

Lauren Conrad and Derek Hough Are Caught Kissing in Public



Lauren Conrad and Derek Hough are further fueling circulating relationship rumors. The duo was seen kissing in the back room of LA's Trousdale Lounge, reports [People](#). Though Conrad brought pal Lo Bosworth and Hough brought friend Mark Ballas, the two spent most of their time together. "It was obvious there was a lot of chemistry between the two," said an onlooker. "[Conrad] was very smitten. Neither seemed embarrassed about kissing in public."

How do you show your affection in public without being obvious?

Cupid's Advice:

Subtlety is key when it comes to public displays of

affection. Here are a few ways to keep your PDAs under the radar:

1. Hold hands: Holding hands is a way to show your affection without drawing attention from others. It's a simple gesture that means little to the people around you, but can mean plenty to you and your partner.

2. Stay close: Standing closer together or sitting near each other at a table is an easy way to show your partner your affection without being obvious.

3. Keep it short: If you do want to kiss or hug your partner in public, keep it short. People passing by will not notice a quick smooch, but they will notice a prolonged kiss.

How do you keep your public displays of affection unnoticed? Feel free to share your thoughts in a comment below!

**Former 'Hills' Star Lo
Bosworth Splits from
Boyfriend of Two Years**





It's the end of the line for another Hollywood couple. According to [People](#), former *Hills* star Lo Bosworth and her boyfriend of two years, Scott Hochstadt, have decided to call it quits. A source close to the couple says, "They realized they are in different places in their lives. The timing was just off. The breakup is hard for both of them, but it's the most realistic thing at this point." Hochstadt and Bosworth had been living together, and Hochstad was supposedly planning on proposing before the two decided to end things.

How do you know if the timing is right for a relationship?

Cupid's Advice:

As much as you might love each other and want the relationship to work, sometimes two people are just in different places in life. Cupid has some ways to tell if the timing is right for your relationship:

- 1. You have time for one another:** If you have too much going on in your individual lives to make time for one another, it might not be the right time to be together.
- 2. You are genuinely interested in and respect what the other person is doing:** If you don't respect or appreciate the path

that your significant other has chosen for his life, it might be a sign that you're going in different directions.

3. You're constantly looking for an excuse to end things: If every time the two of you have a problem or an argument you use it as a way out of the relationship, it might mean it's not the right time for a relationship. Only say you want to break up when you truly do.

MTV's Video Music Awards: What You Missed



By [Jessica DeRubbo](#)

Well, the MTV Video Music Awards have come and gone yet again, and the celebs in attendance this year didn't disappoint!

Some of the more notable duos walking the white carpet this year were Justin Bieber & Selena Gomez, Usher & Justin Bieber, *Jersey Shore*'s Ronnie & Vinnie and Stephanie Pratt & Lo Bosworth, according to [Hollywood Life](#). And, of course, there was the much-anticipated awards show participants Taylor Swift and Kanye West. After last year's debacle where West barged on stage during Swift's acceptance speech, he was on his best behavior. The two stars separately sang two brand new songs addressing last year's event, "like a pair of dueling attorneys making closing statements in front of a jury," according to Tris McCall at the New Jersey [Star-Ledger](#).

That's not to leave out the host of this year's VMA extravaganza. E!'s popular comedienne Chelsea Handler took the podium, and the question is: how did she measure up? Here are three reviews that seem to sum it up:

1. "As the live portion of the show began, Handler turned in a moderately funny Gaga sendup, appearing amid red-lycra-clad dancers wearing a dollhouse on her head. Though, again, it felt a little like Host the VMAs Paint-by-Numbers – Gaga's both the easiest and the lamest (not to mention the most willing) target around," said Jennifer Armstrong in *Entertainment Weekly's* PopWatch.

2. "And then there was the awkward plight of the night's host, Chelsea Handler. She was among the worst in the show's history – purposefully out-of-touch, with brief, alarming flashes of off-color racial humor," said Jon Caramanica of the [New York Times](#).

3. "But there was little smooching or feuding on Sunday, despite some nudging from the host. 'I want to encourage everyone to be on their worst behavior,' comedian Chelsea Handler declared in her opening monologue, a string of flat punch lines that felt a few degrees below crass," said Chris Richards in *The Washington Post's* Click Track.

Although the VMAs usually make for some stories full of cat fights and on-stage duels, the show was pretty tame overall this year. But with the best ratings since 2002, according to Just Jared, Chelsea Handler can't complain!

Lo Bosworth Is Taking It Slow with Boyfriend Scott Hochstadt



Looks like things are moving in the right direction for *The Hills*' Lo Bosworth and Scott Hochstadt. On Tuesday's series finale of the MTV reality show, Bosworth's beau hinted at a proposal in the future, and she agreed to move in with him.

Bosworth told [*Us Magazine*](#), “I think he is The One.” She also said that as far as living together, “we are transitioning slowly but surely.”

Should you take things slow, even if you think you’ve found “The One?”

Cupid’s Advice:

It’s wise to give yourself time before taking the plunge. Here’s Cupid’s advice to make sure you’re headed in the right direction:

- 1. Define slow:** It’s hard to nail down “taking it slow” to a specific amount of time. Therefore, talk to your partner, and map out how you both see things progressing. Set goals so neither one of you are disappointed if the relationship isn’t moving fast enough.
- 2. Consider cohabitation:** What better way to get to know someone than to live with them. While many people are opposed to living together before marriage, it could be something to consider if you’re both confident it will lead to a better future.
- 3. If it’s right, it’s right:** Sometimes couples will take it slow because they are afraid to jump to the next step. You’ll know when the time is right, and that fear will disappear. Don’t be afraid to move things along.