

New Celebrity Couple: Lauren Bushnell Called Chris Lane's Ex-GF to Tell Her They Were Dating

By [Ivana Jarmon](#)

In [celebrity news](#), Lauren Bushnell recently reached out to boyfriend Chris Lane's ex Lauren "LB" Barr. A source tells *UsMagazine.com*, "Chris was dating LB right before Bushnell. Bushnell called LB a couple of days ago to tell her that they were together." Both women vied for Ben Higgins' affections in 2016 on *The Bachelor*. *UsMagazine.com* confirmed the dating news on November 14. The [celebrity couple](#) sparked romance rumors after attending the BMI Country Music Award in Nashville on November 13.

This new celebrity couple is all about open and honest communication when it comes to their exes. What are some reasons to let your ex know that you're dating someone new??

Cupid's Advice:

Is it okay to tell your ex that you're dating someone new? Cupid has some reasons why you should let your ex know:

1. Respect: Simply having respect for one another's feelings is a good reason to let your ex know that you're dating someone. You don't want to surprise or hurt them.

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2. First to know: Letting your ex know first may lessen the blow when the public finds out. There's nothing worse than finding out your ex is dating someone new from a friend or acquaintance weeks after it happens.

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3. They can come up with a talking point: Being surprised by the fact that your ex is dating someone new doesn't allow you to come up with a planned reaction or talking point. If you know before the general public does, you can come to terms with it and keep the shock off of your face when it's discussed.

What are some reasons to let your ex know that you're dating someone else? Share your thoughts below.