

Celebrity Break-ups of 2015



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Gwen Stefani and Gavin Rossdale

This musical duo surprised everyone when they announced their celebrity divorce on August 3rd. They've promised to keep things amicable and co-parent their three sons together. Photo: Albert L. Ortega / PR Photos

Famous Couple Tiger Woods and Lindsey Vonn Become Celebrity Exes



 By Jenna Bagcal

Not all celebrity relationships have fairytale endings. In the latest celebrity news reported in UsMagazine.com, famous couple Tiger Woods and Lindsey Vonn ended their three-year relationship, as confirmed on Vonn's Facebook account. The [celebrity exes](#) seem to have had an amicable celebrity break-up, with Vonn saying she will always "admire and respect" Woods and that she will always hold him and his family in her heart.

Famous couple no more! What are some ways to minimize gossip surrounding a break-up?

Cupid's Advice:

Whether it's between a pair of celebrity exes, or you and your ex flame, breaking up can be a tough thing in terms of rumors coming from numerous "sources." But don't worry! Cupid has some tips to reduce or avoid the gossip completely:

1. Don't post things on social media: Facebook, Twitter, Instagram, and other forms of social media are the last places you want to turn after a break-up, because you never know who's lurking on your pages. Instead of writing long, sappy posts about how you miss your ex or re-Tweeting break-up Tweets, refrain from posting your relationship details on

social media completely. Posting things on social media will only add fuel to the gossip fire.

Related Link: [Lindsey Vonn is Close Friends Tiger Woods' Ex Elin Nordegren](#)

2. Delete toxic people: Despite your best efforts, word may still get out about your break-up. Then the next thing you know, your frenemy from college is posting subliminal Tweets about how your ex “can do better.” If toxic people are posting things they have no knowledge about, delete them from your social media outlets to keep gossip and drama to a minimum.

Related Link: [Tiger Woods and Lindsey Vonn Jet Ski with His Kids for Memorial Day Weekend](#)


3. Talk to family and close friends: To make sure that people know your side of the break-up story, talk to your family and close friends about it. If you and your ex have been in a longterm relationship, the people close to you might be inclined to talk about the cause of the break-up. Setting the record straight for them, or even letting them know to respect your break-up by not talking about it will help stave off any rumors.

How do you reduce the amount of gossip after a break-up? Share your thoughts below.

Lindsey Vonn is Close Friends with Tiger Woods' Ex Elin

Nordegren



 By Louisa Gonzales

Tiger Woods' current girlfriend Lindsey Vonn and ex-wife Elin Nordegren have formed an unlikely friendship. According to UsMagazine.com, sources say this friendship came about because Nordegren originally wanted to get to know the woman who would be spending numerous amounts of time in her children's lives. The model, 34, has two kids a daughter Sam, 6, and son Charlie, 5, with the her famous golfer ex-husband, 38. The whole group recently went on a vacation together and sources say the two women in Woods' life get along quite well, respect one another and seem to have a lot in common. Vonn and the super star athlete first went public with their relationship back in March 2013, and she has reportedly said that they "relate really well to one another."

How do you keep jealousy at bay with respect to your ex's new partner?

Cupid's Advice:

Jealousy is something everyone faces from time to time, no matter how much we try to deny it. When it comes to relationship it's natural to get jealous every once in a while, but what if you're getting jealous about your ex's new beau? Cupid has some advice on how to keep your jealousy at bay with respect to your ex's new partner:

1. Remember you want them to be happy: If you truly want the best for your ex and to remain on at least a somewhat friendly basis, you have to let them move on. When you care about someone you want them to be happy. Sure, it can be hard when you see your ex finding love with someone new, but don't let

jealousy ruin whatever relationship you have left with him.

Related: [Sources Say Elin Nordegren Doesn't Approve of Tiger Woods Dating Lindsey Vonn](#)

2. Know you will be moving on too: To help get your jealousy at bay when it comes to your ex's new lover, remember you too will find someone new. Once you realize your both can move on and find happiness in a new relationship, you both can maintain a positive relationship. Plus, it will be easier for you, the new significant other, your ex and maybe even your new romantic mate to get a long.

Related: [How Do You Handle Your Ex's New Partner?](#)

3. Put in effort to get to know their new love: Who knows maybe his current sweetheart and you will have loads in common. Showing your ex that you are respectful enough to take the time and get to know his new special someone will show how mature and supportive you are. Plus, if you focus your energy on getting to know their new beau in a courteous way rather than look for reasons why you don't like them, you will be much happier.

How do you keep your jealousy from getting out in respect to your ex's new partner? Share in the comments below.

Sources Say Elin Nordegren Doesn't Approve of Tiger Woods Dating Lindsey Vonn



✖ By Kristin Mattern

Despite a recent six page report that Elin Nordegren approves of ex-husband Tiger Woods' girlfriend, Lindsey Vonn, UsMagazine.com claims that a source close to Vonn has told them this is simply not the case. The insider points out that Nordegren can't say anything to disparage Woods in the press or she will lose some of the \$100 million she won in the divorce. "She still despises Tiger," the source commented. "As time goes on, it probably gets easier, but she definitely doesn't like having Lindsey around her kids." Another insider was quoted as saying: "[She] hates Lindsey Vonn and everything about this romance." Apparently, the former model didn't approve of Woods' new girlfriend from the beginning.

How do you deal with jealousy over your ex's new relationship?

Cupids Advice:

Getting over an ex is never easy, and when your ex has found a new lover, jealousy can blossom. The fact that your ex is happy and moving on with someone new can chafe at the lingering feelings you might still have, or simply be irritating if you aren't in the same place. Cupid has some sage advice for getting over those jealous feelings your ex and his new boo are causing you to feel:

1. Be real with yourself: Pinpoint the true cause of your pain frustration over your ex-lover. This will take some soul searching, but ask yourself the real reasons you are feeling the way you are. Do you really miss your ex-sweetheart, or are you just jealous of the happiness you see him experiencing? It might not be him you want back, but the feelings your relationship once evoked. The more truthful you are with yourself, the faster you can begin to overcome your jealous feelings and move on.

2. Talk it out: Speak with friends and family about the way


you are feeling. People who love you and know you the best can speak sincerely and candidly to you. If you are having trouble figuring out where your emotions are coming from, those closest to you might be able to hold up the mirror of truth for you, and perhaps offer some advice for how to get over the pain you are experiencing.

3. Know you will find love again: As the old cliché goes, there are more fish in the sea. While it sounds corny, believe that you will find love again and be just as happy as you see your ex being now with his new honey. Know that you are an amazing person, and that you will find someone else to care for. When you're ready, go out and have fun with your friends, when you're happy, you will attract others to you.

Ever had to deal with being jealous over an ex and his new girl? Let us know in the comments below.

How Do You Handle Your Ex's New Partner?



 By Jane Greer, Ph.D. for GalTime.com

Some people are better at romance recovery than others. Recent reports suggest that Elin Nordegren is struggling to accept the new partner of her ex-husband, Tiger Woods. Though it has been rumored that he has been dating Olympic skier Lindsey Vonn for many months, they only recently went public with their romance, stating they are "happy" together. Elin and Tiger divorced in the summer of 2010. Their marriage ended in scandal when it was revealed he'd had multiple affairs, and

was soon after treated for an apparent sex addiction.

Elin has been connected to billionaire Chris Cline, but that reportedly hasn't seemed to make it easier for her to accept the fact that Tiger's girlfriend is spending so much time with their children, and comments have been made about restricting his custody access. Though the trio managed to be civil at the kids little league games, it's not difficult to imagine why there may be some tension behind closed doors. What can people do to ease that tension, leaving those bad feelings behind and trying to finally let them go?

Related: [Dating Advice: How to Introduce Your Kids to Your New Partner](#)

Being betrayed is so traumatic, and then having to face feeling replaced by someone who is now taking the spot you used to occupy with your husband and children can be even harder to take. In some cases, your ex's new companion may even look like you, perhaps just younger. Adding to that, now you have to share your children with the last person on earth you would want them to be with. Sometimes betrayals are an outgrowth of unaddressed conflicts that were there for a long time and may have created a large enough rift for someone to get in between you. However, regardless of what might have been a catalyst for the infidelity, it doesn't diminish the intensity of the loss you have to face. Finding the maturity and emotional muscle needed to deal with this difficult experience can be a challenge.

Friends and family might respond by suggesting you just get on with it, and leave the other person in the past where he or she belongs. Even if that is hard to hear, it is the goal you want to strive for. Continuing to focus on your ex can unwittingly keep you stuck in your anger. Even if you have moved into a new relationship, all that negativity can hold you back and run interference in your life and with your

current partner.

Related: [Can You Date Your Friend's Ex And Keep Your Friend](#)

Instead of using your anger and sadness to launch an attack that keeps you mired in the past, use it to disengage. Put boundaries in place: formalize the necessary times to see each other, be it for picking up belongings or dropping things off; begin to build up new support systems rather than looking to your ex when you have a problem in the house, a flat tire or too much laundry; if there are kids, limit communication with your ex to discussing only necessary subjects surrounding the logistics of their caretaking. Wherever you can, fill in and replenish the areas of your life where you feel the most loss. The more you do that, the less resentful and angry you are going to be.

None of this is easy, but if you become aware of how you direct your energy, you might be able to turn things around. Unfortunately for Elin, "hating" Lindsey Vonn, or any future partner or spouse to Tiger, will not heal the wounds inflicted by a devastating divorce. That effort could be better spent investing in herself and her new life.

Please tune in to "Let's Talk Sex" which streams live on HealthyLife.net every last Tuesday of the month at 2 PM EST, 11 AM Pacific. We look forward to listener call-in questions, dealing with relationships, intimacy, family, and friendships, at 1.800.555.5453. Connect with Dr. Jane Greer on Facebook, at www.facebook.com/DrJaneGreer.

Celebrity News: Tiger Woods and Lindsey Vonn Jet Ski with His Kids for Memorial Day Weekend



By [Marisa Spano](#)

Tiger Woods and his new girlfriend, Olympic skier and gold medalist, Lindsey Vonn, got into the summer spirit this past weekend when they took Woods' kids – Sam, 5, and Charlie, 4, for a jet ski ride. The four looked to be having great fun as they rode the water by Woods' home in Miami, Florida. But Vonn's family involvement doesn't stop there. According to [UsMagazine.com](#), Vonn has even been seen taking Woods' two kids to school herself. Vonn and Woods first announced their relationship on Facebook in March.

How do you introduce yourself to your partner's kids?

Cupid's Advice:

A new relationship means meeting new family members, so how do you handle meeting your partner's children? Cupid has advice to help you:

1. Introduce yourself gradually: Suddenly appearing in a child's life out of nowhere is a huge change for them. You need to enter their life slowly through events, on neutral ground. Think going to the movies or the zoo. Don't just start hanging out at your partner's home all the time from the get-go.

2. Be honest: Don't pretend to be 'just a friend'. This is a

bad way to approach the situation. Once it becomes apparent that you're dating the child's dad or mom, your relationship may create unwanted negativity.

3. Give them space: Now that you are in their lives, make sure you are not always present. It is important that the children still have quality time with their parent. Allow the children to have this opportunity. Don't hover over the family.

How would you introduce yourself? Let us know below.

Celebrity Couple: Tiger Woods and Lindsey Vonn Walk Their First Red Carpet as a Couple



By Meghan Fitzgerald

New couple Tiger Woods and Lindsey Vonn stepped out of the bubble and walked down the red carpet at the Met Gala in New York this past Monday. The relationship had gone public only a week prior, according to [People](#). The couple confirmed their relationship via Facebook as of March. The [Huffington Post](#) reports that the pair attended the Met Gala as guests of *Vogue* magazine, and were dressed by *Vogue*.

What are reasons to take your love public?

Cupid's Advice:

Taking your love public can be challenging in certain situations. You may be involved with your best friend's ex,

your family may not approve, or you have an unprofessional work relationship. Cupid has some advice:

1. Time: It could be possible that time is the reason for your loving going public. Sometimes, there is a cap amount of time where your love should be kept between you and your partner. If you have been in a relationship for three years without any of your closest friends and family knowing – it may be time to go public. The amount of time varies from couple to couple.

2. Comfortable: Are you complete and utterly comfortable with your partner? If you have no doubt in your mind that your mate is the one, you are able to take your love public. In certain cases, some may not want to take their love public because of their partners. They may believe that they won't stick around, or they're not the one. If you know that this one won't last, don't take it public.

3. Marriage: Are you planning on getting married and your family and friends don't have a clue about your relationship? Take your love public. It is necessary to tell everyone about your relationship if you're planning on going the next step in life. Marriage needs to be told to your closest friends and family.

Have you taken your love public? Explain your experience below.

Celebrity News: Lindsey Vonn's Ex-Husband Jokes About

Tiger Woods' Masters Penalty

By Andrea Surujnauth

Thomas Vonn showed a sense of humor towards his ex-wife's relationship with pro-golfer Tiger Woods in a tweet on Saturday, April 13th. Woods got into a bit of trouble when a television viewer called in on a violation in Wood's play on Friday. He was then penalized to strokes. After the incident Woods tweeted, ""I didn't know I had taken an incorrect drop prior to signing my scorecard. Subsequently, I met with the Masters Committee Saturday morning." Thomas Vonn took to Twitter to respond to the incident as well. UsMagazine.com reported that Vonn tweeted, "No problem Masters tournament happy to call in and help. You always have to keep an eye on those cheaters ;)" Thomas and Lindsey Vonn had been married for four years before they decided to call it quits in November 2011. The two finalized their divorce in January 2013, two months before Lindsey and Woods went public with their relationship.

How do you deal with a jealous ex when you're in a new relationship?

Cupid's Advice:

You are in a new healthy relationship. Unfortunately, your ex seems to be waiting for a chance to attack your relationship. Obviously they are jealous but what can you do about their jealous behavior? Cupid is here with some advice to help you:

1. Distance: Keep your distance from your ex. Do not inform them on where you are going and who you are with. The more you let them in your life, the more ammunition they have to torment you with.


2. Confrontation: Confront your ex on their behavior. Tell them that you have moved on and it is about time that they do the same. Make it clear that you are happy in your new love and you do not want them around messing it up.

3. Professionals: If all else fails, get a restraining order to keep you ex from harassing you. It may seem extreme but if they are continuously trying to ruin your life out of spite, the best thing to do is put your foot down. You need to protect yourself as well as your new beau.

How do you deal with a jealous ex when you're in a new relationship?

Dating Advice: When Can You Trust Him?



 By Jane Greer, Ph.D. for GalTime.com

Sports celebrity couple Tiger Woods and Lindsey Vonn announced recently that they are officially an item after much speculation. Adding to the intrigue, of course, is Tiger's history, which speaks for itself. It makes one wonder, how do you know if you can trust your new partner?

Take a typical dating scenario any single person might find themselves in: everything seemed great at first, then he canceled one date, and then another. The first time he said he had a cold, the second an old friend was in town. Last night he couldn't make dinner because he said he had to work late unexpectedly. The thing is, you really like him and he keeps


making future plans. But with his recent track record, can you trust that he's going to come through on Thursday as promised? And what can you do so you're not just stuck in a holiday pattern?

The first step to take is to have a back-up option – something scheduled in case he once again cancels the next date. That way if you're already halfway through getting ready you will still have someplace to go. Most important, you won't be alone and stranded with nothing to do. Next, if you do see each other again, check out his M.O. with a causal question, "Do you often change plans at the last minute?" If he says yes he does, then let him know you would rather leave things more open and flexible. Instead of making a date to go out on Friday night, ask him to call you at whatever point he knows he is going to be free. If you are still available, you'll go out, and if not, you'll try for another time. This will eliminate your waiting and wondering all week if he's going to come through.

The bottom line is, if you're not feeling that your time is being considered and that you're important to this person, you especially want to make sure you look out for and take care of yourself. While it's possible that three things came up in a row that he couldn't help, and it has nothing to do with his feelings for you, you want to make sure you don't feel like a puppet on a string. Avoid waiting around in limbo and stay active and involved in your own life. When you think about yourself and have something else to do just in case, you won't get derailed by his thoughtless behavior.

Celebrity News: Tiger Woods Confessed 'Everything in His Past' to Lindsey Vonn



 By Andrea Surujnauth

Tiger Woods and Lindsey Vonn have finally made their “down-low” relationship public. According to *Usmagazine.com*, the couple announced their relationship over Facebook on March 19th. They also posted their professionally photographed couple’s portraits along with the Facebook announcements. A source told UsMagazine.com that, “They’re a really happy couple – not living together yet.” Woods, 37-year-old professional golfer, announced that him and Vonn have “become very close and dating.” Vonn, 28-year-old professional skier, gushed “it makes me very happy”. But we can’t help but think, what about Woods’ past? After being married to ex-wife, Elin Nordegren, for 6 six years, Woods was caught cheating with multiple women. Is Vonn going to let that bother her? “He confessed everything in his past to her and stuff – they’re really into each other.” claimed a source. Woods has two kids, Sam, 5, and Charlie, 4.

How do you know whether to trust someone who’s cheated in the past?

Cupid’s Advice:

So your dating someone that has cheated in the past and you don’t know whether it is safe to continue a relationship with them. Can a person really change their cheating ways? Cupid is here with some advice for you:

1. Responsibility: Does your new beau own up to their mistake

and take responsibility for it? If they admit to their wrongdoing then this is a good sign that they want to change.


2. Transformation: Do you see an overall difference in the way the person behaves and runs their life? If the your honey seems to regret what they did and is trying to make a change in their lives then there may be hope for them.

3. Instincts: This is is the best way to tell whether you can trust someone who has cheated in the past. Go with your gut feeling. If you have that little gnawing feeling in the pit of your stomach that is telling you not to trust them, then don't. Don't bother trying to make excuses to ignore the feeling you are having. If something is telling you that your sweetie is cheating, they probably are.

How do you know whether to trust someone that has cheated in the past? Share your ideas below.

Is Tiger Woods Capable of Being Monogamous with Lindsey Vonn?



 By Susan Trombetti, CEO of Exclusive Matchmaking and Relationship Expert

The breaking news this week is that pro golfer Tiger Woods and popular skier Lindsey Vonn are officially dating. Many are skeptical of this situation, as Tiger is still getting over his reputation as a cheater stemming from the scandal with his ex-wife, Elin Nordegren. Well, let me just say that Tiger has

so many cheating scandals in his history that I doubt he could be faithful again unless there are some drastic changes involving his inner circle, lack of opportunity to cheat, and possible therapy.

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Why, you ask? For one thing, he is surrounded by “yes” people who’s financial situation is dependent on Tiger. I don’t see them becoming moral against all odds and tying him up when he has the urge to cheat. They are loyal to him and will enable what isn’t good for him just to make him happy. They may rationalize: “It’s just women, and boys will be boys.”

Other celebrity examples of this is Anna Nicole, who was surrounded by enablers like her attorney, and Michael Jackson, who was backed up by his doctor. These are drastic examples, but it’s hard to say “no” when your boss says “jump”. In Tiger Woods’ case, he has his inner circle and his mother enabling his addiction to cheating. Plus, he has a history of it, as his dad cheated in the past. This is all he knows. In my opinion, what he really needs is some therapy or a 12 step program to become fully aware of the reasons behind his bad behavior and poor choice in so many trashy women. Then, Lindsey may have a chance.

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Here are some signs that a guy might be a serial cheater and unable to commit:

1. He excludes the word “faithful” in his marriage vows and takes issues with it like South Carolina governor Mark Sanford.

2. He tells you he cannot be faithful to any one woman. Let’s face it, that is what they are saying when he tells you he

cheated on all his exes.

3. They have an addiction to cheating like David Duchovny.

4. They have cheated in the past, like Eddie Cibrian or Bill Clinton.

5. They are powerful men who think the rules don't apply, like Silvio Berlusconi and Arnold Schwarzenegger.

6. They are men with big egos, deep pockets, and lots of opportunity, like Kobe Bryant and Tiger Woods.

7. They tend to go for the "bad boy" or "bad girl" like Sandra Bullock did with Jesse James.

Susan Trombetti is an expert matchmaker and member of the Professional Matchmakers Association. She has helped many discerning singles discover long-term relationships and partnerships that are both rewarding and fulfilling through her business, Exclusive Matchmaking.

Tiger Woods Helps Lindsey Vonn Home After Devastating Injury



 By Jessica Conigliaro

Tiger Woods has been struggling to find someone to settle down with after his scandal of affairs back in 2009. Although their relationship is only rumored to be accurate, Woods is spending much of his time these days with his good friend Lindsey Vonn.

[People](#) reports, "Tiger really does want a woman who he can have good conversations with," he says. "He wants shared interests and outlooks. He is finding that with [Lindsey]...he's been spending more and more time talking to her – and talking about her."

How do you leave skeletons from your past behind you?

Cupid's Advice:

We all have demons from our past we wish to disappear—and fast! In relationships, people make mistakes and end up hurting one another. Cheating is one of the worst ways you can injure someone's pride and destroy their trust in you. Cupid offers some ways to move on from mistakes we've made in the past:

1. Wait until you're ready: After a nasty breakup, you shouldn't jump into another one right away. If the breakup was mainly your fault, focus on why things got so bad. Figure out the reason why you hurt your partner; you might have destroyed the relationship in order to protect yourself from future pain. Learn why you put up these guards before getting involved with anyone new.

2. Acceptance: If you do something wrong, apologize and promise to never do it again—a valuable lesson we learned in kindergarten. Making mistakes in relationships can have serious effects. The only way to move on from your mistakes is by getting closure from the situation entirely; if you caused your partner emotional pain, let them know you are sorry and are completely at fault. Own up to your wrong doings as soon as possible.

3. Be Honest: Let your partner know about all the scandals from previous relationships; re-assure him that you have grown as a person since then. Your partner will respect you for being upfront about the mistakes you've made. This will create

a bond of trust between the both of you—which will grow stronger over time.

How did you move on from your past mistakes? Share your thoughts below.

Rumor: Are Tiger Woods and Lindsey Vonn Dating?



 By Meghan Fitzgerald

Has Tiger Woods fallen into a relationship with Olympic skier, Lindsey Vonn? UsMagazine.com reports that the 37-year old golfer has been dating Vonn since November. According to HollywoodLife, the infamous lady's man took a romantic trip to Antigua with the beloved skier. A source told *Star* that Woods is pulling out all the stops on Vonn, and that they talk on the phone constantly. Is Woods finally settling down again to find love?

How do you balance a demanding career and your relationship?

Cupid's Advice:

Believe it or not, it is possible to balance a career you spend the entirety of your time on, and a relationship. Here are some ways you can manage both:

1. Communication: To make a demanding career and relationship work, you will need an immense amount of communication. It doesn't matter if you are the only one with the demanding career, it will affect both of you the same way. Make sure you

express your plans, and your feelings up front to your love. To make the relationship work, it is essential to fill your partner in on all of your upcoming events, and also how plans could go awry.

2. Schedule time: It is so much easier to make a relationship work with a demanding career if you specifically schedule dates, hang outs, and alone time. Of course, you most likely want to spontaneously see your partner however, this may not always work with a stressing career. To make sure you two get to spend love-dove time together, schedule it! Write it down, put it in your phone, scribble it down on your calender. As long as you two make time to see each other, your relationship should move uphill!

3. Flexibility: Plans might come up where you have to cancel your plans with your partner. Although you may want to continue on with your plans, the whole demanding career aspect of your lives will break those ideas. You and your partner have to both realize that these situations will occur. It is inevitable that your demanding career will get in the way of some of your plans. As long as you two realize that you will have to be flexible in the future, you can make it work!

Have you balanced a demanding career and relationship before? Share your experience below.

Olympic Skier Lindsey Von and Husband File for Divorce



 Olympic gold medalist Lindsey Vonn and her husband of four

years Thomas Vonn have filed for divorce, according to [People](#). Thomas is not only a former Olympic skier, but he is also Lindsey's coach. "It is with great sadness that I announce that Thomas and I have begun divorce proceedings," she said in a statement to *The Denver Post*. "This is an extremely difficult time in my personal life and I hope the media and my fans can respect my need for privacy on this matter. I will continue to be coached by the U.S. Ski Team and look forward to competing the rest of the season."

Should you keep your spouse as a business partner if you decide to end your marriage?

Cupid's Advice:

You should only continue to be business partners if you can both agree that remaining partners is what's best for the success of the business. Here are three things you'll need to apply:

- 1. Trust:** If your divorce has caused a lack of trust between the two of you, it may be a struggle to trust each other as business partners.
- 2. Understanding:** It's important that you both realize your relationship is now strictly business. Don't budge on this or it will inevitably cause problems.
- 3. Maturity:** You're going to want to get under each others' skin, but you need to act like adults so you can make the best decisions for the business.

Are you business partners with your ex? Share your comments below.