

Celebrity Mom Melissa Joan Hart Says Her Husband Is Worse Than Her Kids When Sick



By Andrea Surujnauth

Melissa Joan Hart, star of the hit show *Melissa and Joey*, had a house full of sick patients this month. Her three sons Mason, 7, Brady, 5, Tucker, 5 months, and her husband all had the flu. According to [People](#), Hart admitted that her husband, Mark Wilkerson, was the hardest patient to deal with. “Kids bounce back like that. Men ... not. You’d think that no one had ever been sick before!” said Hart. Surprisingly, Hart did not get sick at all. “You’re the mom. You gotta clean it up and keep going. You’re not allowed to get sick. You do not get sick. Especially when you’re working, too.”

How do you show you care when your partner is sick?

Cupid's Advice:

So your sweetheart is sick. What should you do? How do you show your beau that you care about them and want them to get better? Cupid has some advice for you:

1. Be their doctor: When your honey is sick, be their doctor. Tuck your partner into bed and give them their medicine. Check their temperature and make sure they get their rest. They will not only get better faster but they will love the attention that they get from you.

2. Make some home-made soup: When your beau is sick, a great way to help them feel better is to make them some home-made soup. Your partner will appreciate all the effort you put into helping them feel better and when sick, what could possibly be better than a big bowl of hot soup?

3. Keep the kids quiet: If you have kids, the best thing you can do for your sick partner is to keep the kids from bouncing off the walls. This way your sweetie will be able to get all the rest they need and they will definitely appreciate you for that!

How do you show your partner that you care when they are sick? Comment below and let us know!

Melissa Joan Hart Says She 'Hates Being Pregnant'





By Nic Baird

She's done it three times now, but actress Melissa Joan Hart says she hates having a bun in the oven, [People](#) reports. "It a huge adjustment and you have to change your whole lifestyle for a few months," Hart says. The lack of energy and dietary changes caught Hart as she and husband Mark Wilkerson were dealing with the wild antics of toddler boys. Mason Walter, 6, and Braydon Hart, 4, were joined by Tucker McFadden this September. "I would have seven babies if I didn't have to be pregnant," Hart says. "I hate being pregnant."

What are some ways to help the mother of your child stay positive during pregnancy?

Cupid's Advice:

There's a lot to do when you find out you're expecting. But like buying presents for Christmas, these preparations should be joyful, exciting, and obviously stressful. While you can't avoid the ladder, you need to be there to keep the joy and excitement alive. Cupid has some advice on how you can help the mother of your child during pregnancy:

1. Take her out: Exercise is a great mood lifter. While there should be many classes in your area tailored for your pregnant

partner, it's better to find activities for two. Try going for a walk to a nearby park and sitting for awhile. Vitamin D powers your significant other's vitality!

2. Give her support: It's no secret that moods intensify during pregnancy. Expect a lot of fluctuation in emotions during the first eight to 11 weeks. Hormones will balance out later, but this is a crucial time to support your future child's mother. Don't try and correct things your partner already knows. Instead, be a sounding board for what they're feeling, and offer your sympathy.

3. Be ready: First, be thankful. You're not the one whose body is not going through dramatic, stressful, and ultimately painful changes. Despite this, there's still plenty of work to be done to welcome a new child. Take as many of the pregnant lady's worries as she'll allow. Educate yourself, prepare, and make sure your partner has everything she needs for a healthy, comfortable pregnancy.

What are some ways to stay positive during a pregnancy? Share your experiences below!

Melissa Joan Hart Is Expecting Third Child





Melissa Joan Hart,

35, has a lot to celebrate. The *Melissa & Joey* star is turning 36 and she's pregnant with her third child. Hart and her husband, Mark Wilkerson, are excited about adding to their family of two sons, Braydon Hart, 4, and Mason Walter, 6. According to [People](#), Hart knew she wanted more children back in 2009. Are they rooting for a girl? Hart said, "It's not necessarily that I want girls. It's because I just know I want more babies." Congratulations Melissa and Mark!

How do you decide how many children to have?

Cupid's Advice:

Deciding to start a family is a huge decision and size matters. Here are some ways to decide on just how big your family should be:

1. Be selfish: It's okay to want a small amount of children or a whole baseball team. Take time out to decide what you want. In the end, it's your body and your decision.

2. It takes two: You're not the only one making the babies. Talk to your partner about how big you want your family to be. Things don't always work out the way they are planned, but being on the same page with your partner helps ease whatever

surprises may come along.

3. Talk to the kids: If you already have children, adding another child is going to be a big change for the existing kids. Take time out to talk to your kids about becoming big brothers or big sisters. After all, they're apart of the family too.

How did you decide how many children to have? Share your comments below.