

Celebrity Parenting: Tom Brady 'Can't Wait' to Spend Time with Wife Gisele and Kids After Super Bowl 2019 Win



By [Lauren Burczyk](#)

In [celebrity parenting news](#), Tom Brady can't wait to spend time with his wife Gisele, 38 and their children, following his sixth Super Bowl win. According to *People.com*, Brady gave a sweet shout-out to his wife and kids after leading the New England Patriots to win Super Bowl LIII on Sunday, February 3rd. The Patriots' quarterback, 41, told a CBS reporter,

during a post game interview, “I can’t wait to just spend some time with my family, my kids, and my wife,” adding “I couldn’t do it without their support.” The [famous couple](#) tied the knot in February 2009. They share two children together, Benjamin, 9, and Vivian, 6.

In celebrity parenting news, Tom Brady finally has time to spend with his kids post Super Bowl victory. What are some ways to balance your career and family life?

Cupid’s Advice:

As parents, we all know how difficult it can be to find the perfect work-life balance. Here are some ways to balance your career and family life:

1. Manage your time efficiently: To create and maintain a work-life balance, you have to schedule your day ahead of time. Planning ahead and focusing on the most important tasks first, will give you enough time to spend with your family later on in the day.

Related Link: [Celebrity Couple Tom Brady & Gisele Bundchen Kiss in Costa Rica After Super Bowl Loss](#)

2. Realize that it’s okay to say no: To excel in your career, you have to be committed to your work, but keep in mind that you have to learn to set your limits and say no once in awhile. To find the perfect work-life balance, you have to remember that you can’t always say yes to additional tasks, especially if they’re tedious and cutting into the time you

need to spend with your family.

Related Link: [Celebrity News: Gisele Bundchen Opens Up About When She Learned Tom Brady Was Expecting With His Ex](#)

3. Ask for some help: If you're swamped at work, and the only way to find a work-life balance is to ask for some help from a coworker, then don't be afraid to do so. Save yourself some frustration and just be honest with your boss, let them know how much spending time with your family means to you, so they can assist you in finding a way to balance your career and family life.

Can you think of some other ways to balance your career and family life? Comment below.

Celebrity News: Jana Kramer & Husband Slam Parent Shaming 'Trolls'





By [Lauren Burczyk](#)

In [celebrity news](#), Jana Kramer and her husband, former NFL player, Mike Caussin went on a rant on Thursday, shaming critics for judging their parenting style. According to *People.com*, the country singer, 35, and her husband, posted a photo of their two month old [celebrity baby](#) on Instagram, including a caption stating that he sleeps for seven hours per night, while praising the Baby Wise method of sleep training for its results. The [celebrity couple](#) wasn't expecting to receive so much backlash from the post, so they decided to address their critics in a series of videos on Kramer's Instagram Story. Caussin, 31, shot back at the critics, saying, "Oh, 'cause you guys live here and know that we let him scream and cry?"

In celebrity news, Jana Kramer and her husband are defending

themselves against those who are slamming their sleep training style. What are some ways to defend yourself against unfair criticism?

Cupid's Advice:

It's never easy to face critics who judge you unfairly, but in a generation where we rely on social media for advice, you're bound to come across it sooner or later. Here are some ways to defend yourself against unjust criticism to help you avoid an emotionally-charged reaction:

1. Take a minute and remain calm: Before reacting right away, take a step back to let yourself cool down. Negative criticism can make you feel inadequate and can cause anger, it's important to remain calm so that you don't find yourself in a deeper mess.

Related Link: [Celebrity Baby News: Jana Kramer Is Pregnant After Suffering Multiple Miscarriages](#)

2. Have the feedback repeated: Stay calm and have your critic repeat their point of view. This will allow you to tell if your critic has any validity behind their rationality or if they are simply trying to cause trouble.

Related Link: [Celebrity News: Anne Hathaway Shares Past Insecurities](#)

3. Move on graciously: It may seem difficult, but your best option is to respond politely and acknowledge the person's feelings, while sharing your point of view before you move on. Showing that you're the bigger person will reinforce your point of view and allow you to gain respect.

Can you think of some other ways to defend yourself against unfair criticism? Comment below.

Celebrity Exes: Cardi B and Offset Are 'Working Things Out' As Assault Case is Adjourned



By [Lauren Burczyk](#)

In [celebrity news](#), [celebrity exes](#) Cardi B and Offset are

working on resolving their issues. According to *People.com*, Cardi B was leaving court on Thursday morning, following the adjournment of her assault case, when she was asked by reporters about the status of her relationship with Offset. Cardi, 26, sheepishly responded, saying, “We working things out, baby.” The alleged assault case, which will resume on April 4th, happened last August, when Angel Strip Club bartenders Baddie G and Jade claimed that Cardi B ordered an attack on them after she believed one of them had an affair with her husband.

These celebrity exes may be reconciling soon. What are some ways to work on a failing relationship?

Cupid’s Advice:

Just because the spark went out doesn’t necessarily mean your relationship is over. Here are some ways to work on a failing relationship:

1. Back off a little: It’s sometimes best to back off a bit and let your relationship work itself out. Give your partner some space and spend some extra time with your friends. Putting too much pressure on your relationship and trying too hard to move it forward, can ultimately lead to disaster.

Related Link: [Celebrity Break-Up: Halsey Opens Up About Split from G-Eazy](#)

2. Respect your partner’s wishes: To mend a broken relationship, the key is to show your partner a little more respect. Instead of focusing on the negative attributes of your relationship, focus on the positives and compliment your partner for what they’re doing right.

Related Link: [Celebrity Break-Up: Offset Responds After Cardi B Rejects His Grand Gesture On-Stage](#)

3. Set yourselves some boundaries: Point out your partner's past behaviors that you won't put up with moving forward. Bringing up your concerns and setting boundaries for the future, is a step in the right direction toward a lasting relationship.

Can you think of some other ways to work on a failing relationship? Comment below.

Fitness Trend: 5 Benefits of Pole Dance Classes





By [Lauren Burczyk](#)

When people think of pole dancing, they may seldom think that it's becoming a very popular form of exercise. While this [fitness trend](#) is a great way to embrace your inner sexiness, it can greatly improve your quality of life and has many health benefits. Not only are pole dance classes a ton of fun, but they help to build stronger core muscles. These classes work the entire core and will work your front and back muscles equally. If you're having trouble sticking to an exercise routine because it lacks the excitement you're looking for, take this [fitness advice](#) and try a pole dance class!

Check out this new fitness trend! Here's five benefits of pole dance classes:

Pole dance classes have many great health benefits. This unique form of exercise is fun and exciting. While there are many advantages of pole dancing, we have included five reasons

why you need to check out it for yourself:

1. You'll burn calories quickly: With pole dancing, you're constantly moving, thus constantly burning calories. This is a great form of isometric and cardiovascular exercise, where you can burn as many calories in 30 minutes as you would doing aerobics.

Related Link: [Fitness Trend: Establish a Workout of the Day](#)

2. It builds self-confidence: Once you start to get the hang of pole dancing, you'll begin to gain mad skills. These skills will allow you to become better coordinated and more confident, in and out of the classroom.

Related Link: [Fitness Trend: 5 Best Workout Apps](#)

3. You'll reduce your stress levels: Exercise is proven to help reduce stress levels. Partaking in an exercise routine that's fun and exciting will relieve some of your everyday stress. To keep stress at bay, it's important to set aside time for yourself each day, so make that time count by incorporating some sort of activity like pole dance classes.

4. You'll become motivated to be more active: Incorporating a regular exercise routine into your daily life is vital for your health and well-being. Adding an activity like pole dancing can help you feel happier, healthier, and more motivated. The more motivated you become from attending a class, the more likely you are to stay active throughout the day.

5. You'll improve your sleep: Exercise is known to promote healthier sleep habits. Physical activity like pole dancing lifts mood and reduces stress, leading to a more sound and restful sleep.

Can you think of some other benefits of pole dance classes? Let us know below!

Celebrity Break-Up: Halsey Opens Up About Split from G-Eazy



By [Lauren Burczyk](#)

In [celebrity news](#), Halsey opens up about her [celebrity breakup](#) from G-Eazy. The duo, who performed “Him and I” together, split up in July after being together for one year. The off-and-on couple decided to fix their issues and get back together one month later. According to *EOnline.com*, a source has said that by the end of October, the couple had broken up once and for all. Avoiding public backlash, Halsey never made

a public statement regarding the split, but it is now speaking out about the end of the relationship. Halsey claims, “the biggest lesson I learned is to make art, not headlines,” she added, “because it can become quite easy, in the social media generation, to go from being a musician to becoming a personality.”

Celebrity dating can get just as messy as our own romantic lives. What are some ways of preventing the public backlash from getting you down after a breakup?

Cupid's Advice:

The last thing anyone wants to deal with after a rough breakup is societal backlash. We have some ways to prevent getting hurt by adverse reactions from the public:

1. Avoid new romantic opportunities right away: Let's face it, if someone says something hurtful, it's hard to ignore it. It's important to not give the public something to talk about and give yourself some time to heal before getting involved with someone new.

Related Link: [Celebrity Exes: 'Bachelorette' Alum Josh Murray Compares Ex Andi Dorfman to the Devil](#)

2. Take a break from some of the activities you do in town: It's good to keep participating in things you enjoy following a breakup, but it's not necessary to force yourself to see people who are going to ask too many questions. Pick and choose which activities you still want to participate in and take a break from the others for a bit.

Related Link: [Celebrity News: Halsey Responds to Rumors She's Dating John Mayer](#)

3. Don't feel bad about having to avoid certain people: If it seems too difficult to keep in close contact with your ex's friends and relatives, who you've become close to, then take a little break from them. They may have their biases considering they're people you met through your ex-partner. You can avoid talking to them if you want to protect yourself from any negative comments that will ultimately hurt you.

Can you think of any other ways to prevent public backlash from getting you down? Comment below.

Celebrity News: Anne Hathaway Shares Past Insecurities





By [Lauren Burczyk](#)

In [celebrity news](#), [Anne Hathaway](#) opens up about her past insecurities, but claims she's an entirely different person now. Hathaway, 36, who has starred in movies for nearly 20 years, admits that her time in the spotlight hasn't always been glamorous. According to *People.com*, during a [celebrity interview](#) excerpted from the latest installment from *The Jess Cagle Interview*, Hathaway said "I did everything wrong for so long," and added that even though her career was flourishing, she suffered from "feelings of inadequacy, insecurity, and nervousness and anxiety."

This celebrity news shows celebrities have the same insecurities we do. Like Anne Hathaway, what are some ways we can

conquer these demons?

Cupid's Advice:

Whether we like to believe it or not, celebrities can face some of the same feelings of insecurity as we do. We have some advice on ways to conquer these all-too-common feelings:

1. Try not to always blame yourself: If you're having a severe case of the Monday's and can't seem to accomplish anything at work, think of other reasons that may be affecting your productivity. Instead of blaming it on your inadequacies, decide if it could've been a poor night's rest causing this or a busy weekend that drained your energy levels.

Related Link: [Celebrity Couple: Emily Blunt & John Krasinski Were Warned About Working Together](#)

2. Accurately identify your insecurities: To overcome your insecurities, it's important to correctly identify what brings on your low self-esteem. Ask yourself a question such as, "What worries or fears are making me feel insecure?"

Related Link: [Celebrity Couple: Emma Stone & Dave McCary Giggle Together at SAG Awards](#)

3. Reflect on your achievements: Taking the time to look back on everything you've accomplished can help to build your confidence levels. Considering the challenges you were faced with and how you've successfully overcome them is an important step to letting go of your insecurities.

Can you think of any other ways to overcome insecurities? Comment below.

Loews Hollywood Hotel: A Location That Delivers a True Hollywood Experience



By [Lauren Burczyk and Courtney Shapiro](#)

Take your next [romantic getaway](#), Hollywood-style, to L.A. and stay at the Loews Hollywood Hotel. Overlooking Hollywood Hills, this luxurious four-star hotel boasts an attractive address at the prestigious corner of Hollywood Boulevard and Highland Avenue. The hotel offers 628 exquisite rooms and suites with an unprecedented view of Los Angeles. You can even book a room with a view of the renowned Hollywood sign. This is the perfect for couples to stay if they want to enjoy everything the city has to offer. Find out why in our [travel review](#) below.

Loews Hollywood Hotel is the perfect place to fulfill your celebrity needs. Find out why you should choose this elegant establishment as your next romantic destination!

Loews Hollywood Hotel will meet all of your needs. Whether you are vacationing, on business, or just looking for a fun Hollywood experience, this hotel will not disappoint. During her stay, our founder, Lori Bizzoco, realized she forgot her laptop on the plane. One concierge in particular, Ana Morales, went above and beyond calling the airport's lost and found nearly every day. She was consistently keeping everyone informed about the situation and it made the time there so much more enjoyable knowing that the staff members were helping out. "I was consistently impressed with how friendly and welcoming the staff were to the guests," said Bizzoco.

The hotel is great for relaxing in the sun. You can leave all your worries behind by the heated rooftop pool or take a nap in one of the chic poolside cabanas. Loews Hollywood Hotel offers a range of amenities from a bellman service to a valet service as well as a business center, for those that need a place to work.



One of poolside locations the hotel has to offer. Photo credit: loewshotels.com

Related Link: [Resort at Pedregal: Celebrity Couples Love This Romantic Getaway in Cabo](#)

The hotel is located virtually next door to the famous Dolby Theatre, and while we were there, we caught a glimpse of the Pre-Oscar set up and activities taking place. There is no hotel that rivals the Loews Hollywood when it comes to catching a glimpse of your favorite actor or actress walking the red carpet. This is also a great location for shopping, with Hollywood and Highland center a few hundred feet away. If that's not enough, you and your partner can take a stroll on the Hollywood Walk of Fame, see a Lakers game, or check out the Grauman's Chinese Theatre. The Loews is the perfect hotel for sightseeing. You and your partner just might feel like a [celebrity couple](#) after all.

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Additionally, the hotel is home to many fresh flavors right in the heart of the city. Dine, drink, and have a romantic night with your partner without having to step foot off of the premises. With four different restaurants including Preston's, H2 Kitchen and Bar, Bodega, and Wolfgang Puck's, there are plenty of choices to satisfy your food and beverage needs.

The Loews Hollywood Hotel is a destination you certainly don't want to pass up!

Check out some of our other [product reviews](#) for more recommendations!

5 Food Trends to Watch for in 2019





By [Lauren Burczyk](#)

As we are now settling into this new year, it's time to take a look at the top [food trends](#) of 2019. This year's top [food tips](#) will be inspired by cutting costs, but increasing quality, looking to the ocean for snack ideas, and finding the best plant-based alternatives for protein. From healthy fats to hemp, we can tell you all about the latest crazes when it comes to what we are eating this year. Here's some [food advice](#) and top trends for this new year!

If you are ready to find out the latest food trends for 2019, here are five of them to what to watch out for!

1. Dining in is popular this year: To cut down on the cost of going out to eat, a rising trend this year is staying home and cooking. This trend can actually help us save money and

increase the quality of the food that we're enjoying.

Related Link: [Food Trends: Floral Flavors Are The Next Big Thing](#)

2. Turning to the ocean for snack inspiration: Instead of potato chips, think seaweed strips or kelp noodles. These products are very intriguing and are a nice, healthy option for when we can't resist a snack.

Related Link: [Food Trends: Acai Bowls](#)

3. Choosing the best plant-based protein alternatives: Meat-free is a continued trend for this year. We'll be seeing the best alternatives to meat being made from wheat protein, coconut oil, potato protein, and hemp.

4. Healthy fats are making a comeback: With the rising trends of diets like keto and paleo, healthy fats are becoming more popular than ever. From keto-friendly nutrition bars to coconut-butter filled chocolates known as "fat bombs", fats are starring ingredients in creative and convenient foods.

5. Hemp will be a popular new interest for many: Hemp hearts, seeds, and oils are nothing new, but a new trend focuses on other parts of hemp plants. Try the trend for yourself with hemp milk, supplements, and hemp-infused drinks to have you feeling your best.

Can you think of any other food trends for 2019? Comment below.

Celebrity Couple: Emma Stone & Dave McCarry Giggle Together at SAG Awards



By [Lauren Burczyk](#)

In [celebrity news](#), [celebrity couple Emma Stone](#) and Dave McCarry giggle together during a rare public [date night](#). The couple was seen together on Sunday at the 2019 SAG Awards, being very giddy. According to *UsMagazine.com*, this isn't the first time the couple has made a rare public appearance together to an awards show. Earlier this month, the couple enjoyed a night out at FOX's Golden Globe afterparty, where they were seen being very affectionate toward one another.

The elusive celebrity couple Emma Stone & Dave McCary are not often seen in public together. What are some ways you and your love can prevent public expectations from influencing your relationship?

Cupid's Advice:

It's important to not let others influence your ideal relationship. While public expectations may be tough to overcome, there are some ways to help prevent them from influencing how you and your partner carry on your love for one another:

1. Forget about public expectations altogether: It seems much easier than it actually is, but it's important to forget about what others expect of you. When we let go of all public expectations, we tend to enjoy our partners even more.

Related Link: [Emma Stone Is Caught Carrying Andrew Garfield-Labeled Bag Post Celebrity Break-Up](#)

2. Put your relationship first: Instead of worrying about having to impress other people, just focus on yourselves. There's nothing saying that the two of you have to enjoy the same public events as other couples, so just participate in whatever makes the two of you happy.

Related Link: [Celebrity Couple: Chris Pratt and Katherine Schwarzenegger Move In Together!](#)

3. Don't let other people complicate your relationship: If going out with other couples always ends in a disaster, then it's best to spend time by yourselves. While your friends may

expect you to go on group dates, it's better that you keep your relationship strong and stay away from all of the drama.

Can you think of more ways to prevent public expectations from influencing your relationship? Comment below.

Celebrity Couple: Emily Blunt & John Krasinski Were Warned About Working Together



By [Lauren Burczyk](#)

In [celebrity news](#), [celebrity couple Emily Blunt](#) and John Krasinski were warned about working together on the set of *A Quiet Place*. Despite being told that she would end up being divorced by the time filming was over, Blunt claims that working together on set has brought her and Krasinski even closer. On Sunday, Blunt took home a SAG Award for her part in *A Quiet Place*, winning best supporting actress at the 25th Annual SAG Awards. According to *People.com*, Blunt, 35, told reporters in the SAG press room after her win, that “we had never done it before and it is kind of the great unknown.”

Celebrity couple Emily Blunt & John Krasinski were warned that working together would damage their relationship. What are some ways to separate work and love with your S.O.?

Cupid's Advice:

Working with your partner may seem like a wonderful idea, but there can be some drawbacks. There are some adjustments that have to be made when intending to spend your working hours and your downtime with your S.O. To avoid putting your relationship in jeopardy, we have some ways to know your boundaries when working with your partner:

- 1. Maintain your privacy:** Every relationship needs to have some space to survive, this is especially true while working with your significant other. Give each other enough time to respond to emails, make phone calls, and complete projects without shadowing each other throughout the entire day.

Related Link: [Celebrity Couple: Victoria Beckham & David](#)

[Beckham 'Very Touchy' Before 20th Anniversary](#)

2. Don't bring your work home: Separating your work life from your home life is the key to any healthy relationship. While working with your partner, setting boundaries between work and non-work is crucial.

Related Link: [Celebrity News: John Krasinski Says Emily Blunt 'Hates' His New Muscles](#)

3. Make date night a priority: It's easy to mistake your significant other as a colleague instead of a lover while working together. It's important to maintain that loving relationship by setting aside time during the week to rekindle your romance.

Can you think of some other ways to separate work and love with your S.O.? Comment below.

Celebrity Couple: Victoria Beckham & David Beckham 'Very Touchy' Before 20th Anniversary





By [Lauren Burczyk](#)

In [celebrity news](#), [celebrity couple Victoria Beckham](#) and [David Beckham](#) were seen being very touchy and flirty with one another while celebrating at an event this week. According to *People.com*, David Beckham showed his support for his wife by attending an event dedicated to honoring the launch of her Reebok x Victoria Beckham collection. The celebrity couple will be celebrating their 20th wedding anniversary this summer. David Beckham had previously opened up about why being married for so long can be challenging. In an interview on the Australian TV show *The Sunday Project*, he said “to have been married for the amount of time that we have, it’s always hard work.”

The Beckhams have an admirably long marriage for a celebrity couple. What are some tips to having such a

successful relationship as them?

Cupid's Advice:

Keeping a marriage fresh and healthy for a long period of time is usually not as effortless as it may seem. Just like anything else, marriages take hard work to stay strong and remain successful. Here are some tips on how to keep a powerful, lasting marriage:

1. Remind your partner that you appreciate them: The honeymoon phase doesn't last forever. If you and your partner have started to be less affectionate toward each other, it's important to always remind them that you appreciate them.

Related Link: [Celebrity Dating: Chrissy Teigen Questions Modern Dating](#)

2. Watch what you say to your partner: Being with someone for so long, you can easily start to let things slip that may be hurtful. You may be so comfortable with your partner that you mistakenly tell them that you find your new neighbor attractive. This comment can offend your partner, so just be mindful of what you say.

Related Link: [Celebrity Couple: Chris Pratt and Katherine Schwarzenegger Move In Together!](#)

3. Try to prevent arguments: If you know that your partner's biggest pet peeve is when you forget to rinse your dish after dinner, then don't forget to do it! The small arguments can lead into big ones, so preventing them from happening altogether is your best option.

Can you think of any other tips for a successful relationship? Comment below.

Beauty Tips: 5 Ways to Look Great with the Least Amount of Makeup



By [Lauren Burczyk](#)

Makeup is amazing, but let's be honest, sometimes the whole routine can take up way too much time when we need to be somewhere in a hurry. Also, our skin deserves a little bit of a breather once in awhile. The good news is that there are [beauty tips](#) that can still have us looking our best while wearing less makeup. These [beauty tricks](#) will have you looking fabulous in no time!

Here are five ways to look great with the least amount of makeup.

1. Use less foundation: Your face can still look flawless using less foundation. Some celebrities, like [Jennifer Aniston](#), are known for their natural look. To achieve the same, flawless style, simply use a damp sponge instead of a brush and apply your foundation in thin layers to avoid caking.

Related Link: [Beauty Tips: 5 Natural Ways to Make Your Lips Look Fuller](#)

2. Define your eyes: Opt for a pencil liner instead of a liquid liner that is easier to smudge and to help you achieve more consistent results. Use a nude-colored pencil instead of black for your waterline, this will help you look more awake throughout the day.

Related Link: [Beauty Tips: 5 Beauty Products You Don't Need To Splurge On](#)

3. Don't skip the highlighter/bronzer: Highlighter is a great way to brighten up your look and bronzer can help you contour without using much effort. Use highlighter on your brow bone, the inner corners of your eyes, and the tops of your cheeks. Bronzer can be used as a light eye or cheek contour if you're in a rush.

4. Streamline your routine: It's always a good idea to have some color on your cheeks. Using a strobing or shimmery blush can help to streamline your routine by depositing color and shine in one stroke.

5. Define and thicken your brows: Polish off your look with an easy-to-apply tinted brow gel. A brow gel can help to keep your brows in place, add color, and even helps to fill in bare spots.

Can you think of some other ways to look great while using the least amount of makeup? Comment below.

Celebrity News: Chris Brown Detained in Paris on Accusations of Rape



By [Lauren Burczyk](#)

In [latest celebrity news](#), Chris Brown was detained in Paris on Monday, January 21, after a woman filed a rape complaint. According to *UsMagazine.com*, Brown was taken into custody on

potential charges of aggravated rape and drug infractions. He was still in custody as of Tuesday, January 22 and investigators have another two days to decide on whether or not to press charges. The [celebrity news](#) comes after Brown was faced with a multitude of arrests in 2018, including alleged rape and assault.

Chris Brown has made celebrity news repeatedly for sexual abuse. If we suspect someone in our lives of behaving inappropriately, what are some ways we can help them?

Cupid's Advice:

It's never easy to find out that a loved one has been behaving inappropriately. When we realize that someone close to us is conducting themselves poorly, it's important to face the facts and try to help them as best as we can. Here are some ways that we can help:

1. Discuss their behavior with them: It may not be an easy topic to discuss, but to help your loved one, it's important to confront them and discuss what happened. You may find out their motive behind the incident, which can be essential to providing them with help.

Related Link: [Bad Romance:10 Toxic Celebrity Relationships](#)

2. Let them share as much or as little as they want: Try not to be too forceful when discussing the matter with them. They will build trust with you knowing they can share as much or as little with you as they want to, which will be beneficial moving forward.

Related Link: [Celebrity Exes: Chris Brown is Happy with](#)

[Custody Battle Results](#)

3. Don't be afraid to tell them how you feel: If they fully admit to what they have done, and you don't agree that it was the right thing to do, tell them how you feel. Making them aware of your disapproval can be helpful in the future and may deter against additional inappropriate behavior.

Can you think of some other ways that we can help someone in our lives that is behaving **inappropriately? Comment below.**

Celebrity Babies: Duchess Kate Middleton Talks About the Difficulties of Being a Mom





By [Lauren Burczyk](#)

In [celebrity news](#), [Kate Middleton](#) opens up about the struggles that a parent can face when raising their children. The mom of three expressed her empathy with a group of parents and caregivers during a visit to the charity Family Action on Tuesday. According to *People.com*, Duchess Kate told the group during the event “It’s so hard. You get a lot of support with the baby as a mother, particularly in the early days, but after the age of one it falls away. After that there isn’t a huge amount...of books to read.” While Kate has her trusty nanny to help her with Prince George, five, Princess Charlotte, three, and [celebrity baby](#), Prince Louis, who is 9 months old, she added that “Everybody experiences the same struggle.”

Despite the royal blood, raising celebrity babies is hard. What are some ways to find the peace and

strength to parent when all you want is a break?

Cupid's Advice:

Raising babies is not an easy job. Often times, parents can feel burned out and exhausted. What are some ways to stay strong as a parent when you feel like you need a break?

1. Remember that you have to show your kids to be strong: When you're at your breaking point and feel like you might lose your cool, keep in mind that, as a parent, you're setting an example for your child. Showing them that you can stay strong, even at the worst of times, can be a great lesson for them to learn at a young age.

Related Link: [Celebrity Babies: Kim Kardashian & Kanye West Throw Alice in Wonderland Party](#)

2. Stay positive: It's important to look on the bright side of the challenges you're facing. Keeping an open mind and having a sense of humor can give you the power to deal with everyday challenges of raising children.

Related Link: [Celebrity Baby: Meghan Markle Reveals Due Date](#)

3. Take care of yourself: If you're getting to the point where your child's pesky behavior is getting the best of you, it's important to remember to take care of yourself and do something to de-stress. Ask a family member or friend to keep an eye on your little one so that you can have some time to yourself.

Can you think of some other ways to find peace and strength, as a parent, when you're at your breaking point? Comment below.

Parenting Advice: 5 Ways to Talk to Your Child About Bullying



By [Lauren Burczyk](#)

Whether it's cyber harassment or ostracism in the lunchroom, bullying has become all too common. Despite its prevalence, bullying can be a difficult topic to discuss with your child. Kids don't normally tell adults that they're being bullied. It's so important to learn some of the signs and ways to talk to your child about this form of harassment. We have included some [parenting advice](#) that can help you detect and discuss

bullying with your children, including [parenting tips](#) to help you determine if your child is a victim of bullying or is the perpetrator.

Check out the five ways to talk to your child about bullying.

1. Look for signs: Most children who are bullied show signs of withdrawal, loss of friendship, and bursts of emotion. While these signs can be similar to typical teenage behavior, it's important to discuss what's going on with your child if you notice any of these changes.

Related Link: [Parenting Tips: Keep Your Kids Safe Online](#)

2. Don't label it "bullying": Even if your child is being bullied, calling it such will make them feel powerless and they will end up just denying it. Instead, you can ask questions indirectly, such as why they aren't participating in activities like they did in the past.

Related Link: [Parenting Advice: Ways to Cope With The Terrible Twos](#)

3. Build coping skills: Building your child's coping skills can allow them to deal with bullying situations. Your child can visit the school counselor, who will document the incidents, and give your child advice on how to deal with the problem.

4. Help them understand why bullying exists: Most of the time, bullies are really just trying to compete with others who they feel might be better than them. Help your child understand that there's nothing wrong with them, this will pass, and that their oppressor is really just jealous of them.

5. Determining that your child is the bully: If your child is

the bully, you have to figure out what's motivating that behavior. It's a good idea to talk to your child about the repercussions of bullying and try to set a good example for them.

Can you think of any other ways to talk to your child about bullying? Comment below.

Celebrity News: Jeff Bezos Makes Public Appearance Without Wedding Ring



By [Lauren Burczyk](#)

In [celebrity news](#), [celebrity couple](#) Jeff Bezos and Lauren Sanchez's relationship is becoming more public. Bezos stepped out without his wedding ring, after announcing last week that he and his wife of 25 years, MacKenzie Bezos, would be getting a [celebrity divorce](#). According to *EOnline.com*, he was seen posing alongside John Travolta at the 16th Annual Legends of Aviation Awards at the Beverly Hilton Hotel, without sporting his band. News of Bezos' relationship with Sanchez broke one day following the announcement of his divorce. An insider told *EOnline.com* that the Amazon founder and former *Good Day L.A.* co-host are happy together and news of an engagement may not be far off.

One week after announcing he would be getting a divorce, Jeff Bezos is seen without his wedding ring, making celebrity news. When is it acceptable to step out in public without your wedding ring after breaking the news of a divorce with your long-time spouse?

Cupid's Advice:

Announcing the news of a divorce between you and your spouse of many years can be very difficult. What's even tougher is deciding when it's appropriate to take that ring off in public. Cupid has some ideas of when it's acceptable to step out in the limelight minus your ring.

1. Let the news spread: It's best to wait just long enough so

that the news can travel. It may not take long, just a week or so, but it's a good idea to give it some time to avoid any confusion.

Related Link: [Celebrity Break-Up: Jeff Bezos Caught Cheating With Friend's Wife Before Divorce](#)

2. Plan ahead for the right time: It's not a good idea to decide to make your first appearance without your wedding band at an event where you'll see your spouse or any family members. The appropriate place and time will be at an event where you'll be attending on your own, without your spouse or family members.

Related Link: [Celebrity Exes Chris Pratt and Anna Faris Give Co-Parenting Tips!](#)

3. Communicate with your soon-to-be ex: A good way to know when it's the right time to remove your wedding ring in public is by discussing it with your soon-to-be ex-partner. If you're both okay with stepping out without your rings, then you'll know it's the perfect time.

When did you know that it was time to take off your wedding ring in public? Let us know! Comment below.

Celebrity Babies: Kim Kardashian & Kanye West Throw Alice in Wonderland Party



By [Lauren Burczyk](#)

In [celebrity news](#), [Kim Kardashian West](#) and [Kanye West](#) threw their daughter, Chicago, an elaborate Alice in Wonderland-themed birthday party. The [celebrity baby](#), who turned one on Tuesday, can be seen enjoying her party with her siblings in photos shared by Kim. According to *People.com*, she gave her followers a brief glimpse at some of the decorations, which included a topiary maze in the hallway, an elaborate cake with a giant grinning Cheshire cat, and a bouncy house in the backyard. Chicago and her brother, Saint, three, can be seen sharing a special moment at the party in a photo together. The [celebrity couple](#) confirmed that they would be welcoming another child via surrogate “sometime soon,” during Monday’s episode of *Watch What Happens Live with Andy Cohen*.

Kim Kardashian threw celebrity baby Chicago a birthday party we would all envy! What are some ways to celebrate your little ones in style and on a budget?

Cupid's Advice:

We all want to throw our kids an elaborate birthday party Kim Kardashian West-style while also keeping a budget in mind. Here are some ways to throw an inexpensive yet stylish birthday party for your little ones.

1. Plan ahead: To avoid overspending, it's important to plan ahead for everything you'll need for the party. By allowing yourself enough time before the big day, you can order a lot of your decorations online from places such as Amazon.

Related Link: [Celebrity Couple: Kim Kardashian Calls Khloe Kardashian an "Idiot" for Staying with Her BF](#)

2. Send digital invites: Mailing out paper invitations can get pricey and they aren't as necessary in our digital society. Digital invites can be just as cute and can allow you to use the additional savings on better party favors or a more detailed cake.

Related Link: [Celebrity Baby News: Kim Kardashian & Kanye West Are Expecting Baby No. 4 via Surrogate](#)

3. Keep the menu simple: Trying to please everyone with a large menu can get complicated and expensive. Ordering some pizza or setting up a taco bar are great ways to keep your party budget-friendly while still pleasing the crowd.

Can you think of some other ways to throw a stylish birthday

party for your little ones on a budget? Comment below.

Movie Review: Night School



By [Lauren Burczyk](#)

If you're looking for a fresh, witty comedy, then you're in luck! *Night School* is the perfect movie to watch when you're looking for a "pick me up." This fun, original flick stars Kevin Hart and Tiffany Haddish. Teddy, played by Hart, is a high school dropout desperate for a good job so that he can continue to impress his fiancée, an architect, who is unaware of his actual situation. His good friend promises him a

position as a financial analyst if he goes back to school and completes his GED. The fun starts when Teddy meets his night school teacher, Carrie, played by Haddish, who's determined to get Teddy to pass his exam. Teddy finds out that keeping night school a secret from his fiancée is much harder than he could have imagined. Read Cupid's [movie review](#) to find out just how funny this film is!

***Night School* is the perfect comedy that shows what not to do in a relationship.**

Should you see it:

If you're in the mood for a good comedy, there are just enough laughs to make this movie well worth it!

Who to take:

This would be a great movie to see with your partner, best friend, or family member. This comedy has a softer rating so you can bring your teenager along with you!

Cupid's Advice:

Do you agree with Teddy that a secret is unavoidable in certain circumstances during a relationship? Cupid has some reasons to avoid keeping secrets from your partner and why secrets, even if they're harmless, can ruin your relationship.

1. Keeping a secret from your partner proves you're being dishonest: In a relationship, honesty is always the best policy. Keeping a secret from your significant other is very similar to lying and can break the trust in a relationship.

Related Link: [Relationship Movie 'Home Sweet Hell' Features Katherine Heigl as a Killer Wife](#)

2. You can end up becoming deceitful: The more time that passes, the harder it will become to reveal your secret to your partner. It's important to tell the truth right from the start so that you avoid turning your secret into a real problem.

Related Link: [It's Friends vs. Relationship in 'The Wedding Ringer'](#)

3. Deceit quickly multiplies into mistrust: Once you've let your secret lead to deceit, the more it will affect your relationship. Deceit can often lead to breaking the trust in your relationship.

4. Keeping secrets is a breeding ground for betrayal: Avoiding to mention important facts to your partner can lead to further deception or betrayal. Being open and honest with your partner will encourage trust and open communication.

5. Relationships are often ruined by lies: Secrets and lies cause couples to grow apart. It's difficult to forgive your partner once you've found out that they've lied to you and kept a secret from you.

Can you think of any other reasons why keeping secrets from your partner could ultimately ruin your relationship? Comment below.

**Fashion Trend: 5 Ways
Celebrity Style Influences**

Fashion Trends



By Lauren Burczyk

It's no secret that [fashion trends](#) are greatly influenced by celebrity style. Celebrities are the style icons that we look to for [fashion tips](#). They tend to wear whatever they want and can still pull it off while looking fabulous. This is nothing new; many early fashion icons, like Audrey Hepburn and Jacqueline Kennedy, were the fashionistas that paved the way for celebrities' ability to influence fashion. Cupid has some ways that celebrity style influences fashion trends today.

Want to know some of the ways that

celebrity style influences fashion trends?

1. Magazines: Let's face it, we get a lot of our style ideas from magazines. Whether we open up the old-fashioned kind or flip through one on our tablets, we are sure to find celebrities that we want to dress like.

Related Link: [Fashion Trend: Like Mother, Like Daughter](#)

2. Movies: We tend to fall in love with certain characters in movies and be inspired by them. That character may have a great influence on our next shopping trip.

Related Link: [Fashion Advice: How to Shop on a Budget for Winter](#)

3. The Red Carpet: We can all admit that our favorite part of any awards show is the red carpet. Looking at all of the celebrities in their formal attire can influence what we wear to our next big event.

4. TV Shows: Many TV Shows, like Project Runway or Fashion Police, can have a big influence on our latest fashion trends. These shows are dedicated to promoting fashion advice.

5. Social Media: Many of us spend a good portion of our day scrolling through social media. We follow all kinds of celebrities that use social media to promote new fashion trends.

Can you think of any other ways that celebrities influence fashion trends? Comment below.

Movie Review: A Star is Born



By [Lauren Burczyk](#)

A Star is Born is a musical romantic drama starring [Bradley Cooper](#) and [Lady Gaga](#). The 2018 version of the movie, produced and directed by Cooper, was originally filmed in 1937, bearing the same film name. In the film, Cooper plays Jack Maine, a country music phenomenon with a serious drug and alcohol problem. He meets Gaga who plays Ally, an aspiring singer, at a drag bar. After being amazed by her performance, Jack invites her to go on tour with him. The two quickly fall in love and when Jack, despite his ongoing personal demons, asks Ally to marry him, they have a [celebrity wedding](#) the same day. Get your box of tissues ready and hold your partner tight because this gut-wrenching, passionate love story about this [celebrity couple](#) will leave you in tears. Read our [movie](#)

[review](#) to learn who to take!

A Star is Born is the perfect love story for your next date night!

Should you see it: If you're looking for a movie with a captivating romance, excellent performances, and you enjoy emotional, heartfelt stories, then this one's for you!

Who to take: Take someone you don't mind getting emotional in front of. Your significant other would be a great choice, or take your best friend. I would advise against taking young children or making this your choice for a first date.

Cupid's Advice:

We're inspired by the unconditional love that is felt between Jack and Ally. It can be tough when you love someone that has personal demons that they are trying to deal with. Cupid has some [relationship advice](#) on how to support your partner in their time of need:

1. Try not to be an enabler: If you and your partner were regulars at the local bar, it's time to make that habit a thing of the past. For your partner to get over their addiction, they have to stay away from anything that can entice their behavior.

Related Link: [Relationship Advice: How to Cope with a Loved One Who Is an Addict](#)

2. Stop making excuses for them: For your partner to get better, it's important for you to stop allowing them to skip family gatherings or not come to the phone when their mother calls. It's best that you don't try to handle this all on your own, so including other family members on treatment plans is a good idea.

Related Link: [Relationship Advice: Don't Let Distance & Lifestyle End Your Relationship](#)

3. Attend therapy sessions together: The last thing on your mind may be couples therapy, but it actually can help and may prevent your relationship from suffering. Remind your partner that you're in this together and that you would like to keep your relationship strong.

Have you helped your partner through a difficult time? Share some of your advice below!

Travel Tips: 5 Ways to Live Like a Nomad While Traveling Abroad





By Lauren Burczyk

Traveling abroad is an exciting experience, but this [travel trend](#) can get very costly. Visiting another country or multiple countries can require a great deal of time off of work and an array of travel expenses. While many people believe that they will never be able to take their dream vacation around the world, it can be a lot easier than they think. Cupid has some [travel tips](#) on how to travel abroad and live like a nomad.

Travel Tips: 5 Ways to Live Like a Nomad While Traveling Abroad

1. Save your money: It's important to start putting your money away as soon as you have any thoughts of traveling abroad. You've got to be prepared for an extended time off from work and the expenses that traveling the world requires.

Related Link: [Travel Tips: How to Live Like a Local](#)

2. Avoid procrastination: Traveling the world can seem daunting since its outside of the norm for most people. It's easy to say you'll "do it when the time is right," so make now the right time and schedule your plans to travel abroad.

Related Link: [Travel Tips: How to Find the Perfect Hostel](#)

3. Plan ahead: Start a travel journal so you can plan accordingly. The travel journal can include tasks that you have to get done before leaving along with tips that others have given you from their travel experiences.

4. Set your goal and stick with it: Decide on your travel goals such as where, how, and when you want to travel. You must set your sights on these key aspects and keep your goals in mind until the big day arrives.

5. Work abroad: If you're planning to travel for several months at a time, it might be a good idea to find work while you are away. See if your current job has any remote positions available, this would be a great way to still remain active with your employer and keep money flowing as you're traveling.

Do you have any tips on how to live like a nomad while traveling abroad? Let us know! Comment below.

Celebrity News: Selma Blair Opens Up About Life with MS





By Lauren Burczyk

In [celebrity news](#), Selma Blair shared her struggles, in an emotional Instagram post, after being diagnosed with MS in August of last year. Blair captioned a photo of her snuggling a bear late Sunday night and described having a “brain disease” as “uncomfortable” and “a stadium of uncontrollable anxiety at times.” According to *People.com*, in [latest celebrity news](#), Blair really opened up in the touching Instagram post. “People ask me how I do it. I do my best,” she continued to explain. “But I choke with the pain of what I have lost and what I dare hope for and how challenging it is to walk around.”

Selma Blair reveals how hard it can be living with a life-altering disease like MS. What are some coping mechanisms you and your

Loved ones can rely on during such a disease?

Cupid's Advice:

After receiving a life-changing diagnosis, it can be difficult to cope with the horrific news. No matter how tough it can be, it's important to have a positive outlook. Cupid has some ideas for coping mechanisms:

1. Join a support group: This is something that should be done right away so that you are able to collaborate with people other than your doctor. Connecting with others who are in the same situation as you are can provide a bit of relief.

Related Link: [Celebrity News: Carey Hart Pays Tribute to Wife Pink at 13th Anniversary](#)

2. Seek therapeutic help from a professional: Therapy isn't just for people with mental health issues. Many therapists specialize in allowing people to become at peace with a devastating diagnosis.

Related Link: [Celebrity News: Jessica Alba Celebrates Cash Warren's 40th Birthday with Pajama-Themed Birthday](#)

3. Find ways to live with uncertainty: Life-altering diseases are unpredictable and the ultimate outcome of the disease can't be controlled. It's important to find ways to try to live as much of a normal life as possible by practicing meditation or yoga, which can free your mind of anxiety.

What are some coping mechanisms that you and your loved ones have relied on when faced with a devastating diagnosis? Comment below.

Fashion Trend: Neon Fashion Items



By [Lauren Burczyk](#)

Looking to brighten up your winter wardrobe? You're in luck because we've got a [fashion trend](#) just for you. You've probably noticed [celebrities looks](#) on Kim Kardashian and Blake Lively who've been sporting some highlighter hues. Neon fashion items are trending and we've got some great colors for you to try.

Want to learn more about how to brighten up your winter wardrobe with neon fashion items?

1. Neon green: This fun color is shockingly bright and sure to catch attention. You can pair this color with black bottoms, choose it as a dress, or simply add a pop with a pair of heels.

Related Link: <https://www.instagram.com/p/BsiyWJwBbLZ/>

2. Neon pink: You are sure to be a showstopper in this beautifully bright hue. This color looks great on its own or paired with black, you can dress it up or wear it casual.

Related Link: <https://www.instagram.com/p/BiZrRUfgX5h/>

3. Neon yellow: Closely resembling its green counterpart, this color is sure to brighten you up in a fun new way. Anyone can pull off this new trend, simply wear it as a sweater, as a dress, or find this color in a pair of new kicks.

4. Neon orange: You will be on fire in this trending color. Wear a little bit of this color, or a lot of it, and you are sure to turn some heads.

Have some neon fashion trends you want to share? Comment below.

Celebrity Wedding: Chris

Pratt & Katherine Schwarzenegger Are Engaged!



By Lauren Burczyk

In recent [celebrity news](#), we have a new [celebrity wedding](#) to look forward to! Chris Pratt revealed on Sunday, January 13, that he proposed to his girlfriend, Katherine Schwarzenegger. Pratt, 39, captioned an Instagram photo along with a ring emoji, praying hands, and a red heart, saying, “Sweet Katherine, so happy you said yes! I’m thrilled to be marrying you. Proud to live boldly in faith with you. Here we go!” The photo shows the 29-year-old author wrapping her arms around Pratt while looking down at the sizable rock on her finger. According to *UsMagazine.com*, the proposal came just days after the *Guardians of the Galaxy* star posted a video that showed

him moving Schwarzenegger's belongings out of her home in Santa Monica, California. The [celebrity couple](#) haven't been dating long, but a source had said in November that they have fallen head over heels for each other and would be engaged soon.

There's a celebrity wedding in the works for Chris Pratt and Katherine Schwarzenegger! What are some ways to announce your engagement to family and friends?

Cupid's Advice:

Announcing your engagement to your family and friends can be a very exciting time. Cupid has some great ways to share the big news:

1. Share it in an Instagram post: If you are someone who loves to share your favorite things on social media, this is a great way to spread the news. Simply take a selfie with your partner and make your ring the center of attention.

Related Link: [Celebrity Wedding: Miley Cyrus Confirms Marriage to Liam Hemsworth](#)

2. Make your pup show it off: If you're an animal lover, it's a cute idea to tie the ring around your pet's neck and let him show it off. Share a photo on social media with your pet and a sign next to him that says "My parents are getting married."

Related Link: [Celebrity News: Chris Pratt and Katherine Schwarzenegger Are Getting Serious](#)

3. Say it in a hashtag: If you want to take a more subtle

approach, you can use a hashtag to announce your engagement. Find your favorite photo of the two of you and include the hashtag #SheSaidYes or #WereEngaged, then post it to social media.

Can you think of any other great ways to announce your engagement? Let us know! Comment below.