

Celebrity News: 'Bachelorette' Hannah Brown Releases Intimate Details in Front of Peter's Mom!



By

[Katie Sotack](#)

The infamous *Bachelorette* windmill sex scene between Hannah and Peter was one of the most talked about moments this season. But according to *UsMagazine.com*, Hannah fudged the details. When facing off with Luke Parker, [The Bachelorette](#) confessed to having sex with Peter twice at the mill, yet apparently it was four times! Hannah announced this proudly in front of the studio audience, which included Peter's family. Still, despite (or maybe because of) the scandalous details, Peter's family could not have looked prouder as the audience

gave the pair a standing ovation.

In [celebrity news](#), Hannah Brown didn't hold any details back while talking to Peter on a recent episode of *The Bachelorette*. What are some benefits to being open about intimacy?

Cupid's Advice:

In our Puritan-grown culture, it's not wildly accepted to talk about intimacy in public. However, American youth culture is shifting to see the perks in being open and honest about intimacy. Here's how talking about intimacy can benefit yourself and others:

1. Normalization: Talking about intimacy normalizes said acts of intimacy. America's sensationalized media presents idealistic versions of sex and love, which do not match up with reality. With this idealized standard we rarely see an accurate representation of our own intimacy. The girl and guy are perfect, never having bad sex or weird sex. Not to mention a lack non-heteronormative relationships depicting physical love. Talking about sex and the intimate acts surrounding it can ease the tension our culture feels around sexual 'imperfections' which fall short of idealistic standards.

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2. Ease the guilt: There's a famous *Sex In The City* episode where Miranda takes a lover who's so petrified of sex being a sin, that after every time they've been physical he *must* run

to shower. Yeah, this was filmed in the '90s, but times haven't changed too much. *Bachelorette* Hannah Brown was thoroughly slut shamed by contestant Luke P. for enjoying sex with men she'd fallen in love with. By speaking out about her experience at the windmill while in a supportive environment she was championed for something that had once penalized her.

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3. Better sex: As sexologist Lindsey Doe likes to point out sex and sexuality are never one size fits all. But that's the way our culture likes to think about it, so partner's have been conditioned to fall short of our unique needs. Being open about your likes, dislikes, and experiences will not only work like a handbook for better sex but help to foster emotional intimacy between you and your partner(s).

Do you feel comfortable talking about intimacy? Share your comments below!

Celebrity News: 'Bachelorette' Hannah Brown Confronts Luke P. at 'Men Tell All'





By

[Katie Sotack](#)

This season's [Bachelorette](#) has been full of stories about Luke Parker. Yet, on Monday, [Hannah Brown](#) took the [celebrity breakup](#) narrative back and stood against Luke P's red flag behavior. According to *UsMagazine.com*, Hannah said she was "over being slut-shamed" and apologized to *Bachelor* fans for keeping Parker's face on their TVs for so long. Fellow contestants joined Hannah's #LukePIsOverParty with Devin coming on stage to confront Luke's need to control women to feel better about himself. As for Luke, he mostly minced words and contradicted himself in between commercial breaks.

In [celebrity news](#), *Bachelorette* Hannah Brown faced Luke Parker after the explosive end to their relationship. What are some ways to get closure after a

relationship ends?

Cupid's Advice:

At the end of the relationship, there are steps to be taken to ease the painful process. Instead of wondering "what if?" find ways to deal with your feelings and move on. Here are relationship tips to find closure:

1. Wallow: In the wake of your devastating breakup give yourself permission to wallow for an allotted time period. Take Friday off and watch your favorite movies while binging on ice cream. Or, call up your mom and talk about what happened. Allow yourself to feel all the confusing and painful emotions that come with ending a relationship so that you can make peace inside your head.

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2. Seek socialization: After your weekend of wallowing, call your friends and go outside. Being around outside energy will widened your perspective and help you to see the world outside of your old relationship. Whether you want to go dancing or browse the local bookstore absorb the positive vibes around you and be mindful of the now.

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3. Talk to your ex: When the time comes, speak to your ex to find closure. This step should only be taken after you've processed the bulk of your emotions and can be trusted to converse calmly without blame or aggression. Meet for coffee or somewhere else public to discuss the demise of your situation. Go in knowing that the goal is not to get your relationship back but rather to hear out the other person and

grow from their experience with you.

How do you find closure? Share in the comments below!

Celebrity News: Luke P. Loses His Temper with Garrett on 'The Bachelorette'



By

[Katie Sotack](#)

The drama never ceases on this season of [The Bachelorette](#), and this week's episode was no exception. According to [UsMagazine.com](#), Hannah Brown was forced to make a hard decision between Luke P. and Garrett after their fearsome

fight. As usual, Luke had used the group date as a way to belittle the other men, and Garrett was fed up. After warning Luke that his “time was coming to an end,” Garrett ended up with a lap full of bologna as Luke P. screamed in his face. The tension ran high at the rose ceremony when Luke P. and Garrett were the last two left without their red petals. Ultimately, Hannah gave a rose to Luke, who laughed as Garrett exited the set.

In [celebrity news](#), Luke P. lost his cool with Garrett in the most recent episode of *The Bachelorette*, showing his true colors. What are some ways to handle an angry partner?

Cupid's Advice:

In any relationship, romantic or otherwise, anger is normal. Feelings of resentment, jealousy, or sadness can bubble up in a red hot rage. Knowing the right course of action to deal with an angry partner can be a challenge. Here are tips to calm the emotional forest fires in your partner:

1. Be patient: When your significant other is losing their cool it's important to remember this isn't about you. It can be easy to take offense to yelling or hurtful tones, but instead focus on what they're trying to say. Chances are they're truly hurt and not expressing it properly.

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2. Respond in kindness: Because anger is symptomatic of inner

pain, be kind toward your hot headed lover. Let your S.O. know that their emotions are valid and they are still loved. Meeting anger with warmth may help condition the insecurity that lies beneath.

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3. Know when to call it quits: If your partner's always operating at the red hot level and you're left feeling hurt, it's time to end it. Anger is a normal response in small doses. However if your partner's always running off the rails and you feel more bullied than loved, it's not healthy. You can't fix someone's emotional baggage, no matter how much you love them, and if this anger is dragging you down it's time to go.

How do you deal with an angry partner? Share in the comments below!

Celebrity News: 'Bachelorette' Hannah Brown Considers Quitting the Show After Luke P. Fight





By

[Mara Miller](#)

In the latest [celebrity news](#), Hannah Brown considered quitting *The Bachelorette* in the most recent episode after an argument broke out between Luke P. and the other men. Spoiler alert! According to *UsMagazine.com*, Hannah broke up with Luke P. during their one-on-one date because giving him the rose didn't make sense to her, but she later reconsidered when Luke P. came back to her to argue his case. Later in the episode, Garrett decided to confront Luke about lying to Hannah about various guys in the house, and shouting ensued. Hannah had to step in twice to intervene, and she became frustrated. In the end, Hannah broke down in tears and ended the cocktail party early. This season of *The Bachelorette* is already wrought with drama, isn't it? Devin, Grant, and Keven were all sent home.

**In celebrity
news, *Bachelorette* Hannah had a
stressful night on last night's**

episode. What are some ways to remain positive in the face of drama?

Cupid's Advice:

Poor Hannah dealt with a lot of drama after the men broke into an argument. Cupid has advice on how to remain positive in the face of drama:

1. Don't react: The person who started the drama is seeking attention. The best thing you can do is to not give them a reaction. This can be difficult when you really want to give them a what-for over their behavior but it will keep the situation from becoming worse.

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2. Accept that drama happens: It never fails—someone misunderstands, so a huge argument breaks out. One way you can remain positive is to realize this happens occasionally and it's not your fault if you have tried everything you can to avoid it.

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3. Remove the drama from your life: This can be a difficult thing to do. If someone in your life is a drama seeker, you might care about them deeply, but drama runs in cycles. The best thing you can do is evaluate the situation. If you think the person causing the drama isn't going to stop then the best thing to do is to remove it from your life. Your well-being is far more important.

What are some other ways you can stay positive in the face of

drama? Let us know in the comments below!