### Celebrity News: Check Out Rebel Wilson's Video Valentine's Day Message to Justin Bieber





By Marc Malkin via E! News

New <u>celebrity couple</u> alert! Okay, maybe not, but Rebel Wilson is going after <u>Justin Bieber</u> in <u>latest celebrity news</u>. When the two recently met at the opening of <u>Jennifer Lopez's</u> Las Vegas show, the "Boyfriend" singer promised to hang with the Aussie funny lady. But it never happened. According to <u>E.Online.com</u>, "Perhaps the sparks will fly now with Wilson's very special Valentine's Day video message for the Biebs."

"Happy Valentine's Day, Justin," Wilson says in the video, shot at last night's How to Be Single premiere in New York City. "I'll be thinking about you. Not in like a weird way or anything. Just like in a fun way."

Related Link: <u>Justin Bieber Dating Selena Gomez 'Full-On Back Together' Again!</u>

Wilson continued, saying, "You are like the most eligible pop star out there right now and I'll just put this out there, I am the most eligible female Australian living in America and does international hit feature films right now and who is in the age bracket of 25 to 35," she said. "So just consider that."

Wilson ended the vid with a sweet wink of her eye, while cooing, "I think we're a good match."

Related Link: <u>Celebrity Exes Jennifer Lopez and Casper Smart</u>
Caught Kissing

So, Justin, if you're reading this, please give Rebel a call. We think you're a good match, too.

How to Be Single is in theaters on Feb. 12.

Happy Valentine's Day, everyone!

What are your thoughts on Rebel's Valentine's message? Sound off below.

## Relationship Advice: Are You Ready For Storybook Love?





By Elaine Taylor

A couple of decades ago, my dog was sprawled out snoring on the sofa, belly on a pile of unfolded laundry, tail stuck in an empty Ben & Jerry's tub. I was slouched beside her stroking her hindquarters, glumly ticking through the carcasses (figurative, not literal) that made up my dispiriting trail of my relationship roadkill. I had recently completed a reverse sprint down the aisle (not my first) with Peggy Lee's, "Is That All There Is?" echoing through my disenchanted heart.

Was I ever going to find a true love who didn't walk on four legs and woof for his breakfast? Here's what I found in the way of relationship advice.

Desperate for an answer, I took a jaunt into California woo-woo: went to see Allie B, astrologer/psychic. She closed her eyes, did that deep-breathing, blahblahblah chart-reading thing and assured me I was destined for the kind of love about which stories are written.

"But," she said, "not until you're ready."

Related Link: Relationship Advice On Finding True Love

Ready? My mani-pedi was fresh enough you could still smell the polish; I'd had a Brazilian so recently you could ... well, I'll let you come up with your own image. My roots had been darkened, my highlights brightened. How much more ready could one woman be?

"What the heck am I doing wrong?" I whined.

"Guess what, chickie-poo. Wrong question. Try asking, 'Why do I keep doing it wrong?'"

"0K, why?"

"I'm a psychic, not a mind reader. Go sort it out with your therapist."

Seriously? Ugh.

Related Link: Relationship Advice: 5 Ways to Unpack Relationship Baggage With teeth-grinding resistance, I trudged off to sit on Julia's couch and ask my why question. She countered with, "Do you love yourself?"

Uh oh ... Strong stench of psychobabble. I tapped my finger on my bottom lip. "Hmmmm. Do I love myself?" Was I supposed to? The concept alone made me squirm.

So I yuck-yucked and went with a wise-ass, "Oh, you mean self-love. Like they do in porn films. Kinda personal, don't ya' think?"

Julia gave me that undeterred shrink stare. I knew she could outwait me; and I definitely did not want to go where she seemed to be trying to lead. So I canned therapy and took another run at California woo-woo.

### Allie B said, "You want storybook love? Start with these three things."

- 1. Understand that emotions are an all-or-nothing deal: "You want the light, happy ones—like true love and contentment—you have to embrace the heavy, ugly ones. Heartbreak. Fear. Jealousy. Shame—the whole shtick."
- 2. Examine, from a different perspective, the stories you've always told yourself about the people who did serious damage to your little-girl psyche. "Those adults with all their human flaws? Their little-kid psyche was wounded, too, by someone who was supposed to love and protect them."
- 3. Knock down that barricade you built around you heart: "Confront the abandonment and betrayal and loneliness of your redneck-Texas, girls-aren't-worth-a-damn childhood." (Oh brother, not that cliché childhood thing, again.) "Unless you do all that," she said, "you won't be able to forgive. If you can't forgive, you'll never heal the wounds of the past. Until you heal the wounds the past, Prince Charming ain't GPS-ing you."

I argued, I fretted, I weaseled. But a few months later, my devoted four-legged love was diagnosed with cancer and soon after departed my world. Heartbreak, fear and loneliness crashed my heart defenses. I was on my emotional knees. I crawled back to Julia's couch and began to clean out the hurts and betrayals of the past. Both those done to, and by, me.

#### Over a years-long process I discovered three critical truths:

- 1. It is not possible to find long-lasting, deeply satisfying love until you believe yourself worthy of it. (Yes indeed, I had to learn self-love.)
- 2. As a woman clawing her way in a man's world, I defined "emotional strength" as all sharp-edges and impenetrable boundaries. I had to relearn that tenderness and vulnerability are the DNA of true emotional strength. When the time came, I used that strength to love Jake, a Ferrari-driving doctor who had once broken my heart. A man who, then on his deathbed, desperately needed to receive love, even as he could not return it.
- 3. I accepted and found peace with the fact that Allie B might be wrong. I might never have that storybook life hiding in her crystal ball. So what would I do with all the love my newly opened heart yearned to give? I stopped focusing on what I did not have . . . and sought a way to offer compassion and caring to those who needed it most. I began to volunteer at a homeless shelter for families—the kind of place that, but for the grace of God, I could have landed in my early, below-the-poverty-line, single-parent years.

As for that long-lasting, deeply satisfying storybook love? The psychic foresaw that it would come via a "karmic pact" between me and Jake, that dying man whose hands I cradled as he breathed his last breath.

Two years after his death Allie B said, "I was channeling Jake. He's sending someone who will love you for the rest of

your life. Someone who will love you the way you deserve to be loved."

Ten days later I was introduced to a man whom I never would have met had I not reopened my heart to Jake. This year we celebrate our fifteenth Valentine's Day together.

Thankfully, I was ready for love—I was ready for him ... when he found me.

Elaine Taylor is the author of KARMA, DECEPTION and a Pair of Red FERRARIS: A Memoir. She is a former IT headhunter and Contingent Workforce Management consultant. She served on the Board of Raphael House in San Francisco. She can be found at www.KarmaDeception.com.

# Relationship Advice: Stay "Kaptured" In Your Partners Arms With Kapture Audio





This post is sponsored by Kapture.

#### By Myesha Cobb

With the holiday season in full swing, it's easy to have a family meltdown or a fight with your significant other. According to Mathew Dooley, co-founder of Kapture, an audiorecording wristband that allows you to save and share moments in your life, the root cause of these fights is that people aren't listening. The technology of Kapture Audio allows you to "capture" the last 60 seconds of audio around you from the sleek wrist band design and allows you to save and send it to your smartphone. Once you hear something worth remembering — a great joke, a brilliant quote, or even a verbal contract - you can tap the watch in order to "capture" and it saves the audio from the last 60 seconds and stores it to your smartphone. You can also share, edit and publish the clips with the Kapture App. This technology can even save your relationship and love. Its inherent relationship advice is to become a better listener and a better partner this holiday season.

## Relationship Advice On Kapturing The Moments That Count

With Kapture, you and your partner will enjoy how easy it is to make memories that will last a lifetime! The wrist band has an all day battery life for those of you who are always on the go. It is iOS and Android compatible, has Bluetooth connectivity, an omni-directional mic, vibration and LED notifications and more. The wrist band also has a variety of color options to choose from. You can choose a color for the wrist band as well as a separate color for the grill. Our date idea is to wear the Kapture wrist band on your next night out. It's definitely a must-have for those couples on the go.

Related Link: Date Idea Amuse Your Date With Music and Games

Creators Mike and Matt believe that this will enhance moments and the relationships and love that matter in our lives. Our relationship advice is to use this technology to bond with your partner. Kapture says "I'm listening." Whether you're both in a coffee shop, walking down the street together, on vacation, or even hear a song that you both take interest to. This wrist band is more than just technology. It is something that you and your partner can create memories with as well as a hot playlist!

Related Link: Date Idea: Make The Perfect Playlist

Since the holidays are here, our love advice is to give this gift to your partner. This is something else to add to the list of things to do to keep your relationship interesting. It is going to add to the memories and fun outings between you and your honey!

For more information check out <u>Kapture</u>.

Generation Tux Launches Nationwide Search for First Couple of 2016 to Have Celebrity Wedding in Times Square





This post is sponsored by Generation Tux.

By Mackenzie Scibetta

Do you find yourself plagued with stress trying to plan you

and your loved one's wedding? Is it impacting your relationship and love? Hiring a wedding planner can be expensive so why not enter to win a once in a lifetime dream ceremony, envying any celebrity wedding, to be the first couple married in 2016! Sponsored by Generation Tux, an online tux rental company, the ceremony will take place in Times Square on New Year's Eve in front of the entire world.

### National Search For New Year's Eve Couple to Receive Their Own Celebrity Wedding

The "First Couple of 2016" contest is hoping to find America's most romantic couple, so for all you lovebirds out there this is your opportunity. The contest will take place until November 1. Couples can enter by creating a 60-second video describing why they deserve to have the most iconic, celebrity wedding of the year. The ceremony will mimic a scene straight out of a Hollywood relationship movie, having the CEO of Generation Tux, George Zimmer, officiating the ceremony. The two finalist couples will be announced on November 16 and will both be flown to New York City to participate in the festivities by receiving couples massages, VIP tickets to the Hard Rock Cafe New Year's Eve party, and overnight accommodations at The Chatwal.

The winner of the "most romantic couple" title will be announced right before the Ball drops at midnight. They will then exchange vows in front of millions of excited Americans. After the whirlwind ceremony the newly-wed couple will go on a seven-night honeymoon at Moon Palace Golf & Spa Resort, a five-star Palace Resorts hotel in Cancun, just like the best celebrity vacations. Even the runner-up couple will get to feel like royalty as they will also enjoy a three-night honeymoon.

To submit your love story and enter to win a wedding of a lifetime, couples can visit www.firstcoupleof2016.com. For more information on Generation Tux, visit www.generationtux.com.

## 10 Body Language Signs That Mean He's Into You





By Mackenzie Scibetta

Some women spend their whole days trying to decipher the puzzling mind of a male, only to discover that he's just not interested in them. This tiresome task of guessing, decoding

every text and possibly even following his every move, will only lead you to exhaustion. Relationships and love shouldn't require this much work because men are not as complicated as we would like to believe. A simple, almost transparent, way to tell if a guy is interested in you is by reading his body language.

# Cupid is here with some dating advice in the form of 10 major body language signs that show your guy is crushing on you:

- 1. Dilated pupils: Pupil dilation can occur for a number of reasons, but one of the most common is when the mind sees something it finds attractive or interesting. Subconsciously, your man's eyes will light up just at the sight of you. Interestingly enough, pupil dilation also occurs during physical pleasure.
- 2. He leans towards you: While listening or talking to you, he might start to slowly lean closer to you, which is a good sign that can be read as "I want to get closer to you." At first it might just be a tilt of the head, but this can eventually lead to the rest of his body shifting toward you. On the contrary, if he's leaning far away, that could mean he's not interested.
- 3. He puts his hands on his hips: If both hands are placed on his hips, then this is known as a male power signal. The point of this is to draw your attention and prove he is the most masculine guy in the room. If his arms are crossed, however, this is a bad sign that could mean he's bored.

**Related Link:** <u>Dating Advice: 7 Things All Healthy</u> Relationships Require

4. He raises his eyebrows a lot: Eyebrow raises can sometimes

be mistaken for confusion or skepticism, but they actually can mean he likes what he's hearing or seeing. Similar to how our eyes widen when we're engaged and excited, our eyebrows will follow that pattern.

- **5.** He is angled towards you: Often times our feet will naturally point toward where we want to go without us even noticing. Take note of where your man's feet are heading and if it's toward you, then you're in luck!
- 6. He makes good eye contact with you: You don't want him to stare at you awkwardly the entire date, but you also don't want him browsing through his phone the whole time either. Ideally, he will be so absorbed in what you're saying that he will gaze into your eyes often. Prolonged eye contact shows he is comfortable with you.

Related Link: Love Advice: What Your Sleeping Position with Your Partner Says About You

- 7. He mirrors your body language: This is another subconscious act that happens when your mind is engaged in a conversation or you're listening intently. This shows he's focused on you and can't wait to hear what enticing things you have to say next.
- 8. He fixes himself: If you frequently catch him putting a stray hair back in place or re-tucking his shirt, this could mean he cares about what you think of him. He's grooming himself for you so you will take special notice of him.
- **9.** He laughs a lot: If he likes you, then he will probably smile more than the average person. This includes laughing at all of your corny jokes and even laughing at his own.. After telling a joke, he will probably look at you to check if you're laughing too (even if the joke wasn't funny).
- 10. He gives you genuine smiles: A true, meaningful smile will show throughout his entire face. Although it's comforting if

he pretends to smile at a dumb joke, it really means he likes you if you see a genuine smile.

What signs do you give off to let a guy know you're interested in him? Comment below.

### Relationship Advice: 5 Ways to Know Your Partner is Lying to You





By Molly Jacob

Maybe you don't like the chicken carbonara your spouse makes, or maybe your hubby could stand to lose a few pounds if he wants to wear his college sweatshirt in public. There are certain white lies you can tell in a relationship without sacrificing the trust you two share. But with relationships and love, honesty and trust is essential to a healthy relationship. If you have suspicions that your partner isn't being totally honest, you owe it to yourself to evaluate your relationship.

# See Cupid's five pieces of relationship advice to help you tell when your partner is lying to you!

- 1. Lack of eye contact: If your partner avoids eye contact with you, especially when he or she is telling you were they were last night, this could be a sign that they're lying to you. People know that eyes are the window to the soul, so if they're hiding something from you, they will avoid looking you straight in the eye.
- 2. Aggression: You ask to see your spouse's credit card bill to calculate next month's budget. She responds by screaming at you and throwing a fit not exactly a normal emotional response. If your partner responds aggressively or way too emotional to simple requests from you, they may be hiding something from you.

Related Link: Love Advice: What Your Sleeping Position with Your Partner Says About You

3. Protective of technology: Your partner may have a passcode on his or her phone or laptop, which is perfectly fine. But do they refuse to tell you what that passcode is, but won't

explain why? Are they fiercely protective of their text messages and Internet search history? Relationship advice: there's something they're hiding from you.

4. Over-explaining: Something as simple as letting you know that they went to see their mother last week shouldn't require an hour-long explanation. If you find your partner is going on and on about how they don't actually find their co-worker attractive or that they REALLY weren't at the bar last night instead of the office, it's good dating advice to see what they might be keeping from you.

Related Link: Relationship Advice: Signs You Really Need Couples Counseling (and Why It's Not a Bad Thing!)

**5. You feel off-balance**: Trust your gut. If something feels off with your partner, it probably is. With relationships and love, it's a great idea to trust your intuition.

What are other signs that your partner isn't being truthful? Let us know in the comments section below!

## Dating Advice: 7 Things All Healthy Relationships Require





By Molly Jacob

Are you in a relationship and love, but aren't sure whether it's healthy or not? Or are you on the lookout for someone that can make you truly happy? It's hard to get caught up in your own checklist about what makes your relationship a good one: your parents like him or her, you have fun going out with mutual friends, or you like living together. So, it's time to take a step back and evaluate how well you treat each other and how much you value your relationship.

# See what dating advice Cupid has to dole out about what all healthy relationships need!

#### 1. Communication:

It's an often-stated but important aspect of healthy relationships and love: communication is key. Without communication, you are just two strangers sharing the same bed. You need to not only communicate about what's making you

happy or troubling you in your relationship, but also about your life outside the relationship. Let your partner know what's going on, what's concerning you, and what's on your mind!

#### 2. Intimacy:

With every relationship, some alone and intimate time is important. You both need to show your love in a physical way, whether that is in the form of a massage after a long day or a much-needed cuddle session. Dating advice: don't skimp out on this important alone time, even after a busy and crazy day full of kids, work, friends, and chores!

Related Link: Love Advice: 5 Signs You're in a Lukewarm Relationship

#### 3. Shared interests:

It could be that you both love to binge watch *True Detective* or workout together, but people in healthy relationships and love have shared hobbies. Find what you both have in common, even just a love of cooking, and spend your time together pursuing those interests!

**4. Openness:**If something's bothering you, say it. If you're concerned about your finances or some other aspect of your relationship, say it. Bottling up emotions and ideas that you know you should be talking to your significant other about can only lead to an explosion later on. Relationship advice: the topics you find most difficult to talk about are usually the topics you SHOULD spend time discussing with your sweetheart.

Related Link: Relationship Advice: 4 Reasons To Leave The Past
In The Past

#### 5. Love:

This may sound obvious, but every healthy relationship should have love. Not only should there be love, there should be expressions of love. This can be as simple as saying "I love you" once a day, but every relationship is different so make

sure you find how YOU uniquely express your love.

#### 6. Conflict:

This may sound counterintuitive (how can a relationship be healthy if you're fighting?) but healthy couples won't agree on everything. The fact that you two argue shows you care enough about your relationship to want to see it succeed. Relationship advice: instead of name-calling and bringing up irrelevant issues from the past, healthy conflict includes empathetic listening and understanding each other's point of view.

#### 7. Fun:

Life can be serious and difficult, so why not have fun in your relationship? Your partner is more than your spouse or girlfriend or boyfriend; they should be your best friend! Constantly find new adventures for you two to experience or ways to make menial tasks, such as doing the dishes together, fun. Life should be an enjoyable adventure with your partner by your side.

What other aspects do you find in your healthy relationships? Let us know by commenting below!

### Relationship Advice: How Can You Tell If Your Partner Is Having an Affair?





By Courtney Omernick

You've just found out that your significant other is having an affair; and it's something that you never wanted to hear. That being said, it can be worse wondering whether they're betraying you or not, and there are signs to look for in that situation.

Whether you're dating, in a relationship, or single, read these pieces of dating and relationship advice below on how to tell if your partner is having an affair.

It can be tough to tell if your partner is having an affair, and you don't want to wonder about it too much. Cupid has some red flags:

1. Their behavior changes: If your partner suddenly breaks an established routine or stops wearing their wedding ring for no reason, these could all be signs that he or she might be having an affair.

Related Link: Ben Affleck: Can You Forgive a Betrayer in a Romantic Relationship?

2. Showering/cologne/perfume: If your significant other comes home and showers right away when they work an office job, that could be a bad sign. If they smell differently when they come home, or if they're starting to buy new fragrances at the store, it's cause to at least check things out.

Related Link: Relationship Advice: Signs You Really Need Couples Counseling (and Why It's Not a Bad Thing!)

**3. Discomfort:** If your partner seems less comfortable around you and gets easily angry when they weren't in previous months, this could be a sign. If h also stops attending social gatherings with you, you may want to start asking questions.

What's your relationship advice for our readers? Have you ever found out your significant other was having an affair?

Share in the comments!

## Top 5 People Tools for Relationships and Love





By Alan C. Fox

I describe <u>relationships</u> and <u>love</u> as a "journey from me to us." As romantic as that sounds, it also implies a lot of hard work. Two unique people with distinct tastes, thoughts, feelings, ambitions, and personalities are now sharing a single life. And no matter how perfectly compatible you are, you're bound to face challenges along the way.

I'm a pragmatist at heart and so I like to use "tools" to help me navigate the challenging terrain of relationships and love. In fact I've developed many of them for my new book on relationship advice and love advice, *People Tools for Love* 

## and Relationships: The Journey from Me to Us.

Below are my top five pieces of relationship and love advice:

1. Be (not find) the right person: Many of us spend years of our lives searching for the perfect person to build a life with. But we're often disappointed to find that our prince or princess charming turns out to be imperfect. It's just as important to learn how to be the right person as it is to find the right person. Work on perfecting yourself, rather than endlessly searching for that perfect other.

Related Link: Love Advice: How to Make Your Partner Happy in 5
Minutes a Day

2. The Best Defense is No Defense: While having a strong defense is helpful on the battlefield, being defensive in your relationships can cause serious problems. If your partner is upset with you or offers criticism, rather than automatically defending yourself, try adopting an "intent to learn," and quietly listen to their point to learn what they have to say.

Related Link: <u>Dating Advice: 10 Kissing Tips to Read Before</u>
Your Next Makeout Session

- 3. It's a Movie, Not a Snapshot: It's all-too-easy to lose sight of the big picture during times of emotional strain and conflict. In times like these you need to remember that your relationship is more like a movie than a snapshot. It's a series of events and memories, and not a single particular event.
- **4. More Is Not Always Better:** I often refer to relationships as "a journey from me to us," because sharing your life with another requires surrendering a degree of your independence. Each of you should maintain your own interests, hobbies, and

time to yourselves.

**5. Apologize:** This is the simplest and most effective thing you can do when fighting with your partner. Yet it's often the most difficult, especially when you're convinced that you're right, which is most of the time, if not always. You have to put aside your pride and be willing to compromise on some points, even when you feel strongly about them.

Alan C. Fox is the author of "People Tools for Love and Relationships," as well as two other bestselling People Tools books. He is a real estate investor, philanthropist, mentor, and founder of Rattle poetry journal. Visit www.peopletoolsbook.com.

# Relationship Advice: Signs You Really Need Couples Counseling (and Why It's Not a Bad Thing!)





By Molly Jacob

Sick of all the fights, cold shoulders, and disappointments in your relationship and love life, but still think it's worth saving? It may be time to visit a therapist with your significant other, and in terms of practical <u>love advice</u>, that's not necessarily a bad thing! Going to counseling is one of the best ways to save your relationship, and you might find that your it becomes stronger after this rough patch is over. But, how do you know if you need couples' counseling?

# See what relationship advice Cupid has for you as signs that you really need couples counseling!

#### 1. You're not as affectionate:

If you've been less intimate or less emotional with one another, it may be time to go visit a therapist. Every couple goes through dry spells, but usually a lack of intimacy is the

sign of a deeper issue, such as a lack of trust or comfort in the relationship.

Related Link: Love Advice: 5 Signs You're in a Lukewarm Relationship

#### 2. You keep things from another:

Relationships and love thrive when you are open with your partner. If you're keeping things from him or her, such as hiding the credit card bill, it could be a sign your relationship isn't healthy. It's important to see a therapist who can help you open up to one another, something that can be accomplished with more trust, understanding, and communication.

#### 3. You think the OTHER person is the issue:

Not being able to recognize that there are two sides to every story could be a reason your relationship is in trouble. Yes, it may seem like your partner is the one who has been causing problems, but it's important that you take a look at yourself and see where you can improve, too. Relationships and love are all about compromise, so look to a therapist for relationship advice about how to achieve this balance.

Related Link: <u>Paula Patton Says "Passion" is Key to a Successful Relationship</u>

#### 4. You don't speak up:

The classic love advice about communication being the key to a healthy relationship is true. You may feel as though there is an issue in your relationship, but you keep it to yourself because you are afraid of the fight that could happen if you speak up. No one should feel this way in a loving relationship; you should feel comfortable enough to express your feelings. A therapist can give you the love advice you need to find your voice.

#### 5. You think about having an affair:

You could just be fantasizing about that coworker and have no plans on acting on your thoughts of infidelity, but even just thinking about being unfaithful is a clear indicator that you should go to counseling. When you have an affair, it's usually because there's something lacking in your relationship, something you need from them that you just aren't getting. A therapist can help you identify this issue and communicate it to your partner so you can work to save your relationship and love.

What other signs are indicators that you need couple's counseling? Let us know by commenting below!

# Love Advice: How to Make Your Partner Happy in 5 Minutes a Day





By Molly Jacob

From work to social lives, our days can get pretty hectic. Although we love our partners more than anything, some days we just don't have enough time to give them all of our attention. With relationships and love, it's still important to give your sweetheart small, but significant reminders of your love every day. Need dating and relationship advice about how to do that?

## Cupid has love advice about ways you can make your partner happy in just 5 minutes a day!

#### 1. Give a massage:

Your baby has had a hard day at work, so giving a quick back or foot massage is sure to make his or her day. Giving a massage without them having to ask for it is sure to win you brownie points with them, too.

Related Link: Relationship Advice: 4 Reasons To Leave The Past

#### In The Past

#### 2. Do the dishes:

Even if you're tired at the end of the day, doing the dishes should take you no more than five minutes, and it's sure to make your significant other's evening much more relaxing if they see that the dishes have been taken care of after dinner. You could do any sort of similar chore around the house, which would just as well add happiness and gratitude to your relationship and love life.

#### 3. Give a gift:

This gift doesn't have to be a big or extravagant one; it can simply be a candy bar or latte you picked up on the way home from work. Your sweetie is sure to love a treat, and little gifts are an easy way to add a nice surprise to your partner's day.

Related Link: <u>Couples Therapy: A Way to Rebuild a Struggling</u>
Relationship

#### 4. Send a cute text:

Throughout the day, send a couple cute texts, such as, "How did your meeting go?" and "You're amazing!" These little reminders of your love don't take much time or effort, but really show you've been thinking about them. It's good love advice to always make sure your significant other knows how much you mean to them!

#### 5. Say "I love you":

This won't take any longer than a few seconds, but it's definitely a fantastic way to strengthen your relationship and love life. Your partner may know you love them, but it's still always important to say it out loud, and often. Love advice: you can never say, "I love you" too much!

How else can you make your partner happy in just five minutes a day? Let us know in the comments below!

## John Green Chick Flick, 'Paper Towns,' Hits Theaters





By Courtney Omernick

In the new movie *Paper Towns*, which hits theaters on July 24th, Margo loves mysteries so much that she decides to become one. After taking her neighbor, and crush, Quentin, on an all-night adventure, Margo disappears and leaves behind clues for Quentin to decipher.

## The search leads Quentin and his friends on an exhilarating adventure.

#### Should you see it:

This relationship movie can definitely be classified as a thrilling chick flick! If you've ever worked hard to get someone to notice and like you, then you'll be able to relate to this film. The movie also features an exciting cast including Nat Wolff, Cara Delevingne, and Halston Sage.

#### Who to take:

This relationship movie/suspenseful chick flick would be great to see with your friends or significant other.

#### How do you stand out for your crush?

#### Cupid's Advice:

Nowadays, with so many distractions out there, it can be hard to get the person you like to notice you. You might have tried playing hard to get, a different outfit, or rearranging your schedule. If all of that has lead to zero results, see our advice below!

1. Be attentive: Conversations are a two way street. Don't play hard to get. Ask questions, answer questions thoughtfully, engage in eye contact, and put your phone away!

Related Link: Latest Celebrity News: Liam Hemsworth Is Hooking
Up with Co-Star Maika Monroe

2. Let your guard down: Past relationships or bad dates may have left an awful taste in your mouth, but don't assume that they person you're with is just like "all the rest." And, under no circumstances should you bring up your dating

troubles around your new date.

Related Link: New Celebrity Couple: 'Glee' Star Dianna Agron
Is Dating Mumford and Sons' Winston Marshall

**3. Stop texting:** Don't base your new found relationship off of text messages, instant messages, and emails. Make sure that the majority of the time communicating is spent face-to-face or talking on the phone or through skype.

How did you stand out for your crush? Do you have some love advice for our readers? Comment below!

# Relationship Advice: A Couple's Guide to Better Arguing





By Courtney Omernick

So many people have dating and relationship advice for every aspect of your courtship. However, some are stumped when it comes to having a great plan for arguing.

## Below are a few pieces of love advice for creating the best outcome in your arguments.

1. Stay Calm: It's easy to get flustered and upset quickly when you're trying to prove a point and you feel like you're not getting anywhere. But, the worst thing you can do is scream or throw a temper tantrum. The other person is feeding off of your energy. Stay calm, and hopefully they will too.

Related Link: Pros of Breaking Up in a Social Media World

2. Don't insult the other person: Avoid saying anything to the other person that may be taken as an insult. When people are

angry, they are much more sensitive and can take even a side comment as an insult.

Related Link: Top 5 Most Shocking Celebrity Couple Affairs

3. Tell the other individual that you're going to listen to and respect them: Things are about to get heated. The other person needs to know that you're going to do your best to listen to what they have to say. Remember, the other person feels just as strong about their opinions as you do about yours.

What love advice do you have for couples out there? How can they argue more effectively? Comment below!

## Actress Beth Littleford Adopts a Baby Girl





Crazy, Stupid Love actress Beth Littleford is a new mom. Littleford, 43, and husband Rob Fox adopted daughter Halcyon "Hallie" Juna Fox, reports <u>UsMagazine.com</u>. Hallie was born Friday at 1:05 a.m., weighing 6 lbs. 9 oz and measuring 18" long.

What are some reasons to adopt a baby?

#### Cupid's Advice:

Adopting a baby can be just as rewarding as giving birth to a baby of your own. Here are a few reasons to adopt a child:

- 1. You can't have children of your own: No matter how hard you try, it's very possible that you may never get pregnant. If you are having difficulty having children of your own, contact an adoption agent.
- 2. You don't want to wait for marriage: Many women want to become mothers, even if they aren't married or in a serious relationship. Single mothers are becoming more and more common, so adopting a child may be easier than you think.

3. Do a good deed: There are many children in the world without a home, especially in countries like Russia, where orphanages have to turn away children once they turn 16. Visit an orphanage or contact an adoption agent to adopt a baby that is in need of a home.

Have you ever considered adoption? Feel free to leave a comment below.

### Crazy Stupid Love featuring Steve Carell, Julianna Moore, Ryan Gosling and Emma Stone





Cal Weaver (Steve Carell) and his wife Emily (Julianna Moore) live a great life together — that is until she admits she had an affair and wants a divorce. Now Mr. Weaver is off to play the single world with some help as he plays wingman to Jacob Palmer (Ryan Gosling), a handsome player. Sure the makeover is helping Weaver play the field, but one thing that didn't change is his love for Emily.

#### What are the best ways to handle a break-up?

#### Cupid's Advice:

Everyone responds differently when a relationship ends, but there are somethings to consider. Cupid's got some answers.

1. Patience is a virtue: Although there's no scientific method to determine the "mourning period," rushing into another relationship can be a quick fix, but in the end is more damaging.

- 2. Soul-searching: Take the "mourning period" to focus on yourself; evaluate your past relationship and find out what you've learned and what you can do differently when you are once again ready to date.
- **3. Closure is crucial:** Whether it's getting your favorite shirt back or keeping distance for a long time, it's important to close the door on your relationship. Nobody wants to date someone else while they are thinking of a past lover.

Release Date: July 29

Cupid's Rating: 4.5/5

#### Our 5 Best Summer Date Movies





By Diamon Hall

Going to the movies is a reliable, low-key date idea. However, they might be more enjoyable if the film has a love or relationship theme to it. Want to know our top picks for you and your honey to look forward to this summer? Take a look at these five, which are sure to get your hearts' melting:

- 1. The Ledge (July 8): Terrence Howard stars as a police officer named Hollis in this sexy and suspenseful thriller. Gavin, played by Sons of Anarchy's Charlie Hunnam, is tangled up in a love affair with his evangelical neighbor's wife Shauna (Liv Tyler). Suspense comes into play when Gavin is reeled into a life or death situation by Shauna's husband, Joe (Patrick Wilson). Hold onto your date until the end of this romantic thriller.
- 2. Friends With Benefits (July 22): This comedy stars Justin Timberlake as Dylan, a potential recruit who gets reeled into the Big Apple by headhunter Jamie (Mila Kunis). Despite their immediate attraction to each other, they realize they're

everything they've been running away from in a relationship. Deciding to keep it strictly physical, this sexy duo learn that a "no strings attached" affair is almost impossible.

- 3. A Little Help (July 22): Dental hygienist Laura Pehlke (Jenna Fischer) not only loses the love in her marriage, but also loses her husband to a heart abnormality. Her mother, Joan (Lesley Ann Warren), and sister, Kathy (Brooke Smith), step in to help and offer advice on how to cope with her husband's death and deal with her angry and hostile son, Dennis (Daniel Yelsky). In the midst of all the confusion, Laura discovers that the only person she can truly confide in is Kathy's husband, Paul (Rob Benedict), who's had feelings for her since high school. Twenty years later, circumstances draw them closer to each other despite their obvious complications. Watch to see how this craziness ends.
- 4. Crazy, Stupid, Love (July 29): In this comedy, Cal Weaver (Steve Carrell) is in his 40s and life couldn't possibly get any better for him. After all, who wouldn't want to have a good job, big house, great kids, and married to his high school sweetheart? Unfortunately, his dream life quickly takes a turn for the worst when he discovers his wife cheated on him and wants a divorce. However, this corny guy can barely snag a date. Friend Jacob Palmer (Ryan Gosling) happens to be a player and tries to work his magic and get Cal to score with the ladies. See what happens when Cal realizes that no matter how he tries to change, his heart is one thing that can't be replaced and it seems to keep leading him back to where he began.
- **5.** *One Day* (Aug. 19): After only one day together (their college graduation), Academy Award nominee Anne Hathaway and Jim Sturgess (*Across the Universe*) begin an undying friendship. Their characters, Emma Morley and Dexter Mayhew, keep their friendship alive by remembering key moments of their relationship every July 15. But somewhere between their laughter and tears, the two discover what that graduation day

really meant to them, which leads to a renewed passion for life — and love for each other.

Hopefully this list provided you with some good movie date ideas. Let us know what you think of each movie after you've seen them in a comment below!