Celebrity News: Orlando Bloom Reveals How Past Divorce Affects Katy Perry Relationship





By <u>Katie Sotack</u>

Actor Orlando Bloom is determined to learn from his and Katy Perry's past divorces before entering into new matrimony. Once married to Miranda Kerr, Bloom learned the importance of growing with a partner and laying down a foundation for commitment, according to EOnline.com. In an interview with NBC's Sunday Tonight, Bloom reiterated his desire to make this marriage last, saying, "She's remarkable and so I'm always so impressed with that and I'm encouraged". The celebrity couple

continue to grow closer as Bloom teaches Perry to embrace the small moments.

In <u>celebrity news</u>, Orlando Bloom opened up about how his past divorce impacts his relationship with Katy Perry. What are some ways your past relationship can affect your new relationship?

Cupid's Advice:

Don't let the ghost of relationships past haunt your new romance. Learn from the mistakes from your ex and bring new perspective into your next relationship:

1. Intimacy: There's a lot from a past relationship that can cause anxiety in future partnerships. For example, being cheating on may make you jealous and paranoid as a future partner. This is a normal reaction, but it's something to learn from. Take your trauma and turn it into intimacy by confiding in your new significant other about your concerns.

Related Link: <u>Celebrity News: Cassie Rudolph Defends</u> 'Bachelor' Colton Underwood After He's Deemed a Bad Kisser on 'BiP'

2. Know yourself better: Each relationship and opportunity that enters your life should teach you something about yourself. Start your new relationship with a thorough understanding of what went wrong last time and how you can grow from that.

Related Link: Celebrity Couple Kelly Ripa & Mark Consuelos

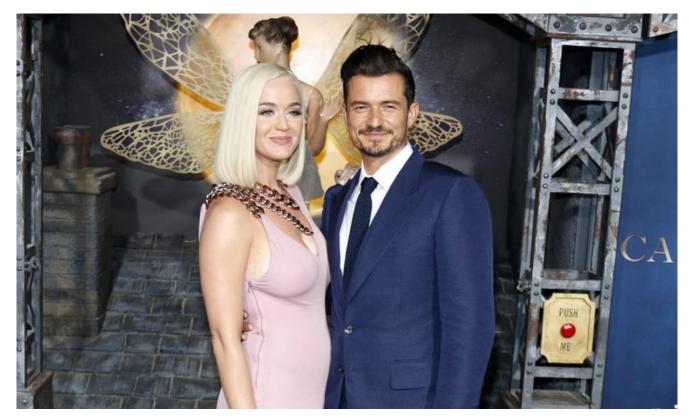
Send Daughter Off to College

3. It's a part of you: your past relationships are your history. You're bound to feel nostalgic or sentimental about your past at some point in this new relationship. Take a breath and realize you can miss what you once had with someone without wanting it back.

How have you turned your past relationship into fuel for your new one? Share in the comments below!

Beauty Advice: Incorporate Flowers In Your Beauty Routine





By <u>Karley Kemble</u>

Flowers add a quaint touch of beauty to any fashion look, or a charming pop of color to your bedside table (who doesn't love to receive a bouquet of flowers, right?!) Flowers offer more purposes than a stylish print or thoughtful, fresh gift. There are plenty of ways to bring these pretty petals into your daily beauty regime. Whether you are looking to de-stress in the bathtub, cover your face in highlighter, or spritz some sultry perfume on before your big date night, we've gathered together some awesome products that will make it easy to look, feel, and smell awesome!

Check out our awesome beauty advice to help freshen up your beauty routine with flowers:

1. Rosehip Oil: Beauty serums and oils have skyrocketed in popularity in the last year! Rosehip oil is among the products that celebrities swear by. In fact, it's Miranda Kerr's secret

to flawless skin. Rosehip oil has antioxidants, fatty acids, and vitamins that provide wonderful benefits for your skin. It helps moisturize, minimize fine lines and wrinkles, brighten your skin, and more! It's versatile and a must-have for anyone!

Related Link: Beauty Advice: Mastering Liquid Eyeliner

2. Bath Bombs: If you've never experienced the amazingness of bath bombs, you have to give it a try. There are many floral-infused options available through different retailers. Perhaps the most popular is Lush Fresh Handmade Cosmetics' "Sex Bomb." The pretty pink and lilac orb has a euphoric rose scent, so you won't have any problems relaxing after a long week! The best part about soaking in a bath-bombed tub is that the scent soaks into your skin, so you'll smell fresh and floral for the rest of the day!

Related Link: Beauty Trend: 5 Face Masks to Try

3. Body Spray & Perfume: The most common way to integrate flowers into your routine is as easy as a few spritzes of perfume! With tons of options out there, it can feel overwhelming to find one that you love. Take notes from your favorite celebrities! Daisy by Marc Jacobs is a fan favorite of Miley Cyrus, and Ariana Grande is known to wear Viktor & Rolf's Flowerbomb. If you're looking for something to fit your budget a bit better, Bath & Body Works has many affordable options — their signature and best selling scent is Japanese Cherry Blossom!

Related Link: Beauty Advice: The 5 Best Beauty Tips from Celebrities

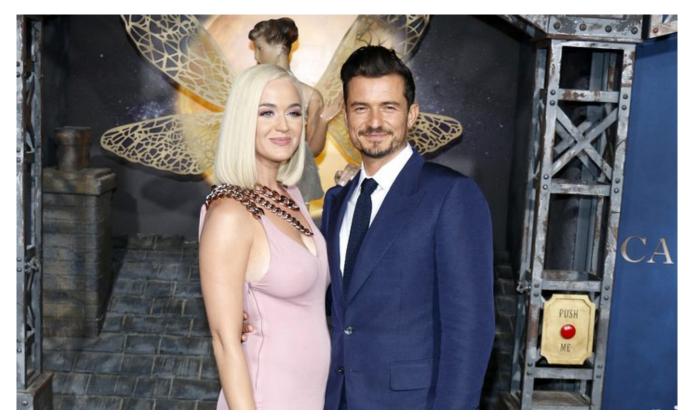
4. Makeup: There are tons of fleur-inspired beauty products out there! For a fresh-faced glow, try Milani's petal brush or Lancome's Rose Highlighter. If you're looking for something for the lips, try Blossom lip glosses or Modern Minerals' Lotus Flower infused lipgloss for a fresh flower pout.

5. Hair Pieces: Flowers in your hair are so elegant and dainty! If flower crowns are too basic for you, try weaving them into your braids, clipping them to the side, or even wearing them as a classic headband. Adding flowers to any hairstyle instantly dresses up any look!

How have you added flowers to your routine? Share with us below!

Celebrity Diets: 5 Celebrity-Approved Diets to Achieve Your Summer Body





By <u>Jessica Gomez</u>

Summer is here, and some of us have been procrastinating on getting in shape for fun in the sun, or maybe are just not quite there yet. Dieting is a challenge for most of us, so it's important to find one that is right for you. Some research suggests that choosing a diet you can stick to is more important than which diet you choose. Consistency is key, so choosing the most realistic diet for yourself is essential in reaching your goal.

Not every diet works for everyone, so here are five celebrity diets to choose from to lose weight. Let the diet and fitness tips begin!

Try one, try some, or try all of these celebrity diets! All of these diets are celebrity-approved and vegan-friendly! Some are full plans, and others are tips you can incorporate into your own diet: 1. Hot Lemon Water: Drink it right after waking up. Many celebrities have tried this tactic — Elle MacPherson, Lauren Conrad, Beyoncé, Gwyneth Paltrow, and Miranda Kerr are a few! The diet consists of a simple daily routine: drinking a cup of warm water with at least one tablespoon of fresh lemon juice. Lemon juice is highly acidic, so the mixture of it with warm water helps digestion by kick starting it early in the morning. For even better results, drink a cup before each meal instead of just before breakfast.

Related Link: <u>Celebrity Chef Recipes to Help You Eat Healthy</u>
This Year

- 2. Master Cleanse: This is an all-liquid diet. Beyoncé did a master cleanse, while incorporating cayenne lemon water into her all-liquid diet. You can also try juicing as a master cleanse. Make some at home or get some from your nearest juice bar. Juice fasting is a good way to lose weight because you can receive the raw nutrients of vegetables and fruits, and since it's in liquid form, you digest it much easier. See the pounds fall right off!
- **3. Baby Food Diet:** To some this may sound gross and to others, yummy. Baby food is no longer just for babies! The diet is based on eating baby food as your first two meals of the day and then eating a healthy dinner. Baby food is low in calories and is easy to digest. About 14 jars of baby food, up to 75 calories each (the less the better), should replace breakfast and lunch. For dinner, it's your choice! To aim for a healthy dinner, just try to lay off of anything fried or high in sugar, carbs, or salt. Celebrities like Lady Gaga and Camila Alves have tried this diet!

Related Link: <u>Celebrity Chef Recipe: Meal-planning Made</u>
Delicious

4. Macrobiotic Diet: This strict diet is pretty famous due to Madonna. Meat, dairy, eggs, and wheat are all excluded from

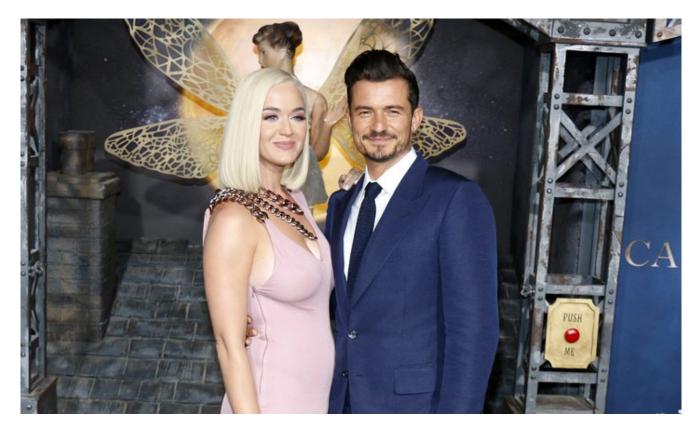
your meals for this diet. Other foods are fair game, like brown rice and other whole grains such as barley, millet, oats, and quinoa. The diet encourages "sea vegetables" as well. What are sea vegetables? Arame, nori, kombu, and kelp are few vegetables originating from the sea. These lower cholesterol, detoxify your body, and fights constipation and aging as well.

5. Apple Cider Vinegar Shots: Before every meal, take a shot of apple cider vinegar, measuring to around a teaspoon. Celebrities like Megan Fox have tried this diet. If you feel like you can't take the shot neat, you can mix two teaspoons into water. If the taste is still too unpleasant for you, you can add a sweetener like honey or maple syrup. Of course, neat shots and diluting the vinegar in water are more effective. This diet takes time — you must take it consistently over a long period of time. The acetic acid has fat-burning properties that influence your fat metabolism, stopping your body from storing fat, and instead using it as a form of energy.

What are some diets you've tried that worked for you? Share below!

Celebrity Fitness: 5 Basic Yoga Poses by Celebrities





By <u>Marissa Donovan</u>

Many celebrities enjoy staying in shape and becoming relaxed through yoga. Yoga is one of the many ways you can improve your flexibility and posture. For those who are beginners and need guidance, here are a few poses you can try.

Check out how to stay on top of your <u>fitness</u> goals with these yoga poses that celebrities have tried!

1. Karlie Kloss's Lotus Pose: Taylor Swift's Bestie and supermodel Karlie Kloss shows off her peaceful pose at the beach. To perform this pose, sit down bend your right knee and left knee out so your legs can cross. Press your hands in front of you and raise them above your head to form a triangle. The benefits of this pose can help improve breathing and can help reduce stress. This is the easiest variation of the pose.



Photo:
karliekloss/Instagram

Related Link: Rachel Brathen Shares Love Advice in New Book 'Yoga Girl': "Each Moment is New and So Full of Potential!"

2. Gisele Bündchen's Downward-Facing Dog Pose: When this supermodel isn't cheering on her husband Tom Brady or modeling, she seems to enjoy practicing her yoga poses with her children. Gisele Bündchen proves to us that her and her child can do the Downward-Facing Dog. For this pose, you will need to place your hands wide on the ground and almost in front of your shoulders. Make sure that when you bend down that your knees are below your hips and not locked. To achieve good form to not let your head hang by keeping it placed between your upper arms. According to Yogajournal.com, this is great for those who enjoy rock climbing or want to improve their strength.



Photo: gisele/InstagramRelated Link: <u>Gaiam Product Review:</u> <u>Learn Yoga and the Art of Self-Love with Rachel Brathen</u>

3. Eva Longoria's Tree Pose: This Desperate Housewives star is skilled at perfecting the tree pose! Like Eva Longoria, slowly put your weight on your left foot and bend your right knee. For support, gently grab your right ankle with your right hand. Make sure your right foot is placed on your inner left thigh by adjustment of the heel near your left groin muscle. Stretch your tailbone to the ground and press your hands together above your head forming a triangle. This pose will help you achieve excellent posture and balance.



Photo:
evalongoria/Instagram

Related Link: <u>Actress and Producer Eva Longoria Decides Not To</u> Have Kids

4. Miranda Kerr's Wheel Pose: This Victoria Secret angel is extremely flexible! Miranda Kerr is a pro at yoga, but this can be a basic move for those who have the strength to bend backwards and have core balance. To start the wheel pose, lie on your back and set your feet on the ground by bending your knees. Next bend your elbows and open up the palms of your hands next to your head. Lift your body with by pressing your feet in the ground to help guide your tailbone lift your butt up. The muscles in your arms will help you hold this pose while taking deep breaths. Beginners should practice going into a back bend before lifting one leg from the pose. The wheel can stretch your chest and lungs, while also giving helping core areas like the abdomen become stronger.



Photo:
mirandakerr/Instagram

Related Link: <u>Product Review: Check Out Gaiam's New Athletic</u> <u>Yoga Collection for Men - Just in Time for Valentine's Day!</u>

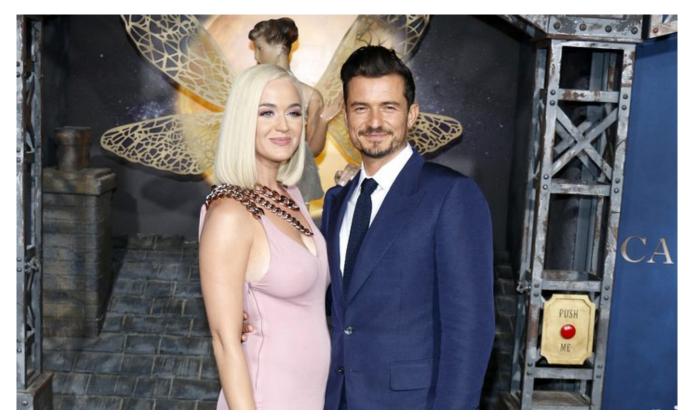
5. Miley Cyrus's Tolasana Pose: We can't stop being amazed by Miley Cyrus's skill level! This may not be the most basic pose to try, but some may find it to be easy. The first step to the tolasana pose is to put your bend your right knee and place

your right hand in the small pocket of where your knee bends. Lean forward and slowly put your right foot at where your left hip curves forward. Make sure your inner groin and inner knee are aligned in a bend that you are comfortable with. Use your left hand to help cross your bent left leg over your bent right leg. Try your best to bring both knees closer together to prefect your form. Take a moment to focus on your breathing. After you feel comfortable, with a deep exhale push down on your hands to help lift off your knees and butt from the ground. Look straight ahead while pushing off and make sure your knees are next to your belly button. Hold the pose as long as you can and take slow breaths. To come down from the pose, slightly lean forward and undo your left foot from your right thigh and your right foot from your left. This pose can help make your abs stronger while also help you focus on your posture.

Which yoga pose will you try first? Let us know in the comments!

Top 5 Celebrity Honeymoon Destinations





By <u>Melissa Lee</u>

Are you and your significant other on the market for a honeymoon destination? It can get exhausting when trying to find the perfect romantic vacation spot, especially if you're attempting to think outside the box and go somewhere new. Celebrities are always jet-setting to the most luxurious and gorgeous getaway destinations, so regardless of what you're looking for, at least one of these spots is guaranteed to strike a chord with you and your partner!

Frustrated with trying to plan your honeymoon? Don't worry — check out the top five celebrity honeymoon destinations for ideas!

1. Amalfi Coast, Italy: Italy is notorious for its beautiful views, delicious food and overall romantic aura, so it's no wonder why the Amalfi Coast is such a popular honeymoon spot. Celebrity couple Reese Witherspoon and Jim Toth headed here

for their post-wedding getaway, where they were seen taking boat rides on the coast, shopping around, and sharing romantic meals together.

2. Anguilla: This low-key Caribbean island is a 16-mile long stretch with 33 beaches! Anguilla was the host to honeymooners Orlando Bloom and Miranda Kerr, where they stayed in a private two-story villa and shared alfresco dinners every night. Though on the more quiet side, Anguilla is known for its art galleries, seafood options, and gorgeous hotels complete with luxurious amenities.

Related Link: <u>Top 5 Most Luxurious Romantic Getaways in the</u> United States

- 3. Costa Rica: If you and your partner are a more adventurous pair, Costa Rica might be right up your ally. This Central American country is home to hundreds of outdoor activities, some of which include surfing, hiking, and snorkeling. Newlyweds Andy Roddick and Brooklyn Decker headed to Costa Rica on their honeymoon they were seen zip-lining through one of the many rain forests, laying out on the beach, and enjoying some fine dining.
- 4. Los Cabos, Mexico: This relaxing destination is ideal if you and your sweetheart are looking for a low-key, calming vacation. Los Cabos has hosted couples Kevin Jonas and Danielle Deleasa and LeAnn Rimes and Eddie Cibrian. This spot is perfect for renting out private villas and enjoying the beach, along with your partner's company.

Related Link: <u>Top 5 Romantic Getaways in the Northeast U.S.</u>

5. St. Barts: This Caribbean island is known for being glamorous and chic — plus it has hosted celeb mega-couple Beyonce and Jay Z, so what's not to adore? Complete with luxurious bistros with decadent food, glitzy nightlife and designer boutiques, St. Barts is *the* celeb-approved honeymoon spot that will surely give you a time to remember. Head here

if you're looking to soak up the sun on a private beach, enjoy delicious food, or have a night out with your partner.

What are your favorite honeymoon spots? Leave your thoughts below.

Celebrity Fitness: Celeb-Approved Ways to Stay Fit in NYC





By Noelle Downey

With summer about to be in full swing, it's officially time to

start thinking about how amazing you're going to look in your favorite bikini at the beach this year. If you want to shave off a few pounds to look your best while you play in the surf and sand this summer, never fear! There are tons of places you can head to work out and look stunning in time for the hottest summer months, especially if you live in celeb-studded NYC. Tons of celebrities will be joining you on your quest to get fit this year, and if you head to any of these premier fitness locales, you just might run into them!

Celebrity Fitness: Check out these celeb-approved ways to stay fit in NYC and see if any of these fitness trends could help you get a celebrity style body and look!

- 1. Ballet Beautiful: For a somewhat non-traditional workout, visit Ballet Beautiful, a celeb-approved hotspot for getting fit with ballet exercises and cardio that's client specialized to any particular needs you might have or problem areas you might want to address. Owner Mary Helen Bowers is used to VIP clients, including Victoria's Secret Angels Miranda Kerr and Lily Aldridge, and Bowers also personally trained Natalie Portman for her Oscar-winning performance in dark horror flick, Black Swan. With two convenient locations in SOHO and the Upper East Side, visit this special studio and pick a workout from anywhere between fifteen minutes to three hours to see what all the stars are raving about when it comes to this fun fitness opportunity.
- 2. ModelFit: For a fantastic workout that leads to an absolutely stellar body, try ModelFit, a hugely popular fitness boutique in Manhattan frequented by such big-name stars as <u>Taylor Swift</u>, Karlie Kloss and <u>Chrissy Teigen</u>. Owner

and fitness expert Justin Gelband focuses on toning your muscles through cardio, so expect a lot of fun activities like kickboxing and yoga to shake up your fitness routine. And don't be surprised if you spot even more Victoria's Secret Angels — ModelFit is incredibly popular with the modeling crowd, so much so that Gelband is referred to as "the supermodel trainer."

Related Link: Celebrity Diet: Get a Red-Carpet Ready Body and a Healthy Mind By Eating These Super Foods

- 3. Rumble Boxing: Looking for something to break you into even more of a sweat? Why not try Rumble Boxing, a hardcore workout that allows you to jump from lifting weights to hitting a punching bag in minutes. Rumble Boxing is still an up-and-coming fitness destination for the rich and famous, but professional models are often seen blowing off steam and burning calories in this premier establishment, including Canadian-born supermodel Lexi Wood and fitness training icon and former football player Devon Levesque. Visit this awesome workout facility to burn some calories and get your body beach-ready this summer!
- 4. AKT InMotion: If Ballet Beautiful sounds fun but you're looking for a different kind of dance for your workout, look no farther than AKT InMotion, a high-energy dance studio from owner Anna Kaiser, who is responsible for the fantastic physiques of such stars as Shakira and Kelly Ripa. Keep on your toes with this fantastic workout that combines the fun of a night out dancing with your girlfriends with the calorie burn you'll need to feel great about your body this summer. Grab a group of friends and hit up this celeb-approved NYC fitness hotspot for a fun hour of intense dancing that will leave you feeling invigorated and full of adrenaline.

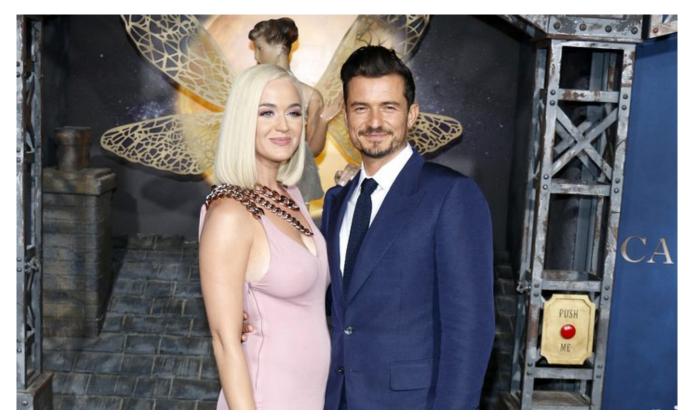
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5. Dogpound: If you're looking for a workout that has a high level of intensity but an equally high level of results, than Dogpound might just be for you. This insane fitness hotspot is a beloved favorite of a ton of Victoria's Secret Angels, including Ashley Graham and Leonardo DiCaprio's celebrity ex, Toni Gaarn. Move across the room burning calories and flipping tires or step into the ring for a boxing match for some intense fitness that will leave you breathless and with a great bikini-worthy body. Feel great about your tenacity in the ring and your core strength as you step up to the challenges at this amazing and hardcore NYC fitness stop.

Are you planning to visit any of these celeb-approved fitness hotspots in NYC? What are your favorite ways to get fit? Let us know in the comments!

Top 5 Most Traveled Celebrity Couples





By Nisha Ramirez and Kayla Garritano

Once you get past the daunting task of packing and getting through airport security, traveling can be a great way to bond with your partner. Whether you decide to take a road trip through the 50 states or hop on a plane headed around the world, visiting a new place and learning a new culture can bring the two of you closer. Celebrity couples are always seen traveling together, and just like them, you could have you're very own romantic getaway.

These celebrity couples have taken traveling to the extreme:

1. Ethan Zohn and Jenna Morasca: Ethan Zohn won the hit reality TV show Survivor Africa. His girlfriend, Jenna Morasca, won Survivor Amazon. After being together for eight years, the adventure loving couple took traveling to new heights and joined the cast of The Amazing Race in September. Zohn and Morasca hoped the competition across the world would help them relieve stress following Zohn's battle against

Hodgkin's disease.

2. Kylie Jenner and Tyga: It seems Kylie Jenner and her onagain off-again beau Tyga are always jet setting someplace new. Whether it's Mexico, the Caribbean, Turks and Caicos, or Miami, they seem to prefer tropical locals. They even sometimes bring Cairo, Tyga's song with Blac Chyna, on their trips with them. It's a true family affair!

Related Link: Take a Walk on the Wild Side of the Caribbean

- **3. Jay-Z and Beyonce:** These two hip-hop and R&B superstars are always hopping on planes. From laid-back summer vacations to mixing work and pleasure, Jay and Bey have racked up a large number of frequent flyer miles. While **Beyonce** was working on her album, 4, the married couple took to France for some R&R and long studio hours. The travel time worked like magic, because Beyonce's album was a success and she became pregnant with their first child. In September, a month after the pregnancy announcement, the new parents vacationed in Hvar, Croatia.
- 4. Prince William, Duke of Cambridge and Catherine, Duchess of Cambridge: Traveling is a part of William and Kate's new life together, and they take it in stride. After their lavish wedding, the royal couple took a trip around Canada and the west coast of the United States this year. The North America tour took place from June 30, 2011 to July 10, 2011. Getting to see the world is just one of those royal perks!

Related Link: Date Idea: Travel Abroad without Leaving the Country

5. Nikki Reed and Ian Somerhalder: When this pair got married in 2015 secretly in California, their next step was their honeymoon, planning an extravagant trip around the world. They started with Mexico, then headed to Brazil in less than a week. They were shortly seen together at a film festival in Nice, France. Happy in love, and happy in travel!

Where are the most exciting places you've traveled? Share your experiences below.

6 Celebrity Weddings We Can't Wait To Watch





By <u>Katie Gray</u>

We're going to the chapel and we're going to watch <u>celebrity</u> <u>weddings</u>! When our favorite <u>celebrity couples</u> have been in celebrity relationships for some time, we can't help but envision their futures together — and that includes celebrity weddings and celebrity babies! We wish these

successful six celebrity couples all of the happiness in the world.

Cupid has compiled the 6 celebrity weddings we can't wait for:

- 1. Kate Upton & Justin Verlander: Talk about pitch perfect! Justin Verlander, baseball pitcher for the Detroit Tigers of the MLB, is dating supermodel, Kate Upton. We know that their celebrity wedding would be gorgeous! Verlander has a net worth of \$60 million and his annual salary is \$28 million. The Sports Illustrated model is also super successful. We can't wait to watch this love story unfold, they are America's Sweethearts.
- 2. Kevin Hart & Eniko Parrish: Comedian Kevin Hart is known for making us laugh! Hart and Eniko Parrish have been giving us major relationship goals. They were at the top of our anticipated weddings list, and they just tied the knot in a luxurious ceremony on August 13th. They are now on a honeymoon in St. Barts and we can't wait to see their photos! We look forward to the day they decide to have celebrity babies.
- 3. Miranda Kerr & Evan Spiegel: Supermodel Miranda Kerr and Snapchat CEO Evan Spiegel, are engaged, and we cannot wait to see their wedding pics! They are so cute. When they announced their engagement, they did it with a special custom Snapchat filter how appropriate!

Related Link: 5 Celebrity Couples We Want To Reunite

4. Kendrick Lamar & Whitney Alford: Hip hop recording artist Kendrick Lamar is engaged to his longtime girlfriend, Whitney Alford, and we are excited to watch their celebrity wedding take place. Lamar is a cousin of Nick Young, who plays for the Los Angeles Lakers.

5. Robert Pattinson & FKA Twigs: The Twilight star, Robert Pattinson, got engaged last year to singer FKA Twigs. He gained a lot of notoriety and fame by playing vampire, Edward Cullen, in the Twilight saga. Although this is real life and they aren't vampires, we can't wait to see their love story grow.

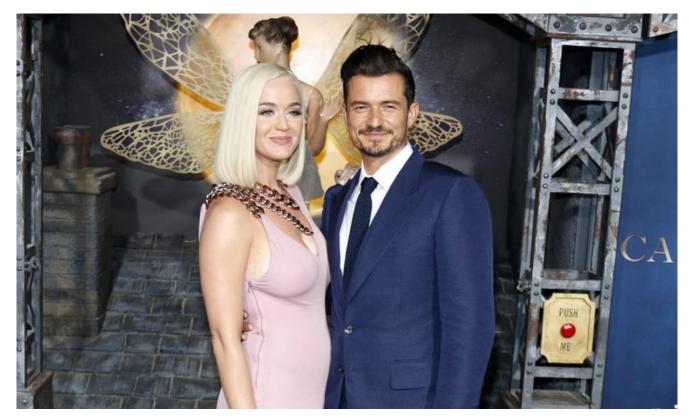
Related Link: <u>Bigger Is Better: Top 6 Celebrity Couple</u> <u>Engagement Rings</u>

6. Pippa Middleton & James Matthew: We can't get enough of the royal family! Princess Kate Middleton's sister, Pippa Middleton, is engaged! James Matthew, the future groom, is a hedge fund manager, and he surprised her when he popped the question. She was spotted sporting a gorgeous engagement ring the very next day and the engagement notice informed us that they will wed next year. Woohoo!

What upcoming celebrity weddings are you excited to watch? Comment below!

Celebrity Wedding: Miranda Kerr Is Engaged to Snapchat CEO Evan Spiegel





By Cortney Moore

Supermodel Miranda Kerr has made adorable <u>celebrity news</u> with her viral engagement announcement. The 33-year-old bombshell posted her creative announcement to Instagram on July 20, which showed off her engagement ring and an animated image of her accepting the proposal. The photo went along with the caption, "I said yes!!!" So who is the lucky man Kerr will be marrying? It's none other than Snapchat CEO Evan Spiegel, who Kerr has been a <u>celebrity couple</u> with for a year now. According to sources from <u>EOnline.com</u>, Kerr and Spiegel were smitten with each other from the start. "They've fallen hard for each other and are really in love," said one insider. This will be Kerr's second <u>celebrity wedding</u>, but a first for Spiegel. Perhaps this time around we'll be able to see a celebrity wedding live streamed from Snapchat! Fingers crossed.

There's another celebrity wedding in the works! What are some

creative ways to announce your engagement to family and friends?

Cupid's Advice:

Engagement announcements have become increasingly popular in the last few years. If you wish to make yours stand out from the crowd, check out these announcement ideas. Cupid is here to make sure your engagement announcement will be memorable for years to come:

1. Get crafty: If you really want to exercise your creative muscle, you can make your own engagement announcement to share with everyone. Break out the construction paper and glitter, or make a photo collage that creates a timeline of your relationship. Do whatever craft you like best. No matter which you pick, everyone will see the love and care you put into your announcement.

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2. Spread the news: This option isn't done as often as it used to be, but newspapers are a great way to share details on special events. Announcing your engagement through a newspaper is a nice way to inform the distant acquaintances in your life. This is a charming way to include colleagues, old classmates and even strangers on your special day.

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3. Have a party: Everyone loves a good party. Hosting an engagement party is a fun way to get your friends, family and anyone else you hold dear involved. Having your loved ones all in one place will be a memorable experience that you can hold dear aside from your actual wedding day.

How did you announce your engagement? Tell us in the comment section below.

Celebrity Couple News: Miranda Kerr Says BF Evan Spiegel Acts Like He's 50





By Katie Gray

In recent <u>celebrity couple</u> news, supermodel Miranda Kerr and billionaire boyfriend Evan Spiegel are enjoying their <u>celebrity relationship</u>. The couple opts for dinner at home and

going to bed early versus going out. According to <u>UsMagazine.com</u>, the former Victoria's Secret angel, Kerr, told <u>The Edit</u>, "He's 25, but he acts like he's 50. He's not out partying. He goes to work in Venice. He comes home. We don't go out. We'd rather be at home and have dinner, go to bed early." Kerr has a celebrity dating history that includes her ex-husband Orlando Bloom, whom she has a son with. Bloom is in favor of this famous couple and they all get along well.

This latest celebrity couple news is surprising, given that Spiegel is 25 years old. What are some ways to know if your partner is mature for her or her age?

Cupid's Advice:

Age is just a number, like the saying goes. Sometimes older adults can be immature and in other cases younger adults can be mature for their age. The way your partner behaves and their actions, is what ultimately determines if your partner is mature for their age. Cupid has some tips on determining if your partner is mature for their age:

1. Behavior: The way a person behaves declares their level of maturity. If they are loyal, honest and follow through with their promises, then they are mature. If they are flakey, unorganized and don't take things seriously, then they may be on the immature side still. However; everyone grows as a person. Just because your partner may be immature for their age doesn't mean they can't improve!

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'Hates' His New Muscles

2. Actions: Actions speak louder than words. Your partner can tell you whatever they want, but it's important to base their maturity on their actions. If they follow through with promises, call when they say they will, are consistent and so forth. Pay attention to these details!

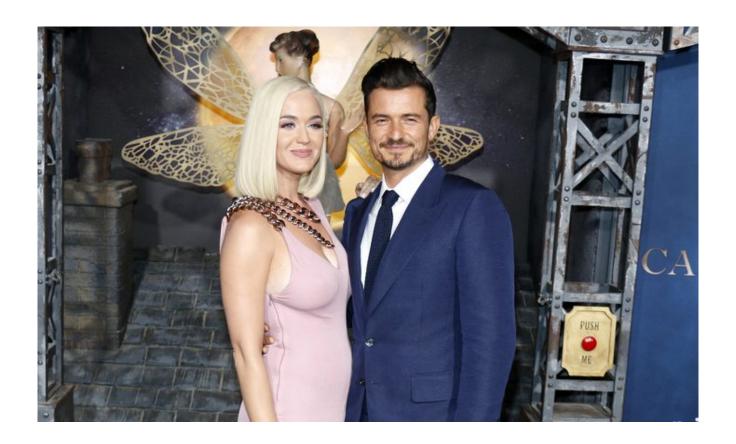
Related Link: New Celebrity Couple: Justin Bieber Reveals New Romance With Hailey Baldwin

3. On the same page: The most important way to tell if your partner is mature for their age is to determine if you are on the same page in terms of your relationship. If you want something more serious, then it's vital that they do, too. If you are both just having fun and taking things slow, then that's another option. Just make sure that the maturity of the relationship is the same level of maturity of each partner.

How have you determined if your partner was mature for their age? Share your experiences below.

Celebrity Photo Gallery: Famous Couples That Co-Parent





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Jennifer Lopez and Marc Anthony

Although they're no longer together, the two singers co-parent and do business together. These celebrity exes didn't let their break-up get in the way of their children or career. Photo: Charles Norfleet / PR Photos

20 Fashionable Celebrity Moms





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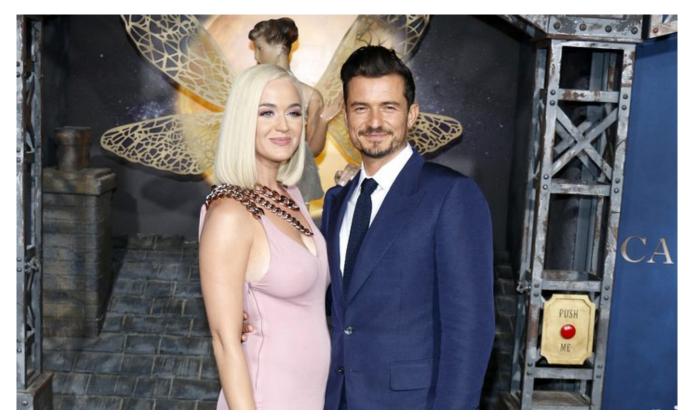


Gwen Stefani

The No Doubt front woman and L.A.M.B. fashion designer has a unique sense of style, one that she's passed down to her three celebrity babies. Photo: Gucci/FAMEFLYNET PICTURES

Miranda Kerr After Split With Bloom: "This Is My Time to Explore"





By Louisa Gonzales

Miranda Kerr did a **revealing** photoshoot and interview for the May 2014 issue of *British GQ* magazine. According to *UsMagazine.com*, Kerr not only graced the cover of the mag wearing nothing, but a pair of thigh high stockings, she also delved into steamy details of her life following the split with her husband of three years, Orlando Bloom. Kerr, 30, is reportedly enjoying the single life, open to dating and confessed to the magazine, as she gets older she is becoming more confident in asking for what she "enjoys" in and out of the bedroom. Kerr also **revealed** that she is **open to explore** whether it be with men or women.

How do you join the dating world after splitting from you own long-term relationship?

Cupid's Advice:

Once you split with the person you've been with for a long time, it can be hard to even think of putting yourself back out there and be **open to explore**. Getting back into the dating

game after being in a long committed relationship can be fun and exciting if you let yourself go there. Cupid has some advice on how to join the dating world after a long-term relationship:

1.Reinvent yourself: Nothing says starting fresh, than reinventing or re-evaluating your life and it's priories. You don't have to drastically alter yourself or your looks, but this can be a good time to maybe try something different with yourself or consider trying new things. It can be anything whether it's you buying a new outfit or wardrobe, changing your hairstyle, or experimenting with new things.

Related: Orlando Bloom Says He and Ex Miranda Kerr 'Love and Cherish Each Other'

2. Join a dating website: Sure, the thought of having to resort to online dating can be disappointing, but not if you look at in a positive way. Think of it as a way for you to meet new people and maybe find someone you can connect with. The truth is online dating is not the taboo is use to be, many people do it these days and many people who have joined them have found love.

Related: Miranda Kerr and Orlando Bloom Reunite in NYC with Son Flynn

3. Think of it has a new adventure: Life is full of surprises and unexpected journeys. Think of the end of your long-term relationship as the beginning of a new and exciting chapter of your life. Don't be afraid to put yourself out there, explore new options and take a chance because you never know when you'll meet the next love of your life.

How would you join the dating world after a long-term relationship? Share your tips in the comments below.

5 Celebrity Couples Who Are Still Friends After Divorce





By Louisa Gonzales

Breakups are hard. Divorce is even harder. Some are nasty, while others end amicably, but even so, for some couples transitioning from ex lovers to buddies just isn't possible. Many celebrity partners have gotten married over the years, and not all of them have worked out. However, some pairs have managed to go from being in a romantic relationship to remaining friends. Here are Cupid's top 5 celebrity ex couples who still remain friends to this day.

1. Miranda Kerr and Orlando Bloom: The pair married for three years before calling it quits in 2013. The ex couple shares one son, Flynn, born in 2011. The ex lovers may have ended their marriage, which their reps stated the split was amicable, but the family is still spotted in friendly outings together. Having a son together it makes sense the two remains more than cordial with one another.

Related: <u>5 Celebrities with Open Marriages</u>

- 2. Courteney Cox and David Arquette: The two got hitched back in 1999 and were together for 11 years before splitting up and then officially divorcing in 2012. The ex lovebirds have one child together their daughter, Coco. The two have reportedly stated they still remain best friends and are both fully committed to raising their daughter together even though they are no longer married.
- 3. Ryan Phillippe and Reese Witherspoon: The couple who tied the knot back in 1999 married young, but remained together for eight years, unusual for Hollywood standards, before ending their romance. The ex lovebirds have a son and daughter together and still maintain a healthy relationship with each other to this day.
- 4. Demi Moore and Ashton Kutcher: The once power couple both made headlines when they first got together back in 2003 because of their major age difference, about fifteen and half years total! Their divorce may have been one of the nastier ones, there's speculation Kutcher was unfaithful, but the ex's have both since moved on. Kutcher stated he would always cherish the time they spent together in a tweet and the pair appears to still be friendly toward one another.

Related: Top 10 Celebrity Couples of 2013

5. Demi Moore and Bruce Willis: These two former flames haven't been married for years divorcing way back in 2000 after being married for 13 years. They had three daughters

together. The duo remained close after the split. Willis even use to pose with his daughters, Demi and her now other ex husband Ashton Kutcher! Talk about having no hard feelings!

Do you think it is good to stay friends even after a divorce? Share your comments below.

Celebrity Couple Predictions: Jessica Simpson, Miranda Kerr and Beyonce





By **Shoshi**

For today's column, let's consider three couples who have controversy currently surrounding them, whether it's because of baby weight, a surprise split, or anti-feminist song lyrics:

Jessica Simpson and Eric Johnson: This blonde pop star has come a long way, which makes it so easy to root for her success. Recently, she announced that she's going to stop acting and retire from the entertainment world. Her focus is now on being a business woman and mother.

All of that also means that she's finally ready to marry her baby daddy, Johnson. When I took a closer look at their relationship, it looks like everything is falling into place for them. The question of will they or won't they tie the knot is about to be put to rest. This time, the wedding will take place. It's a wonderful time for them to get hitched, now that they have two cute kids and Simpson has lost the baby weight.

This celebrity couple has a pretty normal relationship, and their wedding should be held in 2014. Don't expect too much drama — everything is going strong with them.

Related Link: Jessica Simpson Welcomes Baby Boy Ace

Miranda Kerr and Orlando Bloom: This beautiful couple has called it quits, which was a surprise to many people. Rumors have circled that Kerr cheated with Leonardo DiCaprio and Justin Bieber, while Bloom has recently been seen with Liv Tyler, causing the media to assume they're more than friends.

When considering the lost love between these exes, it looks like it just ran its course. Their relationship was well over before they made it official. They still care deeply for one another and always will, but it is more like a friendship. They tried to stay together for their child but realized it was just better to say goodbye.

Bloom will date around a bit before settling down again, breaking a few hearts along the way. He's going to enjoy being a single dad. As for Kerr, there are plenty of suitors circling her. After all, models hardly ever have a hard time finding rich men to love them.

Related Link: Orlando Bloom Says He Still "Loves and Cherishes" Ex Miranda Kerr

Beyonce and Jay Z: How can I not bring up this power duo considering the current controversy sounding them for the song "Drunk Love," in which Jay-Z compares their relationship to Ike and Tina Turner? The lyrics have stirred mixed reviews from fans and feminists alike. How can a strong woman like Beyonce allow those lyrics on her album? Keep in mind that the singer has never called herself a feminist; other people just view her in this way.

This is all to say that these musical stars don't have the amazing relationship that most of their fans want them to have. I know some people will not like me saying it, but when I look into their marriage, it's not that great. There's a rumor that Beyonce thought about leaving Jay-Z because he didn't put his family first, and it definitely has many elements of truth in it. Plus, there are often reports of Jay-Z having relations with other women. His entrance into the sports world will put even more strain on their relationship.

It'd be awesome if they had the picture-perfect marriage that has been marketed. If you are one of the people who believe that they are crazy in love, it's all good. Just remember that, no matter how much money or fame someone has, we all go through the same ups and downs in our relationships.

For more information on Shoshi, click here.

Orlando Bloom Says He and Ex Miranda Kerr 'Love and Cherish Each Other'





By Brittany Stubbs

After three years of marriage, Orlando Bloom and Miranda Kerr announced their amicable separation earlier this year. Despite their split, People shares that they've maintained a healthy and happy friendship for their son Flynn, who will be 3 next month. "We both love and cherish each other," Bloom told E! Online on Monday. "What [our son] reads and knows about when he's a grown-up is more important to me than anything."

What are some ways to remain friends with your ex after you part ways?

Related Link: Miranda Kerr and Orlando Bloom Reunite in NYC with Son Flynn

Cupid's Advice:

- 1. Have a separation period: When building a friendship with someone you have a romantic history with, it's important to make sure all the feelings from your past don't get in the way. You can't truly have a healthy relationship if one of you is still bitter or hasn't recovered from the breakup. One way to avoid this is by making sure you have some time apart from one another after the initial split. This approach allows you each the space to heal and move on before jumping into a friendship.
- 2. Set boundaries: Despite the fact that you both are over one another and are maybe even dating new people, there are still some boundaries you and your ex need to set to have a happy friendship. For example, you may be glad to hear your ex has a girlfriend, but you probably don't want to know the intimate details about their relationship. Being open and honest about what you feel comfortable sharing and discussing is key to remaining friends.

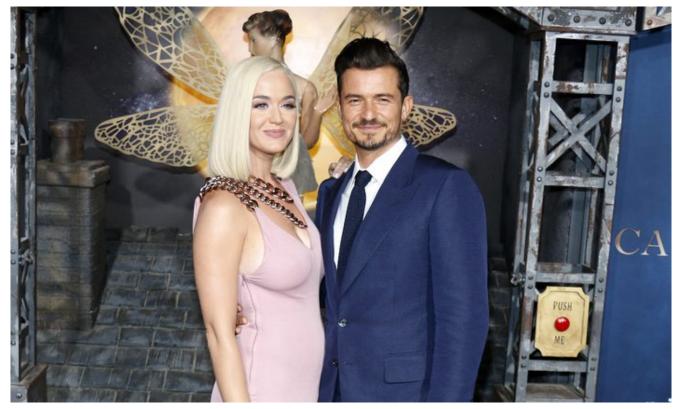
Related Link: <u>How to Cooperatively Co-Parent After Separation</u> or <u>Divorce</u>

3. Forget the bad: Regardless of why you and your partner split, there were probably tough times for each of you in your relationship. It's impossible to stay friends if old disagreements or unhappy memories keep resurfacing, so let the rough parts of your past go and focus on having a better future.

How have you remained friends with an ex? Share your

Miranda Kerr and Orlando Bloom Reunite in NYC with Son Flynn





By April Littleton

According to <u>People</u>, Miranda Kerr and Orlando Bloom seem to be getting along just fine despite the fact that they're separated. The pair were spotted in N.Y.C. Saturday with their son, Flynn, who turns 3 in Jan. The couple announced their

split in October after three years of marriage. "We love each other. We're a family," Bloom said about Kerr days after their announcement.

What are some ways to keep your post-breakup relationship civil for your children?

Cupid's Advice:

1. Let the relationship go: Many couples try to stay in a dying relationship for the sake of their children not realizing that they're actions are actually making it harder on the family. Put your kids first. Naturally, they would love to see the you and your former partner together, but they also want to see you both happy too — even if that means the two of you aren't an item anymore.

Related: <u>Malin Akerman and Husband Split Months After Son's</u> <u>Birth</u>

2. Communicate: Your children shouldn't be treated as messengers. If you have anything to say to or about your ex, tell them directly. Your kids don't need to be put in a situation that's already hard for them to understand.

Related: Exes Ashlee Simpson and Pete Wentz Reunite for Son Bronx's Birthday

3. Establish a schedule: Set up a schedule that works for both you and your ex. When it comes to visitations, try to be consistent on who gets to see the kids on what days. It's OK if you need to switch it up every now and then as long as your ex agrees on the terms.

What are some other ways to keep your post-breakup relationship civil for your children? Comment below.

How to Cooperatively Co-Parent After Separation or Divorce





By Rosalind Sedacca, CCT for <u>Hope After Divorce</u>

Since they're parents of a two-year-old son, Orlando Bloom and Miranda Kerr's separation is more than just celebrity news. They have become role models for how to handle divorce. At the Child-Centered Divorce Network, we watch celebrity divorces carefully, honoring them when they do things right — and admonishing them if they're doing things wrong.

So far, we're hearing the right messages that every couple facing separation or divorce should heed. I value what Bloom said recently on a TV interview: "We love each other. We're a family. We're going to be in each other's lives for the rest of our lives." That, in essence, is the reality divorcing parents face. Why not approach it cooperatively for the well-being of your children? Bloom added, "For the sake of our son and everything else, we're going to support one another and love each other as parents to Flynn. Life sometimes doesn't work out exactly as we plan or hope for. But fortunately, we're both adults, and we love and care about each other. And we, most of all, love our son."

Related Link: Can You Really Be Friends With Your Ex?

I love this response and am delighted to share it with others. No doubt, life for parents after divorce can be enormously complex and challenging for several reasons.

- Both parents are bringing the raw emotions resulting from the divorce into a new stage in their lives.
- Mom and Dad are also bringing previous baggage from the marriage - ongoing conflicts, major disputes, differing styles of communication, unresolved issues, and continual frustrations - into the mix as they negotiate a co-parenting plan.
- Both parents are vying for the respect and love of the children - and are easily tempted to slant their parenting decisions in the direction that wins them popularity with the kids.
- Anger and resentment resulting from the divorce settlement can impact and influence levels of cooperation in the years to come.
- Parents may disagree about major issues ahead that weren't part of the parenting dynamic in the past, including visits

and sleepovers with friends, scheduling after-school activities, handling curfews, new behavior problems, consequences for smoking, drinking and drug use, dating parameters, using the car, and scheduling vacation time.

- Parents may not share values and visions for the children as they grow and may also not agree on the plan of action required to honor those values.

When these types of differences appear, parents might find themselves struggling to find ways of coping. Agreement on how to co-parent effectively in the present and the future is not a one-time discussion. It takes on-going communication, both verbal and written, as well as regular meetings via phone or in person. And it takes a commitment to make co-parenting work — because you both want it to.

Related Link: Must We Remain Friends with Our Ex-Husband?

The consequences, when it doesn't work, can be considerable. Your children are very likely to exploit any lack of parental agreement or unity, pitting Mom and Dad against one another while they eagerly take advantage of the situation. This is a danger sign that can result in major family turmoil fueled by behavior problems that neither parent can handle.

When Mom and Dad are on the same page, so to speak, they can parent as a team regardless of how far apart they live. These parents agree about behavioral rules, consequences, schedules, and shared intentions regarding their children. They discuss areas of disagreement and find solutions they can both live with — or agree to disagree and not make those differences an area of contention.

Keep in mind that when you're more open and receptive to your co-parent, you are more likely to get what you really want in the end. Good listening skills, flexibility, and the commitment to do what's best on behalf of your children are part of a smart co-parenting mindset. Remember that co-

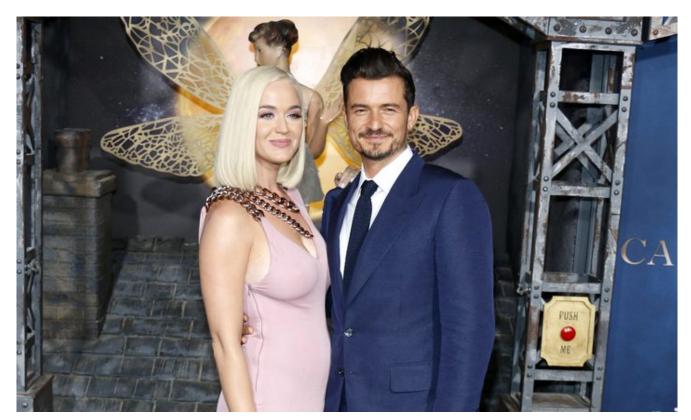
parenting will be a life-long process for the two of you. Why not do it in a way that will garner your children's respect and appreciation? It looks like Bloom and Kerr recognize the importance of that. I hope other co-parents do as well.

For more information on Hope After Divorce, click here.

Rosalind Sedacca, CCT is a Divorce and Parenting Coach and author of the ebook, How Do I Tell the Kids about the Divorce? A Create-a-Storybook Guide to Preparing Your Children — with Love! Acclaimed by divorce professionals, the book provides fill-in-the-blank templates that guide parents in creating a family storybook with personal photographs as an ideal way to break the news. Rosalind is a contributing expert HopeAfterDivorce.org, DivorceSupportCenter.com, FamilyShare.com, and CupidsPulse.com. For her free ebook on Post-Divorce Parenting: Success Strategies for Getting It Right!, her free ezine, articles, coaching services, and other Rosalind's valuable resources, visit personal website, www.childcentereddivorce.com/ or follow her on www.facebook.com/ChildCenteredDivorce/ and Twitter @RosalindSedacca.

Why Do You Want to Be Friends With Your Ex?





By Lori Zaslow and Jennifer Zucher, founders of Project
Soulmate

While it *is* possible to be friends with your ex, it's very hard and circumstantial. Everyone's relationship is different, but we believe that the general rule of thumb is to cut all ties unless there are third parties involved.

If you have kids together, it's mandatory to maintain a friendly relationship. Putting aside the differences that exist between you and your ex-partner is vital for the wellbeing of your family. A divorce means that children must make so many adjustments, but they still need both of their parents in their lives in consistent ways.

Related Link: Bruce and Kris Jenner Announce Their Separation

Turning to Hollywood for inspiration, Kris and Bruce Jenner are making a good business decision as well as a smart choice for their kids by choosing to still film their show despite their separation. There is nothing worse than divorce for a family, so why make it any harder than it has to be? By

choosing to put aside their personal differences for the sake of their empire, they're keeping the Kardashian-Jenner crew connected and together.

Similarly, Miranda Kerr and Orlando Bloom were recently spotted kissing only a day after they announced their split. They appear to be on great terms despite their separation, which will certainly help their young son Flynn cope with the changes in his life.

Now, let's look at relationships without children involved. It'll be especially difficult to maintain a friendship with your ex if one or both of you still have lingering feelings. However, if both of you are happy in other relationships and enough time has passed, then the possibility does exist. Even then, we still think the relationship should be kept "minimally friendly" — no need to try to be best friends.

Related Link: Five Ways Being Friends with Your Ex Can Ruin
You

If you're in one of the above situations, the real questions to ask yourself are: Why do you want to be friends with your ex? What makes his or her friendship so important to you? And does your ex feel the same way? Are you secretly hoping that sparks will fly again? Figuring out the answers to these questions will help you determine what path to take.

Remember: It may be possible to be friends with your ex, but that doesn't necessarily mean it's healthy to do so.

For more information about Project Soulmate, click here.

Tell us: Have you ever maintained a friendship with an ex?

Most Beautiful Famous Couples





By Jessica Smith

Beauty comes from the inside and out, and the radiance of love can be the most profound beauty people can exude. There are plenty of beautiful celebs in Hollywood, and when two gorgeous celebrities are matched together, they turn heads and leave us awe-struck. Here are ten of the most beautiful famous couples that Hollywood has to offer:

Beautiful Famous Couples

1. Prince William and Kate Middleton: The Duke and Duchess of Cambridge have earned the number one spot on our list. They've been married less than a year, but ever since Princess Kate elegantly walked down the aisle, she has taken the world

by storm with her class and beauty — and let's not forget her great fashion instinct.

- 2. Tom Brady and Gisele Bundchen: Fame, fortune, and beauty—this Hollywood couple has it all. They've been married for almost two years, and they're definitely turning heads. The New England Patriots quarterback and his supermodel wife have an 18-month old son and are making big plans for a new mansion.
- 3. Brad Pitt and Angelina Jolie: You can't mention celebrity couples without this dynamic duo making the list. Pitt and Jolie have been fighting human rights as a couple for six years, and they exude beauty inside and out with their celebrity love for one another and their love of helping people in need.
- 4. David and Victoria Beckham: There's plenty of spice in this duo's life, and we've watched these stars transform into responsible parents over the span of their twelve year romance. Victoria gave birth to their fourth child, daughter Harper, a few months ago, and their kids would certainly be included in the list for most beautiful celebrity kids.
- **5. Penelope Cruz and Javier Barden:** The Spanish actress and her beau make a lovely couple as fans watch them raise their son Leo after being married for just over a year.
- **6. Nick Lachey and Vanessa Minnillo:** These newlyweds have been married for less than a year, and they described their celebrity wedding as a dream come true. Hopefully, having their wedding televised didn't leave these two lovebirds with the reality TV show curse!
- 7. Orlando Bloom and Miranda Kerr: This famous couple can't get any sexier. The twosome has been married a little more than a year, and it's hard to believe they've already had their first child. If you saw Kerr modeling Victoria's Secret lingerie in this year's fashion show, then you probably saw

her hubby watching her enviable post-baby body glide down the catwalk and giving her a standing ovation.

8. Adam Levine and Anne Vyalitsyna: They're sexy, and they know it. Their celebrity romance seems hot and steamy as they pose nude for magazine covers and Vyalitsyna appears in his music videos. You could see the infatuation in Adam's smile as he and his girlfriend locked eyes as the Victoria's Secret model strutted her stuff down the catwalk recently.

Celebrity Love is Stronger Than The Rumors

- **9. Will Smith and Jada Pinkett:** Apart from the recent rumors of a celebrity divorce after being married for fourteen years, this power couple is still together and we're cheering for their recovery. The pair and their famous children are a force to be reckoned with, and their talent seems unstoppable.
- 10. Ryan Reynolds and Blake Lively: This young duo is one of the newest Hollywood couples to step onto the scene, and they're leaving their mark. It looks like the *Gossip Girl* may have finally found her man. The two can't seem to get enough of their love for each other, and for fans, there's nothing like living vicariously through a young and hopeful couple.

What other beautiful Hollywood couples would you add onto the list? Share your comments below.

5 Steamy Summer Celebrity

Couples





By Tanni Deb

Summer's arrival not only brings in warm weather, but also creates new relationships. New romance sparks — such as Hollywood's hot couple, Justin Bieber and Selena Gomez, while other couples' love for each other continues to grow. Since many relationships are emerging, here's a list of this summer's top five steamy celebrity couples who are hot as well as committed:

1. David Beckham and Victoria Beckham: The famous soccer player and his wife have been noted as the Brangelina of UK. They have four children and have been married for 12 years. Although there were rumors of David having an affair during their relationship, the Posh Spice said the news strengthened their marriage.

- 2. Will Smith and Jada Pinkett Smith: Married for 14 years, everyone's favorite Hollywood couple made YourTango's Top Ten Longest Hollywood Marriages list. What's their secret to a successful marriage? The couple agreed that "divorce just can't be an option."
- **3. Mark Consuelos and Kelly Ripa:** The duo first met on the sets of *All My Children* and married in 1996. Ripa, the hilarious co-host of *Live with Regis and Kelly*, and her husband were noted as one of Hollywood's Hottest Married Couples by *US Magazine*.
- **4. Orlando Bloom and Miranda Kerr:** Who could forget about the Victoria Secret model and her husband who stole our hearts away in *Pirates of the Caribbean*? Married in 2010, the couple had their first child in January. The two are always making time for each other despite their busy schedules.
- **5. Brad Pitt and Angelina Jolie:** Of course this list wouldn't be complete without Brangelina. Known best for their huge family three biological and three adopted children and their humanitarian efforts, they are referred to as Hollywood's power couple.

Want to see one of your favorite celebrity couples on this list? Let us know who in a comment below. In the meantime, lookout for new celebrity relationships this summer.

Celebrity Couples Saving the Earth





By Tanni Deb

With Earth Day this Friday, people everywhere are making pledges to support the planet and show appreciation for the environment. Whether it's planting trees, recycling, or just walking instead of driving, plan to do a something ecofriendly on April 22 — you'll join the countless celebrities who continue to raise awareness about persevering our planet. Here are some celebrity couples who are not only committed to each other, but to Mother Nature as well:

1. Bar Rafaeli and Leonardo DiCaprio: DiCaprio is one of the most outspoken celebrities to discuss environmental issues, and girlfriend Rafaeli is no different. In 2008, the *Titanic* star purchased a condominium in Riverhouse, an eco-friendly building in New York City. He also drives a hybrid, flies commercially to reduce his carbon footprint, inspires other celebrities to go green, founded the Leonardo DiCaprio

Foundation to support many eco-friendly causes, and created a documentary about the global environmental crisis called The 11th Hour. Meanwhile, Rafaeli is an activist in promoting alternative energy sources.

- 2. Miranda Kerr and Orlando Bloom: The Victoria's Secret model has an organic skin care line called Kora, was named Earth Hour's global ambassador for 2011 and modeled nude for Rolling Stone's Green Issue to raise environmental awareness. Bloom, Kerr's husband, built an eco-friendly house in London and was named a UNICEF Goodwill Ambassador in 2009.
- **3. Jessica Alba and Cash Warren:** In 2008, this couple bought an eco-friendly house in Los Angeles to raise their daughter, Honor Marie in. The couple also lives green. In an interview with *InStyle*, Alba said, "I would like to see a cleaner earth for my child."
- 4. Rachel Bilson and Hayden Christensen: They might keep their relationship private, but when it comes to causes like Aeropostale's Teens for Jeans, Bilson and Christensen enjoy discussing its recycling campaign. In addition to encouraging people to donate their jeans, Bilson uses reusable shopping bags, drives a hybrid Toyota Prius and wears cloths made from organic cotton. Christensen owns an organic farm in Canada.
- 5. Angelina Jolie and Brad Pitt: These two have been praised for all the charity work they participate in and the organization they founded in 2006, the Jolie-Pitt Foundation, which assists with worldwide humanitarian crises. The couple is also dedicated to creating eco-friendly communities. Shortly after Pitt received permission to run his project, Make It Right NOLA, which focuses on building affordable green houses in New Orleans, he volunteered to be a designer of an environmental luxury hotel in Dubai.

These are just a few of the dozen celebrities who are committed to creating a healthier planet. Follow in their

Miranda Kerr and Orlando Bloom Welcome a Son





Orlando Bloom is no longer the only man in the house! According to *People*, Bloom and wife Miranda Kerr welcomed their son Flynn on January 6th. "I gave birth to him naturally; without any pain medication and it was a long, arduous and difficult labor, but Orlando was with me the whole time supporting and guiding me through it. I could not have done it without him," the model said on her Kora Organics Web site on Tuesday. "We are so happy and are enjoying our time

together as a family. He is our little ray of sunshine. Thank you everyone for your beautiful well wishes and your lovely thoughts."

How can you support each other during the birthing process?

Cupid's Advice:

It's no secret that having a child is a difficult process, but with a little help from your spouse, it doesn't have to be a nightmare. Cupid has a few ways you and your partner can support one another:

- 1. Learn together: It's important that you and your spouse are familiar and comfortable with the process before it happens. Attend birthing classes together. You have to learn about effective ways to support each other before you can actually do it.
- 2. Communicate: It's not easy to support your partner if you're not sure how to help. Keep the line of communication open about the experience and how it's effecting the both of you. Always remind each other that you're in this together!
- **3. Have a plan:** The worst time to panic is when the baby is on his or her way. Have a solid plan in place ahead of time so that when the time does come, all you have to worry about is being there for each other.

Orlando Bloom & Miranda Kerr

Elope!





Miranda Kerr and Orlando Bloom, who announced their engagement just last month, tied the knot in a secret ceremony Thursday, their reps confirmed, reported <u>The Daily Telegraph</u>. A statement released by the model's employer, Australian department store David Jones, said, "David Jones is thrilled for Miranda, Orlando and their families — this is an exciting chapter in their lives and they will share a wonderful future together."

Why do people choose elopement or secret weddings over huge public ceremonies?

Cupid's Advice:

Weddings can be complicated and stressful. If couples feel overwhelmed by the intricate details of their big day, they might simply decide to elope. Here are a few other reasons to ditch the fanfare in favor of a small, private event:

- 1. Decisions get in the way: Things like trying to determine the seating chart can be a large wedding's nightmare. Opting for a family-only ceremony will help keep the big issues simple so you can celebrate the real reason for the wedding: love.
- 2. Families don't agree: Some couples find themselves torn between their relatives' best intentions, so they discard the big 'to do' and elope to get away from all the bickering.
- 3. Financial woes: With today's economy affecting more people than ever, a small, private service is often the best way to keep money in the bank, and still enjoy an intimate confirmation of love. Video tape the event to share with everyone else later.