

New Celebrity Couple: Lauren Bushnell Called Chris Lane's Ex-GF to Tell Her They Were Dating



By

[Ivana Jarmon](#)

In [celebrity news](#), Lauren Bushnell recently reached out to boyfriend Chris Lane's ex Lauren "LB" Barr. A source tells *UsMagazine.com*, "Chris was dating LB right before Bushnell. Bushnell called LB a couple of days ago to tell her that they were together." Both women vied for Ben Higgins' affections in 2016 on *The Bachelor*. *UsMagazine.com* confirmed the dating news on November 14. The [celebrity couple](#) sparked romance rumors after attending the BMI Country Music Award in Nashville on November 13.

This new celebrity couple is all about open and honest communication when it comes to their exes. What are some reasons to let your ex know that you're dating someone new??

Cupid's Advice:

Is it okay to tell your ex that you're dating someone new? Cupid has some reasons why you should let your ex know:

1. Respect: Simply having respect for one another's feelings is a good reason to let your ex know that you're dating someone. You don't want to surprise or hurt them.

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2. First to know: Letting your ex know first may lessen the blow when the public finds out. There's nothing worse than finding out your ex is dating someone new from a friend or acquaintance weeks after it happens.

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3. They can come up with a talking point: Being surprised by the fact that your ex is dating someone new doesn't allow you to come up with a planned reaction or talking point. If you know before the general public does, you can come to terms with it and keep the shock off of your face when it's discussed.

What are some reasons to let your ex know that you're dating

someone else? Share your thoughts below.

Celebrity Exes: 'The Bachelor' Star Lauren Bushnell Says She Hasn't Spoken to Ex Ben Higgins Recently

Cupid's Pulse
* Celebrities. Love. Opinions. *



By

Rhodesia Williams

In [celebrity news](#), *The Bachelor* star Ben Higgins, 30, and

fiancé Lauren Bushnell, 30, ended their engagement last May, and they haven't talked much since. Bushnell spoke to *UsMagazine.com* while attending a FabFitFun event in West Hollywood. When asked about the [celebrity break-up](#), Bushnell responded saying the split was difficult since the two "are in the same circle and same world." That being said, she admitted that she has only spoken to him to congratulate him on the launch of his new coffee company, Generous.

These celebrity exes split up amicably, but they aren't necessarily on speaking terms. What are some benefits to a clean break after a split?

Cupid's Advice:

There's something to be said for a clean break after a break-up. Cupid has some reasons to consider:

1. Piece of mind: Although you may miss your ex, a clean break often helps to heal faster. Those miserable, "should've, could've, would've" thoughts won't hound you for as long, and you can start to move on. No headaches are always a plus.

Related Link: [Relationship Advice: How to Heal a Broken Heart](#)

2. Breathe: Whether it was a mutual split or not, you can now relax and breathe. You will have more "me" time. Spend this time "catching your breath" and give your mind, heart, and body a rest.

Related Link: [Relationship Advice: How to Stay True to Yourself](#)

3. Rearrange: Now that you are newly single and will have more

time on your hands, mix things up! Sign up for that yoga class you've thought about, but didn't have time for. You can now rearrange things in your life, and the best part is, you can start whenever you're ready!

What are some other benefits of a clean break up? Share your thoughts below.

Celebrity News: Lauren Bushnell Has A New Boyfriend



By [Ma](#)

[rissa Donovan](#)

Lauren Bushnell is not spending the rest of the summer single!

According to [People.com](#), [The Bachelor](#) alum is dating longtime friend Devin Antin. The two have known each other before Bushnell began on the dating show, but have been strictly friends up until now. Since they had a history of friendship, they quickly started dating. It is safe to say Bushnell has moved on from her split from [Ben Higgins](#)!

This [reality Tv](#) star has decided to date her long time friend! How can you transform a friendship into a relationship?

Cupid's Advice:

Sometimes turning a relationship into a friendship can become natural, but sometimes taking that next step can be nerve-racking. Here are some tips on how to transform a friendship into a relationship:

1. Spend more alone time together: Spending more alone time together is a good way to connect on a personal level and possibly see a side to your friend you've never seen before! Time alone together can also allow you to be more open about your feelings.

Related Link: [Celebrity News: Former 'Bachelor' Ben Higgins Discusses Why He Sent Becca Tilley Home Before Hometown Dates](#)

2. See if their interested in anyone at the moment: Check to see if a relationship is reasonable with your friend by asking if they're currently seeing someone. You should also ask if they have someone in mind. Asking these questions can clear any unsure feelings!

Related Link: [Celebrity Break-Up: 'Bachelor' Ben Higgins Sheds Light on 'Tough' Split from Lauren Bushnell](#)

3. Ask them what they think of your current friendship: Since you and your friend already have a relationship, purpose the idea of taking the relationship to the next level by dating. This may make things awkward at first, but at least you'll finally end your curiosity by getting the real answer!

Have you turned a friendship into a relationship. Tell us your love story in the comments!

Celebrity News: Former 'Bachelor' Ben Higgins Discusses Why He Sent Becca Tilley Home Before Hometown Dates





By [Ma](#)

[rissa Donovan](#)

[The Bachelor](#) star Ben Higgins has finally addressed why he sent Becca Tilley home before the hometown dates happened. According to [UsMagazine.com](#), Higgins recapped the event on his *Almost Famous* podcast from his perspective by expressing that he already knew Lauren Bushnell was very special to him. He also added that he didn't want to upset Tilley's family since he saw what happened to Nick Viall during his second home date. Tilley and Higgins are now friends who joke about her exit from the show.

This [celebrity news](#) has us feeling a little awkward for Becca. What are some benefits to keeping your past relationships in the past?

Cupid's Advice:

Rehashing past fallouts with exes can be uncomfortable! Here are some benefits for keeping old drama and exes in the past:

1. You can have better relationships: Revisiting old feelings should be used as a learn lesson. Now you know what to expect from that person and you can move on to someone that you can have more compatibility with.

Related Link: [Celebrity Break-Up: Ben Higgins Is Still Upset Over Split From Lauren Bushnell](#)

2. New relationships will be unpredictable: Don't get stuck in the mindset that your new relationships will be the same as the last one. Your new relationship might have similarities to your last one, but the person you are with will give you a different experience on what it means to be in a relationship.

Related Link: [Celebrity News: 'Bachelor' Stars Nick Viall & Vanessa Grimaldi Attend 2017 MTV Movie Awards](#)

3. You will have sense of humor: Like Ben and Becca, you can make jokes out of the pain instead on dwelling on how you felt during the moment. Since the relationship is over, you don't have to worry about getting hurt again by that person and now you can look back and laugh!

Do you think Ben Higgins should have picked Becca Tilley after all? We would love to hear what you think in the comments!

Celebrity Break-Up: Ben Higgins Is Still Upset Over Split From Lauren Bushnell



By

[Marissa Donovan](#)

Last month was a disappointing surprise to season 20 fans of *The Bachelor*, as [Ben Higgins](#) and Lauren Bushnell called off their celebrity engagement. According to [UsMagazine.com](#), Higgins recently expressed his feelings about the [celebrity break-up](#). He said, “When you really care about somebody and you really love somebody and that has to end – for whatever reason, even for reasons that either person can’t really explain, it’s just a feeling and you have to go your separate ways – it hurts. It hurts bad.” Bushnell has said the two are friends, but this [celebrity news](#) has us hurting along with the former couple!

This couple is still feeling the effects of their celebrity break-

up. What are some ways to cope with a split?

Cupid's Advice:

Break-ups can take time to heal. Sometimes we can feel helpless on how to deal with the heartache. Here are some tips to help make the split easier to deal with:

1. Listen to music: This is one of the best remedies to a heavy heart. [Brad Pitt](#) also listened to music after getting a divorce with his ex-wife Angelina Jolie. Any music genre is acceptable for coping with a break-up. Start making a playlist!

Related Link: [Celebrity News: Angelina Jolie & Brad Pitt Are Talking Again](#)

2. Binge episodes of Netflix: Cue up your Netflix and search for a hilarious sitcom or a murder mystery. Engaging episodes will distract you from getting upset over the split. Watching an amazing series will give you the comfort you deserve during this difficult time.

Related Link: [Celebrity Break-Up: 'Bachelor' Ben Higgins Sheds Light on 'Tough' Split from Lauren Bushnell](#)

3. Reconnect with old friends: Meeting up with friends you haven't seen in ages can make you feel happier during this upsetting time. Your friends will remind you of fun memories and most likely want to make weekend plans. Having friends around will keep you optimistic about the future.

What are some other tips in helping you cope with a break-up? Leave your advice in the comments bellow!

Celebrity Break-Up: 'Bachelor' Ben Higgins Sheds Light on 'Tough' Split from Lauren Bushnell



By

[Noelle Downey](#)

Bachelor star Ben Higgins is opening up about his [celebrity break-up](#) from Lauren Bushnell. According to [EOnline.com](#), Higgins is letting it all out when it comes to the end of his [celebrity relationship](#) on his upcoming podcast with fellow reality TV star, Ashley Iaconetti. In the first episode, Higgins claimed, "Lauren will always be one of my best

friends. I learned a lot about myself; I think she learned a lot about herself. It's tough." Higgins went on to share that his heartbreak over [celebrity ex](#) Bushnell is still "very fresh" because he truly thought that, "[she] was the one." However, Higgins is also the first to acknowledge that the [Hollywood relationship](#) had real problems. "Mutually Lauren and I saw that life was getting more difficult," Higgins admitted, "I would say the joy that we felt toward our relationship at the beginning was—for some reason—slipping away." He confessed there was "no real saving or redemption to be done" and that ultimately he felt that their split was "for the best." Regardless, Higgins has hope for both of them, even if it's as individuals, instead of a [celebrity couple](#) and stated, "I am a better man today because of Lauren and because of our relationship."

This celebrity break-up proves that when a relationship becomes more work than pleasure, it's time to let go. What are some ways to know your relationship has run its course?

Cupid's Advice:

It can be tough to know when a relationship is really over, but here are the top three ways that you can be sure:

1. When you no longer see a future together: A good way to figure out if what you're experiencing is a rough patch or really the end is to analyze whether or not you can still imagine a future with your partner. Can you picture a time when realistically things get better and you as a couple move past whatever it is that's causing stress on your

relationship? Or is this conflict destined to be a part of your relationship forever? Your answer can help you determine whether or not it's time to move forward or move on.

Related Link: [Celebrity Break-Up: 'Bachelor' Stars Lauren Bushnell & Ben Higgins Split](#)

2. When the love is gone: If you genuinely feel as if you've fallen out of love with your partner, then it's time to move on. If the thought of leaving provides you with more relief than you won't have to fake it any more than sadness, you can be sure that ending the relationship is the best thing for both of you. Don't try to force love or affection after a certain point. If you're not feeling it, you're just not. Let go.

Related Link: ['The Bachelor' Celebrity Couple Lauren Bushnell & Ben Higgins' Relationship 'Ain't Perfect'](#)

3. When you feel trapped constantly: If your relationship has been reduced to nothing but a ball and chain around your ankle, think long and hard about whether or not you want it to continue. If you feel that the only thing your partner does is hold you back, consider the fact that you both might be able to go farther without each other. Sometimes the most loving thing you can do for another person is set them free knowing that both of you will actually be better off without one another, even if at first the split is painful.

Have you ever called it quits in a relationship? How did you know it was time? Let us know in the comments!

Celebrity Break-Up: 'Bachelor' Stars Lauren Bushnell & Ben Higgins Split



By

[Noelle Downey](#)

In breaking [celebrity news](#), there's an item that may have reality TV lovers less than enthused; *The Bachelor* alums Lauren Bushnell and Ben Higgins have officially called it quits. According to [UsMagazine.com](#), the former [celebrity couple](#) celebrated their [celebrity engagement](#) during the finale of season 20 of *The Bachelor* and announced their [celebrity break-up](#) months later on May 15, 2017. "It is with heavy hearts that we announce our decision to go our separate ways," Bushnell and Higgins confessed in a statement to the press, "We feel fortunate for the time we had together, and will remain friends with much love and respect for one

another. We wish nothing but the best for each other, and ask for your support and understanding at this time.” Although the romance of their [Hollywood relationship](#) was well-documented on *The Bachelor* and on their follow-up show, *Ben & Lauren: Happily Ever After?* audiences also witnessed some tumultuous signs of trouble in the couple’s [celebrity relationship](#), especially when it was revealed that Higgins had also confessed his love to contestant Joelle Fletcher during the run of the show. Bushnell acknowledged this did not sit well with her in several celebrity interviews, sharing, “I did carry some resentment toward him. I will never understand. I will never be the Bachelor.”

This *Bachelor* couple has decided on a celebrity break-up. What are some ways to know you’ve done all you can to salvage your relationship?

Cupid’s Advice:

When it comes to working out a rocky relationship, things can get tricky, and sometimes it’s just time to call it quits. Here are Cupid’s top tips on how to know when it’s time to throw in the towel:

- 1. When you’ve tried talking it out... and failed:** If you’ve sat down together, maybe even with a third party like a therapist, and honestly tried to work out your problems with little to no progress, that’s a serious sign that you may have reached the final hours of your relationship. Of course, working through your problems takes time and effort, but if you feel like you’ve really committed to spending time working on the problem and nothing has been changing or getting better, it may be time to take a step back and take a long, hard look at whether or not this is a relationship you feel you should stay

in.

Related Link: [‘The Bachelor’ Celebrity Couple Lauren Bushnell & Ben Higgins’ Relationship ‘Ain’t Perfect’](#)

2. When they’re in love with someone else: If you feel as if your partner has some serious feelings for someone other than yourself and they’re distracting them from being in a committed relationship with you, that’s a serious problem. If your partner is in love with someone else (assuming you’re in a monogamous relationship) that’s a major deterrent to the success of your relationship. It may be time to acknowledge that it’s time to let go and let you both move on to something even better than what you have right now.

Related Link: [Ben Higgins & Lauren Bushnell Butt Heads Over Televised Celebrity Wedding](#)

3. When all that’s left is fighting: Every couple has rough patches and seasons of their life together when they argue more than others. But if it seems that you two are constantly locked in a battle for the upper hand, and can’t even spend any amount of time together without a big fight blowing up, it’s time to call it quits. Let each other go, and let yourselves find someone else who you won’t be in constant conflict with.

Have you ever been in a relationship that went down the tubes? What was the final straw? Let us know in the comments!

Celebrity News: Lauren

Bushnell Shares Sweet Post for 'Bachelor' Ben Higgins' Birthday



By:

Christa Ganz

Lauren Bushnell posted a sweet, yet honest birthday shout out to *Bachelor* boyfriend [Ben Higgins](#) on Instagram recently. Higgins, who was the star of the 20th season of *The Bachelor*, celebrated his 29th birthday on Thursday, March 23. According to [UsMagazine.com](#), Bushnell, 27, captioned a gorgeous photo of the two with a horse, writing, "Happy birthday babe!!!!!! I'm so thankful for this life together. Although sometimes rocky you always hold my hand and support me through it, always with a smile on your face. You deserve the world, especially today." This [celebrity couple](#) has never been shy about their affection toward one another. The pair has a history of taking

to social media to express their love for each other. Despite what some rumors may insinuate, this [celebrity relationship](#) continues to remain afloat in the public eye.

This celebrity news shows us that this *Bachelor* relationship is still going strong. What are some ways to show your love for your partner in a public way?

Cupid's Advice:

Sometimes you just want to remind your partner of how much they mean to you. Don't be shy when it comes to publicly expressing your love for your significant other:

1. Keep them close: Simple gestures like hand-holding or frequent hugs and kisses will make them feel special. Without going over the top with the PDA (unless you both are into that sort of thing), keep your partner within arms' reach to publicly express how close the two of you are.

Related Link: [The Bachelor' Celebrity Couple Lauren Bushnell & Ben Higgins' Relationship 'Ain't Perfect'](#)

2. Speak up: Remind your partner of all the things you love about them. Without having to yell it to the world, you can remain affectionate in public by engaging in happy conversation. Continuous smiling and laughing will let everyone around you know how much you enjoy each other's company.

Related Link: [Celebrity News: 'Bachelor' Alum Lauren Bushnell Reveals Romantic Thing She Does for Ben Higgins](#)

3. Social media: Just like your in-person appearance, your

online appearance matters, too. Keep your social media pages updated with pictures of your partner. Let them know that you're proud to be theirs, and you want everyone who interacts with you to know that.

How do you publicly show love for your partner? Comment below!

'The Bachelor' Celebrity Couple Lauren Bushnell & Ben Higgins' Relationship 'Ain't Perfect'



By [Wh](#)

[itney Johnson](#)

Amid celebrity break-up rumors, *The Bachelor* star Lauren Bushnell posted a picture on Instagram of her hugging fiancé [Ben Higgins](#) with the caption, “We ain’t perfect but we tryin.” According to [EOnline.com](#), fans first noticed the [celebrity couple](#) spending less time together after their [reality TV](#) show *Ben & Lauren: Happily Ever After?* came to a close in 2016. After Bushnell took a recent birthday trip to Mexico without Higgins, the rumor mill really started churning, but still, the reality TV duo is standing by one another.

Despite reports of a break-up, this celebrity couple is standing firm in their love for each other. How should you respond to rumors about your relationship?

Cupid’s Advice:

Given their life in the spotlight, rumors are inevitable for a celebrity couple like Bushnell and Higgins. Even those of us who don’t share our relationship on reality TV can still deal with gossip from time to time. So how should you address rumors about your love life? Consider this relationship advice below:

1. Work together: If your parents have heard gossip about your relationship or your BFF is worried about you, it’s time to deal with the untruths. But before you do so, talk to your partner and make sure you’re both on the same page. If you tackle the rumors as a team, it’ll be easier to shut them down.

Related Link: [Celebrity News: ‘The Bachelor’ Alum Lauren](#)

[Bushnell Celebrates Birthday in Mexico Without Ben Higgins](#)

2. Use social media: It's nearly impossible to pick up the phone and call all of your friends and family to make sure they know the truth. Instead, take a cue from this celebrity couple and keep it short and sweet on social media. Your loved ones will immediately be reassured about the state of your relationship.

Related Link: [Celebrity Couple: Lauren Bushnell Says When She'll Marry Ben Higgins is the 'Million Dollar Question'](#)

3. Don't overthink it: It's easy to get caught up in the gossip and wonder if your partner is cheating or if you're better off single. At the end of the day, only *you* know the truth about your relationship. Trust your heart, and don't second guess yourself or your response to the rumors.

Cupid wants to know: What's your best tip for dealing with rumors about your relationship?

Celebrity News: 'The Bachelor' Alum Lauren Bushnell Celebrates Birthday in Mexico Without Ben Higgins





By [Wh](#)

[itney Johnson](#)

Is there trouble in paradise? [The Bachelor](#) alum Lauren Bushnell recently celebrated her 27th birthday in Mexico without one special person by her side: fiancé [Ben Higgins](#). According to [UsMagazine.com](#), the reality TV star jetted off to the beach with her family for a week of fun in the sun. Higgins shared a sweet birthday message on Instagram and also responded to recent [celebrity news](#) and break-up rumors, writing, “[J]ust know as @laurenbushnell celebrates her birthday tomorrow I am still extremely lucky to be able to share life with her and be by her side.” Fans first began speculating about a celebrity break-up when Bushnell spent a girls’ weekend in Nashville without her 4.25-carat Neil Lane engagement ring – which is noticeably absent in her Instagram posts from Mexico as well.

In celebrity news, this turn of events has us wondering about

Lauren and Ben's relationship. What are some tell-tale signs that things aren't going well in your relationship?

Cupid's Advice:

Based on this celebrity news, it's hard to know if this celebrity couple is headed for the altar or headed for Splitsville – but luckily, it's easier to tell if your own relationship is on the rocks. Here are three signs that things aren't going well in your love life:

1. You're spending less time together: If you and your partner are spending more time apart than together, there's a chance your relationship is headed towards its end. It's good to have separate interests, but you shouldn't use those hobbies as an excuse to be away from each other.

Related Link: [Celebrity News: Lauren Bushnell Says When She'll Marry Ben Higgins is the 'Million Dollar Question'](#)

2. You argue constantly: It's one thing to have a fight every now and then; it's another if all of your discussions turn into yelling matches. Relationships are all about communication, so a failure to do so in a civilized manner is a tell-tale sign that things are headed in the wrong direction.

Related Link: ['The Bachelor' Celebrity Couple Ben Higgins & Lauren Bushnell 'Happier Than Ever' After Calling Off Wedding](#)

3. You no longer make each other happy: If you're choosing to be in a relationship with someone, you should feel like the best version of yourself when you're around each other, plain and simple. Instead, if you're often stressed and unhappy

because of them, it's time to reevaluate your partnership.

Cupid wants to know: What's another sign that your relationship isn't going well? Tell us in the comments below!

Celebrity Wedding: Lauren Bushnell Says When She'll Marry Ben Higgins is the 'Million Dollar Question'



By [Ma](#)

[llory McDonald](#)

In the season finale of *Ben and Lauren: Happily Ever After*,

former *Bachelor* [Ben Higgins](#) called off his [celebrity wedding](#) to Lauren Bushnell. Rumors of the two not making it after this decision are completely untrue. [UsMagazine.com](#) learned how Higgins feels about their relationship status, as he said, “I think at this point, Lauren and I are focusing on our relationship, which is obvious. We’re definitely together – we are happily engaged. The wedding in our mind – ‘Where’s your ring at?’ – is still on, but we are just taking some time to help plan that where it’s not stressful or overwhelming.” Bushnell shared, “Any couple feels the same pressures – you get engaged, and everyone asks when is the wedding. ... We’ve navigated it relatively well and [are] doing things on our own timeline, honestly.” The stress of the show may have definitely changed the dynamic in this [celebrity relationship!](#)

We sense a little bitterness when it comes to the planning of this celebrity wedding. What are some ways to deal with a partner who is reluctant to tie the knot?

Cupid’s Advice:

Tying the knot is a serious step in a relationship and for many, it can feel overwhelming. Use this [relationship advice](#) to help ease your partner into marriage:

1. Be understanding: It can be hard to be understanding of your partner when they are putting the breaks on a wedding and you are ready to move forward. But you have to always be supportive of your partner’s feelings.

Related Link: [Celebrity Wedding: ‘Bachelor’ Ben Higgins Reveals Proposal Tips After Calling Off Wedding](#)

2. Discuss the decision: Make sure to not let this decision

fly under the rug. It is important to understand why your partner isn't ready so that there isn't any confusion.

Related Link: [Ben Higgins & Lauren Bushnell Butt Heads Over Televised Celebrity Wedding](#)

3. Be patient: Trying to be patient when you are ready for the next step can be extremely challenging. However, the more patient you are, the easier it will be for your partner to become ready.

How did you handle your partner not being ready for marriage? Share your experiences below.

Celebrity Wedding: 'Bachelor' Ben Higgins Reveals Proposal Tips After Calling Off Wedding





By

Kayla Garritano

A tip for love. Although their [celebrity wedding](#) didn't go as planned, [celebrity couple Ben Higgins](#) and Lauren Bushnell have a story to share. According to [UsMagazine.com](#), Higgins was able to share his tips for planning the perfect fairy-tale proposal. The former [Bachelor](#) star offers five tips, which are as followed:

1. Make sure that your heart is ready to commit;
2. Make sure that your partner is ready to commit; and
3. Recognize that you are committing to your partner no matter what.
4. Make the proposal romantic and fun;
5. After popping the question, celebrate!

Bushnell also came into the discussion by talking about the worries of finding the perfect ring. “If it's coming from you and you put a lot of time and effort into picking it out, I have no doubt that they're probably going to love it,” she says, right before flashing her own ring with a smile.

Even when it comes to celebrity weddings, it's important to make your marriage proposal memorable. What are some key ways to make your proposal as special as can be?

Cupid's Advice:

Wedding proposal memories should last a lifetime. You will be able to tell all your friends and family, and even someday you're own kids, how your love story started. Cupid is here with some relationship advice to make sure your proposal is one not to forget:

1. Get your friends & family involved: Your friends and family are always there to help. You can get them in on the plan by asking for their help, have them take photos of the big reveal, or just stand back-up in case anything goes wrong. They won't turn down the offer to see a romantic and amazing moment for someone they care about.

Related Link: ['Bachelor' Celebrity Couple Ben Higgins & Lauren Bushnell 'Happier Than Ever' After Calling Off Wedding](#)

2. Go public: If you love someone, you want to share it with the world. Propose in front of a big crowd. It can be a big screen proposal at a baseball game, or a huge flashmob in front of the town. Let people know you are in love and you're not afraid to show it.

Related Link: [Celebrity Wedding: 'Jersey Shore' Stare Deena Cortese Is Engaged](#)

3. Surprise: The most magical moments are when you least expect it. You and your partner have probably talked about marriage, but your partner may not know when you're going to

pop the question. Do it at the most unexpected time so your significant other won't see it coming. There will be a surprised face and happy tears.

How did you make your marriage proposal memorable? Tell us in the comments below!

'Bachelor' Celebrity Couple Ben Higgins & Lauren Bushnell 'Happier Than Ever' After Calling Off Wedding



By [Ma](#)

[llory McDonald](#)

One of *The Bachelor's* hottest [celebrity couples](#), [Ben Higgins](#) and Lauren Bushnell, called off their [celebrity wedding](#)! According to [UsMagazine.com](#), they called off the wedding on their reality TV show, *Ben & Lauren: Happily Ever After*. However, the two claim they are happier than ever after making this decision. "That's one of the things that's great about doing a show post-*Bachelor*. It really does highlight the confusion that life is and trying to get to know each other post-show, and trying to figure out how to get married and make everything work in everybody's best interest," Higgins told *Entertainment tonight*. "We are together, happier than ever – no plans to break up!" Higgins has no regrets of sharing his concerns and calling off the wedding, "We're in one of the best places we've ever been in our relationship – probably the best place," he told *ET*. "We're feeling less stressed. We're feeling less pressured. We're able to laugh and smile more. ... That decision at that point led us to every decision we've made to get to today."

This *Bachelor* couple isn't walking down the aisle anytime soon. What are some ways to know you're not ready for marriage?

Cupid's Advice:

Rushing into a marriage could end it before it even really begins. These are some ways to recognize you aren't ready for marriage:

1. Anxiety: Planning a wedding is always going to create some anxiety. But, if that anxiety is taking over and shadowing the happiness and joy that also comes with it, it may be time to

call it off.

Related Link: [Ben Higgins Feels 'Disconnected' from Celebrity Wedding Planning](#)

2. Fear: Getting cold feet before the wedding is normal for a lot of people. However, there is a difference between cold feet and being terrified of getting married. If you are feeling uncomfortable, it is important to be honest with your partner.

Related Link: [Ben Higgins & Lauren Bushnell Butt Heads Over Televised Celebrity Wedding](#)

3. Feeling pressured: A marriage needs to be a completely mutual decision. If you feel like you were pressured into the marriage, you may end up resenting your partner. Avoid that by taking the time and slowing things down.

Why did you decide you weren't ready for marriage? Comment below!

Former 'Bachelor' Ben Higgins Feels 'Disconnected' from Celebrity Wedding Planning





By

Kayla Garritano

Will the wedding drama ever stop? In the Tuesday, November 1 episode of *Ben & Lauren: Happily Ever After?* [Ben Higgins](#) and Lauren Bushnell made another attempt at wedding planning, then quickly moved on to other things to avoid more planning. According to [UsMagazine.com](#), the little bit of planning they did included Lauren's sister, Mollie, helping the [celebrity couple](#) with their wedding registry. Ben immediately became defensive over everything and didn't want anything that they don't need. Mollie and Lauren ignored most of Ben's negative comments and continued making the registry. As the episode continued to show them arguing and disagreeing with things such as houses and what they "don't need," Ben took a moment to admit to the camera, "I'm very disconnected from wedding planning."

This former [Bachelor](#) is feeling isolated from [celebrity wedding](#)

planning. What are some ways to involve your partner in wedding plans?

Cupid's Advice:

A wedding is a joint ceremony, where you learn a lot about your partner and deal with the craziness of planning a wedding together. You want to make sure neither of you feel isolated in the planning, especially if you both want to be involved. Cupid will tell you how you can plan your wedding together:

1. Take them on the hunt: When you're testing out cakes, or trying out the food, or picking out your wedding registry, make sure your partner is there with you. Show them the journey you're going on, and let them experience what you're experiencing. Your partner should be allowed to try what it is that you're trying, and have the same opportunity to plan out the wedding that you're both a part of.

Related Link: [Ben Higgins & Lauren Bushnell Butt Heads Over Televised Celebrity Wedding](#)

2. Let them have opinions: When you have a dream wedding in mind, you don't want to let anyone else's opinions in. Well, what if your partner has something to say about the situation? What if they prefer something different? Make sure their voice is heard, and that you consider what they say. You should learn to talk to each other about what you're thinking. If you don't, that may foreshadow some problems in the marriage.

Related Link: [Learning to Compromise: My Way or the Highway!](#)

3. Compromise: Marriage is about compromise, as is a wedding. You are taking two lives and melding them into one. You are creating a new life for yourself the minute you say "I do" to each other. Do something for each other that seems fair. Take

something out of the wedding that you love in exchange for putting in something your partner loves, and they should do the same for you.

How have you brought your partner in to the wedding planning? Comment below!

Ben Higgins & Lauren Bushnell Butt Heads Over Televised Celebrity Wedding



By

Kayla Garritano

Here comes the bride...and millions of viewers. In the Tuesday,

October 18 episode of *Ben & Lauren: Happily Ever After*, the [Ben Higgins](#) and Lauren Bushnell finally stopped the drama with [celebrity ex JoJo Fletcher](#). However, *Bachelor* host Chris Harrison also gave them the opportunity (and pressure) to televise their [celebrity wedding](#). According to [UsMagazine.com](#), the [celebrity couple](#) sat down with Chris when he dropped the offer. Ben's reaction? Nervous; saying he's never been married and wasn't sure if he was ready. Lauren responded with concern asking, "If he's not ready, what does that mean?" Lauren said all she wanted to hear from Ben was that he wanted to marry her. All she received was Ben getting nervous. The two eventually reconciled and decided on a televised wedding after all!

It looks like there will be another televised *Bachelor* celebrity wedding! What are some ways to personalize your wedding festivities?

Cupid's Advice:

It's your wedding! You want to make it your own and give it a personal touch. You and your partner should be planning a night to remember. Cupid is here to help with ways you can personalize your wedding:

1. Picture perfect: What better way to personalize your wedding than by putting your face everywhere? You and your partner must have plenty of memories leading up to your big day, and there must be pictures to prove it. Lying pictures on tables or around the walls makes the party feel inviting. You're inviting your guests into your personal journey, which is a heart-warming gesture.

Related Link: [Find Out Why JoJo Fletcher & Jordan Rodgers' Celebrity Wedding is Still on Hold](#)

2. Make a theme: Is there something specific you and your significant other love? Any hobbies or interests? For example, if you both love the beach, you can design your wedding festivities to have beach-related items. Or, say you and your partner have traveled together. Where did you go? Take those memories and adventures and make a theme out of it.

Related Link: [Celebrity News: 'Bachelor' Alum Nikki Ferrell Marries Tyler Vanloo](#)

3. Customize your drinks: You can't celebrate without creating a signature drink for the night. Make it something either really unique, or something simple. Either way, it'll get your guest interested in what they're drinking. Plus, it's super cute that you created your own little cocktail for your special night.

How have you personalized your wedding festivities? Comment below!

Will 'Bachelor' Celebrity Couple Ben Higgins & Lauren Bushnell Split Over JoJo Fletcher Drama?





By

Kayla Garritano

Is it a happily ever after? The new show from [Ben Higgins](#) and Lauren Bushnell, *Ben & Lauren: Happily Ever After*, gave viewers a chance to see the couple post-[Bachelor](#). However, according to [UsMagazine.com](#), psychotherapist and relationship expert Rhonda-Richards Smith dishes about whether she thinks this couple has what it takes to move past tensions, the biggest one being his prior love for runner-up [JoJo Fletcher](#). The premiere of the show, which aired on Tuesday, October 11, started with the drama of going to Fletcher's *After The Final Rose* ceremony, where Bushnell said she is tired of having her *Bachelor* season 20 rival associated with the [celebrity couple](#).

This celebrity couple could have some obstacles to overcome when it comes to Ben's ex, JoJo. What are some ways to keep ex drama out of

your current relationship?

Cupid's Advice:

Leaving an ex behind can sometimes be difficult to overcome, especially if you have a lot of history. But for the sake of a new and healthy relationship, you want to make sure the ex drama stays out. Cupid is here with some [relationship advice](#):

1. Stay away: If you're anything like Lauren Bushnell, you're going to want to stay away from the ex, even if it's for their new happiness with someone else. A friendly congratulations may be enough to help avoid any problems.

Related Link: [Celebrity News: 'Bachelor' Ben Higgins Offers Advice to Ex JoJo Fletcher & Fiance](#)

2. Realize you're happier without them: The reason why Ben didn't choose JoJo was because he was happier with Lauren. The reason why it didn't work out with your ex is because you know you're better off without them, and will be happier with someone else. Just make sure you know that before you jump into anything serious. We don't want those past feelings lingering into a new relationship!

Related Link: [Celebrity News: How Are JoJo Fletcher & Jordan Rodgers Doing Post-'Bachelorette'?](#)

3. Confront the problem: If the problem is that serious and you think you can't move on because of past feelings, it may be best to talk the problem out with your ex upfront. It's better to admit your feelings than to deny them. Talking it out makes it easier to move on, and hopefully you'll be able to find some closure.

How have you kept ex drama out of your current relationship? Comment below!

Celebrity Couple Ben Higgins & Lauren Bushnell Celebrate Bachelor and Bachelorette Parties Together



By

Kayla Garritano

From *The Bachelor* to the bachelor party! [Celebrity couple Ben Higgins](#) and Lauren Bushnell celebrated their upcoming marriage with bachelor and bachelorette parties this long weekend. According to [UsMagazine.com](#), the *Bachelor* alumnae threw a joint party with all of their friends in Las Vegas! A picture shows them poolside with all of their friends on Thursday,

October 6, just hanging out and celebrating before the big day.

This celebrity couple did not want to celebrate separately! What are some ways to bring all your friends together before the big day?

Cupid's Advice:

You don't need to have a traditional "all girls" bachelorette party or an "all guys" bachelor party. Sometimes, the best way to celebrate your last days of not being married is to celebrate together. Here are some ways to conjoin your celebration:

1. Wedding party field day: Have your wedding party get to know each other a little better by battling it out. Team Bride vs. Team Groom. This will let your party bond over fun activities all while having some friendly competition. Plus, it's kind of fun seeing your future spouse duel against you.

Related Link: [Celebrity News: 'Bachelor' Alum Lauren Bushnell Reveals Romantic Thing She Does for Ben Higgins](#)

2. Vacation: Instead of a "party," why not take a trip somewhere together? It's just like a party, except you get to take a couple extra days off and relax for a little bit more. You still get to drink (responsibly, of course), and you get to enjoy each others' company, while celebrating the same thing.

Related Link: ['Bachelor' Celebrity Wedding Planner Mindy Weiss Makes Predictions for Ben Higgins & Lauren Bushnell's Nuptials](#)

3. Separate rehearsal dinner: You definitely need a rehearsal

dinner the night before the wedding. The one with your parents and other family members, as well as the wedding party. But what about a dinner for just your friends? Get together with them all and enjoy a dinner. Make some last-minute wedding plans, and organize the aisle situation; who's walking with who? Just take it easy with your friends before the official events begin.

How have you brought your friends together before you tied the knot? Comment below!

'Bachelorette' Celebrity Couple JoJo Fletcher & Jordan Rodgers to Appear on 'Ben and Lauren: Happily Ever After'





By

[Stephanie Sacco](#)

[The Bachelorette](#) franchise is shifting gears as it takes on Freeform with a new [reality TV](#) series. *Ben and Lauren: Happily Ever After* will follow [celebrity couple](#) Ben Higgins and Lauren Bushnell after their Bachelorette fame. According to [EOnline.com](#), [JoJo Fletcher](#) and Jordan Rodgers (who received her final rose) will be stopping by for a visit. In [celebrity news](#), it could get awkward on this double date since Higgins admitted to being in love with Fletcher at the end of his season. Jealousy might come into play here.

This celebrity couple doesn't have an issue mingling with their exes apparently! What are some ways to move past hurt from your ex partner?

Cupid's Advice:

Exes can cause great pain that takes time to move on from. Hurting is common when dealing with a break-up and coping isn't always easy. Cupid is here to help:

1. A new relationship: The best way to get over somebody, is to get under somebody else. While this isn't always the case, sometimes it takes another person to distract you from your ex. Once you can accept the break-up and feel for somebody else, you'll be able to move on.

Related Link: [Celebrity Couple News: 'Bachelorette' JoJo Fletcher Chooses Her Man](#)

2. A new hobby: Distractions come in all forms and focusing on something new can keep you from dwelling on the past. Pick something you've always wanted to do or something you've never done before and put all your energy into that. Channeling your emotions into a painting or creating something can give you a sense of contentment.

Related Link: [Celebrity News: 'Bachelor' Ben Higgins Offers Advice to Ex JoJo Fletcher & Fiance](#)

3. A new look: Don't ever change for somebody, especially a guy, but doing your hair the way you like or wearing your favorite clothes can make you feel better. A new look can create a new attitude where you are 100% you. Holding back for a guy can cause resentment and being you is the most important thing.

How do you move on after heartbreak? Comment below!

Celebrity News: 'Bachelor' Alum Lauren Bushnell Reveals Romantic Thing She Does for Ben Higgins



By

Mallory McDonald

This [celebrity couple](#) makes having a happily ever after seem simple. According to [UsMagazine.com](#), after [Ben Higgins](#) finished his journey on *The Bachelor*, his fiancé Lauren Bushnell revealed where the couple is with planning their [celebrity wedding](#) and details about how she keeps the romance alive in their relationship. She said, "We haven't set a date. We have been throwing around some locations, and I think we've narrowed it down to the area that we want to get married. We're thinking 2017." After the cameras were put away

and jetting off to different destinations around the world ended, Bushnell knew it was important to keep the romance alive. She said they both still appreciate small romantic gestures. “I’ve been getting up extra early and making him breakfast. I can tell that he really appreciates it, so getting up early, I’ll have the coffee made, I put his mug out and I make him breakfast in the morning, and I’m not a morning person so that’s, like, a big step for me.”

This celebrity news has us swooning! What are some little things you can do for your partner that end up being a big deal?

Cupid’s Advice:

Remembering to show your partner love and affection in little ways can be challenging. It can seem unimportant, but can actually strengthen your relationship, here’s how to achieve this:

1. Pay attention: Spend a few days really paying attention to what your significant other is doing with their day. By learning more about the smaller details of your partner’s life, it can make it easier to find little things to show your affection.

Related Link: [‘Bachelor’ Celebrity Wedding Planner Mindy Weiss Makes Predictions for Ben Higgins & Lauren Bushnell’s Nuptials](#)
2.

2. Change it up: Finding one romantic thing to do for your partner can become redundant. When something happens all the time, it loses the feel of being special and thought out. Try to switch up the little things that you do for your partner.

Related Link: [Celebrity News: 'Bachelorette' Winner Jordan Rodgers Says Ex's Claims Were 'Very Untrue'](#)

3. Make it meaningful: Receiving gifts is always nice, but that shouldn't be your the only way you show your partner affection. Dig deep, and think of other ways to make your partner feel appreciated without giving them a material thing.

What little things do you do for your partner to make them feel secure and special in your relationship?

Celebrity News: 'Bachelor' Alum Ben Higgins Is Running for Office in Colorado





By

[Stephanie Sacco](#)

[The Bachelor](#) star Ben Higgins is officially running for office in House District 4 as a Republican in Denver. According to [UsMagazine.com](#), he already has an official campaign website. The reality star turned statesman says, “I am definitely not a politician, but I have a lot to offer through my years in the financial service industry and, more importantly, my work in charitable and humanitarian organizations.” He sounds like the perfect candidate on paper. In [celebrity news](#), he’ll be competing against Democratic candidate Dan Pabon. Higgins is currently engaged to Lauren Bushnell. We’ll have to see if there’s a [celebrity wedding](#) in their future!

This celebrity news has us wondering how Lauren’s adjusting. What are some ways to support your partner’s aspirations?

Cupid’s Advice:

It's not always easy to support your partner if it means he'll be away from you. You can't always support their dreams wholeheartedly, but you can try. Cupid is here to help:

1. Stand by them: No matter what their endeavor is, it's nice if you make time for them. Whether it's a speech or a rec softball game, they'll appreciate the gesture and catching your eye in the crowd. Just the idea of your support will make them happy.

Related Link: [Celebrity News: 'Bachelor' Star Ben Higgins Considers Running for Political Office](#)

2. Share with others: Mentioning in a casual conversation that there's a game or event that your partner is a part of can boost their confidence. Take your friends to support the cause even if it's dull or something you aren't necessarily interested in. Making an effort is all it takes to encourage him to pursue his dreams.

Related Link: ['Bachelor' Celebrity Wedding Planner Mindy Weiss Makes Predictions for Ben Higgins & Lauren Bushnell's Nuptials](#)

3. Ask them about it: If you can't make the event, at least ask them about it. Really listen and care to know what your partner is interested in. There's no harm in hearing about what he's been doing or at the very least being aware.

How do you support your partner's aspirations? Comment below!

Celebrity News: 'Bachelor'

Star Ben Higgins Considers Running for Political Office



By

[Stephanie Sacco](#)

[Ben Higgins](#) isn't just a pretty face, but he's also a potential politician. He might get another opportunity to wear a suit, since he's running for a seat in the Colorado House of Representatives. According to [UsMagazine.com](#), Higgins has already launched an official campaign website. In [celebrity news](#), Willie Pinkston, the Republican nominee, said he'd drop out if Higgins jumped in. He said, "I definitely plan on stepping aside." And on endorsing Higgins, "I'd be happy to." Things are looking up for the [The Bachelorette](#) reject who found love on his own season of [The Bachelor](#) with Lauren Bushnell. Let's hope this [celebrity couple](#) is making the right decisions together.

In celebrity news, Lauren Bushnell could be supporting her man in office. What are some ways to encourage your partner's passions in a relationship?

Cupid's Advice:

When choosing a partner, be sure to pick someone who is going to support you no matter what. Just don't forget to support them back! Cupid is here to help you balance:

1. Attend their events: Whether it's an art show or a softball game, be there to show your support. Cheer him on in the stands and take pictures to document his passions. Even better, bring your friends, too, and make a day of it!

Related Link: [Celebrity News: Ben Higgins Has Found Love on 'The Bachelor'](#)

2. Ask them about it: If you are looking for dinner conversation that isn't surrounding work, bring up their hobby. Be completely up to date with what your partner has got going on. When asked about him, be sure to discuss his interests and prove that you know him inside and out.

Related Link: ['Bachelor' Celebrity Wedding Planner Mindy Weiss Makes Predictions for Ben Higgins & Lauren Bushnell's Nuptials](#)

3. Join them in their endeavors: If sitting on the sidelines isn't getting you anywhere, join the team. Be his classmate or teammate and bond over something you both care about. Try something new, and be spontaneous to create a chemistry like no other.

How do you show your partner support? Comment below!

'Bachelor' Celebrity Wedding Planner Mindy Weiss Makes Predictions for Ben Higgins & Lauren Bushnell's Nuptials



By

Myesha Cobb

A [celebrity wedding](#) is in the air for *The Bachelor*'s Ben Higgins and Lauren Bushnell. [UsMagazine.com](#) got the scoop on this [celebrity news](#) with celebrity wedding planner Mindy

Weiss. She discussed the possible details that will be featured in the wedding for the [celebrity couple](#). Weiss provided descriptive details from the possible invitations, the dress, the location and more. She said she feels that the pair should be wed at Parrot Cay in Turks and Caicos. “Let’s get really classy and say they’ll serve a beautiful rosé!,” said Weiss. “Rosé would be so refreshing in the tropical weather – they could call it ‘The Final Rosé’ since she won the final rose! When planning the drink menu, you also want to think about your décor and a beautiful rosé would perfectly complement the theme.”

There’s another *Bachelor* celebrity wedding in the works! What are some ways to keep the pressure from family and friends from affecting your wedding plans?

Cupid’s Advice:

Planning a wedding can be very stressful. Between setting the menu, finding the perfect dress and picking the decorations, it seems like there are not enough hours in the day to get everything done. But what can make it worse, is the overwhelming pressure from friends and family. Here is some relationship advice to ensure a smooth planning process for your special day:

- 1. Talk things out:** Talking things out with your friends and family will lead to understanding and peace among you. If there are any problems stemming from the voices in the background, address them from the start to prevent misunderstandings on your wedding day.

Related Link: [Kim Kardashian Reveals Why Brother Rob Bailed on](#)

[Her Wedding](#)

2. If you can't beat them, join them: Avoid feeling the pressure while working toward your special day by inviting your loved ones to join you in the planning. Take all of that energy and put it to work in a positive way.

Related Link: [Lauren Conrad Celebrates Girly Bridal Shower](#)

3. Keep a journal: Putting the pen to the paper is the perfect outlet for stress. Use your journal to vent, and get all of your frustrations out. It will help you keep a cool head and release negativity.

What are some ways that you kept pressure from you family and friends off of you on your special day? Share your love advice in the comments below!

Celebrity News: Ben Higgins Has Found Love on 'The Bachelor'





The latest [celebrity news](#) introduced a new celebrity couple last night on reality TV show *The Bachelor's* season finale. Fans have been wondering who Ben Higgins was going to pick, and even Ben himself was very indecisive the whole finale episode. However, at the end he did propose to Lauren B.

Celebrity News: Ben Higgins Proposed On The 'The Bachelor'

In the first half of the 3-hour-long finale special, Lauren B. meets with Ben's parents and tells them that their son makes her happy. She even asks for some relationship advice and talks to his mom about how to get through difficult times, since their relationship has been nothing but happiness so far. Lauren B. made it clear to Ben's parents that she is in love with him and is ready to be engaged.

Related Link: [Celebrity News: 'Bachelorette' Star Shawn Booth Hangs with Fiancé Kaitlyn Bristowe's 3 Ex-Boyfriends](#)

Now it's JoJo's turn to meet Ben's parents. JoJo, clearly trying to make a good impression, brings flowers and reveals

to Ben that she is nervous. With JoJo's one-on-one with Ben's dad, she tells him that she is going to love Ben every day, which Ben's dad appreciates. When Ben speaks with his mom, she says JoJo seems to bring him to a safe place, as the couple has discussed difficult times they've been through and even had some adverse experiences throughout their relationship. After meeting both ladies, Ben's parents discuss what they think of the ladies. Ben's mom acknowledges that they are very different and Ben's dad says Lauren B. is polished, while JoJo is like a best friend. Even after this conversation, Ben still has no idea who he will pick at this point.

Related Link: [Celebrity News: The Ladies Tell All On 'The Bachelor'](#)

After meeting the parent's, it's time for the two ladies to go on their final dates. Both wanting answers about how Ben is feeling, he tells them that he's honestly confused. The two do not take this well and both tear up at the fact that Ben could be breaking up with them. When it is finally time to pick who he will propose to, it seems like Ben still doesn't know his answer. It's not until Neil Lane, the ring designer, comes with the rings that Ben knows who he is finally going to propose to.

JoJo is the first one to face the music. She gives this long speech about how she loves Ben and how he has become her best friend. Unfortunately for her, Ben says he loves her but he loves someone else more. JoJo is astonished and cries the whole way home. Ben is still trying to absorb what he just did but knows that Lauren B. is the woman of his dreams. When it's Lauren B.'s turn, Ben gives her this speech about how much he loves her and she returns the favor. Finally, Ben proposes to Lauren B.

After the proposal, there is a live show where Ben talks to JoJo one last time and says he did love her at the time and still cares for her now. However, he knows that he does love

Lauren B. and that he made the right choice. If you remember Ben said last week on the women's tell all that he would get married tomorrow if he could to the lady he picked. So Chris Harrison brought in both of their parents and a pastor so they could get married that evening. However, they decided to wait.

For those who were heartbroken that Ben didn't propose to JoJo, you haven't seen the last of her. It was announced that she will be the next bachelorette on *The Bachelorette* so we will still get to see if she has a second chance at love! We can't wait to tune in May 23rd to watch JoJo find the man of her dreams!

Were you happy that Ben chose Lauren B.? Share your thoughts in the comments below!