

Movie Review: 21 Bridges



By [Katie Sotack](#)

Chadwick Boseman and J.K. Simmons star in a new action thriller that'll have you perched straight in your seat. Boseman plays an NYPD cop who uncovers a conspiracy surrounding two cop killers. The [movie](#) takes place in the course of one night where Boseman's character becomes increasingly unsure of who to trust. As tensions rise and the chase goes on, the city closes down all 21 routes of escape from Manhattan to prevent the killers from fleeing.

***21 Bridges* is a star soaked, action-packed thriller that'll**

Leave you questioning who to trust and where to turn.

Should you see it: *Avengers: Endgame* directors had a hand in making this film and Chadwick Boseman stars. If you're a fan of the Marvel Cinematic Universe for its action scenes rather than its one-liner comedy and enjoy the shaky anticipation a good chase, check out this movie.

Who to take: This is a movie for the in-depth friend who can talk about anything and everything afterward at dinner.

Cupid's Advice:

Knowing who to trust is not a science, but an art. Try as psychologists might, we can't all be trained in the micro-twitches of a liar's facial movements. Instead, think of trust as a building exercise. Here are [relationship tips](#) on establishing and maintaining trust.

1. Intuition: Security to the stars and traumatized victims, Gavin de Becker famously exclaimed to the world "Trust your intuition!" in his self-help book *The Gift of Fear*. Often read in self-defense classes and by women seeking ways to minimize attacks, the book is ultimately about relationships (both long term and immediate). The most essential advice from every chapter is, "trust yourself first and foremost." Social niceties teach us to suppress our illogical worries, but your body and mind have intuitive reasons for that gut feeling. Next time you feel something 'off' in your relationship, speak up.

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2. Honesty: The number one way to establish trust is honest and open communication. This means intimacy and it can sound scary. Take the process one step at a time. The first few

dates are not the time to confess that embarrassing time when you walked into a wall because you were nose-deep in your cell phone. Talk about your hopes and dreams to build gradual intimacy and add in the embarrassing or deeper feelings once trust has been established.

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3. Keep True: A far more practical take on the establishment of trust is by staying true to your word. If you promise to do something, make sure you stick to it. Think of it from your partner or friend's perspective. Had they promised to pick you up at the airport but instead left you searching to find a cab, you'd feel cheated. Instances like this make a person seem unreliable and would encourage the receiving person not to trust the, with another task.

How do you experience trust in your relationships? Share in the comments below!

Movie Review: The Informer





By

[Katie Sotack](#)

Altered Carbon's star Joel Kinnaman is set to debut as the star of the summer thriller, *The Informer*. The [movie](#) is centered around a past felon who, as a current FBI informant, must return to prison in order to infiltrate the mob. Only matters become more complicated with the informant's family to consider and the local police department breathing down the FBI's back. A story of power, corruption, and vengeance, *The Informer* will keep you on the edge of your seat, praying that our hero makes it through.

Check out *The Informer* for a date night thriller that'll keep you on your toes!

Should you see it: If you're looking for a suspenseful crime drama that'll spike your adrenaline and have you rooting for the underdog, this film is right for you.

Who to take: *The Informer* may be deal with darker themes, but it's centered around family being everything. The movie is too

mature to bring the kids, but it's perfect for date night. Grab your partner for a reminder that no matter what stands in your path, you can fight your way back to family.

Cupid's Advice:

The protagonist's drive to live free with his family is inspiring. His risk taking and perseverance show a man dedicated to his wife and little girl. With that in mind, here are ways to prioritize your family:

1. Have a set work schedule: It's difficult to prioritize your family when you never see them. By having a set work schedule your family will know that you will reliably be present at certain times of the day. This isn't possible for everyone, but if you can, obtain a consistent schedule with hours aligned with your family's time table.

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2. Quality time: Along with a consistent schedule, it might be tempting to poop out at the end of the day. If the couch is calling your name it's still important to make an effort. By all means, lay down and take a nap. But cut the time in half and make room for your loved ones in your day.

3. Be their safety net: While Kinnaman's character's adrenaline junkie risk taking might be sexy on screen it has many negatives in real life. When it comes to adventures it's better to check in with your significant other on their opinion and it's effect on the family. As the patriarch or matriarch of the family you should provide a sense of security.

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4. Avoid arguing: Perhaps the hardest advice of all for some. It is perfectly fine to have a disagreement, but don't let that turn into an all out war. When dealing with conflict,

Grabeel, Ian Bohan and Lea Thompson. The movie follows the lives of the four March sisters—Meg, Jo, Beth and Amy— and their complex and loving relationships with each other. Jo, an aspiring writer, leaves for New York City determined to publish a novel. After countless rejections, Jo's editor challenges her to instead write about her family. A tragedy eventually brings all the sisters back home and brings the girls closer together. This adaptation of a true classic will be out in theaters on September 28th.

***Little Women* is a heartfelt film that retells a classic story in a modern way, so keep reading our [movie review!](#)**

Should you see it:

If you are a lover of Alcott's original book, then you should totally see this movie! It'll be so interesting for you to see a modern retelling of such a classic tale.

Who to take:

The perfect person to take to this movie could be your beau on a date night or even some of your closest female family members! This movie is sure to make you tear up a bit and appreciate the importance of family.

Cupid's Advice:

Balancing relationships with your partner and with your family can be difficult. Cupid has some tips on how to do it:

1. Designate time: If you have a really close family, it might seem hard to designate time for just your family and just for your partner. Make it easier by figuring out when you want to

spend time alone with each important people in your life.

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2. Bond together: If you want your partner and your family to be close, then make sure you plan activities and outings for everyone to join in on. Whether it's a dinner at your parents house or a trip to a sports game, your partner can get to know your family better.

Related Link: [Movie Review: Dance along to 'Mamma Mia! Here We Go Again'](#)

3. Find common ground: Find things that your partner and some of your other family members have in common and help them connect over their similarities. That way, your partner can get close to your family on his own accord and make all of you bond even closer.

Have any more ways to balance your relationships with your partner and family? Comment below!

Movie Review: Have a Blast Watching 'The Spy Who Dumped Me'





By [Haley Lerner](#)

The Spy Who Dumped Me is a hilarious action comedy film starring [Mila Kunis](#), Kate McKinnon, Justin Theroux and Sam Heughan. In this comedy, best friends Audrey (Kunis) and Morgan (McKinnon) end up tangled in an international conspiracy after discovering Audrey's boyfriend who dumped her was actually a spy. Things get heated when Audrey's ex shows up to the best friends' apartment with a team of assassins on his trail. Audrey and Morgan end up traveling to Europe to escape the assassins and save the world. This thrilling comedy is out in theaters on August 3rd.

***The Spy Who Dumped Me* is the story of how to best friends get thrown into an international conspiracy after one is still reeling from a break-up. Keep reading our [movie](#)**

[review](#) and our tips on how your friends can help you move on from a break-up!

Should you see it:

Totally! Who doesn't love a hilarious comedy sprinkled with fun action scenes. This movie will definitely have you on the edge of your seat and make your stomach hurt from laughing so hard.

Who to take:

This move can be perfect to see with a group of your best friends! Or, it could be perfect for a [date night](#) with your special someone.

Cupid's Advice:

Getting over a break-up can be really hard, but a best friend can make it easier. Cupid has some reasons you should turn to your friends after a break-up:

1. They can cheer you up: Your BFFs can be a shoulder to cry on and your biggest supporters in making you feel better. Stop moping around after a break-up and instead hit the town with your closest friends. Having a good time and forgetting about your ex can seriously make things a lot better.

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2. You can vent: If you're not in the partying mood, your friends can totally be the people you spill all your feelings about the break-up to. You've probably told them all about your relationship in the past, so they know the situation and can give you advice on how to get over it.

Related Link: [Movie Review: Dance along to 'Mamma Mia! Here We](#)

[Go Again'](#)

3. They can set you up: Itching to move on quickly from your ex? Your friends can help with that by setting you up with someone cute! They know you best, so they can help find you someone who will make you much happier than your ex ever did.

Have any other reasons why spending time with your best friends is the best break-up cure? Comment below!

Movie Review: Dance along to 'Mamma Mia! Here We Go Again'



By

[Haley Lerner](#)

In this entertaining comedy, which releases in theaters on July 20, 2018, 10 years after the events of *Mamma Mia!*, Sophie (played by Amanda Seyfried) is pregnant with her fiancé Sky's child on the Greek island of Kalokairi while running her mother's villa. But, Sophie is unsure she can do it all by herself, so she enlists the guidance of her mother Donna's friends and former bandmates, Tanya and Rosie (played by Christine Baranski and Julie Walters, respectively). Throughout the movie, Sophie learns more about Donna (played by Meryl Streep, with Lily James as Young Donna) and how she met each one of Sophie's dads (Pierce Brosnan, Stellan Skarsgård and Colin Firth) and raised her daughter bravely on her own, without a mother's guidance. Of course, things are turned upside down by a surprise visit by Sophie's grandmother, Ruby Sheridan (played by Cher).

***Mamma Mia! Here We Go Again* is all about the love between family and the true connection of a mother's bond with her daughter. Keep reading for our [movie review](#) and some tips on how to manage the stress of a first pregnancy:**

Should you see it:

Yes! This fun musical romantic comedy is filled with fun ABBA songs that will make you want to dance out of your seat. The romantic storylines and bond between a mother and daughter will truly make you fall in love with the movie.

Who to take:

Seeing this movie is the perfect [date idea](#) for you and your

special someone. The movie is romantic, but also tons of fun! Grab some popcorn and a soda and cuddle up with your beau in the theater for this exciting rom com.

Cupid's Advice:

Being pregnant with your first child is incredibly stressful. Cupid has some tips to help make it easier for you:

1. Reach out for help: You don't need to struggle alone in your pregnancy! Reach out to your close family and friends, just like Sophie did. They can help you get through all the rough patches and lend you the advice you need for raising your child.

Related Link: [Movie Review: Check Out the Ultimate Game of 'Tag'](#)

2. Prepare in advance: Before actually giving birth to your baby, make sure everything at your home is ready for your bundle of joy's arrival. Make sure your baby's room is all setup, you've got plenty of diapers and you know the route to the hospital. It's never too early to start nesting!

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3. Take a breath: We know, having your first child is definitely scary. But take a deep breath and realize that you don't have to be a perfect parent right away. It's okay if you make mistakes, you're only human. You worrying so much is a clear sign your child is going to be raised in extremely caring hands!

Have any more tips on having your first child? Comment below!

Movie Review: Check Out the Ultimate Game of 'Tag'



By

Haley Lerner

In this exciting comedy, premiering in theaters on June 15th, a group of five competitive friends play a constant game of tag for one month every year. These friends have risked it all for this 30-year-long ruthless game – including their jobs, relationships and physical health. The film centers around the current year's round of tag, this time coinciding with the wedding of the only player that has never been tagged, Jerry, played by Jeremy Renner. So, the other tag players set out on a mission to finally defeat Jerry once and for all. This laugh-out loud comedy also stars Ed Helms, Jake Johnson, Anabelle Wallis, Hannibal Buress, Isla Fisher, Rashida Jones, Leslie Bibb and Jon Hamm. This buddy comedy shows how far competition can go between life-long pals and it's actually

based on a true story.

Tag shows how competition can keep a group of old friends close for many years. Keep reading to check out the rest of our [movie review](#) and some tips on how to stay close with your old friends.

Should you see it:

Definitely! This is a fun movie that is guaranteed to bring you lots of laughs. You've got to see the chaos that unfolds over the intense seemingly simple game these pals play.

Who to take:

This movie is about the power of long lasting friendships, so check out this movie with a few of your close friends! You can laugh together at the absurd situations the characters put themselves in in order to tag others. Your group can then also bond after the film and talk about your old memories together. It could also be a fun [date idea](#) to go to the movie with your partner.

Cupid's Advice:

Making new friends is great, but everyone knows the friends you've known for forever will always hold a special place in your heart. Cupid has some tips on how to keep that close bond you have with old friends strong:

1. Keep in touch: It sounds obvious, but frequent communication is really one of the most important ways to stay connected to old friends. Make a texting group chat with your

old friend group so you guys can update each other about what's going on in your lives. Plus, whenever you think of something funny, you can share it with all your old friends!

Related Link: [Movie Review: Book Club](#)

2. Schedule meet-ups: There's nothing better than actually seeing your friends in person. Even if your friend group is living across the map, try to plan group gatherings a few times a year so you all can reconnect.

Related Link: [Movie Review: Midnight Sun](#)

3. Be there for them: When times get tough, old friends are truly who many people can fall back on. Make sure you're there for your friends when life gets rough and support them in any way you can. Whether it's a bad break-up, loss of a family member or money trouble, you should be someone your friends can talk through their issues with.

Do you have any tips on how to stay tight with old friends? Comment them below!

Movie Review: Book Club





By

[Jessica Gomez](#)

In this fascinating comedy, which was released in theaters on May 18th, four successful older women in a book club read the infamous book *Fifty Shades of Grey* – and it gives them a whole new perception: It's time to change it up and seek out different kinds of pleasures. These four women are in different situations – one widowed, one playing the game with no strings attached, one working through a floppy 35-year marriage, and the other working through a 10-year old divorce! This lovely comedy starring Jane Fonda, Diane Keaton, Candice Bergen, and Mary Steenburgen, displays the journey to finding what was lost in love and sexuality, and showing us that you're never too old to get it back. Outrageous choices are a must sometimes in order to find what you actually crave.

Book Club is all about being sparked by a particular something to go out and take life into your

own hands. Read on to continue reading our [movie review](#) and for some tips on how to get the motivation to get you out there and get what you desire:

Should you see it:

Yes! This is a great feel-good movie! No matter how old you are, *Book Club* will make you laugh. You will follow the lives of these four older women and see that the golden years are not really what society makes them out to be.

Who to take:

Definitely take your girlfriends and anyone else who enjoys a good chick flick! It's the type of movie that can inspire women of all ages to aim and achieve what they want, while also having you laugh. Enjoy it with some popcorn and soda! If you're on a diet, make it your cheat day!

Cupid's Advice:

Sometimes all we need is a little push, a little motivation. It happens. Sometimes we're in a slump and feel the need for more, but just can't get the energy to do so or don't even realize it! Here are a few things you can do to change that:

- 1. Update your look:** When you look good, you feel good! Go shopping, change your hair, etc. Look through your closet and give it a good clean out. Check out what you want and don't, what you use and want to use, and what you will never use again. Go to the salon and get a hair cut or just get it done and grow your hair out – the choice is yours. Do what makes you feel good! It's time to get to work!

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2. Take care of yourself: You want to be healthy, and like said before: look good. Eat well, have a full breakfast and a decently small dinner. Eat snacks throughout the day to give you the energy you need to get stuff done. Exercise for energy and health – it also keeps you looking good and it releases dopamine and serotonin, chemicals that work together to make you happy and keep you in a good emotional state. Also, don't forget to pamper yourself! Go get a mani-pedi, a facial, etc. Stay on top of this and be consistent!

Related Link: [10 Films About First Love that Make You Want to Fall in Love All Over Again](#)

3. Try new things: Continue doing the things you love and make you happy, but also try the new and foreign. You never know what you could be missing! There are just so many things to explore whether it be activities or new places. Be all about you. Take on these new adventures both alone and with friends and family. The list is endless and so are the possibilities for your self-realization and happiness.

Do you have any tips to add? Share with us below!