## Christina Applegate Ties the Knot with Longtime Boyfriend





By Andrea Surujnauth

Christina Applegate tied the knot with her longtime boyfriend, Martyn LeNoble. According to <u>People</u>, the two had a a private ceremony at their home in Los Angeles. Applegate, 41, and LeNoble, 43, have been together since 2008. These lovebirds got engaged in 2010 on Valentine's Day. The couple have a 2year-old daughter together, Sadie Grace. This is both Applegate's and LeNoble's second marriage.

How do you know when you're ready to marry your partner?

## Cupid's Advice:

You have been dating for a while and now you are think marriage. Are you and your partner ready to tie the knot? Cupid is here to help you decide:

1. You enjoy every moment: A major sign that you are ready for marriage is if you enjoy every moment with your sweetheart, no matter how small or how boring. If you even enjoy doing chores together or just sitting together in the car, that's love.

2. You're both ready to burn the little black book: If you are both ready to give up all old flames and give up dating, then wedding bells are definitly in the air for you two lovebirds.

3. You have long term plans together: If you two have long term plans together then your relationship is ready for marriage. Planning your life years down the road together shows that marriage is on both of your minds and you are already planning for it.

How do you when your relationship is ready for marriage? Comment below and let us know.

## Baby News for Christina Applegate





Christina Applegate

and fiancé Martyn Lenoble are growing their own little orchard. Confirming exclusively to <u>People</u>, Applegate's rep says the actress is pregnant. The Samantha Who? star credits Lenoble for helping her recover after undergoing a double mastectomy. "I'm very grateful to Martyn for coming along at a time that he did because he's been my rock through all of this," Applegate told People last year. "He gave me something to really want to live for and something to smile about."

How can you best be there for your partner when he or she is sick?

## Cupid's Advice:

In sickness and in health is a vow which is sometimes easier said than done. Cupid is here with some advice to get you through the rough times:

1. Have an open ear and mind: One of the best things you can do is listen. Let your partner tell you what he or she needs or wants to talk about. They may not want to focus on the illness, and would rather discuss everyday things. You'll also want to educate yourself by reading and speaking to doctors, or to other people who have been in similar situations. 2. Stop any guilty feelings: Do not put guilt on your spouse for being sick. They probably feel guilty enough as it is for putting both emotional and physical pain on you. Also, you shouldn't feel guilty, and think there is something you could have done to prevent the sickness.

**3. Don't take it personally:** If your partner has sudden mood swings, or lashes out at you, do not for one moment think it is a reflection on you. Be there for your partner, but also make sure to take care of yourself. A study published a few years ago says having a sick spouse is bad for your health, too.