

Date Idea: Garage Sale



By Ann Luther and [Mara Miller](#)

This weekend, embrace the traditional activity of spring cleaning and host a garage sale together. For this date idea, advertise throughout your community to get rid of all of the clutter in your homes to make way for the new memories you'll create together. Throwing away, giving away, or selling the items that made up your past says to your partner that you're ready for your future as a couple. It's tough to let go, but you're not using all that old stuff for a reason and if this task seems impossible, you can always hire a [home cleaning service](#) to help!

Do Some Spring Cleaning With This Weekend Date Idea

Cleaning out your closet can be fun too! Put on a fashion show before you get rid of out of date clothing. You and your beau can laugh at all of those oh-so-wrong statements you made. You can also give your partner a look into the life you lived before you met him, which is another special thing to share.

If you're thinking of moving in together, follow this [expert dating advice](#): Make a list of all the essentials you both have at your respective residences. You won't need two things like vacuums, brooms, dust pans, dish drying racks, tool boxes, shower curtains, and sets of pots and pans. Keep the best of everything (just like you do in your relationship!), be rid of the rest, and make enough money to go to a fancy restaurant after the garage sale is over.

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This weekend date idea allows you to soak up the magnificent weather by getting out and plastering your town with flyers about your garage sale. You might make a competition out of it: See who can post flyers down either side of the block faster. Post a picture of the winner and the flyer on social media to advertise your sale and to show off your happy relationship to your friends and family. To further your sale's exposure, Garagesalestracker.com is a great forum to inform the surrounding areas that you'll be open for business.

Related Link: [Date Idea: Personal Spring Cleaning](#)

On the afternoon of the sale, bring out some speakers and a bottle of wine to make the long day more bearable. The fun atmosphere will bring more people to your lawn, and you can dance with your man in between transactions. Whatever you

don't sell, you can donate to Goodwill, The Salvation Army, or another charitable organization. Thanks to this love advice, when the day is done, you'll have more space, more money, and more fun memories.

Have you ever gotten rid of junk to make space for your partner? Share your stories below.

Expert Dating Advice: How To Put Yourself Out There After A Break-Up



By [Megan Weks](#)

After having my heart beaten to a pulp too many times in my life, I've learned a valuable lesson: there's no time like the present to get back into the saddle. But before you get too skeptical, hear me out on this [expert relationship love advice](#). Trust me, I'm a [relationship expert](#).

Expert Relationship Advice to Help You Move On After a Breakup!

Of course it's good to take some time and heal. I'm not advising you to push past your feelings and not acknowledge them. In fact, it's an absolutely necessary part of the healing process. Lay in bed for a weekend. Cry. Watch all 94 episodes of Sex and The City. Wallow in enough cute animal videos to comfort you for a lifetime.

But then get back out there! This time do it with patience, an open heart, and with the goal of simply learning. You're out there only to learn and explore, to figure out how to improve upon what went wrong with the last relationship. Do you need to shift some criteria around to find a better match? Find your clarity through exploration.

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Here's the loophole. You don't necessarily have to date others to start dating. I want you to date yourself. Yes, yourself! Start filling up the time you used to spend on your relationships with creative ways of pampering and bettering yourself or just plain pleasuring yourself in any way you can think of. It's healthy to bring pleasure to yourself.

Maybe you're feeling lesser or you've lost some of your glow because a person you loved is leaving your life. Keep in mind you have the power to ignite your own glow! As soon as you're

able to get out of that bed, it's your challenge to cultivate your spark again. If you're finding that you're luck in love is not all that great and you seem to be facing a lot of let downs and broken hearts, it's time to look within.

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There a few ways you can increase the quality of your relationships. You can deepen your relationship with yourself through self-nurturing, become a more multifaceted person with more to offer as a partner, and you can increase your relationship skills. There is not a better time to work on these things than when you are grieving and taking a deeper look within.

When you live your life knowing YOU are in control of your joy and happiness, you will be able to cultivate it on your own without a partner. You will begin to have a greater chance of attracting a true and incredible partnership with someone else in the process. When two halves are out there looking to form a whole... that is not when the most idealistic partnerships are formed.

After heartbreak, it may take time to become whole again. Become the greatest whole you can be and you'll be well on your way to attracting an even higher quality relationship than the one you're grieving today.

For more information about dating expert Megan Weks, visit her [website](#). For more relationship advice articles from Megan, click [here](#).

Celebrity News: Ronnie Ortiz-Magro Still Loves Ex Sam 'Sammi Sweetheart' Giancola



By [Jessica Gomez](#)

In [celebrity news](#), Ronnie Ortiz-Magro allegedly still loves his celebrity ex Sam Giancola. According to [UsMagazine.com](#), a source stated: "Ronnie still loves Sam. Everyone knows it." This news comes after Ronnie's recent [celebrity break-up](#) with Jen Harley, who is pregnant with his first child. The celebrity exes broke up over the weekend via Instagram for all to see, apparently over the lack of faithfulness in the relationship from both sides. On an episode of *Jersey Shore Reunion*, Ronnie said that he wasn't planning on marrying Harley. The reason seems to be because she just isn't Sam.

Ouch! Sammi Sweetheart actually didn't go back to the *Jersey Shore* house because of Ronnie, and she is currently dating Christian Biscardi. We wonder where this whole situation is headed.

This celebrity news conveys a concept that many of are not foreign to. How do you deal with realizing you are still in love with your ex.

Cupid's Advice:

Sometimes it takes us longer than others to fall out of love with someone. It can depend on who that ex is, how the relationship was, or how it ended. However, cupid has some [love advice](#) on how to deal with still loving your ex:

1. Analyze your feelings and the situation: Be sure of what you feel. Sometimes we think we feel one thing when in reality we actually feel another. We are only human, so we do make mistakes. Also, evaluate the situation, think with your mind and not your heart. Only because you love an ex does not mean that you should be with them, or even have them in your life for that matter. Evaluate everything carefully.

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2. Keep busy: Be productive. Keep yourself distracted while bettering yourself, that's the best thing you can do after all. This can also detain you from taking any decisions that you may regret later. Give your mind some time away from your ex and do what you have to do. After giving it some time, take it from there.

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3. Get closure: When the time is right that is! Don't move too quickly. Sometimes what we want is to contact an ex, just for the hell of it. If you need closure, get some. Sometimes instead of closure, things may possibly get fixed, but don't go into it with expectations. After giving yourself the adequate amount of time and you're in a place that's as good as it's going to get for the moment, go for it.

What are some ways you dealt with realizing you still had feelings for an ex? Comment below!

Celebrity News: Blake Shelton Allegedly Throws Shade at Ex Miranda Lambert Via Twitter





By [Jessica Gomez](#)

In [celebrity news](#), Blake Shelton is feeling a way about his [celebrity break-up](#). According to [EOnline.com](#), Shelton went on a small rant on Twitter, one that looks to be aimed at his celebrity ex Miranda Lambert. The tweet read as follows: “Been taking the high road for a long time.. I almost gave up. But I can finally see something on the horizon up there!! Wait!! Could it be?! Yep!! It’s karma!!” Miranda has not yet responded to or spoke in respect to the tweet publicly. The former [celebrity couple](#) broke up earlier this month. Rumors circulated that it was due to Lambert cheating on Shelton with Anderson East. Ouch!

In celebrity news, Blake Shelton seemingly dissed his ex Miranda Lambert. What are some ways to fully move on from a bitter split?

Cupid’s Advice:

Fortunately, there are many ways to cope and move on from a bitter break-up. Cupid has some love advice on specific things to do to help you move forward:

1. Travel: Go somewhere new. Breathe in that different, fresh air. Experience a new culture and atmosphere, away from where all the negativity in your life dwells. Traveling is good for the mind and soul. It is a wonderful experience. Go alone or go with friends. You're sure to have a good time when you plan properly.

Related Link: [Celebrity Break-Up: John Cena Sends Messages About the 'Worst Day Ever' Post-Split from Nikki Bella](#)

2. Find a hobby you love and stick to it: What better thing to get your mind off negative than to find something you love and do it often. It's also productive, and depending on what it is, can help you in different ways. Shape your life differently by doing things that benefit you. Don't be afraid to experiment.

Related Link: [Why Sam 'Sammi Sweetheart' Giancola Avoided 'Jersey Shore: Family Vacation'](#)

3. Care for yourself: Eat well, exercise, stay on top of hygiene, and make sure to relax mentally and physically. Self care and self love are very important. If you feel like you don't have either, take strides into changing that, and you will see the positive change in your life unfold right before you.

What ways have you moved on from a bad split? Share below!

Why Sam 'Sammi Sweetheart' Giancola Avoided 'Jersey Shore: Family Vacation'



By [Jessica Gomez](#)

In [celebrity news](#), "Sammi Sweetheart" did not go back to *Jersey Shore: Family Vacation* because she was afraid that [celebrity ex](#) Ronnie Ortiz-Magro would try to get back together with her, according to [UsMagazine.com](#). On Thursday's episode, Ronnie went off about not caring about Sam not showing up because he has a baby on the way with his girlfriend Jen Harley. Deena Cortese, another *Jersey Shore* member and Sam's close friend had something to say in a confessional on the show: "Ron needs to stop talking about Sam and move the f--k on ... Sam told me that he used to call her on blocked numbers, and

used to like, be really weird. She was afraid she was gonna get in the house and he would get drunk and spiral and try and get back with her or something.” Arguments about Sam have erupted in the *Jersey Shore* house regardless of her not being present. The former [celebrity couple](#) are a topic of discussion because of their dramatic roller coaster relationship that kept fans watching. Let’s see if Sam decides to make an appearance after all.

In celebrity news, it seems Sam knows what she wants, and she doesn’t want to get back with her ex. What are some ways you know you should not get back together with an old flame?

Cupid’s Advice:

A lot of the time we think of reasons to get back together with an ex, but neglect to reflect on the reasons we shouldn’t. Cupid has some [love advice](#):

1. They’re involved with someone else: This is something that may seem obvious. However, there are some people that decide it’s time to compete and win their former lover back. This is not the best idea. Once someone is involved with someone else, it will most likely just bring problems into a relationship that you may rekindle. Just remember, if it’s meant to happen between you guys, it will.

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2. You have not forgiven them: If you have yet to forgive your

ex for any wrongdoings, then getting back together won't be the brightest idea. You will just have the same problems all over again, which is something you want to avoid. If you can't forgive, then it's time to move on – avoid yourself all the stress.

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3. They're still not trustworthy: If you can't trust them, then why go back to them? You would not want to enter a relationship with distrust, it just won't end well. It would be a different story if you didn't trust them before, but you feel like you can now. Remember, when there is no trust (for a good reason), it's best to keep things pushing.

What reasons did you have for not getting back with an ex? Comment below!

Celebrity News: Tristan Thompson Is Asking Khloe Kardashian for Another Chance After Cheating Scandal





By [Jessica Gomez](#)

In [celebrity news](#), new mom [Khloe Kardashian](#) has a big choice to make now that Tristan Thompson is asking her to give him another chance to make things work. According to [UsMagazine.com](#), sources have said that Thompson is currently emotional and remorseful and that Kardashian is likely to give him another chance. “Tristan is asking her to give him another chance and to give them time as a couple and a family to bond, especially with the off-season looming,” said a source. Another source added that Kardashian is willing to forgive him because of her unconditional loving nature. Let’s see what’s in store for this [celebrity couple](#).

In celebrity news, Khloe Kardashian may give Tristan Thompson a chance to fix things after his infidelity. What are some things to consider

before giving your partner another chance?

Cupid's Advice:

It can be hard to give someone another chance, but in certain situations we feel like it's the right thing to do. Cupid has some [love advice](#) on what to consider before going back to a partner who committed a transgression:

1. Can you actually forgive them?: Sometimes we jump too quickly back into a relationship when we have not yet forgave our partner. Although the road to forgiveness can be a long one, you should evaluate from now whether you really think you can forgive them. Sometimes all you need is time, and sometimes when it's over, it's over. Analyze, evaluate, and decide.

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2. Is there a good reason to give them a chance? This is when you have to think of your specific situation and feelings. What is right for you can be different from what you want, so choose wisely. Take the time you need to ponder this.

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3. Is this going to workout in the long-run? If not, you're just postponing the inevitable. Giving someone a chance means you will be putting in effort to move on from the indiscretion and patch things up. Be honest with yourself and know whether there is a future here or if you are just too scared to face all these emotions and the loss of your partner at the moment.

What are some things you considered before giving your partner another chance? Comment below!

Author Interview: Tonia DeCosimo Discusses Book 'Single & Not Settling!: A Journey of Surviving the Dating World'



By [Jessica Gomez](#)

Entrepreneur, author, and columnist Tonia DeCosimo pours out her heart in her new book [Single & Not Settling!: A Journey of Surviving the Dating World.](#) This memoir and self-help book

gives readers a look into the life of being a single forty-something searching for love in the 21st century. DeCosimo has experienced both serious heartache and blissful love, which motivated her to write her book for other women. Her memoir will speak to those who have been searching for love and to those who thought they found it but had to let it go. DeCosimo draws from experiences she has gone through and incorporates her professional background as a bi-weekly [love advice](#) columnist for *The Date Mix*, the web magazine hosted by *Zoosk.com*, one of the largest dating sites in the United States. *Single & Not Settling!: A Journey of Surviving the Dating World* is a wonderful summer read this year.

Check out our exclusive [author interview](#) with Tonia DeCosimo:

What makes the personal stories you chose to highlight in your book relatable to other women?

After talking with friends and interviewing multiple women, and even some men, who are single in the 21st century, common threads developed. They all felt that finding the right person has become very difficult and the ways to date have become very complicated (especially for those of us who are over the age of 40). Even though everyone's story is unique, I found many similarities to what I experienced in my dating journey. The particular details of my stories, however, are different which allows the reader to discover new hilarious and bad dating stories while still being able to relate to them. It also allows them to keep the faith and realize that there is a light at the end of the tunnel.

Which relationship do you discuss in your book that you feel taught you your biggest lesson? What was that lesson?

My high school first love, that I was with for 9 years, taught

me the biggest lesson. Even though you think you really know someone, trust them and are planning on marrying them, you may not know them at all! When he asked me to marry him and wanted me to pick out the ring, that very same day I found out that he was cheating on me. I was 23 years old, devastated, and realized from that point on, trust became something I could not take lightly and had to be earned. When we say we trust someone, do we really? And how do you know who you could ever trust? From then on, I learned to listen to my gut intuition, keep my eyes wide open, and be realistic when it comes to relationships.

What do you say to women who just cannot find “the one” to settle down with like you did?

No one ever knows who, when, or where they are going to meet “the one.” Some people’s lives follow their plan, while others take many turns and follow other paths. Keep an open mind, be realistic, and go about your life – while still making an effort to meet new people. Keep the faith and whatever is meant to be will be.

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No partner is perfect, so how should a woman decide whether she is settling or just compromising?

Settling is basically giving up and giving in, even though your needs are not being met. Compromising is meeting in the middle and understanding that not everything is going to go your way. When two people are in love, compromise is an everyday occurrence which for the most part, occurs naturally. Settling would be compromising your true self.

What are the top 3 deal breakers in a relationship? Is there ever a time a woman should adjust her deal-breakers when in a long-term committed relationship?

For the most part, deal breakers are different for everyone. There are certain ones, however, that are universal. The top three, in my opinion, are verbal and physical abuse, addiction, and chronic cheating. These three deal breakers should never be adjusted. While people have worked through a one-time affair, numerous affairs should never be tolerated. Only you can decide if one of your personal deal breakers is negotiable, given the circumstances of your current long-term relationship.

What do you hope women will do after they read your book?

I want women to take a realistic look at themselves and their relationship history. Look for patterns that have not been working and try and learn from your past experiences. Understand that no one is perfect, and you can't always judge a book by its cover. However, listen to your gut feelings and don't try to fight it. You should never have to settle, but sometimes you have to compromise. We are all on a journey and what makes your journey unique is by you staying true to yourself.

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If there was only one piece of advice you could give about relationships and dating, what would it be?

There is so much advice that I can give, as outlined in my book, "Single and Not Settling," but for me, the key is to not fight your own intuition. That gut feeling is God-given, and fighting it will always lead to disaster.

You can purchase [Single & Not Settling!](#): A Journey of Surviving the Dating World on [Amazon.com](#) and at [Barnes and Nobles](#). For more information on Tonia DeCosimo, check out her [website](#).

Expert Marriage Advice: Your Choice of Mate Can Make or Break Your Career



By Rachel Pace

Choosing a mate is one of the biggest choices you'll ever make. When you decided to marry your partner you probably never thought that this choice could make or break your career. It may sound extreme, but studies from Washington University in St. Louis show that your spouse's personality, namely a conscientious mate, may have a direct influence on how successful your career is. The same traits that you love in

your marriage may help you professionally down the line. Choosing a wife who is supportive or a husband who encourages you to do your best can make all the difference in your success. So, choose carefully!

Here is some of the best [marriage advice](#) for your professional and romantic future. These are the top personality traits to look out for when picking your life partner:

1. LOOK FOR... A Supportive Spouse: When choosing a mate, you weren't likely thinking about how their personality might affect your future career. After all, getting married is all about the initial physical attraction, following emotional attraction, and a strong love.

If you want someone who will be good for your career, follow this marriage advice: create a support system. This means you and your partner listen to one another, offer help, pay attention to your spouse's needs, laugh together, show love, patience, and always as a team. If you have a healthy support system at home you know that your partner will always be rooting for you through the good times and is ready to be your shoulder to lean on during the hard days.

2. AVOID... Jealousy: Marriage advice regarding jealousy usually goes a little something like this: "Jealousy is damaging to your marriage on a good day." A level of healthy jealousy regarding someone moving in on your spouse is normal. It is when jealousy moves into the realms of anxiety and control that it becomes damaging.

Telltale signs that your spouse is jealous of your career include the following: speaking negatively about your job,

trying to hold you back from advancing in work, and not showing any interest in your day. Career jealousy can happen for all sorts of reasons. Perhaps your spouse feels stuck in their own profession or wishes they had more time with you. Regardless of their reasoning, a jealous spouse can hold you back from advancing in your professional life.

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3. LOOK FOR... A Conscientious Mate: A conscientious mate is someone who takes great care and puts effort in whatever they do and are guided by a strong sense of right and wrong. A conscientious mate, for example, would tidy up the house without being asked. These scrupulous partners are great for both your marriage, your career, and your health. In fact, a 2009 study by the University of Illinois suggests that women who are paired with a conscientious husband experience added benefits to their health. In the 2014 study “The Role of Active Assortment in Spousal Similarity” research found that women typically listed traits such as conscientiousness and agreeableness higher in the desired partner than men did. The statistic mentioned at the onset, researched by Washington University in St. Louis, followed 5,000 married couples and looked at their measures of income, job satisfaction, and the likelihood of getting promoted.

The research found that those with conscientious spouses increased their chances of higher pay, increased job satisfaction, and were more likely to be promoted. Why? A conscientious mate knows how to take care of things. They do what needs to be done to care for your children, your home, and their own professional pursuits. They do this without being asked and likely without complaint. This personality trait allows you to focus your energy and attention on work pursuits. It also allows you to recharge and relax in your downtime. This is beneficial since the more you're able to wind-down at home, the happier you will be. This good attitude

then positively affects both your work capabilities and your marriage.

4. AVOID... Narcissism: You've likely met a few narcissists in your life. Hopefully, you aren't married to one. Named for Narcissus, a man who fell in love with himself and drowned in a pool of water trying to catch his own reflection, narcissism is not a quality you want in your mate. Especially if you want them to support your career goals.

Narcissism is marked by a person lacking empathy, quick to jealousy, a strong sense of entitlement, preoccupied with one's self and also their appearance, and a strong need for excessive admiration. This person believes they are special and deserve to be the center of attention. Research from the National Center for Biotechnology Information suggests that those married to a narcissistic partner will experience a decline in relationship satisfaction over time. Needless to say, a person with a narcissistic personality will not be interested in showing you and your career moves a wide array of support.

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5. AIM FOR... A balance in your Work-Life: Striking that perfect work-life balance is essential for maintaining a happy home while you pursue your career goals. When you come home, remember to leave work at the office. Your time at home is meant to be spent with your spouse, connecting, talking, and enjoying one another's company. Not answering work emails.

It's also important for you to show your partner that they are your number one priority. Even the most conscientious husband or wife can still feel left out if you've been focusing too heavily on your work. One way you can do this is by unplugging from your smart devices when you are home with your spouse. Listen when they speak, and make an effort to have a regular date night with one another. Taking care of your own needs and

desires is also important for a healthy work-life balance.

Choosing a mate is important. If you want to be successful in your career and in your marriage, choose your partner carefully. Look for a partner who is not jealous, who shows patience, empathy, and is conscientious. In return, make sure you are doing your best to create a work-life balance that contributes to a happy marriage.

Rachael Pace is a relationship expert with years of experience in training and helping couples. She has helped countless individuals and organizations around the world, offering effective and efficient solutions for healthy and successful relationships. She is a featured writer for [Marriage.com](https://www.marriage.com), a reliable resource to support healthy happy marriages.

Celebrity News: Bella Thorne & Patrick Schwarzenegger Dish on Relationship Deal Breakers





By [Jessica Gomez](#)

In [celebrity news](#), Bella Thorne and Patrick Schwarzenegger shared their thoughts on what makes and breaks a relationship, and it's good advice! Thorne and Schwarzenegger, who star in *Midnight Sun* which premiered on Friday, opened up about how their first crushes were the ones that taught them about their relationship wants and deal breakers. According to [UsMagazine.com](#), Thorne said: "If you're dating someone that's not going to motivate you or encourage you, don't date them. You should straight up just be out of the relationship right then and there. I dated somebody and sent him a song that I recorded and he was like, 'This is honestly not very good at all. I'm sorry. I kind of hate this song. You sound awful.' I was like, 'That feels like s-t. That hurts on the inside, man.'" "It's the worst thing when you're dating somebody who is just like, 'You're sh-t.'" Schwarzenegger agrees. "I think that having a significant other is meant to make you a better person and bring out the best in you and you bring out the best in them, he explains. "It's about surrounding yourself with people that root for you and expect more from you. I think those are the types of people you want to surround

yourself with.” Yep, that is good [love advice](#)!

In celebrity news, ‘Midnight Sun’ actors Bella and Patrick talk things that make or break relationships. What are three things that can be considered a relationship deal breaker?

Cupid’s Advice:

Many things can break a relationship, here are three we think are on the top of the list:

1. Cheating: Infidelity is a big one. It is a big betrayal, and it is deceitful as well. It ruins trusts, too. However, some couples are able to work through an indiscretion like cheating – but then again, many others can’t. Cheating is a big deal breaker that many of us choose to not deal with.

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2. Lack of trust: Cheating is not the only thing that can break trust. And sometimes, trust is just not there from the beginning either. In any relationship, it is important to have trust, if there isn’t any you’re headed for an extremely rocky road. Do yourself a favor, and work on this big issue before it gets worse, because it can definitely be a deal breaker.

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3. No common ground: In a romantic relationship, you need to have things in common. No, you do not need to have everything

or even most things in common, but you do need a base for the foundation you're building. It's okay to have differences, but after everything, you should have things in common to keep the relationship going. There isn't a choice for "inconsolable differences" on divorce papers for nothing!

What are your deal breaker? Comment below!

Expert Marriage Advice: What I Learned About Business After Getting Married



By Rachel Pace

Would it surprise you to know that all the times your wife asked you to put the dishes away or your husband asking you to hear him out before interrupting can actually make a difference in your professional life? Business and marriage can teach you a lot about yourself and about your work ethic. Following great [marriage advice](#) about communication and loyalty can teach you practical lessons in business. In fact, a five-year study from Washington University in St. Louis shows that your spouse's personality can have a direct influence on your career success. Your marriage teaches you to be selfless, to take responsibility, and to roll with the figurative punches. All of these qualities are great for a thriving business and a happy, healthy marriage.

Marriage and the life of an entrepreneur have much in common. Here is some marriage advice along with the six lessons I learned about business after getting married:

1. Success Starts at Home: Remember that when it comes to entrepreneur couples, business, and marriage – success starts at home. Here is a lesson I learned about business from my marriage. When you and your partner work hard to make one another happy, you'll have higher relationship satisfaction and have less relationship problems. The same goes for your professional life.

Studies show that happy people have better social relationships, and that includes both your marriage and your work-relationships with colleagues and clients. When you take

care of yourself by spending time with your spouse, taking care of your kids, and focusing on your hobbies, you'll be happier at work. This happiness doesn't go unnoticed by your clients, and this happy attitude can actually make them more likely to work with you over your competitors.

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2. Listening is a Powerful Tool: When your partner feels like you listen to them, they are more likely to communicate their thoughts and feelings to you. This can help you strengthen your marriage, encourage fun bonding conversations, and teaches you how to talk to one another when things get rough. Communication at home = great customer service at work. Listening is a powerful tool in your marriage and in your business.

The better your communication with your spouse is, the easier it will be for you to communicate with customers. When you learn to communicate with your spouse, you'll be able to listen patiently and stay calm when dealing with uncomfortable or tense situations at work.

3. Never Go to Bed Angry: When it comes to marriage advice, this is a big one: never ever, go to bed angry. Hitting the hay with unresolved conflict causes sleep-loss and creates an unhealthy atmosphere that your mind will associate with your bedroom. This can impede sexual intimacy, and needless to say, you won't feel refreshed about your relationship come sunrise. One study from Nature Communications reveals the danger of going to bed angry, citing that the brain holds onto negative experiences stronger during sleep. Therefore, it's best to resolve your conflicts before they become a permanent memory.

Similar to resolving conflicts with your spouse, if there is any bad blood happening between you and a client, it's best to

get it out as soon as possible. Letting problems fester will only cause your relationship to deteriorate. Treat your client like your partner and let them know how important it is for you to make them happy and resolve your differences as soon as they happen. This strengthens your communication, lowers stress and anxiety, and help you start fresh the next time you speak.

Related Link: [Marriage Advice: How to Keep the Spark Alive After Having Kids](#)

4. Do you want to be Right or Happy?: There is an old saying about marriage that goes: “Do you want to be happy or do you want to be right?” Basically, arguing about the little things isn’t worth disrupting your happy relationship. If it’s possible, let it go. And if you are right (or think that you are) in a certain situation, that doesn’t mean you always have to shout it from the rooftops or even make note of it at all.

This marriage advice applies to your business life as well. Be flexible when it comes to making decisions and going the extra mile for your clients. Focus on making them happy, not reminding them who the boss is or arguing with them about why you are right about X, Y, and Z. Arguing with business partners or clients is a surefire way to make them look elsewhere for their needs.

5. Realize What’s Important: Sometimes your spouse can get upset about topics that make you scratch your head in confusion. Why is that important? Why are they getting so upset about this? The concerns of your spouse aren’t always as important to you as they are to them. But that doesn’t mean they aren’t important.

Similarly, the needs and issues that your client finds important may not also resonate with you, but that doesn’t mean you shouldn’t treat them with the utmost care.

6. Life Isn’t Always About You: Another piece of marriage

advice that applies to both business and marriage is that life isn't always about you. Being selfish in marriage will only push your partner away, and only after you've made them feel unimportant to you.

Being giving with your partner will remind them that they are your number one priority and that you will go out of your way to make them happy.

Imagine your client can only get together for a meeting after you're already off the clock. Obviously, you'd much rather be spending time with your spouse or focusing on your hobbies after work. But being unselfish with your clients sometimes means being flexible, even when it isn't convenient for you to do so. Your clients will appreciate your unselfish nature. Being unselfish also means letting your clients speak and showing a general interest in what they have to say. The better you understand their needs, the easier it will be for you to make them happy.

If you're looking for marriage advice regarding your professional life, know this: business and marriage have a direct effect on one another. Communicate with your spouse regularly and take what you learn from your marriage, such as listening, never going to bed angry, and being generous, and make it your new business approach.

Rachael Pace is a relationship expert with years of experience in training and helping couples. She has helped countless individuals and organizations around the world, offering effective and efficient solutions for healthy and successful relationships. Her mission is to provide inspiration, support, and empowerment to everyone on their journey to a great marriage. She is a featured writer for marriage.com, a reliable resource to support healthy, happy marriages.

Celebrity News: Selena Gomez & Justin Bieber Taking a Break, But It's Not a Break-Up



By [Jessica Gomez](#)

In [celebrity news](#), [celebrity couple Selena Gomez](#) and [Justin Bieber](#) are putting things on hold, but it's not over. According to [EOnline.com](#), multiple sources explained that Gomez and Bieber are giving one another space, but they talk often. Seems like this couple is working through their

problems and not calling it quits just yet, after they rekindled their romance in November. "They were having a lot of little disagreements recently and one fight in particular blew up and caused them to decide to 'break up,' however, they've been in contact the entire time and their feelings for each other have not changed," said a source. "They will absolutely get back together and they are not over, but they both need some time away from each other." To add on, another source explained that not seeing eye to eye is the issue on top of the pressure the couple receives from their relationship being in the public eye. Can Jelena make it through? We shall see!

In this celebrity news, Jelena are dealing with some relationship issues. What are some ways to get through a tough period in your relationship?

Cupid's Advice:

No relationship is perfect, we must know this. When problems arise, we must face them head on in order to make our relationship work. Cupid has some [love advice](#) on how to get past those rough patches:

1. Communicate effectively: You will always get this dandy piece of advice when it comes to relationships! Communicating effectively is essential. It may seem like a no-brainer, but people have different communication styles, and many do not know how to communicate properly. The important thing is to listen intently, process what your partner is saying, consider their stance and feelings, and discuss your side of it as clearly and patiently as possible.

Related Link: [Celebrity Exes Demi Lovato & Wilmer Valderrama Reunite for Lunch Date](#)

2. Never disrespect: Respect is similar to trust in the fact that once you disrespect someone, it opens up a whole world of problems like when you no longer trust someone. Always be considerate of your partner's point of view and feelings. If you care about someone deeply, why disrespect them. Sometimes this is easier said than done, because things can get heated. The key is to stay as relaxed as humanly possible and try to work things out with your other half.

Related Link: [Kristen Bell Shares The Secrets to Her Healthy Relationship With Dax Shepard](#)

3. Take space if needed: Jelena has the right idea here. Sometimes a couple just needs space. If this is the case, it is important that you both agree on it before taking this step. Create "guidelines" so that you are both on the same page and know what to expect during this period. Taking time apart can either help or hinder a relationship, so ponder this decision before making it to ensure it is the right one for your relationship.

Have any tips for when we have relationship problems? Share below!

Celebrity Couple Scott Disick & Sofia Richie Enjoy Date

Night As She Introduces Puppy

No. 2



By [Jessica Gomez](#)

In [celebrity news](#), [celebrity couple](#) Scott Disick and Sofia Richie enjoyed a [date night](#) after Richie posted videos of the couple's puppies on social media, according to [EOnline.com](#). Hours after Richie posted the adorable videos on Instagram, the couple was photographed leaving Shibuya, an Asian restaurant, in Calabasas. The couple was dressed comfortably and casually on their night out. Disick and Richie seem to be really happy together. How cute!

This celebrity couple is still going strong and enjoying dates. What are some ways to keep the spark alive in your relationship?

Cupid's Advice:

There are plenty of ways to keep the spark alive in your relationship. Sometimes it happens naturally because of who you are and sometimes it requires work. Either way, Cupid has some [love advice](#) for you:

1. Don't stop flirting: In the beginning, flirting gave us that fluttery feeling in our stomachs (yeah, butterflies – remember those?). This keeps that “new” feeling going. Sometimes couples stop with the compliments, stop with the flirtatious and promiscuous comments, and that can take some of the fun out of your relationship. Every couple is different, but if you both enjoyed flirting before, you should definitely still be doing it. Send text messages, and do it in person!

Related Link: [Kristen Bell Shares The Secrets to Her Healthy Relationship With Dax Shepard](#)

2. Continue going on dates: Go to different places and even continue going to places where you're both regulars. Bottom line: don't stop going on dates. Spending quality time together is essential, whether it's a date outside or an indoor at-home one. Continue to do things together – share experiences and make more memories. Schedule at least one date a week.

Related Link: [Prince Harry & Meghan Markle Enjoy 'Hamilton' Date Night](#)

3. Role play: Whether you role play while flirting or in the bedroom, you can spice things up this way. Acting things out can be enough for some and others want to take it the whole way and dress up as well. Being comfortable with one another is important. Have some fun and enjoy being someone other than yourself. Many couples try filling in the roles of cops, prisoners, teachers, nurses, and/or dress up elegantly and take it from there.

What are some ways you have kept the spark alive in your relationship? Share below!

Date Ideas: Be a Sweetheart



By [Jessica Gomez](#) and Shannon Seibert

The saying goes that the best way to a person's heart is through their stomach – and we agree! Take this weekend to satisfy your sweet tooth with some new recipes and fun in the kitchen. With these delicious date ideas, you and your significant other can indulge in sweet treats – and in each other. It's time to get sweet with one another! Get creative and bake something special. Surprise each other with samples of your favorite desserts and be sure to try them all.

Remember all of those Pinterest recipes you've "pinned for later"? Well, now is the time to bust out your best Betty Crocker moves to impress your partner and add a new dimension to your relationship! Here are some yummy [weekend date ideas](#):

If you need a little baking inspiration, you can never go wrong with chocolate: Brownies, cookies, cakes, or any other treat – chocolate is always the answer! You can bring a little extra something to your batch of brownies by putting crumbled Oreo pieces in the batter. You can also bury your honey's favorite candy bar in the cake batter for a sweet surprise. If you aren't a fan of chocolate, there are plenty of other sweet options on the web that you can whip up to satisfy that sweet tooth.

Related Link: [Date Idea: Lift Your Love To New Heights](#)

Play with your food: Consider this dating and [love advice](#).

Sure, you've always been told not to play with your food, but it's time to bend some rules. After all, we're adults! Make an assortment of yummy treats and blindfold your bae. Feed them one bite at a time and have them guess which one he's tasting or even the specific ingredients. If they get it right, then it's your turn to be blindfolded! If you're feeling a little adventurous on this weekend date idea, bring out your inner six-year-old and start a classic food fight. Flick a little flour their way, and before you know it, the both of you will resemble the inside of a mixing bowl. If you don't mind the mess, it's a fun way to pass the time while waiting for your goodies to bake.

Related Link: [Date Idea: Stay Indoors](#)

Decorate your tasty treats: After all, icing is just a step up from Crayons. Write your baby a sweet message on a decorative cake to show them you care. Something as simple as "glad you're mine" or the traditional "I love you" can make them smile. Afterwards, pair a glass of Sherry with your favorite dessert, and enjoy sweet conversation with each other.

Have any sweet secret recipes? Share with us in the comments below!

Date Idea: Picnic with Pals





By [Rachel Sparks](#)

This Labor Day weekend, enjoy the last bit of hot weather by having an outdoor picnic with your loved ones. Create some summertime memories that will last you through the chilly winter. Spend the entire day outside with good friends and fun activities to celebrate the end of the season. This weekend [date idea](#) will get you and your friends feeling the summer vibes way past the end of summer.

This weekend date idea will be the summer picnic that you won't forget!

Make it a party and ask for a double or even triple date! Pack tons of great snack foods like grapes, cheese and crackers, and a vegetable tray. Don't forget some wine, chilled, of course. It's perfect for sipping on a hot afternoon. Grab a disposable camera and have fun taking pictures as a group for an end-of-summer photo album!

Related Link: [Date Idea: Include the Pooch in Your Plans](#)

Pack a deck of cards and play poker or spades, betting on your favorite candy. If you're feeling more active, partner up with your love and play some volleyball. Toss around a Frisbee for less competitive fun. If you're really into sports, bring a baseball and some mitts and batter up together. If there's a lake nearby, bring some fishing poles and catch your dinner. Step out of your comfort zone and try something new – your partner will appreciate your willingness to get a little dirty.

Related Link: [Date Idea: Take a Journey](#)

When the sun goes down, keep the fun going for your [date night](#). Find a park in your area that has grills and turn your group picnic into a barbecue. Everybody will enjoy cooking their favorite foods and unwinding with their closest pals. Break out the hamburgers and hot dogs and pair them with potato salad, fruit salad, and homemade chocolate chip cookies. You can even treat yourself to some unique picnic cocktails, like mimosas in mason jars, white wine spritzers, fruit-filled sangria or even a vodka-filled watermelon. Be sure to bring extra ice to keep your drinks cold.

Maybe you invited a few single friends too. If so, now is the perfect time to introduce them! Give them cooking duties together or force them to be on the same volleyball team. Share [love advice](#) with them to help them get back into [dating](#). They will get a chance to know one another in a no-pressure environment. Be sure to bring an extra blanket in case they want to cuddle up under the stars.

How will you celebrate Labor Day? Tell us in the comments below!

Date Idea: All's Fair in Love



By [Rachel Sparks](#)

Keep yourself from getting the end-of-the-summer blues by adding a little love to your life. Bring your partner to a local fair and spend the day walking around together and checking out the nifty booths. Or try some new drinks together at a wine-testing festival. After all, nothing says romance better than a glass of wine a cool summer evening. Cupid's [date ideas](#) will keep you and your love busy all summer.

All is fair in love, so enjoy this end-of-summer date idea!

Looking to end the warm season with a little more excitement? Go to an amusement park with your date and hop on a thrilling roller coaster ride. Get ready to scream together! Or find a water park in your area and take a ride down the lazy river—a great way to spend some peaceful alone time with your man. After venturing down a water slide, snuggle up for warmth with your love and utilize each other's body heat. Cupid's [love advice](#): this is a great time to be silent and just enjoy being with your partner.

Related Link: [Date Idea: Bloom in the Sun](#)

If you want a more low-key activity, let your boyfriend win you a prize at a local carnival. You'll certainly feel special while carrying a gigantic teddy bear around for the rest of the day. As you walk past the rides and games, hold hands and enjoy the cool breeze with one another. Challenge your partner to your favorite carnival game; a little competition is good for your relationship, right? Let loose a little: share a plate of fried dough and get messy together. Be sure to take a picture with your faces covered in powdered sugar—a fun moment to remember your wonderful [date night](#)!

Related Link: [Date Idea: Beach and Beyond](#)

What do you do with your love for a fun day together at the end of summer? Share your experiences below.

Celebrity News: Source Says Beyonce Struggled to Trust Jay-Z After Cheating Scandal



By [Jessica Gomez](#)

Couples therapy and their daughter Blue Ivy are the reasons why [Beyoncé](#) was able to remain in her nine year marriage with [Jay-Z](#), a source told [People.com](#). Queen B struggled to trust her husband again after his infidelity, like many of us would. "It took Beyoncé a long time to trust again. She was struggling to move on and forgive. But keeping her family together was very important," the source said. The [celebrity couple](#) are now back to a happy marriage, according to the source, making [celebrity news](#) and relationship goals.

This celebrity news isn't surprising, given that cheating is a violation of trust. What are some ways to regain lost trust in a relationship?

Cupid's Advice:

Once trust is lost, it's hard to get it back. But it's possible. Cupid has some [love advice](#):

1. It takes two of you to rebuild trust: Both the person who is forgiving the other and the one that is working to mend the trust they broke have to work on it. You both have to meet each other half way to rebuild what was lost. And remember, Rome was not built in a day.

Related Link: [Selena Gomez Breaks Silence on Split from The Weeknd & Reunion with Justin Bieber](#)

2. Be honest with one another from here on out: Honesty is always key to making a relationship work. A way of proving yourself to one another is to not lie. If one partner or both partners continue to lie to one another, it will not work, and the path to rebuilding the trust will get much more difficult. Be truthful and be open. Communication is key.

Related Link: [Minka Kelly Shuts Down Jesse Williams Cheating Rumors](#)

3. Can you forgive? Can you prove yourself?: Lots of thinking and evaluating needs to happen! Before trying to rebuild the trust in a relationship, you both need to ask yourselves something: Can I forgive him or her? Can I prove my loyalty again after violating his/her trust? If the answers to these questions are yes, then let the mending begin. If not,

it's time to let go.

Usually there is that moment when we realize that we trust the other person again or that we've gained their trust back, what was that moment for you? Comment below!

Celebrity News: Robert Pattinson Spotted Holding Hands with a Mystery Blonde Post FKA Twigs Split



By [Rachel Sparks](#)

Twilight star [Robert Pattinson](#) has been seen holding hands with another woman just a few months after the split with [celebrity ex](#) FKA Twigs. According to [UsMagazine.com](#) the couple attended Seth MacFarlane's annual holiday party together. The identity of the mystery blonde remains unknown. Pattinson admitted that his engagement with FKA Twigs was not totally amicable towards the end as believed. Privacy and scheduling conflicts created tension for the [celebrity couple](#) towards the end.

This celebrity news seems to mean that Robert Pattinson is moving on. How do you know when it's time to give up hope of returning to your ex?

Cupid's Advice:

Returning to an ex is great. They know exactly what you like, how to treat you, what your interests are, and, more than likely, the two of you are great friends. Getting back with an ex can be like returning home. If the two of you agreed to take a break and ended on friendly terms, it's normal to wait to jump back into dating because you want to wait for your ex. Sometimes, though, it's more important for you to move on. Read Cupid's [love advice](#) to help navigate those tough relationship waters:

1. You're ready for a relationship: This is the ultimate way to know when to move on, whatever the circumstance. If you're feeling great about life, what you have, who you are, and you're ready to share that with someone, don't wait for your ex. Love never follows a predictable path. You may be sad to be moving on when there seemed to be promises of returning to

your ex, but you deserve your own happiness.

Related Link: [Celebrity Break-Up: Robert Pattinson & FKA Twigs Split, But Maybe Not for Good](#)

2. The problems haven't resolved themselves: Couples take a break for a reason. If those reasons haven't been resolved, returning to an ex will only start a cycle. Whether it's scheduling or distance or something else together, don't go back until you feel you can give the relationship a fair shot. If the problems won't ever go away, it's definitely time to start fishing for something new.

Related Link: [Celebrity Couple News: Robert Pattinson Says He & FKA Twigs Are Still 'Kind of' Engaged](#)

3. You're ok seeing your ex with someone else: The penultimate way to know you're past your ex: seeing (or imagining) them with someone else doesn't get you fired up. It's not fair to a new relationship if you're still harboring feelings for your ex. If you're truly past them, there's no reason to hold onto the hope of a reunion if that's not where you see love.

How have you decided it's time to move on from an old relationship? Share your own relationship advice below!

Parenting Advice: What to Do If Your Teen Wants to Celebrate Valentine's Day



By [Rachel Sparks](#)

With Valentine's Day upon us, we can't help but worry about how our kids are feeling at school. Cyber bullying, daily stress, and the pressure of Valentine's love can be too much for teens to handle. While it may be easier to encourage them to stay home and avoid V-Day celebrations, you can't always tell your teen "no". Cupid has [parenting advice](#) to help you and your teen survive another stressful holiday.

Help your teen rock Valentine's Day with these parenting tips!

1. Enlist your teen's help: Valentine's Day is about love, but this is a great opportunity to teach your teen not all love is romantic. Giving to others, especially the down-trodden, can warm the heart on an otherwise cold day if you're alone. Teach

your teen to give to others and make a date of it. You'll be giving your kid valuable [love advice](#), helping them avoid loneliness, and you'll be brightening someone else's day.

Related Link: [Parenting Tips: How to Connect with Your Teenager](#)

2. Give passionate affirmation: Teens are prone to thinking about nothing but romantic love. The idea of romance places value on who they are, which is an unhealthy perspective of self. Not all love need be romantic, especially when self-worth is involved. Teach you teen about positive self-images with passionate affirmations. Even if they're alone this V-Day, they will have a lot more fun with friends if they feel love elsewhere.

Related Link: [Parenting Tips: 5 Holiday Activities to Do with Your Child](#)

3. Pampering: Guys or gals, your teen needs some pampering. Take them to a sports game or to get their nails done, but find a way to express your love for them in their language. As annoying as parents can be to teens, they still need our love to ground them on an otherwise stressful day. Have a [date night](#) with your teen or have fun getting them ready for their own!

What parenting advice do you have to make it through Valentine's Day? Share your tips below!

Date Idea: Fire Up the

Weekend



By [Delaney Gilbride](#)

Need a fun [date idea](#) for Memorial Day weekend? Cupid's got you covered! While everyone's celebrating the best of May with friends and family, there are still plenty of places for you and your boo to couple up. And even if you're single...

Memorial Day weekend is full of gatherings and festivities that make it easy to have fun with friends and find sparks with

someone new:

This time of year is a great to catch the very beginning of summer movies. This year the buzz is centered around *Pirates of the Caribbean: Dead Men Tell No Tales*. But hey, there's no reason to stay inside when the weather is so nice! Grab a blanket and head to see a movie in the park or at a drive in for the perfect [date night](#).

Related Link: [Vacation Destinations: Spring Travel Tips for Home and Abroad](#)

It goes without saying that the weekend is also full of barbecues and parties, and while a family gathering might not be the best place to find a mate, hosting your own festivities could be just the way to do it! Food (and especially drinks) *always* make for a good time. Want some [love advice](#)? Invite other singles over and ask everyone to bring a platonic date and set off your own fireworks for finding love.

Related Link: [Dating Advice: 5 Things He Must Have](#)

In the Chicagoland area? Check out the *Movies in the Park* series at the city parks.

What are you doing to celebrate the weekend? Comment below and share with our other readers.

Celebrity Couple Kelly Ripa & Mark Consuelos Celebrate 21st

Wedding Anniversary



By [Delaney Gilbride](#)

In [celebrity news](#), power couple [Kelly Ripa](#) and Mark Consuelos celebrated their 21st wedding anniversary this past Monday. Not only did the talk show host celebrate her anniversary with her handsome hubby on May 1st, Ripa also announced the long-awaited news that Ryan Seacrest would take place as her new *Live* cohost! According to [UsMagazine.com](#), the [celebrity couple](#) both took to Instagram gushing over their decades old love with multiple pictures of the two. Ripa posted her slideshow with the caption, "21 years of lit-ness. (sorry Lola)," seemingly apologizing to her teenage daughter for her use of "lit" in an Instagram post. Ripa and Consuelos met in 1995 after costarring on the ABC soap opera *All My Children* and had their [celebrity wedding](#) only a year later. Congratulations to the happy couple!

This celebrity couple is still going strong! What are some special ways to celebrate your anniversary?

Cupid's Advice:

Anniversaries call for celebration! But, are you sick of partaking in all of the anniversary clichés? Cupid's here to give you brand new ideas on how to wow your spouse on your special day with the latest [love advice](#):

1. Go on a vacation: You both deserve to go all out every once in a while, and celebrating your anniversary is a great way to do it! Take a week (or even a long weekend) by indulging in a vacation of your choice. Whether it be relaxing by the ocean or snuggling next to a fire in the mountains, celebrate your anniversary by getting away with your love!

Related Link: [Vacation Destinations: Spring Travel Tips for Home and Abroad](#)

2. Stay in bed all day: The two of you are most likely constantly on the move with work and the kids and having a social life... maybe the best way to spend your anniversary is by doing nothing at all. Snuggle with your love, split a bottle of champagne, and enjoy your meals in bed. Nothing is more intimate than enjoying your anniversary between the sheets!

Related Link: [Ciara & Russell Wilson Welcome a Celebrity Baby Girl](#)

3. Do something you've never done before: I'm sure each anniversary is filled with your favorite restaurants, your favorite cities, etc. Spice up your anniversary by doing something you've never done before! Plan a day that revolves around everything new and it's bound to be a day you'll never

forget.

Have you and your boo celebrated multiple anniversaries? Comment below and tell us some special ways you celebrate!

Date Idea: Embrace a Physical Activity



By [Delaney Gilbride](#)

Are you and your boo running out of [date ideas](#) for your regular weekend [date nights](#)? It's important that you and your significant other spend time together on the weekends after a long week of work – you have to decompress! So, if you're

tired of going on the same date time and time again, take our [love advice](#) by embracing any type of physical activity. Regardless of whether or not you and your partner are sports junkies, it's good to be active while spending time together!

In lieu of playing an actual sport, which may not be every couple's cup of tea, there are tons of physical activities that can help shake things up and keep the dynamic fresh:

Looking for a fun group activity? Sporty dates are a great way to socialize. Round up a few other couples and go bowling! Bowling alleys across the country are re-designing themselves with music, restaurants and bars to cater to adults looking for an enjoyable night out. Check out [Lucky Strike Lanes](#); they have locations all across the country and have perfected the art of turning bowling into a classy, celebratory event.

Interested in something more personal and romantic? Ice skating is a much loved standby, and for good reason. You and your significant other can hold hands while circling the rink, and warm up afterwards with spiced cider or hot chocolate.

Have a favorite semi-sports date of your own? Comment below and share with our readers.

Dating Advice: Five Ways Social Media Can Help Your Relationship



By Diamon Hall and Kayla Garritano

Perhaps you reconnected with the girl who used to pinch you on the playground, the professor who inspired you to land your dream job or a long lost distant relative who lives in Germany. Whatever it may be, websites like Facebook, Twitter, LinkedIn, Snapchat, or Instagram are used in many different creative ways. In fact, it seems that people can hardly function without social media nowadays. It helps you keep in touch with family, friends and even people you wouldn't normally communicate with if it weren't for those sites. If social media can help you in the platonic aspects of your

life, then it can certainly help your love life, whether that means meeting a new flame or enhancing a relationship you already have.

This [dating advice](#) can help you use social media to find that special someone:

1. More ways to keep in touch: Just like social media can help you keep in touch with family and friends, it can also help you keep in touch with your mate. You may not always be able to pick up your phone to call or even shoot a text. If you're at work and there's a computer available, it's probably easier to log on to a social site like Facebook and chat for a quick minute or send a personal message just to say, "I love you."

2. Dig deeper before the first date: If you're just meeting someone for the first time and about to go on your [date night](#), social media can greatly assist you in figuring out who this person is and what you can expect. Although you shouldn't judge solely on what you read online, the image someone gives off via social media sites can be telling. Browse through their identifying information, photos, and friend's comments. Often times it's insightful to see how a potential partner interacts with others.

Related Link: [Relationship Experts Q&A: Does Social Media Stalking Create False Intimacy?](#)

3. Stay close even when distant: You or your honey may have to go out of town without the other sometimes, such as going on a business trip. You can upload pictures of yourself to let them know what's occupying your time while they're not there on Instagram or Facebook. Twitter also let's you update followers about your life as many times as you want. Snapchat, you're just a picture away from sharing with your partner the most

current unflattering photo you could take, or putting a goofy filter on. Facebook has even incorporated video chat on their site, which is a great way to seemingly shrink the distance between the two of you.

4. Communicate more with his or her family: Social media is a way around being the shy one at the extended family dinner table. Your partner's family is going to want to see you in person sometimes, but for the other times, talk to them via a social site. They'll be thrilled to know you think enough of them to include them in your virtual social life. Plus, they get a chance to see what you and your partner do with the pictures you up!

Related Link: [Love Advice Q&A: How Do I Show My Interest In Someone Online?](#)

5. Meet through mutual friends: Sometimes you meet the love of your life through mutual friends. Social media makes it easier to find mutual friends. Whether it's by a retweet that you share, or a like on a friend's picture, it's a simple gesture to know that they exist. You can even sneak into a friend's snapchat when she's sending silly pics to her closest friends. Plus, you can go the extra mile and "follow" or "friend" them. Who knows what could happen!

How has social media helped your relationship? Share your experiences below.

Relationship Advice: How to

Know When to Say 'I Love You'



By [Josh Ringle](#)

Falling in love is the point of every relationship, the goal of every date, and the dream of many. Love is a great thing and will definitely make for a stronger relationship. If you think you are ready to say the most important three words in a relationship, you should consider a few things. Whether it is one of your friends or one of the many [celebrity couples](#), saying it too soon or too late can affect the future of your relationship. Use the [relationship advice](#) tips below to determine when it is the right time to say "I love you" and take your relationship to the next level.

These pieces of relationship advice will help you figure out if it is time to say 'I love you'!

1. Do you feel it?: The first thing you should consider before you say "I love you" is that there should be a legitimate feeling there. A crucial piece of love advice is to really feel sparks when you are with your partner. Sparks are a great sign of things to come. Celebrity couples have been built upon first sparks, and your relationship can be, too. It is hard to describe sparks or the feeling of love, but you'll know when you feel it. It could be after a few dates, or if you are lucky, maybe instantly. As with anything, a great piece of relationship advice is to give things time, especially when it comes to love and other relationship-advancing steps.

Related Link: [Relationship Advice: 10 Simple Ways to Be More Romantic](#)

2. Are you ready?: If you feel it, that is great. The next question is if you are really prepared for what comes after you say "I love you" and after the relationship advances to the next level. An important piece of relationship advice is to make sure you have no lingering feelings from past relationships or doubts in your current one. Look to one of the best celebrity couples today, [Blake Shelton](#) and [Gwen Stefani](#). Blake did not rush into things, and he only moved swiftly when he was ready. Being ready for the next step is really important for the future success of the relationship. If you feel ready, by all means, go for it!

Related Link: [Celebrity Couple Blake Shelton & Gwen Stefani Show Their Love at Billboard Music Awards](#)

3. Do you think your partner is ready?: It is really great if you feel in love or you think you are ready, but being in love

is a two way street, and your partner is obviously essential to these feelings. If you think they are ready, you should experience signs. There will be more sparks, things will feel more romantic, more loving, and more passionate. Whether it is a kiss, holding hands, or just a romantic date, you should be able to feel the love. Yes, celebrity couples always talk about it, singers sing about it, and Hollywood makes it seem perfect for the silver screen, but love is real and you can find it!

These pieces of relationship advice will help you determine if you are ready to say 'I love you'? Did it work for you? Comment below!

Dating Advice: 3 Ways to Fall Back in Love with Yourself After Getting Dumped





By [Josh Ringle](#)

Getting dumped is no fun at all. Feeling as though you may have lost your chance at love, maybe for the second or third time, can make you feel really down. But, it is important to stay proud of who you are, because there is a reason to love yourself. An important piece of love advice is to love yourself first, and after your heart gets broken, take the time to reevaluate and continue to love yourself regardless. If you need a few ways to fall back in love with yourself, check out these pieces of [dating advice](#)!

These pieces of dating advice will give you some ways to overcome that heart break and stay in love with yourself.

1. Love your body: After a break up, you may think that it was your fault. You might feel like you aren't good enough, but that is the furthest thing from the truth. However, if you

feel low on confidence or if you just want to prepare yourself for your next endeavor, a new workout schedule or diet could help you fall back in love with yourself! When [celebrity couples](#) break up, they are always changing their diets and working out to stay positive. Before you try to find love again, consider becoming a better you first.

Related Link: [Dating Advice: How to Deal with Heartbreak](#)

2. Find a hobby: It is really easy to lie on your bed, eat ice cream, and be sad about your break-up. But, it is just as easy to find a hobby or a new way to use your time wisely! You can start watching a new show, reading a new book, or finding a new favorite music genre. One of the hardest parts of a break-up is to replace the time you would have spent with your now ex. A great piece of love advice is to be proud of who you are and what you can accomplish with your time and talents. Finding a new hobby can be one of those ways! Plus, you might even find someone who shares some of the same interests as you!

Related Link: [Relationship Advice: How to Handle Single-Shaming](#)

3. Stay positive: Loving your body and finding new interests can only get you so far. A crucial aspect of falling back in love with yourself is your attitude. A bad attitude won't help a thing, but a positive attitude could go a long way in recovering your self-love. Smiles really do brighten people's days, and they can brighten yours, too, so try to stay cheery when life gets you down. With a positive outlook, you'll realize a lot of things are easier to accomplish and your outlook on your love life will improve.

Are you looking for ways to love yourself again? What has worked for you? Comment below!