

Eva Longoria Is Not Dating Matt Barnes, Despite Rumors



On Sunday, the *New York Post* claimed that actress Eva Longoria was getting romantic with L.A. Lakers forward, Matt Barnes. They cited a source who said that she seemed “very flirty” and had “a spark” with Barnes during a Thursday dinner in New York City. Although the article included a statement from Longoria’s rep who said the duo were only “friends,” she followed up on WhoSay, saying, “First Jessica Simpson, now this. Once again, press gets it wrong, matt barnes and I are not dating! We are doing a charity event together for Padres and Athletes vs Cancer.”

Do you need to defend yourself if rumors spread about your personal relationship?

Cupid’s Advice:

You might’ve been told that when you ignore a rumor, it proves

that it isn't true. However, if you react to it, it's a sign that you're guilty. But when rumors spread about your personal relationship, it's difficult to ignore. Here are some things to consider:

1. Your feelings: If the rumor will hurt your relationship, you may need to rise up and defend yourself. Doing nothing might do more damage to your emotional state.

2. Others in the rumor: When the rumor is hurting the other person who was mentioned in it, make sure everyone knows the truth. There's no reason to let suffering continue when the rumor is a lie.

3. Others' reputations: Defend yourself if this gossip will harm reputations. People work hard to establish themselves as a certain kind of person, and ruining that based on a lie isn't right.

How do you defend yourself if rumors spread about your personal relationship? Share your ideas below.