

Celebrity News: 'Bachelorette' Contestant Lincoln Adim Convicted of Assaulting Woman on Cruise



By [Haley Lerner](#)

In [celebrity news](#), Becca Kufirin's [Bachelorette](#) contestant Lincoln Adim was convicted of assaulting a woman on a cruise ship. According to *UsMagazine.com*, Adim was found guilty on May 21 of indecent assault and battery for groping and assaulting an adult female on a harbor cruise ship on May 30, 2016. Adim was charged just days before the *Bachelorette* seasons premiere. The Nigerian native was sentenced to one year in a house of correction, with that term suspended for a

two-year probationary period. A judge ordered the 26-year-old to stay away from the victim and to attend three Alcoholics Anonymous meetings per week during his two years of probation. If Adim does not comply with the judge's orders or re-offends, he will be put in jail. Also, Adim will now have to register as a sex offender. Kufrin has not yet addressed the situation and Adim has not yet been eliminated in recent episodes of *The Bachelorette*.

In celebrity news, 'Bachelorette' contestant Lincoln Adim got violent with a woman. What are some steps to take if you feel you've been assaulted?

Cupid's Advice:

Getting assaulted is never the victim's fault. Here are some steps to take if you feel you have been assaulted:

1. Get help and talk to someone: If you are in immediate danger or seriously injured, call 911. But, if you need help processing your options, reach out to a friend or family member to help accompany you and help comfort you emotionally. You can also call the National Sexual Assault Hotline at 800-656-HOPE and have an advocate walk you through the steps you can take. Then, you can take the steps to go to the police if it's what you want to do.

Related Link: [Celebrity News: 'Bachelorette' Becca Kufrin Feels 'Sick' When She Finds Out Colton Underwood Dated Friend Tia Booth](#)

2. Save potential evidence: Even if you aren't sure if you want to report your assault, it's important that you do not

get rid of clothing or items from the scene of the assault that might have DNA evidence of your assailant. Also, if you have any physical injuries like bruising or bleeding, you should take photos of them to show to the police.

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3. Go to the hospital: Medical professionals at the emergency room are trained in handling assault and can help heal any injuries you may have. At the hospital you can also log any records of your injuries to be used in a potential case against your assailant.

Do you know any more steps to take if you feel you've been assaulted? Comment below.