

Celebrity Interview: 'Temptation Island' Host Mark Walberg Shares His Thoughts on Season 2 and Physical Infidelity vs. Emotional Connection



Interview by [Lori Bizocco](#). Written by [Hope Ankney](#).

Mark Walberg (not to be confused with film actor Mark Wahlberg) is an American actor, on-air television personality, and talk show host known primarily for *Antiques Roadshow*, *The Moment of Truth*, and both the original (Fox Network: 2001) and

the modern reboot (USA Network: 2019), *Temptation Island*. Walberg's time on *Temptation Island* is split between acting as the host and being a relationship confidant who couples go to for guidance through all kinds of relationship struggles they experience on the show. In our exclusive [celebrity interview](#), Walberg offers our visitors his thoughts on the second season of the show, and some [dating advice](#) for any couple going through hardships.

In our celebrity interview with *Temptation Island*'s Mark Walberg, get season 2 sneak-peeks, dating advice, and tips on emotional connections.

Temptation Island is a reality show that follows four couples who are struggling in their relationships and can't decide whether to call it quits or not. When they arrive on the island, they are separated and put onto different parts of a beautiful island for four weeks, where they are tempted by other relationship options. The show has seen booming success since the first season of its reboot aired at the beginning of 2019. With season two premiering just a few weeks ago, the drama-filled show has only turned up the heat with its steamy antics.

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A season that Walberg claims is "really on steroids" as far as content goes, he explains that what ends up happening with these couples isn't scripted. The producers aren't in charge of turning the heat up, despite the drama escalating quickly this season. According to Walberg, it all depends on the

couple and their personal journey. For example, Ashley G. slept with someone in the first episode, and that's something that just didn't happen in the first season of the show.

Walberg likes the idea of producers not being in control, because it allows him to be more open and vulnerable with the couples. In the second episode, Walberg has a conversation with Rick about Ashley's infidelity, saying that he's sincerely hurting alongside Rick. He takes his role with the couples very seriously, admitting, "I want the best for them. I'm very well aware that it's probably not going to go the way that they hoped or thought they could control, but the bigger question, to me, is always about yourself. What brought you here? It's not about the other person." He expands on this statement, explaining how he handled his discussion with Ashley G., hinting that she has great remorse about hurting Rick in later episodes.

When asked if a couple can come back from something like what Rick and Ashley G. are going through, he provides some great advice about the differences in every couple and how they handle hardship. According to Walberg, every couple is unique and thinks differently about their relationship. If you're talking about two people who have built a foundation from an on-again off-again dynamic, it's obvious that the couple has been able to forgive one another and get back together after past conflict. Walberg is serious when he asks couples, "Do you think you can come back from this?" He says, "When you sit and break it down, there's a lot of grey area between the black and white. I know that people watching at home are like, 'If anybody did that then it's over,' but relationships with these people are years long and unique to them."

Watching season 2 of *Temptation Island*, we observe events like David's threesome, Ashley's infidelity, and then cases like Casey's where he claims that his relationship with Ashley H. is weak, stating, "I could break-up with her and be fine." Does that raise questions about what really hurts more,

physical infidelity or emotional connection? Walberg seems to think that a lacking emotional connection is much scarier than a physical infidelity. Physical intimacy doesn't always cause a bond to form, and he agrees with viewers who believe that emotional connections are the ones that are lasting.



Mark L. Walberg. Photo Credit: Pr Photos/prphotos.com

Despite our curiosity, Walberg remains tight-lipped about who he thinks will survive as a couple and who he's rooting for, but he does touch on the growth he's seen from both Rick and Ashley H. He thinks that Rick's backstory of being a playboy is interesting when you see how he grows throughout the season. He even singles out Ashley H. and applauds her for her development from being extremely sensitive to radiating a sense of strength by the season's end.

In fact, Walberg explains that the island is a vehicle for couples to seek answers in different facets of their lives. "For some guys that require self-love, and sometimes [they] just do things I can't figure out. But, my hope is that

everybody leaves the island feeling like the experience helped them grow in some way or another.” If the couples are committed to going to the island, there is a sense of self-reflection that they have to go through and work on. It’s a natural process that happens on its own for every couple.

With shows like *Temptation Island*, it can be an addicting experience for the audience. So, it isn’t surprising that fans become attached to the show, because they see parts of themselves or their relationship in some of the couples on screen. People can relate to wondering whether or not they’re settling in their relationship. It’s easy to empathize with the struggles when it comes to finding your “person.”

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Relationship struggles are a reality for all couples, and Walberg stresses the importance of communication to overcome those low points. Not all folks can hop a plane and become part of a reality show to fix their problems, he says, but, “If you can talk about it, you’ve got a shot. Talk it out, and if you need to find professional help to talk it out, that might be the best way.”

And, speaking of communication, Walberg is still in touch with the entire cast from season 1 through Instagram! He says he’s still friendly with all of them, pointing out, for instance, that Evan reached out to him personally when he and Morgan announced their engagement.

So, what can we expect from upcoming episodes? Walberg wasn’t very forthcoming on this, but he told us to keep a watch on the dynamic between couples shifting from potential love interests to supportive friends, as well as seeing romantic connections grow. And, get ready for some entertainment! According to Walberg, the final bonfire is “pretty riveting.”

Stay tuned! If Walberg’s insight is anything to go on,

Temptation Island is about to get insanely entertaining.

You can keep up with Mark L. Walberg by following him on [Twitter](#) and [Instagram](#). Make sure to check out “*Temptation Island*” Tuesdays at 10/9c on USA Network.

Celebrity Interview: ‘Temptation Island’ Host Mark Walberg Shares His Secret to a Happy Relationship



Interview by [Lori Bizzoco](#). Written by [Lauren Burczyk](#).

Mark Walberg (not to be confused with Mark Wahlberg) is an American actor, television personality and talk show host known for his time on Antiques Roadshow, Russian Roulette, The Moment of Truth, and both the original (Fox Network: 2001) and most recently rebooted (USA Network: 2019), Temptation Island. Walberg's role on Temptation Island is divided between being the host of the show and a relationship expert of sorts who guides confused couples through all types of relationship struggles – stagnant relationships, trust issues, and ultimatums. In our exclusive [celebrity interview](#), Walberg offers our visitors valuable [dating advice](#) on how to make a relationship stand the test of time!

Celebrity Interview with Mark Walberg: Temptation Island – Dating Advice, and His Secret to a Long, Healthy Marriage.

Many of us remember Temptation Island from when it first aired on Fox in 2001. Controversial from the start, the show followed four couples who were struggling in their relationships and couldn't decide whether to stick together or call it quits. The premise of the show was to separate these couples on a beautiful island, and surround them by members of the opposite sex for a few weeks.

The first season of the show delivered solid ratings, but the next two seasons did not and unfortunately, Temptation Island was cancelled. Fast forward to 2019 and the current state of digital dating and instant gratification, and Temptation Island is back again, newly rebooted with Walberg as the host for a fourth season. "It feels great to do it [host Temptation Island] again," says the reality tv star and husband of 31

years. "I really had no hesitations. I was pretty sure the show would be relevant today and new audiences would enjoy it!" Walberg couldn't be more right, as *Temptation Island* was just renewed for a second season.

However, a lot has changed in the world since the show went off the air in 2003 and Walberg's personal life is no exception. "It's the same in that I was married then and married still so my perspective hasn't changed," he explains. "However, I'm more in the 'dad zone' now and I have some years of experience to add."



Mark Walberg and wife Robbi Morgan. Photo: [Instagram/@markwalberg](https://www.instagram.com/markwalberg)

Despite the potential for a more accepting audience, there are many skeptics of the show and its theme. Some feel that the four couples are willingly putting their relationships in danger by opening their hearts to temptation and dating other people. That being said, it's not out of the question for an

experience like this to strengthen a couple's bond. Walberg elaborates, saying, "I wouldn't advise this experience for couples. It's extreme. And it's TV. That said, I am certain that these couples will find the truth about how they feel about one another through this experience. And that knowledge will either make them stronger as a couple or stronger as an individual."

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The current couples on the 2019 reboot of Temptation Island are Karl Collins and Nicole Tutewohl from Chicago, IL, Evan Smith and Kaci Campbell from Los Angeles, CA, Javen Butler and Shari Ligon from San Francisco, CA, and John Thurmond and Kady Krambeer from Fort Worth, TX.

Mark gave us insight on a few of the couples on the show:

When it comes down to commitment, Evan and Kaci are at odds after being together for several years. "There's no rhyme or reason to why people fall for one another," says Walberg. "I call it the lightning strike. But, ultimatums for marriage are never the way to enter into that commitment."

Contestants John and Kady had their own issues coming into the show, not knowing if they were right for one another. On the show, Kady is tempted by a single man in the house who makes her feel desired and more like herself, Dr. Johnny Alexander. Are they a better couple than John and Kady? "I can't say who's a "better couple," says Walberg. "What matters is that each of them find partners that respect and love them. If that's not there, it's not going to work. If Kady feels safer and more supported with Dr. Johnny, then that's her path. It's actually better for everyone in the end."

Speaking of temptation, contestants Shari and Javen have been together since high school, but Shari has many insecurities because Javen cheated on her while he was in college. You'd

think going on a show all about temptation might worsen those insecurities, but Walberg has a different perspective. "Maybe her insecurities will go away altogether," he says. "That's a couple to keep watching..."

Well, as Walberg says, we'll have to keep watching to see what will happen with each couple. "My hope is that they leave the island with the answers they're looking for in the end," he says. "Although, I warned them that their questions will change, there was a lot of personal growth among the cast."

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The reality is, not everyone has the opportunity to go on a television show like Temptation Island. So, what can everyday couples do to keep their relationships on track? Walberg, whose long, healthy relationship with his wife makes him the perfect host for Temptation Island, thinks the answer is, "Communicate, compromise, forgive. That's it. Oh...and love one another!" And, there's no one secret for a happy marriage, he says. "I could try to give advice all day, but really it comes down to one thing... my wife and I love each other! That's it!" And, resisting temptation is key as well, of course. "Social media has made it so tempting," Walberg says. "Temptation is at your fingertips. Like advertising! I don't know how to change that except to always remind yourself not to let 'better' be the evil of 'good.' Nothing's perfect, but if you love one another, you can work it out."

You can keep up with Mark L. Walberg by following him on [Twitter](#) and [Instagram](#). Make sure to check out "Temptation Island" Tuesdays at 10/9c on USA Network.