

Find Out the Duggar Family's 5 Rules for Relationships and Love



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by [Courtney Omernick](#)

In the [latest celebrity news](#), another one of the Duggar children, Jessa, got engaged to Ben Seewald this past week. [People.com](#) put together an article summarizing some of the major relationship and love rules that the Duggar family has. The top five are: set boundaries; court, don't date; save the physical relationship for marriage; ask (lots of) questions; and have a weekly date. The soon-to-be married celebrity couple has obviously benefited from the Duggar family's two-cents, so this wholesome love advice is something for the books!

What are some important pieces of love advice for all couples to remember?

Cupid's Advice:

When it comes to relationships and love, many people have their own rules and requirements, but there are a few rules that should be followed in *every* romantic partnership. What are they? Cupid has some love advice:

1. Make your relationship top priority: This rule goes for both parties. If one person is putting in 80 percent of the effort, they will become exhausted, and the relationship won't go anywhere. If you're truly committed, make sure that the other person comes first.

Related Link: [5 Reasons Why You Should Date Someone Who's Older Than You](#)

2. Honesty is always the best policy: If you feel like you can't be honest with your partner, it's probably best that you two go your separate ways. Trust is the biggest thing in a relationship, and you can't have trust without honesty. It's important that you feel like you can be open at all times with your partner.

Related Link: [On-Again, Off-Again: Celebrity Couples Who Can't Make Up Their Minds](#)

3. Think of the big picture: Remember what is most important in your relationship and pick your battles carefully. Romances aren't perfect, so let go of the smaller issues and remind yourself every day why you selected to be with your partner.

What is your best piece of love advice? Share in the comments

below!

Michelle Duggar Admits That Lots of Kids Aren't for Everyone



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f you thought reality TV's largest family couldn't get any bigger, you thought wrong. The Duggars, stars of TLC's *19 Kids and Counting* are expecting another addition to their humongous brood. Following the birth of pre-mature Josie, Michelle Duggar has been taking extreme precautions with this latest pregnancy. "I have been getting counseled from a high-risk

pregnancy doctor in Little Rock and taking good care of myself,” she tells [People](#). Despite the media’s shock , the couple is excited to welcome their 20th child. “We know that having this kids isn’t for everyone, but we are open to receive whatever gifts God wants us to have.” Guess we’ll see how this pregnancy pans out on the next season of *19 (or 20?) Kids and Counting*.

How do you know how many kids will work best for you?

Cupid’s Advice:

It’s important to discuss with your partner how many kids you’re interested in having before starting a family. As your relationship progresses along with work and other things, you’ll know how many children you can handle:

- 1. Babysit:** Of course one of the best ways to see how many children you’d want to have is to babysit. Offer to help out with a friend’s kids for a weekend just to get some insight into the ups and down of raising a family.
- 2. Know:** Know how many kids you and your partner want before having children. Kids need constant attention, so you need to be able to provide financial and emotional support for them.
- 3. Decide if you’re ready:** A lot of couples plan for a specific time in their relationship to have children for different reasons. Talk to your significant other and see if you’re even ready at this moment in time for kids.

How do you know how many kids will work for you? Tell us below.

19 Kids & Counting: The Duggar Family Welcomes Baby Josie Home



[People](#) reported Friday that Josie Duggar, the latest addition born to Michelle and Jim Bob Duggar of the reality show *19 Kids and Counting*, was finally brought home. Their 19th daughter entered the world during Michelle's 25th week of pregnancy, and Josie has spent the last six months in neonatal intensive care. Healthy and finally home in Tontitown, Ark., Josie weighs 9 lbs., 1 oz. The TLC reality show chronicles this family's daily routine, and the Duggar's have easily added Josie to the mix.

How do you run an efficient household?

Cupid's Advice:

Managing a family's busy schedule is never easy, especially with a family as large as the Duggar's. See what Cupid has to say about running a tight ship, regardless of your family's size:

- 1. Schedule, schedule, schedule:** Whether you have one child or 19, you need to manage your time more effectively than when you didn't have a family. Always leave room for the unexpected.
- 2. Involve everyone:** When your family expands into multiple children, time disappears right before your eyes. Delegate tasks to your partner and older kids. Get everyone in the routine of pitching in, and before long, it will become a natural thing!
- 3. Breathe:** When you feel the stress of managing a busy life, give yourself a little breathing room – even if it means letting the dishes sit for an extra five minutes!