

Online Dating Site Celebrates Birthday: Match.com Is Turning 20!



This post is sponsored by Match.com.

By Meranda Yslas

The way people find relationships and love has been constantly evolving because of technology, and Match.com was one of the first companies to help with this change. After 20 years, this well-known online dating website has created over a quarter of a billion matches, started more than 10 million relationships, and helped “make” more than a million babies. If these numbers don’t convince you of Match.com’s reliability, then maybe a few online dating success stories can.

The First Successful Relationship and Love Story on Match.com

In 1995, at the start of the dating site, Bill and Freddi logged in online, not realizing they were going to be the first couple to meet on Match.com. The two had previous marriages that ended, and they were looking for that special someone. "After ending a five-year relationship, a friend told me I had to go on Match.com and meet someone my age and eventually think about getting married again. I met many men and was just about ready to give up before I saw Bill's profile. He was exactly what I was looking for," shares Freddi.

Related Link: [Match.com Studies Singles in America](#)

After about a week of emailing and talking on the phone, the two finally met for a lunch date. But it was during the beginning of their second date that Freddi knew Bill was The One. She greeted him at the door with a paper bag over her head after getting a bad perm. "He laughed and loved it, and that was it! It was a done deal," she says.

After a few years of dating, Bill proposed to Freddi, and the two had their wedding on January 1, 2000. They have been married ever since.

Three Times Is a Charm: Persistence is Key When It Comes to Online Dating

Of course, Bill and Freddi are not the only success story from Match.com. CupidsPulse.com Founder and Executive Editor [Lori Bizzoco](#) also met her husband on the famous online dating site. Lori first tried Match.com around 1997 after a long-term relationship and love had ended. Although she met several men

online, this type of dating was so new and unfamiliar that she didn't pursue it further. Around 2003, Lori's younger sister convinced her to try Match.com again and helped her set up a new profile. The site had grown tremendously since Lori had used it last, and she went on date after date. But when she still wasn't finding that special someone, she gave up on the online dating world for a second time.

Related Link: [Match.com Singles in America Study Breaks Down the World of Modern Relationships and Love](#)

It wasn't until 2006 when she and a friend took a trip to South America that she had a spiritual awakening and premonition that she would meet someone as soon as she got back from the trip and that they would be married the following year (needless to say, the friend she was traveling with thought she had completely lost it). As soon as Lori got home, she made a commitment to enter the process of looking for love with an open mind, and she threw away the long checklist that had been holding her back from finding Mr. Right.

Once again, Lori uploaded a new photo of herself to Match.com and updated her profile. She got dozens and dozens of messages. Within two days, she received a message from a man who she had gone on a date with three years prior but never returned his call when he asked her on a second date. She remembered that he was very successful, good-looking, and nice, but at the time, she wrote him off as not her type. She decided to give him another chance – and it's a good thing she did. They got along great, and NINE WEEKS later, he proposed! Today, Lori and her husband are still married and have two beautiful daughters.

Lori says, "Match.com is a great way to meet someone if you just open your heart to the opportunity and live in the moment. You may need to go on several dates, and it could take kissing a few frogs before you find someone special, but all it takes is just ONE person for a happily ever after."

Congratulations to [Match.com](https://www.match.com) on 20 years of matching couples and creating romantic relationships!

Katie Maloney of 'Vanderpump Rules' Opens Up About Her Relationship and Love Life: "I'm Confident Now That a Proposal is Coming"



Interview by [Lori Bizzoco](#). Written by Emma L. Wells.

After an emotional ride on season three of the popular Bravo reality TV series *Vanderpump Rules*, [Katie Maloney](#) seems better than ever! She took some time to talk with CupidsPulse.com about the biggest moments of last season, her relationship with Tom Schwartz and what's next for them as a [celebrity couple](#).

Katie Maloney Discusses Her Relationship and Love Life and Reality TV Show

There were many points during last season where the fate of Maloney's relationship and love life with Schwartz was unclear. Viewers had watched the reality star give her boyfriend a six-month proposal ultimatum on the show. "When that came about, I was fed up and really frustrated," the reality TV star explains. After the complete story of his infidelity finally came out, Maloney admits that she was at the end of her rope: "I was like, 'Okay, well, how many blows can I take and still be patient and understanding and work at this with you?' There were all these bombs coming out of left field!"

Related Link: ['Vanderpump Rules' Reality TV Star Katie Maloney Confirms That She and Tom Schwartz Are Still Together!](#)

In January, the beauty guru wrote about her celebrity romance in her Bravo blog: "I had to completely turn my attention and priorities towards our relationship and assess everything. Rebuilding my relationship was the most important thing to me. So in order to move forward, both in head and heart, I had to forgive everyone. Not for them but for me... For me, I cannot move forward and grow and learn if I do not swallow my pride and forgive and accept. I did this for myself and for my relationship. Tom on his own was making moves to

preserve our relationship, and this was my contribution to our growth.”

And while her deadline has come and gone without an engagement ring, she seems optimistic about her future with Schwartz. “I’m confident now that a proposal is coming,” she shares. “We’re in the best place that we’ve been in. We went through hell, and we decided that our relationship is important to us both. We’re committed equally to it, and I think we’re more in love than we have been.”

Fans of *Vanderpump Rules* know that the famous couple have, of course, talked about their eventual engagement. Maloney says that she is a sucker for watching the crazy flash mob proposals on YouTube, but she has a different idea for her own special day. “I want him to do something that’s representative of us and that he wants to do,” she admits.

When it comes to their wedding day, she’d like it to be “completely stress-free. We get married, and then we party!” The pair hasn’t completely ruled out getting married on reality TV though. “We’ll see,” she cryptically responds when asked if her walk down the aisle will be seen on *Vanderpump Rules*.

She also reveals that they have talked about having a family. “I definitely want us to enjoy being married for a bit before we start having kids. And that’s why I want to get the ball moving – I’m young, but I’m not getting younger!” she says with a laugh.

Related Link: [Celebrity Interview with Scheana Marie – Dishes About Oscar Picks and Wedding Plans](#)

It’s no surprise that Maloney feels that the issues she faced last year, both in her romantic relationship and in her friendships, have allowed her to grow as a person. She cites the difficulties with Schwartz as the turning point and shares, “Instead of letting it destroy me or devastate me, I’d

rather use it to empower me. I want to focus on my strength and happiness and really begin to let go of the petty drama. I realize now that life is short.”

That new mindset is one of the reasons why she decided to bury the hatchet with Scheana Marie and go to Miami, even though it ended her friendship with Stassi Schroeder. “At the end of the day, if it’s going to be something that dumb that causes Stassi to toss out an amazing friend, then you know what? Sorry I’m not sorry,” she comments.

***Vanderpump Rules* Star Katie Maloney Has Big Plans for the Future**

It’s not just Maloney’s romantic life that’s coming together. “I’m at a point right now where I’m thinking, ‘What are you going to do next?’” she shares of her career path. Outside of working at Sur, she’s still focusing on her beauty blog Pucker & Pout, which offers makeup and fashion advice and might soon be broadening into health-conscious content like meditation, yoga, and exercise. “I’ve been brainstorming other ideas, little ventures I can do,” she adds. “It would be so much fun to do a line of cosmetics or hair care products, but it’s a huge undertaking.” While the blog is definitely her passion, she doesn’t know much about the business side of things. “I just like to put makeup on and be creative,” she confesses.

Related Link: [Celebrity Women Who Built Business Empires with Their Husbands](#)

Her work on Pucker & Pout is something that viewers of the show don’t really get to see. “That stuff would be fun to have on *Vanderpump Rules*, but there’s not a lot of drama in it,” she explains. “Sometimes, I wish we could show more of the personal endeavors and things outside of the show. I think it’s important because we all are people who are creative,

talented, and smart and work at a restaurant to supplement our income.”

Speaking of the hit reality TV show, fans of *Vanderpump Rules* are dying to know if there will be another season. The most recent season received such high ratings and viewership that many would be surprised if it Bravo didn't renew it. When asked if she'd sign on for season four, she enthusiastically responds, “Of course!”

Keep up with Katie on Twitter @MusicKillsKate, and don't forget to check out her blog Pucker & Pout, [www.puckerandpout.com/!](http://www.puckerandpout.com/)

Celebrity Video Interview: Meryl Davis and Charlie White Dish About Their Love Lives!





Interview by [Lori Bizzoco](#). Written by Jenna Bagcal.

From winning gold medals at the 2014 Winter Olympics to appearing on *Dancing With the Stars*, [Meryl Davis](#) and [Charlie White](#) know what it means to have a lasting and successful partnership. After such a phenomenal year, the duo is taking some time off from training to pursue other projects, including traveling across the country with the *Stars on Ice Tour* and returning to the University of Michigan to finish their degrees. Earlier this week, on Mar. 11, the athletes appeared at the airweave store opening in Soho as brand ambassadors for the company, and Executive Editor and Founder Lori Bizzoco was there to chat with the duo in this [celebrity video interview](#).

Meryl Davis and Charlie White Discuss Their Partnership in Celebrity Video Interview

Having trained together since 1997, Davis and White are currently the longest-lasting ice dancing team in the United

States. They credit their partnership to a number of different factors. “I think that we want the same things,” Davis reveals. “But I think also having a set of parents and having families that instilled similar values and raised us in very similar ways – raised us to respect not only each other but other people – has really been the foundation to our relationship.”

Related Link: [Find Out What Olympic Swimmer Ryan Lochte Looks for In a Girl](#)

White adds that, despite their long partnership, they’re fortunate enough not to get into any huge disagreements. “We always knew that, even when we disagreed on something, we were trying to get to the same place,” he says. “The key for us was just keeping our eyes on the prize and knowing that, either way, it was going to be a win for us because we just cared so much.”

Celebrity Athletes Talk About Their Relationships and Love Lives

Thanks to their compatibility and convincing performances on the ice, people often mistake Davis and White for a famous couple. However, White is currently engaged to former ice dancer Tanith Belbin. “She retired in 2010, and having her support through the last four years was really so significant to my ability to both succeed and really enjoy the whole process.,” he reveals. “She was such an amazing pillar of strength and one that I definitely used as much as possible.” He also confirmed that their celebrity wedding is set for the end of April. Congratulations to the happy couple!

Related Link: [Exclusive Celebrity Interview: Karina Smirnoff and Lindsay Rielly Share Dating Advice In ‘We’re Just Not That Into You’](#)

Davis, who has been linked to her *DWTS* partner Maksim Chmerkovskiy, assures us that the two are just friends. “We had an amazing relationship, and we *still* have an amazing relationship.” she explains. “It wasn’t a romantic relationship, but we were really fortunate to have a really special friendship.” She also divulges that she is seeing someone but remained quiet on any further details about her relationship and love life.

Keep up with Meryl and Charlie on Twitter @Meryl_Davis and @CharlieaWhite and [www.facebook.com/merylandcharlie!](http://www.facebook.com/merylandcharlie)

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Exclusive Celebrity Interview: ‘Bachelorette’ Couple Ashley and J.P. Rosenbaum Are Divided on Who Will Win Chris Soules’s Heart!





Interviewed by [Lori Bizzoco](#). Written by Meranda Yslas.

The relationship between [J.P.](#) and [Ashley Rosenbaum](#) is a celebrity love story come true. This [famous couple](#) met on *The Bachelorette* season 7, and since then, they've gotten married and welcomed a new addition to their family, son Fordham (Ford) Rhys. The adorable pair, who recently moved to Miami, are getting the hang of being first-time parents and opened up about their experiences as a family of three in our exclusive celebrity interview. Plus, we found out they're a house divided when it comes to this season of *The Bachelor*!

'Bachelorette' Celebrity Couple Talks About Life as New Parents

Raising a baby – whether it's for the first time or the fifth time – is by no means easy, but for the celebrity couple, Ford has been a blessing. "He's a model angel baby," the proud dad shares. So far, there haven't been any big moments that the duo couldn't handle, but like any first-time parents, J.P. admits that they "just roll with the punches!"

Related Link: [‘Bachelorette’ Celebrity Couple Ashley and J.P. Rosenbaum Talk About Life with Newborn Son Fordham](#)

At just five months old, Ford is already making huge progress in his development. “He rolls over and sits up. Of course, we have to put pillows around him, but he can sit up for a pretty extended period of time,” Ashley gushes. “He’s grabbing at things; he’s eating semi-solid foods right now; and he’s taking the packaging, putting it into his mouth, and trying to feed himself. It’s a pretty exciting time right now!”

The celebrity mom has a prediction for an upcoming milestone in her son’s life too: She thinks Ford’s first word will be “Boo.” She elaborates, “That’s our dog’s name, and he’s always hearing us say ‘Boo,’ so we’re pretty sure that’s what he’s going to say first.”

Like most dads, J.P. is excited for his son to follow in his footsteps and play sports someday. “I grew up playing basketball, soccer, lacrosse, and baseball, so we’re going to let him try out everything,” the former *Bachelorette* contestant shares. Noticing that Ford has been using his left hand more frequently, he adds, “We think he may be a lefty, so he may have an advantage as a pitcher. We’re definitely going to get a baseball in his hand pretty early.”

Now that Ford is a little bit older, the celebrity couple is feeling more comfortable with other people watching him so that they can have some alone time. “Ashley is going back to work soon, and we just hired a nanny about two weeks ago. We’re easing into the ‘leaving him with somebody else’ phase so that we can go on date nights,” J.P. reveals. “We’re almost there!”

Related Link: [‘Bachelorette’ Stars J.P. Rosenbaum and Ashley Hebert Tie the Knot](#)

A few months before their son was born, the reality TV stars packed their bags and headed south. Fortunately, the move to

Florida was a great choice for them. “I don’t see us going back to New York. We’ve only been down here for about eight months, but we love it,” J.P. shares.

Lucky for them, the winter in Miami hasn’t been too severe, but just in case it gets blustery, the famous couple partnered with Puffs to make sure they’re prepared. “We thought it was a cool partnership. We’re just promoting staying healthy and putting your best face forward throughout the winter, Ashley explains in our exclusive celebrity interview. “What we love about Puffs is that it’s a campaign to promote taking care of yourself and providing comfort to you during cold and flu season, especially with such a harsh one this year,”

Being that *The Bachelorette* season 7 stars have some experience under their belts, talk of another baby has come up. “I had so much fun. I had a great pregnancy. I really, really enjoyed just having a baby and him being born,” the new mom says. “So who knows! Maybe we’ll go for a third, but right now, we’re really thinking two.”

J.P. and Ashley Rosenbaum on Chris Soules and *The Bachelor* Season 19

Related Link: [‘The Bachelor’ Chris Soules Prepares to Bring Winner Home to Arlington](#)

Given their celebrity love story, it’s no surprise that they enjoy watching *The Bachelor* together. With the finale of Chris Soules’s journey tonight, we had to ask their thoughts on the remaining two ladies. The former *Bachelorette* is Team Becca. “I love both Whitney and Becca, but personally, I think Becca would be better for Chris,” she reveals. “I feel like she is more genuine. She hasn’t had a lot of love in her life, and she moves a little bit slowly, but I feel like there can potentially be a more real relationship between them.”

J.P. disagrees. "I'm on the other side. I think his relationship with Whitney has progressed so much more than his relationship with Becca. I think he would be leaning more towards Whitney," he shares.

When it comes to the next season of *The Bachelorette*, the famous couple agree that ousted contestant Kaitlyn Bristowe is the best pick. "We like Kaitlyn a lot," Ashley says. "She seems like a cool chick. She's got a little edge to her, so we like that."

J.P. adds, "She's funny too. I think she'd make a good *Bachelorette*."

You can keep up with the cute couple on Twitter @ashhebert and @JP_Rosenbaum. Be sure to tune in for The Bachelor season 19 finale tonight on ABC at 8/7c!

Exclusive Celebrity Interview: 'Revenge' Star James Tupper Opens Up About His Love Life and Playing David Clarke





Interview by [Lori Bizzoco](#). Written by [Rebecca White](#).

[James Tupper](#) is famously known for his roles on shows like the ABC series *Men in Trees* and the NBC medical drama *Mercy*. Most recently, he has played David Clarke on ABC's *Revenge*. After a month-long hiatus, season four is coming back on Sunday, Mar. 8, so buckle your seat belts for some unexpected twists and turns! In our [exclusive celebrity interview](#), Tupper opens up about his relationship and love with *Dig* star, Anne Heche, his family life, and his role on *Revenge*.

James Tupper Shares His Celebrity Love Story and Gives Relationship Advice

It was love at first sight for Tupper and his longtime partner Heche. The celebrity couple met when they worked together on *Men in Trees*, but it wasn't as easy as you may think. Both stars were married at the time, and although he says that their marriages were dysfunctional, they didn't act on their

attraction for each other. “Being married made it a lot worse because, for eight months, we didn’t come together,” the actor reveals. “But we had this incredible abiding friendship and, out of that loyalty, grew love.”

The famous couple isn’t married yet, but they do remain eternally engaged. “One of the really fun things we do is every year I ask Anne to marry me. She always says yes, and then we just never pick a date,” he says with a laugh.

The Hollywood couple have been happily together for almost eight years and have son Atlas together as well as Heche’s son Homer from her previous marriage to cameraman Coleman “Coley” Laffoon. They plan to celebrate Atlas’s sixth birthday and Homer’s thirteenth birthday this weekend in Beverly Hills with close family and friends. “We’re renting a hotel room in Los Angeles and an adjacent hotel room,” the actor shares. “Homer is going to have his best buds come, and then Atlas and his best friend’s family are renting a room beside us. Our cousins and nephews are all going to come, and we’re going to hang out by the pool and celebrate.”

Related Link: [‘Revenge’ Star Josh Bowman Says People Shouldn’t Care About His Personal Life](#)

You may be wondering how the duo juggles their busy careers with a grounded family life, and you wouldn’t be alone. Tupper reveals that it’s essential to go after your passions. “Follow your dreams. Just do something little every day that makes you feel full,” the star advises. “Anne and I are both people that do that, and when we come home at the end of the day, there’s a feeling of fullness, and it makes our partnership stronger.”

Doing something that you love and really care about is some of the best dating and relationship advice you can receive. This is especially true when you’re in a celebrity relationship with a lot of pressure and scrutiny. “People who are pursuing

what they love are providing nourishment for their relationship,” the actor adds.

James Tupper Talks Behind-the-Scenes of *Revenge* in Exclusive Celebrity Interview

Although Tupper couldn't give us any information on the upcoming episodes during our exclusive celebrity interview (no spoiler alerts here!), he did share a behind-the-scenes secret for fans of the show. As you may know, costars Emily VanCamp, who plays Emily Thorne, and Joshua Bowman, who played Daniel Grayson, are a real life celebrity couple. Although Bowman's character was tragically killed off earlier this season, he still visits the set to see his girlfriend and provide laughs for the cast and crew. “Just the other day, he came to set,” Tupper divulges. “Me, Emily and Nolan Ross were having a scene, and behind us was this large yard. During the scene, he wandered through it, and everybody started busting up laughing. He was like, ‘I'm still alive!’”

Related Link: [Rumor: Are 'Revenge' Co-Stars Emily VanCamp and Josh Bowman Dating?](#)

Obviously, the cast and crew enjoy their time together, but as avid viewers of the series know, the show is not always fun and games. Tupper's character was actually presumed to be dead for the first few seasons. The drama only recently revealed that he was alive, providing one of the biggest shockers of the entire series. “*Revenge* is the only show I've ever worked on where, as soon as I get the script, I go right to the last two pages to see if my character is still talking,” he says with a laugh.

You may have been surprised to find out that David was still alive, but the writers have actually been planning that since

the beginning of the show; they just didn't know when it was going to happen. "In the history of television, it's the longest introduction to any character," the actor shares. "I would turn the show on during the second or third season, and in every scene, they'd be saying, 'David Clarke wouldn't have wanted that.' I was like, 'That's crazy – this power that's built around his memory.'"

Tupper says the cast and crew hope to continue for many more seasons. When asked how they keep coming up with story lines for these characters, he says he's wondered the same thing! The writers have assured him that they aren't done yet and have much more up their sleeves. It sounds like season five is just around the corner – stay tuned!

You can keep up with James on Twitter @MrJamesTupper. Tune in for Revenge this Sunday, Mar. 8 at 10/9c on ABC!

Divorce Attorney Jacqueline Newman Offers Relationship Advice: "You Want to Be Divorcing a Happier Spouse"





Interview by [Lori Bizzoco](#). Written by Emma L. Wells.

Jacqueline Newman has an impressive career as a family law attorney in New York City, so it's no surprise that she knows a thing or two about how to best handle a divorce. For starters, she encourages couples to stay away from social media. Saying negative things about your ex could affect more than just your relationship; it may also impact their career, as future employers may Google them and not realize that it was a former spouse who called them a cheat or a liar.

Jacqueline Newman Shares Relationship Advice for Couples During Divorce

It's also important to remember that your words will be around long after your divorce proceedings end. "Nowadays, children learn to tweet before they learn to walk," the divorce attorney explains when sharing some relationship advice. "You're making a footprint that's going to be there forever. You're saying bad things about your spouse because

you're caught in the moment, but your kids may see this one day."

Related Link: [Making Special Occasions Comfortable for Children After Divorce](#)

If you're thinking of splitting from your husband, there are several steps you should take. "One of the first things I ask my clients when they sit down in my office is, 'Are you sure you want to get divorced?'" Newman shares. She points out that this process is far from fun and shouldn't be undertaken unless you're 100 percent sure you want out of your marriage.

If your answer is yes, now, you have to decide *how* you want to get divorced. There are three basic options: litigation, collaborative law, or mediation. You need to figure out what process is best for you and what kind of divorce attorney you want to hire. "You want to be with an attorney who you feel you can say anything to. If you're not comfortable talking to them, then you're not giving them the tools and position to really protect you," she reveals.

While a good personality fit is the number one quality to look for in an attorney, the second thing you need is a person who can think strategically. "You need someone who's going to look at the big picture and figure out the best way to get you to your goals," she adds.

Related Link: [Facing a Divorce? Don't Take the Adversarial Approach](#)

Newman also encourages her female clients to become familiar with their spending habits. "Women are not always aware of their finances before getting divorced," she explains. "Pay attention to your lifestyle." It will empower you to know what's going on and help you control the outcome of your divorce.

Her best relationship advice for those going through a divorce

is simple: “You want to be divorcing a happier spouse.” She says it’s important to maintain a civil attitude – especially if children are involved – and make sure everyone has what they want in the end. If you want to look at [celebrity divorces](#) for inspiration, it may be tough. “If they’re really smooth and amicable, you never hear about them,” she divulges. “The best divorces are the ones you find out about after the fact.”

Prenuptial Agreements Aren’t Only for Celebrity Couples

Believe it or not, you don’t have to be a celebrity couple or have a lot of money to have a prenuptial agreement. Prenups are the biggest part of Newman’s practice, and there are many situations that require one. For instance, if it’s your second marriage and you have children from your first marriage or if you own your own business, then a prenup is necessary. As the divorce attorney explains, you should get a prenup “if you have assets that you want to be very clear are going to stay yours after a divorce.” She adds that laws are constantly changing and that it’s good to guarantee what’s going to happen in the event of divorce.

Related Link: [Divorce Expert Advice: Kindness No Matter What](#)

Apart from providing security, prenups can be good for your relationship and love. “Not only do they help assure the wealthier spouse that they aren’t being taken advantage of, but they teach couples to have difficult conversations about money,” she shares. “You shouldn’t look at prenups as asking for a divorce.”

As far as her own ten-year marriage goes, Newman believes that her job actually *helps* her relationship and love. “I think, on some level, it strengthens my marriage because seeing people at their worst, seeing what they will do, gives me perspective

on how little it matters if he doesn't unload the dishwasher," she says. "I fight all day long at work, so I really don't fight that much at home. I get it out of my system. You can't have a lot of drama in both parts of your life!"



Jacqueline Newman joined Berkman Bottger Newman & Rodd, LLP in 1998 and is now the managing partner of the firm. Ms. Newman's practice consists of litigation, collaborative law and mediation. She specializes in complex high net worth matrimonial cases and negotiating prenuptial agreements. Newman has appeared as a commentator on various television shows and has been quoted as an expert in numerous publications, including Glamour Magazine, Crain's New York Business, U.S. News and World Report, Woman's Day and The Huffington Post. For additional information, check out her website, <http://www.nycdivorcelawyer.com/>

Product Review: Check Out Gaiam's New Athletic Yoga Collection for Men – Just in

Time for Valentine's Day!



This post is sponsored by Gaiam.

By Shannon Seibert

With Valentine's Day quickly approaching, it's time to figure out what to get your man for the special holiday. If he seems to have everything he needs, why not get him a gift that will benefit both of you? With Gaiam's new Athletic yoga collection for men, you can improve his health *and* reduce his stress, paving the way for him to be an even better partner. Take a deep breath and help your man find his chi, thanks to our product review of the Athletic maxTowel and Athletic dynaMat.

Product Review: Gaiam's Athletic maxTowel and dynaMat

First, check out the [Athletic maxTowel](#) (\$29.98). It's designed to provide the maximum absorbency and the largest coverage to take care of even the biggest of muscles. Towel Dry Tech absorbs twice as much as standard cotton towels and dries in half the time, making sweat vanish almost immediately. This technology makes the towel optimal for any yoga setting. From intense 100 degree hot yoga to a more traditional setting, the Athletic maxTowel is able to absorb even the sweatiest of workouts. That way, your relationship and love won't be negatively affected by your significant other's new workout routine!

At 30 inches wide and 84 inches long, this enormous towel can probably hold both of you on your yoga date, providing the perfect excuse to get even closer to each other. This popular product can even be taken down to the beach or to your local park for a romantic session of sunrise yoga.

Next, take a look at the [Athletic dynaMat](#) (\$39.98). This reversible yoga mat is designed to be wider and thicker than most traditional mats, making it perfect for men. The extra space and support will help him feel at ease as he attempts to master even the most challenging poses. It'll even give him the stability he needs to sneak a glance at you in your tight yoga pants!

"The Athletic maxTowel and Athletic dynaMat are the perfect gift for that yoga-loving man in your life," says Executive Editor [Lori Bizzoco](#) after her product review. "The oversized towel is soft and plush, and the mat has great support and thickness without being too big and bulky. They're both a great Valentine's Day present for that guy who has it all!"

With the proper equipment from Gaiam, your love will be able

to head to the gym with confidence. Maybe he'll even reignite *your* workout motivation! After all, summer will be here before we know it.

Both the Athletic maxTowel and Athletic dynaMat are available at Gaiam.com.

Celebrity Video Interview: Actress Tia Mowry Says, “There’s No Such Thing as Balance!”



Interview by [Lori Bizzoco](#). Written by Shannon Seibert. Perhaps fans best recognize Tia Mowry from the 1990s television series *Sister, Sister*, but she's come a long way since then! Currently playing Stephanie Phillips on the popular Nickelodeon show *Instant Mom*, she channels her real life experiences as a wife and mother for the role: She married actor Cory Hardrict in 2008, and they welcomed their son Cree Taylor into their family in 2011. In our [celebrity video interview](#), Executive Editor Lori Bizzoco chats with the actress about marriage, motherhood, and her busy career, including her current partnership with the National Center for Missing & Exploited Children (NCMEC) and Honeywell.

Related Link: [‘Sister, Sister’ Star Tia Mowry and Actor Husband Cory Hardrict Are Expecting](#)

Tia Mowry on Being a Celebrity Mom

Finding balance can be seemingly impossible when you're a working parent – but Mowry has figured it out. “Be honest with yourself. In my opinion, there's no such thing as balance!” the celebrity mom says with a laugh. “Some days, you're going to be a better mom than other days.” She candidly adds, “I have a three-and-a-half year old at home, but I still consider myself a new mom. I'm still learning new things.”

Of course, there are some days where you just can't do it all. In those situations, she encourages other working parents to lean on their partners. “My husband is extremely considerate,” she shares in our celebrity video interview. “That's better than receiving flowers on Valentine's Day!”

Actress Shares Relationship Advice

in Celebrity Video Interview

Despite her busy schedule, the star still makes time for her favorite date nights with her man – relationship advice that she says is important for keeping the passion alive in a marriage. “It’s when we both get dressed up and get sexy for ourselves, for each other. I put on my really nice, sexy dress and red lipstick, and my husband puts on a really nice suit,” she explains. “Then, we go to our favorite restaurant...and really have a great meal and have a great glass of wine.”

Related Link: [Date Idea: Spend an Intimate Night Indoors](#)

Mowry also talks with us about her work with the NCMEC and Honeywell and the KidSmartz “Safety Dance” contest. For her, this partnership was a no-brainer. “As soon as you become a mother, you’re constantly worrying. My child’s safety is my number one priority,” the celebrity mom reveals. For more information about KidSmartz and the current contest, check out their website.

You can keep up with Tia on Twitter @TiaMowry and www.facebook.com/TiaMowry.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Hollywood Couple: Diane Kruger Adorably Freaks Out

Over Longtime Boyfriend Joshua Jackson's Golden Globes Win



20m

By [Rebecca White](#)

Happy celebrity couple alert! According to [UsMagazine.com](#), the latest celebrity news took place at the Golden Globes when Diane Kruger showed her support for longtime boyfriend Joshua Jackson. When his show, *The Affair*, won Best Television Series – Drama, Kruger appeared more excited than anyone by jumping to her feet and kissing Jackson. One way to build a strong relationship is to show support for your partner's career. Even famous couples have to do this to keep their relationships strong, like Kruger did at the Golden Globes.

What are three ways to support your partner in their career like this Hollywood couple does?

Cupid's Advice:

Sometimes, partnerships can be tricky, but one of the best ways to enhance your relationship and love for your significant other is to support their career in the best way you can. Always remember that a happy work life makes for a happy home life! Cupid has some advice on how to support your partner's career:

1. Be there when it counts: Just showing up to work functions, such as parties, ceremonies, speeches, retreats, or even concerts, will show your support and love for your partner. Being present in the many aspects of their life is important to any relationship.

Related Link: [Single in Stilettos Show: 3 Biggest Dating Mistakes by Career Women](#)

2. Make sacrifices: The pressure for excellence has increased in the workplace. With technology comes more accessibility which can add stress to our everyday lives. Sometimes your partner will need to stay late for a meeting, or go on a sudden business trip. You may not be a famous Hollywood couple, but life can still be busy and it takes a strong partner to respect and understand.

Related Link: [Matthew McConaughey Thanks Wife Camila Alves for Motivation](#)

3. Lend a hand: If your partner asks for your help, lend a hand with their workload as much as you can. However, if they don't ask for the help, it may be best to leave criticism out of the conversation. These minor actions will show your

partner that you support them in whatever way they need!

How do you support your partner's career? Share your thoughts below.

Coffee Meets Bagel Dating App Co-Founder Talks About Being on 'Shark Tank'



Interview by [Lori Bizzoco](#). Written by Lori Bizzoco and Emma Wells.

Looking for a unique way to find love on your mobile device?

Well, one of the biggest names in [dating and relationship](#) apps is about to get some air time on television tonight (and no, it's not Tinder). Coffee Meets Bagel co-founders and sisters, Dawoon, Arum, and Soo Kang, are heading to ABC's *Shark Tank* for the season premiere to seek funding for an Android app expansion that launched two days ago to compliment their growing business.

What is the Coffee Meets Bagel Dating and Relationship App?

Coffee Meets Bagel was started by the Kang sisters in April 2012 in New York. As smart, attractive, young, and busy professionals who weren't having much success with dating, they wanted to make finding love easier and more fun for singles by creating a unique dating and relationship app. According to their website, Coffee Meets Bagel operates under three guiding principles: Firstly, your dating life should be as private as you want it to be; secondly, meeting people through friends is safe and easy; and finally, it shouldn't be hard, uncomfortable, or tricky to meet good potential partners.

Related Link: [New Dating Apps to Manage Your Love Life](#)

Coffee Meets Bagel sets itself apart from other dating and relationship apps by providing users with only one potential match – or “Bagel” – per day at noon. Users then have 24 hours to either “like” or “pass” on their match. If you select “like” and your match does too, you get connected via SMS messages and can schedule a date. Additionally, Coffee Meets Bagel only provides matches it finds through your Facebook friend network. Perhaps this is why it has been so successful: They claim one million matches/introductions since they launched!

Their Experiences on Shark Tank

Executive Editor Lori Bizzoco had the chance to meet Dawoon a few years back at the New York launch party, and she spoke to her again this week. She wouldn't disclose too much information about what happens on *Shark Tank* or about the company's user numbers. "We don't give out our numbers," she reveals. Well, that's going to make for an interesting segment tonight considering *Shark Tank* investors are ALL about the numbers! When asked if we'll find out more about this on the show, she replies, "You'll have to wait and see!"

Interestingly, Mashable reported that the sisters were attacked by the sharks for being coy about their users.

It's not that the sisters don't know the premise of the show. In fact, Dawoon said that they are big fans. However, she does tell us that they didn't seek out the opportunity to be on *Shark Tank*, explaining that ABC actually contacted them directly. "I never considered going on *Shark Tank* before because we are a bigger company than the entrepreneurs they typically have on the show," referring to her company's 11 person team and their recent funding. The company received their first round of funding in September 2012 for 600,000 dollars from LightBank Venture Capital and the co-founder of Match.com, Peng T. Ong. They received a second round of venture capital – 2.8 million dollars – from an unknown source in May 2014. Speculation is that this came from one of the sharks, but Dawoon confirms it did not. "The investment happened before the announcement was made and before *Shark Tank*," she says.

Related Link: [‘Shark Tank’s’ Barbara Corcoran Talks Business, Relationships, and ‘Shark Tales’](#)

But when the opportunity presented itself, they knew it was too good to turn down. "We thought it would be amazing to have one of the sharks involved because they are so smart and

experienced," she shares. "So we decided to go for it. It was very nerve-racking, but it was a lot of fun!"

When asked if there was a particular shark they would want as an investor, she points to Mark Cuban. "If I were to pick one shark [to work with], I would probably love to have him involved because he's just so tech savvy. All the sharks are very straightforward and sharp, but I find Mark to be particularly so. I can totally see him adding a lot of value to Coffee Meets Bagel. We are very excited at the prospect of getting any of the sharks involved though."

Like any good reality television show, there is always the possibility of some drama. We'll just have to wait and see if Coffee Meets Bagel will be a match on the premiere episode of *Shark Tank*!

Tune in for Shark Tank tonight on ABC at 9/8c!

'The Bachelor' Season 19 Premiere: Chris Soules Meets 30 Bachelorettes





By [Sarah Batcheller](#), [Lori Bizzoco](#), and [Whitney Johnson](#)

If you watched the season 19 premiere of *The Bachelor* last night, you know that Chris Soules is in for quite a ride. The Arlington, Iowa native clearly has his hands full with this group of women! After getting booted by Andi Dorfman, there's no telling which dynamic lady will steal his heart – and when we say dynamic, we mean it. His contestants range from a ballet instructor and a flight attendant (a profession that hasn't reigned superior in *Bachelor* past) to a WWE Diva-in-Training and a former NFL Cheerleader. Some are hotties with big personalities, while others are more bashful and low-key. And then there's the girl who depends a little too heavily on the bottle. Of course, they have one thing in common: They all want the same man. Ahh, aren't you so glad to have season 19 of *The Bachelor* to start off the new year?

To help you keep up with the 30 bachelorettes vying for Prince Farming's heart, we developed a "cheat sheet" with identifying details and our personal opinion of the women. Who will be sent home in tears? Who will embarrass themselves on national television? And, most importantly, who will get that final

rose and prove to be the lady of Soules's dreams? Read on to find out what we think. (Spoilers ahead!)

Which Bachelorette Will Win Chris Soules's Heart on Season 19 of 'The Bachelor'?

Top Contender

Britt, Waitress, Hollywood, CA

After only one night, we think Britt could easily win the single hunk's heart with her sweet composure and warm personality. Her "free hug" idea was a perfect way to capture his attention. It gave him the chance to show his vulnerability, and she got him to open up and trust her. She even got the first impression rose *and* the first kiss! Nice job! A+ for how to win a man. Still, we have to wonder: What would an L.A. girl do on a farm?

Most Likely to Make Babies

Whitney, Fertility Nurse, Chicago, IL

Whitney is an adorable girl, and Soules said he is excited about her. How could he not be? The girl is smiling from ear to ear and living on cloud nine with her positivity. She sees possibility in everything, including the fact that, because she is a fertility specialist, she could help him raise baby hogs. Not sure her high-pitched, fast-talking, bubbly voice would be a good fit for the laid-back environment of the farm though. She would need to slow down...way down!

Related Link: ['Bachelor' Chris Soules Opens Up About Finding His Future Wife](#)

Winner of the Bachelorette Look-alike Contest

Kelsey, Guidance Counselor, Austin, TX

We had to do a double-take when we saw Kelsey exit the limo. For a moment, it looked like Molly Maloney (now Mesnick) had

stepped back into the scene! This short-haired widow would win the former *Bachelor* contestant look-alike contest if there was such a thing, but what she is really hoping for is to win Soules's heart. Only time will tell!

Award for Turning *The Bachelor* on During the Limo Introduction

Megan, Makeup Artist, Nashville, TN

"Blondie." "You're gorgeous." "Blue eyes." "I am nervous." "This is crazy." We thought for a moment that the farmer was going to run away with Megan right then and there! It was obvious that he was extremely attracted to her. One thing though: We were shocked that she was the only one, aside from Tara, who looked like she wasn't wearing makeup.

Best Dressed and Best Eyelashes

Ashley I., Freelance Journalist, Wayne, NJ

This East Coaster gets two awards: One for being absolutely stunning in her formal dress and the other for her long and just as stunning eyelashes. The girl is drop-dead gorgeous, but we need to see if her inside is as pretty as her outside. So far, she is nervous about the other girls, which really makes no sense. Confidence is key, Ashley!

Hardest to Figure Out

Trina, Special Education Teacher, San Clemente, CA

Hello, Farmer Chris! Trina's expression and facial reactions didn't really match her words. There is something somewhat phony about her...but we haven't quite figured it out yet. Stay tuned for more.

Craziest Profession

Reegan, Donated Tissue Specialist, Manhattan Beach, CA

It's a toss-up between embalmer Shawntel Newton and this donated tissue specialist for the craziest profession. Reegan brought biohazard waste to meet a man she's trying to impress. Really? Fake heart or not, there are some things that are just too much, too soon!

Official Train Wreck

Tara, Sport Fishing Enthusiast, Ft. Lauderdale, FL

The girl was probably the first in *Bachelor* history to show up dressed casually. She exited the limo with Daisy Dukes and cowboy boots to show Soules her “real” side. She later changed into a little black dress, climbed into an empty limo, and reintroduced herself as a lady. Unfortunately, she threw down so much Jameson, Jack, and Johnnie (her BFFs, as she mentioned) that she couldn’t pull off the classy lady for longer than 30 seconds. Still, the man of the hour (surprisingly) gave her a rose. We can’t wait to see what she does next!

Biggest Baby

Amber, Bartender, Chicago, IL

We’re not sure what to say here. A 29-year-old woman who still needs her teddy bear for comfort? She definitely doesn’t scream “marriage material” to us, but at least she made a memorable impression!

Related Link: [The First Official Look at Chris Soules on ‘The Bachelor’](#)

Worst Stolen Moment

Nikki, Former NFL Cheerleader, New York, NY

We couldn’t help but be disappointed that this beautiful brunette’s first moment with Soules was interrupted by Tara’s dramatic second hello. Lucky for us, Prince Farming got to know her a bit better at the cocktail party and decided to keep her around!

Wackiest Secret Admirer

Amanda, Ballet Teacher, Lake in the Hills, IL

The idea was good, but the girl is a bit off. As Britt put it, she has big eyes that are almost as scary big as those of Ashley S. As beautifully graceful and sincere as ballet is, Amanda is a little awkward. She even admitted in the confessional booth that she was single because she is crazy!

Most Likely to Bench Press *The Bachelor*

Jillian, New Producer, Washington, D.C.

Jillian has to be the girl most likely to beat the crap out of you! She's pretty but needs to tone down the testosterone and up her femininity if she wants to make it far in this competition. As of now, she doesn't seem like much of a match for small town guy.

Simplest Single Mom

Mackenzie, Dental Assistant, Maple Valley, VA

This young mom has a cute little boy and is looking for a husband. She asked Chris about his farm and did some watercolor painting with him. He gave her an education on Alfalfa, and the rest is history. Mackenzie is much simpler than the other women, so that may make it hard for her to compete.

Most Awkward Limo Exit (among other things)

Ashley S., Hairstylist, Brooklyn, NY

This was one of the most awkward limo exits we've ever seen. Why it wasn't edited is beyond us, but this girl didn't even look at Soules. She got out and looked around, as if she were high, lost, or confused. Maybe she tried out for the wrong show? During the cocktail party, she spoke in metaphor about being like an onion. Enough said!

Worst Sense of Humor—Ever!

Kaitlyn, Dance Instructor, Vancouver, BC

This girl had a great presence when she exited the limo. But as soon as she opened her mouth, it was all over. She introduced herself by telling an inappropriate joke that didn't seem all that funny. Soules later shut her down when she offered to tell yet another corny joke. Despite her awkwardness, the *Bachelor* was impressed with how down-to-earth she is.

After the farmer enjoyed some time with the first 15 ladies, the next group of women showed up. The first four to arrive –

Samantha, Michelle, Juelia, and Becca – were a bit...boring. They were all gorgeous (no surprise there) but didn't offer much in terms of exciting introductions.

Hottest Introduction

Tandra, Executive Assistant, Sandy, UT

There's no doubt that this girl made an entrance: She drove in on motorcycle in a beautiful dress. It was graceful, and she was showing Soules that they had something immediately in common (he rides a motorcycle too). She also revealed that, as much as she could be a lady, she could let her hair down too. Even the other women thought it was an amazing way to say hello!

Related Link: [Chris Harrison Jokingly Slaps Chris Soules in 'Bachelor' Promo](#)

Lamest Prop

Alissa, Flight Attendant, Hamilton, NJ

Alissa is adorable but may be a little immature for Soules. We're still on the fence. For her introduction, she took an airplane seatbelt and put it around his waist. It was a nice technique to get close to him, but she'll need to step it up in order to compete with the other ladies in the house.

Best Ice Breaker

Jordan, Student, Windsor, CO

We didn't get to see much of Jordan tonight, but from what we did see, we like her. She was smart enough to bring the nervous *Bachelor* two mini-sized bottles of whiskey, which they proceeded to drink together. Something to keep in mind, ladies: Figure out what he likes and do that!

Worst Miss Piggy Impersonation

Nicole, Real Estate Agent, Scottsdale, AZ

Nicole walked out of the limo with what looked like a handmade pig nose that was secured with elastic around her head. It was a cute idea, but it didn't really go over as well as she had

hoped. She was sent on her way.

Worst Way to Wear a Doily

Brittany, WWE Diva-in-Training, Orlando, FL

Two strikes for Brittany, thanks to her horrendous outfit (and we mean *horrendous*) and tacky “Soulesmate” poster. She looked like she was wearing a gigantic doily. If this was a hand-me-down from her great, great grandmother, we apologize, but it wasn’t even nice enough for the dining room furniture.

Worst Serenade

Carly, Cruise Ship Singer, Arlington, TX

Carly took her pink, girly karaoke machine and serenaded Soules with a song that she wrote for him. Interestingly, she did this while wearing a fluffy-looking chiffon dress. Carly is a cruise ship singer, which somewhat explains the cheese factor in her gimmick. She was sent back to the ship, her singing was not enough to get her a rose!

Most Adorable Introduction

Tracy, Fourth Grade Teacher, Wellington, FL

Too cute for words. She read a note to the handsome farmer from one of her students, basically telling him to take care of her teacher and that she thinks he’s cute and that she likes roses. What’s not to like?

Of course, there were other contestants – Jade, Kara, Kimberly, and Bo – but they didn’t make a memorable enough impression for us to include them on our list. Unfortunately, at the end of last night’s episode, Soules sent home eight women: Nicole, Amanda, Kara, Kimberly, Bo, Brittany, Michelle, and Reegan. Kimberly went back inside for the rose she didn’t get...and we were left with another *Bachelor* cliffhanger.

The Bachelor *airs on ABC on Mondays at 8/7c. Check back next week for our recap!*

'Vanderpump Rules' Reality TV Star Katie Maloney Confirms That She and Tom Schwartz Are Still Together!



Interview by [Lori Bizzoco](#). Written by [Sarah Batcheller](#).

[Katie Maloney](#) is a force to be reckoned with on Bravo's hit reality series *Vanderpump Rules*, a spinoff of *The Real Housewives of Beverly Hills*. Maloney's romantic relationship with castmate Tom Schwartz is in the spotlight this season and has made her character very interesting to watch. Intense,

drama-filled friendships sum up her social life, and her heated love life is now fodder for [celebrity relationship](#) news. CupidsPulse.com had the chance to speak with Maloney about the most recent celebrity cheating rumors on the show as well as her current relationship with Schwartz.

During our exclusive celebrity interview, the reality TV star confirmed that her employment at SUR was not staged for the cameras and that she's actually still working there. She also says that working with Lisa Vanderpump, the show's matriarch and boss, is "exactly what you would expect it to be." She assures us that Vanderpump "has high expectations – she really wants us to respect her and her business," adding, "She's really smart!"

Katie Maloney Discusses Celebrity Scandal on Reality TV Show

The *Pucker & Pout* style blogger clears the air about her fallout with castmate and ex-best friend Kristen Doute, who slept with their friend Stassi Schroeder's boyfriend, Jax Taylor. "Contrary to what everyone, including Kristen, wants to believe, I didn't end my friendship with her [Doute] because of what she did to Stassi." But Maloney does say it was a contributing factor because Doute's behavior and lies were "disturbing and alarming." Maloney explains, "It opened my eyes to how Kristen is towards her friends. We were best friends for so long, and we had a lot of fun together, but she has some issues that she has to work through. I don't hate her; I just had to move on with my life."

Related Link: [Celebrity Couples That Have Bounced Back After Cheating](#)

In regards to her friendship with Schroeder, the SUR employee

says, "It's definitely not what it was." Without revealing what happened between them, Maloney says that Schroeder had ulterior motives when it came to helping her through the celebrity scandal and cheating rumors about her boyfriend of four years, Schwartz. Most of Schroeder's motives were fueled by Schroeder's beef with her ex-boyfriend Taylor. "It's a sensitive subject because there are a lot of things I don't understand about it," Maloney admits.

Maloney says she tries to stay out of the drama, but it's hard. "With the kind of people I run around with, it's impossible not to get caught up in things," she confesses. "I've always tried to keep a level head as much as I can and not let emotions run too high. That's always kind of been my M.O. – I think I've done a pretty good job!"

Celebrity Couple Katie Maloney and Tom Schwartz Still Together

If history repeats itself, then viewers predict that another celebrity cheating scandal will occur on season three of the popular show – and that it might be Maloney and her boyfriend who end things next. Thankfully, though, Maloney fondly describes their celebrity relationship, recalling, "We met when he moved here from Florida. Kristen moved in with him, and she kept wanting to introduce me to her roommate, and I was like, 'No, I don't really want to date a model dude. There are plenty of those.' But then finally I met him...and the rest is history!" During our exclusive celebrity interview, she confirms that, even though their relationship has been a bumpy ride, they are still together and going strong.

Related Link: [Celebrities Who Have Gotten Back Together After a Cheating Scandal](#)

Maloney did go to her boss Vanderpump for relationship advice as we will see on tonight's episode. "I didn't know anyone

else with an unbiased opinion who I could talk to about it," she shares. "Everyone was talking about Tom and me. I didn't know where to go. I didn't know how to be around Jax. Lisa could tell how much I was hurting and pressed for information, and I told her everything that happened. I value her opinion because she has more life experience. She's been married for 30 years, and she's not Jax's ex-girlfriend! It was really nice to go to her."

Since her blog offers beauty and fashion advice, we had to ask Maloney for her best tips on what to wear on a first date. She shares, "It obviously all depends on where you're going, but wear something comfortable. Wear your favorite outfit: your go-to shoes and your go-to dress." If you still can't find something that works, she adds, "A little black dress is always a good option. Just keep it as classic as possible!"

The *Pucker & Pout* creator believes that her and Schwartz's story "tugs on the heartstrings a little" because it's so relatable to those who have also had to work through tough issues with their partner. Maloney is very firm on the fact that she and her beau have a good relationship and she encourages women to be careful of the pressure you get from friends when it comes to making decisions about your love life!

Keep up with Katie on Twitter @MusicKillsKate, and don't forget to check out her blog Pucker & Pout. Tune in for Vanderpump Rules on Mondays at 9/8c on Bravo!

Life Coach Lisa Haisha Shares

Her Best Relationship Advice: “Choose Love Everyday”



Interview by [Lori Bizzoco](#). Written by [Emily Meyer](#).

Lisa Haisha is a woman who can't be stopped. Not only is she a life coach, motivational speaker, and author, but she also works with nonprofit organizations like Whispers from Children's Hearts Foundation. Now, she is helping people discover the answers to life's most soul-searching questions through Soul Blazing, her unique therapy method. In our exclusive interview, Haisha chats with us about all things celebrity couples and relationship advice!

After working in the entertainment industry for a few years, the life coach decided to take a break and get her Masters in

Psychology. “I chose psychology because, having worked with actors so much, I felt like a psychology degree might be a good idea to deal with all of the various personalities,” she explains. “Plus, I have always been fascinated with what makes people tick.” Haisha now coaches some of the most well-known celebrities, helping them get into character and also aiding them with their personal problems.

Related Link: [Khloe Kardashian Talks About Finding Mr. Right: “Things Just Have to Happen”](#)

She helps her clients through Soul Blazing, which, according to her website, is meant to “unlock your potential by unveiling the fears, beliefs, and habits that prevent you from achieving your highest personal and financial success.” She reveals she got the idea of the name while working with an inmate at a women’s security prison. The prisoner told her she had “blazed her soul.”

Relationship Advice from the Life Coach

From all of her experience and time in the field, it’s no surprise that she has learned a lot. When asked about her best [relationship advice](#), she divulges, “You have to be extremely patient, and you have to choose love everyday. If you don’t choose love everyday, psychologically, you will start to think the relationship is too much work.”

The author claims that, to make a relationship work, you can’t react to the little things. She says, “Everyone wants to be loved, and everyone wants to love. Once you like yourself, you can like others.”

Related Link: [Ashley Tisdale On Husband Christopher French: “He Inspires Me in So Many Different Ways”](#)

Haisha also encourages everyone to be more accepting and to

consider that you may be wrong. Having conscious communication is key. “Instead of blaming, tell the person how you feel, whether it is true or not. The other person has to actually listen and repeat what you say,” she reveals. “Usually, you don’t hear the other person because you are stuck in your own mind. Whether it’s true or not, say, ‘I am so sorry you feel that way. What can I do to make you feel better?’”

What We Can Learn from Celebrity Couples

With the motivational speaker being surrounded by pop culture and the entertainment industry, she has a lot to say about Hollywood relationships. So why does she think all of these A-List single celebrities have such trouble finding love? She explains, “A lot of it is picking the wrong person because they’re lonely and emotional while working on movie sets. They either have flings, affairs, or random hook ups and think it’s going to work because it was so magical on the set. It typically doesn’t work because usually actors are narcissists.”

While many celebrity couples don’t show us what true love is, there are a few pairs that Haisha claims have happy and healthy relationships. “George Clooney, Matthew McConaughey, and Matt Damon are great examples because both them and their wives are leading strong lives in every area,” she shares. “They have all picked non-celebrities, grounded people who are taking care of the family and children but also have careers.”

She also reveals that a lot of couples are still together because they are passionate about a common cause: “Celebrity couples like George and Amal and Brad and Angelina are working towards a higher good. They both want to help shift the world, and that is what brings them together.”

To find out more about Lisa, SoulBlazing, or her motivational

speaking, go to her website lisahaisha.com. You can also keep up with Lisa on Twitter at @LisaHaisha. She's currently writing her next book, titled Soul Blazing: Melt Away Your Fears, Create Your Legacy, and Live a Life that Matters.

Let Your Love Shine with Star Registry + GIVEAWAY



This post was sponsored by Star Registry.

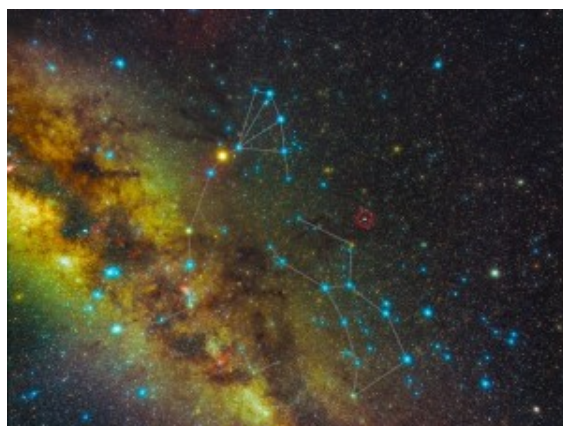
By [Sarah Batcheller](#)

Nowadays, it's more difficult than ever to pick out a unique present for a loved one. No matter how thoughtful and inspired

your ideas may be, someone, somewhere has taken the same idea and outdone it by a thousand. Even though you put so much effort into picking out the perfect present, you still don't feel like your gift-giving aptitude measures up.

Worry no more! We have found the most unique and romantic Christmas gift idea that is literally out-of-this-world. Trillions of light years away, lay presents that no added glitter or chrome paint could ever compete with: the stars! Thanks to the International Star Registry, you can buy and name a star for your own shining star here on earth! Whether it be your significant other, sibling, parent, child, or best friend, no other gift says "I love you" as timelessly as claiming your very own luminous star.

Because we love the idea of such a sweet gift, we wanted to experience the magic first-hand. So, CupidsPulse.com Executive Editor, [Lori Bizzoco](#) received her very own Photographic Sky Chart and praises it as "an amazingly unique and beautiful gift." Fellas, take note because a star is an extraordinary gift for a girlfriend or wife! Nothing says "you light up my life" better.



The Photographic Sky Chart.

Imagine it's Christmas, Valentine's Day, or any other special holiday, and you want to blow away your honey with a present that they never saw coming. Don't be like the majority of people scouring jewelry stores, flower shops or clearing out the designer handbag department. In order to find something that's personal, sentimental, and truly one-of-a-kind, reach for the stars! The International Star Registry gives you the opportunity to name a star after your cutie, or be creative and give a constellation-esque title inspired by your love. Bizzoco gave hers the star name "Natoria" after her two daughters.

The Photographic Sky Chart that comes with your purchase provides a detailed portrait and the location of your specific star, as seen in the image above. Not to mention, the Sky Chart will come custom framed in a 16" X 20" black frame for added style. Bizzoco's experience was a fabulous one, so make your sweetie feel the love too, and buy a star today!

~~GIVEAWAY ALERT: We're giving away TWO (2) Custom Star Kits with the Photographic Sky Chart (unframed)! To enter our giveaway, email cupid@cupidspulse.com with your full name, address, email, and daytime phone number BEFORE 5 p.m. EST on November 27th. In the subject line, please write "Star Registry Giveaway." You may enter the contest only once. Good luck!~~

Giveaway is now closed. Thank you to all who participated!

Celebrity

Interview:

Chantelle Fraser Talks Flawless NYC Moments Before 'Blood, Sweat and Heels' Brawl



Interview by [Lori Bizzoco](#). Written by Emily Meyer.
CupidsPulse.com Executive Editor Lori Bizzoco was on the scene at the hot NYC event last week, “A Flawless Affair” on the Hornblower Infinty, and had the chance to chat with the event planner responsible for the evening, Chantelle Fraser, in an exclusive celebrity interview.

As many people know, Fraser has recently been in the news after hinting on her Instagram account that she may be

joining the cast of *Blood, Sweat and Heels* for season two. She has posted multiple photos of her with stars of the [reality TV](#) series. In fact, the Bravo reality show was filming at the Flawless NYC event and made headlines after Geneva Thomas got into a brawl and broke a bottle over the head of her castmate Melyssa Ford. Ford was later rushed to the hospital and received stitches to her head, while Thomas was arrested for felony assault.

Related Link: [Video Interview: 'Blood, Sweat & Heels' Star Geneva Thomas Moments Before Brawl with Melyssa Ford](#)

The event planner was unable to comment on the brawl, but she did put out a statement last week. "I would also like to acknowledge that the highly publicized physical altercation which led to both parties being injured and an arrest was very upsetting for us all," she wrote on Facebook. "Neither party was associated or affiliated with the Flawless NYC brand. Flawless NYC represent love, enjoyment, positivity, and creativity. We do not condone violence in any way."

Celebrity Interview with Bravo Reality Star

Fraser, who hosted the event, talked with us on-camera prior to the altercation and explained that the night was supposed to be "a showcase of Flawless NYC," which she started nine years ago from her bedroom. "I was a high fashion modeling agent, and I noticed that a lot of the models needed extra work. They needed to do other things outside of the traditional modeling print arena," she says. "So the event space was a very unique opportunity. I managed to get all of these high fashion models and help them utilize their additional skill sets."



Event performers. Photo courtesy of Chantelle Fraser's Facebook.

Fraser was in high spirits – and only a bit nervous – about the event. “I want to show the world what a New York party should look like,” she exclaimed during our celebrity interview.

Related Link: [‘Blood, Sweat and Heels’ Star Brie Bythewood on Departure From the Series and Pregnancy](#)

In addition to the evening's finale with Thomas and Ford (which we hear will be highlighted on the season two finale episode of *Blood, Sweat and Heels*), the event featured some of the best entertainers and models from Flawless NYC, including belly and burlesque dancers, fire performers, white angel performers, and a number of body-painted models. DJ She-Rock, another member of the Flawless NYC team, also provided some of today's hottest dance tracks for the guests to enjoy all night.



DJ She-Rock. Photo courtesy of Chantelle Fraser's Facebook.

A premiere date has not yet been announced for season two of *Blood, Sweat and Heels*.

You can follow Chantelle on Twitter @chantyfraser. For more information on *Flawless NYC*, visit the website, <http://flawlessnyc.com/>.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Learn the 20 Steps to Heal a Broken Heart in Lesley

Robins' New Book 'The Breakup Book'



This post is sponsored by Lesley Robins.

Interview by [Lori Bizzoco](#). Written by Emily Meyer.

When it comes to bad breakups, Lesley Robins has been through them all. In her new book, *The Breakup Book: 20 Steps to Heal a Broken Heart*, the E! News producer and Young Hollywood contributor walks her readers through a 20-step process to get over your broken heart. Executive Editor Lori Bizzoco recently chatted with the new author about how she managed to thrive after her tough split as well as her best advice for hopeless romantics who are dealing with heartache. Here's what the nationally-recognized journalist had to say:

Why did you organize your book with a 20-step approach?

There is a reason why the chapters go in the order that they do. At the beginning, I'm not telling you to be grateful; I'm not telling you to travel; I'm not telling you to create a new home the day he leaves you. The first chapter just encourages you to *not* be alone. You need love – you lost love; now, go find it.



Lesley Robins talks about new book in an exclusive interview. Photo courtesy of Amanda Boyer.

What inspired you to write your book?

As a journalist, I am a host, reporter, producer, and writer. I had all of these things, but I've always wanted to be an

author. So in 2010, my ex and I had broken up for good. It was a few months after that, and I was still in a really dark place. I was out to dinner with my mentor's wife, and I was talking about my breakup and what I was trying to do to feel better. She turned to me and said, "That's your book." It was at that dinner that we discussed that every chapter should be a piece of advice someone gave me to get through the split. We talked about what worked and what didn't work, and I crafted it in that moment.

Related Link: [10 Signs That Your Relationship Has Hit a Dead End](#)

It seems like every woman has a story about a bad breakup. Do you think this book will be successful since everyone can relate to it?

We all have a breakup story, yet no one wants to talk about it. We're human, which means we have flaws. The thing I stress is, when you're trying to talk about your breakup, you want a neutral party, someone who is not going to judge you. No relationship is alike, and no breakup is alike. However, at the same time, when we talk about it and we can share our story, it's comforting to know that other people are going through the same thing.

What advice do you give to woman who want to feel confident instead of depressed after a breakup?

You're not going to feel your best right away – and that's okay. I'm giving you permission to be sad, depressed, and pathetic for a minute. That's why the first step is to never be alone. Since you used to have someone by your side 24/7 and now that person is gone, you will need to be surrounded by love. Go find your people!

What do you say to people who feel overwhelmed by the thought of completing 20 steps?

The beautiful thing about these steps is that they can happen simultaneously. You're not going to start them all at the same time, but they will all eventually merge together to form the new you. It is all really about self-love. I think the main thing that I want women to grasp is the importance of being grateful. Be grateful for everything around you – your family, your friends, your career. Be in the moment and focus on what you *can* control.

Related Link: [How to Get Through a Breakup and Heal Your Heart](#)

Something that I think is really important for our readers to know is that you were in your 30s when this breakup happened. You were thinking about a long-term commitment, even marriage.

In my first draft of the book, I actually didn't include my age. Then, my editor told me I needed to add it. I met my ex when I was 29, and here I was, single again at 36. Any woman reading it gets it. Being single in your 20s is so different from being single in your 30s! So my life became about doing everything by myself, which was a big adjustment. I had to be okay with being on my own.

What was the hardest chapter for you to write?

I think the hardest chapter for me to write was "Go Cold Turkey with your Ex" because I didn't master it for a really long time. But once he got engaged, I went cold turkey. That's when I was finally done. I had no more fight left in me. I went through every emotion I could imagine – and I write about that.

How is your love life going now?

I'm dating, but I'm single. I'm happy and strong, and I'm still a hopeless romantic. The first few months after my breakup, I didn't want to be with anyone. But now, I am back to being the girl who loves romance and finding love. I love

it!

~~GIVEAWAY ALERT: Two lucky readers will receive a copy of *The Breakup Book: 20 Steps to Healing a Broken Heart*. To enter our giveaway, email cupid@cupidspulse.com with your full name, address, email, and daytime phone number BEFORE 5 p.m. EST on November 12th. In the subject line, please write "The Breakup Book Giveaway." You can also enter on Facebook. You can enter the contest only once. Good luck!~~

Giveaway is now closed. Thank you to all who participated!

*Pick up a copy of *The Breakup Book: 20 Steps to Heal a Broken Heart* today! You can keep up with Lesley on Twitter @LesleyMia.*

Celebrity Video Exclusive: 'Blood, Sweat & Heels' Star Geneva Thomas Moments Before Brawl with Melyssa Ford





Interview by [Lori Bizzoco](#). Written by [Sarah Batcheller](#).

CupidsPulse.com Executive Editor Lori Bizzoco was on the scene when Bravo's *Blood, Sweat and Heels* filmed on Tuesday evening and had a chance to booty shake during a celebrity video exclusive interview with reality star Geneva Thomas only moments before her brawl with costar Melyssa Ford.

Celebrity Video Exclusive with Bravo Reality Star

During the celebrity interview, Thomas was in better than good spirits and shared with us her optimistic views on relationships and love. "I'm still single, unfortunately – but fortunately too because it gives me a chance to focus on my work and also to meet the guy who's right for me," she says. "I'm not particularly into rushing into anything. I just want to have fun and enjoy being single!" Feisty as always, the Detroit-born diva showed she was doing just fine on her own two feet.

Related Link: [Jennifer Lopez Says She Needs to Be Single Right Now](#)

Further discussing her career, the reality star mentioned the successful launch of 1530 Agency, a digital marketing firm, as well as a website she is currently working on called Jawbreaker NYC, which involves style and pop culture. "I'm a journalist – that's my passion and my heart!" she exclaims during our [celebrity video exclusive](#) interview. The last thing the Bravo star informed us of was her recent Halloween costume party, where she dressed as the powerful Cleopatra.

So what changed her mood only moments later? A source close to Thomas tells us that the tension between her and Ford has been building since the first season. As viewers know, some of that drama was edited out of the Bravo show. Bizzoco witnessed the altercation that took place on the Hornblower Infinity and spoke to Thomas directly following the brawl but will not comment further.

Related Link: ['Blood, Sweat and Heels' Star Brie Bythewood on Departure From the Series and Pregnancy](#)

Thomas is currently facing felony charges as a result of the brawl with Ford, so the big question now is whether Thomas will stay on *Blood, Sweat and Heels* or be asked to leave the show like former cast member and mom-to-be Brie Bythewood. We will just have to wait and see how the series handles the situation on the upcoming season!

You can follow Geneva on Twitter @GenevaSThomas.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

'DWTS' Star Antonio Sabato Jr. on His First Week: "I Do Everything Cheryl Tells Me To!"



Interview by [Lori Bizzoco](#). Written by Shannon Seibert.

It looks like Jagger has some moves! Last Monday, Antonio Sabato Jr. captivated the audience with his first dance on ABC's hit show *Dancing With the Stars*. The former *General Hospital* star kicked off season 19 with a fiery Cha-Cha. Sabato and partner Cheryl Burke were criticized by the judges for his lack of "hip action" and scored a lackluster 25 out of 40. In our [celebrity interview](#), we asked him a few questions about his first week on the dance floor as well as his new

home improvement series *Fix It or Finish It*.

Related Link: [‘DWTS’ Contestant Antonio Sabato Jr. Reveals His First Dance: The Cha-Cha!](#)

Celebrity Interview: Antonio Sabato Jr. Opens Up About His First Dance on *DWTS*

How did you feel about your Cha-Cha and about being the first one to go out on the floor?

ASJ: I thought it went well. When you’re out there in front of an audience, the energy is amazing. You can’t help but turn the performance up a notch. Going first is challenging – it’s all over before you know it!

We hear you are doing the Rumba on tonight’s show. What techniques or strategies are you and Cheryl working on to help you loosen up a little more? The chemistry is great, so that’s an amazing start!

ASJ: I’m just trying to relax and be in the moment and let the steps come naturally. I do everything that Cheryl tells me to!

Related Link: [‘DWTS’ Pro Tony Dovolani on His Marriage: “My Wife is My Queen”](#)

We see that you visited Mario Lopez the other day. Did he give you any tips or secrets based on his experience on DWTS?

ASJ: No secrets – he just told me to have fun.



Antonio Sabato Jr. filming for 'Fix It or Finish It.' Photo: Bellum Entertainment / Andrew Doyle

Lastly, how are things going with *Fix It and Finish It*?

ASJ: Fantastically! The ratings have been really good, and we just found out that Rive Gauche has picked up the show to sell it internationally. It's a great experience, and I love that I get to help people every single day.

Follow Antonio Sabato Jr. on Twitter @antoniosabatojr. Watch the actor on Dancing with the Stars on Mondays on ABC at 8/7c!

'Blood, Sweat and Heels' Star Brie Bythewood on Departure From Reality TV and Celebrity

Pregnancy



Interview by [Lori Bizzoco](#). Written by [Sarah Batcheller](#).
Bravo's *Blood, Sweat and Heels* reality TV star Brie Bythewood has it all: an impressive career, a devoted man, and soon, a little girl to call her own. CupidsPulse.com Executive Editor Lori Bizzoco spoke with the real estate developer at the *OK!* Magazine New York Fashion Week event on September 10th to get some insight on her celebrity pregnancy and the upcoming season of the hit show. However, this week, there have been rumblings that Bythewood won't be returning to *Blood, Sweat and Heels*, so we followed up with her and got the full scoop on her plans for the future. Here's what we know:

Bravo Star Talks About Reality TV Show

The mom-to-be spoke to us about the recent rumors of her departure from the reality TV show, “It was a decision made months ago,” she reveals in our celebrity interview. “For me, my pregnancy is, and has been, my focus.”

Related Link: [‘Blood, Sweat and Heels’ Star Brie Bythewood on Baby Announcement: “There Won’t Be Any Pregnancy Scenes on the Show”](#)

When we asked Bythewood if there were any new projects brewing or if she would be taking a break, she said that instead of slowing down, her schedule has actually picked up, and she has a new project in the works, hinting, “That will be something everyone will have to wait to see! I can’t really get into the details about it quite yet, but it will be very different from what you saw on *Blood, Sweat and Heels*.”



Brie Bythewood is thrilled about having a baby girl. Photo: Alicia Bythewood

Brie Bythewood Dishes on Her Celebrity Pregnancy

The Emerson alumna describes the father of her soon-to-be daughter as her “heartbeat” and gushes that he’ll be an amazing dad. She goes on to say, “He’ll be the first man [our daughter] ever loves, and she doesn’t know how amazing of a person that is to have as a first love.”

While speaking of the gender reveal party she and her longtime boyfriend hosted, Bythewood reflects on the day their doctor called to announce the sex of their baby. She appointed her mother as the keeper of the secret, as she wanted the news to remain a surprise so she could share the moment with the rest of her loved ones. So when the party came around, the original Mama Bythewood filled a box with pink balloons, and when the couple opened it, they rejoiced at the news of a baby girl on her way.

Related Link: [‘Blood, Sweat and Heels’ Star Brie Bythewood Says, “I Don’t Know How to Be Anyone Other Than Me”](#)

It was difficult to meet up with a few of her former castmates to tell them the news of her [celebrity pregnancy](#), and she regrets that they read the story in the press first. She states, “We couldn’t get it together, so I said, ‘You know what, you’re going to read some news; I wanted to tell you first.’ But I refused to tell them over the phone.”

We’re sad that there will be no pregnancy and celebrity romance on the second season of *Blood, Sweat and Heels* – we’ll miss the class and sophistication that the mama-to-be brought to the small screen!

You can keep up with Brie on Twitter @BrieBythewood!

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Celebrity Gossip Columnist

Perez Hilton on Dating in NYC: “It’s Raining Men, But It’s Exhausting”



Interview by [Lori Bizzoco](#). Written by Christina DeRosa. It's hard to keep up with Perez Hilton, as he's always on the go trying to get celebrity gossip for his own popular website. But the blogger slowed down for a moment to catch up with CupidsPulse.com at *OK!* Magazine's New York Fashion Week celebration. During a one-on-one celebrity video interview, he gave us the latest scoop on living a healthy life and looking for a relationship and love in New York City.

Perez Hilton Talks Celebrity Dating

When asked about [celebrity dating](#) in New York, Hilton shared that he isn't giving up on the hope of finding someone special. He's continued to online date, as he shared in his last interview with us (see related link below). "It's great; I'm not gonna complain," he adds. "It's raining men, but it's exhausting going on so many first dates."

Related Link: [Perez Hilton on Dating with a Child and Finding Love Online](#)

What he wants in a partner is quite simple: "Somebody who is happy – happy professionally, happy personally, and happy with the direction their life is heading in," the blogger tells us. "Someone who knows who they are, knows what they want."

With his son adjusting to the New York lifestyle, we were curious to find out if there would be more kids in his future. The celebrity gossip columnist replies, "If I'm lucky!"

Hilton also reveals his plan for staying slim and healthy: that large bag with him on the red carpet. When asked what was in the bag, the star admits, "My food." His secret: "Nothing special – no juicing, no weirdness, just healthy food really."

Related Link: [Perez Hilton Opens Up About Fatherhood](#)

Celebrity Gossip Columnist on Fashion

Ever the fashionista himself, he says, "What I have most enjoyed about fashion week is just getting to wear so many fun clothes."

He said that his inspiration behind the black and white unitard and black boots he was wearing at the *OK!* event was to pay homage to the beloved red carpet queen herself: Joan

Rivers. So sweet!

Keep up with Perez via Twitter @PerezHilton.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

'The Bachelor' Stars Catherine and Sean Lowe on Celebrity Baby Plans: "Not Anytime Soon"



Interview by [Lori Bizzoco](#).

It's every *Bachelor* couple's fairytale to walk down the aisle after finding true love on ABC's hit reality TV show. For happy celebrity couple Catherine and Sean Lowe, that fairytale turned into a reality when the couple got hitched in a televised wedding earlier this year. Our executive editor and founder Lori Bizzoco talked to the happy celebrity couple at *OK!* magazine's New York Fashion Week celebration to get the scoop on married life, their recent appearance on *Bachelor In Paradise*, and their [celebrity baby](#) plans.

***The Bachelor* Couple Talk Marriage and Celebrity Baby Plans**

Related Link: [Ok! Magazine New York Fashion Week Celebration](#)

Since becoming Mr. and Mrs., it's no surprise that the newlyweds have learned a few things about each other. For instance, Sean reveals, "She's messy...and I'm a neat freak, so we're working on that." Still, marriage is "wonderful" for the pair. "I'm with my best friend all the time, so I can't ask for anything more than that," the former *Bachelor* adds.

As fans recently saw, the celebrity couple appeared on the finale of *Bachelor In Paradise* to give the final two pairs – Marcus Grodd and Lacy Faddoul and Cody Sattler and Michelle Money – a bit of relationship advice. While they believe that both reality TV dups will last, they're particularly excited for newly-engaged Grodd and Faddoul. "If Lacy ends up moving to Dallas to be with Marcus, we'll be doing some double dates," Catherine says.

We couldn't resist asking about their future plans for a celebrity baby. Not anytime soon!" Catherine shares. "But yes, of course, we want a family."

Related Link: [Sean Lowe Writes, "My Wife is Hot and I'm in](#)

Love”

In the mean time, the happy couple is enjoying their time together as husband and wife. When it comes to date night outfits, the fashionable graphic designer says, “There is never a go-to. It’s always, ‘What are we doing?’ I need to be appropriately dressed.” Looking lovingly at her hubby, she adds, “I like wearing my hair up because he likes my hair up.”

Keep up with Sean and Catherine on Twitter: @SeanLowe09 and @clmgiudici!

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Celebrity Interview: ‘DWTS’ Contestant Antonio Sabato Jr. Says His First Dance is The Cha-Cha!





Interview by [Lori Bizzoco](#). Written by [Sarah Batcheller](#).

Hailing from Rome, Italy, Antonio Sabato Jr. first grabbed America's attention as an underwear model for Calvin Klein before playing Jagger Cates on the popular soap opera *General Hospital*. Now, he's impressing us with even more talent, as he takes on two new roles: DIY expert on *Fix It and Finish It* and contestant on season 19 of *Dancing With the Stars (DWTS)*. The busy father of two found some time to chat with us as he enthusiastically tackles both endeavors while on the road!

Antonio Sabato Jr. Talks Current Projects in Celebrity Interview

In our celebrity interview, the TV host says that taking on two projects at once is something he can definitely handle, and he clearly intends to succeed at both, stating, "Challenges are something that I love confronting face on – and *Fix It and Finish It* is a huge challenge! We're doing 150 shows in a year across the country; it's a lot of renovations,

demolitions, and things like that.” His wife Cheryl will be helping with the building projects as well.



Antonio Sabato Jr. on ‘Fix It and Finish It.’ Photo courtesy of Bellum Entertainment / Photographer: Andrew Doyle

Then, Sabato got the call to do *DWTS*, which he describes as a “blessing.” The family man didn’t originally intend to put his dancing shoes on though. “My first thought was that I couldn’t do it. It’s up to my producers and my team because *Fix It and Finish It* was my main priority. They all worked it out, and now, we have a busy, seven-day schedule each week,” he explains. “*DWTS* is something that I considered for a long time. My fans and my family are so happy that I’m doing it.” His daughter, who will be in the audience each week with his wife and other kids, is especially excited about the show,

being that she is the real dancer of the celebrity family.

Related Link: [Brooke Burke-Charvet Says 'Dancing With the Stars' is "Unpredictable and Evenly-Matched"](#)

Reality TV Star Opens Up About *DWTS* and Celebrity Marriage

Sabato says that his greatest sources of support are his “two Cheryls,” one being his wife and the other being his *DWTS* partner, Cheryl Burke. Of his [celebrity marriage](#), he says, “I can’t wait to dance with my wife! I’m definitely picking up some stuff, and hopefully, I’ll be somewhat of a dancer relatively soon. Then, I can take those moves and have a nice time with her.” We can’t wait to see more of this celebrity relationship on both of Sabato’s shows!

When it comes to Burke, he shares, “When they asked me who I wanted to dance with, I said Cheryl – and I got her! She’s everything that I need and then some. She’s tough and kind. I like to push myself, and she just pushes me to another level.”



Antonio Sabato Jr. on 'Fix It and Finish It.' Photo courtesy of Bellum Entertainment / Photographer: Andrew Doyle

It's clear that the actor believes life is about embracing new experiences. "It's about taking chances, trying new things. I don't like to follow the herd. I do whatever I feel like doing," the reality TV star says in our celebrity interview. "I feel like doing things that come my way, and I just take it one day at a time. *DWTS* is another opportunity to do something that is quite amazing, actually, in such short amount of time. You can't refuse that!"

Related Link: ['DWTS' Pro Tony Dovolani on His Marriage: "My Wife is My Queen"](#)

As for his first dance, he reveals that he'll be doing the Cha-Cha on tonight's episode. "I'm looking forward to learning

any dance since I don't have any dancing background. We've been rehearsing for about a week and a half now," he explains. "What a challenge – it's mental, physical, and emotional. But you have to make life interesting!"

It's no surprise that his longtime fans are a great source of encouragement. He knows that he's "still Jagger to them" and gushes, "It's incredible. They keep everything going. They supported me from day one. They're still supporting me now. Doing *DWTS* is for them as well. I have the best fans in the world."

You can keep up with Antonio on www.facebook.com/Antonio-Sabato-Jr-38146293272/. Don't forget to tune in to Fix It and Finish It each weekday – check local listings for times and stations in your area. You can also catch him on Dancing With the Stars, which premieres on ABC on Monday, September 15th at 8/7c!

'RHONJ' Star Kathy Wakile Talks Desserts in Celebrity Video Interview: "Indulge. It's Not Going to Kill You!"





Interview by [Lori Bizzoco](#). Video by [Damian Kolodiy](#).

Kathy Wakile first captured our hearts as a cast member of *Real Housewives of New Jersey (RHONJ)*, and now, she's enchanting our taste buds with her dessert line Dolci Della Dea and her cookbook *Indulge: Delicious Little Desserts That Keep Life Real Sweet*, which was released on September 2nd. Earlier this week, the reality TV star did a book signing at the Boulevard Books & Cafe in Brooklyn. In our celebrity video interview, we got the latest scoop on her decadent desserts, the upcoming season of *RHONJ*, and life at home with her family.



Lori Bizzoco with Kathy Wakile and her husband Richard.

Reality TV Star Dishes on New Cookbook

As fans may know, the title of her cookbook came from something she said on *RHONJ*: “We were talking about my desserts, and I mentioned how I see really, really skinny girls who deprive themselves of everything and who aren’t happy. So I said, “Honey, have a cupcake. Indulge. It’s not going to kill you!’” With that thought in mind, Wakile focused on mini desserts, so people can enjoy something sweet without feeling guilty afterwards. She adds, “We want them to look good and taste good, but we don’t have to have

such large portions.”

Related Link: [‘RHONJ’ Star Jacqueline Laurita: “I Try My Best to Get Along with Everyone”](#)

When it comes to impressing your partner, her best love advice is simple: She recommends baking her Chocolate Volcanoes. As she mentioned after our interview, “It should be served hot – and it’ll make your man feel hot too!” It’s no surprise that it’s her husband Richard’s favorite dessert. Another great date night dessert is the Almond Joyous Cheesecake Cuties (recipe below) – perfect for sharing with *your* cutie!



Almond Joyous
Cheesecake Cuties.
Photo: Andrei
Jackamets

Almond Joyous Cheesecake Cuties – makes 2 dozen

CRUST

2 large egg whites

$\frac{1}{4}$ cup granulated sugar

2 cups sweetened flaked coconut

TOPPING

$\frac{1}{2}$ cup sour cream

3 tablespoons sugar

1 teaspoon almond extract

FILLING

Two 8-ounce packages cream cheese, at room temperature

$\frac{1}{2}$ cup granulated sugar

3 large eggs

3 tablespoons sour cream

3 tablespoons heavy cream

1 teaspoon almond extract

2 teaspoons coconut extract

$\frac{1}{4}$ cup almonds, toasted and finely chopped

Ganache (page 181)

Sliced almonds, for garnish

EQUIPMENT

Two 12-cavity mini cheesecake pans

Food processor

Electric mixer

Small pastry tamper, optional

2 large rimmed baking sheets

- Preheat the oven to 350°F with one rack positioned in the center of the oven and another rack positioned at the bottom of the oven. Fill a broiler pan or roasting pan with about 2 inches of water and set it on the bottom rack.
- To make the crust, combine the egg whites with the sugar in a medium bowl and use an electric mixer to beat to very stiff peaks. Use a rubber spatula to fold in the coconut until well combined.
- Scoop about 1 tablespoon of the mixture into each cavity in the mini cheesecake pan and use the back of the measuring spoon to firmly compress the mixture into an even layer about $\frac{1}{4}$ inch thick.
- Set aside.
- To make the almond topping, in a small bowl stir together the sour cream, sugar, and almond extract. Set aside. To make the filling, in a separate bowl beat together the cream cheese and sugar with an electric mixer at medium speed until smooth and creamy. Beat in each egg separately and scrape down the bowl after each addition. Continue to mix at medium speed and add the sour cream, heavy cream, almond extract, and coconut extract.
- Set the cheesecake pans on rimmed baking sheets (this will make it easier to get them in and out of the oven). Press the crust down again to ensure that it is well packed.
- Transfer the filling to a large measuring cup with a spout and pour enough filling into each cavity of the pans to fill a bit more than three-quarters of the way up to the rim.
- Bake for 7 minutes at 350°F then lower the temperature to 250°F and bake 10 to 12 more minutes, or just until the surfaces of the cuties are set at the outer edges but still wobbly in the center. (Keep a close eye on them!)
- Take the pans out of the oven and divide the almond

topping among the cakes, spooning an even layer onto each and smoothing the tops with the back of the spoon. Top with the chopped almonds, then return the pans to the oven and bake for an additional 7 minutes. (They'll still look wet, but they will set as they cool.)

- Let the cakes cool in the pans for 3 to 5 minutes, then run the tip of a very sharp knife around the top edge of each cake (this will unstick any topping that has adhered to the side of the pan and help the cake come out of the pan easily and flawlessly once they are cool.) *Don't try to add the chocolate ganache or unmold the cakes while they are still warm!*
- Let the cuties cool in the pans all the way to room temperature, at least 30 minutes. Then chill in pans for 2 hours before unmolding and topping with ganache.
- Carefully unmold the cuties by pressing the little round disk underneath each cake upward to raise the cake so that its bottom is level with the pan rim, then slide a small spatula underneath the cake.
- To cover the cuties with ganache, arrange the unmolded cheesecakes on a wire rack that's sitting on a parchment-lined baking sheet. Use an offset spatula or butter knife to carefully apply a thin layer of ganache to the tops and sides of each cutie. Let dry, then go over the cheesecakes again to smooth out any spots you may have missed, working from the top first and then down around the sides (dipping the spatula or knife in hot water and wiping dry periodically will also help keep the ganache smooth).
- Garnish with sliced almonds and refrigerate 6 hours or overnight before serving. (You could chill the cuties overnight before adding ganache, then chill more briefly just to set the ganache. The cuties can be kept in the refrigerator for 3 days and are also freezable.)

Ganache – makes about $\frac{3}{4}$ cup

8 ounces bittersweet or semisweet chocolate, chopped

$\frac{1}{4}$ cup heavy cream

2 tablespoons unsalted butter

- Combine the chocolate, cream, and butter in a small heatproof bowl. Set the bowl over a saucepan of barely simmering water. Cook, stirring occasionally, until the chocolate is melted and the mixture is very smooth.
- Let the ganache cool to room temperature before using.

From Indulge by Kathy Wakile with Miriam Harris. Copyright 2014 by the authors and reprinted by permission of St. Martin's Griffin, an imprint of St. Martin's Press, LLC.

Celebrity Video Interview: Kathy Wakile Opens Up About Her Family

Although the mom of two focused on her cookbook over the past few months, she will be gracing the small screen towards the end of season six of *RHONJ*. “You’ll see what’s happening with my family and see how my children have grown. You’ll see what’s happening with our everyday lives,” she explains.



Kathy Wakile at her book signing at Boulevard Books & Cafe.

Speaking of her family, the reality TV star reveals that her daughter Victoria is doing well after battling her second benign brain tumor. “She’s a strong, brave girl, and she’s just more motivated than ever,” she says with a smile. Of how she got through such a difficult time, she credits the power of prayer. “I don’t feel like it was me doing everything. I feel like God was carrying me through.”

Related Link: [RHONJ’s Teresa Giudice Debunks Divorce Rumors](#)

Of course, the New Jersey native isn’t done expanding her empire just yet. Next up is a cookbook of Mediterranean-based appetizers and small plates. As she explains, “I get a chance to show my love through my cooking!”

Keep up with Kathy on Twitter @KathyWakile. You can purchase her cookbook Indulge: Delicious Little Desserts That Keep Life Real Sweet at your local bookstore or on Amazon.

‘Blood, Sweat & Heels’ Star Brie Bythewood on Celebrity Baby News: “There Won’t Be Any Pregnancy Scenes on the Show”

20mi

Interview by [Lori Bizzoco](#). Written by Ann Luther.

We fell in love with her on the premiere season of *Blood, Sweat and Heels*. Her name is Brie Bythewood, third-generation New Yorker, real estate developer, fashion goddess, and now, soon-to-be mother to a precious baby girl. She was a class act on *BS&H*, doing her thing as a successful working woman. Still, she left us with so many questions about her life off-camera, from dating to fashion and everything in between. On the brink of her celebrity pregnancy announcement, CupidsPulse.com had the pleasure of interviewing the reality TV star and got the delicious scoop on her [celebrity baby news](#) as well as her longtime relationship and love.

Reality TV Star Opens Up

About Relationship and Love Interest

To catch fans up to your celebrity baby news, let's talk about Season 1. Your boyfriend was never revealed on the show. Is this a new love interest for you?

My boyfriend has been in my life for quite a while. He is the man that has held my heart and stood by my side before, during and after *Blood, Sweat & Heels*. I've said it before, and I'll say it forever: I'm so happy that he will be the first man my daughter ever loves. He's one of the good guys, and he honestly makes me the happiest girl in the world. We're looking forward to beginning this new chapter of our lives together.

Related Link: ['Blood, Sweat and Heels' Star Brie Bythewood Says, "I Don't Know How to Be Anyone Other Than Me"](#)

Who was the first person on the cast to reach out and congratulate you?

The first person from the cast to reach out to me was my lady love, Demetria, quickly followed by my sis, Geneva. I love those gals. They are friends like no other and I adore them both beyond words. The following day, I received a very sweet text from Daisy who, fittingly, has always called me Momma Brie.

We heard you had an amazing gender reveal party and that you are having a little girl. Congratulations! What was your initial reaction to the pink balloons?

From the moment we found out we were expecting, I believed we were going to have a baby girl. So much so that I made a bet with my boyfriend. He confidently accepted because he was certain our baby was a boy. The moment we opened the box at our gender reveal party and the pink balloons appeared, I

screamed and jumped up and down as I quickly exclaimed, “I knew it!! Told you so!!!” For one week my boyfriend had to incorporate pink in his wardrobe, which he did quite creatively and with great pride, knowing it was all in celebration of his baby girl.



Brie's gender reveal party.
Photo: Pamela Mahmoud

Brie Bythewood Shares More Details About Celebrity Baby News and Pregnancy

How are your parents handling the news?

They adore my boyfriend and absolutely love the relationship that he and I have. Naturally, they were thrilled for us and for the future we're building together as a family. They melted with so much emotion and love when we broke the news to them. They instantly fell madly in love with my belly. My Mom actually started a collection of books and toys quite some time ago hoping she'd one day have a grandchild to share it all with. And now, she finally does. I used to laugh at her for her purchases, but now it all makes perfect sense. And my Dad is too cute. He's already planning a family vacation based on dates that he asked my boyfriend and I to approve with the doctor just to make sure his granddaughter would be healthy enough to fly at that time. It's all about her now and that's such a beautiful reality. They shower my baby girl with so much love, care and attention. It's the most beautiful thing sharing this experience with my parents from the eyes of a parent rather than just as their child. They've always been the most amazing parents and now I'm standing on the outside witnessing them take on their newest role as the most amazing grandparents.

What are some of the things going through your mind as you think about having a little girl? What are you most excited about?

I can't wait to revisit my childhood through my daughter. I'm excited to share the experiences with her that my parents shared with me. It makes me giggle when I find myself humming a song only to realize it's a nursery rhyme. She's alone in there, so I want her to be as comfortable as possible knowing that mommy and daddy are here awaiting her arrival and are already singing her soon-to-be favorite songs.

Do you have any thoughts surrounding the theme of the baby's room? Have you started a registry yet?

We are in the initial stages of the registry process, which is actually quite overwhelming. I can't believe how many versions

of the exact same product exist. Just when we think we have items to add, we read the reviews and find ourselves back at square one with zero entries. It's by no means an easy process when you're selecting items for your child. We haven't even gotten to the room decor yet, but it'll definitely be fit for a princess.

And what about you and your lucky man? Do we hear wedding bells in the near future? Plans for more children?

We were hearing wedding bells long before we found out we were pregnant. So yes, that day will come, as will a second baby... maybe even a third. So stay tuned! Life just keeps getting better and better.



A note written from Brie to her boyfriend before the baby's gender was revealed. Photo: Pamela Mahmud

So what does pregnancy mean for *BS&H*? Have you started filming yet and will you be filming while pregnant?

As far as I'm concerned, there won't be any pregnancy scenes on the show. I can't go into any further detail than that.

Although we didn't see it revealed so much on Season 1, from talking to you in the past we know that you are such a hard worker! Are you going to slow down after Baby B. is born?

I absolutely plan to slow down a bit before my daughter is born and will continue to take some time off after she's born to adjust to motherhood. I want to spend every waking moment with her, holding her, kissing her, watching her, learning her, admiring her and falling more and more in love with everything about her. And my boyfriend intends to do the same. We're looking forward to learning the ropes of parenthood together. I do have a new project that I'll be working on shortly after my daughter is born, but she'll never be too far from me.

Related Link: [Rachel Bilson Celebrates Her Baby Shower](#)

Lastly, what do you enjoy most about being pregnant? What are you most nervous about?

I wouldn't trade this experience for the world. I have been enjoying the wonder of my journey step by step through each and every stage. I love the butterflies, the anticipation, the mystery and the excitement. I love knowing that I've been blessed with a beautiful gift of life that I'm carrying in my belly. I can't wait to meet my little girl, to hold her, to love her, to teach her, and to watch her grow. I wonder what her voice will sound like and what her laugh will sound like and what her first word will be.

On the contrary, I'm extremely worried about the pain of labor, the delivery, and the amount of time it will take to recover. But I've been reminded that it can't be that bad

because women welcome babies to the world every day and choose to do it over and over again. So, whatever the pain may be, it'll surely be overshadowed by the feeling of love that'll take over. I can't wait to look into the eyes of my baby girl and be so happy that she's finally here and proud to say she's mine.

You can keep up with Brie on Twitter @BrieBythewood. Be sure to tune in to Blood, Sweat & Heels when it returns for its second season on Bravo!