### Celebrity Baby News: Bristol Palin's Ex Levi Johnston Is Expecting His Fourth Child



By Courtney Shapiro

In <u>celebrity baby news</u>, Levi Johnston will have another addition to his family soon with wife Sunny Oglesby. This will be the third child for the <u>celebrity couple</u>. Johnston also has another son with his ex-fiancee, Bristol Palin. According to *UsMagazine.com*, Oglesby posted a photo on Instagram with the caption, "We are excited to say a little present is on the way. Baby Johnston #4 is due in July!" Palin praises both Johnston and Oglesby for being great parents, and continues to remain friends with the couple.

### In celebrity baby news, Levi Johnston is expecting a fourth child. What are some ways to introduce a new child to your household?

### Cupid's Advice:

How can you introduce a new child to your household? Cupid has some thoughts:

1. Include your children in the preparation for the new baby: Let your current child or children see the ultrasounds or touch the baby bump. It will feel more real if they are going through the process with you, rather than just talking about a new sibling.

**Related Link:** <u>Celebrity Baby News: Carrie Underwood Shares Sex</u> of Baby at 2018 CMAs

2. Have the new baby give a present: If the new baby's siblings are young enough, then receiving a gift from their new brother or sister will make them feel important. If the siblings are older, make the gift celebratory for becoming a sibling.

Related Link: <u>Celebrity Baby News: 'Bachelor' Arie Luyendyk</u> Jr. and Lauren Burnham Are Expecting First Child

**3. Give the other children jobs to do:** This gesture can make your other children feel important, if they are involved in something that will benefit the new baby. They just want to be included, and giving them the opportunity to help with tasks, even something small, could help reduce fear of being forgotten or left out.

How did introduce another child into your home? Share with us below!

### Levi Johnston Marries Sunny Oglesby Without Tripp in Attendance





By Jennifer Ross

On October 28, Levi Johnston wedded his girlfriend of over one year, Sunny Oglesby without his first born, Tripp in attendance. The groom, 22, wanted Tripp, 4, to be his ring

bearer, but mother, Bristol Palin denied visitation. According to <u>Inside Edition</u>, Johnston did not inform Palin of his weekend nuptials. Instead, he only asked for custody of his son. One person that was able to make it was Johnston's second child with Oglesby, one-month-old Breeze Beretta. This is the first child for Oglesby, 20. During the wedding, Johnston was said to have goofed on his vows. "To have and to hold, whatever you say."

How do you keep open lines of communication with your ex?

#### Cupid's Advice:

Regardless of why the relationship ended, there are many reasons why you cannot just remove your ex from your life, such as working together or sharing custody of a child. In circumstances such as these, it is best to keep the line of communication open and respectful as best as possible in order to make life easier for all those involved. Should you need help, here are a few tips on how to remain cordial with your ex:

1. Express your plan: As soon as possible, inform your ex that you plan to move forward in a respectful manner for both of your sakes. Should you ex not agree with you; don't stoop down to his/her level. Remain on your path. Eventually, they will see you are serious and come around.

2. Be specific: In the beginning, emotions may still be raw. Therefore, it would greatly benefit the both of you to be specific about your reasons when reaching out to your ex. No matter what is said, work hard to keep your emotions under control. Also, don't forget to use your "please" and "thank you." The key is to establish respect for each other.

**3. Don't reminisce:** When speaking to your ex, it is best not to bring up moments of your past relationship together, regardless of whether there were good or bad. In order to move

forward in an amicable manner, your intimate times with your ex must remain in the past. Otherwise, you will only bring confusion.

What methods do you use to keep open lines of communication with your ex? Tell us below.

### Levi Johnston's Sister Says Her Brother and Bristol Planned Unplanned Pregnancy





Things are heating up again between the Palins and the

Johnstons. According to <u>People</u>, Mercede Johnston has been bashing the Palins. She accused Sarah Palin of using Levi Johnston as a "prop" for her 2008 presidential campaign. She called Bristol Palin a "sociopath," who planned her pregnancy, which she strategically announced when her mother joined John McCain's campaign. Mercede also claimed that Bristol's and Levi's engagement was part of the fabrication to prevent Levi from speaking out against the Palins.

What are some reasons not to have a child?

#### Cupid's Advice:

Most of us probably don't have a soap opera kind of exgirlfriend who uses her pregnancy in a manipulative kind of way. B ut there are perhaps other reasons why you should not have a child. Cupid has some ideas:

1. Stability of relationship: If you're considering whether or not to have a child with your partner, analyze the state of the relationship with that partner. If you're in a fragile place, there's no need to rush to be a parent. Take it easy and wait until your relationship is more secure. You want your child to grow up in a nurturing, loving place.

2. Work: Have you considered the job situation? If you're in a not-so-stable place, either because you're looking for a solid position or because you're trying to work your way up a notch, you may want to hold off on the baby situation until your professional life gets a little more certain.

**3. Doubts:** If you or your partner feel uncertain when it comes to the idea of having a baby, you're probably not ready to be parents. Before you plan to conceive, you should both discuss whether you feel that parenthood is right for you. It's okay to not feel 100% ready, but this should be something you're both sure that you want.

Are there any other reasons someone may not be ready for parenthood? Share your thoughts below.

### Levi Johnston to Write a Tell-All Book About the Palins





Levi Johnston, the father of Bristol Palin's son Tripp, is writing a tell-all book about his experiences with the Palin family, reports <u>UsMagazine.com</u>. The book, entitled <u>Deer in</u> Headlights: My Life in Sarah Palin's Crosshairs is slated for release in the fall under Touchstone Publishing. "He's ready to give an inside glimpse to his relationship with the Palins," explained a source. "[He wants to] share his trials and tribulations of being thrust into the spotlight and becoming a father at such a young age."

#### How do you deal with a vengeful ex?

#### Cupid's Advice:

When your ex-partner won't let your relationship go, the results can be painful. Here are a few ways to deal with your hurting ex:

1. Resolve past issues: If your partner is hurt and angry after your relationship ended, then there are probably some unresolved issues between the two of you. Take some time to negotiate and settle these issues.

**2. Ignore him:** It may be that your ex is simply reacting childishly to petty problems. If this is the case, then ignore him. His antics are only a plea for attention.

**3. Get help:** If your ex is taking things too far, you may need to get another person involved. Talk to mutual friends and have them talk some sense into him. If things are even more serious, you may want to report your ex for harassment.

Do you have a bad breakup story? Feel free to leave a comment below!

### Bristol Palin's Ex Levi

### Johnston Has New Girlfriend





His Facebook status makes it legit: Levi Johnston is "in a relationship." Bristol Palin's ex-fiance is dating Sunny Oglesby, an Oregon native currently residing in Johnston's hometown of Wasilla, Alaska. The question on everyone's mind is, what does his *Dancing With the Stars* alum ex think? According to <u>Us Weekly</u>, Palin is happy about this newest development. "I have to be happy for Levi's new relationship," she says. "Because it sounds like his new girlfriend is influencing him to want to actually spend time with Tripp."

#### How do you know if your partner is a good influence?

#### Cupid's Advice:

You may think you're independent and aren't susceptible to

outside influences, but you're probably wrong. Cupid has some ways to tell if your partner is having a good impact:

1. Ask your friends: If you're having a hard time figuring it out yourself, consulting outside observers is your best bet. Your close family and friends can often times see things you can't about your relationship. Ask them if they've noticed any good or negative changes in you lately.

2. You feel passionate: The worst thing that can happen in a relationship is that your partner takes away your desire to do what you love. If you feel even more inspired and passionate about your goals in life, your significant other is probably a good influence on you.

**3. You're confident:** Negative influences can lead to a lack of self esteem. Your partner should be your ultimate champion and should build up your confidence like no one else can. If this is the case, he's a keeper!

### Brittani Senser Impressed by New Beau Levi Johnston





Bristol Palin's ex-flame Levi Johnston has managed to impress at least one person: his new girlfriend, singer Brittani Senser. Senser revealed in an interview with <u>RadarOnline</u> that Johnston is a "really great guy." The two met while on the set of Senser's new music video for the song "After Love." "It was like we knew each other even though we had just met," said Senser. While on the set, the pair got along effortlessly. After Johnston's second engagement to Palin was broken off, the two began to date. Senser noted, "Now dating, I'm finding that he is really a sensitive, caring person. Very bright; he's funny. He's a great dad; he's a natural."**Should you judge your partner by his past?** 

#### Cupid's Advice:

1. Get the facts: Before you judge your partner by his past, you need to analyze the situation. If your boyfriend has a history involving law-breaking, it may be more serious than a boyfriend who's had several girlfriends. Be sure to collect all of the facts before making a sound judgement.

2. Make sure his past is really the past: A boyfriend with a

history of partying too much who still parties too much has obviously not left his past behind him. Try to determine whether your partner is still clinging to the past or if he's truly trying to break free.

**3. Look at the bigger picture:** Try asking yourself, does it really matter? If you and your mate are happy with living in the moment, then don't trouble yourself by digging through his past. If he's let his past go, then you should follow his lead and also let the subject drop.

### Bristol's DWTS Stint Shocks Ex





Bristol Palin's ex beau, Levi Johnston, is completely floored by his former sweetheart's upcoming appearance on *Dancing with the Stars*, according to *TMZ*. Although no ill feelings were expressed, Johnston made it clear that dancing was not exactly a big part of their relationship. Is Johnston suffering from "jealous ex" syndrome in light of Palin's soon-to-be dance partner, Mark Ballas?

How do you handle a jealous ex?

#### Cupid's Advice:

1. Talk to him: As easy as it is to get frustrated, it's important to respect the way your ex feels and talk to him about his jealous tendencies, especially if you split on good terms. Remember that your ex was once someone with whom you were extremely close.

2. Put yourself in his shoes: Remember that your former beau is a person, too. Think about how you would feel if you were in his place. Even if this tactic doesn't resolve the situation, at least it will help you understand where he is coming from. **3. Draw the line:** In the end, you have to remember that your ex is your ex for a reason. As tough as it may be, you can't let him hold you back from new opportunities or budding romances. Break free!

### Bristol Palin & Levi Johnston On "Friendly" Terms



Just a week after announcing yet another split, Bristol Palin and Levi Johnston appear to be on friendly terms, or so Johnston told <u>People</u> magazine at the Teen Choice Awards on Sunday. A teary Palin had previously told the magazine that "humiliation" led to their most recent split, but Johnston was all smiles at the awards show with "friend" and singer Brittani Senser on his arm.

#### What do you do when an ex moves on faster than you do?

Cupid's Advice:

Palin had not been seen publicly since her split with Johnston, and she seemed shaken when she announced the separation. Johnston, on the other hand, has been out and about with Senser. It's important to accept that your ex might be quicker to bounce back than you are, and to work on getting yourself to a good place, rather than focusing on the other person.

1. Get out there: While it might be easier to hide out in your house and avoid the world, step outside and take on the world. Go for a jog, out to dinner with friends, or indulge in a little retail therapy. Don't hide away; live your life!

2. Don't give in: If you ex is off flaunting a new relationship and word gets back to you, remember to take the high road and avoid commenting on it. What he or she does post-breakup should not be an excuse for you to act immaturely.

**3. Love yourself:** In the same vein as not discussing your ex with others, don't feel the need to bring he or she into your future relationships. Love and respect yourself enough to just be you, and not let bad breakups affect new possibilities.

### Palin & Johnston Split… Again





Bristol Palin and Levi Johnston have split up again, <u>People</u> magazine reported Tuesday. Palin, daughter of former Alaska governor Sarah Palin, and Johnston announced their second attempt at an engagement only weeks ago in the hopes of starting a real family for their 19-month old son Tripp. Palin told <u>People</u> that the breakup occurred after rumors surfaced about Johnston fathering another child with an asyet-unnamed woman.

How do you know it's finally time to cut a bad guy loose?

Cupid's Advice:

There comes a time when a reunion is just impossible, no matter how much you wish someone can change. Dalmatians can't change their spots, and it's up to you to know when its time to quit.

1. One-sided attempts: If you're the only one in the relationship trying to make it work, then perhaps it just isn't going to. This lack of effort shows your partner isn't fully invested in the relationship – or you.

2. Repeated mistakes: There are some characteristics a person just can't change. If your mate makes the same mistakes repeatedly, it might be due to a character difference that will always keep you two apart.

**3. Hurting others:** As in Palin's case, her son Tripp's happiness is also at stake in the relationship. If other people, children or otherwise, are being negatively affected by your attempts at reconciliation, it's time to pull the plug.

## Bristol Palin & Levi Johnston Engaged





Bristol Palin, daughter of politician Sarah Palin, is engaged to Levi Johnston, <u>US Weekly</u> revealed yesterday. The couple told the magazine that they have been engaged for two weeks, despite not having the approval of their parents. The two have rekindled their romance after splitting up last year, just months after the birth of their son, Tripp, in December 2008.

### Can a baby-daddy turn into a good husband and father?

#### Cupid's Advice:

Johnston's actions during and after the birth of his son, from posing for Playgirl magazine to his public war of words with Palin's family, shows he has a lot of making up to do. Here are some of Cupid's tips for dealing with an unplanned pregnancy:

**1. Be involved:** Both partners need to be involved in their own relationship with each other, as well as the impending relationship with their child, from the get go. Make real

plans for the future – a child you created together is on its way!

2. Time to grow up: No matter how old you are, having a child means it's time to act like an adult. Another life will depend on you for survival. It's imperative you take on a parental role.

**3. There's no 'I' in 'team':** This isn't about just one person anymore. Your and your partner's needs must be balanced with what will be best for you as a couple, and for your child. Even if you aren't yet officially a family, you must function like one for things to run smoothly.

# Levi Johnston Makes Nice with the Palins





After many months of a bitter war of words, Levi Johnston apologized to Bristol Palin and her parents last week. Talking exclusively with <u>People</u>, Johnston said, "Last year, after Bristol and I broke up, I was unhappy and a little angry. Unfortunately, against my better judgment, I publicly said things about the Palins that were not completely true." He continued, "I have already privately apologized to Todd and Sarah. Since my statements were public, I owe it to the Palins to publicly apologize." Johnston is the father of Bristol Palin's one-year old son, Tripp. The two called it quits in March 2009 after campaigning together during Sarah Palin's 2008 vice presidential run. The two are making a conscious effort to reconcile and do what's best for the baby.

What's the best way to mend a relationship with your ex and his or her family?

#### Cupid's Advice:

It's unfortunate that a breakup can sometimes lead to exchanging harsh words, not only between the couple, but by the entire family. Here's Cupid's advice on making amends: 1. Accept responsibility: Being aware that something you said or did was wrong makes your apology more genuine. Explain this, and reassure the family it won't happen again. No one is perfect, and everyone makes mistakes.

2. It's really about you and your partner: Before you can move onto the family, make sure both of you can forgive each other, and understand what you want out of the relationship. Trusting each other, despite being exes, should always come first.

3. Children are key: If children are involved, as is the case with the Palins, reconciliation is even more important. Everyone can agree that it's important to create a healthy environment for the child.