

Celebrity Photo Gallery: Famous Couples That Co-Parent





Jennifer Lopez and Marc Anthony

Although they're no longer together, the two singers co-parent and do business together. These celebrity exes didn't let their break-up get in the way of their children or career.

Photo: Charles Norfleet / PR Photos

Celebrity Exes: Jennifer Lopez Disses Ex Boyfriends, Saying She's Not a 'Looks Girl'



By [Katie Gray](#)

Jennifer Lopez is almost a queen, in the sense that her empire is made up of her successful endeavors in singing, dancing, acting, designing, and writing. That being said, she hasn't necessarily been lucky in love. In fact, Lopez recently went on the late night talk show *Watch What Happens Live* and discussed what draws her to certain men. "I would say my type of man is, I like manly. I don't like a softer edge. I like somebody to make me laugh. But type-wise, I'm not a looks person. I don't know if you noticed, over the years," *The Boy Next Door* star, who has had her share of celebrity exes stated. It seems celebrity dating is very similar to dating for the rest of us! According to [UsMagazine.com](#), she added, "I go more for essence, for strength, the manliness. The fun, the laughs. Sexy's important but I don't feel like good looking is necessarily sexy."

The latest celebrity news surrounding JLo points to a woman not weighing looks very heavily when it comes to relationships. What are three ways to make sure outward appearance doesn't become the most important factor in your search for love?

Cupid's Advice:

There's a lot of love advice surrounding the factors to consider when you're on the hunt for a new relationship. Cupid has some tips on how to make sure you stay on track with what's important:

1. Laugh: A sense of humor goes a long way. When you're searching for true love, it's imperative that you choose someone who can make you laugh. They say that beauty fades, but really beauty is always present when you truly love someone – and it lasts forever. Find the qualities in potential partners that match your personality.

Related Link: [Jennifer Lopez Reveals Ben Affleck "First Real Heartbreak"](#)

2. Live: The experiences we have in life are what makes this journey special. Enjoy fun outings, travel and try new things with your partner. The fulfillment you'll have from those moments, outweigh physical beauty. The memories you'll gain from those times will last for the rest of your lives, which is special.

Related Link: [Jennifer Lopez Says Marc Anthony Predicted They'd Marry When They First Met](#)

3. Love: All you really need is love. When you genuinely love someone, inside and out, that becomes all that matters. You should absolutely be attracted to the person you are with. However; when you connect with someone on different levels they become super hot in your eyes. Love has a tendency to do

that.

What are qualities you look for in the search for the love of your life? Share your stories below.

Marc Anthony Marries Third Wife Shannon De Lima



By Shannon Seibert

Marc Anthony and model girlfriend Shannon De Lima exchanged 'I dos' in front of close to 100 guests on Tuesday, November 11. The couple has been dating on and off since 2012, and this time things are going to stick. Anthony and his new wife

married at his estate in La Romana, Dominican Republic. According to UsMagazine.com, Latin music stars Juan Luis Guerra, Carlos Vives, Tito El Bambino were in attendance as well as Anthony's business partner Charles Koppelman, and the CEO of Sprint Corporation Marcelo Claude.

How do you decide whether to get married for a second or third time?

Cupid's Advice:

Getting married is a huge deal. It involves legally binding documents, a public declaration of love and combining two lives into a shared one. Before making your decision, consider Cupid's advice for you:

1. You have absolutely no doubts heading to the altar: You have a little experience under your belt, you've made this journey once or twice before. Yes, you may love your partner, but are they going to be able to support you financially and emotionally? You are now a team which means putting your own needs aside and considering what is best for the family.

Related: [Jennifer Lopez Says Marc Anthony Predicted They'd Marry When They First Met](#)

2. You have had multiple conversations about marriage: This isn't only considering the idealistic thoughts of marriage. These conversations include the nitty gritty details of possible financial instability, whether or not you'll have more children, or are you choosing to forgo the prenup? Is this what is best for your children? There are a lot of aspects to take into account and angles to consider beyond where you will be honeymooning.

Related: [Marc Anthony Says He's 'Really Good Friends' With Casper Smart](#)

3. Your intuition is giving you the green light: Your gut

feeling is probably the best judge of character. If you can picture yourself with this man for the rest of your life, working together in both the hard times and the bad, then go for it! Nothing should stop you from being with your true love.

What helped you decide to get married again? Share with us below!

Jennifer Lopez Says Celebrity Ex Marc Anthony Predicted They'd Marry When They First Met





By Maggie Manfredi

In the latest celebrity news, Jennifer Lopez tells all! According to UsMagazine.com, the super star and now author is putting everything out there in new memoir *True Love*. Fans get details on past relationships and loves, such as Ben Affleck, Cris Judd, and Marc Anthony. For instance, [celebrity ex](#) Anthony's first words to the starlet were, "One day, you're going to be my wife." A pretty impressive prophecy considering she dated multiple men before their marriage!

Hollywood couples sometimes rush into marriage, only to end up with yet another celebrity ex. How can you tell if you've really met The One?

Cupid's Advice:

Have you been searching for a soul mate, a lover, The One?

Curious how you will know when you find them? Cupid has some relationship advice to consider:

1. Mutual respect: Whether you prefer bluntness like Lopez's celebrity ex Anthony or a sweet, subtle sweep-off-your-feet kind of romance, you have to feel respected. You also have to give respect for any type of relationship to work. With respect comes admiration and then potentially love.

Related Link: [Jessica Chastain Dishes On Not Dating Other Stars](#)

2. Butterflies and warm fuzzies: It is important to get excited and to feel it. Who knows if there really is such a thing as "a spark," but there is such a thing as feelings, and tuning in to whether you truly have them is an important step.

Related Link: [Jennifer Lopez Reveals Ben Affleck Was Her "First Big Heartbreak"](#)

3. Long-term potential: Being someone's person means it's much more than a fling or an attractiveness. Even Hollywood couples long for solidarity in their whirwindish lives. You are supposed to be with this person for worse or for better, through good and bad times. Make sure that The One you have chosen will love you, defend you, protect you, and laugh with you.

Will you be reading JLo's memoir? Comment below and share what you think of the singer's revelation and other love advice!

Celebrity Baby News: 10

Famous Couples Who Had Twins



By [Whitney Johnson](#)

Nobody can resist [celebrity baby news](#) – especially when there are two bundles of joy! As if these famous couples aren't busy enough with their lives in the spotlight, they're also juggling twins and everything that comes with them: two bottles, two strollers, two wardrobes, and more. Below, we've pulled together a list of 10 celebrity parents who were doubly blessed in the baby department:

Exciting Celebrity Baby News

1. Mariah Carey and Nick Cannon: This Hollywood couple welcomed their twins, son Moroccan and daughter Monroe, in April 2011. After an extremely difficult pregnancy,

including preeclampsia and gestational diabetes, the diva says she's done having kids.

2. Elsa Pataky and Chris Hemsworth: Already parents to 25-month-old daughter India, the *Thor* star and his leading lady welcomed twin boys, Tristan and Sasha, this past March. The proud mom has been showing off her adorable celebrity family on Instagram ever since.

Related Link: [Elsa Pataky and Chris Hemsworth Are Expecting Twins](#)

3. [Jennifer Lopez](#) and Marc Anthony: Although this famous couple split in 2011 after seven years together, twins Max and Emme seem to be doing just fine. The cuties celebrated their sixth birthday in February with a trampoline party.

4. Ricky Martin: In 2008, the Puerto Rican singer became a father to twin boys, Matteo and Valentino, born via a surrogate mother. Luckily, his sons have a great role model in their father, who has been honored multiple times for his humanitarian work.

5. Julia Roberts and Danny Moder: The *Pretty Woman* star married her cameraman hubby in 2002, and two years later, the Hollywood couple welcomed twins, daughter Hazel and son Phinnaeus. Since then, their family has grown to five, with the addition of son Henry in 2007.

6. Sarah Jessica Parker and Matthew Broderick: The talented couple's twin daughters, Loretta and Tabitha, were born via surrogate in 2009, seven years after the *Sex and the City* actress gave birth to their first child, son James Wilkie.

This Famous Couple Has Six Kids,

And Two of Them Are Twins!

7. [Angelina Jolie](#) and Brad Pitt: This globe-trotting family of eight includes twins Knox and Vivienne, born in July 2008. This celebrity baby news got a lot of attention: The rights for the first images of the babies were sold to *Hello!* for 14 million dollars – the most expensive celebrity photos ever taken.

Related Link: [Brad Pitt Says Fatherhood Has Made Him a Better Man](#)

8. Neil Patrick Harris and David Burtka: The *How I Met Your Mother* actor and his fiancé welcomed twins, son Gideon and daughter Harper, in 2010, born via a surrogate.

9. Rebecca Romijn and Jerry O'Connell: The Hollywood couple became parents to fraternal twin daughters, Dolly and Charlie, in 2008, just over a year after they married. Dolly is named after singer Dolly Parton, and Charlie is named after her dad's brother (a former *Bachelor* star!).

10. Julie Bowen and Scott Philips: The *Modern Family* actress and her husband of a decade are parents to three sons: Oliver, born in 2007, and twins John and Gustav, born in 2009.

Who are your favorite celebrity babies? Tell us in the comments below!

Helping Your Child Through a

Divorce



By Patricia Bubash, M.ed, LPC for [Hope After Divorce](#)

In spite of the naysayers who were telling me to not bother spending money to see *Jersey Boys*, I decided to go see the matinee (it was cheaper, of course). And I was glad that I ignored the unfavorable critics. I thought it was an excellent movie: good acting, touching story of poor boys making it big, and music that had everyone clapping, tapping their feet, and enjoying songs from their youth. I anticipate seeing it at least another two times and even buying the DVD when it comes out.

So where does my delight with *Jersey Boys* fit into a site devoted to helping those who are divorced or contemplating the end of their marriage? Not to give away any of the story, but

I need to explain how my movie going experience and divorce corresponds.

Growing up, Frankie Valli lived in a low social economic neighborhood, the tough streets of New Jersey. Through determination, grit, drive, and connections, he achieves success and recognition in the entertainment world. And, not so different from the regular guy who must make a living by working overtime and traveling, his career takes over his family time. From the all too common divorce stories, we know the toll that work takes on a marriage. The mother of his three daughters, his first true love, throws Frankie out.

Related Link: [6 Things Women Should Never Do in a Divorce](#)

Just before he packs his two suitcases and departs the family home, Frankie puts his youngest daughter to bed. She asks him to sing to her (oh, how special would that be – a dad who sounded like Frankie Valli to sing you to sleep!). As he is singing, she interrupts him to ask, “Do you like me?”

Watching this scene, I felt a tug in my chest. I experienced flashbacks from conversations with former counseling clients, students, and my own daughters, who all shared similar deep feelings to me as I listened to their familiar, anguished words. Like my students and my kids, there was genuine confusion and puzzlement over *why* dad would no longer be living with them. Did he really have to go? And did they do something to cause him to be mad – mad enough to leave?

Young children often internalize that they are the reason for mom and dad divorcing – you know, the failed math grade, the disciplinary action for talking in class, squabbling with another student, or fighting too much with a sibling. It’s this idea that, “Had I been a better kid, they wouldn’t be divorcing.” The adults are so involved in their own dynamics, focusing on the logistics of getting out of the marriage, that the children’s interpretation of the why goes

overlooked.

International star and actress Jennifer Lopez and her husband, singer Marc Anthony, went through a divorce with young twins. They have seemed to be amicable and respectful in their new co-parenting roles, keeping their focus on their beautiful children. You may become divorced from one another, but you will always be your children's parents together. These ex-spouses set a good example for all divorced parents on how to be respectful in the essential role each parent plays in the lives of their children, both equally important. Lopez recently ended her relationship with longtime boyfriend and dancer Casper Smart. Hopefully, she was able to gently communicate and share this decision with her son and daughter, as it would have been a loss of another relationship for them as well.

When this beautiful child in *Jersey Boys* asked her dad if he liked her, I knew the why of that question. Could it be that her dad really didn't like her and that she was the cause of it? Of course, Frankie assured his beautiful daughter that he loved her. And then he was gone. For many dads and moms who become so involved with work, after divorce, it is often said, "Not only did they divorce their ex but the children as well." It's an adult decision, but it's the kids who struggle most with a new family composition. They are commonly not ever asked what they want, which is the real tragedy in parents divorcing. Why shouldn't our children be asked what they want and what they think? They should at least be heard so parents can take into account knowing how their very own children feel about them dissolving their family.

Related Link: [To Move or Not to Move? Why This Decision is Tough on Kids](#)

As a former educator, school counselor, family advocate, and, most credible of all, a divorced parent, I feel comfortable offering the following suggestions:

- Together, assure your children, “We may no longer want to be together, but we will always love you.” You can never remind them of this truth enough. Your children need to feel secure in the continued love of both parents.
- Be honest. If divorce is imminent, then don’t give your children the false hope that you might be together again. Explain the changes: visitation, sharing of holidays, and any possible moves into a new home or school.
- Encourage them to talk with you and truthfully answer their questions.
- Let the school know the situation. Many times, a teacher has come to me with a student acting out, and we discover that the family is going through divorce. Knowing this helps the school in helping the child – thus, the reason for school counselors.
- Don’t talk negatively about your ex-spouse in front of your children or even to others when your children might hear your conversation. Speaking despairingly of the other parent (even if it is true!) is like shooting an arrow in your child’s heart.

Related Link: [What Now? Transitioning From Married to Single](#)

Divorce changes our lives and that of our children. It is one of the most difficult and emotional situations for a family to experience. Fortunately, we have resources like Hope After Divorce and Divorce Support Center. And through these resources, we find hope for the future. Our children also need to have hope for better times ahead, and as their parents, we are responsible for providing this hope.

(And go see *Jersey Boys* – it’s definitely worth the money and your time!)

To find out more about Hope After Divorce, click [here](#).



Patricia Bubash received her M.Ed. in Counseling from the University of Missouri, St. Louis. Working with students and families has been her true calling for over thirty years. For more than twenty years she has presented workshops at the community college on a variety of topics relating to parenting issues, self-esteem and issues relative to divorce. Patricia is a Licensed Professional Counselor in the state of Missouri and, a Stephen Minister. She submits a variety of articles related to relationships, marriage and divorce to several internet sites, and, frequently, is interviewed on internet radio stations. Volunteerism, writing and family are most significant in her life. Patricia writes for DivorceSupportCenter.com, HopeAfterDivorce.org, CupidPulse.com, andFamilyShare.com. She can be reached at patriciathecounselor@successfulesecondmarriages.com. Follow Patricia on www.facebook.com/patriciathecounselor.

Marc Anthony Says He's 'Really Good Friends' With Casper Smart





By Louisa Gonzales

There are no hard feelings between Jennifer Lopez and Marc Anthony and the same goes for the starlet's beau. According to UsMagazine.com, Anthony recently stopped by The Wendy Williams Show on Monday, February 17th and spoke of how not only was he still good friends with his ex-wife J.Lo, but with her boyfriend, Casper Smart. Anthony also revealed he is not one to judge and said nothing, but lovely things about Lopez and her new lover saying, "anybody that means something to her means something to me". Anthony recently just got out of relationship, with ex-girlfriend Chloe Green after a year of dating, but that hasn't stopped him from believing in the possibility of finding love again.

How do you keep things civil with your ex's new partner?

Cupid's Advice:

Breaking up is hard, no matter if the decision is mutual, or if it ends amicably. Learning how to accept that your ex-love will eventually move on with someone new is hard. If you want

to remain in your old flames life and still be friends you will have to keep the peace not only with them, but with their new lover as well. Cupid has advice on how to keep things civil with your ex's new partner:

1. Be respectful: Be kind and nice to the new beau. Take the high road, it will ultimately help you and the situation. When you meet the new significant other in your ex's life extend a hand toward them, it never hurt anyone to be nicer and it also won't mess up your chances remaining on the good graces of your ex-lovebird. If you are respectful and courteous to your ex's new partner they will most likely be that way towards you.

Related: [Marc Anthony and Girlfriend Chloe Green Split](#)

2. Know your boundaries: Remember it's over between the two of you, whether the decision to end the relationship was mutual or individual, stay focused on that. It's not about the other person it's about keeping some form of a relationship with your ex and if you want to be a part of their life you will have to accept they are with someone new. You have begun something new in your life and so have they and no matter how hard it is seeing your ex with someone new you don't want to make things more weird by over stepping your boundaries with either the new beau or your ex.

Related: [Jennifer Lopez and Casper Smart Share a Romantic Dinner in Time for VDay](#)

3. Don't be fake: Sometimes in attempt to mask our insecurities we will try to be something we're not by trying to act tough or overly sweet. Don't pretend to be some one you're not, because when you try to force something it will come off as fake to the other person and it will make things more awkward than it has to be. Just be yourself it will make everyone more comfortable for all everybody. Plus, since your ex lover use to date you they probably have a good sense of

who you are and if you're not acting like your normal self they will pin point that right away.

What do you think is the best way to keep things civil with your ex's new partner? Share in the comments below.

Marc Anthony and Girlfriend Chloe Green Split



By April Littleton

After a year of dating, Marc Anthony and Chloe Green have called it quits. "They are taking a break. It is because of busy schedules," an insider told UsMagazine.com. The couple

were last seen together Jan. 26 when they attended the 2014 Grammy Awards in Los Angeles.

How do you balance busy work schedules with your relationship?

Cupid's Advice:

A relationship can struggle a bit when there's hectic work schedules involved. Some couples find it difficult to find the perfect balance between their careers and their love lives. Don't worry, Cupid has some tips:

1. Make time: Make any free time you have worthwhile for your partner. A relationship is hard work – especially when the two people involved have hectic careers. The time you do share together will be precious and rare, so make the most of it.

Related: [Heidi Klum and Bodyguard Boyfriend Martin Kirsten Split](#)

2. Get your priorities together: Your career is important and should be at the top of your list, but just keep in mind that you have other things you should be worried about as well. You have family and friends who still depend on you, and every now and then you need to find a way to show them you still care.

Related: [Kelly Osbourne and Matthew Mosshart End Engagement](#)

3. Take it easy: Don't let the pressures of your everyday life take over. Think about your loved ones and don't let stress into your life. You don't need to stop working completely in order to have a successful personal life, but you do need to remind yourself why you're working so hard in the first place. Enjoy the the little moments and make sure your family knows you love them.

What are some other ways to balance work schedules with your relationship? Comment below.

Celebrity Couple Marc Anthony & Chloe Green Get Affectionate at Grammy's



By Louisa Gonzales

Marc Anthony and much younger **girlfriend Chloe Green** were seen cuddled up together at the **Grammy's**, inside the Staples Center auditorium, Sunday January 26th. Anthony, 45, and Green, 22, aren't shy about showing their affection in public as they generously posed in front of the cameras before the awards show. The beaming couple showed up hand in hand on the red carpet and were spotted wrapped around each other throughout

the night. The romantic pair appears to be as strong as ever, and Green has even become a part of Anthony and ex Jennifer Lopez' twins, Max and Emme, 5, lives. According to UsMagazine.com, the lovebirds were spotted last February, riding rides and bonding together at Disneyland in Anaheim, California.

What are some ways to show your affection toward your partner in public?

Cupid's Advice:

One of the greatest things about dating is having someone there for you who you can count on. Being affectionate with your significant other is a way to show that you care. Cupid has some advice on ways to show affection toward your partner:

1. Find ways to touch each other: One of the greatest forms of affection is through physical contact. Skin to skin contact is good for your relationship as it shows you care, are passionate and attracted to your partner. Physical contact has been proven to sometimes help people in pain, with stress as well as increase sexual attraction. Touch you mate and get them to touch you. Start off with simple gestures like taking hold of their hand, embracing, or giving them a quick kiss as it will help them become more comfortable with showing physical signs of affection in public.

Related: [Jennifer Lopez Opens Up About Divorce From Marc Anthony](#)

2. Do activities together outside your homes: Show your affection by going out on dates together to public places. It's not about showing off your relationship to anyone it's about letting them know you are not afraid to be seen with them. It helps your lover feel more secure and confident about your relationship. Being able to take your lovebird out and about it a great way to show you care and you are fine with

showing people you are a couple.

Related: [Do Your Friends Influence Your Relationship?](#)

3. Talk about how you make each other happy to friends and family: Don't be afraid to tell your family and friends how your honey makes you feel loved and why they're special to you. Using kind words to describe your other half and your relationship are nice ways to show your affection to others as well as to your love bug. Being open to talking about your relationship to other people you care about, also helps show your significant other you appreciate them and are glad they're a part of your life.

What do you think are good ways to show your affection in public? Share your tips below.

Celebrity Baby News: Best Announcements from Famous Couples





By Lily Rose

First comes love; then, comes marriage; then, comes a little one sitting in a baby carriage. In 2012, things may not happen *exactly* in that order – especially for our favorite celebrity couples. No matter the order of things, when the little bundle of joy does come, it is cause for celebration and for baby announcements. When it comes to [celebrity baby news](#), announcements range from traditional to over-the-top.

Announcing Celebrity Baby News

Some famous couples opt to announce their baby's arrival with a simple yet heartfelt press release. Kristin Cavallari and Jay Cutler, who welcomed Camden Jack Cutler on Aug. 8, decided to go that route. So did Kelsey and Kayte Grammer, who welcomed daughter, Faith Evangeline Elisa Grammer, on July 13. Also taking a simplistic approach, Hilary Duff tweeted her son Luca's first photo.

Related Link: [Why It's OK to Have Kids Later in Life](#)

But why settle for simple and heartfelt when you can do it big and make it financially lucrative? From the date the press first learns there's a celebrity pregnancy to the date the child arrives, most publications are scrambling, begging, and scheming to get their hands on the first baby pics. Some celebs, such as former reality TV star turned fashion designer, Jessica Simpson, chose to circumvent the rigmarole by simply selling the pictures. *People* featured the first snapshots of Simpson's daughter, Maxwell Drew. Simpson was reportedly paid \$800,000 for their exclusive right to her little girl's first photos.

Related Link: [Jessica Simpson Says Motherhood Is the 'Best Thing I've Ever Experienced'](#)

Simpson isn't the only one to sell the privilege of offering the public its first glimpse of her child. Former *American Idol* judge Jennifer Lopez and Latin crooner Marc Anthony also sold the exclusive rights to the first pictures of their twins. As far as the price goes, Lopez and Anthony didn't do too shabby either: The celebrity couple reportedly made a cool \$6 million.

Famous Couple's Expensive Baby Pics

Of course, no one does it as big as Hollywood couple [Angelina Jolie](#) and [Brad Pitt](#). The public waited with bated breath to see the child produced by the genetically blessed superstars. Jolie and Pitt reportedly sold the photos of their twins, Knox and Vivienne, for more than \$11 million.

Still, some famous couples chose a different but still non-traditional route to share their celebrity baby news. For example, singer, Beyonce Knowles and her rap star husband Jay-Z erected a tumblr page displaying daughter Blue Ivy's first photo shoot. The page was offered free to the public.

Some think selling your baby's first photos seems just plain

wrong. Others figure, why not? It's better than the paparazzi chasing you down the street for them! Let us know your thoughts.

Jennifer Lopez Opens Up About Divorce From Marc Anthony



By Nicole Weintraub

Jennifer Lopez recently opened up about her divorce from ex Marc Anthony to Katie Couric on her new show *Katie*, according to UsMagazine.com. The duo were married in 2004 and have twins together – Emme and Max. “You never want to break up a

family,” Lopez confessed in regards to coming to the conclusion that it was time to file for divorce. She thought very carefully, especially since the pair has two children. The former partners are doing their best to co-parent, even though they are no longer together. “We love our kids and we have love for each other,” she revealed in regards to her current relationship with her ex. The star is currently dating Casper Smart, a choreographer who is 18 years her junior.

What are some things to consider before getting a divorce?

Cupid's Advice:

Calling it quits on a marriage and filing for a divorce is a tough decision to make. Here are some things to keep in mind before taking that route:

1. A brighter future: Divorces are absolutions to marriages, which is a huge step. Make sure that you're not just looking for an easy way out. If times are hard, they may get better in time. For better or worse and there might be better days in the future.

2. The repercussions: If there are children involved, especially younger children, it's not going to be easy. Custody battles ensue as well as splitting money and properties. Make sure that you are prepared to deal with what is to come.

3. Communicate: Does your partner know how you are feeling? If you are sensing problems in your marriage, before filing for divorce see if they have similar views. Try to work things out before calling it quits.

What are some things you would consider before divorcing? Share with us in the comments below.

Jennifer Lopez and Marc Anthony Reunite on Stage in Vegas



Recently split couple Jennifer Lopez and Marc Anthony appeared on stage together at their variety show *Q'Viva! The Chosen* in Las Vegas on Saturday. The two stood on stage together, holding hands, at the end of the show, initiating cheers as they embraced, according to [People](#). After breaking up in July, Anthony officially filed for divorce in April.

What are some ways to be civil during a bitter breakup?

Cupid's Advice:

After a breakup, it's tough to face your ex. Here are some ways to combat the hurt and stay civil:

1. Remember the good: You and your partner didn't always hate each other. Recognize that your relationship didn't work out, but that doesn't mean you two have to be enemies.

2. Think of your surroundings: You likely share many parts of your life with your ex. In Jennifer Lopez and Marc Anthony's case, they share very similar careers. Take a note from them to stay mature and professional and work together when you need to, for the sake of everyone around you.

3. Apologies feel good: Sometimes clearing the waters with an ex is a great way for you to move on with your life and feel better about yourself. Take the initiative to talk things out, and you may even be able to be friends one day.

How do you stay civil with your ex? Tell us in the comments below.

Marc Anthony Officially Files for Divorce from Jennifer Lopez





After publicly announcing their split in July, Marc Anthony has finally filed for divorce from Jennifer Lopez at the Los Angeles Superior Court. Regardless of the ex couple's "irreconcilable differences," they continue to work together on their Latin music and dance competition series, *Q'Viva! The Chosen*. The separation date of Anthony, 43, and Lopez, 42, still remains to be determined, but Anthony has requested legal and physical custody of their twins Max and Emme, 4.

How do you know when it's time to turn a separation into a divorce?

Cupid's Advice:

A divorce isn't an easy thing to go through, but sometimes there's nothing else you can do to save a relationship. Here are some ways when you know it's time to really call it quits:

1. Continuing to argue: During a separation, you should both have your space, but continue to work on things at the same time. If you're still arguing and fighting with each other, then maybe things really won't work out in the end.

2. For the kids: A separation is tough for the kids, but you can't continue to play with their emotions. Kids need a stable family and lifestyle, so if you can't come together as a family, decisions need to be made to establish your separate lives rather than continue to confuse them.

3. You're just not happy: During a separation, you should be able to have some time to figure out what you really want and what's important in life. Do what makes you happy, and if you're happier being separated from your spouse, then maybe its time to make the separation real and move on.

When do you think it's time to move from a separation to a divorce? Share your opinions below.

J. Lo's New Beau Says Age Doesn't Matter





Jennifer Lopez's rumored romance with dancer Casper Smart may be more than a fling. Smart, who's 18 years Lopez's junior, took to Twitter to share his thoughts, reports [People](#). "Age, status, [and] opinions of others are irrelevant. Our hearts are endless and our souls infinite," tweeted Smart. "Ages are mere reminders of the hours logged on this earth and the precious time remaining. Close your ears and open your hearts; Love and be happy."

How do you handle people's criticism of the age difference in your relationship?

Cupid's Advice:

Though an age difference might not matter to you, it may bother others. Here are a few ways to handle the criticism:

- 1. Ignore the naysayers:** Ultimately, your opinion and your partner's opinion are the only opinions that matter in the relationship. Ignore the skeptics, and eventually their criticism will die down.
- 2. Talk to your partner:** Though the age difference may not

bother you, make sure that your partner is comfortable with it as well. He or she may need your encouragement in the face of adversity.

3. Express your happiness: An easy way to stop people's criticism is to show them that they're wrong. Try being a little more open with your relationship, and let others see how happy you are.

Have you ever been in a relationship with a person much older or younger than you? Feel free to leave a comment below.

Marc Anthony Moves On from JLo with Venezuelan Model





Jennifer Lopez isn't the only one moving on. Recently divorced Marc Anthony revealed his relationship with 24-year-old Venezuelan model Shannon De Lima on Twitter, reports UsMagazine.com. The two went public with their relationship this past weekend, when Anthony, 43, sent New Years' wishes to the model. "To Shannon, my statue of liberty," said Anthony. "Kisses baby!"

What are some ways to tell if you're ready to date again?

Cupid's Advice:

After a rough split, it's hard to tell when you're ready to get back in the dating scene. Here are a few ways to decide:

1. You're in a good place: Once you have fully recovered from your split and have had time to strengthen your bonds with friends and family, you should try dating again. Your future relationships will be more successful if you start them with a good attitude and an open heart.

2. You no longer worry about your ex: Most people think about their ex for a while after the split. Once you stop thinking

about your ex and worrying about the mistakes in your relationship, you'll be ready to move on.

3. You want to date again: Ultimately, you should only date again if you want to. Even if you are over your ex and content with your life, there is no need to jump right back into the dating scene. Feel free to enjoy single life for as long as it pleases you.

How did you know you were ready to date again? Feel free to share your experiences in a comment below.

Jennifer Lopez Reportedly Brings Her New Man to 'Idol' Set





Friday was bring your boyfriend to work day, or at least it was for Jennifer Lopez. Lopez's new boy toy, Casper Smart, was seen arriving to the *American Idol* set in Lopez's Bentley as he stopped by to visit his new lady. The new couple have been inseparable, having recently spent Thanksgiving in Hawaii with Lopez's twins before jetting off to Morocco. While the singer seems to be wearing divorce well, her ex-husband Marc Anthony, isn't quite complimenting her style. According to various sources, not only does Anthony not want smart to drive his kids around due to his arrest for drag racing, but he apparently doesn't want Smart around his kids at all, according to [Hollyscoop](#). In the meantime, Lopez and Anthony have continued working together in their Latin-American talent show venture, *Q'Viva!*

What do you do if your ex is upset with your new relationship?

Cupid's Advice:

Unfortunately, when you move on from your last relationship, it's not always going to be a smooth transition. Cupid has some advice:

1. Give space and time: It's always best to allow both you and your ex time to heal and get your emotions together after a breakup.

2. Be understanding: Understand that while it may have been easy for you to let your previous relationship go, depending on the circumstances, it may not be as simple for your former love.

3. Minimize contact: While cutting off ties to a past relationship is an easy solution, it may not be a quick fix when you have kids, work or share the same friends. If this is the case, minimize contact to a speak-only-when-necessary basis until you can interact normally with each other again.

How did you handle your ex being upset with your new relationship? Share your comments below.

Marc Anthony Threatens to Quit Latin TV Show After Fight with Jennifer Lopez





The split between Jennifer Lopez and Marc Anthony has been a rocky road, and after six months, Anthony still struggles to face Lopez, who has recently started a new relationship with 24-year-old backup dancer Casper Smart. In fact, Anthony refused to travel to Peru and Chile to host and executive produce the latest auditions on his reality show *Q'Viva: The Chosen* after a fight with Lopez. It was reported that Anthony spoke to creator Simon Fuller and told him he was considering quitting for good. His reason was "quite simply, J.Lo. I can't work with her," an insider told [Star Magazine](#). The couple was married for seven years, and after the split, working together as business partners may be next to impossible.

How do you keep your ex partner's new relationship from affecting your life?

Cupid's Advice:

It's hard to see your ex start a relationship with someone else. Cupid has some tips to help you deal with those feelings:

1. Move on: Venting is one step, but the ultimate goal is to move forward with your life. Don't get trapped in negative thoughts or dwell in the past.

2. Accept reality: You and your ex are no longer together, and the sooner you realize this, the sooner you will be able to pursue new relationships of your own.

3. Avoid them: If seeing your ex in a new relationship is too hard for you to handle, try your best to avoid bumping into them and block them from your thoughts.

How did you avoid being affected by your ex's new relationship? Share your comments below.

JLo Breaks Down During Song About Lost Love





On Saturday night, Jennifer Lopez broke down on stage in front of her fans. The teary eyed songstress paid homage to her old relationships after singing her past hit, *If You Had My Love* at Mohegan Sun concert in Montville, Ct. Lopez used the stage as her own personal therapy session. According to UsMagazine.com, a look-a-like P. Diddy (dated for 2.5 years) , Ben Affleck (engaged to in from 2002-2004), and Marc Anthony (who she recently divorced) all took the stage while JLo sang her new love songs. Hey, we're not judging. Whatever it takes, like JLo's song says to *Get Right*.

What are some ways to reveal your emotions about lost love?

Cupid's Advice:

Getting your emotions out is a part of moving on and healing after a breakup. We don't all have a stage like JLo, so here are some average ways to reveal your emotions after a lost love:

1. Talk it out: Tell someone you trust—a girlfriend or sibling—how you feel about your past relationship and what you

want out of a new one. It's okay to cry on someone's shoulder.

2. Writing: Expressing your feelings in a journal, poem, or letter is very therapeutic and just between you and the paper.

3. Social Media: Although it's never a good idea to bash your exes, revealing your emotions on Twitter or Facebook can be empowering. Just pretend your social platform is your stage, and Jennifer Lopez will be proud.

How do you reveal your emotions after a breakup? Share your comments below.

Jennifer Lopez Joins Marc Anthony Poolside





After a birthday celebration Friday night, Marc Anthony spent a quiet Saturday alongside his ex-wife Jennifer Lopez and their twin children Max and Emme in Miami Beach. “It looked like a fun family gathering at the pool,” a source told [People](#). “Everyone looked happy and festive.” Anthony, who turned 43 Friday, celebrated at Club 50 at the Viceroy after his concert in the American Airlines Arena. This was the second time the former couple were spotted together post-split.

How do you know how much to associate with your ex?

Cupid’s Advice:

Spending time with your ex post-split is always a touchy situation. Cupid has some factors to consider:

- 1. Schism:** It depends on how bad things ended. It takes some time to let negative feelings you have about the situation to subside. Don’t spend time with your ex until you’re totally recovered.
- 2. The kids are alright:** If there are any children involved in

your former relationship, you will have to at least know how to behave with your ex in front of your kids.

3. Sparks: If you and your ex split on mutual neutral terms, then it may take less time to feel OK about reuniting.

When did you start associating with your ex after a break-up?
Share your thoughts below.

Marc Anthony Opens Up About Split with Jennifer Lopez



Marc Anthony finally took a chance to tell his side of the divorce story between he and Jennifer Lopez. The singer

opened up about the split in an interview with [ABC News](#), according to [People](#). “I’ll tell you that it wasn’t something sensationalistic happening,” said Anthony. And when he was confronted with questions about rumors of infidelity, he shot them down immediately, saying “absolutely not.” He explained, “It was a realization on both our parts. So you know it wasn’t shocking. These things happen. It was a decision that we made jointly.”

What are some tell-tale signs that a marriage is nearing the end?

Cupid’s Advice:

Sometimes no matter how hard you try, a marriage simply isn’t meant-to-be, and you’re better off calling it quits. Here are some signs that you’re heading that way:

1. Lack of communication: If you find yourself rarely talking anymore, and you feel indifferent about what your spouse is or isn’t doing, that’s a very bad sign. It most likely means you’ve given up on the relationship.

2. Common fights: If your fights are about the same thing over and over again and they never seem to get resolved, it may be time to try a marriage counselor. Continuous fighting can tear a partnership apart.

3. You’ve moved on: Sometimes you can check out of a marriage before it’s actually over. If you already feel a sense of freedom and find yourself doing things alone the majority of the time, it’s probably time to rethink your union.

How do you know when a marriage is nearing the end? Share your thoughts below.

Jennifer Lopez Isn't Sitting Around Crying After Split



Jennifer Lopez could not be more relieved to be out of her seven-year marriage with Marc Anthony. According to [People](#), while Anthony called the split “painful,” J. Lo is at peace and moving on with her career. The singer/actress’ two current major projects are shooting the movie *What to Expect When You’re Expecting* and renewing her contract as a judge on *American Idol*.

How do you deal with going back to work after a tough break-up?

Cupid's Advice:

After a break-up, you may not be ready to date again or even have a night out on the town with friends, but you usually don't have a choice about going back to work. Here are some ways to make it through the work day post-break-up.

1. Focus on the task at hand: Going to work can actually be a positive thing after a split. Dive into your work. Not only will you be more productive than ever, but you'll forget all about your ex.

2. Get a new outfit: Break-ups may mark the end of a relationship, but they're really all about new beginnings. Show up to the office on Monday feeling fresh in a new outfit and hairstyle.

3. After-work drinks: Invite your co-workers out for drinks after work. Who knows? You may find your next love interest by getting out there.

How else can you manage life at the office after a break-up? Share your thoughts below.

Jennifer Lopez Says She Walked Away Because She Loves Herself





Jennifer Lopez decided to open up about her decision to end her seven year marriage to Marc Anthony. According to [People](#), she said she loved herself too much to continue living in the marriage. Lopez told Vanity Fair, "It's not that I didn't love myself before. Sometimes we don't realize that we are compromising ourselves. To understand that a person is not good for you, or that that person is not treating you in the right way, or that he is not doing the right thing for himself – if I stay, then I am not doing the right thing for me."

Looks like she's definitely come to terms with the split!

How do you know when it's time to walk away from a marriage?

Cupid's Advice:

It's difficult to come to grips with the end of a marriage or to know when it's time for you to walk away. Cupid has some advice:

1. You're losing yourself: If you feel like you're losing your sense of self in your marriage, it's a sign that maybe the marriage was never meant to be. Just like Jennifer Lopez, you

should stay true to who you are.

2. You're no longer happy: If you no longer feel that happy spark you originally felt for your partner, it may mean it's time to call it quits. If you're not excited to see him or her after you've been apart, it's time to start re-evaluating.

3. You start making excuses: If you find yourself coming up with reasons you should stay in your marriage instead of just taking it for what it is, that's a bad sign. It's most likely the beginning of the end.

A chicken wing gets hot when you turn it on

How did you know it was time to end your marriage? Share your experiences below.

How Marc Anthony Handled His Split With Jennifer Lopez





Though Marc Anthony was all smiles, kisses, and jokes during a recent performance in Bogotá, Colombia, sources close to the performer say that he has been incredibly aloof after splitting from his wife of seven years, Jennifer Lopez. As Spanish TV presenter, Eva Rey, told [People](#), “I saw him when he was passing through the stage, but I think because he split up the day before, he didn’t allow anyone to talk to him or anyone to come to his dressing room.” Rey was planning on introducing Anthony at a pre-show party, but the heartbroken singer never showed. Lately, Anthony has been spending a significant amount of time alone. He’s been distant, spending much time in his hotel room ordering room service. In spite of the fact that Anthony has been withdrawn in his personal life, like a true performer, he was as confident and charismatic as ever on stage.

Is alone time important after a split?

Cupid’s Advice:

Though breakups are sad, it’s always good to think about them as an opportunity to rediscover yourself. If alone time is what you need, don’t be afraid to embrace it. Here are some

great ideas on how to spend your alone time post breakup:

1. Meditation and massage: These are two very liberating and therapeutic options for the heartbroken.

2. Catch up on your favorite TV shows: After all of those late nights you spent out with your partner, you probably missed your share of valuable TV time. Now is your chance to catch up.

3. Get away for a while: Who says you can't go on vacation alone? Get away to some place quiet and scenic.

How did you spend alone time post-breakup? Share your experiences below.

Jennifer Lopez May Have Hinted at Split With Marc Anthony in Songs





He's the father of her twins and the man she decided to marry.

However, Jennifer Lopez may have been singing subliminal lyrics about marriage troubles between she and Marc Anthony on her album *Love?* The title alone questions the stability of their marriage, but to supplement that, in one of the songs on the album, *One Love*, which Lopez co-wrote, the singer names off three previous loves before she gets to "number four."

This one "sang to me, but I'm not sure, so worn out, but ... made me wanna try once more," she sings. According to [People](#), Lopez may be referring to her previous romances between Sean "P Diddy" Combs, Chris Judd and Ben Affleck, followed by "number four," who is presumably Marc Anthony.

What are some ways to get your pain out in order to heal after a breakup?

Cupid's Advice:

Lopez has been in the entertainment industry for a number of years, so it only makes sense that she takes to singing as an outlet. But there are many other ways to let off intangible steam. What are some ways to get the pressure of emotional

pain off of your chest? Cupid has some advice.

1. Wash your sorrows away: No one can ever go wrong with a nice, warm shower. We all know that standing underneath steamy water pouring over our bodies can feel like the best thing ever. Let the water seep into your pores and calm your emotions.

2. Adrenaline: This might be the only appropriate time it's OK for you to "run away from your problems." If you're feeling pain, taking a quick jog can work wonders. Releasing endorphins can definitely help with the anger and hurt. It makes you happy, while keeping you in tip top shape.

3. Creativity: Get creative! Whether you write poetry, make collages out of magazine scraps, build or write music like Jennifer Lopez, getting creative is a great way to clear your mind of unwanted problems. Pouring your emotions into something hands-on can relieve some of the pressure.

What is your outlet for releasing negative energy? Share your thoughts below.