

Morning Glory with Rachel McAdams



From the screenwriter of *The Devil Wears Prada* comes this November's *Morning Glory*, which is sure to be a hit. Packed with a star-studded cast, TV hotshot Becky (Rachel McAdams) plays a role we can all relate to at some point in our lives.

Struggling with her career and her love life, nothing can ever go as planned. And when one area of her life is up, the other is down. Finally, Becky lands the role of a daily morning show producer, and she gives it her all to bring the last place show up front. She manages to grab a legendary, now-retired TV host, Mike (Harrison Ford), who doesn't seem to want anything to do with the morning show or his co-anchor, Colleen (Diane Keaton). With Becky's drive and determination, will she manage to get the show (and her love life) back on track?

How can you incorporate more personal time with your beau when faced with a demanding career?

Cupid's Advice:

Trying to figure out that perfect balance between love and work can be frustrating. If you spend too much time with one, the other gets annoyed. Although both prospects are vital, it's equally important to set some rules and boundaries for maintaining a healthy relationship:

1. Make rules: If you're able to leave work at the office

early, do it. Make it clear that when you're home for the night, your partner has your undivided attention. Work is work, and home is home.

2. Compromise: If you have a job that requires extra work outside of the office, set time limits for when that work can be done. Tell yourself that you'll devote an allotted amount of time to work, and then the rest of the time is yours to do as you please.

3. Hold the phone: Make a rule about taking work calls at home; when it's acceptable to take them and when it's not. Nobody enjoys a work call during dinner and much less during foreplay!

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