Celebrity Wedding: Ben McKenzie and Morena Baccarin Secretly Marry





By Melissa Lee

In <u>celebrity news</u>, couple Ben McKenzie and Morena Baccarin secretly tied the knot over the weekend! According to <u>UsMagazine.com</u>, the <u>celebrity wedding</u> took place at the Brooklyn Botanical Gardens in Brooklyn, New York. The <u>celebrity couple</u> already have a child together, Frances Laiz Setta Schenkkan. We're wishing the best of luck to these newlyweds!

This celebrity wedding was definitely a surprise! What are some benefits to a surprise wedding celebration?

Cupid's Advice:

McKenzie and Baccarin chose to go the discreet route for their wedding. Check out some advantages to having a low-key celebration:

1. It's private: At the end of the day, you and your partner's wedding celebration should come down to the fact that you love one another. By having a surprise wedding celebration, you're only inviting the people you two truly want to share this special occasion with, therefore making it a much more private event.

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2. It won't be as stressful: Planning big weddings with tons of guests can get super stressful, especially when it gets down to the wire. If you and your partner decide to have a surprise wedding celebration, the pressure won't be half as bad. Together, you'll be able to enjoy both the planning process and the actual celebration so much more.

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3. You'll save money: Less people equals a smaller venue, saving on invitations, save-the-dates, and more! If you and your significant other are on a budget, this might be the route for you. You have the option to have a shorter reception and ceremony, plus you can put that saved money toward the honeymoon!

What are some other pros to having a surprise wedding? Share your thoughts below.

Celebrity Vacation: Kate Hudson Travels to Cambodia with Boyfriend Danny Fujikawa





By <u>Melissa Lee</u>

In <u>celebrity news</u>, <u>Kate Hudson</u> has revealed that she is in Cambodia with boyfriend Danny Fujikawa. According to <u>UsMagazine.com</u>, this isn't just your normal <u>celebrity</u>

<u>vacation</u>, though — Hudson shared a picture of herself wearing a vest promoting the World Food Programme, the largest humanitarian organization that helps to fight hunger and helps families across the world.

This celebrity vacation has some humanitarian efforts built in! What are some ways to know your partner has the same values that you do?

Cupid's Advice:

Hudson and Fujikawa are clearly passionate about the same causes. Here are some tips to find out if you and your partner are on the same page:

1. Bring up your interests: If there's a particular cause, charity, or moral that you hold near and dear to your heart, don't be afraid to show your passion. Talk to your partner about it and show them how special this is to you — at the end of the day, good communication is always a huge pillar of relationships.

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Together

2. Teach and learn: If your partner is unaware of a specific value (or vice versa), be open to teaching them about it! There's no harm in learning new things in a relationship, and it can even turn into another thing that you two can bond over.

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3. Get involved, together: If you end up finding something that you're both interested in, take a cue from Hudson and

Fujikawa and take it to the next level and get involved first-hand. You never know what could come of it, and it could be a great date idea!

What are some of your tips to sharing the same values as your partner? Share your thoughts below.

Beauty Tips: The Rise of Microblading





By <u>Melissa Lee</u>

With bold eyebrows becoming a serious beauty trend in 2016,

it's no surprise that 2017 brought us microblading! Microblading is a natural procedure that uses a special pen to tattoo each individual eyebrow hair. Though it uses ink, microblading is low maintenance and semipermanent.

Interested in this beauty trend? Here are some microblading tips!

- 1. Do your research: Although microblading is not permanent, it's still a form of tattooing that can cost up to \$900. Before deciding that this is the best option for you and your brows, research the pros and cons. If it helps, even looking up some before and after pictures or YouTube videos could aid in making your final decision.
- 2. Prepare: Before the procedure is done, customers typically have to avoid certain blood thinners like alcohol or aspirin. Try to stop using these products up to one week prior to the treatment appointment.

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- 3. Talk to your technician: Just like any other beauty appointment, it's super important to communicate with your technician in order to completely fulfill your brow needs. Typically, clients don't get to pick the shape of the brow (since that's based on your face shape and structure), but the fullness and thickness is up to you.
- 4. Results: Usually, after microblading your brows, you have to protect them from all moisture. This means sweating from working out, or even washing your face with water. A lot of clients experience redness and itchiness within the first few days of their procedure, which Vaseline can help with.

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5. Don't overdo it: Professional technicians advise clients not to get microblading done too often, especially because your skin needs to heal after the treatment is done. While it's safe to get an application done every 30 days, it's recommended to wait at least eight to 18 months, since that's how long the results can last.

What do you think of this eyebrow trend? Leave your thoughts below.

Celebrity News: Scott Disick & Kourtney Kardashian Are Not on Speaking Terms





By <u>Melissa Lee</u>

In <u>celebrity news</u>, it has been revealed that <u>Kourtney Kardashian</u> and <u>Scott Disick</u> are no longer speaking to one another. <u>EOnline.com</u> reports that this is a result of Disick's recent trip to Cannes, where he hooked up with numerous new girls. Kardashian is still allowing her <u>celebrity ex</u> to see the three kids they have together, 7-year-old Mason, 4 year-old Penelope, and 2-year-old Reign, but there's no doubt that their relationship is strained. Best of luck to these coparents!

This celebrity news has drama written all over it. What are some ways to keep drama out of your relationship?

Cupid's Advice:

Kourtney and Scott might have been one of the most dramatic

couples Hollywood has ever seen. Here are some tips to keep the drama to a minimum:

1. Keep it private: Constantly posting about your relationship — whether it be the good, the bad, or the ugly — could open the opportunity for other people to get involved. By keeping the social media to a minimum, drama definitely won't be a huge problem, as your relationship will remain between you and your partner.

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2. Communicate: Conflicts or arguments tend to get even worse when there's poor communication. If there's something bothering you, be straight forward! Calmly explain to your partner that there is an issue that you'd like to work on, together. This opens the opportunity to have clear communication and a productive conversation to fix the problem. No drama here!

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3. Choose to let it go: There are just some arguments that aren't even worth having (like that one about who's turn it is to empty the dishwasher?). Recognize that while conflict can be healthy at times — when it's productive — there doesn't always have to be a fight. Sometimes, you can just validate your partner's feelings, apologize, and move forward.

What are some ways you keep drama out of your relationship? Share your tips below.

Beauty Tricks: 7 Ways to Maintain a Young-Looking Face





By <u>Melissa Lee</u>

We all want to look as youthful as possible for as long as possible. We spend money on creams, facials, fillers, and even sometimes plastic surgery. To get some beauty tricks and tips for how we can maintain a young-looking face, we went to several great beauty professionals including Dr. Kirk Brandow, founder and director of the Brandow Clinic for Cosmetic Surgery in Philadelphia, who has appeared on national programs such as Good Morning America and 20/20.

If you want a face that looks fresh and youthful this summer take some tips from these experts and implement these beneficial beauty tricks into your own life ASAP!

- 1. Get rest: There absolutely is such a thing as beauty sleep. "Women come to my practice thinking they need an eye-job or a face lift when all they need is sleep. Sleep is a time when we rejuvenate ourselves and cellular turnover is at its height. Getting 7-8 hours of sleep nightly will make a huge difference in how youthful a woman appears especially as she approaches age 30 and collagen production decreases," says Dr. Brandow. "A woman can speed up aging if they are constantly sleep deprived."
- 2. Use an overnight treatment: If you suffer from breakouts or skin dryness leading to wrinkles or blotches, treating your skin concerns at night, is a way to maintain a youthful glow. "Work closely with your dermatologist or aesthetician who can recommend non-irritating skin treatments specifically addressing your concern," advises Dr. Brandow. You want to take advantage of overnight options available to boost collagen and heal skin while sleeping.
- 3. Hydrate: When it comes to anti-aging and putting your most youthful face forward, water is key. Water flushes your system of toxins which helps skin to glow. "Women spend a lot of money on topical creams formulated to boost moisture and hydrate the skin yet, if they integrated more water, even 4, 8 ounce glasses per day, they would see fewer wrinkles and an overall smoother younger skin texture within a month," says Dr. Adriane Pompa, Miami based board certified dermatologist who specializes in aging skin.

- 4. Be smart about fillers: Fillers are used to add volume that diminishes as we age but people have taken it to extremes. There have been many advancements with fillers over the past 5 years offering more options and more sophisticated ways to administer them to achieve a youthful look. According to Dr. Brandow, many patients believe that filling their cheeks will soften their laugh lines, so they push doctors to administer two to four syringes in their cheek bones and cheek area at once. This can result in swelling and doesn't necessarily lift their face. Fillers are often done as an alternative to a face lift but, if not spread out over several weeks, it just gives the patient an unnatural look that distorts their face and makes them look odd. "My personal preference is to perform the fillers sequentially. For example, I will use one syringe of filler in multiple locations. Then I'll have patients return in 4-6 weeks and perhaps do another syringe to the same places, or different places, giving them an overall natural look. This leads to a softer, more natural result. The key to doing fillers well are going with small amounts every 4-6 weeks," explains Dr. Brandow.
- 5. Get facials: According to Dr. Adriane Pompa, one facial per month does wonders for skin's clarity, texture, and ability to produce collagen. "There are many at-home facials available one can do weekly. The key is knowing your skin type and ingredients that address your specific skin concern. Also, you can treat different parts of the face differently depending on skin issue. Let's say you are prone to breakouts on your jawline, have wrinkles on your forehead and dryness on the cheeks, your dermatologist or aesthetician can recommend a facial plan customized for you."
- 6. Consider lasers and light: Lasers are another tool that blasts away acne scars, evidence of past sun damage and evens out skin giving that flawless, youthful glow. There have been so many advancements with lasers resulting in more immediate results without downtime. Lasers typically cost between \$600 -

\$1200 per treatment depending on the city and type of laser. The advantage with lasers is accuracy. You can treat a specific area without affecting the rest of the surrounding skin.

7. Tone down your make-up: One way to immediately take 10 years off your look is to revamp your make-up. Consider hiring a professional make-up artist who can teach you how to enhance and even modernize your look. New York make-up artist, Carlo Geraci, who was protégé to Trish McEvoy and Kevin Aucion, explains that a lot of women are doing their make-up the same way they did 20 years ago. That bronzer that you loved in the 90's when you were 24 may appear harsh and outdated at 44. "Heavy eye liner and strong lip colors may only accentuate wrinkles and fine lines. As women age, less is more when it comes to make-up. Opt for a great hydrating foundation or a touch of concealer, a pinch of blush, a swipe of mascara or a gray or brown eyeliner and a natural looking lip liner topped with a tinted hydrating balm," he suggests.

Which of these beauty tricks will you be adopting to keep your face looking fantastic? Let us know in the comments!

About the Experts:

Dr. Kirk Brandow, founder and director of Brandow Clinic for Cosmetic Surgery is a plastic surgeon with 2 locations in the Philadelphia metro area and a 3rd one at the jersey shore. Named a "Top Doc" in Plastic Surgery by Philadelphia Magazine as well as nationally recognized for one of America's "Best Plastic Surgeons" of this decade, Dr. Brandow is a trusted expert who has developed many innovative, minimally invasive procedures for the face, body and skin. He has been featured on local, national and international television programs including 20/20, CNN's Headline News, Good Morning America.

Dr. Adriane Pompa is a board-certified dermatologist and Associate Professor of Dermatology at University of Miami, Jackson Memorial Hospital who is highly trained in medical

dermatology, dermatologic surgery and cosmetic dermatology. In addition to her general practice, she specializes in antiaging skin care, skin cancer prevention and treatment, and laser use in dermatology.

Carlo Geraci, New York make-up artist has worked alongside Kevin Aucoin, helped launch the Trish McEvoy brand, and was invited by Barneys New York to became the first Beauty Guru, a position created specifically for him. His work has appeared in print and commercial campaigns, New York Fashion Week runways, red carpets, Broadway stages, television, film, and fashion editorials. He has also appeared on the Style Network, CBS News, and Today on NBC.