## New Celebrity Couple: Zac Efron Is Dating Olympian Sarah Bro





By <u>Mara Miller</u>

Tinder dates are out, and meeting people at fitness centers is in! In the latest <u>celebrity couple</u> and <u>celebrity dating</u> news, Zac Efron is dating Olympian Sarah Bro, according to *UsMagazine.com*. They were first spotted together in January at a fitness class in Los Angeles. They have since been spotted at a MMA Match together, and Bro posted a picture of flowers with two heart emojis on her Instagram stories on March 5th.

# There's a new celebrity couple to focus on! What are some ways to keep your relationship under wraps until you're ready to go public?

#### Cupid's Advice:

Keeping your new relationship secret isn't a bad thing. It gives you and your new partner privacy. And if things don't work out, you won't have to go into a big long explanation on what happened to family and friends. Cupid has some advice on ways to keep your new relationship a secret:

1. Limit social media posts: It's okay to take pictures together when you first start dating after you get serious. It's okay to enjoy dating for a while before you make the big announcement that you're in a new relationship. Save a few fun photos of yourself together and then post them online when you're ready to go public!

Related Link: <u>Back On! Celebrity Couple: Ben Affleck & Lindsay</u>
<u>Shookus Are Back Together After Split</u>

2. Make time for friends: Be sure to make time to spend with your friends even though spending all of your time with your partner might be tempting. It's easy to neglect other relationships when you begin a new one, so be sure to make regular dinner dates or girls nights if you want to avoid suspicion about a new relationship until you're ready to let them know.

Related Link: <u>Celebrity Couple News: Justin Timberlake Posts</u>
<u>Adorable Birthday Message for Jessica Biel</u>

3. Pick a neutral spot for dates: Don't go anywhere together where friends or coworkers may recognize you if you aren't

ready for them to know about your relationship yet. You can take this time to find your new favorite restaurant with your new partner by exploring different towns or trying something you wouldn't usually try.

What are some other ways you can keep your relationship secret until you're ready for the public to know? Tell us in the comments below!

# Celebrity News: Kate Beckinsale's Ex Matt Rife Tells Pete Davidson to 'Run'





By <u>Mara Miller</u>

According to *UsMagazine.com*, Matt Rife had some advice for Pete Davidson about <u>celebrity ex Kate Beckinsale</u> in <u>celebrity news</u>. "Advice for Pete? Man to man...run," Rife told TMZ. Beckinsale and Rife were first linked in 2017 after her divorce from Len Wiseman. They dated for a year. Beckinsale and Davidson have been in a <u>celebrity relationship</u> for about two months.

In celebrity news, Kate Beckinsale's ex isn't saying good things about his former love. What are some ways to keep your ex from ruining a new relationship?

#### Cupid's Advice:

When you decide to move on from your former relationship, an ex can get jealous or want to slander your name. Here's some

advice from Cupid on how to stop them from ruining your new one:

1. Reassure your current partner: If something your ex says about you makes your new partner question your relationship, reassure them by answering any questions they might have about your past.

Related Link: Celebrity News: Travis Scott Shouts Out to 'Wifey' Kylie Jenner Amid Cheating Allegatitons

2. Don't engage: Getting in contact with your ex after they say something inappropriate might make your new partner suspicious of why you're contacting them in the first place. Not talking to them while they try to cause trouble is the better thing to do.

Related Link: <u>Celebrity Couple News: Justin Timberlake Posts</u>

<u>Adorable Birthday Message for Jessica Biel</u>

3. Think of your new partner first: Putting their needs and wants above that of your ex is more important than caring about what the other person says to you. If your previous relationship ended on a bad break, it's better to leave it be rather than to put what your new relationship needs to have prioritized.

What are some ways to keep you've kept your ex from ruining your new relationship? Let us know in the comments below!

## Celebrity Break-Up: Demi

## Lovato Splits from Fashion Designer Henri Levy





By <u>Mara Miller</u>

In the latest <u>celebrity break-up news</u>, Demi Lovato has called it quits with fashion designer Henri Levy, according to *UsMagazine.com*. Both sober, the two met years ago in rehab and became friends. They sparked news of their <u>celebrity relationship</u> after they were spotted in early November 2018 enjoying a dinner date at Matsuhisa restaurant in Beverly Hills. Neither has commented on their split.

### This celebrity break-up comes after

# only four months of dating. What are some ways to know your relationship has long-term potential?

#### Cupid's Advice:

All new relationships have a honeymoon stage. Whether you decide to stick with your partner after a rough time or not is the true test of a relationship. Cupid has some advice on how to know when a relationship has long-term potential:

1. You feel like yourself with them: You're okay with letting them see you limp in the morning because you tripped while walking the dog. You don't care if your partner sees you with bed-head. You let them see you worrying because your paycheck wasn't as large as you thought it would be. While all of these may be examples, it's important to be yourself around your partner. If you have to fake who you are to impress the person you're with to avoid judgment, then the relationship will not last.

Related Link: Celebrity Break-Up: Halsey Opens Up About Split from G-Eazy

2. You know what your partner needs: They know how you like your coffee, and they can tell when you're about to have an emotional breakdown days before it happens. When your partner instinctively knows what you need, then they just may be the one you're meant to live your life with — and it's not just from their side. When you know that your partner needs something without them saying anything, then it means that you have reached the point where you're both in a solid partnership.

Related Link: Celebrity News: Bradley Cooper's Ex-Wife Reacts

#### to Rumors of Lady Gaga Romance

3. You're physically intimate: A relationship with long-term potential isn't about the sex. You can both be virgins up until marriage if that is something you both value before making a life-long commitment. Holding hands, innocent kisses, and hugs are a sign that you are both comfortable. And if you aren't waiting until marriage, the time between the sheets will help build a stronger connection as long as you both understand that it's a way for you both to show how much you love each other.

What are some other ways you can tell your relationship has the potential to be long-lasting? Let us know in the comments below!

# Fitness Trend: Isometric Strength Training





By <u>Mara Miller</u>

Isometric strength training is a <u>fitness trend</u> that involves exercising in place. It focuses on the way the muscles are supposed to move with no crazy movements like tossing a tire or bouncing around. You don't even need weights to do this type of strength training—the point is to tighten up your muscles without even moving.

# Find out more about this fitness trend!

If you find these <u>fitness tips</u> are working, you can do some research online to find more exercises to add to your regimen. Yoga, for example, is a type of isometric strength training. Remember, the best thing about this kind of workout is that you don't need equipment to do it. Be sure to always drink plenty of water and to warm your muscles up before your workout. Here are a few poses you can try if you're interested in isometric strength training:

1. High Plank: Get into the top of a push-up position and hold. Be careful not to put your butt up too high or to too low. Hold it for as long as you can. This is a great exercise that works out your core and back muscles.

Related Link: Fitness Trend: Help Your Neighbors!

2. Prayer Pose: If you do yoga, you probably know of this pose. You stand still and place your hands together like you're praying. Only, with this isometric strength exercise, you're actually pressing your palms together to create some force and are thereby working out your muscles. Be sure not to hold your shoulders up high because it can cause them to get too tense. This is a great workout for your chest.

Related Link: Fitness Trend: 5 Benefits of Pole Dance Classes

**3. Forearm Plank:** This is similar to the high plank, but you are holding yourself up with your forearms. Be sure with this pose not to lift your butt too high or too low like in the other position. It helps to work out your abs since you are placing your muscles in a different position.

What are some of your favorite isometric strength training exercises? Let us know in the comments below!

## Celebrity Couple News: Justin Timberlake Posts Adorable Birthday Message for Jessica

### Biel





By Mara Miller

In the latest celebrity <u>couple news</u>, <u>Justin Timberlake</u> posted an adorable message for wife <u>Jessica Biel</u> on Sunday, March 3, according to *UsMagazine.com*. "My partner in this thang called life…you're the most wonderful human I have ever met," Timberlake said in an Instagram photo of himself and Biel. He continued, "You make me smile, laugh, and love life more than I knew I could." Awww, how sweet!

### In celebrity couple news, Justin Timberlake made a romantic gesture

# on his wife Jessica's birthday. What are some ways to make your partner feel special on their birthday?

#### Cupid's Advice:

Birthdays are a great time to show your partner how much you love them. Here are a few ways to make them feel special:

1. Write a love note: Leaving a love note for your partner before the morning commute to work is a sweet way to let them know you're thinking about them on their birthday.

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<u>Marries Cherry Seaborn In Secret Winter Ceremony</u>

2. Breakfast in bed: Surprising your partner in bed is a classic romantic gesture. Cook up some eggs, bacon, and add a little apple butter to some toast. Top it off with a glass of orange juice and their favorite flower in a vase!

Related Link: Celebrity Couple Nick Jonas & Priyanka Chopra Return to Oscars Party Where They Met

**3. Give several small gifts:** Giving them little gifts throughout the day will give your partner something to look forward once he or she realizes what is going on. You can top off the night with a bigger surprise or the gift you originally intended on giving them!

What are some ways you like to make your partner feel special on their birthday? Let us know in the comments below!

# Celebrity News: Travis Scott Shouts Out to 'Wifey' Kylie Jenner Amid Cheating Allegatitons





By <u>Mara Miller</u>

In the latest <u>celebrity news</u>, Travis Scott gave <u>Kylie Jenner</u> a shout out on Saturday during his *Wish You Were Here Tour 2* performance in Madison Square Garden, New York. The <u>celebrity couple</u> has been together since 2017 and they have a daughter, Stormi Webster, together. According to *UsMagazine.com*, Scott

said to the audience, "Remember to keep your family first." He also referred to Jenner as his "wifey" before he left the stage.

In celebrity news, Travis Scott is trying to make a point that Kylie is his one and only. What are some ways to reassure your partner that you're being faithful?

#### Cupid's Advice:

We all let insecurities about our relationships get in the way sometimes. Cupid has some tips for how to reassure your partner that you're being faithful:

1. Be honest: Aside from trying to surprise them for the holidays or on their birthday, being one-hundred percent honest with your partner will help you both build a stronger relationship together. If you never give them a reason to think you're cheating by not telling the truth, then the trust will be there without the fear of you being unfaithful.

Related Link: <u>Celebrity News: Travis Scott Shoots Down Rumors</u>
<u>That He Cheated on Kylie Jenner</u>

2. Show them, don't tell them: Showing your partner that you're faithful by never doing anything to make them think you're cheating will go farther than just telling them that you're being faithful. If they're ever suspicious, doing something as simple as showing them your private messages on your chosen social media platform may abate any fears.

Related Link: Celebrity News: Jordyn Woods Also Hooked Up With Khloe Kardashian's Ex James Harden

3. Discuss what matters most to you as a couple: Talking about your relationship is a way to strengthen it. Talking about what you want for the future together will help you see the larger picture and can help any fears about your relationship subside. Let them know that they are one of the most important people to you!

What are some ways that you can reassure your partner that you're committed to them? Let us know in the comments below!

## Celebrity News: Travis Scott Shoots Down Rumors That He Cheated on Kylie Jenner





By <u>Mara Miller</u>

What is it with all of the scandals happening right now for the Jenner and Kardashian women? In the latest <u>celebrity news</u>, Travis Scott shot down rumors that he cheated on <u>Kylie Jenner</u>. The suspicion that Scott may have cheated on Jenner came after a TMZ report speculated about his reasons for canceling his show in Buffalo, New York, according to *UsMagazine.com*. Scott's rep made a statement to *Entertainment*, saying, "Travis Scott vehemently denies he cheated on Kylie. It is not true. He did not cheat. He canceled one show tonight because he is under the weather."

In celebrity news, the Kardashian women just can't catch a break in the cheating department lately! What are some things you can do if

# you suspect your partner is being unfaithful?

#### Cupid's Advice:

It can be scary and nerve-wracking when you think your partner might be cheating. Cupid has some advice on what to do when you suspect your partner might be cheating:

1. Don't panic: Approach your suspicion in a calm, level-headed manner. You can do this by making a list of everything you think might be cheating behavior will help you take a step back to look at the reasons you think they might be cheating.

Related Link: <u>Celebrity News: Tristan Thompson Likes Khloe's</u>
<u>Sultry Instagram Pic Amid Cheating Scandal</u>

2. Seek supportive friends: We all have that one friend who we can talk to about everything, so why not call your BFF if you think your partner may be cheating? A good friend can help weigh in with an opinion and help you figure out ways to talk to your partner.

Related Link: <u>Celebrity News: Blac Chyna Slams Exes Rob</u> Kardashian & Tyga Over Child Support

3. Talk to your partner: Approach the conversation like any other relationship talk. Don't immediately throw an accusation in their face. Ask questions and be vulnerable. A good talk can go miles in helping reassure you that your suspicions aren't true and won't damage your relationship if nothing has happened.

If you think your partner might be cheating, what are some other things you can do? Let us know in the comments below!

# Beauty Trend: Glitters, Shimmers, and Pastel Eyeshadow





By <u>Mara Miller</u>

A fun eyeshadow look is hard to resist. 2019 <u>beauty trends</u> have included stained lips, powder nails, and yoga skin. We've got three types of eyeshadows to check out that can help you stay on-trend this year.

# Beauty Trend: Glitters, Shimmers, and Pastel Eyeshadow

Glitter and shimmer eyeshadows can seem a bit confusing when you're trying to find an eyeshadow palette to buy so you can make a ton of new eyeshadow looks. Shimmery eyeshadow has glitter in it but has a more metallic shine. Glitter eyeshadows have chunks of glitter in them. Pastels are pretty and can be layered all over the eye or look great alone. And if you're lucky, you may find some of these types of glitters together in a palette!

1. Glitter shadow: When you want all the shine, glitter shadows are a must for a decent eyeshadow palette. Glittery green or purple are great for a look at night. They're lighter than a shimmer but still help your eye pop. Be sure to look into a glitter glue or to use water so this glitter will have less fallout during application.

Related Link: Beauty Trend: Create Yoga Skin for Your Next Date Night

2. Shimmer shadow: These shadows have a metallic cast with finer glitter inside, like a bright gold or shiny brown. They work well all over the lid or on the outer corner of your eye to help define its shape. Shimmers do fallout, but they aren't as bad as glitters.

Related Link: Beauty Trend: Lip Tints Are The Latest Trend
That You Need For Your Next Date Night

**3. Pastel shadow:** Pastels are awesome. They can be shimmery, glittery, or matte. They work well in the corner of the eye, the middle of the eye, or all over. Light pinks, purples, and blues help your eyes stand out, depending on the color of your iris.

Glimmer, shimmer, and pastel shadows are trending in 2019 beauty. What are some of the best palettes you've come across so far? Let us know in the comments below!

## Celebrity Wedding News: Ed Sheeran Reportedly Marries Cherry Seaborn In Secret Winter Ceremony





By <u>Mara Miller</u>

In the latest <u>celebrity wedding</u> news, <u>celebrity couple</u> Ed

Sheeran and Cherry Seaborn reportedly tied the knot in a secret ceremony! According to <code>EOnline.com</code>, <code>The Sun's</code> Dan Wooten reported the two got married just before Christmas at Sheeran's country estate in Suffolk. According to the publication, none of Sheeran's celebrity friends like <code>Taylor Swift</code>, Rita Ora, or <code>John Mayer</code> were in attendance. They had a small ceremony of about 40 people, consisting of Sheeran's oldest friends and closest family. Congrats to the happy couple!

# In celebrity wedding news, Ed Sheeran may be a married man! What are some benefits to secret nuptials?

#### Cupid's Advice:

There are many reasons to get married in secret. Here are some of the benefits:

1. It takes off the pressure of a large wedding: Large weddings are expensive, so getting married in secret gives you a chance for a more intimate setting. Invite your closest family and friends to celebrate the next step in spending your life together with your partner.

Related Link: <u>Celebrity Wedding: Miranda Lambert Marries</u>

<u>Brendan McLoughlin In Secret Nuptials</u>

2. You don't want to deal with everyone's opinions: Sometimes we have family that doesn't approve of your partner, so getting married in secret can relieve the stress of dealing with an overcritical friend or family member.

Related Link: <u>Celebrity Wedding: Katy Perry & Orlando Bloom</u>
<u>Are Engaged!</u>

**3. You'll enjoy your love more:** Getting married in secret gives you the chance to stop to remember why you both fell in love in the first place. You're making a lifelong commitment to each other, so why not stop to appreciate it with a smaller secret wedding?

What are some other benefits of getting married in secret? Share them with us in the comments below!

# Food Trend: Probiotic Products





By Mara Miller

Taking probiotics is a growing <u>food trend</u> you don't want to ignore. In this <u>food advice</u>, we'll talk about products you can use to introduce probiotics to your body. Gut health can affect everything from your sleep to what kind of foods you can tolerate. It isn't fun to think about the bacteria that live inside of our bodies, but it's important to take care of the good bacteria living in our guts so we can continue to be healthy.

#### Food Trend: Probiotic Products

1. Olives: Wait, what? Olives are considered a probiotic? Look for naturally cured olives. It's better if you can get olives of a Spanish variety. Not only are they a tasty snack, but eating about five is a great way to get your daily dose of probiotics—just be careful not to eat too many. Olives are packed with salt.

**Related Link:** <u>Food Trend: 3 Things to Know About Fermented</u> Food

2. Apple cider vinegar: The benefits of using apple cider vinegar are endless. It can be used for a lot of things, from skin care to cleaning. For some people, apple cider vinegar even helps heartburn. Drizzling a little on top of your salad doesn't hurt either since it's packed with probiotics and amino acids.

Related Link: Food Trend: How to Utilize the Reject Food Left in Your Pantry

- **3. Tempeh:** Less known than tofu, tempeh is a soybean meat alternative for vegans and vegetarians who want to get more probiotics into their diet. It is made with fermented soybeans. It holds its shape better than tofu so it can be used in dishes like stir fry and grilled skewers.
- 4. Probiotic Shots: This might not sound particularly

appetizing, but probiotic shots are packed with the good bacteria you need for your gut. They can either be mixed in a morning smoothie or swallowed down like a shot of whiskey...only they're a *lot* healthier for your body.

**5. Supplements:** Supplements are the next obvious choice in a probiotic product you can use to introduce good bacteria into your body if gut shots or probiotic foods seem unappetizing. Taking a supplement is a simpler solution, giving you the probiotics you're missing in your diet.

Probiotic products are everywhere because of this food trend. Have you learned of any that are beneficial to gut health? Let us know in the comments below!

# Celebrity News: Tristan Thompson Likes Khloe's Sultry Instagram Pic Amid Cheating Scandal





By <u>Mara Miller</u>

In the latest <u>celebrity news</u>, Tristan Thompson liked <u>Khloe Kardashian's</u> sultry Instagram photos with her sisters, <u>Kourtney Kardashian</u> and <u>Kendall Jenner</u>. According to <u>UsMagazine.com</u>, his liking spree didn't stop there—he also liked a photograph of his and Kardashian's 10-month-old daughter, True. The two split when Kardashian found out that he cheated with Jordyn Woods.

In celebrity news, it looks like Tristan isn't ready to be cast aside by Khloe. What are some ways to win back your partner after trust is lost?

#### Cupid's Advice:

It can be hard to win your partner's trust after you break it. Here is some advice on how to win them back:

1. Give them space: You hurt them. Own up to it. Space away from each other is the best thing you can give them right now.

Related Link: <u>Celebrity News: Are Khloe Kardashian & Tristan</u>
<u>Thompson Still Together?</u>

2. Be present: It might not be easy to give them space if you have kids together. Be there for your children, but don't try to force yourself into your partner's life if they aren't ready to have you there yet.

Related Link: Celebrity Couple: Kylie Jenner & Travis Scott Pack on PDA at Grammys

**3. Listen to them:** Eventually, your partner is going to need to vent. Let them have the time they need and hear them out. Talk about why you hurt them and how you can do better.

What are some other ways to win your partner back after you've hurt them? Let us know in the comments below!

## Back On! Celebrity Couple: Ben Affleck & Lindsay Shookus Are Back Together After Split





By Mara Miller

In the latest <u>celebrity couple</u> and <u>celebrity dating</u> news, <u>Ben Affleck</u> and Lindsey Shookus are back together after a sixmonth split. The two called it quits around the same time that Affleck began a brief fling with *Playboy* model Shauna Sexton and later entered (and completed) a 40-day rehabilitation program for alcohol abuse. Now, Shookus and Affleck have picked up right where they left off, according to a source from *UsMagazine.com*. It's great to see that these two have decided to give their romance a second chance.

## This celebrity couple wasn't ready to call it quits altogether. What are some reasons to give your ex another chance?

#### Cupid's Advice:

A split from your partner is a heartbreaking process, especially when neither one of you wanted one in the first

place. Cupid has some solid reasons to give your ex a second chance:

1. You both want the same things: Splitting for a couple can be a good thing. It allows you some time away to reconsider what you really want—like kids and marriage. If you take some time apart and still want the same things after, then you should think about giving your ex a second chance.

Related Link: Celebrity News: Bradley Cooper's Ex Wife Reacts to Rumors of Lady Gaga Romance

2. You believe their apologies: It can be easy to give someone a shallow, "sorry!" to try to move on with your day. But if your ex has apologized to you and truly seem like they mean it, then it might be okay to give them a second chance. Take it slow and get some coffee, and hear them out if you're ready to.

Related Link: <u>Celebrity Couple News: Rami Malek Gushes Over</u> <u>Lucy Boynton In Oscars Acceptance Speech</u>

3. You're willing to put the past behind you: It's not healthy to keep bringing up things that hurt you once, so you don't plan on ever talking about what happened again once you've both already talked things out to decide if you're ready to be back together.

What are some other reasons you might consider giving your partner a second chance? Let us know in the comments below!

### Date Idea: Homemade Smoothies





By Sarah Batcheller and Mara Miller

It's hot outside, and you and your beau have exhausted every effort to bare the record-breaking heat. One thing you may not have tried, though, is a day inside blending together your favorite ingredients to concoct the perfect smoothies. All you need for this <u>date idea</u> is a blender and your favorite fruits. A day well-spent indoors this summer is just what the two of you need to wind down and cool off!

# Check out Cupid's best relationship advice for beating the summer heat with this date idea!

Smoothies are fantastic because they're an easy and delicious homemade treat. Whether you have a sweet tooth or

you're a health nut, there are dozens of smoothie recipes out there for you. The Food Network has listed fifty of their own, and you're bound to find more as you search. You can stick to traditional strawberry banana, or you can try your hand at more unique recipes. SimplyArtisanal.com has some very fun ideas that are sure to "wow" your lover like vanilla fig and peach fuzzy navel. Don't be shy about blending different recipes; the whole point is to stay in and try something new!

#### Related Link: Mexican Cooking Classes: Spice Up Date Night

Half the fun of this weekend date idea is in the preparation. Pick out your favorite recipes; make a list of everything you'll need; and hit the grocery store. It doesn't matter if you're on a budget or willing to splurge — you can find something that fits your desires. If the two of you want to challenge each other, split up at the grocery store and pick out your favorite ingredients. Follow this relationship advice and surprise your partner's taste buds with your creation!

#### Related Link: Frugal Foodies: How to Save on Dining Out

You and your partner can even have a contest to see who can come up with the best recipe. For added fun, create categories like "most original", "best tasting", or "most disgusting." Then, the date will be more about the time you're spending together and less about the actual smoothies (not that we're against that). If you're turning the smoothie-making into a day-long event, you'll want to remember to make small portions each time so that you can both try them all!

What is the best smoothie recipe you've ever made? Tell us in the comments below!

### Date Idea: A Day at Sea





By Sarah Batcheller and Mara Miller

Embrace the other elements with your cutie and spend a day exploring the ocean. This weekend date idea can include so many different activities at sea, including jet skiing, scuba diving or snorkeling, and sailing. Being out in the vast water and so far away from dry land will allow you two to really indulge in some alone time. Consider this relationship and love advice and make a day out of conquering the great, blue sea!

### Get ready for this ocean-inspired

#### date idea!

Jet skiing is a fantastic option because it's highly accessible. There are tons of companies on every beach. Once you've found one that matches your budget, make an appointment. After you arrive, the instructors will have you sign a waiver and take a short safety course. Then, you can strap on your life jacket and head to the shore, where they'll help you enter the water. If you want to compete with your lover, you can rent two jet skis or if you want to get cozy, rent one to share. Either way, you'll be able to venture further out into the ocean than you have ever before.

Related Link: Date Idea: Beach and Beyond

In order to partake in deep-sea scuba diving, you have to take lessons and be licensed. This is always an exciting date idea, but if you're just going out for a day at the beach, you may want to opt for some snorkeling instead. You can purchase snorkeling equipment at many sporting goods or department stores, and from there, all you'll need is your ability to swim! Underneath the pier is a great place to snorkel, as a lot of sea critters gather there. You can also bring your snorkel right offshore where you'd normally swim and take a gander at what's lurking around your feet.

Related Link: Date Idea: Bring the Beach to You

If you or a friend owns a sailboat, then use this weekend date idea to spend the day lounging on the deck with your sweetie. You can even make it a couples date and invite your best friends. Boating is not only exciting, but it provides an escape from everything back on solid land. Pack some food and drinks, and you'll be able to stay out there all day!

What's your favorite way to explore the ocean? Tell us about it in the comments below!

## Date Idea: Enjoy a Secret Sunset





By <u>Sarah Batcheller</u> and <u>Mara Miller</u>

When we think of iconic images of romance, we often visualize the sunset. The soft glow of the sun going down and blanketing us in darkness makes us want to cuddle up close to the one we love. If you want to plan an unforgettable summer date night and show how much you love your partner without having to spend a dime, just follow this dating advice and find a peaceful spot to enjoy the sunset together.

# Enjoy a beautiful sunset on this summer date night!

For this weekend date idea, finding a place to watch the sunset gives you the option of staying close to home or traveling to a more unfamiliar place. After all, who doesn't love a good road trip to the beach? Wherever you decide to go, you may enjoy the melody of crickets, the twinkle of fireflies, or the sound of the waves washing away all your worries. At the end of the day (literally), you're there to enjoy the mystifying view of your side of the world turning away from the sun. We can already envision the silhouette of that perfect kiss with your love!

#### Related Link: Date Idea: Dance the Night Away

Since darkness will impede on your ability to see during your date night, bring along some things that will ignite your other senses. Pack a picnic and enjoy a delicious dinner for two with no interruptions. This also gives you the opportunity to create some homemade masterpieces together before you head to your special spot. Bring speakers to play your favorite music while you dance the night away. To make the occasion even more special, create a playlist of songs that you've dedicated to your one true love. If you're able to, light a bonfire and cuddle up in its warmth. If a little ambiance is all your looking for, bring along some tea light candles to set the mood.

#### Related Link: 10 Great Date Ideas Under \$50

The good thing about the sunset is that it happens every day, so if spontaneity is your way of life, you can grab your babe and go catch the view any day you please. This date idea requires no planning or research — all you need is the desire to have a magical night. You could even make it into a tradition: It can be your way of commemorating the start of

summer or a weekly date until it gets too chilly. Maybe you'll even fall asleep and wake up for the sunrise! Whatever you decide, Mother Nature's wheels will always be turning.

Where is your favorite spot to enjoy the sunset? Tell us in the comments below!

## Date Idea: See Sparks Fly





By <u>Sarah Batcheller</u> and <u>Mara Miller</u>

"See sparks fly" isn't just an old idiom or part of a Taylor Swift song — we're talking about the Fourth of July! What else turns up the heat more than celebrating our country's independence? If you think you see fireworks every time you kiss your loved one or look into their eyes, then how about turning that dreamlike state into reality and finding the best fireworks in town for tomorrow's special holiday? Watching fireworks bursting is invigorating, so use this weekend date idea to share it with the person who makes you feel most alive!

# Indulge in this Fourth of July date idea!

The Travel Channel determined the best fireworks displays in the country, so if your city landed a spot on this list, grab a blanket and head out to see the show. Many flock to the nation's capital, Washington, D.C., to celebrate our country's big day, and if you wanted to get especially festive on this date idea, you could book a Potomac River cruise. Even if your city isn't on this list, we all love to cuddle up with our boo, so wherever you go, you're bound to feel the magic. If your heart so desires a road trip to make the day even more monumental, just be sure to plan everything in advance.

#### Related Link: Celebrity Couples Who Love Fourth of July

You'll want to arrive at the fireworks location ahead of time to claim a good spot. After all, there aren't many people who stay home on this glorious day! That being said, choose a quiet area where there will be less hustle and bustle — it's not like you won't be able to see the fireworks! Just make sure a monument or skyscraper isn't blocking your view, and you'll be good to go. Because you're arriving early, remember this dating advice and pack properly as well. Bring insect repellent, water, snacks, and games to keep you entertained.

#### Related Link: 5 Creative Fourth of July Proposals

If you're the after-party type, there's sure to be plenty to do when the fireworks are over. If you want to get really

festive, dress up in your best red, white, and blue outfits and find a bar that really speaks to your wilder side. Rooftop spots are especially popular since everyone's eyes are looking toward the sky already. This is a day for everyone to celebrate, so let loose with the one who makes every day as romantic as it can be!

What is your favorite thing to do with your partner on the Fourth of July? Share your best dating advice in the comments below!

# Fashion Tips: How to Wear Layers Without Looking Chunky





By <u>Mara Miller</u>

Layering your clothes can be fun, but it can look awkward if you don't do it right. Why would anyone want to look like a huge marshmallow? We've got some <u>fashion tips</u> and <u>fashion advice</u> on how to layer to stay warm without looking chunky!

## Fashion Tips: How to Wear Layers Without Looking Chunky

1. Start with the thin layers first: Start with a cami or tank top first. The idea with this is to end with the thickest layer so that you can easily take it off later. Neutral colors that will look good under whatever you layer with are best.

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<u>Fashion Trends</u>

2. Turtlenecks: Turtlenecks give you the warmth of a sweater without the added bulk. The extra fabric around your neck will keep you from freezing before you put on your next layer.

Related Link: Fashion Trend: "Ugly" Sneakers

**3. Coats:** Think a contoured coat that goes more with your shape than, say, a puffer coat, if you're worried about looking chunky. Or try a trench coat, which can be cinched at the waist and will elongate your figure.

**Related Link:** <u>Fashion Advice: How to Shop on a Budget for</u> Winter

- **4. Fleece leggings:** Leggings are great since they conform to your shape without the extra bulk. They can double as long johns and you can put a pair of jeans over them, or style them with a sweater dress and boots for a trendier look.
- **5. Knitted scarf:** This is a must, especially in colder weather. A scarf will help your turtleneck keep you warmer and you can use it to add in some fun pops of color. Scarves can also be the bulkiest part of the outfit without making you look bigger.
- **6. Boots and socks:** If you really need to, double up with your socks. No one is going to see how many pairs you're wearing. Use knee-high or thigh-high boots to trap in some warmth around your legs.
- 7. Accessorize: Use whatever you want to top off the look. A watch, some bracelets, a knitted hat that will fit under the hood of your coat. And these are only a few samples! Play around with the items in your closet to see which layered look is best for you.

Layering can be a lot of fun but no one wants to look chunky. What layering fashion tips do you have? Let us know in the comments below!

# Celebrity Couple Nick Jonas & Priyanka Chopra Return to Oscars Party Where They Met





By <u>Mara Miller</u>

In the latest <u>celebrity couple</u> news, <u>Nick Jonas</u> and Priyanka Chopra-Jonas returned to the Oscars party where they first met, according to *EOnline.com*. They first met at the *Vanity Fair* Oscars After Party at the Wallis Annenburg Center for the Performing Arts in 2017. The couple mingled with other A-list talent and posed for fun photos together. It's great to see them getting out together for an enjoyable night!

This celebrity couple is returning to the scene where their love first began. What are some special ways to commemorate when you first met your partner?

#### Cupid's Advice:

There are lots of ways to commemorate when you first met your partner! Cupid has gathered a few:

1. Recreate the night: Surprise your partner by taking them on a date to the first place you met, whether it's a coffee shop or a park. Recreating the day you went on your first date together will give you both a chance to reflect on how far you have come together as a couple.

Related Link: Celebrity Wedding: Katy Perry & Orlando Bloom Are Engaged!

2. Give each other a gift: What better way can you celebrate the day you met than by getting a gift for each other? It doesn't have to be anything huge (unless you're planning on popping the question!). Earrings, a watch, a book-keep it simple with something you think will let them know how much this day means to you!

Related Link: <u>Celebrity Wedding: Miranda Lambert Marries</u>
<a href="mailto:Brendan McLoughlin In Secret Nuptials">Brendan McLoughlin In Secret Nuptials</a>

**3. Road trip:** Plan a getaway together to celebrate the day you met. It could be a small road trip or a week at a music festival—whatever strikes your fancy! It's also a great opportunity to have time alone with each other

What are some ways you can commemorate the day you met your

### Celebrity Couple News: Rami Malek Gushes Over Lucy Boynton In Oscars Acceptance Speech





By Mara Miller

In the latest <u>celebrity couple</u> news, Rami Malek gushed over girlfriend Lucy Boynton in his Oscars acceptance speech. *UsMagazine.com* broke the news that the couple was

dating in April 2018, and Malek confirmed their <u>celebrity</u> <u>relationship</u> at the 30th Annual Palm Springs International Film Festival last month. "Lucy, you're the heart of this film," Malek said. "You are so beyond immensely talented. Thank you so much." What an adorable public message to his sweetie!

In celebrity couple news, Rami Malek let the world know that Lucy Boynton 'captured his heart.' What are some ways to profess your love to your partner publicly?

#### Cupid's Advice:

Professing your love for your partner in public an be a big deal. If you aren't sure where to start, Cupid has a few ideas:

1. Dinner with friends: If you and your partner have made things official and you just can't wait to profess your love, wait to do it until you have dinner plans with your friends. After your announcement, order a big bottle of wine and celebrate the night and your love for your partner with your besties.

Related Link: New Celebrity Couple: Charlie Puth Confirms He's Dating Charlotte Lawrence on Valentine's Day

2. At a family gathering: This can be a little scary, but professing your love for your partner in front of family is a sure way to let everyone know that you are serious about them. Professing your love in front of parents can be a big deal, and is sure to make him, or her, feel special when you profess your love.

Related Link: <u>Celebrity Couple News: Cardi B & Offset Make</u>
Reunion Red Carpet Official at Grammys

**3. On social media:** If you're feeling particularly brave, make a video about how much you love your partner and post it on YouTube. Or if you have to remake the video six times because you just can't get it right, posting a cute picture with the announcement on Instagram or Facebook should do the trick. Your friends are sure to comment about how adorable you both are!

What are some ways you have publicly professed your love for your partner? Let us know in the comments below!

# Fashion Trend: Feathered Accessories





By Mara Miller

Fashion trends like feathers have come and gone in history, but for 2019, feathers have once again become all the rage. From coats with feathery fringe to full dresses made from ostrich feathers, this fun accessory has been all over the runway. While you might not want to embrace Lady Gaga's celebrity style with a full dress made with ostrich feathers like the one that she wore last year at the Venice Film Festival, there are a ton of fun accessories you can find. Whether you're an older lover of all things feathers and haven't had a reason to pull out your old earrings, or are new to the trend and want to try it out, we've got a list of accessories to share with you so you can try them!

### Check out the latest fashion trend — feather accessories!

#### 1. Purse/clutch:



Feather Purse Photo: Pinterest / @thepurseoutlet

We all need to be practical sometimes, right? Why not grab a clutch surrounded in ostrich feathers for your next date night? Or if you're the type of girl who has to shove everything into her bag, find a full-sized purse! It can either be covered in feathers or decorated along the trim of the opening of the bag, whatever strikes your fancy while you're shopping for your next carry-all accessory.

Related Link: Fashion Trend: 5 Ways Celebrity Style Influences
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#### 2. Ostrich Feather Skirt:



Feather Skirt Photo: Pinterest / @WendysLookbook

Get fun and flirty with an ostrich feather skirt, recently made popular by the new fashion trends for 2019. This is a great piece to have in your wardrobe because it can be dressed up or down. Not only is it eye-catching, but it goes great with a cashmere sweater or a blazer.

Related Link: <u>Fashion Trend: Neon Fashion Items</u>

#### 3. Feathered Feet:



Feather Heels Photo: Pinterest / @myshoebizarre

From sleek heels with feathers attached from Louis Vuitton to magical KP Collections from <u>Katy Perry</u>, you might want to grab a couple pairs before feathered shoes go out of style. Wear them out for a coffee date with your bestie or in the office if you need a fun pick me up. Choose them in the sleek black and cream look like in the picture above, or find something that's bright neon pink!

#### 4. Hair accent:



Hair feather accessory. Photo: Pinterest / @Marilyn19032002

Probably one of the oldest feather accessories in existence, adding a feather to your hair can make you feel chic boho or whimsical without much effort. You can either tie one feather (like in the picture above) or get some clips that have feathers attached to them. Wearing them as an accessory this way might seem more natural if you don't like the other ways the trend has been gaining popularity.

#### 5. Earrings:



Feather Earrings Photo: Instagram / galinashandmade

This playful accessory will dance on your neck and is sure to catch some attention with a messy updo. You can choose feather earrings with a few feathers dangling at the bottom, find a set that has multiple colors, or one single feather to float around your neck if that's more your style. Earrings are another great simple statement if you don't want to get crazy with feather coats or skirts.

Do you plan on getting fun and flirty with this new fashion trend? Let us know in the comments below!

# Love Advice: Old-Fashioned Summer Fun





By <u>Sarah Batcheller</u> and Mara Miller

When you were a kid, there was nothing like summertime: no school for two months, water balloon fights, the classic Slip 'N Slide, and frequent pool days. Just because you're older now doesn't mean you and your boo can't enjoy some throwback fun! Follow this <u>dating advice</u> to enjoy all the summer activities you reveled in as a child.

### Check out this fun summertime date idea!

Water balloon fights are an excellent activity for a big group, so get your honey to grab his friends while you invite yours and initiate a water war on this weekend date idea. Pinterest has tons of ideas for planning an epic water fight, so all you need is a good-sized backyard and the will to clean up all the balloon scraps when you're done! Water balloon fights are the perfect opportunity for the two of you to be extra flirty as well. Take advantage of the constant surprise attacks and your sexy, soaking wet man!

Related Link: Relationship Advice: Should You Elope?

Slip 'N Slides may have been the token summer toy in the 90's, but they're still for sale. All kinds of Slip 'N Slides can be found on Amazon. They make a great gift, so you can surprise your lover with one and then put it to good use. Chances are, you'll start reminiscing about the fun times you had playing on a Slip 'N Slide as a kid, which will make for an especially romantic date. Don't fret if it's rainy outside: The Slip 'N Slide is fun in the mud too!

Related Link: <a href="Date Idea">Date Idea</a>: <a href="Spend">Spend an Intimate Night Indoors</a>

Let your inner child come out to play when you follow this love advice and visit your neighborhood pool. Sunbathing is fun, but laying there in silence next to your partner isn't as exciting as a splash fight or ordering ice cream cones from the snack bar. Indulge in all the things you would've enjoyed when you were younger, and you'll both be overcome with giggles — which we all know is the way to bond. If you want to spend the entire day at the pool, pack a picnic, books, and water guns. You'll never have a moment to be bored!

What were your favorite childhood summer activities? Tell us

# Father's Day Date Idea: Gone Fishing





By Amanda Boyer and <u>Mara Miller</u>

Instead of celebrating Father's Day with just you and your pops, consider this <u>dating and relationship advice</u>, and make plans with your partner and his dad, too. To make this special day even more memorable, plan a fun day doing something you know your fathers will love: fishing!

### Take Your Dads Fishing on This Fun Date Idea

On this weekend date idea, enjoy the beautiful summer weather while you hang out at a nearby pond, river, or lake. Be sure to make preparations ahead of time: Rent a boat or other equipment you may need; fill your tackle box with all of the necessities (or buy a pre-packed box if you don't have one in the garage), and grab those fishing rods. Be sure to pack a picnic lunch too! Load up the car, and on your drive, play some music that you know your dads will enjoy. If it's still early in the day, pick up some coffee and bagels for breakfast.

Related Link: Best Celebrity Dads (Who Always Make Great Husbands)

If you've never been fishing before or don't remember the tips you were taught as a child, this date idea is the perfect time to learn from both your partner and your dad. Let them show you how to bait your hook (don't get squeamish!) and cast your line. Don't be afraid to ask questions too; they'll enjoy your interest in one of their hobbies.

Once you get the hang of it, have a competition between you and your dad and your partner and his old man. Ready, set, fish! See who can catch the most fish before lunch. If the fish are slow to bite, see who can hook the biggest fish instead. Take pictures to document your best catches. You can even pick a prize too, like losers have to pack up the gear at the end of the day and buy dinner.

Related Link: <u>Vanessa Lachey Explains Having Date Night on Father's Day</u>

While we're fans of catch and release fishing spots, if you want to keep your fish to eat later, they're sure to make a

great Father's Day meal. On the way home, stop at the grocery store to pick up some seasonings and sides. Grab your dads' favorite kind of beers too! Light up the grill and reminisce about your day as you enjoy the results of your hard work.

Don't forget to tell your dads how much you love them and thank them for being such great fathers. Talk about your favorite childhood memories and the most important lessons you learned from them. Happy Father's Day!

Have another Father's Day date idea? Comment below!

#### Date Idea: Finders Keepers





By <u>Sarah Batcheller</u> and <u>Mara Miller</u>

The beach is exciting and romantic no matter what, but if you've ever wanted to add an additional air of adventure to your trip, follow this <u>date idea</u> and try using a metal detector! You and your lover may find some hidden treasures while out and about...or, at the very least, find some less valuable trinkets to laugh about. Metal detecting is something we usually only see on movies and television shows, but in actuality, it's a beloved pastime for a lot of people, many of whom have found it to be very lucrative.

### Dating Advice for Your Next Trip to the Beach

If you are a frequent beach-goer, it's likely you have a routine down every time you visit the shore: Spread out the towel, lather on the sunscreen, hit the water, and then return to sunbathe. Why not add a bit of exploring to your next day at the beach? The level of anticipation will allow you and your honey to grow closer as the excitement grows too.

#### Related Link: Date Idea: All's Fair in Love

For this weekend date idea, you'll want to make sure you know how to use your equipment before you go searching in the sand. Talk to someone at the sporting goods or department store before going wild with your metal detector — you'll need to know all its features in order to achieve optimal results. Researching metal detecting tips beforehand will not only be fun for you and your sweetie, but it'll allow you to enjoy your day even more.

It's important that you pick a proper location when considering this dating advice. Head to a beach that is known to be crowded at times, but go during off-hours. That way, there will be more opportunity for precious metals to be lost, but you won't have to weave in and out of the crowd to find

them. Whichever beach you choose, consider speaking with the locals before digging in; they'll have more knowledge on where people have found impressive items in the past.

Related Link: Date Idea: Get in the Game

To make this date idea even more exciting, have a competition with your loved one to see who can find the most valuable or more ridiculous items. You can even compete to see who can bring back the best gifts for each other. If you really want to make a day out of it, invite other couples to join you in your treasure hunt.

Ever use a metal detector at the beach? Tell us what you found!

#### Date Idea: Mid-Year Resolutions





By Amanda Boyer and Mara Miller

It's hard to believe that the year is already halfway over! If you follow this date idea, you and your partner can read over your New Year's resolutions and recommit yourself to those goals. Maybe you have some mid-year resolutions to add to your list for the remainder of 2019, too.

# Follow This Love Advice and Set Goals for the Remainder of the Year!

First, rewrite your list by dividing it into two categories: those resolutions you've already completed and those you still need to do. Maybe you've lost those stubborn 10 pounds that you gained during the holiday season (go you!), but you're still not exercising enough. Follow this <u>love advice</u> and talk to your sweetheart about how you can each achieve your individual goals together. For instance, you can meet at the gym after work at least three days each week. Having a plan in

place will help you check these remaining resolutions off of your list.

Related Link: Love Tips & Romantic DIY Gift Ideas for Your Sweetheart

With this date idea, you can even start accomplishing your objectives right now. If you feel like you need an extra boost to get yourself to workout, download a fun, fast-paced playlist to listen to while you're running. If you prefer to use a treadmill, you can even purchase a season pass of your favorite show on iTunes. Then, only allow yourself to watch *Grey's Anatomy* or *Modern Family* while you're getting your cardio done. If a gym membership is too pricey for you, order a few new Jillian Michaels DVDs from Amazon.

Now that you're on track to finish your January resolutions, it's time to make some new ones, specifically ones to improve your relationship and love! Get creative and think outside of the box. If you're both into amusement park rides, plan to ride every roller coaster at your local park before the summer ends. If you're scared of heights, this weekend date idea is a great way to conquer your fear with your sweetheart by your side.

Related Link: Expert Dating Advice: How to Date a Coworker

Perhaps you have a more serious resolution in mind. If you need to add more money to your savings account each month, brainstorm ways to cut back. Promise to only eat out once or twice each month and think off ways to spend less at the grocery store. You can also come up with a list of cheap date ideas, like playing with puppies a nearby animal shelter or throwing the frisbee and enjoying a picnic in the park. If your mid-year resolutions allow you and your significant other to spend more time together, that's even better!

By Sunday evening, try to accomplish just one item on your list. That'll motivate you to keep the momentum going for the

rest of the year!

What mid-year resolutions will you and your partner make? Share with us in the comments below!