](#). According to [UsMagazine.com](#), when Liz, 29, a doula, stepped out of the limo, Viall had a bit of a confused look on his face, and when she walked away to head into the mansion, he seemed thoughtful, like he was trying to figure something out. Chris Harrison took the opportunity to ask Viall about his strange look, and Viall admitted that he was 99 percent sure he'd "met" Liz at *Bachelor in Paradise* alums' Jade and Tanner's wedding. During that meeting, Liz had refused to give Nick her number, and hadn't spoken to him again. Drama!

**This celebrity news has drama written all over it. What are some**

# ways to handle running into a past fling?

## Cupid's Advice:

It can be extremely awkward to unexpectedly run into a past fling who you haven't spoken to in a while. Maybe things ended after only one night, or maybe it was a little longer than that. Either way, Cupid has some [dating advice](#):

**1. Be direct:** You might be in shock, but the best approach is to simply be direct about things. If this person is no longer an interest of yours, tell them. There's no point in skirting around the issue, as it will just prolong the inevitable.

**Related Link:** [Celebrity News: Nick Viall Confirmed as the Next 'Bachelor'](#)

**2. Keep it lighthearted:** There's no reason to get into a drama filled or heated conversation when your fling with this person was short-lived. Obviously you've both moved on since you had your fun, so making light of things and indulging in just a little small talk before moving on is all that it takes.

**Related Link:** [Kaitlyn Bristowe Sends Clint Packing and Reacts to Nick Viall's Return on 'The Bachelorette'](#)

**3. Laugh about it:** Chances are that the two of you are over any drama that existed between you by now. Sometimes laughter really is the best medicine, so joke around with your ex-fling a little bit. Things will no doubt flow a lot easier after that.

**What are some other ways to handle running into a former fling? Share your thoughts below.**

---

# Celebrity News: Jenn Saviano Reacts to Getting Dumped By New 'Bachelor' Nick Viall



By Kayla Garritano

Just like a rose, love doesn't always last forever. Jenn Saviano, recently dumped on *Bachelor in Paradise*, opens up about her celebrity break-up with Nick Viall, the new *Bachelor*. According to [UsMagazine.com](https://www.usmagazine.com), the [celebrity couple](#) broke up because Viall could not commit to the relationship. Saviano says she has mixed emotions about her celebrity ex becoming the newest *Bachelor*, but she's doing well and moving

on.

## This [celebrity news](#) has us feeling bad for Jen! What are some ways to rise above after getting dumped?

### **Cupid's Advice:**

Initially, it's difficult getting dumped by someone you thought you'd be with for a long time. But Cupid is here to help you get over the bad break-up:

**1. Cry it out:** No one likes getting dumped. You are allowed to be sad. Crying will help you release all of your emotion, and once you're done, you'll be able to breathe a sigh of relief. You may cry a few times, but you'll be able to move forward once you wipe away the last drops of tears.

**Related Link:** [Top Five Things To Do If You Get Dumped](#)

**2. Have a little "you" time:** After the end of a relationship, you may not know how to do things on your own, or without the comfort of your significant other. Focusing on yourself and taking the time to do things you love will make you happier and give you a more positive outlook. Make sure you do what makes you happy first before jumping back in to the dating pool.

**Related Link:** [Dating Advice: 3 Ways to Fall Back in Love With Yourself](#)

**3. Know that they weren't good for you:** If someone breaks up with you, that probably means the relationship was not meant to be and that there is someone better waiting for you. There are plenty of other potential matches out there, and you just happened to have dated the wrong one. Don't get discouraged; the right one is out there for you!

**How have you handled being dumped? Comment below!**