

# Celebrity Couple News: Pregnant Sophie Turner & Joe Jonas Attend Black Lives Matter Protest



By Alycia Williams

In latest [celebrity news](#), Sophie Turner and her husband, Joe Jonas, protested police brutality and racial inequality at a Black Lives Matter demonstration. According to *UsMagazine.com*, while their [celebrity baby](#) is on the way, this [celebrity couple](#) posted photos and a video of them protesting in California. They included a photo of protesters lying face down in the grass, and in another, Turner holds a sign that reads, "White silence is violence."

# In celebrity couple news, pregnancy isn't keeping Sophie Turner from protesting racism with her hubby, Joe Jonas. How do you know you've found a partner with values that align with your own?

## Cupid's Advice:

Finding "The One" is always going to be a long process, but finding someone who shares similar values as yours is especially difficult to find. If you're wondering if you and your partner have similar beliefs and ethics, Cupid has some advice for you:

**1. Just simply ask:** Don't be afraid to ask your partner how they feel about current events, politics, and social issues. It shouldn't be an interrogation session, but just you just casually asking your partner a question. This is so much easier than trying to figure out on your own, and you're bound to get a more real and authentic answer.

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**2. Are they just as excited as you are?:** Whatever makes you excited when it comes to your values, whether it's protesting, donating, or a post on Instagram, should make your partner feel the same way. Typically, if you both feel the same way about something, you'll both want to help. On the side, the things that make you angry or upset in society, should make them feel the same way.

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**3. Do you both see eye to eye on the simple things?:** If you two are disagreeing on something simple in the grand scheme of things, then you probably don't have similar ethics and values. Pay attention to the small things you may be bickering about and take a birds eye view to it. You may be able to see your partner's values more clearly.

**What are some more ways to know you've found a partner with values that align with your own? Start a conversation in the comments below!**

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## **Celebrity News: Thomas Rhett & Wife Lauren Speak Out Against Racism for Adopted Daughter**





By Alycia Williams

In latest [celebrity news](#), country star Thomas Rhett and his wife Lauren Akins have spoken out against racism. According to *EOnline.com*, this [celebrity couple](#) expressed their concern for their oldest daughter, whom they adopted from Uganda. “As the father of a black daughter and also two white daughters, I have struggled with what to say today,” Rhett stated. “I get scared when I think about my daughters and what kind of world they will be growing up in.”

**In celebrity news, Thomas Rhett and Lauren are standing up for their adopted black daughter. What are some ways to stand up for what you believe with your partner?**

**Cupid’s Advice:**

When you and your partner have the same views on social issues, it's important that you both stand together. If you need some ways to stand up for what you believe in with your partner then, Cupid has some advice for you:

**1. Take a stand on social media together:** Social media is a great way to support something that you truly believe in. When you and partner are posted together helping to support a great cause, it's extremely impactful to everyone who sees it.

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**2. Donate together:** If you are in the right financial state to donate to a charity, then you should. Donating money to a great cause is amazing, but when you and your partner donate as a couple, it shows a incredible amount of unity and togetherness.

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**3. Attend rallies or events together:** There will always be a charity event, protest, or rally to attend when it comes to social issues. You and your partner can attend these events as a unit. Invest your time and energy into a cause that you both feel really strongly about.

**What are some other ways to stand up for what you believe with your partner? Start a conversation in the comments below!**

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## **Celebrity Exes: Scott Disick**



# is 'Always Flirting' With 'Best Friend' Kourtney Kardashian



By Alycia Williams

In latest [celebrity news](#), Scott Disick and Kourtney Kardashian spent some time in Utah with all three of their kids for Disick's 37th birthday. According to *UsMagazine.com* these [celebrity exes](#) have been through so many ups and downs since the beginning of their relationship, but after their celebrity break-up, they seem to get along much better, especially when it comes to co-parenting. Recently, Disick and Sofia Richie called their relationship quits after three years. Many wonder if Kardashian is the reason they broke up, so that she and Disick can get back together.

# These celebrity exes are keeping things way above and beyond friendly. How do you know if you're still hung up on your ex?

## Cupid's Advice:

After a long relationship ends, it's incredibly easy to get held up on the idea that you guys might get back together. If you think you are still hung up on your ex, Cupid has some advice for you:

**1. Do you stalk them on social media?:** If you constantly find yourself going to your ex's social media pages a few times a day, then you are definitely still hung up on them. Trying to look on their pages to see what they're doing, who they're hanging out with, and if they're seeing anyone else, just isn't healthy. Try deleting the apps from your phone to stop yourself from going to their pages. The longer you go without thinking about them, the better.

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**2. Do you still refer to them as your partner?:** When you're talking to someone else about your ex partner and you refer to them as your boyfriend, girlfriend, husband, or wife accidentally, then you are still not over them. This can be really hard to correct, especially when you're fresh out of a relationship, but after a few months you should be looking to correct yourself. Have your friends and family point it out to you every time you say it. Or, you can use the swear jar method, expect only put a dollar in the jar when you refer to your ex as your partner.

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[to Find Happiness](#)

**3. You're not interested in dating again:** If you find yourself not finding anyone attractive or not wanting to get back out there and go on dates, then you are still holding on to your past relationship. You don't want to go on dates because you're still in a "relationship" kind of head space, when you should be in a single state of mind. Try to get back out there in the dating world and go a little out of your comfort zone; consider someone completely different than your ex.

**What are some other ways you know your still hung up on your ex? Start a conversation in the comments below!**

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## **Celebrity News: Prince Harry's Ex Cressida Bonas Feared Being Labeled 'It' Girl After Split**







By Ellie Rice

In the latest [celebrity news](#), Prince Harry's ex Cressida Bonas has opened up about life post-royal-split and how the relationship held her back. According to *UsMagazine.com*, Bonas feared her reputation would leave her branded as an "it" girl once the duo broke up, but she now has found the confidence to pursue her passions. The pair amicably went their separate ways in 2014 but remained on friendly terms as Bonas attended his wedding to Meghan Markle.

**In celebrity news, Cressida Bonas was afraid of what people would think of her after her split from Prince Harry. What are some ways to keep your break-up from causing gossip and rumors?**

## **Cupid's Advice:**

Gossip and rumors can cause quite a rift in any relationship, often leading to a break-up. If you're wondering how to navigate the post-split waters without any of that negativity, Cupid has some advice for you:

**1. Stay on the same page:** Break-ups are tough for both parties, even when they're amicable. Moving on from a relationship and person that's held such a prominent position in your life is challenging. If you're worried about people gossiping and starting rumors about your relationship, then you need to have a conversation with your ex-partner. Let them know how you're feeling and get on the same page about what's going on.

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**2. Be respectful:** The last thing you want is to sour your split and have it turn messy. Once the two of you have gone your separate ways, be respectful. Honor the memories you shared and understand that it's now time to embark on a new chapter in your life. Unless your ex has done something awful, there's no need to soil and tarnish their reputation in the public sphere. You wouldn't want them speaking negatively about you without cause either!

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**3. Redirect:** If you're finding yourself surrounded by gossip about your relationship, set the record straight, and then move on. Understand why it ended, respect the feelings and decisions within the relationship, and then move forward. Redirect the conversation to what you're doing with your future and the other stuff that's happening in your life. The ins and outs of your relationship are nobody's business but yours and your former partner's.

How would you keep your break-up drama-free? Start a conversation in the comments below!

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## Celebrity News: Blake Lively & Ryan Reynolds Donate \$200,000 to NAACP Legal Defense Fund



By Alycia Williams

In latest [celebrity news](#), actress Blake Lively and husband

Ryan Reynolds donated to the NAACP. According to *EOnline.com*, the [celebrity couple](#) donated \$200,000 to NAACP Legal Defense Fund. Recently, police brutality videos have been surfacing all over the media, most of the videos resulting in the death of a person of color. This has sparked massive protesting all around America, causing many people to get arrested. Reynolds and Lively were quick to show their support by taking to social media and explaining that they don't know what it's like to live in fear of the police, and neither will their kids. The post ended with them stating, "We're ashamed that in the past we've allowed ourselves to be uninformed about how deeply rooted systemic racism is."

**In celebrity news, Blake and Ryan are showing their support for the #BlackLivesMatter movement by making a substantial donation. What are some ways supporting a worthy cause can bring you closer as a couple?**

#### **Cupid's Advice:**

Having similar beliefs and views in a relationship can really help unify you guys as a couple. Standing together on important issues in the world no matter what your opinion is, will strengthen your relationship. If you are wondering how standing together can bring you closer as a couple, Cupid has some advice for you:

**1. It builds a foundation for your relationship:** Standing together during social crisis is just one of the first steps of always sticking by your partner's side. As your

relationship progresses, you'll need to stand together and support each other in a lot of different situations even if you don't agree. Standing by each others' beliefs and feelings will build a foundation to further your relationship.

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**2. Better communication skills:** When you are both supporting a worthy cause together, it can stir up an amazing conversation between you two. Being able to express how you feel about something to your partner and your partner being able to do the same with you is improving your communication. That way, when you have to discuss something that you have totally different views on, you'll be able to get your point across and hear each others' points of view in a productive way.

**Related Link:** [Relationship Advice: Communicate Dislikes like John Legend & Chrissy Teigen](#)

**3. Attend events together:** When you are both really passionate about something, you will want to support the best way you can. Attending charity events and rallies together will help you two feel more like a unit. Moving as one in a public setting is always a plus in any relationship.

**What are some other ways supporting a worthy cause can bring you closer as a couple? Starts a conversation in the comments below!**

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# Celebrity Break-Up: Josh



# Lucas' Ex Wife Claims He Cheated During Pandemic



By Alycia Williams

In latest [celebrity news](#), Jessica Ciencin Henriquez posted a tweet slamming her ex-husband Josh Lucas for cheating on her. According to *UsMagazine.com*, Henriquez captioned her tweet, "Exes are exes for a reason." She went on to explain that it's easier to forgive people for cheating when you have a child with them, but it takes a terrible person to cheat on someone during a pandemic. These These [celebrity exes](#) have broken up before in the form of a very public celebrity divorce [celebrity divorce](#) in 2014, but recently they have been trying to reconcile their relationship. Due to the recent cheating scandal, however, Henriquez decided to take it to Twitter,



ending her tweet saying, "I deserve better than this, Our son deserves better than this."

## **In celebrity break-up news, Josh Lucas' ex-wife is airing her grievances publicly. What are some things to consider before going public with relationship disagreements?**

### **Cupid's Advice:**

Having a disagreement with your partner can really be difficult, and sometimes you can be airing your dirty laundry without realizing it just because you need to vent. If you tend to go public with your relationship disagreements before considering all of the consequences, Cupid has some advice for you:

**1. Think of the kids:** Relationship disputes can be a really delicate situation, but when there are kids involved, it only makes it more complicated. You don't want your kids to be involved in adult conflict, and when you go public with your relationship drama, it can easily be overheard by your children. So, before you publicize your relationship disagreement, think about your kids. Put them first.

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**2. What will your family and friends think?:** When you tell your family and friends about your relationship feud, it can really paint a negative picture of your partner in their heads. If you decide to work out your differences and forgive

your partner, your family and friends might not forgive them so easily, which will make gatherings really awkward. Your complaints can be taken to heart by your family and friends, making your partner seeming like a terrible person.

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**3. You'll receive everyone's two cents:** Having everyone know that you and your partner are having relationship issues can result in everyone giving their unwanted opinions. Hearing their thoughts about your relationship can stress you out. Sometimes unwanted opinions can lead to blowing smaller issues out of proportion, which only results in more conflict. When you deal with your relationship issues internally, you'll focus on your opinion alone, and that's ultimately the only on that matters.

**What are some other things to consider before going public with relationship disagreements? Start a conversation in the comments below!**

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## **Celebrity Break-Up: Mary-Kate Olsen Officially Files for Divorce from Olivier Sarkozy**





By Alycia Williams

In latest [celebrity news](#), Mary-Kate Olsen filed for a [celebrity divorce](#) from Olivier Sarkozy. According to *EOnline.com*, Olsen requested an emergency divorce filing initially. The request was denied due to the COVID-19 pandemic. After a few weeks, Olsen was finally able to file for divorce now that New York courts began allowing lawsuits and divorces to be filed online again.

**In celebrity break-up news, Mary-Kate Olsen was finally able to file for divorce from her husband. What are some ways to handle the initial fall-out from a split?**

**Cupid's Advice:**

Break-ups can be very difficult thing to process, especially

when you're married. Dealing with the those first steps of the break-up can be be really hard to navigate. If you are looking for ways to handle the initial fall-out from a split then, Cupid has some advice for you:

**1. Deal with the logistics:** When you're in a relationship that has lasted for a long time you both may share a lot of things. Whether it's you're belongings or you're home, you guys should decipher who's going to keep what and just come to a common ground.

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**2. Make a plan for friends:** Couples love to hangout with other couples but, when you guys break up it's important to figure out what you're going to do about interacting with mutual friends. Break down together who will hang out with who, that way you both don't have to have an awkward moment hanging out with shared friends.

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**3. Seek help to navigate your emotions:** Seeking help after a breakup can be extremely helpful. Having someone to talk to and rely on after a break-up can help you recover faster. This help doesn't even have to be professional, it can be a family member or a friend. As long as they are willing to listen to you vent about the break-up.

**What are some other ways to handle the initial fall-out from a spilt? Start a conversation in the comments below!**

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# Celebrity Baby News: Elon Musk & Grimes Change Newborn Son's Name to Comply with California Law



By: Alycia Williams

In latest [celebrity news](#), Elon Musk and Grimes changed the name of their newborn [celebrity baby](#) to abide by the California Law. According to *UsMagazine.com*, the [celebrity couple](#) welcomed their son on May 4, and originally named him X Æ A-12. Once the name was revealed, many were quick to point out that according to the California State Constitution, names can only use the 26 alphabetical characters of the English language. The couple then changed their son's name to X Æ A-

Xii. When questioned on social media about the name change, Grimes replied, "Roman numerals looks better."

## **In celebrity baby news, Elon Musk and Grimes were forced to slightly change their baby's name. What are some ways to compromise with your partner about baby names?**

### **Cupid's Advice:**

Expecting a baby is one of the most joyous feelings in life, but picking the baby's name can sometimes be a battle. It will be one of the first decisions that you and your partner make together as parents. For some ways to compromise with your partner about baby names, Cupid has some advice below:

**1. Hear each other out:** In any relationship, it's so important that you listen to each other. You should both come up with suggestions for the baby's name and then listen to what you both came up with and why. Although you may be head over heels in love with the names that you picked, you may find that your partner came up with something that you like better.

**Related link:** [Celebrity Baby News: Kylie Jenner Reveals the Name of Her Daughter, and Twitter Reacts](#)

**2. Narrow it down:** Before you start throwing names at each other, figure out what kind of names you both are interested in. It can be long or short names, modern or old-fashioned names, or maybe even unisex names. Whatever it is, come to an agreement and go down that path together to look for names.

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**3. Take your time:** Finding the perfect name for your baby



won't be easy, but luckily you have nine long months to narrow it down. Although you're eager to have a name for the baby, understand that you may like one name today and then like another a few months later. Sometimes naming your baby after you meet them can be more efficient because the name you picked out beforehand may not match your baby's look or personality. Understanding that nothing is final until the name is on the birth certificate is key!

**What are some ways you would compromise with your partner on baby names? Let us know in the comments below.**

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## **Celebrity Couple News: Scott Disick and Sofia Richie Are on a Break Post-Rehab**





By Ellie Rice

In the latest [celebrity news](#), Scott Disick and Sofia Richie have decided to take a break from their relationship. Sources exclusively shared with *UsMagazine.com* that Disick needs to get his act together before getting involved with their relationship again. Disick was seeking treatment to work through his past traumas, but left the facility after photos of him in attendance were leaked. We wish nothing, but the best for these two and hope they can work it out!

**In celebrity couple news, Scott Disick and Sofia Richie are on a break after his latest stint rehab. What are some ways to support a partner or ex-partner recovering from addiction?**

## **Cupid's Advice:**

Supporting a loved one recovering from addiction can be difficult and emotional. If you're looking for a little guidance, Cupid has some advice for you:

**1. Take it slow:** The recovery process is a long and continuous road for your partner and your relationship. Don't expect everything to change overnight, as your significant other is on their own healing journey. As they find their inner strength, so will your relationship. Be supportive and communicative with them by creating an open and honest environment at home. Allow them to transparently convey their emotions and feelings towards you, so you both can understand where your relationship is at. If you have an ex-partner going through recovery who is still a part of your life, be supportive of them as well. Check-in with them and spend time together participating in fun and lighthearted activities.

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**2. Build a support network:** Letting your partner know that you support them and are with them every step of the way is so important. They need to feel love and care on the homefront. Remove any triggers from your home environment that you think could get in the way of their recovery process. Take them to their meetings or try engaging in couples therapy to continue rebuilding your relationship. Have family and loved ones provide support as well to show your partner how important they are.

**Related Link:** [Celebrity Couple News: Kim Kardashian Needs Space From Kanye West](#)

**3. Get adventurous:** Come up with fun and exciting activities to go out and experience with your partner! Finding ways to celebrate each other and rekindle your relationship by engaging in substance-free activities is crucial. Go for a

walk down the beach or go take a hike. Create a list of things or places that make you both happy and go from there. Rebuilding your relationship in alcohol and substance-free environments will be a great way to strengthen your bond and help your partner on their journey.

**How would you help a partner going through a difficult time? Start a conversation in the comments below!**

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## **New Celebrity Couple: Sophia Bush & Grant Hughes Get Cozy in Masks as They Step Out in Malibu Together**





By Alycia Williams

In latest [celebrity news](#), former *One Tree Hill* star Sophia Bush was spotted with Grant Hughes on a casual date in Malibu, California. According to *EOnline.com*, the two were holding hands as they took a walk in the neighborhood in face masks. They were even pictured stopping for a warm embrace.

**In celebrity couple news, Sophia Bush is getting cozy with her new beau, Grant Hughes. What are some ways to grow your bond in a new relationship?**

**Cupid's Advice:**

New relationships are so much fun, but there's always a rush to get that deeper connection. If you're in a new relationship and looking to grow your bond, Cupid has some advice for you:

**1. Introduce them to your family:** When you bring your partner to meet the people who are closest to you, your family, it brings you two closer. It tells your partner that you're serious about your relationship and that you're in it for the long haul.

**Related Link:** [Ask the Guys' Guy: How Do I Know My Boyfriend is Serious About Me?](#)

**2. Spent time getting to know each other:** In new relationships, you don't know everything about your partner. The more time you spend just talking and asking each other random questions, the faster you will know everything about one another. Knowing your partner inside and out will only build a foundation for a long-lasting relationship.

**Related Link:** [New Celebrity Couple? 'Bachelor' Alum Nick Viall Confirms He Had Dinner with Rachel Bilson](#)

**3. Make memories together:** When you look back on some great moments you've had and your significant other was there experiencing those great times with you, you will be able to reminisce. Whether it's taking a vacation or even going to an amusement park together, looking back on the good times you spent together will bring you two closer together.

**What are some ways you would grow your bond in a new relationship? Start a conversation in the comments below!**

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## **Celebrity News: Brian Austin Green Shares Cryptic Post**



# After Wife Megan Fox is Spotted with Machine Gun Kelly



By Ellie Rice

In the latest [celebrity news](#), Megan Fox was spotted hanging out with rapper, Machine Gun Kelly, leading many to suspect a rift between her and husband, Brian Austin Green. According to *People*, Green posted a cryptic message on social media and was seen out and about without his wedding ring. The pair have had a rocky relationship, so this wouldn't be their first split. After meeting on set in 2004, the duo went on to have three kids together! We hope these two can work things out.

**In celebrity news, Brian Austin Green came forward with a cryptic post, potentially referencing his wife Megan Fox after she was spotted with another man. What do you do if you suspect your partner is being unfaithful?**

**Cupid's Advice:**

Infidelity can plague and ultimately ruin a relationship especially if one partner finds out about the other's bad behavior. If you suspect your significant other of cheating, Cupid has some advice for you:

**1. Talk to them about it:** Before you draw any conclusions, you need to have a chat with your partner. Something you may have seen or heard could have been misinterpreted or only a portion of the full story. While this is an extremely emotional situation, it's important that you leave your aggression at the door. Go into the conversation with a level head and open mind in order to understand the weight of what your partner has to say.

**Related Link:** [Relationship Advice: The Case of Elon Musk: Connecting Instead of Clashing](#)

**2. Analyze the situation:** Once you've heard your partner out, it's up to you to decide what to do with that information. Take some time to think about the situation and your feelings for this person. Is this something you're willing to work through? Can your relationship move past this? Once trust is broken in a relationship it can be very difficult to get back to where you both were. Even though you may love this person,

you need to put your mental health first. Decide if this relationship is worth repairing or if it's a better decision to move on.

**Related Link:** [Celebrity Exes: Megan Fox Finally Confirms Past Romance with Shia LaBeouf](#)

**3. Find your support network:** If you've decided that your relationship cannot move forward after infidelity, it's important that you have a support network to help you through this time. Dealing with a cheating partner comes with a lot of hurt and feelings of betrayal. Surround yourself with friends and family and always save time for self-care. This group of people will be there to help you through every step of your breakup and when you're ready, they'll be by your side when it's time to date again!

**What would you do if your partner was cheating? Start a conversation in the comments below!**

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## **Celebrity Divorce: Judge Rejects Mary-Kate Olsen's Emergency Divorce Filing from Olivier Sarkozy**





By Ellie Rice

In the latest [celebrity news](#), Mary-Kate Olsen and Olivier Sarkozy are headed for divorce. According to *UsMagazine.com*, Olsen's emergency divorce filing was denied because of its "non-essential" categorizing. Olsen cited that she was afraid Sarkozy would force her out of their living space as her reasoning behind the emergency filing. The pair had been married for five years prior to the split, after meeting back in 2012. We hope these two are able to peacefully go their separate ways!

**In celebrity divorce news, Mary-Kate won't be a single woman for a while yet, as her divorce filing wasn't deemed essential. What are some ways to navigate the**

# transition from married to single amid a divorce?

## Cupid's Advice:

Going through a divorce signifies a time for new beginnings and change. If you're curious about how to move forward and navigate this transition, Cupid has some advice for you:

**1. One step at a time:** Feeling comfortable in this new chapter of your life will take some getting used to. It's important that you acknowledge what went wrong and understand your emotional needs. Divorce is a serious and final solution to a relationship that isn't working out. By recognizing what led to its demise, you will be able to learn from it and move forward with your life. Seek professional help or group therapy if you are having trouble figuring your path out!

**Related Link:** [Celebrity News: Mary-Kate Olsen's Transformation From Tabloid Queen to Happy Homebody](#)

**2. Build your support network:** Surrounding yourself with loved ones and people you care about is crucial during this period of adjustment. There is nothing more powerful than the love of your friends and family, especially when moving on from a former lover. They will be there for you throughout this process to help you move on and live your wonderful life. Not only will your network be supportive while you're going through pain, but also when you feel ready to embark on the dating world once again! Don't be afraid to lean on these people and let them know just how you are feeling.

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**3. Find what makes you happy:** Look at this new period of your life as a time for yourself. You're unattached from a

relationship and all of the emotional constraints that come with it. This change doesn't have to be seen as a negative if you're able to find happiness within yourself. Start finding activities or things that bring you joy. Whether that's meditation, cooking, or spending time outside, it is all up to you!

**How would you navigate this transition? Start a conversation in the comments below!**

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## **Celebrity Couple News: Kim Kardashian Needs Space From Kanye West**







By Ellie Rice

In the latest [celebrity news](#), Kim Kardashian has reportedly had enough of quarantine with husband, Kanye West! According to *UsMagazine.com*, Kardashian desperately needs space from her man as he is more focused on work rather than helping her with their three children. After six years of marriage, we hope West can compromise some of his time for the sake of his leading lady!

**In this celebrity couple news, Kim Kardashian feels like she needs some space from husband, Kanye West while in quarantine. What are some things to do when feeling suffocated by your partner?**

**Cupid's Advice:**

Feeling like you need a little break from your partner is normal. If you're curious about what to do when you're feeling like this, Cupid has some advice for you:

**1. Let them know:** Your partner may not understand that they are making you feel suffocated, so letting them know should definitely be your first step. Sit them down and express how you're feeling so they understand how their actions are affecting you. People show love in different ways, so be honest with them about what makes you feel comfortable and supported. If you are requesting changes from your partner that they don't feel they can make, it's time to move on. Staying in a relationship that is emotionally suffocating will not benefit either of you or your mental health.

**Related Link:** [Celebrity Parents: Kendall Jenner Jokes on Social Media About Starting a Family](#)

**2. Make a change:** Similar to Kim K, maybe you just need some space from your partner. Try taking a break by spending time with your friends and family, rather than just your significant other. Have a girls night or grab dinner with your parents! By minimizing the annoyance and anxiety you're feeling at home, you'll start to feel better about your partner. Encourage them to do the same by hanging out with their friends or loved ones. It's healthy for any relationship to take time away from each other to focus on the other people in your lives that you care about.

**Related Link:** [Celebrity News: Tristan Thompson 'Isn't Giving Up' On a Future with Khloe Kardashian](#)

**3. Practice self-care:** Focus on yourself! Take time every day to give your mental health some attention. If you're feeling trapped and suffocated by your partner, then spending time alone can be a great refresher. Whether you are into meditation, face masks, or a bath with a glass of wine, you need to find something that makes you feel happy and relaxed.

What steps would you take to feel less suffocated in your relationship? Start a conversation in the comments below!

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# Celebrity Couple News: Hilary Duff Shares Heartfelt Tribute to Matthew Koma on Engagement Anniversary



By Ellie Rice

In the latest [celebrity news](#), Hilary Duff posted a series of

Instagram photos honoring her husband, Matthew Koma, to celebrate the anniversary of their engagement. The pair had been dating three years prior to the engagement and share a daughter together. According to *UsMagazine.com*, the happy couple met back in 2015 while Koma was producing one of Duff's music albums.

**In this celebrity couple news, Hilary and Matthew are reflecting on the day they got engaged. What are some ways to make your engagement personal and memorable?**

#### **Cupid's Advice:**

Aside from your wedding day and the birth of your child, getting engaged is one of the most special days of your adult life. If you're curious about how to make it memorable, Cupid has some advice for you:

**1. Capture the moments:** Whether you are the one proposing, or you've just been proposed to, capturing this special moment is so important. Hire a photographer or enlist a friend to help make this time extra special and something you both can always look back on. If you've just been proposed to, take pictures of the ring and the two of you, so this day can last forever. You can show the pictures at your wedding, and take a page out of Hilary Duff's playbook and reminisce on social media!

**Related Link:** [Relationship Advice: How Important Are Similarities For A Happy Marriage?](#)

**2. Share the news:** One of the beauties of social media is its

ability to quickly spread information. Family and friends from all over the world can be reached at the click of a button. Share the news of your engagement across your platforms, only when you're ready of course, so everyone you love can celebrate with you! Call your friends and family as their excitement for you will be out of this world. Years from now you will all be able to reminisce on the happiness of this occasion.

**Related Link:** [Hilary Duff Says Aaron Carter's Love Declarations Are 'Uncomfortable'](#)

**3. Plan your party:** Throwing an epic and memorable engagement party is a right of marital passage. The best way to celebrate your love is by being surrounded by all of your friends and family. Invite your loved ones, cater some delicious food, and dance the night away! This is a night that you will never forget, with all of the people who love you the most.

**What are some ways you would make your proposal memorable? Start a conversation in the comments below!**

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## **Celebrity Break-Up: Kristin Cavallari & Jay Cutler Reach Temporary Child Custody Agreement**







By Ellie Rice

In the latest [celebrity news](#), Kristin Cavallari and Jay Cutler's divorce grows more complicated by the day. The pair announced their split last week after being together for over a decade. According to *EOnline.com*, Cavallari was blindsided by the divorce filings even though the pair have reportedly been having issues in recent months. They have now reached a temporary custody agreement which allows them both time with their three children. We hope these two can work it out and go their separate ways!

**In celebrity break-up news, Kristin and Jay have at least agreed temporarily on how to take care of their children amid their split. What are some ways to compromise**



# when it comes to your kids in a relationship?

## Cupid's Advice:

Once you become a parent, having to put your children's needs in front of your own is a must. If you're looking for ways to do that while maintaining a healthy relationship, Cupid has some advice for you:

**1. Set up a plan:** In order to keep your relationship strong while trying to parent, it's important that you are always communicating. Having open and honest lines of communication with each other will allow you to work as a team. Set up a plan to establish what is happening for the weeks or months ahead. By doing this you'll be able to see what kinds of scheduling conflicts or personal events are taking place and who needs to cover what. Organization is key! Not only will this eliminate stress, but you will feel more connected to your family unit.

**Related Link:** [Celebrity Parenting: Kristin Cavallari Says Jay Cutler Is the 'Stricter Parent'](#)

**2. Think of your partner:** If there's something coming up that your partner has really been looking forward to, be sure you are listening to them and acknowledging their desires. Make a compromise and offer to take care of the kids so they are able to do their thing. In the future, your partner will definitely offer to do the same. Even if it means that you're missing something you may have wanted, it's important to think of your relationship.

**Related Link:** [Relationship Advice: Does Marriage Change Your Feelings?](#)

**3. Respect their decisions:** Before having children, think

about some of the awesome experiences you'd like to check off your bucket list with your partner. Once children enter your life you'll be compromising a lot of time and money for years to come. Take this into consideration when family planning and try enjoying yourself for a little longer! Once you welcome children into your lives, make a plan with your partner for a vacation a few years ahead. Setting up a timeline will give you both something wonderful to look forward to with your kids.

**What kinds of compromises do you make in your relationship? Start a conversation in the comments below?**

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## **Celebrity Baby News: Anderson Cooper Welcomes 1st Child Via Surrogate**





By Ellie Rice

In the latest [celebrity news](#), Anderson Cooper welcomed his first child via surrogate! Sharing the exciting news this past week through his Instagram account, Cooper announced the birth of his son, Wyatt Cooper. According to *UsMagazine.com*, the name Wyatt was chosen in honor of the Cooper's late father. We wish these two nothing but love and happiness in their future!

**In celebrity baby news, Anderson Cooper is a proud new dad to a baby boy! What are some ways to prepare your life for a child?**

**Cupid's Advice:**

Becoming a parent is a joyous and momentous occasion that many look forward to in their lives. If you're looking for ways to prepare for this next step, Cupid has some advice for you:

**1. Make sure you're ready:** The first step in gauging your preparedness for pregnancy is checking in with yourself. Taking care of your mental and emotional health is crucial before having a child. If you feel ready to become a parent and prepared for all of the wonderful yet challenging years ahead, then go for it. For those not quite there yet, take your time. This is not something to rush into! Many women invested in their careers or still exploring their lives have frozen their eggs, so do some research if you feel that might be an option for you.

**Related Link:** [Relationship Advice: Susan Trombetti Talks Love & Dating Amid COVID-19](#)

**2. Financially prepare:** Babies are expensive! During your pregnancy planning, be sure that you are taking a realistic look at your finances. You want to feel comfortable and supported while going through this process, so be sure to save. Once your baby is born, consider opening an education fund for them. As they grow up, continue putting money into the account so once college rolls around you will all be ready!

**Related Link:** [Single Celebrity Parents: Balance Your Career & Parenting Like Sandra Bullock](#)

**3. You have support:** It's important that while you are going through this exciting time, you have built a support network. Whether that is through your partner, friends, or family, be sure that you have people to lean on during this process. Having loved ones to turn to and be by your side is definitely a key part of preparing for a child.

**What are some ways you'd prepare for a child? Start a conversation in the comments below!**

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# Celebrity Baby News: Gigi Hadid & Zayn Malik Are Expecting First Child



By Ellie Rice

In the latest [celebrity news](#), Gigi Hadid and Zayn Malik are reportedly expecting their first celebrity baby together. This exciting news came as a shock to fans who have been following their on-again-off-again relationship. According to *UsMagazine.com*, Hadid has always had her eye on motherhood and starting a family with Malik. We can't wait to see what the future holds for these two!

# In celebrity baby news, this beautiful couple are expecting. What are some ways to strengthen your bond as a couple before welcoming a child?

## Cupid's Advice:

It's important to strengthen your relationship and cement your love for one another before welcoming a child into your lives. If you're looking for ways to do this, Cupid has some advice for you:

**1. Explore:** Once you begin your pregnancy journey, the next few years of your life will be chaotic and full of sleepless nights. Take this time before that happens to travel, adventure, and check some things off your bucket list! These experiences will strengthen your relationship and bond with your partner, so when the time does come, you will both be rock solid in your commitments.

**Related Link:** [Celebrity Couple News: Gigi Hadid and Zayn Malik Love Wearing Each Others Clothes](#)

**2. Enjoy:** As wonderful as parenthood is, at times you will definitely miss being able to have one-on-one time with your partner. Take this into consideration before you start your pregnancy and really enjoy your relationship. Make time for date nights and fun days out and about! This will really strengthen your relationship because you are taking the time to deepen your bond with each other.

**Related Link:** [Celebrity News: Is The Weeknd's New Album All About Bella Hadid?](#)

**3. Embrace:** If you have any lingering issues or built-up



problems within your relationship, now is the time to solve them. Not only will this strengthen your relationship, but it will also eliminate any doubts or stress you have before embarking on this journey. Seek professional help or couples therapy if you feel that will be more beneficial to your relationship. Remember that open and honest communication is the best method when strengthening your bond.

**What are some ways you would strengthen your relationship in this situation? Start a conversation in the comments below!**

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## **Celebrity Couple News: Kate Beckinsale Defends New Relationship with Goody Grace**





By Ellie Rice

In the latest [celebrity news](#), Kate Beckinsale had to defend her new relationship with singer, Goody Grace from internet hate this past weekend. According to *UsMagazine.com*, an Instagram user tried to throw shade at Beckinsale and her rumored new beau, but she clapped back and stood up for her man. Beckinsale's dating choices have been a cause for controversy because of her past dating much younger men. We love to see a strong woman taking charge of her relationships!

**In celebrity news, Kate Beckinsale isn't afraid to stand up for her relationship. What are some ways you can stand up for your partner in situations that call for it?**

**Cupid's Advice:**

Just as it's important to stand up for yourself, you should feel confident protecting your partner as well. If you're wondering how to do that, Cupid has some advice for you:

**1. To the family:** If your family has a lot of critiques for your significant other or hasn't always been fond of your relationship, it's time to change their mind. Instances related to family are definitely one of the leading situations where you would need to stand up for your boyfriend or girlfriend. Don't be afraid to take charge of the situation and explain that this conversation will not continue unless you can be on the same respectful page. Explain to them how your partner makes you feel and the love you have for them. It might just take standing your ground for them to back down and understand your boundaries.

**Related Link:** [Relationship Advice: Susan Trombetti Talks Love & Dating Amid COVID-19](#)

**2. With your friends:** Just because you joke around or vent about your relationship doesn't make it okay for your friends to do the same. If you feel like they are continuously crossing the line with their comments about your partner, then you need to have a conversation about it. Your friends just want the best for you so they may be coming from a place of worry or ignorance to their actions. Reassure them that their love for you is validated, but their behaviors have gone too far. Open and honest conversations are the best solution.

**Related Link:** [New Celebrity Couple: Pete Davidson & Kaia Gerber Are Dating](#)

**3. With themselves:** If your partner is constantly getting down on themselves and expressing doubts with their own abilities whether personally or work related, stand up for them. Everyone feeds into negativity at certain points in their lives, so having an awesome support system is crucial. Let them know how incredible you think they are and help boost

their confidence!

How would you stand up for a loved one if the situation called for it? Start a conversation in the comments below!

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# **Celebrity Marriage: Michael Buble's Wife Luisana Lopilato Defends Their Marriage After Fans Slam Him for Elbowing Her**





By Ellie Rice

In the latest [celebrity news](#), Michael Buble's wife, actress Luisana Lopalito, defends the singer after a video of him appearing to elbow her creates a stir on social media. According to *UsMagazine.com*, the actress took to Instagram to address the claims and deny any sort of marital abuse had taken place. The pair met in 2009 and share three children together.

**This celebrity marriage is strong, despite fan speculation. What are some ways to keep rumors about your relationship from affecting it?**

**Cupid's Advice:**

Rumors spread quickly and inaccurately all the time. If they are factoring into your current relationship, Cupid has some advice for you:

**1. Address it with your partner:** Sit down with your partner and openly talk about what's going on. Maintaining transparent and honest communication is crucial for any successful relationship. If the rumors that are hearing about your relationship are completely false, then talk them through with your partner and then brush it off. Unsubstantiated claims and falsehoods should not come between you two.

**Related Link:** [Relationship Advice: How Important Are Similarities For A Happy Marriage?](#)

**2. Ignore it:** If you and your partner have determined that the rumors are false and have no basis, then just start ignoring the hate! If you don't give something the power to affect you, it won't. Trust your partner and continue having conversations about your feelings to ensure you're both on the same page. Nothing can stand in the way of a happy and healthy relationship unless you let it.

**Related Link:** [Relationship Advice: Susan Trombetti Talks Love & Dating Amid COVID-19](#)

**3. Talk to those spreading them:** If you know who has been saying these things and spreading misinformation around about your relationship, definitely confront them. Have an open and honest conversation with them about what's been happening and why. Enter the chat level-headed and calm as this doesn't need to become a screaming match! Hopefully you will both find closure and answers to why this has been a part of your lives.

**How would you deal with these types of rumors? Start a conversation in the comments below!**

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# Celebrity Exes: JLo and Diddy Reunite for a Good Cause



By Ellie Rice

In the latest [celebrity news](#), friendly celebrity exes JLo and Diddy reunited 20 years after their split! The pair were seen dancing and chatting on Instagram Live for Diddy's Dance-a-Thon Fundraiser that ended up raising over \$3 million dollars. According to *UsMagazine.com*, the money was being donated to an organization called Direct Relief, which supports healthcare workers in poverty stricken areas. We love to see this pair reunite for such an awesome cause!

# In celebrity news, celebrity exes JLo and Diddy reunited on social media for his dance-a-thon fundraiser. What are some ways to know you're ready to be friends with an ex?

## Cupid's Advice:

Rekindling any sort of relationship with an ex is tricky, whether getting back together or developing a friendship. If you think you're ready and want to be friends with an ex, Cupid has some advice for you:

**1. Your feelings are platonic:** If you feel as though you have completely moved on from any lingering emotions and heartache that one was, a friendship could be your next step. Understand yourself and your heart first and foremost and only embark on this path if you are truly ready for it. You don't want to fall right back into romantic love and wind up heartbroken again, so take it slow!

**Related Link:** [Celebrity News: Diddy Navigates Life as a Single Father After Kim Porter's Death](#)

**2. You've set boundaries:** Understand that even though you are developing a friendship with this person, they are still your ex. The history that you share with this former partner was once very intimate so make sure you are setting boundaries for yourself and them. Sit down with your ex and establish the do's and don'ts of this newfound platonic union.

**Related Link:** [Fashion Tips: Fashion Takeaways From Icon Jennifer Lopez](#)

**3. You've moved on romantically:** If you've been with or at least thought about being with other people since the split, this is a sign you are ready for the path of friendship. Feeling yourself move on romantically from your previous relationship is a wonderful and freeing experience so be sure that you're ready for this interesting step. Many people won't develop a friendship after a breakup because they still have lingering feelings for their former partner, but if you miss this person in a platonic way, go for it!

**Would you begin a friendship with an ex? Start a conversation in the comments below!**

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## **Celebrity News: Former 'Bachelor' Peter Weber Breaks Silence on Kelley Flanagan Dating Rumors**





By Ellie Rice

In the latest [celebrity news](#), former *Bachelor* Peter Weber and Kelley Flanagan have sparked dating rumors after the pair were spotted together in her hometown, Chicago. Speaking openly on Nick Viall's podcast, "The Viall Files," Weber explained that while they are not currently dating, he would love for it to happen in the future. According to *UsMagazine.com*, the pair have been quarantined together in her apartment along with *Bachelorette* alum Dustin Kendrick.

**In celebrity news, Peter and Kelley aren't dating, but they may be on their way to dating! What are some ways to get to know someone well before jumping into dating them?**

**Cupid's Advice:**

Getting to know someone before you dive into a relationship is crucial. If you're looking for ways to get to know a potential partner, Cupid has some advice for you:

**1. Explore your feelings:** If this is a potential partner that you've met on a dating app, try keeping it virtual for a while. Continue talking via texting and phone calls to build a layer of trust before you jump into a relationship. By getting to know each other on this level, you can be open and honest without it getting physical or too much too soon. Be aware of your emotions and move forward when you are ready.

**Related Link:** [Celebrity News: Clare Crawley Is Announced as Season 16 'Bachelorette'](#)

**2. Hang out in groups:** If you're not ready for a one-on-one date with this person, try a group setting. Invite them on an outing with your friends and their significant others or vice versa. Getting to know them while enjoying time with friends will create a more comfortable and relaxed setup. Your friends can also weigh in on their thoughts about them!

**Related Link:** [Celebrity Break-Up: 'Bachelor' Peter Weber & Madison Prewett Split After Finale](#)

**3. Go on an adventure:** Get to know this potential match by going on dates with them. Go for a hike or hit the beach! Explore the outdoors while enjoying each other's company. Spending actual time with someone and getting to know them on this level will help you decide if you see a future with them. Just because you are going on dates with them doesn't mean you are committing to anything, so be sure you are taking everything at your own pace.

**How would you get to know someone before dating them? Start a conversation in the comments below!**



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# Celebrity News: 'Bachelorette' Clare Crawley Explains Why She Kept Dress from Juan Pablo Galavis Breakup



By Ellie Rice

In the latest [celebrity news](#), soon to be *Bachelorette* Clare Crawley shared a throwback picture with fans on Instagram. Posting to her story, Crawley revealed that she kept her



iconic finale dress from her breakup with Juan Pablo Galavis. According to *EOnline.com*, she held onto the dress for its custom design and because that scene was the most empowering moment of her life. Fans may remember this dramatic episode as Crawley stood her ground and told Galavis exactly how she felt about him. We love a woman who isn't afraid to speak her mind and can't wait to see her journey for love unfold next season!

## **In celebrity news, Clare Crawley talks about keeping her dress because she wore it during the most empowering moment of her life. What are some ways to remain empowered in your relationship?**

### **Cupid's Advice:**

Every relationship comes with challenges, but it's important to understand your worth and voice your opinions. If you're looking for ways to feel empowered in your relationship, Cupid has some advice for you:

**1. Stay vocal:** Always communicate with your partner openly and transparently. Voice your feelings to them so you are both on the same page about where you stand in your relationship. Don't be afraid to initial hard conversations and always stand your ground. Being forthcoming and honest will create a consistently healthy environment where you will feel empowered and appreciated.

**Related Link:** [Celebrity News: Clare Crawley Is Announced as Season 16 'Bachelorette'](#)

**2. Keep your independence:** Even though you are in a committed

relationship and sharing a lot of things with your partner, that doesn't mean that everything has to be done together. It's important to keep your individuality when in a relationship so you are growing personally and together. Be sure you're making time for your friends and hobbies as these are important aspects of your personal life.

**Related Link:** [Celebrity News: Former 'Bachelorette' Andi Dorfman Calls Juan Pablo Season 'Stupidest Thing I've Ever Been a Part Of'](#)

**3. Learn to say no:** Don't be afraid to say *no* to things in your relationship. If you feel overwhelmed and like you're spreading yourself too thin, speak up. Your partner may not realize how much they are asking of you, so it's important to set healthy boundaries.

**How do you stay empowered in your relationship? Start a conversation in the comments below.**

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## **Celebrity Couple News: Ben Affleck Is 'Very Supportive' of Girlfriend Ana De Armas**





By Ellie Rice

In the latest [celebrity couple news](#), Ben Affleck and Ana de Armas are still going strong! Their new relationship took off after costarring in their upcoming psychological thriller, *Deep Water*. According to *UsMagazine.com*, these two are quarantined together and enjoying exploring their feelings for each other. We hope to continue to see more of this blossoming relationship!

**In celebrity couple news, this new duo is happy and quarantining together. What are some ways to know you're ready for a serious relationship with your new partner?**

**Cupid's Advice:**

Sometimes finding *the one* can be a challenging journey. If

you're unsure about seriously committing to a new partner, Cupid has some advice for you:

**1. You see a future:** If you look at your new partner and can envision a life together, this person is worth making a commitment to. Building a future with someone is a special part of life that every couple wants to commit to, but finding the right person can be a challenge. Be sure you are moving at your own pace and taking things slow, as these next steps will be huge for your relationship.

**Related Link:** [Celebrity News: Ben Affleck Had Breakdown While Filming Scene About Broken Marriage](#)

**2. The feelings are there:** Before you commit to a new partner, be sure that you feel ready. If you are undeniably physically attracted to this person, make sure you are emotionally there as well. Don't be afraid to ask for open and transparent communication from your partner about where they stand with their feelings. You both want to be on the same page so your relationship can flourish in a natural and healthy way.

**Related Link:** [Celebrity Exes Ben Affleck and Jennifer Garner Have 'Underlying Tension' Coparenting](#)

**3. You've got babies on the brain:** If you have baby fever like never before, and keep viewing this person as a potential father for your child, maybe that's a sign he is worth committing to. Seeing this person in that light should speak a lot to their values, morals, and what they care about in life. If you are both on the same page with your feelings towards each other, take this next step and commit. You never know where it can lead, so go into it confidently and put your best foot forward.

**How do you know when you're ready for a serious commitment? Start a conversation in the comments below!**

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# Celebrity News: Ben Affleck Had Breakdown While Filming Scene About Broken Marriage



By Ellie Rice

In the latest [celebrity news](#), Ben Affleck was caught in a deeply emotional moment while filming his latest flick, *The Way Back*. According to *UsMagazine.com*, the actor felt parallels between his character's struggles with addiction and his own personal life. Affleck has openly acknowledged his battles with sobriety and how they have affected his career, children, and life with ex-wife Jennifer Garner.

# In celebrity news, Ben Affleck is experienced some emotions about his past personal trauma while at work. What are some ways to function at work when you're going through tough times in your relationship?

## Cupid's Advice:

Every relationship goes through challenges and each person will handle them differently. But when you start to feel those struggles affect your work life, Cupid has some advice for you:

**1. Separate the two:** Take time in the morning to reflect on your relationship and the struggles you are currently facing. Give yourself a few moments to really think about the problems you are having with your partner. Once you are finished, channel your energy solely into your work for the day and do your best to keep your focus locked in on it. By separating the two, you are distracting yourself and productively redirecting your efforts.

**Related Link:** [Celebrity Exes Ben Affleck and Jennifer Garner Have 'Underlying Tension' Coparenting](#)

**2. Take a walk:** If your relationship is starting to affect your ability to do your job, then changes need to be made. Start by taking your work breaks outside. Go for a walk or just get some fresh air to allow your body to relax and refocus on the task at hand.

**Related Link:** [Relationship Advice: How to Cope with a Loved One Who Is an Addict](#)



**3. Have lunch with your coworker:** Spend some quality time with your friends at work by going out to lunch. By taking a break from your job and socializing over a meal, you will be able to stay healthy and in the company of others.

**What are some ways you deal with challenges in your life?  
Start a conversation in the comments below!**