

Celebrity Break-Up: The Bachelorette's Luke Pell & Girlfriend Holly Allen Split Again



By

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In [celebrity news](#), *The Bachelorette's* Luke Pell and Holly Allen are calling it quits. According to *Usmagazine.com*, this [celebrity break up](#) isn't much of a shock. The [celebrity couple](#) seem to break up to make up often. Although Pell has dated other people on and off the screen, the couple always seem to find their way back to each other.

This isn't the first time a celebrity break-up has occurred between these two. What are some things to consider before having an on-again off-again relationship?

Cupid's Advice:

Sometimes space is needed in a relationship, but too much space can hurt your relationship. Cupid has some advice on some things to consider before having an on-again-off-again relationship:

1. Time: Having a permanent on and off relationship is never healthy. You can't spend most of your time broken up because it poses the question of why you are even together in the first place. When deciding to break up, make sure you pay attention to how much time you are spending apart. Remember, when you are apart, you are teaching each other how to live without each other. Be careful; you might end up falling in love with the single life instead of your partner.

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2. Respect: If you and your partner anticipate getting back together, make sure you both respect your relationship. A break is not meant for one or both of you to be out partying and hooking up with other people. Remember, a break is because things aren't working and if you are considering getting back together, then you need to spend the time working on yourself. Sometimes space is needed, but don't do anything you will regret.

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Compromise: Being in an on and off relationship is hard enough, but remember to work through the issues. Relationships are two sided so as you're working through things, keep in mind that sometimes you have to negotiate. While you shouldn't have to put up with disrespect or cheating, simple things like communication and quality time problems can easily be solved.

What are some things you consider when entering an on and off again relationship? Share below.

Celebrity News : 'Bachelorette' Contestant Luke Pell Says He Still Loves JoJo Fletcher





By

[Stephanie Sacco](#)

Fans of the reality TV show [The Bachelorette](#) saw the devastating send off of Luke Pell after [JoJo Fletcher](#) sent him home in fourth place following the hometown dates. According to [UsMagazine.com](#), even after the series came to an end and the *Men Tell All* special aired, Pell admitted to still loving Fletcher to this day. He said, "I still do love her. [She'll] always have a piece of my heart." In the latest [celebrity news](#), Pell told Fletcher he loved her right before she shipped him out. The look on his face said it all as he realized it was too late. This celebrity couple could have had it all, but unfortunately, they called it quits. Perhaps Pell will get another shot at love on reality TV. Fingers crossed!

This celebrity news has our hearts hurting. How do you fall out of love with an ex?

Cupid's Advice:

Falling in love can be new and exciting, but it doesn't always end well. In the end, sometimes half of the couple has a harder time finding their way out than the other, just like with this celebrity news. Cupid is here to help:

1. Find someone new: It doesn't always work wonders and it isn't instantaneous, but sometimes a distraction can help you move on. Whether it's a fling or a new boyfriend, it's something different. This is the way out of the maze of your feelings.

Related Link: [Celebrity News: 'Bachelorette' Contestant Robby Cries About JoJo Fletcher Hearing Rumors About Past Relationship](#)

2. Closure: Talking to your ex about the problems or realizing what went wrong in the relationship can help close off that chapter of your life. Get rid of all the old memories and mementos of the relationship and put it behind you. It'll be better in the long run if you get over them as soon as possible.

Related Link: ['Bachelorette' Star JoJo Fletcher Says Goodbye to Two Suitors Pre-Hometown Dates](#)

3. Time: Sometimes all it takes to fall out of love is plenty of time. You can't expect to move on completely right after experiencing heartbreak. Don't give up on love, but take a step back from it.

How do you shake off feelings for an old flame? Comment below!