

# Kate Beckinsale's Estranged Husband Files for Celebrity Divorce



By Kayla Garritano

No more waiting. After a year of separation, [Kate Beckinsale's](#) estranged husband, Len Wiseman, has filed for a [celebrity divorce](#). According to [UsMagazine.com](#), TMZ stated that Wiseman cited irreconcilable differences, and neither of them are asking for spousal support. *Us* confirmed back in November 2015 that the [celebrity couple](#) was separating after 11 years of marriage. "They tried to make it work, but they end up falling back into old habits and fighting," a source said.

# This split has turned into a celebrity divorce. What are some reasons to try a separation prior to a divorce?

## Cupid's Advice:

When fighting with your spouse, divorce doesn't have to be the answer. Sometimes, it's best to separate for a while until a decision is made. Cupid is here with some [relationship advice](#):

**1. Distance makes the heart grow fonder:** It may just be that you and your partner need space from each other. Take a break from the constant fighting and split up to see if you end up missing each other more than you thought. If you both do, then you know the situation is worth trying to fix.

**Related Link:** [Khloe Kardashian & Lamar Odom Reach Agreement in Celebrity Divorce Settlement](#)

**2. Stop the fighting:** Unfortunately, if you're like Kate and her ex-husband, being separated won't stop the fighting. However, you don't know until you try it. See where staying away from each other takes you, and maybe your fights will seem minor.

**Related Link:** [Single Celebrity: Kate Beckinsale 'Doing Fine' After Len Wiseman Split](#)

**3. Find the one:** Time apart means you may find someone else who sparks your love interest. If it's not your significant other, then you know you're on the way to divorce. You can tell if you still love them or not, especially if someone new appears in your life.

**What are some reasons you separate before your divorce?**

Comment below!

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# Single Celebrity: Kate Beckinsale 'Doing Fine' After Len Wiseman Split



By Kyanah Murphy

British single celebrity Kate Beckinsale had a [celebrity divorce](#) with her husband of 11 years, Len Wiseman, and is doing “just fine,” according to [UsMagazine.com](#). After all those years, we would think that it would be a hard battle to

get through for the former celebrity couple! Beckinsale was seen sticking close to good friend Victoria Beckham at the British Fashion Awards and looked well. Keep it up, girl!

## **This single celebrity is coping well post-split. What are some ways to deal with a sudden break-up?**

### **Cupid's Advice:**

We're proud of this new single celebrity being in a good place after her split with her longtime husband. If you're newly single as well, here are some tips to help you get back on track:

**1. Talk to someone:** Let's face it; you're going to be going through a flurry of emotions and you're going to need to talk to someone about it. Grab your BFF, and let it out.

**Related Link:** [Single Celebrity Ariana Grande Says She Doesn't Want to Be Called Big Sean's Celebrity Ex](#)

**2. Accept it:** You're thinking about it constantly, so use this time to think about your relationship and accept that it is, in fact, over.

**Related Link:** [Justin Bieber Says He's a Single Celebrity and 'Ready to Mingle'](#)

**3. Focus on you:** This cannot be stressed enough. Take care of yourself. Focus on your needs, focus on positivity, and focus on things that make you happy. Taking care of yourself is of the utmost importance.

**Have you gone through a sudden break up? What did you do to cope? Comment below!**