

# Celebrity News: Find Out What's Next for Julie Chen Post-Scandal



By Courtney Shapiro

In [celebrity news](#), well known co-host of *The Talk* and host of *Big Brother*, Julie Chen is in the spotlight after allegations of sexual assault and harassment came out against her husband, the CEO of CBS, Les Moonves. *E! News* reported that Chen has decided to step away from her position on the talk show, saying, "Right now I need to spend more time at home with my husband and our young son, so I've decided to leave *The Talk*. On the other hand, she has decided to stay on with the popular summer game show, *Big Brother*, as it is more manageable and she will be free of obligations from CBS for the next few months, since the finale airs on September 26th. At this time, Chen's future with CBS is up in the air.

**In celebrity news, Julie Chen is tasked with rebuilding her life after her husband was fired from CBS for sexual assault allegations. What are some ways to rebuild your life after a break-up?.**

## Cupid's Advice:

Need some ways to rebuild your life after a break-up? Cupid has some ideas to rebuild:

**1. Invest in your support network:** You can't get past the break-up alone. This is the time where you will need those closest to you to support you, and be by your side. These are the people who have your best interests at heart, and only want you to heal.

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**2. Start a new routine:** A fresh break-up can make it difficult to continue your normal routine, so don't. Take the time for yourself, and start crafting a schedule that is best for you. Keeping yourself busy in a new schedule will give you purpose, and will keep your mind off of the break-up itself.

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**3. Try incorporating healthy habits:** This time is all about you. Now that you're taking care of just yourself, you can take this time to include more positive things into your life. These habits don't have to be related to exercise, and you can focus on the goals you have in your career, or life in general.

**How would you start to rebuild your life after a break up? Tell us in the comments below.**

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## Movie Review: Every Day



 By [Jessica Gomez](#)

*Every Day* is a drama/romance that tells the story of a teenager named "A" who wakes up in a different body everyday. "A" then has to live the day for the person whose body she currently inhabits. The plot thickens when a teenager named Rhiannon falls in love with "A". Because of their growing love, they try to find each other each day, facing this major obstacle that begins to take a toll on them both. How long can they keep it up, and will it last?

***Every Day* focuses on a complicated relationship, where a tough decision must be made. Continue reading for our [movie review](#) and advice on ways you and your partner can face tough choices together:**

**Should you see it:**

Yes! This movie has a magnificent story plot. It's the type of movie that leaves you wanting more. Its original story line and relatable moments make it a must watch! The movie's plot is an intriguing one that definitely makes you wonder. Mark the release date on your calendar: February 23, 2018!

**Who to take:**

Since this is a romance drama, you can either go with your partner or friends. Not all guys will dig this type of movie because they'd be in for an emotional ride, but it's worth a try!

**Cupid's Advice:**

One of the answers you will always get for a question on facing tough times with your partners is to communicate. Cupid

has some advice on how to communicate effectively, along with other tips, in order to take on what's coming together:

**1. Listen to understand, not to respond:** Many times we hear and don't listen because we are thinking about what we want to say next or what we want to say in response to what the person is saying. Communication is important, and listening properly is part of it. We must be open minded, empathetic, and listen intently to try to understand our partner's feelings, concerns, and opinions. Knowing where their mind is at helps put you both on the same page. And, once you're on the same page, you are a step closer to conquering obstacles and facing a big decision together.

**Related Link:** [Movie Review: Forever My Girl](#)

**2. Create a pros and cons list:** Create one together, or create two lists separately and then discuss them after. Writing stuff down can really help you see things for what they really are. A pros and cons list can help you organize your thoughts to see what outweighs what. Does the good outweigh the bad or vice versa? Pros and cons are things most of us consider when making a difficult decision, so it would not be any different with a choice that needs to be made between you and your lover. Creating a list may sound easy, but it's not that simple. Why, you ask? Because not every pro and con will weigh the same or hold the same value. That's when it's time to put some real thought into it and begin your calculations.

**Related Link:** [Movie Review: 'Phantom Thread'](#)

**3. Maintain harmony:** Making a difficult choice can take a toll on people. It can be a very stressful thing. This is why you and your partner need to make sure that you both keep the peace. Be aware of your tones and attitudes. It's easier said than done, but very possible. The goal is for you both to come to a decision together, fighting and pinning yourselves against one another won't help that. So, remember: Take a

breath and stay calm.

What are some ways you and your partner came to an agreement on a tough decision? Comment below!

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## Movie Review: Samson



 By [Jessica Gomez](#)

Samson is a Hebrew chosen by God to deliver Israel. Because of his supernatural strength and impulsive nature, King Baleck of the Philistine empire desires him dead. Samson, as godlike and powerful as he is, is captured and blinded by his enemies due to the betrayal of an evil prince and the gorgeous temptress he confided in. He then, in his time of need, calls out to his God for the power he once possessed to deliver the wrath of God, resulting in his victory.

***Samson* is a story portraying the sting of deception and betrayal after confiding in someone, exposing his weaknesses. Some of us know that sting a little too well – read on for our movie review and some tips on dealing with being**

# double-crossed.

## Should you see it:

Yes! This thrilling action movie will keep you in suspense. With a great storyline taking place in a richly historical period portraying power, battle, and betrayal, Samson will leave you at the edge of your seat.

## Who to Take:

You can definitely take a guy. This action filled movie will keep them interested, for sure! It's the type of movie you can watch together for some intensity.

## Cupid's Advice:

Sometimes we're lucky and find someone who is trustworthy, and other times we trusted the wrong person. It's a very intense experience. Cupid has some advice on how to deal with betrayal and deception:

**1. Face your feelings:** Analyze the situation and dig deep to know what you're feeling. It's okay to feel emotions like anger and sadness. The faster you face your emotions, the faster you will begin the healing process. Try writing down what you feel or even doing a video diary (talking to yourself and recording it), it may sound cheesy, but it can help because you're spilling your feelings out. Writing and talking are both quiet therapeutic. Some of us bottle up our feelings and then later explode like a recently shook can of soda. Don't be that can of soda. Dealing with an experience like one of being hurt and deceived can be hard, but giving it time helps after reflecting and letting go of negative emotions.

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**2. Don't blame yourself and others:** Sometimes we want to blame

our gut. We feel like our extincts have let us down. We also sometimes lose trust in ourselves when we no longer trust another. However, if you were loyal and honest, there is no reason to allow negativity to consume you. See the situation for what it is and don't dwell in self pity. Don't lose confidence in yourself, your relationships, or your choices. And of course, we sometimes become mistrustful of others around us. Just like you shouldn't blame yourself for another's disloyalty, you shouldn't blame someone else either. That being said, feel free to make others earn your trust.

**Related Link:** [Movie Review: Forever My Girl](#)

**3. Take care of yourself:** Mentally and physically. Eat well, exercise, and seek peace of mind by doing things like reading and meditating. If you feel like you can't handle it alone, seek professional help. Don't be afraid or ashamed. Speaking to a therapist or psychologist can really help. Speaking to someone whose an outsider (someone not involved in your personal life), who won't judge you, and whose expertise are mental health and counseling, will help create a safe space for you to explore your feelings, unravel them, and dig deeper.

**What ways have you coped with deception and betrayal? Let's share our stories below!**