

Travel Tips: Top 5 Things to Do in the Sunshine State



By [Mara Miller](#)

We've got some [travel tips](#)! Are you thinking about a road trip to the Sunshine State? We've entered the Spring, but in a lot of areas of the country, it hasn't quite warmed up yet. Florida is the answer! Or if you're planning a family summer vacation, you might want to add one of these places to your must-visit list.

Travel Tips: Florida is a big state and has a lot of fun amusement parks, museums, and resorts, so we've picked the top five things to do in the Sunshine State:

1. Harry Potter World: Need we say more to fellow Potterheads? Embrace your inner wizard at Universal Studios Orlando. Dine at The Leaky Cauldron, get your own wand, and let yourself be chased by the dragon in the bottom of Gringotts. You can even taste butterbeer!

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2. The Ernest Hemingway Home and Museum: Are you a fan of literature? Located in Key West, the Ernest Hemingway Home and Museum is a great place to visit for your trip to The Sunshine State. Ernest and his wife, Pauline, moved to Florida from France in April of 1928. It was in Key West that he wrote *A Farewell to Arms* in three weeks. While you're there, give love to some of the cats that still live on the property. That's right, there are about forty kitties at this museum. They're descendants of Ernest and Pauline's two six-toed cats.

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3. The National Aviation Museum: Located in Pensacola, this museum is dedicated to protecting aircraft from the United States Navy, Marine Corps, and The United States Coast Guard. It holds a collection of more than 150 aircraft such as the Que Sera Sera and Curtiss NC-4. Most of the aircraft is on loan to the museum from the Navy, Marine Corps, and Coast Guard. Here you can learn about the birth of naval aviation and it's role in aerospace research. It's sure to be fun, and you get to look at some really old planes!

4. Legoland Florida: Designed for kids 12 and under, take your kids for a fun day of activities in Legoland if you're on a family trip. Kids can learn how the lego bricks are made and let their creativity go crazy at this resort. There is a water park and kids can get breakfast with their favorite Lego character. You and your family are sure to have a creative, fun-filled day. (Just be sure to guard your feet if you get them a box of Legos to play with in the shop!)

5. Walt Disney World: How can we NOT mention Disney World? Head to this famous theme park with your kids. You don't even need to be a parent to have a reason to want to go to Disneyland, either. If you and your honey are fans, this is the perfect place for a romantic getaway too. But more specifically, you should visit the Magic Kingdom park, where Cinderella's infamous castle resides. Or, if you're feeling brave, hug a Stormtrooper and meet Chewbacca in the Star Wars Launch Bay!

Florida has a LOT of places to explore since it's such a large state. What are some places to visit that are on your top 5 to visit in The Sunshine State? Let us know in the comments below!

Celebrity News: 'The Bachelor' Colton Underwood Gets Dumped Once Again





By Mara Miller

In the latest [celebrity news](#), Colton Underwood has been dumped again, according to *EOnline.com*. First, it was Elyse, then Sydney, and now Heather. Underwood was supposed to go home with Heather so he could meet his parents, but she admitted to him that she wasn't secure enough in their relationship before she jumped on a train. He later took Hannah—who admitted she is in love with him—to meet his parents, but Underwood isn't sure if he feels the same yet. What in the world is going on with this season of *The Bachelor*?

In celebrity news, Colton Underwood is making headlines as the most dumped *Bachelor* ever! If you find yourself getting dumped more often

than not, what are some ways to stay positive?

Cupid's Advice:

Getting dumped sucks big time. You shouldn't let this get you down. Here are a few things you can do to try to stay positive:

1. Realize they might not be the one: If the person you're dating is truly meant to be the one, they make an actual effort to be with you even if they have their own reservations about getting into a serious relationship.

Related Link: [Celebrity Couple: 'BIP' Star Taylor Nolan Praises New Boyfriend](#)

2. Lean on friends and family: There's nothing like going out to the bar with your best friend or joking around with someone in your family after you get dumped. Surrounding yourself by people who love you can help you reassure yourself that you aren't necessarily the reason you keep getting dumped.

Related Link: [New Celebrity Couple: 'Bachelor' Kaitlyn Bristowe & Jason Tartick Announce Relationship](#)

3. Admit that dating is hard: With online dating taking over more than the traditional ways couples used to meet, it can be pretty tough to meet someone who you're going to be happy with since so many options are out there. It's okay to admit to yourself that the chemistry just might not have been there if they dump you.

What are some ways you can stay positive even though you keep getting dumped? Let us know in the comments below!

Celebrity Divorce: Mandy Moore Reflects on 'Sad' and 'Lonely' Marriage to Ryan Adams



By [Mara Miller](#)

In the latest [celebrity divorce news](#), Mandy Moore opened up about her seven-year roller-coaster marriage to singer-songwriter Ryan Adams, according to *UsMagazine.com*. The

[celebrity exes](#) met when Moore was 23, and she became smitten with him. They married a year later. Things fell apart in Moore's immediate family when her mother left her father and so she thought, "I'll create my own family," Moore admitted on the "WTF with Marc Maron" podcast. She explained that her career quieted down soon after the marriage. "I couldn't do my job because there was just a constant stream of trying to pay attention to this person who needed me and wouldn't let me do anything else." Moore and Adams divorced in June of 2015. She is now happily married to Dawes frontman Taylor Goldsmith.

This celebrity divorce ended up being a blessing in the end. What do you do if you find yourself in a marriage that's bad for you?

Cupid's Advice:

If you're truly being abused by your partner, the best thing you can do is get out of the relationship. Call this domestic abuse hotline if you ever need it: 1-800-SAFE (7233). Local women's shelters and community-based services may be able to provide help as well.

When you're in a bad marriage, it can be a tough call to decide whether you should leave or stay. But, you have to think about yourself and your children (if you have any) before you think about the longevity of your marriage to someone who makes you unhappy. Cupid has some tips:

1. Stop making excuses: It's easy to make excuses if you're in an unhealthy marriage. They're working too hard for you and your family, or they had a bad day at work, so that's why they insulted you, especially when it happens constantly. *Stop this.* You're letting your spouse get away with treating you

badly. It's easy to find yourself in a loop of reasons why it's okay to let your spouse treat you this way. Remember this: the *only* person that can get you out of this situation is yourself.

Related Link: [Celebrity Exes: Mandy Moore Says Ex Ryan Adams Was 'Psychologically Abusive'](#)

2. Take a good, hard look at your role in the relationship: Does the house fall apart when you aren't home no matter how many times you've asked for help? Do they expect you to hold a full-time job *and* do all of the housework? Take care of the kids by yourself? If every single thing falls on you and they aren't trying to help, or they try to make you feel awful when you haven't gotten everything done, then it might be time to get out.

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3. Reach out to friends and family: It can be easy to lose touch with friends and family when you're busy. This is normal. But one of the first signs of being abused is for the abuser to start isolating their partner so they can't reach out for help. Being in a relationship that requires an occasional venting session with your bestie is one thing, but feeling completely isolated with no way out is another beast entirely.

What are some things you can do if you find yourself in a bad relationship? Let us know in the comments below!

Date Idea: One, Two, Walk in My Shoes



By Amanda Boyer and [Mara Miller](#)

Dates with your special someone don't have to be the same week after week. To change up your usual nights of dinner and your favorite television shows, follow your partner during their typical day and be an active part of it. This date idea will not only give you insight into your sweetheart's typical routine, but you'll have new things to talk about when the day is over.

Follow Your Honey Around with This Date Idea

Even if you aren't a morning person, you still have to roll out of bed when your honey's alarm goes off. If he's an early gym-goer, put your exercise gear on. With your beau by your side, you're sure to make it through that grueling workout. You can jump on treadmills next to each other to encourage each other during a warm-up run and then help each other count reps in the weight room. By the end of the workout, you'll forget how much you wanted to hit that snooze button!

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After a shower and some breakfast, it's time to head to work. On this weekend date idea, see if you can go into the office to really see what your partner does every day at work. It'll help you better understand their daily tasks if you're actually there to see them complete them. Plus, it'll be a turn-on to see them so focused and powerful!

Instead of a normal lunch break with their co-workers, follow this love advice: Use this opportunity for an afternoon date together. Ask your partner to take you to their go-to restaurant near work. You've seen them bring home leftovers enough; you'll be excited to finally get to try the yummy food! After you finish eating, if it's nice out, take a romantic stroll before you go back to work.

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When five o'clock rolls around, punch out. Swing by the grocery store if needed and cook a favorite recipe tonight. Since you spent the whole day together, your dinner conversation will be a bit different than usual. Talk about what you learned about your partner today. Tomorrow, you can switch roles and show your significant other how you usually

spend *your* day!

Ever spend the day shadowing your significant other? Share your stories and dating advice below!

Dating Advice: Plan a City Scavenger Hunt



By Amanda Boyer and [Mara Miller](#)

If you're looking for a fun and active date idea, head into the city for a new adventure! Instead of doing the same old

thing – shopping followed by dinner and a movie – change it up. A scavenger hunt is a perfect way to get to know your hometown even more. To turn this [relationship advice](#) into a competition, invite your friends and their partners to join you.

Follow This Dating Advice to Plan a Scavenger Hunt!

Look online for lists of items to search for during your scavenger hunt. Sites like Pinterest have great ideas that are catered to specific cities. If you want to get even more creative, you can combine different lists and make your own. You could even focus on a specific theme, like cultural activities or historical spots.

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On the day of the event, assign certain items from the list to each couple. For this weekend date idea, distribute the lists and make sure each couple has a camera to document their finds. To give you and your partner an advantage, make sure you have a GPS and map. To be even more prepared, bring extra batteries for your camera and portable chargers for your phones in case of emergencies. Be sure to pick a place and time to meet up in a few hours too!

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During your time in the city, don't just complete everything on your list; create memories too. Stop and take pictures together at fun areas around town. Hold hands and reminisce about your relationship and love. Once the hunt is over and you've met back up with your friends, share your findings over dinner and drinks.

Have you ever planned a scavenger hunt with your love? Tell us your best relationship advice below!

Dating Advice: Celebrate Your Mothers



By Amanda Boyer and [Mara Miller](#)

With Mother's Day around the corner, show your love not only for your mom but for your partner's mom too! With this [dating advice](#), you can spend time getting ready for this special holiday with one of the people you love most. It can help you

and your partner bond over your mothers as you talk about childhood memories, pick out the perfect gift, and cook a yummy meal.

A Mother's Day Date Idea

If you and your significant other want to be sentimental, you can make a day out of crafting for your moms. For projects to do on this weekend date idea, Pinterest has tons of boards filled with homemade cards, DIY picture frames, and more. You could put together a scrapbook of your favorite photos and write about why each memory is so important to you. Remember that your man may need a little help in the arts and crafts department. Be patient with him as he puts his artistic skills to the test!

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Once you figure out what you both want to create, take a trip to Michaels or a similar store and gather the materials that you need. Head home and get busy! For even more inspiration, consider this dating advice: Pop in a movie about mothers – something like *Because I Said So* or *Steel Magnolias*. Make sure you have some snacks on hand too! You won't realize how quickly time passes when you're having fun with your cutie.

When you're finished crafting, it's time to write a handwritten note for your mom. Tell her what it means to you to have a mother like her and how she's helped shape you into who you are. You can find quotes or poems to use on sites like [QuoteGarden.com](#). One quote that is commonly used on Mother's Day cards is: "Mothers hold their children's hands for a short while but their hearts forever."

If you're feeling particularly excited about the holiday, write a card for your partner's mom too. Talk about how well

they did raising your sweetheart and what it means to have someone like them in your life. You can even slip in a spa gift card as a sweet surprise!

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For the big day, make reservations for brunch or lunch at a nearby restaurant for you, your beau, and both of your moms. That way, you can spend the day together celebrating the women who mean so much to you! Or, if you're gifted in the kitchen, cook something special for the four of you. Find out the favorite dish of each mom and incorporate it into a delicious spread. You can also include a favorite item from your childhoods.

Happy Mother's Day!

How do you plan to celebrate Mother's Day this year? Comment below!

Parenting Advice: 4 Types of Parenting Styles





By [Mara Miller](#)

Celebrity parents Will Smith and Jada Pinkett-Smith encourage their children to show their creative sides and allow their kids to make their own decisions as long as they have a sound reason for doing it. Julie Bowen believes you shouldn't be your kid's best friend. Whether you're a laissez-faire parent, or super strict, in this [parenting advice](#), we'll look at four parenting styles and how they can affect your kids!

Check out our parenting advice on various types of parenting styles.

The type of parent you are has a lot to do with the type of person your child will turn into as an adult. It can affect everything from their weight to how they will treat other people (bullying vs. non-bullying, anyone?). Your kids rely on you not only to show them how to take out the trash or do the dishes but how their choices can have positive or negative

consequences. Keep in mind that you might not fall into any one category as a parent. Parenting styles can blend depending on how old your children are and the mood you're in. So don't feel bad if you're a permissive parent one day and an authoritative another day.

1. Authoritarian: Authoritarian parents are the ones who force their children to do as they say. "Because I said so" is a common phrase used with this parenting style. Kids aren't allowed to do anything without their parent's permission and feelings are not taken into consideration. Studies show kids who grow up with super strict parents are excellent at following the rules but it comes at a price. They grow up thinking that their opinions don't count and suffer from high self-esteem problems. They also may grow to be excellent liars in order to avoid punishment.

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2. Authoritative: Unlike authoritarian parents, authoritative parents enforce their rules, but they also take their children's feelings into consideration even though the parents are still involved. Children have consequences for bad behavior, but they also get rewarded for good behavior. Kids who grow up with authoritative parents tend to be well-rounded adults who are happy and successful. They have no problems making decisions on their own because they are able to evaluate the risks involved in any choices they make. Studies show that this is the best type of parenting style.

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3. Permissive: Permissive parents set rules but they rarely enforce them. They don't like to hand out consequences for their children's behavior. They encourage their children to talk to them about their problems but there isn't a lot of

effort made to influence their child's behavior one way or the other. They try to act more like a friend to their child rather than an actual parent. In fact, being liked by their child is more important than enforcing punishment for this type of parent. Studies show children with permissive parents tend to struggle academically and poor eating habits. Kids with permissive parents may struggle with obesity and dental issues because their parents don't want to enforce healthy eating habits.

4. Uninvolved: An uninvolved parent simply isn't involved at all. These types of parents tend to be neglectful, but it isn't always because they don't care about their children. They may be overworked or stressed by other events happening in their lives. They may also lack knowledge of child development. This type of parent expects their children to raise themselves and are not involved in their child's decision-making process. Studies show that kids with uninvolved parents tend to have bad grades and misbehave in school. They also tend to develop self-esteem issues.

What kind of parent are you? Let us know in the comments below!

New Celebrity Couple: Charlie Puth Confirms He's Dating Charlotte Lawrence on Valentine's Day



By [Mara Miller](#)

In the latest [celebrity dating](#) and [celebrity relationship](#) news, Charlie Puth has confirmed he's dating Charlotte Lawrence, according to *EOnline.com*. Puth posted a blurry photo of himself and Lawrence on Instagram with his arm wrapped around her, where he wrote, "Happy valentine's day". Earlier this month, Puth and Lawrence sparked speculation that they might be dating when they attended New York Fashion Week together. Lawrence, an up and coming singer who appears to enjoy music just as much as Puth, has been a part of the *Reckless* tour.

In celebrity couple news from the

Day of Love, Charlie Puth has a new woman on his arm. How do you know when to put a label on your relationship?

Cupid's Advice:

New relationships are fun and exciting, but how do you know when you're ready to put a label on it? Cupid has some tips:

1. You start ignoring the dating apps: You might still be exploring your options before you decide you want a relationship with your new person, and that's perfectly okay. If you start going to the apps or sites less because it seems exhausting, then you might have found your person.

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2. You consider them in your decision making: You may be ready for the next step if you're going on a mini vacay and want to invite your new beau. And, it doesn't have to be for the big stuff. Picking up a coffee for them before you stop by for a quick visit can be another sign you're ready to be exclusive.

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3. The idea of commitment no longer scares you: Being mutually exclusive to someone can be pretty scary, but when you've found the right person, you'll find that it doesn't bother you anymore. You can trust them and can't wait to tell your friends and family about the new partner in your life.

Becoming exclusive can be a big relationship milestone. What are some other ways you can know you're ready to be mutual

with your partner? Let us know in the comments below!

Celebrity Wedding: Katy Perry & Orlando Bloom Are Engaged!



By [Mara Miller](#)

In the latest [celebrity wedding](#) news, [Katy Perry](#) and Orlando Bloom are engaged! According to *UsMagazine.com*, the [celebrity couple](#) recently announced their engagement on Instagram after Bloom popped the question on Valentine's Day. Perry shared the picture, too, with the caption, "full bloom." The couple met

in 2016 at the CAA's Golden Globes after party, where they had a total dance-off. They called it off in 2017, but remained friends until they rekindled their romance in 2018. It's so sweet to see Bloom and Perry taking their relationship to the next level, and on the day of love, at that!

In celebrity wedding news, Katy Perry and Orlando Bloom will be tying the knot. What are some ways to know your relationship is ready for marriage?

Cupid's Advice:

Marriage is a lot more than signatures on a marriage certificate. It's a legal commitment to each other to make things work in good times and bad. Let Cupid give you some ways to know you're ready to tie the knot:

1. You're financially stable(ish): Yuck—bills and money. Are you comfortable about talking finances with each other? If you can't talk about money and bills, then getting married might not be an option yet.

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2. You make long-term plans together: Making a last-minute decision to go on a date is one thing, but when you and your partner can sit down to talk about your future plans, then you might be ready for marriage.

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3. You can trust your partner: Trust is the number one key to

a healthy, long-lasting relationship and marriage. You don't test each other. You both know each other well that if you or your honey go out with friends that there isn't any worry about them coming home at the end of the night.

Getting married is the ultimate way to show how much you love your partner. What are some other ways you know your relationship is ready for wedding bells? Let us know in the comments below!

Celebrity News: Elizabeth Banks Says She & Husband Max Handelman Work Well Together





By [Mara Miller](#)

In the latest [celebrity news](#), Elizabeth Banks told *UsMagazine.com* that she works well with husband Max Handelman. Banks and Handelman are business partners for their production company, Brownstone Productions, and have been married for 15 years. They met at The University of Pennsylvania when they were still in college. Banks doesn't know where she would be today without him. The two have teamed up to produce a new show, *Shrill*, starring Aidy Bryant. The show will air on Hulu on March 15.

In celebrity news, Elizabeth Banks and her husband work together. What are some factors to consider before working with your partner?

Cupid's Advice:

There are a lot of factors to consider before you start working with your partner, but it can be well worth it in the long run! Cupid has a few:

1. Make date nights a priority: Will you be able to maintain date nights if you both work together? It's a proven fact: couples who date stay together. In order to do that, you need to put aside your professional lives at home and vice versa. If neither one of you will be able to do this, working with your partner might not be a good idea.

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2. Know each other's work styles: Are you a night owl while they're an early morning bird? It's best to know how you both prefer to work before you start working with your partner so you don't get annoyed with each other. Understanding each other can ward off a big fight later.

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3. Give each other space: If you're going to work with your partner, there will be times that you both need space. Consider giving each other a separate office and taking separate breaks at work will help things from getting tense at home and at the workplace. Being with each other 24/7 will drive both of you batty otherwise.

What are some other factors you might consider before working with your partner? Let us know in the comments below!

Celebrity Couple: 'BIP' Star Taylor Nolan Praises New Boyfriend



By [Mara Miller](#)

In the latest [celebrity couple](#) news, *Bachelor In Paradise* alum Taylor Nolan praised new boyfriend Frazer Nagy. Nolan became excited about making her relationship with Nagy Instagram official. She told *UsMagazine.com.com*, "My whole world is very different from his, so that was something I was unsure of, how that would work out. But he's incredibly supportive and doesn't make it weird at all and understands [the *Bachelor*

Nation publicity] is just a part of my life.” While the couple doesn’t watch *The Bachelor* during celebrity [date nights](#), but they have had some awesome hangouts with Nolan’s former costar Vanessa Grimaldi and her new beau Josh Wolfe. It’s great to see that Nolan has a supportive boyfriend!

***Bachelor In Paradise’s* Taylor Nolan has moved on, and the grass is greener. What are some ways to be emotionally supportive of your partner?**

Cupid’s Advice:

It’s so sweet that Taylor Nolan has a new beau who supports her. Here are a few ways you can support your partner:

1. Be supportive: Stress can make us want to give up a lot. It helps to have someone who is a constant cheerleader to help you get through the tough times. So whether your partner is still in college working on a masters program or in an internship that might open doors for their dream job, make sure they know you’ll be supportive the whole time, even when they are super stressed out.

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2. Be quiet and listen: We can’t all have a fairy tale romance, so just listening to your partner when they need to vent can be super helpful. You want to let them know that they can talk to you openly about anything and that they’ll have your full attention. This will not only make your relationship stronger, but will teach you both to communicate with each other effectively.

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3. Remind them you love them: Reminding your partner that you love them lets them know that you're ready to listen. It can help lift their spirits if they've been having a bad day. So hug them, give them a smooch, and ask how you can help.

Being supportive of your partner can help make you both a stronger couple. What are some ways you're supportive of your partner? Share in the comments below!

Date Idea: Hunt for Love





By Amanda Boyer and [Mara Miller](#)

Easter is just around the corner! Who says you can't act like a kid for the day? Searching for homemade treats and sweet notes from your beau is an easy way to enjoy the holiday and strengthen your relationship.

Easter Weekend Date Idea

To get started on this [weekend date idea](#), bake some sugar cookies and decorate them with pastel frosting and Easter images, like colorful eggs, bunnies, and spring flowers. If you want to make something a bit more challenging, you can check out Allrecipes.com for recipes for chocolate-covered Easter eggs and rocky road candies. Once they've cooled, wrap them in saran wrap with pretty pink and blue bows. To follow this dating advice, hide them around the house in places your partner may not expect, like the back of his t-shirt drawer or behind his favorite book on the bookshelf. When your man's sweet tooth hits, tell him to start hunting!

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To make this date idea a bit more personal, grab a pen and a pad of paper to write a few love notes. If you have it handy, use Easter or springtime-themed stationery. For inspiration, Google “love quotes” or “famous movie quotes” and steal some lines from your favorite writers and actors. You can tie these sweet sentiments to your baked goodies.

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If you'd rather not hide your presents around the house, create a grown-up Easter basket instead. In addition to your cookies, candies, and love notes, buy your sweetheart that video game he's been wanting or surprise him with a gift card to your go-to date night restaurant.

If you really want to get in the Easter spirit, spend the day with your nieces and nephews or with your friends' children. Their infectious giggles are sure to get you in the mood for an exciting egg hunt! Even if you don't have little ones, it's a wonderful time to spend with your family. After a morning spent alone with your significant other, get together for a home-cooked brunch and remind yourself of how blessed you are.

Happy Easter!

How do you celebrate Easter with your love? Tell us your best dating advice in the comments below!

Food Trend: Dessert Hummus



By [Mara Miller](#)

Here's a fun new [food trend](#) for 2019! Hummus is awesome. Not only are chickpeas low in caloric intake, but they're high in protein and can help improve digestion, making them a good meat substitute for vegans and vegetarians. Pita chips go really well with red pepper and garlic hummus, but have you considered what it might be like to try graham crackers with pumpkin pie hummus?

Check out the latest food trend

that treats hummus as dessert!

One of the best parts about most dessert hummus is that it's vegan and low in calories, so it's a healthier alternative to ice cream or a slice of cheesecake. We've gathered a few recipes for you to make at home! The great part is that some of them only take five to 10 minutes. All you need is a processor to grind everything up with the beans.

[Snickerdoodle Hummus](#): This hummus has chickpeas infused with cinnamon, coconut sugar, and vanilla. It's best served with strawberries, but also works with pretzels, apple slices, and rice cakes.

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[Chocolate Brownie Batter Hummus](#): Who doesn't love eating brownie batter? This dessert hummus is a healthier alternative without the eggs since it's vegan with a base ingredient of chickpeas. Throw a few chocolate chips on top and you can double the chocolatey goodness!

Related Link: [Food Trend: Pot Pies Are Back](#)

[Pumpkin Pie Hummus](#): If you're a pumpkin pie lover, it can be a bummer when the pumpkin spice coffee starts to go out of season. This recipe mimics the taste of a pumpkin pie with cinnamon, brown sugar, and nutmeg. Spread it over some graham crackers to mimic the crust! This recipe has pecans all over it, but if you have a nut allergy, you can leave it out.

[Cake Batter Hummus](#): This one has some more refined sugar than the other recipes, but that's because it's mixed with some cake batter. It also calls for a tablespoon of milk, but if you're vegan, you can try leaving it out or using an alternative. The chickpeas stand in for the butter and eggs. It's typically a hit with the kids, too!

[Chocolate Chip Cookie Dough Hummus](#): We can't give you a list of dessert hummus recipes without mentioning this. If you're a cookie dough fan, this hummus is great with apples or by the spoonful. It's gluten-free, and the possibilities of what you can eat it with are endless.

Have you tried dessert hummus? If you've found any other yummy recipes, be sure to share them with us below!

Celebrity News: Brad Pitt Attends Ex Jennifer Aniston's Birthday Party





By [Mara Miller](#)

In the latest [celebrity news](#), [Brad Pitt](#) went to [Jennifer Aniston's](#) 50th birthday party, according to *EOnline.com*. Pitt and Aniston split in 2005, but are still on good terms with each other. Pitt wanted to support Aniston as a friend with other people in her life, but sources say that they won't be rekindling their romance any time soon. It's great to see that these [celebrity exes](#) are still friends on amicable terms.

In celebrity news, Brad Pitt attended his ex-wife's star-studded birthday party. What are some rules of thumb for keeping the peace with your ex?

Cupid's Advice:

There's no reason you have to completely cut your ex out of your life if you can see yourselves being friends down the

road. This is especially true if you have children or the same circle of friends. Here are some ways you can keep the peace:

1. Keep it simple: Don't bring up anything from the past, and keep your conversation pleasant. There's no point in rehashing old fights when you have no intention of getting back together. Keeping things surface level is usually best.

Related

Link: <http://cupidspulse.com/128565/celebrity-exes-cardi-b-off-set-working-things-out-assault-case-adjourned/>

2. Avoid a dating atmosphere: Avoid places that bring back old memories. There's no reason to introduce nostalgia into the picture, and you don't want to be at a place with clear date vibes. Keep it casual.

Related

Link: <http://cupidspulse.com/128244/celebrity-exes-chris-pratt-anna-faris-co-parenting-tips/>

3. Keep yourself in check: It's okay to question yourself about old feelings about your ex. This is why giving each other space if you both need it is fine, especially if you run in the same social circles or have children together.

What are some ways you can keep the peace with your ex? Share your thoughts below.

Celebrity Couple: Kylie Jenner & Travis Scott Pack on PDA at Grammys





By [Mara Miller](#)

In the latest [celebrity couple](#) news, according to *UsMagazine.com*, [Kylie Jenner](#) and Scott Travis had no issues with showing affection for each other at the 61st annual Grammy Awards last Sunday. They smooched on the red carpet and wrapped their arms around each other for a photo. How sweet!

This celebrity couple isn't shy about showing their affection for one another. How do you communicate your preferred level of affection to your partner?

Cupid's Advice:

Showing public displays of affection to your sweetie is fine but be sure not to take it too over the top! Here are some

ways you can communicate to your partner about the level of affection you're comfortable with in public:

1. Email or text: You can send each other an email or text to open up a conversation about how comfortable you both are with holding hands or kissing in public. There are people who aren't going to approve of you and your honey holding hands or kissing, so talk about how you would handle it.

Related Link: [Celebrity Couple News: Kendall Jenner Spotted 'All Over' Ben Simmons at Dinner with Sisters](#)

2. Hand holding: Holding your partner's hand in public is a good way to test the waters when it comes to showing affection to each other once you've had a conversation about it. Does he draw back when you try to hold his hand? Or, does it embrace it fully?

Related Link: [Celebrity Couple: Sarah Hyland & Adam Wells Get Cozy on Super Bowl Date Night](#)

3. Kiss on the cheek: A kiss on the cheek is a sweet way to show affection that won't draw much attention to each other once you become more comfortable. Or, depending on the mood you're in, a sweet peck on the mouth or forehead aren't too outlandish. That being said, make sure you're aware of your partner's reaction to both in order to gauge where his or her comfort level lies.

How are some ways you communicate public displays of affection with your partner? Share your thoughts below.

Date Idea: Get Thrifty



By Amanda Boyer and [Mara Miller](#)

Guys usually can't stand when they're dragged on a shopping trip. They end up complaining as they wait around, holding your purse and bags of brand new clothes. To keep your man interested, put a little twist on your next day out. To follow this [date idea](#) and [dating advice](#), look for gently-used clothing and accessories at your local thrift stores! You can buy budget-friendly items while making some new memories with your other half.

Go Thrift Store Shopping with This Date Idea!

Before you go shopping for new goodies, go through your own closets and donate items that you no longer need. Many of these shops even offer an in-store credit for donations, which can save you money during your shopping spree. You'll appreciate your new purchases even more if you made some extra room in your closet beforehand!

Related Link: [Celebrity Couples That Are Always On the Go](#)

Now, it's time to decide where to go on this date idea. Sites like *TheThriftShopper.com* can help you navigate and find stores near you to visit. You simply enter your zip code or city and search for the closest spots near you. Once you get your list, you can check out an array of information about the stores, including what type of clothes they currently have and their hours. As you browse their websites, maybe you'll be inspired to look for 80's gear for an upcoming party or try to find that perfect pair of jeans you've been wanting.

Related Link: [Olivia Wilde and Jason Sudeikis Enjoy Boston Getaway](#)

Once you decide your destination, you can check out other spots nearby by downloading the mobile app, Yelp. After you work up an appetite from shopping, look for one-of-a-kind restaurants and check out their reviews. You never know what hole-in-the-wall spots could be to-die-for according to the locals.

Have you ever gone thrift shopping with your cutie? Share your memories below!

Date Idea: Rain, Rain, Come Out and Play



By Amanda Boyer and [Mara Miller](#)

Sure, it's tempting to snuggle up and stay in bed all day when April showers roll around. Instead of having a lazy, movie-filled afternoon, follow this [relationship advice](#): Grab your rain jacket and colorful rubber boots, and head outside with your loved one to have fun *without* the sun. You can take a stroll to your favorite coffee shop and then warm up with a hot chocolate.

Check out this rainy day date idea!

To really embrace the rain, create a water park in your backyard. Put your bathing suit on, set-up a Slip N Slide, and turn those sprinklers on. If you don't have any water toys available, play an old-fashioned game of tag. During this weekend date idea, be careful not to slip on the wet grass and muddy ground! If you really want to get messy, add body paint to the equation and have a color war as the rain and sprinklers splash you and your beau. See who ends up with the most colors on their tie-dyed skin.

Related Link: [Kim Kardashian Hopes the Rain Doesn't Ruin Her Wedding](#)

If you prefer not to get so dirty, consider this love advice and go for a swim instead. Walk to your neighborhood pool, and take turns doing your craziest jumps off of the diving board. Pool & Spa Outdoors has a lot of games ideas that you can do with your honey as the rain comes down! Plus, the setting will be so romantic that you can't help but sneak in a smooch or two. Stay safe, and head back inside at the first sign of lightning or thunder.

Related Link: [Date Idea: Be a Sweetheart](#)

You can document your rainy day date by taking pictures. Newer iPhone and Android models are now waterproofed so you don't have to worry about ruining your phone. You can print out your favorite photo and frame it for your living room. It'll be a constant reminder of this fun-filled date – and the next time that you're faced with a rainy day, you won't even *want* to stay indoors!

Cupid wants to know: How do you and your honey embrace a rainy day? Share your comments below.

Date Idea: Build a Fort



By Amanda Boyer and [Mara Miller](#)

If it's too rainy for outdoor camping or if you're just not the nature-loving type, you can still enjoy a day in a fort, thanks to this weekend [date idea](#)! It's time to bring back some childhood memories and create an indoor hideaway for you and your honey.

Indulge in this date idea, and built a fort!

First, make sure you have an area large enough to build your fort. Try the basement or family room and make sure there aren't huge pieces of furniture that may impede your progress. After all, you won't want to be crammed in a small space and be uncomfortable! If available, you could make your tent on a screened-in porch or patio for a little bit of fresh air.

Related Link: [Rent a Cabin in the Snow](#)

After you select your location for this date idea, gather the items you need to build your hideaway. Using chairs and tables, you can create a sturdy base to structure your masterpiece around. For the cover of your fort, use sheets and blankets. Grab some chip clips from the kitchen to keep them secured to the chairs and tables. You may even need weights to hold them in place. Now, take a step back and admire your handy work!

Related Link: [Go Camping or Glamping](#)

To continue following this dating advice, fill the inside with blankets and pillows. If there's enough room, add a blow-up mattress too. To give your secret spot a romantic feel, you can spray your favorite perfume and add some rose petals as a finishing touch. Stay away from candles, though, since your sheets could potentially fall at any time.

Finally, you need to grab the essentials to keep you entertained throughout the day: snacks, your iPad, a deck of cards, your favorite book, magazines, etc. Leave your phone in another room and just focus on your relationship. Enjoy bonding with your partner and relaxing in your new spot.

Have you ever made a secret hideaway with your love? Share

your relationship advice below!

Fashion Trend: 5 Trends Making a Comeback in 2019



By [Mara Miller](#)

Are there some [fashion trends](#), like tie-dye or plaid, you're just unwilling to give up? Ever wish fashion from the '60s, '70s, '80s, and '90s would come back? We've got exciting news if you're feeling a sense of nostalgia this year.

Here are five fashion trends that are making a comeback for 2019:

1. Chokers: Remember when you used to shop at Claire's for every single black choker you could find because you were obsessed with them? [Kylie Jenner](#) and sister [Kendall Jenner](#) helped re-spark this trend when they shared photos on Instagram.

Related Link: [Fashion Trend: 5 Ways Celebrity Style Influences Fashion Trends](#)

2. Backpacks: Backpacks were another '90s accessory that a lot of women chose to carry instead of a purse—and not the big bulky kind you might have carried in middle school. Big designers like Chanel and Burberry are starting to design them, so this isn't just a fad that will fade. Find a leather backpack with fringe, and you're set!

Related Link: [Fashion Trend: Like Mother, Like Daughter](#)

3. Long and sleek hair: '70s style long from the days of Cher, Maureen McCormick, and Peggy Lipton has been coming back into style. So, grab a flat iron and extensions. It's also a great time to think about growing out your hair!

4. Plaid: Embrace your inner '90s self and drag out the old plaid clothes, because plaid is coming back this year. Both men and women can wear this style. And, not all of the colors will be boring; some plaid is coming out in neon colors, adding extra fun to the pattern.

5. Tie-dye: Hippies of the world rejoice – tie-dye is coming back in style this spring. These fun psychedelic patterns are on a lot of runways right now, bringing about a feeling of nostalgia.

What other fashion trends have you spotted coming back for

2019? Share your thoughts below.

Celebrity Couple: Sarah Hyland & Wells Adams Get Cozy on Super Bowl Date Night



By [Mara Miller](#)

In the latest [celebrity couple](#) news, Sarah Hyland and Wells

Adams got cozy together at the DIRECTV Super Saturday Night 2019 Super Bowl party, according to *EOnline.com*. They mingled with other celebs like Zachary Levi and posed for adorable photos together. Even if you aren't a huge football fan, it's hard to ignore how cute these two were together on their [celebrity date](#) night.

In celebrity couple news, Sarah Hyland and boyfriend Wells Adams took their love to the Super Bowl. What are some ways establishing date nights can improve your relationship?

Cupid's Advice:

Date nights are a ton of fun, but they can also help you build a relationship that will stick:

1. It creates an opportunity to communicate: Communication is the key to a strong, healthy relationship if you're looking to build something that is long-lasting.

Related Link: [New Celebrity Couple: 'Bachelor' Kaitlyn Bristowe & Jason Tartick Announce Relationship](#)

2. Date nights are fun: Establishing date nights can help you both blow off steam after a rough week. So, get a couple tickets to a movie, get some popcorn, and cuddle up together!

Related Link: [Celebrity Couple: Emma Stone & Dave McCary Giggle Together at Sag Awards](#)

3. It strengthens your commitment: Deciding on when and where you have your date nights, and how frequently, ensures that

you will spend time together if you haven't made the big decision to live with each other yet. Couples who date are more committed to each other than couples who don't bother to put in the effort.

What are some ways you think establishing date nights will help improve your relationship? Let us know in the comments below!

Parenting Advice: 7 Ways to Help Your Partner Cope with Postpartum





By [Mara Miller](#)

It's normal for a woman to feel sad, anxious, lonely, or tired after her new bundle of joy has been delivered, but usually those feelings go away fairly quickly. For some mothers, it becomes much more severe, affecting one out of seven women. Postpartum depression can take effect months after the baby is born. It also doesn't affect only new mothers; it can affect someone who already has children. The disease can be so serious that some mothers have taken their lives because they couldn't get the help they needed.

Parenting Advice: Postpartum depression can be a scary, frustrating time for the whole family. Here are 7 ways you can

help your partner cope.

It can be hard to know what to do in this situation when you don't know how your partner will feel from day to day. Here are some ways you can help make your partner's life easier:

1. Listen to her: Her anxiety is sky high right now. She might feel like her ability to be a good mom isn't there and that you and the baby would be better off without her. You don't have to give her resolutions or ways to do better; you just need to listen.

Related Link: [Parenting Trend: Weighted Blankets](#)

2. Make sure she rests: It's easy to lose sleep when there is a new baby in the house, especially for the mother. Make her stay in bed a little longer while you take over for the midnight feedings or in the middle of the day if she needs to recharge.

Related Link: [Parenting Advice: How to Decide What TV Shows & Movies to Allow Your Kids to Watch](#)

3. Seek help elsewhere: Asking for help from a trusted friend or family member isn't wrong. If your partner needs help taking care of the baby, making sure she has a support system besides yourself is important. Friends can also be a good motivator to get her up and out of the house to shop, have lunch, and feel normal while you bond with the baby at home.

Related Link: [Parenting Advice: Make Your Own Fresh Baby Food](#)

4. Help around the house: It can be easy to let the household chores all fall on your partner. Do not do this to her. Get a baby sling, attach your little one to your chest, and cook some dinner for Mom while she fits in a nap. Take the dogs for a walk. If you have older children, some extra time watching TV or playing outside while she relaxes won't hurt either.

5. Don't forget to spend time alone: Get a babysitter when the baby is old enough, and take her out on a date. She might feel fat and want to wallow in her own misery right now, but don't let her. She needs time alone with you so she can feel like the beautiful human you fell in love with again.

6. Make her feel supported and safe: The experience of postpartum can be lonely for the mother because she devalues her self-worth. Tell her she's doing a good job with a baby. If she gets angry, ask her why she feels angry.

7. Do research: The more you know about postpartum depression, the more you can help your partner. You can also find support groups and hotlines to help. And yes, this includes finding a therapist who can prescribe medication to help if necessary.

What are some other ways you can help your partner through postpartum depression? Share your tips below.

Date Idea: Play All Day





By Ann Luther and [Mara Miller](#)

This weekend, get outside and romp around! Embrace the simple pleasures of childhood with your partner by spending this date idea outside, playing all the games you used to enjoy when you were a kid. Enjoy the weather and your relationship and love with this easy, fun, and cheap date al fresco.

Embrace Your Inner Kid to Improve Your Relationship and Love with this Date Idea

There are a ton of childhood games that can be just as entertaining for adults when we play them with our significant others. Grab a basketball, head to a local court, and play a game of Horse. Try to create and match wild shots; shoot it from around the back, through your legs, or maybe from half-court with your eyes closed. The loser can buy Slurpees later.

Don't leave the blacktop before you draw out an insane pattern for Hopscotch in chalk. Throw a pebble and see how balanced and agile your partner really is. You'll both be sure to get a laugh out of each game. The silly fun on this weekend date idea may be exactly what you need after a long week at work.

On your walk to get your Slurpee reward, speed it up with some Tag. You can run through yards, weave through buildings, and dash across parking lots. When you're out of breath, you'll have the consolation prize of being caught up in your favorite person's arms. You will, however, be It. Thanks to this expert [relationship advice](#) and all of that mad running around, you might discover places in your town you never knew existed, places you can go back to for your next date.

Related Link: [Date Idea: Be a "Cheap" Date](#)

When evening hits and you're back at home, you can pull out some speakers and dance in the cool, spring air. Move and shake as the sun sets, and then slow it down for a romantic song or two. When it's finally dark, it's time for some old-fashioned Marco Polo. You don't need a pool to play this game. Under the cover of night, with your eyes closed, call out and feel around for your beau.

You don't always need to behave like an adult to be in an adult relationship and love. Mixing it up with some kiddish antics can be just the kind of fun you're looking for, if only for this weekend.

Have you played around on an outdoor date? Share your stories below.

Date Idea: Garage Sale



By Ann Luther and [Mara Miller](#)

This weekend, embrace the traditional activity of spring cleaning and host a garage sale together. For this date idea, advertise throughout your community to get rid of all of the clutter in your homes to make way for the new memories you'll create together. Throwing away, giving away, or selling the items that made up your past says to your partner that you're ready for your future as a couple. It's tough to let go, but you're not using all that old stuff for a reason and if this task seems impossible, you can always hire a [home cleaning service](#) to help!

Do Some Spring Cleaning With This Weekend Date Idea

Cleaning out your closet can be fun too! Put on a fashion show before you get rid of out of date clothing. You and your beau can laugh at all of those oh-so-wrong statements you made. You can also give your partner a look into the life you lived before you met him, which is another special thing to share.

If you're thinking of moving in together, follow this [expert dating advice](#): Make a list of all the essentials you both have at your respective residences. You won't need two things like vacuums, brooms, dust pans, dish drying racks, tool boxes, shower curtains, and sets of pots and pans. Keep the best of everything (just like you do in your relationship!), be rid of the rest, and make enough money to go to a fancy restaurant after the garage sale is over.

Related Link: [Date Idea: Redecorate](#)

This weekend date idea allows you to soak up the magnificent weather by getting out and plastering your town with flyers about your garage sale. You might make a competition out of it: See who can post flyers down either side of the block faster. Post a picture of the winner and the flyer on social media to advertise your sale and to show off your happy relationship to your friends and family. To further your sale's exposure, [Garagesalestracker.com](#) is a great forum to inform the surrounding areas that you'll be open for business.

Related Link: [Date Idea: Personal Spring Cleaning](#)

On the afternoon of the sale, bring out some speakers and a bottle of wine to make the long day more bearable. The fun atmosphere will bring more people to your lawn, and you can dance with your man in between transactions. Whatever you

don't sell, you can donate to Goodwill, The Salvation Army, or another charitable organization. Thanks to this love advice, when the day is done, you'll have more space, more money, and more fun memories.

Have you ever gotten rid of junk to make space for your partner? Share your stories below.

New Celebrity Couple: 'Bachelor' Kaitlyn Bristowe & Jason Tartick Announce Relationship





By [Mara Miller](#)

In the latest [celebrity couple](#) news according to *EOnline.com*, *Bachelor* Nation couple [Kaitlyn Bristowe](#) and Jason Tartick have confirmed their relationship. Bristowe joked, "I mean I was gonna use my podcast to break the news, but I guess the *Today* show beat me to it." What a way to have your new relationship announced!

In celebrity couple news, there's a new *Bachelor* couple lighting up the gossip columns! What are some ways to announce your relationship to family and friends?

Cupid's Advice:

Being in a new relationship is a fun and exciting time,

although you might not want it announced on *The Today Show*. Here are a few ways you can announce your new status to family and friends:

1. Through a phone call: Texting can be easy, but we so rarely think to make an announcement by calling our family or friends. Make a few phone calls to the people you care about most to let them know you're dating someone!

Related Link: [Celebrity Couple: Royal Celebrity Couples Face Online Bullying](#)

2. A dinner: If your new partner is ready to meet your family and friends, get everyone together at your favorite restaurant to share your good news.

Related Link: [Celebrity News: Bachelor Contestant Caelynn Miller-Keyes Talks Sexual Abuse](#)

3. On social media: Becoming "Facebook" or "Instagram" Official is one of the most popular ways to announce you are now dating someone. Take a cute photo together, and let everyone know you're taken! But, wait a while to announce it – some studies show that couples who wait at least three months to announce their relationship online have a better chance of staying together.

What are some other ways you can announce your relationship? Share your ideas below.