Cupid's Weekly Round-Up: Make Your Holiday the Best One Yet





By Kerri Sheehan

Snow falls in thick, icy blankets; winter attire adorns every shop window; and a sip of steaming hot chocolate instantly warms you up. All of this can only mean one thing: The holiday season is upon us! CupidsPulse.com has gathered some of our favorite articles from our partners this week to make your winter the best it can be.

1. Laugh a little: Nothing is better than popping in a nice comedy with your significant other on a cold winter's night and having a good laugh. These comedians will tell you just how funny love can be. (YourTango.com) **Related Link:** <u>Cupid's Weekly Round-Up: Make Your Long-Term</u> <u>Relationship A Success</u>

2. Cuddle up: One of the best parts about the chilly weather is that you and your guy have all the more reason to stay indoors and snuggle with each other. Here are 47 of the cutest love quotes for that person you just want to 'mush.' (YourTango.com)

3. Get the girls together: Staying in isn't just for you and your man; your girlfriends want in on the fun too! See how Melissa Joan Hart and her closest gal pals celebrated the holiday season with a cute "girls only" get together. (CelebrityBabyScoop.com)

4. Winterize your skin: Don't stop at a girls' night when it comes to pampering yourself. The icy temperatures are sure to leave your skin screaming for thirst, so here are some ways to get your skin ready for winter. (GalTime.com)

Related Link: <u>10 Holiday Gift Ideas for That Special Someone</u>

5. Be the best gift giver: Now that you've given yourself a gift (or two), it's time to spread that holiday cheer! Even if you aren't a parent, there are bound to be a child or two on your shopping list. These gender-neutral gifts will have any kid wishing that Santa asked you for gifting advice. (GalTime.com)

What's your best tip for surviving the holiday season? Share below.

Melissa Joan Hart Says She Wants Another Baby





By April Littleton

According to <u>People</u>, Melissa Joan Hart is looking forward to having another baby in the near future. "I would like a fourth – but it's not because I want a girl," the star of ABC Family's <u>Melissa and Joey</u> said. Although her sons, Mason, 7 1/2, and Brady, 5, who wouldn't mind welcoming a little sister into their family. "Mason, my eldest, is like, 'We have to have a girl, we need things to soften up around here,'" she said.

How do you decide how many children is right for you and your partner?

Cupid's Advice:

The decision to have children is one of the most important you will ever make with your significant other. How many you choose to have is entirely up to you, but you should take a few key factors into consideration before you make any plans. Cupid has some tips:

1. Financial stability: You would love to have a house full of kids, but financially you might not be able to support them. Kids need more than just love. You need to be able to provide them with food, clothing and shelter. Trying for a third and fourth child when you can only afford one or two would not only be unfair to you, but to the children you're bringing into the world.

2. Compromise: Your partner might want four kids while you're only comfortable with two at the most. You and your significant other will have to meet in the middle and figure out what the both of you will be OK with.

3. The size of a home: You and your honey will need to determine if your home is big enough for the amount of children you want. Will you need to move in order to accommodate the expansion of your family? Can you afford a bigger house? These questions need to be answered before you decide to have children together.

How did you decide how many children were right for you and your partner? Comment below.

Star Moms Give Back to School Tips





By Jenny Schafer for Celebrity Baby Scoop

It's time to start thinking about the back to school madness. While this time of year can cause stress and anxiety, Celebrity Baby Scoop reached out to some savvy celebrity moms – and rounded up top favorite brands – to help beat the back to school chaos.

Related Link: <u>Claire Danes Worried She'd Never "Want to Work</u> <u>Again" After Cyrus' Birth</u>

Melissa Joan Hart and husband Mark Wilkerson are parents to three sons: Mason, 7, Brady, 5 and Tucker, 12 months in September.

"I always try to get the boys a new backpack and a new pair of sneakers to get them excited about going back to school," Melissa says. "We talk for a few weeks leading up to it about the teachers name and who a couple of classmates will be to help ease some of those first day jitters."

Courtney Lopez and husband, *Extra* host Mario Lopez, are parents to 3-year-old daughter Gia and are currently expecting their second child.

"In order to avoid losing her stuff at school, we label all of Gia's school supplies and clothes with Mabel's Labels," Courtney shares.

TODAY Show anchor and co-host, **Natalie Morales**, and her husband Joe Rhodes are parents to sons Josh, 9, and Luke, 5.

"Create a calendar of activities for each kid early on so they can see each day what they have and need," Natalie shares. "And label everything! I love Mabel's labels, as they stay on longer than the clothes lasts."

Entertainment Tonight's Nancy O'Dell is stepmom to her husband Keith Zubchevic's sons, Tyler and Carson. They are also parents to 6-year-old daughter Ashby.

"Make an album with your child," says Nancy, an avid scrapbooker.

"Over the summer when it gets close to the time for back to school, sit down with your child and make an album or a scrapbook of the previous year in school," she adds. "It will remind him or her of all the good times they had in school and it will get them excited about going back! It is a great bonding project to do together and you have a wonderful keepsake for the family as a result." Nancy goes on to talk about the benefits of enjoying family photos.

Related Link: <u>Ivanka Trump: I Don't Stress About Being</u> <u>Balanced</u>

"Also bring out some of your family albums to show your child," Nancy continues. "It will remind them that they are part of a group, that they are members of a strong family, that they belong and it will give them the strength to fall back on if they were to go through anything difficult at school, for example, bullying which is all too prevalent these days."

"Child psychologists will tell you that seeing family photos, with it being reinforced visually, helps children to know they have this family unit behind them to lean on," Nancy adds. "I share more of my album ideas at NancyOdell.com including an Album of Hope which would be another great back to school project with your child."

For the rest of the interview visit, www.celebritybabyscoop.com/2013/08/14/star-school-tips

Celebrity Mom Melissa Joan Hart Says Her Husband Is Worse Than Her Kids When Sick





By Andrea Surujnauth

Melissa Joan Hart, star of the hit show *Melissa and Joey*, had a house full of sick patients this month. Her three sons Mason,7, Brady, 5, Tucker, 5 months, and her husband all had the flu. According to *People*, Hart admitted that her husband, Mark Wilkerson, was the hardest patient to deal with. "Kids bounce back like that. Men ... not. You'd think that no one had ever been sick before!" said Hart. Surprisingly, Hart did not get sick at all. "You're the mom. You gotta clean it up and keep going. You're not allowed to get sick. You do not get sick. Especially when you're working, too."

How do you show you care when your partner is sick?

Cupid's Advice:

So your sweetheart is sick. What should you do? How do you show your beau that you care about them and want them to get better? Cupid has some advice for you:

1. Be their doctor: When your honey is sick, be their doctor. Tuck your partner into bed and give them their medicine. Check

their temperature and make sure they get their rest. They will not only get better faster but they will love the attention that they get from you.

2. Make some home-made soup: When your beau is sick, a great way to help them feel better is to make them some home-made soup. Your partner will appreciate all the effort you put into helping them feel better and when sick, what could possibly be better than a big bowl of hot soup?

3. Keep the kids quiet: If you have kids, they best thing you can do for your sick partner is to keep the kids from bouncing off the walls. This way your sweetie will be able to get all the rest they need and they will definitely appreciate you for that!

How do you show your partner that you care when they are sick? Comment below and let us know!

Melissa Joan Hart: "I Do Feel Pressure to Be Back in Fighting Shape After Baby"





By Jenny Schafer for Celebrity Baby Scoop

Actress Melissa Joan Hart is the newest celebrity owner of Yowza!!, the leading location-based mobile coupon app. Encouraging the end of paper coupons, the mom-of-three says Yowza!! in the perfect way for families to stay eco-friendly and save money.

Melissa opens up to Celebrity Baby Scoop about her three sons – **Mason**, 7, **Brady**, nearly 4, and **Tucker**, 5 months – the end of her maternity leave, and her return to work at *Melissa & Joey*. She also weighs in on the media's obsession for women to lose the baby weight quickly. Continue reading below...

CBS: How are your boys doing? Tell us a recent funny story about them.

MJH: "The boys are adjusting well after our temporary move back to L.A. to film the third season of *Melissa & Joey*. They have added horseback riding to their weekly activities.

Most recent funny story: Mason and I were discussing the movie *Diary of a Wimpy Kid*, which he hasn't yet seen, and I

told him we should read the books. He asked me with concern on his face, 'Why is it about diarrhea?' He doesn't understand what a diary is."

CBS: How is it being back to work at Melissa & Joey?

MJH: "We are back in the swing of things and I am warming up my funny. It's nice to be back at work, this time with my family nearby which is a nice warm feeling on top of the joy of being back at work making people laugh."

CBS: Do you celebrate Earth Day in your home? Tell us some of the ways you teach your boys to be eco-friendly. Is this important to you?

MJH: "I have been hyper aware of our footprint on the environment for a long time, since my days in Nickelodeon studios as a teen when I helped launch a recycling program.

The boys understand about waste, about not letting the water run (it uses up all the snowflakes is what we tell them) and about recycling. We also find times to ride our bikes instead of take the car."

CBS: Please weigh in on the media's obsession with celebrity moms and their post-baby bodies. Do you feel the pressure to lose the baby weight quickly? How do you manage to keep a strong sense of self-esteem in image-obsessed Hollywood?

MJH: "I do feel the pressure to be back in fighting shape after baby, but that's pressure I put on myself to work hard and not be complacent. I don't let other people pressure my decisions but I also know that in my industry, keeping in shape is key to getting good jobs."

Melissa Joan Hart Tweets Her Travelin' Tots





By Carolyn Robertson for Celebrity Baby Scoop

Melissa Joan Hart packed up the kids and headed to Alabama, where her husband **Mark Wilkerson** is from, for the Thanksgiving holiday.

The *Melissa & Joey* star took to Twitter to share a couple of photos from the trip, including this cute one of her middle son **Brady**: "Ready for our flight. ALabama here we come!" she wrote.

A huge fan of the University of Alabama Crimson Tide football team, Melissa was also busy Tweeting about this year's Iron Bowl. It sounds like her boys are already inheriting her team pride.

"Brady (4yr old) saw an Auburn clad car pass us and exclaimed 'we're gonna beat the hell outta them!' #rammerjammer #pottymouth," she wrote.

She and her musician hubby are also parents to sons Mason and Tucker.

Melissa Joan Hart Says She 'Hates Being Pregnant'





By Nic Baird

She's done it three times now, but actress Melissa Joan Hart says she hates having a bun in the oven, <u>People</u> reports. "It a huge adjustment and you have to change your whole lifestyle for a few months," Hart says. The lack of energy and dietary changes caught Hart as she and husband Mark Wilkerson were dealing with the wild antics of toddler boys. Mason Walter, 6, and Braydon Hart, 4, were joined by Tucker McFadden this September. "I would have seven babies if I didn't have to be pregnant," Hart says. "I hate being pregnant."

What are some ways to help the mother of your child stay positive during pregnancy?

Cupid's Advice:

There's a lot to do when you find out you're expecting. But like buying presents for Christmas, these preparations should be joyful, exciting, and obviously stressful. While you can't avoid the ladder, you need to be there to keep the joy and excitement alive. Cupid has some advice on how you can help the mother of your child during pregnancy:

1. Take her out: Exercise is a great mood lifter. While there should be many classes in your area tailored for your pregnant partner, it's better to find activities for two. Try going for a walk to a nearby park and siting for awhile. Vitamin D powers your significant other's vitality!

2. Give her support: It's no secret that moods intensify during pregnancy. Expect a lot of fluctuation in emotions during the first eight to 11 weeks. Hormones will balance out later, but this is a crucial time to support your future child's mother. Don't try and correct things your partner already knows. Instead, be a sounding board for what they're feeling, and offer your sympathy.

3. Be ready: First, be thankful. You're not the one whose body is not going through dramatic, stressful, and ultimately

painful changes. Despite this, there's still plenty of work to be done to welcome a new child. Take as many of the pregnant lady's worries as she'll allow. Educate yourself, prepare, and make sure your partner has everything she needs for a healthy, comfortable pregnancy.

What are some ways to stay positive during a pregnancy? Share your experiences below!

Melissa Joan Hart Is Expecting Third Child





Melissa Joan Hart, 35, has a lot to celebrate. The Melissa &

Joey star is turning 36 and she's pregnant with her third child. Hart and her husband, Mark Wilkerson, are excited about adding to their family of two sons, Braydon Hart, 4, and Mason Walter, 6. Accoridng to <u>People</u>, Hart knew she wanted more children back in 2009. Are they rooting for a girl? Hart said, "It's not necessarily that I want girls. It's because I just know I want more babies." Congratulations Melissa and Mark!

How do you decide how many children to have?

Cupid's Advice:

Deciding to start a family is a huge decision and size matters. Here are some ways to decide on just how big your family should be:

 Be selfish: It's okay to want a small amount of children or a whole baseball team. Take time out to decide what you want. In the end, it's your body and your decision.

2. It takes two: You're not the only one making the babies. Talk to your partner about how big you want your family to be. Things don't always work out the way they are planned, but being on the same page with your partner helps ease whatever surprises may come along.

3. Talk to the kids: If you already have children, adding another child is going to be a big change for the existing kids. Take time out to talk to your kids about becoming big brothers or big sisters. After all, they're apart of the family too.

How did you decide how many children to have? Share your comments below.