

# Health Trend: Five Diet Tips for Surviving Thanksgiving Dinner



By [Meghan Khameraj](#)

Thanksgiving is a wonderful time to celebrate family, togetherness, and food. In fact, it wouldn't be Thanksgiving without a variety of food to feast upon with your loved ones until you pass out into a food coma. This time of year can be stressful for your body and health. You shouldn't have to miss out on the holiday festivities, but you should also be aware of the impact it has on your well-being. There are many [health trends](#) that gain popularity around the holiday season, so it can be confusing to figure out which one fits your lifestyle the best. It's important to realize that not every diet works

for every type of body; it may take some trial and error to figure out which works best for you!

## **Skip the post-holiday guilt! In these health trends, what are some diet tips to help you make the most of the holiday?**

**1. Eat breakfast:** It may be tempting to skip breakfast on Thanksgiving to save your calories for later. Instead of missing out on the most important meal of the day, have a small breakfast of cereal or avocado toast. If you skip breakfast, then by the time of your Thanksgiving festivities, you'll be starving and prone to overeating.

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**2. Get active:** While Thanksgiving may be known for food and lounging around with family and friends, there are many holiday activities that will get you moving. Play a game of football or go on a fall walk to help you beat that all too familiar Thanksgiving lethargy.

**3. Listen to your body:** We're all familiar with the feeling of overeating. Our bodies do a pretty good job of letting us know what we should or shouldn't be doing. Once you feel full, despite still having food on your plate, you should stop eating. This will help you avoid that uncomfortable feeling we all get when we overeat.

**4. Be realistic:** Even if you're concerned about your health and body, that shouldn't get in the way of you enjoying the holiday. It logically makes sense that you would gain some weight on a holiday, especially one that is known for food. Don't be overly harsh or mean to yourself if you happen to

overeate. You're allowed to enjoy yourself and that should be your main focus during the holiday season.

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**5. Exercise:** If you happen to feel guilty after Thanksgiving, don't beat yourself up about it. You can always exercise to shed the extra weight you may have gained. Set a weekly exercise regime to follow until your body feels healthy!

**What are some other ways you can stay healthy during Thanksgiving? Let us know in the comments below!**

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## **Celebrity Interview: Leanne Ford Talks Interior Design Advice and Upcoming Projects**





Interview by [Lori Bizzoco](#). Written by [Meghan Khameraj](#).

Leanne Ford took the interior design world by storm and made a name for herself with a now-famous 1907 schoolhouse renovation in Pittsburgh, her hometown. The home which is referred to as The Schoolhouse Project was featured in *Country Living Magazine*, and helped cement her career. Since then, Ford, whose designs are best described as modern, yet lived-in, continues to build a following with her signature “white on white” aesthetic. She leads design projects in Pennsylvania, New York, and Los Angeles and is a published author and HGTV staple on top of it all.

**In our celebrity interview, Leanne Ford gives us valuable interior design advice and insight into her upcoming projects.**

In a recent [celebrity interview](#) with [CupidsPulse.com](#), Ford

gives interior design advice and discusses her busy schedule full of new projects. She even gets personal and reveals some design details in her child's nursery.

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The house and specifically the bathroom, that solidified Leanne Ford's reputation was The Schoolhouse Project. This project recognized her white and minimalist aesthetic, as the walls of the main living area were painted white, but the floor was left black for the perfect contrasting touch. In the bathroom, she knocked out the crawl space to create room for the bathtub. Though Ford's style was unique and grabbed the attention of the design world, when asked about the biggest risk she's ever taken, this was not one she would count in that category. "Honestly, everything is a risk in some form," the designer says. "If you're not making yourself nervous, you aren't doing anything special."

In addition to the time she spends on interior design projects, Ford and her brother Steve can be seen renovating old homes on their HGTV hit show, *Restored By The Fords* which is slated to come back for Season 3 early next year. She also recently appeared on *A Very Brady Renovation* and the new competition show, *Rock The Block*.

On *A Very Brady Renovation*, which premiered September 9th, the six surviving members of *The Brady Bunch* cast came together with current HGTV stars to renovate the San Fernando Valley house used in exterior shots on the series. Ford says, "We just knew we had to get it right...we were not accepting anything less than perfect on that place." As for *Rock The Block*, which premieres on October 21st, four of HGTV's brightest stars, including Leanne Ford, square off in a home renovation showdown. Ironically, Ford admits that she's "the least competitive person, probably, like ever." However, she did mention that there is a healthy competition among the



other women on the show.

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Although she is kept extremely busy on professional projects, Ford and her husband are focused on their family. In March they welcomed their first daughter, Ever Allen Ford. When asked if there was anything special about the baby's nursery design, Ford says that she didn't have a pre-determined vision. However, she tells us that the baby has a "Love Wall," going on to explain that this is a wall of "love letters and sweet things" that she and her husband have given to each other over the years.

Design ideas like sentimental additions to her daughter's nursery seem to come naturally for the HGTV reality star. However, to some couples, a redesign could destroy a marriage or relationship. When it comes to working through how your home will look when you are a couple, Ford gives us some healthy [relationship advice](#), explaining how two people can come to an agreement on differing design opinions and the risks of making a big change in your home. She says compromise is the best way to keep the peace at home. It sounds like picking your battle is important. To reduce nerves when it comes to a big home renovation she says, "It doesn't mean that everything has to go away...if you want to do it, you're going to love it!"

A busy schedule won't stop Leanne Ford! On top of her numerous design gigs and being a mother, Ford has no plans to slow down anytime soon. Check out Leanne Ford on *Rock the Block*, premiering October 21st on HGTV.

Keep up with Leanne on Twitter [@HeyLeanneFord](#) and [Instagram](#).

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

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# Celebrity Couple News: Cassie Randolph & Colton Underwood Are 'On the Same Page' About Marriage



By [Meghan Khameraj](#)

In [celebrity news](#), *The Bachelor* stars, Cassie Randolph and Colton Underwood are on the same page when it comes to their [celebrity relationship](#). According to *UsMagazine.com*, Randolph revealed that they “are 100 percent on the same page.” The [famous couple](#) was united on *The Bachelor* where they did not

follow the show's tradition of getting engaged at the end of the season. Since then, there have been a few break-up rumors to which Randolph defended, "Colton and I are very happy and our relationship is in a good place." Randolph also dished about her relationship having to deal with public scrutiny. Despite that, the couple has never been happier.

**In celebrity couple news, this pair is on the same page and are enjoying where they are in their relationship. How do you deal with outside pressure to get married?**

#### **Cupid's Advice:**

Cassie Randolph and Colton Underwood are enjoying their time together. Despite countless questions about marriage, this celebrity couple is happy to be on the same page. If you're also dealing with outside pressure to get married, Cupid has some [relationship advice](#) to help you out:

**1. Talk it out with your partner:** The easiest way to get through excessive outside pressure to get married is to talk about it with your partner. Discuss if you're comfortable where you're at in the relationship or if you're ready to take the next step. Once you and your partner are on the same page it will be easier to deal with the pressure.

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**2. Address the pressure publically:** Tell the people who are pressuring you where you stand in your relationship. If it's family and friends who are pressuring you then it's best to sit down and talk to them. However, if you're being pressured



by a large group of people then a social post should suffice.

**Related Link:** [Celebrity Wedding: Justin Bieber & Hailey Baldwin Celebrate Upcoming Nuptials #2 with Rehearsal Dinner](#)

**3. Block them out:** If you've tried to talk to those who are pressuring you and they still persist then it's time to block them out of your relationship. The outsiders should not have a hand in your relationship if they're continuously going against what you asked.

**How do you deal with outside pressure to get married? Let us know in the comments below!**

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## **Celebrity Break-Up: Kylie Jenner & Travis Scott Are Taking a Break**





By [Meghan Khameraj](#)

In [celebrity news](#), [Kylie Jenner](#) and Travis Scott are putting their relationship on hold. According to a source for *People.com*, the [celebrity couple](#) is “taking some time but not done...They still have some trust issues but their problems have stemmed more from the stress of their lifestyles.” Jenner and Scott were last seen together at the premiere of Scott’s documentary on August 28th with their baby, Stormi Webster. Since then, Jenner has been spotted with Stormi at [Justin Bieber](#)’s wedding to Hailey Baldwin. This [celebrity breakup](#) comes at a shock for most people. Only a few months ago were rumors going around that they might take their [celebrity relationship](#) to the next level by getting engaged.

**In celebrity break-up news, Kylie Jenner and Travis Scott are taking some time apart. What are some**

# things to consider before taking a “break” from your relationship?

## Cupid’s Advice:

Kylie Jenner and Travis Scott have called quits on their celebrity relationship. Jenner and Scott may get back together, but for now, they’ve decided it’s best for both of them to be apart. Cupid has some factors to consider before taking a break:

**1. What you want:** Consider what you actually want from the break. If you just want to hook up with new people perhaps you should actually break up with your partner. If you need time to rethink or rebalance then communicate with your partner that a break would be the best solution.

**Related Link:** [Celebrity Baby News: ‘RHOA’ Star Kandi Burruss Is Expecting Third Baby Via Surrogate](#)

**2. What the break means:** We’ve all seen *Friends* and no one wants to be the Ross of the breakup. Clearly communicate with your partner exactly what the break will entail. Establish if you’re comfortable with each other sleeping with other people. Basically, don’t do what Ross did to Rachel.

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**3. How long it will be:** How long you need for the break may change as time goes on. However, you and your partner should agree on the approximate length of the break. If it exceeds six months you should consider ending the relationship.

**Has taking a break worked for you before? Let us know in the comments below!**

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# Food Trend: Collagen Is Skincare You Can Eat!



By Meghan Khameraj

There seems to be a new skincare [beauty trend](#) every few months. Whether it's funky face masks or gold facials, there never seems to be a dull moment when it comes to healthy skin. This latest skincare trend is also the latest [food trend](#)! Collagen is a protein found within the body that strengthens bones and skin. Collagen is oftentimes sold in drinks or as an added protein in smoothies. Dermatologists believe that collagen has the potential to strengthen skin and reduce wrinkles, but there is not enough evidence to conclusively

prove that it does as of yet.

**Collagen is the newest food and skin trend. There are a bunch of simple ways you can add this protein into your diet. Cupid has some advice to help you get in on this new trend.**

Food trends are always fun. They're even more fun when they give you great skin. In the latest food trend news, collagen is taking the world by storm. Cupid has some advice to help you incorporate collagen into your everyday diet:

**1. Drinks:** There are many trendy companies that sell drinks with collagen in them. Brands such as Vital Proteins make their trademarked Collagen Water in an array of flavors like Blackberry Hibiscus, which contain 10 grams of collagen. These drinks are super easy to add to your everyday routine!

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**2. Supplements:** A simple and quick way to get more collagen is to take supplements. This one isn't a direct food trend but it definitely does help you get your daily collagen intake without really having to change any aspect of your daily routine.

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**3. Bone broth:** Now, this might not sound like the most appetizing food in the world, but bone broth is extremely rich in nutrients and protein, especially collagen. You can use the



bone broth to make a delicious soup that's perfect for the colder weather.

**4. Say "hello" to massages:** This one is also admittedly not a food trend, but you deserve to treat yourself too! Facials and face massages can directly boost collagen production in your face. So book your next facial soon!

**Have you tried the collagen trend yet? Let us know in the comments below!**

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## **Celebrity Baby News: 'RH0A' Star Kandi Burruss Is Expecting Third Baby Via Surrogate**





By [Meghan Khameraj](#)

In [celebrity news](#), *Real Housewives of Atlanta* star Kandi Burruss is expecting her third child. According to *UsMagazine.com*, Burruss revealed in November of 2018 that she and her husband were in the surrogacy process. Burruss stated, "We have two embryos that are still left from when we had Ace. So, we have two embryos left and we know they're girls." Burruss gave birth to son Ace in 2016 and she also gave birth to Riley, her 17-year-old daughter with her ex-husband, Russell Spencer. This, however, is a different [celebrity pregnancy](#) experience for her. She opened up about her nerves and the advice Andy Cohen, who also had a child through surrogacy, gave her. She explained to Busy Phillips, "I had made a comment. I said something like, 'I guess I'm gonna have a baby mama and he said to me, 'Don't you ever say that because you are the mother. And to say she's your baby's mom is taking away from you.' It made me feel better." Looks like we'll have a new [celebrity baby](#) soon!

# In celebrity baby news, Kandi Burruss is having a baby via surrogate. What are some factors to consider before having a child via surrogate?

## Cupid's Advice:

Kandi Burruss is getting ready to welcome her third child via surrogate. Burruss had a lot of nerves and doubts before she was able to fully commit to surrogacy. Cupid has some factors to consider to help you figure out if surrogacy is the right choice for you:

**1. Your health:** If you're considering having a child, via surrogate or not, it is important to make sure you're healthy both physically and mentally. Surrogacy can come with a lot of stress and struggles. Knowing how to deal with your stress and emotions in a safe way can make the entire process go smoothly.

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**2. Your finances:** Having a child is expensive, especially so through surrogacy. Ensure you have enough money saved up to be able to support you and your family. This may take some extra planning so it would be very helpful to get the advice of an accountant to figure out the best course of action for you and your family.

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**3. Your family dynamic:** If you already have kids it might be difficult to explain the surrogacy process. A new baby,

regardless, will cause your family dynamic to change. Anticipate how it will change and figure out the best way to prepare for it so it is not a surprise.

What else should you consider before having a baby via surrogacy? Let us know in the comments below!

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## Celebrity News: Tyler Cameron Had Offer to Become 'The Bachelor' Amid Dating Gigi Hadid



By [Meghan Khameraj](#)

In [celebrity news](#), Tyler Cameron revealed that he was offered the titular role on *The Bachelor*, but declined. Cameron has been linked to model Gigi Hadid and the [celebrity couple](#) has sparked non-stop dating rumors. Though Cameron didn't mention Hadid by name as the reason for turning down the role, he definitely implied that he had other things going on in his love life. *UsMagazine.com* reports that Cameron told *Entertainment Tonight*, "Where I was at in my life ... I just didn't think it was where I wanted to be. My heart wasn't in it." Cameron has also been dealing with some family problems as his father's health has been on a decline.

**In celebrity news, Tyler Cameron turned down being *The Bachelor* while he was dating Gigi Hadid. How do you know if your relationship is strong enough to pass up a big opportunity?**

#### **Cupid's Advice:**

Tyler Cameron turned down a major career and life opportunity by declining to star on *The Bachelor*. Though he stated that there were many reasons for him not to take the role, it seems as though his [celebrity relationship](#) with Gigi Hadid has had a big impact on his decision. Cupid has some [dating advice](#) to help you know if your relationship is ready to take priority over the other aspects of your life:

**1. You both give things up:** A successful relationship should be a give and take. If you and your partner are only giving or only taking, then you should take a step back and reevaluate



the balance of your relationship. This will help further down the road if there is a potential disagreement about an opportunity.

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**2. You try to compromise:** Nothing ever goes as perfectly as planned, especially when you're sharing a life with someone. Keep in mind your partner's feelings and wants, and try to find a middle ground where you both can be happy. Compromises can be difficult and take time to work out, but they are worth it to ensure that your significant other is as happy as you are.

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**3. You're open with each other:** If you're finding the situation exceptionally difficult to navigate the best thing to do is be open with your significant other. Let them know how you feel and what you really want from the situation. Be sure to also listen to them and take into account how they are feeling. An open and honest relationship will help you avoid an ill-feelings toward each other.

**What are you willing to give up for your partner? Let us know in the comments below!**

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## **New Celebrity Couple: Brad Pitt Is Dating Jewelry**

# Designer Sat Hari Khalsa



By [Meghan Khameraj](#)

In [celebrity news](#), [Brad Pitt](#) is officially off the market! According to a source for *UsMagazine.com*, the actor is dating jewelry designer Sat Hari Khalsa. The source claims that the [celebrity relationship](#) isn't too serious, but Khalsa is very different from the women he's been linked to in the past. The source revealed that Khalsa is very down to earth "and has a beautiful mind. That's what he's attracted to." The [celebrity couple](#) sparked dating rumors last year when they were spotted together at a music benefit held by the Red Hot Chili Peppers. Previously, Pitt was married to [Jennifer Aniston](#) before being married to [Angelina Jolie](#) from 2014-2016, with whom he has six children.

# There's a new celebrity couple in town, which means Brad Pitt has finally moved on after his divorce from Angelina Jolie. What are some ways to know you're ready for commitment after a brutal split?

## Cupid's Advice:

Brad Pitt has moved on after his divorce to actress Angelina Jolie. The pair were an iconic celebrity couple, but now Pitt is ready to start a new chapter with his new girlfriend, Sat Hari Khalsa. Cupid has some [dating advice](#) to help you know if you're ready to step into a serious relationship after a bad breakup:

**1. You don't wonder about your ex:** We all have moments where we wonder what our ex is up to and if they're seeing anyone new. If you're still hung up on your ex then you aren't ready to get into a new relationship. Take time to fully heal from your past breakup before diving into a new one.

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**2. You're happy:** Sadness after a breakup is normal. You'll eventually get to a place where you're happy even though you aren't seeing your ex anymore. This may require you to focus on other things like friends or hobbies but once you're in a good place in your life you'll be ready to date again!

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**3. You're ready to deal with heartbreak again:** Every

relationship runs the risk of a potential break up. Though it's great to remain optimistic, it's best if you are emotionally and mentally capable of handling another intense breakup. Make sure your feelings are in check before involving someone new.

**How do you get over a breakup? Let us know in the comments below!**

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## Beauty Trend: Eyebrows With Some Fluff!



By Meghan Khameraj

Eyebrows have been through some serious ups and downs the past few years. From super thin and highly arched brows to too-thick bold brows, the versatile eyebrows never go out of style. In the latest beauty news, fluffy brows are the newest beauty trend. Our [beauty tips](#) will help you achieve this new look!

**Eyebrow beauty trends have changed a lot through the years. Fluffy brows are the newest trend to sweep the beauty world. Cupid has some advice to help you get this new look.**

The perfect eyebrow look is the key piece to every beauty trend. Although eyebrow trends are constantly changing, it is still fairly easy to change your eyebrow shape. In the latest beauty news, fuzzy eyebrows are the hottest trend. Here is our beauty advice on how to get this cool new eyebrow shape:

**1. Grow out brows:** Fluff is the key part to fluffy brows and the only way to get it is by growing out your brows. It may take a few weeks depending on how quickly your hair grows, but once you have bushy enough brows, then you can truly attain the fluffy look.

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**2. Get the right tools:** You're going to need some tools to get that perfect fluffy brow look. Stock up on a spoolie, angled brush, brow pencil, and brow gel. You'll need these products once you're ready to groom your eyebrows.

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**3. Groom, groom, groom:** Now your eyebrows should be pretty wild and bushy and could definitely go for some grooming. Use the tools mentioned above to trim and groom your brows so they look bushy, yet tamed. Don't over-groom them since we still want them to look fluffy.

**4. Fill in:** Use the brow pencil to fill in your brows to your liking; however, brows that are more lightly filled tend to look more natural. Then, use the eyebrow gel and angled brush to move the hairs around, crafting the exact style you want. Crossing your hairs across each other can help get a naturally messy look. Clean up the look to get the exact fluffy eyebrow you were looking for!

Will you try this trend? Let us know in the comments below!

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## Celebrity Wedding: 'Bachelor in Paradise' Stars Demi Burnett & Kristian Haggerty Are Engaged





By Meghan Khameraj

In [celebrity news](#), *Bachelor in Paradise* [celebrity couple](#), Demi Burnett and Kristian Haggerty are engaged. The couple proposed to each other during the September 10th episode of *Bachelor in Paradise*. It hasn't always been smooth sailing for the couple. The [celebrity relationship](#) faced criticism when Burnett was accused of pre-planning Haggerty's arrival on the show. Burnett then denied the claim. The celebrity couple has also faced some trusts issues when both felt as though the other was interested in or flirting with other people. However, they've since worked through those issues and are looking forward to celebrating their new engagement.

**This celebrity wedding comes after Demi Burnett came out on national television. What are some benefits to being yourself when going into a**

# relationship?

## Cupid's Advice:

Demi Burnett and Kristian Haggerty are happily engaged! Though there was backlash in regards to Burnett's sexuality, she was still able to find love in spite of that. Being yourself leads to an open and honest relationship, but that isn't all! Cupid has some tips on the benefits of being yourself when going into a relationship:

**1. You'll feel closer to your partner:** If you're open and honest about who you are off the bat then you can avoid any awkward conversations in the future with your partner and you'll be able to act like your natural self around them.

**Related Link:** [Celebrity News: Former 'Bachelor' Contestant Kirpa Sudick Squashes Cam Ayala Dating Rumors](#)

**2. You'll be happier:** Hiding things seldom makes us happy. Once your partner knows about the things you may be tempted to hide, then you won't have to stress about them finding out. You can focus on building other aspects of your relationship knowing that the foundation was built on solid ground.

**Related Link:** [Celebrity News: Hayden Panettiere Spotted Holding Hands with Boyfriend Brian's Brother After Drama](#)

**3. You'll know it is true love:** What's the point of being in love if you have to act like someone you're not? You can't be in true love if you're continuously hiding who you are from the person you love. You will be able to rest easily knowing that your significant other loves you in spite of the things you may feel like you need to hide.

**Do you think it's important to be yourself in a new relationship? Let us know in the comments below!**

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# Celebrity News: Peter Weber Is Named As Season 24 'Bachelor'



By Meghan Khameraj

In [celebrity news](#), former *Bachelorette* contestant Peter Weber will take on the mantle as the season 24 *Bachelor*. Weber was previously on Hannah Brown's season of *The Bachelorette* and finished in third place. According to *UsMagazine.com*, Weber stated that Brown inspired him to take the role noting that "Brown's commitment to remaining '100 percent unapologetically herself' from night one until the final rose inspired him to

pursue the same goal during his turn as the lead.” Weber was a fan favorite during Brown’s season, especially after she revealed that they had slept together four times in a windmill. Perhaps this time Weber will fall in love and we’ll have a new [celebrity couple](#) to keep tabs on!

## **In celebrity news, Peter Weber is the new *Bachelor*. What are some unique ways to go about finding love?**

### **Cupid’s Advice:**

Peter Weber is on the search for true love. While we may not be able to go on a publicly televised search, we can still find love. If your dating history consists of relationships that seem to fizzle after the first few dates, Cupid has some [dating advice](#) to help you find love in new and exciting ways:

**1. Take a class:** Do you like painting? Or maybe dancing or sports? An easy way to meet someone new is to take a class on something you’re interested in. If you’re both in the same class that means you already have one thing in common which will make it easier to break the ice.

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**2. Go to parties:** Maybe you can throw one or just go to one you were invited to. Parties are a relaxed environment where you can meet people with no immediate commitment. Parties are basically speed dating rounds but with good music and drinks.

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**3. Post about your interests:** Social media plays probably the most crucial role when it comes to finding new love. Nearly everyone has some form of social media so posting about what you enjoy can help catch the attention of someone who shares similar interests.

What are some fun ways to meet someone new? Let us know in the comments below!

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## Fashion Trend: Giving the Boot to Summer – Hello Fall!



By Meghan Khameraj

Fall calls for pumpkin spiced lattes, cozy sweaters, and most importantly—boots! Boots have become a staple piece in every fall wardrobe due to their ability to go with nearly every outfit. Say “goodbye” to summer by experimenting with some new boot styles with this fall [fashion trend](#). Our fashion tips will help refresh the classic look by giving it a twist for 2019!

## **Boots come in all shapes and sizes, but in this fashion trend, Cupid has some advice to help you find the perfect pair of fall boots!**

While you may be sad that summer is coming to an end, fall fashion is arguably one of the trendiest seasonal looks. The key piece to every fall outfit is the perfect pair of boots. This fashion trend has proved that it is here to stay. It can be overwhelming to navigate the boot world given that there are a countless number of styles. Here are our fashion advice on how to figure out which boot style you should go for next:

**1. Combat boots:** Channel your inner bad witch while rocking classic combat boots. This '90s fashion trend has made a reemergence within the past few years. The boots' edgy style fit the chilly and spooky vibes of early to mid-fall as we get closer to Halloween.

**Related Link:** [Fashion Trend: Tadashi Shoji Dresses You Cannot Miss Out On](#)

**2. Square-toed boots:** Pointed-toed boots are out and square-toed boots are in! Though square-toed boots may look weird to you, especially if you're used to round-toed or pointed-toed boots, try a classic black pair to ease your way into the new trend. Before you know it you'll be wearing square-toed boots

with confidence.

**Related Link:** [Product Review: Bravity Bras Defy Gravity](#)

**3. Animal print:** Speaking of confidence, nothing shows your confidence more than animal print! If you're ready to step your boot game up then you need to add a pair of animal print boots to your collection. You can experiment with tamer patterns such as snakeskin or if you want a wilder pattern then try cheetah or cow print.

**4. Slouchy boots:** These boots are on the more classic side of the boot spectrum. Pair slouchy boots with a short dress or an over-sized sweatshirt to get the ultimate [Ariana Grande](#)-inspired fall outfit. Complete your celebrity fashion look with a pumpkin spiced latte and "thank u, next" on repeat.

**Which pair of boots are you most excited to try out this fall? Let us know in the comments below!**

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## Celebrity News: Miley Cyrus & Kaitlynn Carter Step Out for Date Night in Matching Outfits





By Meghan Khameraj

In [celebrity news](#), pop star [Miley Cyrus](#) and actress Kaitlynn Carter were spotted in matching outfits for date night in New York City. According to *EOnline.com*, the pair stepped out in coordinated black ensembles. Cyrus wore black slacks, a blazer, and a crop top while Carter donned a black leather miniskirt, a blazer, and a blouse. Although the [famous couple](#) has been spotted together during the last two months, this was one of the first times they've been out in New York City. A source for *EOnline.com* reports that this [celebrity relationship](#) is getting more serious, "Kaitlynn has been a huge support system for Miley and they haven't left each other's sides. Their relationship is getting more serious."

**In celebrity news, Miley Cyrus and Kaitlynn Carter wore matching outfits for their date night. What**

# are some cute ways to coordinate your clothes for date night?

## Cupid's Advice:

Miley Cyrus and Kaitlynn Carter looked super cute in their matching black outfits. However, it's easy to go from cute to corny when it comes to matching outfits. Luckily, Cupid has some advice that will help you and your significant other look coordinated and cute instead of tacky:

**1. Wear dark colors:** Just like Cyrus and Carter, stick to dark colors for a classy matching ensemble. You want to highlight that you're matching with your partner while also making it look natural. Bright colors will distract from the coordination and look as though it's forced.

**Related Link:** [Celebrity News: Brody Jenner is 'Happy' for Miley Cyrus & Ex Kaitlynn Carter](#)

**2. Pick a vibe:** If you want to go for a more subtle approach to matching with your partner an easy way to do so is to pick a vibe or an aesthetic. Are you trying to channel high fashion or a look from a certain era? You don't necessarily have to match colors or specific articles of clothing, but as long as you both go for the same general idea you'll both look chic!

**Related Link:** [Celebrity Couple News: Britney Spears' BF Sam Asghari Reflects on Their Relationship](#)

**3. Keep it simple:** Simply, don't overdo it. We've all seen those pictures of celebrity couples in the early 2000s coordinating outrageous outfits. You don't want to follow in their steps. If matching outfits scare you, try to coordinate accessories instead of entire ensembles and work your way up.

**What do you think of matching outfits? Let us know in the comments below!**



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# Celebrity News: Hayden Panettiere Spotted Holding Hands with Boyfriend Brian's Brother After Drama



By Meghan Khameraj

In [celebrity news](#), Hayden Panettiere was spotted hand-in-hand with her boyfriend Brian Hickerson's brother. According to *UsMagazine.com*, the [celebrity couple](#) fell apart when Brian was taken into custody for domestic violence in May after Panettiere had "marks on her neck" after the incident. A judge

also granted Panettiere with a protective order stating that Brian was not allowed to come within 300 yards of her or contact her. Since then, Panettiere has been spending a lot of time with her ex's brother, Zach Hickerson, but this isn't the start of a new [celebrity relationship](#). Sources for *UsMagazine.com* state that Panettiere and Brian's brother are not a celebrity couple or romantically involved in any way, and in fact, "they have been friends for as long as she's been dating Brian; Zach and Brian are close."

**In celebrity news, we're wondering if Hayden and Brian's brother are involved as more than friends. What are some ways to keep gossip from affecting your relationship?**

#### **Cupid's Advice:**

Hayden and Brian's brother are walking a thin line between just friends and celebrity couple. While your relationship may not be as public as Hayden and Zach's, Cupid has some advice that will help keep gossip out of your relationship:

**1. Build trust:** Your relationship should be built on a solid foundation meaning that you and your partner trust each other. It's easy to let gossip create tension in your relationship but if you truly trust your partner then the rumors and gossip will have no impact on your relationship.

**Related Link:** [Celebrity Couple News: Tyler Cameron Attends Funeral for Gigi Hadid's Grandmother](#)

**2. Address the gossip:** If gossip or any potential rumor makes you or your significant other uncomfortable you should address it. Express how you feel with your partner without causing a

fight. If you're both open and honest you should be able to address the rumors effectively.

**Related Link:** [Celebrity Exes: Kristen Stewart Is 'So Happy' Ex Robert Pattinson is Batman](#)

**3. Focus on each other:** Gossip and rumors may persist even after you address them. If they are still having a significant impact on your relationship then it is best to just focus on your partner as long as you two are on the same page. People will always find something to gossip about so as long as it doesn't change your life it's best to just ignore it.

**What do you do if there is gossip going around about you? Let us know in the comments below!**

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## Celebrity Couple News: Tyler Cameron Attends Funeral for Gigi Hadid's Grandmother





By Meghan Khameraj

In [celebrity news](#), *The Bachelorette* star Tyler Cameron supported girlfriend and model Gigi Hadid at her grandmother's funeral. According to *EOnline.com*, the [celebrity couple](#) was spotted alongside Bella Hadid, Anwar Hadid, Anwar's girlfriend and pop singer Dua Lipa. Hadid's grandmother passed away at the age of 76 after battling cancer six times throughout her life. The celebrity couple began dating last month, but have grown extremely close during their short time together. Cameron has also grown closer with Hadid's friends, such as *Lover* singer [Taylor Swift](#) and world-renowned tennis star Serena Williams.

**In celebrity couple news, Tyler is supporting his new love during a tough time. What are some ways to show your support for your partner**

# amid tragedy?

## Cupid's Advice:

Although they've only been together for a month, Tyler Cameron supported his girlfriend Gigi Hadid during an extremely personal and difficult time. Cupid has some advice to help you be there for your partner without overstepping:

**1. Listen:** When your partner is going through a difficult time, the best thing you can do is to just listen to them. If they need to vent or cry, offer a shoulder to cry on, but don't make the situation about you or how you're feeling.

**Related Link:** [New Celebrity Couple Pete Davidson & Margaret Qualley Travel to Venice Ahead of Red Carpet Debut](#)

**2. Give them space:** No one wants to be coddled when all they want is some alone time. Allow your significant other to work out their issues alone if they need to, but be sure to let them know that you're always there if they happen to need you. It might be difficult, but finding the right balance of space and support will make your partner feel less alone and not suffocated.

**Related Link:** [Celebrity Couple News: Britney Spears' BF Sam Asghari Reflects on Their Relationship](#)

**3. Be patient and understanding:** The worst thing you could possibly do during a difficult time is to not be considerate of what your significant other is going through. It could take weeks or months for your partner to get back to the way they were before the tragedy, but if you show your support hopefully your relationship will come out of the difficult time even stronger than it was before.

**What are some ways your partner can make you feel supported? Let us know in the comments below!**



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# Celebrity News: Jen Harley Posts Pics of Jersey Shore's Ronnie Ortiz-Magro With a New Girl



By Meghan Khameraj

In [celebrity news](#), Jen Harley opened up about her rocky [celebrity relationship](#) with *Jersey Shore* star Ronnie Ortiz-Magro. According to *UsMagazine.com*, Harley posted several Instagram stories calling out Ortiz-Magro for his infidelity. Harley claimed that one picture showed a woman with her arms

around Ortiz-Magro. A source for *UsMagazine.com* defended Ortiz-Magro, stating, "Ronnie did not cheat. That girl is a friend of his and that was from a boat party on Monday with a bunch of people." Ortiz-Magro's infidelity wasn't the only thing Harley revealed. She also claimed that she has been "bullied and abused" by Ortiz-Magro, MTV, and the cast of *Jersey Shore: Family Vacation*. This isn't the first time the [celebrity couple](#) has hit a bump in their relationship. During the filming of *Jersey Shore: Family Vacation*, Ortiz-Magro brought two different women home, which Harley also called out on her Instagram. Though the pair has been coming for each other's throats lately, they have been on speaking terms for the sake of their 17-month-old baby, Ariana Sky.

## **In celebrity news, the drama isn't over between these this Jersey couple. What are some ways to keep the drama after a split to a minimum?**

### **Cupid's Advice:**

Ronnie Ortiz-Magro and Jen Harley have hit yet another bump in their relationship. Though their dirty laundry has been exposed to the world, the couple needs to maintain a civil front for the sake of their daughter. Cupid has some advice that will help you avoid any unnecessary tension between you and your ex:

- 1. Talk it out:** It's better to get all of your feelings out early so they don't sneak up on you after you and your ex have made amends. Take some time and talk about the things in your relationship that really bothered you. The key to successfully airing out your grievances is to always keep it civil.

**Related Link:** [Are Lori Loughlin & Mossimo Giannulli Heading for a Celebrity Divorce?](#)

**2. Communicate only when necessary:** Don't hit your ex up to hang out or update them on your personal life. If you need to talk to your ex make sure you only do so when you absolutely have to. For many couples, this may be the case if you share children or pets.

**Related Link:** [Celebrity News: Orlando Bloom Reveals How Past Divorce Affects Katy Perry Relationship](#)

**3. Focus on yourself, not your ex:** We're all guilty of creeping on an ex's social media profile. While that might be comforting in the early stages of a breakup, you shouldn't spend your time wondering what they are doing. Focus on bettering yourself in your spare time instead of checking their tagged photos!

**Do you maintain contact with any of your exes? Let us know in the comments below!**

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## **Celebrity Couple News: Britney Spears' BF Sam Asghari Reflects on Their Relationship**





By Meghan Khameraj

In [celebrity news](#), fitness model Sam Asghari opened up about his [celebrity relationship](#) with pop icon [Britney Spears](#). According to *UsMagazine.com*, Asghari revealed to *Entertainment Tonight* that he was hand-selected by Spears to star in her “Slumber Party” music video in 2016. From then on, sparks began to fly between the [celebrity couple](#) as they exchanged numbers and started to date like a normal couple. On New Year’s Day of 2017, they announced their relationship to the world via Instagram. Since the couple made their celebrity relationship Instagram official, they made their red carpet debut at the *Once Upon a Time In Hollywood* premiere this July. A source for *UsMagazine.com* reports, “ He is such a positive light in her life. No one makes her smile this much – other than her boys.”

**In celebrity couple news, Britney Spears’ boyfriend is opening up on**

# how the pair got together. What are some ways to initiate things with your crush?

## Cupid's Advice:

Britney Spears and Sam Asghari are completely head over heels for each other. However, just like any other couple, they had to get through the nerve-wracking first move. Cupid has some advice that will help you talk to your crush without breaking a sweat:

**1. Find common interests:** If you want to get closer to your crush the easiest way is to find something that you both have in common, whether that's a similar hobby or a favorite band. Talk to your crush about your similarities to foster a deeper friendship that could grow into something more.

**Related Link:** [New Celebrity Couple Pete Davidson & Margaret Qualley Travel to Venice Ahead of Red Carpet Debut](#)

**2. Hang out in person:** Texting and direct messaging is probably the most prevalent form of current communication, but messages can get lost in translation and honestly it's just not the same as hanging out in person. Try to grab coffee with your crush and talk about your common interests.

**Related Link:** [Celebrity News: Orlando Bloom Reveals How Past Divorce Affects Katy Perry Relationship](#)

**3. Be open:** Although it can be scary to let your crush know that you want more than just a friendship, it is a simple way to avoid future heartbreak. You don't want to cry to sad Taylor Swift songs because you spent so much time pining over unrequited love. If you are open with your crush you can get rid of any doubt in your mind and either enjoy your newfound relationship or start to move on.



What are some ways you have initiated things with a crush in the past? Let us know in the comments below!

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# Are Lori Loughlin & Mossimo Giannulli Heading for a Celebrity Divorce?



By Meghan Khameraj

In the latest [celebrity news](#), Lori Loughlin and Mossimo Giannulli may be headed for a [celebrity divorce](#). According to a source for *UsMagazine.com*, the [famous couple](#) of over 20

years are struggling to maintain their relationship in wake of their college admissions scandal. In March, they were arrested for reportedly bribing the University of Southern California with over \$500,000 to accept their daughters, Bella and Olivia Jade. Since then, Loughlin and Mossimo have disputed over issues such as the use of their private jet and the rejection of a plea deal.

## **There may be another celebrity divorce headed our way. What are some ways to get through a tough time as a couple?**

### **Cupid's Advice:**

Lori Loughlin and Mossimo Giannulli are going through a rough patch in their relationship. When tensions are high and the relationship is on the line, many people may be lost on what to do next. Cupid has some relationship advice that will help you navigate through this difficult time:

**1. Talk it out:** While this may seem like a simple piece of advice, communication is key to making a relationship work. Talking to your partner about the things that bother you can help your relationship steer clear of rough patches. With talking comes listening, if your significant opens up about the relationship you should listen and be prepared to address those issues.

**Related Link:** [Celebrity Divorce: 'Jersey' Shore' Couple Jenni 'JWoww' Farley & Roger Mathews Finalize Divorce](#)

**2. Take some time apart:** If you can't seem to sit down and talk to your partner then perhaps you both need to take some time and clear your heads. People tend to behave less rashly once they have taken time to think about the situation. You

want to approach any conflict with your significant other with a clear and rational mindset.

**Related Link:** [Celebrity Break-up: Miley Cyrus & Liam Hemsworth Split Less Than 8 Months After Wedding](#)

**3. Consider counseling:** You've tried talking and clearing your mind but both seemed to have failed. Your relationship issues might be rooted in a deeper problem that can be uncovered through couples therapy or counseling. The therapist will act as an unbiased voice of reason to help you and your partner re-build your relationship.

**What's your go-to strategy for getting through a tough time with your partner? Let us know in the comments below!**

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## **Celebrity Divorce: 'Jersey' Shore' Couple Jenni 'JWoww' Farley & Roger Mathews Finalize Divorce**





By Meghan Khameraj

In [celebrity news](#), *Jersey Shore* couple Jenni 'JWoww' Farley and Roger Mathews has finalized their divorce after announcing their separation in September 2018. Farley and Mathews share two children, daughter, Meilani, 5, and son, Greyson, 3. This [celebrity divorce](#) won't be ugly, according to a source for *UsMagzine.com*, "the former couple has put their differences aside for the sake of their children." Mathews even attends the same family events as Farley's new boyfriend. The former celebrity couple is committed to maintaining an amicable relationship for the sake of their kids.

## **This celebrity divorce has been finalized. What are some ways to re-build after a divorce?**

### **Cupid's Advice:**

Even celebrity divorces can take a lot out of the couple in question. It can be hard to think about moving on and re-

building your life. Cupid has some tips:

**1. Talk it out:** Understanding why your relationship didn't work out will help you avoid awkward and potentially hurtful conversations with your ex. Avoid the drama and be honest with your former partner. Understand their point of view and their feelings so you can both move past it.

**Related Link:** [Celebrity News: Orlando Bloom Reveals How Past Divorce Affects Katy Perry Relationship](#)

**2. Keep it civil:** Break-ups can be nasty and it can be painful to have any sort of relationship with your ex. However, don't take your frustrations out on your former partner, instead, express your feelings calmly to figure out how you can maintain a relationship with your ex.

**Related Link:** [Celebrity Break-Up: Find Out Why Katie Holmes Ended Relationship with Jamie Foxx](#)

**3. Move on:** Don't spend time dwelling on the past and don't think you might get back together. Take your time to heal from the breakup but also under that the romantic relationship is over and now you must move on to a more amicable relationship.

**What are some other ways you can re-build a relationship? Let us know in the comments below!**

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# New Celebrity Couple Pete Davidson & Margaret Qualley



# Travel to Venice Ahead of Red Carpet Debut



By Meghan Khameraj

In the latest [celebrity news](#), Pete Davidson and Margaret Qualley went to Italy together! According to an insider for *UsMagazine.com*, the newly announced [celebrity couple](#) have “been seeing each other for a couple of months.” Though the couple has been together for a few months, they are set to make their first public appearance as a [famous couple](#) at the 76th Venice Film Festival.

**In celebrity news, this new**

# celebrity couple is ready to step out as an official couple together. How do you know when to take your relationship public?

## Cupid's Advice:

Pete Davidson and Margaret Qualley are taking their relationship to the next level with their first official appearance as a celebrity couple. While this is a big and sometimes scary step, Cupid has some relationship advice that will help you figure out if you're ready:

**1. You both want to go public:** This may seem obvious, but if you and your partner aren't on the same page, then going public will only add fuel to the fire. Talking about your relationship with your partner in the early stages will allow your relationship to be more honest.

**Related Link:** [Celebrity News: Kendall Jenner & A\\$AP Rocky Attend Sunday Service After He's Released from Prison](#)

**2. You picture a long-term relationship:** You wouldn't want to announce your new relationship to all your friends and family just to break up a few weeks later. If you can't picture yourself with your partner in the future, then it's time to rethink going public.

**Related Link:** [Celebrity News: Jennifer Garner Has Found a 'True Partner' in John Miller](#)

**3. You're ready for opinions:** With a public relationship comes public opinion. You and your significant other should be ready to deal with any negativity that might surround your relationship. Focus on the positive that comes with having a public relationship, such as honesty and trust.

**What are some tell-tale signs that a relationship isn't ready to go public? Let us know in the comments below!**