

Frankie Muniz Denies Being Suicidal During Fight With Girlfriend



Police were called to former *Malcolm in the Middle* star Frankie Muniz's house after a fight with his girlfriend turned serious, according to [People](#). His publicist girlfriend, Elycia Turnbow, told police that Muniz put a handgun to his head "possibly with [the] intent of committing suicide." The actor's rep countered, saying, "A gun played no part in the argument and was voluntarily given to the police for safekeeping... He was not suicidal." Ironically, Muniz was the one who called police to the residence, complaining that Turnbow was "throwing things and hitting [him]."

What are some ways to keep fights from escalating?

Cupid's Advice:

When things get heated between you and a partner, it's important not to lose control. Cupid has some tips on how to keep a lover's quarrel from turning ugly:

- 1. Think ahead:** Remember the last time you fought and you said things you wish you could take back? Next time, think carefully before you do or say something you'll regret later.
- 2. Slow down:** Take a step back from the situation before things get out of control. By pausing for a minute and taking some deep breaths, you can stop the fight from escalating.
- 3. Never resort to violence:** If you're feeling so worked up that you're considering physical violence, walk away from the situation immediately and tell your mate you can talk later, once you've both calmed down.