

Power Celebrity Couples: Hollywood Relationships That Command Our Attention



By [Whitney Baker](#)

Some [celebrity couples](#) have the “it” factor that just draws us in and makes us interested in everything happening in their lives. Other Hollywood relationships have to work a bit harder for our attention, but still, we can’t help but take notice. They make headlines because of their enviable romances, high-profile careers, and cute kids, and we anxiously await their next moves. Below are five power celebrity couples that, for better or worse, never fail to command our attention:

Power Celebrity Couples

1. Prince William and Princess Catherine: The royal wedding lived up to everyone's expectations, and the Duke and Duchess of Cambridge have continued to capture our attention – and our hearts – ever since. It seems that these lovebirds garner media coverage for every move they make, even when they do something as mundane as grocery shopping.

Related Link: [Prince William and Kate Middleton's New Year's Eve Plans](#)

2. Mariah Carey and Nick Cannon: Whether Carey is flaunting her post-baby body, Cannon is doing one of his many hosting gigs, or the duo is showing off their adorable twins, this famous couple seems to have a hand in everything. The attention-seeking family will certainly be captured in tabloids in May this year as Roc and Roe celebrate their first birthdays and Carey and Cannon mark their two-year wedding anniversary.

3. Brad Pitt and Angelina Jolie: These superstars manage to juggle two demanding careers and multiple charitable commitments all over the world, all while raising six children under the age of 10. Despite their busy lives and hectic schedules, they still manage to make time for date nights.

Related Link: [Angelina Jolie and Brad Pitt Celebrate Her Film with Dinner](#)

Private Hollywood Relationship Still Grabs Attention

4. Beyoncé and Jay-Z: This celebrity duo is famously private, but that doesn't mean they command our attention any less. Having been together for over a decade, [Beyoncé](#) and [Jay-Z](#) have been seen at sporting events and concerts as well as on

romantic celebrity getaways. They recently received even more attention for their culinary choices: The new parents were both following a partially vegan diet in order to keep their energy up for their first child's arrival. Their daughter, celebrity baby Blue Ivy Carter, was born on Jan. 7.

Related Link: [Kelly Rowland Accidentally Reveals Sex of Beyoncé's Baby](#)

5. Nicole Kidman and Keith Urban: This marriage between Hollywood royalty and a country music superstar appears to be a match made in celebrity heaven. They continuously support one another at award shows, showing their love for each other on the red carpet. Urban credits Kidman for helping him overcome his alcoholism, calling her an "extremely pure spirit." The low-key couple has settled in Nashville to raise their daughters, Sunday Rose and Faith Margaret.

Who are your favorite power celebrity couples? Share your comments below.

What Your Gifts Say About Your Relationship





By Amy Osmond Cook, Ph.D.

When it comes to gifts, I am an expert—at receiving them. I love gifts of any kind ... from other people. (No, I'm not going to buy myself a \$285,000 pink Bentley like Paris Hilton did last year.) The problem is, when it comes to giving gifts, I am a nervous wreck.

Gift giving represents two things: (1) that you care about a person enough to give a gift, and (2) that you know a person well enough to give something that he or she will like. Mess one of those up, and it does some damage to your relationship.

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Take, for example, the gift I gave to my husband five years ago. We were newly married, and I wanted to get him something personal and meaningful. He loves golf, and he's a funny guy—so I thought the trick remote control golf ball (that you can move when your opponent is about to swing) was going to be a hit. I waited in anticipation as he opened the box and saw a momentary look of confusion before he masked it with a smile. He thanked me and said that he loved it, but the

damage was done. In that one look, I knew that my gift had tanked.

Fast forward five years. After watching him play golf (a lot!) and listening to his golfing adventures with his buddies (a lot more!), I would never give him a remote control golf ball. I now know that, for him, the rules of golf are sacred.

A serious golfer never tries to move an opponent's ball—especially for a laugh. It violates one of the cardinal rules of sportsmanship. (So does laughing at someone when he shanks his shot – I found out the hard way!) My gift bombed because I didn't know my husband well enough. I knew that he loved golf, but I missed the intricate details.

Stories like mine are a dime a dozen—a woman receives a vacuum cleaner from her husband, and she runs to her room and cries.

A man receives a toolbox and feels ashamed that he doesn't know how to use the tools inside. For better or worse, we attach special meaning to gifts, especially over the holidays.

So if you want to put some currency in your partner's emotional bank account this holiday season, buy . . .

Related: [10 Gift Ideas](#)

1. Something intimate. Take note if your partner voices his wish list for Christmas. If he cares enough to say what he actually wants, paying attention to that will make him feel valued and understood. If he doesn't have a Christmas wish, try to find something that will have special meaning between the two of you. Still have those Angels tickets from your first date? Frame them!

You can also make a gift meaningful by giving to something your partner cares about. For example, many celebrities, like Brad Pitt and Angelina Jolie, care deeply about charitable causes and prefer donations to their favorite charities to extravagant gifts.

2. Something valuable. Take this relatively. If you want to

take your relationship to the next level, give your partner something that says, "You are so valuable to me, I would sacrifice anything to have you in my life." That's what women hear when their boyfriends buy them expensive jewelry or spend all day helping them cook. It's not the money or the time, exactly—it's the fact that someone would sacrifice to give them something beautiful or meaningful. You don't have to be like Nick Cannon and buy your significant other a \$400,000 Rolls-Royce Phantom or pull a Jude Law and buy your love a \$200,000 diamond-and-sapphire ring, but it should be better than the pack of bubble gum my friend got from her boyfriend one year.

If you're like me, gift giving is a nail-biting phenomenon.

That said, if you give your partner something meaningful and valuable, you can move that relationship dial to the next level. Then again, you could always take your chances and buy a pair of two-person mittens that Chelsea Handler and Chuy are sporting this year!

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How to Get Over a Broken Heart During the Holidays



By Abbi CompheI and [Whitney Johnson](#)

There are so many things to be excited about during the holidays: fun-filled family time, delicious home-cooked meals, presents waiting to be unwrapped and perhaps a much-deserved vacation. However, if you're nursing a broken heart, this festive time of year may seem burdened with only cold and lonely days. You may never forget your heartache, but someday, you will be healed and happy again. Just make sure to get some solid [relationship advice](#) in the meantime.

Until then, the ten tips below may make your holidays seem a bit more bearable and that damaged heart

feel a little less painful:

1. Volunteer: No matter the time of year, giving to others can mend a hurt soul and fix any frown. During the holidays, the opportunities to volunteer seem to multiply, making it extra easy for you to make a difference in someone else's life.

Related Link: [Kendra Wilkinson Opens Up About Sleeping with Hugh Hefner on 'I'm a Celebrity'](#)

2. Listen to holiday music: There's something so innocent and child-like about holiday music. It'll take you back to those days when your biggest worry was whether or not the item at the top of your wish list would be waiting for you to unwrap it. Although Nick Cannon and Mariah Carey had a rough [celebrity divorce](#), Carey still is positive and puts out beautiful holiday music that you can listen to!

3. Take up a new hobby: Attend a cooking class (Whole Foods offers great options) or take a knitting course and make a homemade gift for someone special. If you live in a snow-filled spot, give snow skiing a try. By being outside of your comfort zone, you'll not only distract yourself from your heartbreak, but you'll also regain your confidence.

Related Link: [Nicole Porter Discusses "The Break-Up Cookbook"](#)

4. Enjoy hot cocoa by the fire: A cozy spot and delicious drink are sure to warm your heart during this holiday season. Snuggle up with a good book or have some girl-bonding time with your mother, sister or best friend. When [Taylor Swift](#) broke up with celebrity ex Harry Styles, she spent time with her best friends during the holidays to make her feel better.

5. Watch a feel-good holiday movie: It's important to remember that you *will* find love again, and a holiday movie is the perfect way to do just that. The options are endless: *The*

Holiday, Four Christmases, Miracle on 34th Street and more. As Hugh Grant's dreamy voice tells us in *Love Actually*, "If you look for it, I've got a sneaking suspicion...love actually is all around."

6. Reconnect with old friends: Re-establishing a friendship that was lost due to distance or busy lives will boost your spirits and remind you that there are plenty of people who love and support you. When former celebrity couple Selena Gomez and Justin Bieber split, Gomez surrounded herself with her closest friends again.

7. Book a quick getaway: Whether it's a snowy vacation in the mountains or a relaxing weekend on the beach, pick a place that makes you feel like yourself again. Most of the time when a hollywood relationship ends badly, the two in the relationship probably end up taking a quick trip to themselves. It can be very relaxing.

8. Buy yourself something special: Yes, it *is* the season of giving, but sometimes that giving needs to be self-directed. Use the money that you would've spent on your ex to buy yourself that much-desired handbag or new pair of shoes.

9. Cook a new dish for your family's annual holiday get-together: Tackling a challenging recipe will surely keep you busy – from picking out the dish to shopping for the ingredients to pulling it all together, you'll hardly have any time to think about that broken heart.

10. Meditate. It sounds so simple, but closing your eyes and paying attention to each breath allows you to shut out the rest of the world and focus on yourself. You can let go of those negative thoughts and sad memories and be ready for your next adventure (in love or otherwise) by New Year's Eve!

How did you recover from a broken heart? Share your thoughts below.

Celebrity Couples Who Could Use An Extra Hour of Sleep



By Melissa Tierney

Whether we like to believe it or not, celebrities are just like us. They have hectic work schedules, grueling chores, and, of course, families to take care of. These five celebrity couples have been keeping busy with their growing families, their newest endeavors, and their constant presence in the spotlight. Yes, maybe they have nannies, assistants and personal trainers, but these celebs could definitely use an extra hour of sleep like the rest of us!

1. Mariah Carey and Nick Cannon: Between building their corporate empires by launching a clothing and accessories line, going on comedy tours, and recording hit songs with major celebs like Nicki Minah, the pop diva and radio talk show host have been keeping busy. It's now even tougher for the two to have a romantic night to themselves: they have newborn twins, son Moroccan Scott Cannon and daughter Monroe Cannon, which they welcomed into the world on their anniversary!

2. Kim Kardashian and Kris Humphries: This couple have been grabbing media attention everywhere. With their recently announced divorce filing we wonder if it was all for the cameras? After all, Kim and her NBA beau Kris Humphries had almost as much buzz about their wedding as did the royal wedding between newlyweds Kate Middleton and Prince William. Although Kim filed for divorce only 72 days after the marriage, Kris says he hopes to reconcile.

Related Link: [Kim Kardashian and Kris Humphries Won't Be Looking For a New Home](#)

3. Britney Spears and Jason Trawick: The pop princess and her former manager may have ended things career-wise, but their love life is still feeling the spark. Spears is busy with her *Femme Fatale* tour with rap singer Nicki Minaj, but she still has time to show her love for her beau. He was lucky enough to be in the center of the action on August 2nd when he was pulled on stage in Uniondale, NY by his talented honey. In addition to resurrecting her career, she is also caring for sons Jayden James and Sean Preston. This mommy definitely needs some downtime.

4. Sarah Jessica Parker and Matthew Broderick: Over the years, these love birds have remained rock solid and are keeping busy raising their twins, Marion Loretta Elwell and Tabitha Hodge, and son James Wilkie. The fashion icon and actress has been

maintaining a hectic work schedule, gracing covers of magazines and promoting her new movie *I Don't Know How She Does It*, in which she plays busy mom, Kate Reddy, who is trying to stay afloat with her finance career and busy family life. Looks like the movies are imitating real life when it comes to Sarah Jessica Parker!

Related Link: [Sarah Jessica Parker and Matthew Broderick's an Introduction for a Lifetime](#)

5. Brad Pitt and Angelina Jolie: Between their six kids, acting gigs and philanthropic engagements, this duo does it all. Pitt recently starred in the blockbuster baseball movie, *Moneyball*, with Jonah Hill, and Jolie has been busy with her film directorial debut, *In the Land of Blood and Honey*. She is also the United Nations High Commissioner for Refugees (UNHCR) Goodwill Ambassador when she's not directing/acting/mothering. This power couple definitely needs to catch up on some z's.

Which celebrity couples do you feel need an extra hour of sleep? Share your thoughts below!

Mariah Carey and Nick Cannon: New Parents On Their Anniversary!





Diva crooner Mariah Carey gave birth to beautiful twins on her and Nick Cannon's third wedding anniversary. According to [People](#), the new dad tweeted, "My wife just gave me the most incredible anniversary gift ever in life!" The happy couple received many congratulations over Twitter from Hollywood moguls such as Nicki Minaj and Alyssa Milano after the birth of a healthy baby boy and girl. They are completely overjoyed.

How do you keep your anniversary romantic when you have kids?

Cupid's Advice:

Once you have kids, the lives of you and your partner will be forever changed. However, that doesn't mean you can't make a little time for yourselves as a couple, especially on days such as your anniversary:

- 1. Hire a babysitter:** Even parents need a night off. Hiring a sitter is a great way to make time for yourself and to teach your children independence.
- 2. Celebrate as a family:** Your kids are an important part of

your life as a couple. A great way to include them in your anniversary celebration is to take a trip as a family. As long as your kids are old enough, you can always get separate rooms (next to each other, of course).

3. Have a romantic dinner at home: Providing that the kids stay asleep, celebrating your anniversary at home can be a lot cheaper and more convenient than going out.

What are some memorable things you have done on your anniversary? Share a comment below.

Mariah Carey and Nick Cannon Are Having a Boy and a Girl





Ever since Mariah Carey and Nick Cannon confirmed their pregnancy last year, everyone has been wondering about the sex of their twin babies. It's both a boy and a girl, a close source to the pair told UsMagazine.com. The couple has been cautious about revealing too many details, as they struggled to conceive after a miscarriage in 2008. But when President Obama asked them about the pregnancy, they couldn't resist and broke the news about having twins. The source said, "Those kids will have everything. Mariah and Nick are ecstatic."

How do you prepare for opposite sex twins?

Cupid's Advice:

Nothing can prepare you for that excited feeling you get when you discover that you're expecting opposite sex twins. Wondering about how you should prepare for their arrival? Cupid is here to offer some advice:

1. Necessities: Although you're ecstatic about the arrival of fraternal twins, financial worries can sometimes get in the way. Supplies such as diapers, food, toys and other baby gear can be shared. However, you have to invest in items that

every opposite sex twin needs, such as clothing and safety seats.

2. Bedrooms: Are your twins going to share the same room for a long time? It's best to divide the space in half, decorating the sides based on their gender. If they won't be sharing, then choose a neutral color for the rooms by staying away from pink and blue.

3. Stereotypes and comparisons: Studies show that parents treat opposite sex twins differently and are also frequently comparing them. If the girl learns to talk before her brother, it doesn't mean that there's something wrong him. Make sure to treat each twin equally, and understand that they are unique and will have individual talents.

Nick Cannon Insists Mariah Carey Wear Flats





As a result of her recent pregnancy, mommy-to-be, Mariah Carey's style is bound to experience some changes. However, according to [People](#), this high-heeled diva may be switching to flats as a result of husband, Nick Cannon's request. "Basically, I got Mariah Carey, the high-heel queen, to put on some flats. And this is amazing. I'm going shoe shopping today, needless to say, to buy you some flat shoes," Cannon announced to his wife. Carey, who is even known to travel in heels seems to be flattered by Cannon's request that she wear flats while carrying their child.

When should you make decisions for your partner in a relationship?

Cupid's Advice:

Though telling your partner what to do is rarely a sign of a healthy relationship, there are some instances where you should let it happen:

- 1. During pregnancy:** Take a cue from Mariah Carey and let your beau dote on you while you're pregnant. If that means listening when he tells you lie down or if it means changing

your clothing style, listen up! Keep in mind it's his child, too, and he only wants what's best for you both.

2. In the hospital: If you're really sick and in the hospital, chances are you aren't thinking clearly. Let your partner, who surely has your best interests at heart, help you make your medical decisions. Try to remember that your sickness may be messing with your decision making skills.

3. When you're drained: Sometimes when you get home from work, you're completely drained of energy. But you haven't seen your partner all day and he/she wants to spend some quality time together! That's fine and all, but give him the power to make decisions for the evening. It'll relieve the mental stress of coming up with which movie to watch or what to make for dinner. There's nothing wrong with taking a break!

Rumors Confirmed: Mariah Carey is Pregnant!





It's time to finally set the record straight: Mariah Carey is pregnant! [People](#) reports that after months of relentless media speculation, the 41-year-old singer has revealed that she and husband Nick Cannon, 30, are expecting. Carey told *Access Hollywood*, "It's been a long journey. It's been tough because I've been trying to hold on to a shred of privacy." After Cannon joined his wife in the interview, the couple revealed that they were especially secretive about this pregnancy because of a miscarriage two years ago. Cannon said, "It strengthened our relationship so much ... She handled it so well." Cannon seemed ecstatic about the new baby, adding, "The greatest gift on earth is a child."

When and how should you tell your mate about your pregnancy?

Cupid's Advice:

Baby news is always exciting (and sometimes unexpected), so make sure you tell your partner in the right way. Cupid has some ideas on when and how to break the news:

1. Wait until you're certain: If your period is only a couple days late, wait it out. Unless you want to take the pregnancy

test together, don't tell him until you are absolutely sure you're pregnant. False hopes are never a good thing.

2. Tell him at the right time: Don't bring it up in the midst of a fight. Wait until he's in a good mood and you have his full attention to avoid a bad reaction. Plus, this is a time you want to remember fondly!

3. Have some fun: Why not pick a creative way to tell him? Try buying some baby socks (they're small and easy to hide) and slip them into his pocket before he goes to work. You should expect an elated call in a couple of hours!

Cannon-Carey Baby Buzz





Nick Cannon is speaking out about the rampant rumors surrounding wife Mariah Carey, and the possibility that she is pregnant. Cannon, a self-proclaimed “big kid,” denies any bouncing bundles of joy in the near future, but he did attest to her mothering potential, nurturing nature, and mean waffle-making skills, according to [OK! Magazine](#). “She’s very nurturing, you know, nurturing and private. She makes me breakfast, and that’s my favorite food,” Cannon said. “It will be like 3:00 in the morning, and she’ll still make me breakfast. [She makes me] Waffles. I’m a waffle guy. With like the iron, she’s talented.”

Does the way you behave in a relationship dictate your parenting style?

Cupid’s Advice:

The way someone behaves in any relationship is an indicator of how they relate to others. If a person is helpful, loving and giving, chances are they’ll be just as loving as a parent. The one thing no woman needs is having a big kid for a boyfriend/hubby. Cupid has some suggestions to help you avoid

becoming your spouse's second mom:

1. Choose to be serious: Fun and games are part of what keeps a relationship exhilarating and are essential parts of any lasting romance. When push comes to shove though, sometimes you have to put on a grown up face and get down to business. When it comes to big issues like parenting, you need to know that your spouse is a man, not a boy.

2. Nurturing is a two-way street: There's nothing wrong with giving your spouse a little TLC now and again. However, you shouldn't always be the one making breakfast in bed. Remember that once in awhile you deserve pampering.

3. Let them handle their business: As much as you may want to pick up after your partner, don't. It's always a plus to help your spouse out periodically, but you have to remember that he is an adult, too, and should be able to take care of himself. If you "mother" him now, you could risk having another kid instead of a partner.