

Justin Bartha and Wife Lia Smith Welcome a Baby Girl



By Louisa Gonzales

Justin Bartha and wife Lia Smith have a new addition to their family, a baby girl! According to UsMagazine.com Bartha's wife gave birth to their first child on Sunday, April 13. *The Hangover* star, 35, and the personal fitness trainer got engaged in May 2013 and said their "I do's" back in January in Oahu, Hawaii. Sometime after their lovely and intimate wedding ceremony it was confirmed the couple were expecting. Bartha, who dated Ashley Olsen in the past from 2009 to 2011, make a "gorgeous" pair, according to insiders.

What are some ways to prepare your relationship for a child?

Cupid's Advice:

Having a child is a big step for any person's relationship. Children will bring changes to your lives, as well as new challenges, difficulties and experiences. Cupid has some advice on some ways to prepare your relationship for a child.

1. Make sure you're both ready: Before you even began to try or consider having a baby make sure it's something you both want and are ready for. Having a child is a big-life-altering move and if you are not ready, it's okay to wait until you are. If you try to force you or your partner to do something they are not ready for, it can hurt your relationship in the long run.

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2. Know you won't be able to certain things you use to: Once you have a child, certain things you were able to do before you did, like going out all the time or traveling might not be possible for you to do as much anymore. A child requires a lot of attention, which means a lot of your time will have to be devoted to the raising of your child. You might not be able to do some things anymore, but there are plenty of new things for you to do as a family.

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3. Make a list of reasons why this is the right step: Sure, your relationship will face new obstacles and challenges, but it will also bring plenty of new joyful and fun experiences. Together, make a list or tell each other all the reasons why having a kid is what you both want and how you're both ready. You can always come up with reasons to wait, however, eventually you just have to do it and hope it all works out.

What do you think are some good ways to prepare your relationship for a child? Share your tips below.