

# Celebrity Break-Up: Demi Lovato Is Feeling Relieved After Split From Max Ehrich



By Carly Silva

In the [latest celebrity news](#), Demi Lovato is feeling a sense of relief after breaking off her engagement with Max Ehrich. The [celebrity exes](#) met in March and moved in with each other to quarantine together. Their relationship moved along quickly, and Ehrich popped the question only months after they were dating. The engagement was recently broken off, and according to *UsMagazine.com*, a spokesperson for Demi Lovato revealed that the pop singer is relieved after seeing Ehrich's "true colors."

# In celebrity break-up news, Demi Lovato is relieved after her split and broken engagement from Max Ehrich. If you're feeling trapped or suffocated in a relationship, what do you do?

## Cupid's Advice

Relationships can be very demanding and overwhelming sometimes. If you're feeling trapped or suffocated in a relationship and you're wondering what to do, Cupid has some advice for you:

**1. Be honest:** If you're having concerns about being suffocated in a relationship, the first thing to do is to be honest with your partner about it. Tell them that this type of relationship isn't working for you and that you're not happy. Your partner may be able to change their behavior and cater to your needs so that the relationship is more suitable for what you want.

**Related Link:** [Celebrity Break-Up: Max Ehrich Reveals Details About How He Learned of Split From Demi Lovato](#)

**2. Set boundaries:** If your partner is on board to make a change in your relationship, it's important to set boundaries. Tell them exactly what behaviors are okay and which ones aren't. Dedicate some time to having individual space and time for yourself to help with the suffocating feeling. If your partner is able to make these changes effectively, it may show that there is hope for your relationship to be less suffocating.

**Related Link:** [Celebrity Break-Up: Kristin Cavallari Says She](#)

## [Thought About Divorce for Two Years Before Filing](#)

**3. Cut it loose:** If you're able to work on a relationship with your partner, it can help with feeling less suffocated, but if you are feeling trapped in your relationship, that may mean something is seriously wrong. If you're not completely happy and for some reason feel like you can't get out of your relationship, then it is important that you cut it loose. Feeling trapped is not healthy for a relationship and will only lead to resentment.

**What else can you do if you're feeling trapped or suffocated in a relationship? Start a conversation in the comments down below!**

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# **Celebrity Break-Up: Ant Anstead Asks Fans to Stop Trying to Diagnose Split from Ex Christina**





By Carly Silva

In the [latest celebrity news](#), Ant Anstead asked fans to stop leaving comments about his marriage and [celebrity break-up](#) with Christina Anstead on his Instagram account. The [celebrity exes](#), who married in late 2018, announced their split earlier this month. According to *People.com*, Ant shared a photo of the son he shares with Christina and chose to turn off comments on his post while asking for privacy and for their family.

**In celebrity break-up news, there may not be more to the break-up story between Ant and Christina after all. What are some benefits to keeping the details of your break-up private?**

**Cupid's Advice:**

Keeping your break-up private can be beneficial in quite a few ways. If you're wondering what some of the benefits of keeping the details of your break-up private are, Cupid has some advice for you:

**1. It shows respect for each other:** If you choose to keep the details of your break-up private, it shows that you still want to be a respectful person toward your ex. Instead of airing their dirty laundry and telling everyone exactly what happened, it is very considerate to respect the privacy of your ex and keep the details of the split between the two of you.

**Related Link:** [Celebrity Break-Ups: Tarek El Moussa Is Sad for Ex Christina Anstead Amid Her Split](#)

**2. It prevents others from casting judgment:** If you are willing to tell others all the intimate details of your break-up, you also give them the power to comment or judge your choice to break-up. If you are not willing to listen to someone else's opinion or judgements on you and your ex's choice to end things, it may be best to refrain from giving all of the details out freely.

**Related Link:** [Celebrity Exes: Demi Moore Posts Epic Throwback Emmys Pic with Ex-Husband Bruce Willis](#)

**3. It stops further harm from being done:** If you continue to talk about your break-up with others or on social media, you run the risk of making the break-up even worse. Keeping things private helps to keep the drama to a minimum and moving on in a mature way rather than gossiping about or dwelling on the break-up. It can also prevent further arguments and blow-ups between you and your ex.

**What are some other benefits of keeping the details of your break-up private? Start a conversation in the comments down below!**

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# Celebrity Break-Up: Find Out More About Demi Lovato & Max Ehrich's Messy Split



By Carly Silva

In the [latest celebrity news](#), Demi Lovato and Max Ehrich's [celebrity break-up](#) got messy after the two broke off their engagement last week. The [celebrity couple](#) went public with their relationship in May, and Ehrich quickly put a ring on it in July. According to *UsMagazine.com*, the split came after distance made their relationship complicated, and Ehrich took to Instagram to call out the former Disney star.

# In celebrity break-up news, this broken engagement isn't going smoothly so far. What are some ways to keep your split as uneventful as possible?

## Cupid's Advice:

Break-ups don't always end peacefully, and sometimes the drama can get out of hand. If you are looking for ways to deescalate the drama and keep your split as uneventful as possible, Cupid has some advice for you:

**1. Try not to make a scene:** When you're going through a breakup, there will obviously be a lot of emotions and pain, but it's important not to blow it up too much. Try your best to maintain composure and refrain from making a scene. This will make it easier to end the relationship peacefully and move forward without some huge blow-up making the situation worse.

**Related Link:** [Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties](#)

**2. Stay off social media:** A lot of times, couples will use social media to communicate with their ex, and it can get really messy. Saying anything over social media is so public and makes matters worse. Instead of messaging, commenting, following, or unfollowing your ex on social media, try to only communicate with them in person to remove the excess drama that comes with social media.

**Related Link:** [Celebrity Break-Up: Kristin Cavallari Says She Thought About Divorce for Two Years Before Filing](#)

**3. Keep it private:** Another way to keep your split uneventful

is to keep it as private as possible. Obviously your friends and family are going to find out about the split, but you don't necessarily have to air all of your dirty laundry to everyone in the world. Keeping the fallout of your relationship and the details of the break-up somewhat private will help to keep the drama to a minimum.

**What are some other ways to keep your split as uneventful as possible? Start a conversation in the comments down below!**

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## **Celebrity Break-Up: Max Ehrich Reveals Details About How He Learned of Split From Demi Lovato**







By Nicole Maher

In the latest [celebrity news](#), Max Ehrich reveals new details surrounding his [celebrity break-up](#) from fiancé Demi Lovato. According to *EOnline.com*, Ehrich first learned that his [celebrity relationship](#) was over when he saw the headline of a tabloid on his phone. At the time, Ehrich was on the set of his new movie, *Southern Gospel*, and not with his then-fiancé Lovato. The actor described how his cast members watched the event unfold and helped him get back into character to continue filming.

**In celebrity break-up news, Max Ehrich claims he heard about his break-up from Demi Lovato via a tabloid. If you've decided to break things off with your partner, what**

# are the best ways to go about it?

## **Cupid's Advice:**

Breaking up with your partner can be one of the most difficult conversations to have. However, just because the conversation is challenging does not mean it's okay to go about ending the relationship without consulting your partner. If you are looking for the best ways to go about breaking things off with your partner, Cupid has some advice for you:

**1. Address the issues:** Before you even get to the point of breaking up, it is important to discuss the issues you are having within the relationship with your partner. Try to find any last minute areas of compromise before you decide that the relationship is officially over. If the issues that the two of you are facing appear to be unrepairable, then continue forward with the split.

**Related Link:** [Celebrity News: Demi Lovato Buys \\$7 Million House After Getting Engaged to Max Ehrich](#)

**2. Privately and in-person:** Even though a relationship is failing and there may be some ill-feelings between you and your partner, it is still important to respect the other person throughout the process. One of the main ways to show respect is to go about the break-up in a private setting and preferably in person. If distance is an issue, try to make the conversation as personable as possible by making a phone call rather than sending a text.

**Related Link:** [Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties](#)

**3. Listen to their requests:** After a break-up, there are often new boundaries that need to be established between you and your ex. Take some time after the break-up to establish what

kind of relationship the two of you will have moving forward. While one of you may wish to remain friends, the other may need some time without any contact to process this new change before agreeing to an ongoing relationship of any kind.

**What are some other ways to go about breaking things off with your partner in the best way? Start a conversation in the comments below.**

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## **Celebrity Baby News: Rooney Mara & Joaquin Phoenix Welcome First Child**





By Nicole Maher

In the latest [celebrity news](#), [celebrity couple](#) Rooney Mara and Joaquin Phoenix welcomed their first child. According to *UsMagazine.com*, the couple named their [celebrity baby](#) after Joaquin Phoenix's late brother, River Phoenix. The couple's pregnancy was confirmed in May, with Mara being about six months along at the time. The child's name was announced at the 2020 Zurich Film Festival following the screening of a documentary titled *Gunda*, which was executive produced by Phoenix.

**This celebrity baby was named after Joaquin's late brother. What are some ways to incorporate an important family member's name into your child's name?**

**Cupid's Advice:**

Whether it's the name of a parent, grandparent, or lost sibling, many people look to incorporate important family names into the names of their children. If you are looking for the best ways to incorporate these important family member's names into that of your child, Cupid has some advice for you:

**1. Middle name:** If you and your partner have already decided on the first name of your child, then opt for using the family member's name as the middle name. This can be a great option if you feel that the important family member's name is out-of-date, or simply does not seem to match the personality of your family and newborn child.

**Related Link:** [Celebrity Baby News: 'Vanderpump Rules' Stars Brittany Cartwright & Jax Taylor Are Expecting First Child Together](#)

**2. Switch the gender:** Sometimes the gender of the child is different from that of the past family member. One way to incorporate the family name despite this difference is to find the gender-equivalent. Many names are unisex or have male and female versions, such as Michael and Michelle, which can make it easy to incorporate an important family name even if the gender of your baby is different.

**Related Link:** [Celebrity News: Blac Chyna Says Raising Dream Without Child Support Is Her 'Biggest Flex'](#)

**3. Right up front:** Just as Mara and Phoenix did, place the important family member's name right up front. By choosing to use the family member's name as your child's first name, you are showing just how important that person was to you. It is also a great way for your child to feel connected to this family member, even if they never had the opportunity to meet them.

**What are some other ways to incorporate an important family member's name into the name of your child? Start a conversation in the comments below!**

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# Celebrity Break-Up: Kristin Cavallari Says She Thought About Divorce for Two Years Before Filing



By Carly Silva

In the [latest celebrity news](#), Kristin Cavallari admitted that she thought about divorcing Jay Cutler every day for two years before actually filing. The [celebrity exes](#) were married for seven years, and have three children together. According to *UsMagazine.com*, Cavallari was open about how she knew it was

time to part ways.

**In celebrity break-up news, Kristin Cavallari definitely didn't take the idea of divorce lightly, and thought about it for two years before filing. How do you know your relationship is over and not saveable?**

**Cupid's Advice:**

Ending a relationship can be an extremely difficult decision, especially if you're not totally sure. If you're wondering how to tell if your relationship is over and not savable, Cupid has some advice for you:

**1. If you've tried everything:** If you and your partner have ongoing issues that you have tried to resolve but just can't, then it may be time to end the relationship. If you've tried interventions, therapy, and still keep running into the same problems, then it might not be possible to salvage the relationship anymore.

**Related Link:** [Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties](#)

**2. If you can see yourself with someone else:** Although relationships can change over the course of life, your love should still be evident to you. If you feel like your love for your partner has waned, or that you can picture yourself with someone else, it may be a sign that what you had is over.

**Related Link:** [Celebrity Break-Ups: Tarek El Moussa Is Sad for](#)

[Ex Christina Anstead Amid Her Split](#)

**3. If you're just not happy:** One of the main signs to help you decide if your relationship is really over is how your relationship makes you feel. Even when your relationship goes through hard times, your happiness should be enhanced through your relationship. If you are unhappy in your relationship for an extended period of time, it may not be worth saving

**How can you tell your relationship is over and not savable? Start a conversation in the comments below!**

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## **Royal Celebrity Couple Prince Harry & Meghan Markle Take Aim At Online Negativity**







By Carly Silva

In the [latest celebrity news](#), Prince Harry and Meghan Markle spoke out against online negativity during an appearance on ABC's *Time 100* special on Tuesday. According to *EOnline.com*, the royal [celebrity couple](#) addressed the importance of rejecting hate speech and misinformation online, especially going into the upcoming election. They also stressed the importance of voting this November and encouraged viewers to register to vote.

**Royal celebrity couple Harry and Meghan took aim at online negativity during a *Time 100* special. What are some ways to keep online negativity from affecting your relationship?**

## **Cupid's Advice:**

Negative comments and criticism online can be really stressful for a couple. If you're looking for ways to keep online negativity from affecting your relationship, Cupid has some advice for you:

**1. Talk about it:** The first thing to do if you're dealing with online negativity is to talk about it. Sharing your experiences with others may help you notice that others are dealing with similar problems, and you may not feel so alone about it.

**Related Link:** [Royal Celebrity Couple Prince Harry Meghan Markle Step Out in Matching Masks in Beverly Hills](#)

**2. Make a joke out of it:** Another way to stop online negativity from affecting your relationship is to try not to take it too seriously. Making a joke out of it is a great way to laugh about negativity instead of letting it bog you down.

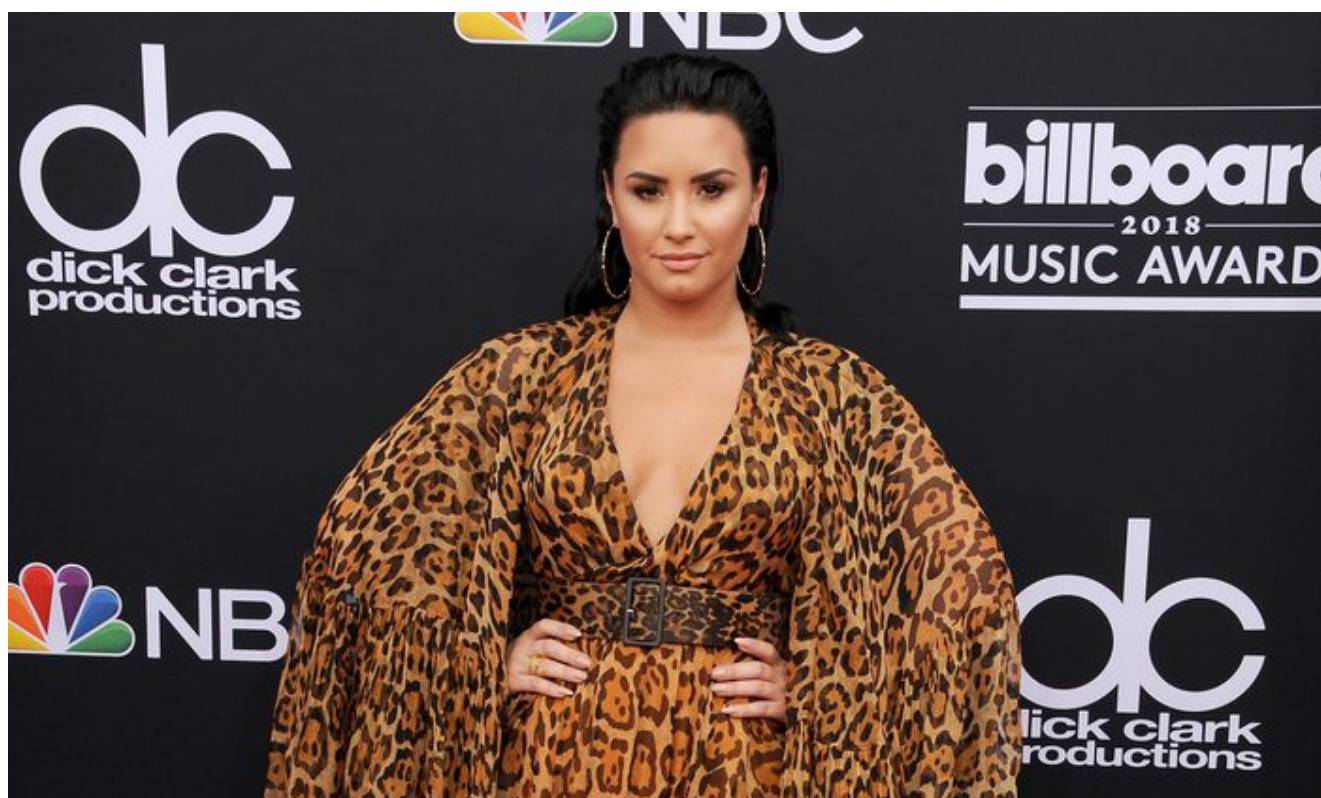
**Related Link:** [Royal Celebrity Couple News: Prince Harry & Meghan Markle Experience Different World in Canada](#)

**3. Do your best to ignore it:** No matter how hard you try to ignore it, sometimes online negativity just has a way of getting to us. Find a way to unplug by limiting the time you spend on social media and blocking accounts that create negative posts.

**What are some other ways to keep online negativity from affecting your relationship? Start a conversation in the comments below!**

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# Celebrity Break-Ups: Tarek El Moussa Is 'Sad' for Ex Christina Anstead Amid Her Split



By Carly Silva

In the [latest celebrity news](#), Tarek El Moussa admitted he feels "sad" for his ex-wife Christina Anstead after her recent split from husband, Ant Anstead. According to *UsMagazine.com*, Anstead announced the [celebrity break-up](#) via Instagram, writing that the two are committed to prioritizing their children, and also asked for privacy through the split.

# In celebrity break-up news, Tarek El Moussa feels bad for his ex Christina Anstead, who is going through a split. What are some ways to support your friend through a break-up?

## Cupid's Advice:

Break-ups can be tough, so it's important to support your friends through them. If you're looking for ways to support your friend through a break-up, Cupid has some advice for you:

**1. Get their mind off of it:** One of the best things you can do for a friend going through a break-up is to be there for them and keep their mind distracted. Spend some quality time with your friend and do something fun to keep their mind occupied.

**Related Link:** [Celebrity Break-Up: Savannah Chrisley Nic Kerdiles Split After Postponing Wedding](#)

**2. Let them vent:** Sometimes when someone is going through a break-up, it makes them feel better to be able to talk about it. Let your friend vent as much as they want to help them express their feelings in a helpful way.

**Related Link:** [Celebrity Break-Up: Victoria Fuller Says She & Chris Soules Split Due to Geography](#)

**3. Don't forget to check in:** It can be easy to support your friend right after a break-up, but it is also important to reach out to them often, even weeks after the break-up. Check in with them consistently to reassure them that you are there for them for the long haul.

What are some ways to support your friend through a break-up?  
Start a conversation in the comments down below!

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# Celebrity Couple News: Gwen Stefani & Blake Shelton's Love Takes Center Stage at 2020 ACM Awards



By Carly Silva

In the [latest celebrity news](#), Gwen Stefani and Blake Shelton

sang a rendition of their new single “Happy Anywhere” on the ACM stage on Wednesday night. According to *EOnline*, the famous [celebrity couple](#), who have been dating since 2015, were in their element singing on stage together.

## **In celebrity couple news, Gwen Stefani and Blake Shelton showed their love for each other and music at the ACM Awards. What are some ways to share your partner’s passions?**

### **Cupid’s Advice:**

Your partner is there to support you in many things, but it’s especially important to have a significant other who supports and shares in your passions. Cupid has some ways to do so:

**1. Listen to them talk about their passions:** One way to share your partner’s passions, even if you have different interests, is to listen to them express their passions. This will allow them to feel like you are involved in this part of their life, even if it isn’t something you are also passionate about.

**Related Link:** [Celebrity News: Bachelor Nation’s Dean Unglert Caelynn Miller Keyes Reveal Why They Wear Commitment Rings](#)

**2. Offer up support:** If your partner is passionate about something that you’ve never tried or learned about before, it’s important to be open-minded. Maybe go out on a limb and try doing something they love, and who knows, maybe you will love it, too.

**Related Link:** [Dating Advice: Can Psychic Readings Enhance the Clarity of Your Relationship?](#)

**3. Try doing something they love:** Supporting your partner through their passions and interests is a great way to be able to share passions with them. Even if you don't have the same interests, you can still support them every step of the way.

**What are some ways to share your partner's passions? Start a conversation in the comments down below!**

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## **Celebrity News: Brad Pitt's Girlfriend Nicole Answers Fans Asking Why She Hates Angelina Jolie**





By Nicole Maher

In the latest [celebrity news](#), Brad Pitt's new girlfriend Nicole Poturalski faced questions about her rumored hatred toward Pitt's [celebrity ex](#), Angelina Jolie. According to *UsWeekly.com*, Poturalski was presented with an array of comments on one of her Instagram posts after captioning the image "Happy people don't hate," followed by three heart emojis. Fans were quick to question the caption after hearing rumors about Poturalski's ill feelings toward Jolie, but the model silenced them instantly. Pitt and Poturalski's [celebrity relationship](#) was confirmed after the two were spotted in France together this past August.

**In celebrity news, Brad Pitt's girlfriend is keeping things classy when it comes to her beau's ex. How do you deal with lingering drama**



# with your partner's ex?

## Cupid's Advice:

When beginning or continuing a relationship with your current partner, the last thing anyone wants to face is drama associated with their ex. While you may want to believe that none of the rumors are true, it can be difficult to stop them from affecting your relationship. If you are looking for ways to deal with lingering drama with your partner's ex, Cupid has some advice for you.

**1. Listen to your partner:** Your partner cannot control the way their ex acts after their relationship has ended. Rather than focusing on whatever it is that their ex is saying, pay more attention to the way your partner is speaking and acting. If he or she is not paying attention to any lingering drama, then neither should you.

**Related link:** [New Celebrity Couple: Zac Efron Is Dating Model Vanessa Valladares](#)

**2. Limit their access:** In a world where everything we do ends up online, it can be beneficial to limit someone's access to you. There is no shame in blocking your partner's ex from your social media accounts if you feel that they are visiting your page regularly. If a person can't see what you are doing, then they can't start any real drama!

**Related link:** [Celebrity News: Demi Lovato Buys \\$7 Million House After Getting Engaged to Max Ehrich](#)

**3. Stand your ground:** Unfortunately, sometimes people can be relentless and turning a blind-eye to the drama will only work for so long. If this is the case, follow Poturalski's lead and give them a simple reply. Despite stirring up drama, some people are still afraid of confrontation, and acknowledging their actions once may be enough to get them to stop.

What are some other ways to deal with lingering drama with your partner's ex? Start a conversation in the comments below!

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# Celebrity Divorce News: Cardi B Files for Divorce from Offset After Three Years



By Nicole Maher

In the latest [celebrity news](#), rapper Cardi B has filed for a [celebrity divorce](#) from her husband Offset of Migos after three years of marriage. According to *EOnline.com*, the former

celebrity couple began to spark dating rumors after being seen together at the 2017 Superbowl, and were married in secret in September of that year. Throughout the three years of their marriage and the birth of their daughter Kulture, the pair had faced many infidelity rumors. Despite reconciling in the past, Cardi B has declared their [celebrity relationship](#) is “Irretrievably broken.”

## **In celebrity divorce news, Cardi B filed for divorce from husband Offset How do you know your relationship is officially over?**

### **Cupid’s Advice:**

When we truly love someone, we often find it difficult to determine when a relationship is officially over. Despite the fact that staying together may now be causing one or both of you discomfort, it can be challenging to let go. If you are looking for signs that it is time to end your relationship for good, Cupid has some advice for you:

**1. Nonstop disagreement:** It is obvious that a relationship isn’t working when both people involved are fighting constantly. However, even nonstop small disagreements, such as never agreeing where to eat or what day to hangout, can be unhealthy in a relationship. While these mild disagreements may not be enough to warrant a break-up initially, they can lead to underlying tension or lack of communication if they are present in every conversation.

**Related link:** [Celebrity News: Cassie Randolph Is Granted Restraining Order Against ‘Bachelor’ Colton Underwood](#)

**2. Lack of Excitement:** If agreeing to an activity with your partner causes you to feel stressed rather than excited, it

might be a sign that the relationship has reached its limit. It should never feel like an obligation to be around the person you love. If you find yourself dreading the idea of spending time with your partner, it is likely time to sit down for the conversation.

**Related link:** [Celebrity Break-Up: Savannah Chrisley & Nic Kerdiles Split After Postponing Wedding](#)

**3. Consult your friends:** While the relationship is taking place between you and your partner, sometimes it is necessary to get an outsider's perspective. Find a trusted friend that will have no problem being honest with you and ask for their feedback. This friend will likely see the signs long before you, and will have no problem telling you if you've been acting differently or getting irritated easily, which are often signs of a troubled relationship.

What are some other signs that a relationship is officially over? Start a conversation in the comments below.

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**Celebrity Parents: Reese Witherspoon Admits to Being 'Terrified' to Become a Mom at 22**





By Carly Silva

In the [latest celebrity news](#), Reese Witherspoon got very honest on *The Drew Barrymore Show* when the megastar talked about balancing motherhood and work in her early career. According to *EOnline.com*, the [celebrity parent](#) admitted to being “terrified” to become a mother after getting pregnant at age 22.

**Celebrity parent Reese Witherspoon is opening up about the feelings she had when she was pregnant at 22. What are some ways to keep your fear at bay while pregnant with your first child?**

### **Cupid's Advice**

Getting pregnant for the first time can most definitely be

scary. If you're a soon-to-be mother looking to keep your fear at bay while pregnant, Cupid has some advice for you:

**1. Read about motherhood:** One thing you can do to relax your fears is to start reading. If you get more knowledgeable and familiar with the idea of motherhood, it might not scare you so much anymore.

**Related Link:** [Celebrity Baby News: Former Glee Star Lea Michele Gives Birth to 1st Child with Husband Zandy Reich](#)

**2. Look for support from others:** Reach out to other women going through the same thing is a great way to get support and reassure yourself that you aren't alone. Many mothers have the same fears, so it may be helpful to talk and relate to them.

**Related Link:** [Celebrity News: Hailey Bieber Says She and Justin Haven't Made Any Quarantine Babies](#)

**3. Try to focus on the excitement, not the fear:** Even though you might be overcome with fear during your first pregnancy, try to focus on the excitement and joy you will experience once your baby is born. This will help you to stop focusing on your nerves and be able to love the little one you're expecting.

**What are some ways to keep your fear at bay while pregnant with your first child?**

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# **Celebrity Break-Up: Savannah Chrisley & Nic Kerdiles Split**

# After Postponing Wedding



By Nicole Maher

In the latest [celebrity news](#), Savannah Chrisley and Nic Kerdiles have officially ended their engagement after postponing their wedding earlier this year. According to *UsMagazine.com*, Chrisley announced their [celebrity break-up](#) via Instagram and acknowledged that fans had been looking for an update on the couple's status. Chrisley and Kerdiles began dating in November of 2017 and got engaged shortly after in December of 2018. While the couple has faced challenges in the past, Chrisley clarified in her post that there is no hatred between them.

# In celebrity break-up news, Savannah and Nic have decided to go call it quits on their relationship. What are some last ditch efforts you can make before deciding to split from your partner?

## Cupid's Advice:

Deciding if it is time to split from your current partner is one of the most difficult decisions to make in a relationship. It can be hard to tell your relationship has reached its end, or if you are simply going through a rough patch. If you are looking for ways to prolong your relationship, Cupid has some advice for you.

**1. Look to the beginning:** As a relationship progresses it tends to change, and there are likely some aspects that you have left in the past. By revisiting some of your favorite activities from when you first started dating, you may be able to rekindle the spark you are currently missing.

**Related link:** [Celebrity News: Cassie Randolph Is Granted Restraining Order Against 'Bachelor' Colton Underwood](#)

**2. Take a step back:** Sometimes we have to see just how much we will miss a person before we let them go. Try designating some time throughout the week for the both of you to spend alone and allow yourself to miss the other person's company. Taking a step back from your relationship is a great way of determining if your partner's absence brings you unhappiness or peace.



**Related link:** [Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock](#)

**3. Seek professional help:** Involving a relationship professional is the perfect way to get another perspective on your relationship. Couples counseling makes it necessary for both people in the relationship to speak through their concerns and hopefully find solutions. A professional can introduce new communication methods that may be able to save your relationship in the end and get you back on the same page.

**What are some other last ditch efforts you can make before deciding to split from your partner? Start a conversation in the comments below!**

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## **Celebrity Break-Ups: Former 'Bachelor' Colton Underwood & Cassie Randolph Restraining Order Court Hearing Set for October**





By Carly Silva

In the [latest celebrity news](#), former *Bachelor* Colton Underwood will appear in court in October with ex Cassie Randolph after she was granted a restraining order against the [Reality TV star](#). The two ex-lovers went public about their split in May, and have had a messy fallout since. According to *UsMagazine.com*, Randolph claimed that Underwood has been “stalking and harassing” her, causing her to take legal action.

**In celebrity break-up news, Colton and Cassie seem to be going through the worst possible break-up scenario. What do you do if you're trying to cease contact with your ex, but he or she won't take “no”**

# for an answer?

## **Cupid's Advice:**

It can be really hard for some people to let go when going through a breakup. If you're trying to stop contact with your ex, but they won't take "no" for an answer, Cupid has some advice for you:

**1. Talk to them first:** Sometimes it can be awkward to tell your ex to stop contacting you, but you want to make sure they definitely receive the message. Ask for some privacy, and make sure it's extremely clear that you don't want them to reach out anymore.

**Related Link:** [Celebrity News: Jada Pinkett Smith and Will Smith's Public Split Discussion Was Best Move for Them](#)

**2. Try blocking them:** If your ex still isn't taking "no" for an answer, it may be time to block them. You can block their number and their social media accounts to try to get back some privacy.

**Related Link:** [Celebrity Break-Up: Jaime King's Ex Kyle Newman Says She Emptied Bank Account in Divorce Battle](#)

**3. Take it even further if you need to:** If your ex is incessant and you have tried everything, it's okay to take it a step further if needed. Contacting the police or filing a restraining order is drastic, but it may be necessary if your ex still won't leave you alone.

**What do you do if you're trying to cease contact with your ex, but he or she won't take "no" for an answer? Start a conversation in the comments down below!**

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# Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock



By Nicole Maher

In the latest [celebrity news](#), singer Kelly Clarkson opened up about some of the challenges she has been facing since her [celebrity divorce](#) from estranged husband Brandon Blackstock. According to *UsMagazine.com*, Clarkson and Blackstock filed for divorce in June of this year, putting an end to their seven

year marriage. While the couple was experiencing problems before, these issues were heightened while the pair was quarantining together amid the coronavirus pandemic.

## **In celebrity break-up news, Kelly Clarkson is having a tough time amid her divorce from Brandon Blackstock. What are some ways to keep the drama at bay during a split?**

### **Cupid's Advice:**

One of the unfortunate added side effects that often follows a break-up is drama. Despite all the efforts we may make, it is normal to be faced with rumors or awkward questions once a relationship ends. If you are looking for ways to keep the drama at bay during a split, Cupid has some advice for you:

**1. Keep it neutral:** Negative words seem to travel the quickest during the time of a break-up, and are likely to make their way back to your ex partner if you share mutual friends. While it is necessary to process your break-up with others, avoiding an excessive amount of negativity around the situation can help alleviate some of the drama. Try to keep statements as neutral as possible when speaking with your mutual friends to avoid anything accidentally being taken out of context.

**Related link:** [Celebrity Divorce: What Went Wrong for Kelly Clarkson & Brandon Blackstock?](#)

**2. Focus on yourself:** Drama is often started when we are focusing on another person. Instead of worrying about if your ex partner is going on dates or talking to someone else, focus

on what you are doing post break-up. If you refuse to give this budding drama the time of day by prioritizing yourself, then it will not be able to grow!

**Related link:** [Celebrity Break-Up: Danica Patrick Is Doing 'Emotional Therapy' After Aaron Rodgers Split](#)

**3. Find an outlet:** Just as Clarkson did through her music, finding an outlet to help you process your feelings can help avoid some unnecessary drama. Songwriting, keeping a journal, or even recording quick voice-memos are good ways to channel how you are feeling without involving anyone else. Once you have a better handle on how you are truly feeling, then it can be easier to address any questions without feeling like you will be stirring up drama.

**What are some other ways to keep drama to a minimum during a break-up? Start a conversation in the comments below!**

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## **Celebrity Wedding: Niecy Nash Says Marrying Jessica Betts Wasn't Coming Out**





By Carly Silva

In the [latest celebrity news](#), Niicy Nash and Jessica Betts tied the knot late this August, and the [celebrity couple](#) could not be more in love. According to *People.com*, Nash addressed chatter about her sexuality by saying that her marriage has nothing to do with gender, and that is has everything to do with her soul.

**In celebrity wedding news, Niicy Nash says her marriage to Jessica Betts was “going into myself” and not coming out. What are some ways marriage can make you feel more comfortable being who you are?**

**Cupid’s Advice:**

Being fully confident and comfortable with you are will always

be a challenge for anyone, but having a supportive relationship can help. If you're wondering how marriage can help you feel more comfortable being who you are, Cupid has some advice for you:

**1. Unconditional love:** When two people are brought together in marriage, they make a vow to unconditionally love each other. When you're in a healthy marriage, you can confidently know that it's okay to be your whole, complete self, because your partner loves you unconditionally.

**Related link:** [Celebrity News: Bachelor Nation Dean Unglert; Caelynn Miller Keyes Reveal Why They Wear Commitment Rings](#)

**2. Nonstop support:** In terms of feeling confident being yourself, know that your partner should be supporting you no matter what. Having a spouse that supports your lifestyle, career, quirks, flaws, and everything about you will help you to gain confidence in all aspects of your life, knowing you have someone to support all that you do.

**Related link:** [Celebrity Couple News: Find Out How Emily Blunt John Krasinski Built a Strong Marriage](#)

**3. Nothing else matters:** If you are confident in yourself when you're with your partner, you should be confident all of the time. Don't waste time worrying about anything else other than what matters, which is just you and the unconditional love you get from your spouse.

**What are some ways marriage can make you feel more comfortable being who you are? Start a conversation in the comments down below!**

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# New Celebrity Couple: Zac Efron Is Dating Model Vanessa Valladares



By Nicole Maher

In the latest [celebrity news](#), actor Zac Efron has officially fallen for Australian model Vanessa Valladares. According to *UsMagazine.com*, the newly formed [celebrity couple](#) were spotted on vacation in New South Wales, Australia earlier this month. Efron and Valladares began sparking romance rumors in July shortly after meeting while Valladares was working at Byron Bay General Store & Cafe a month earlier.

# In celebrity couple news, Zac and Vanessa are smitten with each other. What are some ways to begin to build a new relationship?

## Cupid's Advice:

There is so much excitement that comes with the beginning stages of forming a relationship. When two people are smitten for each other, they feel the desire to spend time together and strengthen their bond. If you are looking for ways to begin to build a new relationship, Cupid has some advice for you:

**1. Take turns planning dates:** One of the best ways to learn about your partner in a new relationship is to figure out what they enjoy doing. By taking turns when it comes to planning dates, you will get a better sense of what their favorite activities are, as well as seeing if they enjoy yours.

**Related link:** [New Celebrity Couple? Sofia Richie & Jaden Smith Get Close at the Beach](#)

**2. Communicate with each other:** Communication is one of the most important aspects of any relationship, especially when it comes to one that is newly forming. It is important to learn how your partner communicates early on and to determine if it matches your communication methods. Some people prefer to send texts throughout the day while others may want a phone call at the end of the night.

**Related link:** [Celebrity News: Lauren Adkins Talks Saving Herself for Thomas Rhett in New Book](#)

**3. Create traditions:** Whether it is watching a movie together every Tuesday or grabbing lunch together every Friday,

creating small traditions within the relationship are a perfect way to show commitment. Having an activity that is designated for you to do together is also a great way of making the relationship feel unique. Your partner will truly appreciate knowing that there is something that is reserved specifically for the two of us.

**What are some other ways to begin building a new relationship? Start a conversation in the comments below!**

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## **Celebrity Baby News: Hilaria Gives Birth to 5th Child with Alec Baldwin**





By Carly Silva

In the latest [celebrity baby news](#), Hilaria and Alec Baldwin announced the birth of the newest addition to their family on Instagram earlier this week. Following two miscarriages in the months leading up to their latest pregnancy, the birth of their new baby boy makes the [celebrity couple](#)'s fifth child together. According to *EOnline.com*, the name of the celebrity baby has not yet been announced.

**In celebrity baby news, Hilaria and Alec Baldwin just welcomed their fifth child together. What are some factors to consider when deciding how many children to have with your partner?**

**Cupid's Advice:**

Deciding how many children to have when building your family is an important decision. If you're wondering which factors to include when making your decision, Cupid has some advice for you:

**1. Consider the finances:** One of the most obvious factors to consider when planning to have children is the financial aspect since raising a child is expensive. Many couples prefer to spend all of their money on their children. Decide if your preferred financial situation is more suitable for a big or small family.

**Related Link:** [Celebrity Baby News: Emma Roberts Reveals Sex of First Child with Garrett Hedlund](#)

**2. Think about sibling dynamics:** A lot of couples decide how many children they want to have based on the sibling dynamic. If it is important for your children to have siblings, then a bigger family might be for you. If you want to spoil one or two children, then a smaller family might fit better. Figure out what dynamic will fit your family best.

**Related Link:** [Celebrity Couple Alec &#038; Hilaria Baldwin Open Up About Raising Their Kids](#)

**3. Do what feels right:** Although it is important to consider all of these different factors when planning your family, it's also important to pay attention to how you and your partner feel. Even if you spontaneously decide to have another child, or if you decide you don't want any children at all, whatever the two of you decide will be what is best for your family.

**What are some factors to consider when deciding how many children to have with your partner? Start a conversation in the comments below!**

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# Celebrity Break-Up: Victoria Fuller Says She & Chris Soules Split Due to Geography



By Nicole Maher

In the latest [celebrity news](#), Bachelor Nation stars Victoria Fuller and Chris Soules called off their relationship due to geographical reasons. According to *UsMagazine.com*, Fuller was not ready to move to Iowa and join Soules on his farm. The two had been traveling to see each other since April of this year, but were ultimately unable to reach a decision on where to settle down together. While the pair agreed to a [celebrity](#)

[break-up](#), they have reportedly been staying in contact with each other.

## **In celebrity break-up news, Victoria and Chris split due to location. What do you do if you're in a long distance relationship and can't agree on a place to live together eventually?**

### **Cupid's Advice:**

Distance can be one of the most difficult factors of a relationship to navigate. Whether someone is a long car ride away or only accessible by plane, the challenge of seeing each other can have a toll on the relationship. If you are looking for ways to overcome the challenges of distance as a couple, Cupid has some advice for you:

**1. Meet in the middle:** One of the main reasons people do not want to uproot their life and move is because they are familiar with their current surroundings. It can be difficult to convince a person to leave their family and friends and move to a completely new place where they only know one person. But if both partners are willing to meet someplace in the middle, it would allow both of them to remain closer to home and to each other.

**Related link:** [New Celebrity Couple: Is Victoria Fuller Quarantining with Former 'Bachelor' Chris Soules in Iowa?](#)

**2. Continue to travel:** If the impending distance does not need to be resolved right away, then continue your current travel methods. Circumstances and priorities may change after a

period of time, and the two of you may eventually reach a point of agreement on where to finally settle down together.

**Related link:** [Celebrity News: 'Too Hot to Handle' Star Francesca Farago Sets Record Straight on Romance Rumors with Former 'Bachelorette' Star Jef Holm](#)

**3. Be honest with yourself:** If you and your partner have had multiple conversations about the distance and there has been no compromise on either side, it might be time to consider the alternative of breaking-up. Breaking-up does not mean that the relationship failed, it simply means that the two people involved are progressing in different directions. In this case it may be two different geographical locations.

**What are some other ways to conquer a long-distance relationship? Start a conversation in the comments below!**

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**Single Celebrity: Selena Gomez Jokes That Her Exes Think She's Crazy**







By Carly Silva

In the [latest celebrity news](#), Selena Gomez joked around about her love life in a Youtube video for her new makeup line, Rare Beauty with NikkiTutorials. According to *People.com*, the 28-year-old pop star joked that her exes, which include mega-artists Justin Bieber and The Weeknd, think she's crazy, and that she doesn't even care.

**Single celebrity Selena Gomez is able to make relationship jokes at her own expense. How can humor help you cope with heartache?**

**Cupid's Advice:**

Humor is a great way to help you cope with difficult things, especially a break-up. If you're wondering if making jokes about your break-up will help you cope, Cupid has some advice for you:

**1. It keeps things light:** Joking about something makes everything feel lighter. We all know that a break-up can feel really dark and sad, so sometimes lightening it up is just what you need to be able to move on.

**Related link:** [Single Celebrities: Selena Gomez Clarifies Relationship Status After Being Spotted with Ex](#)

**2. Laughing at yourself is healthy:** Being able to laugh at yourself is super helpful when coping with anything in life. Instead of looking back at your relationship with regret, laughing at your mistakes is a helpful way to move on without dwelling painfully on your past.

**Related link:** [Celebrity Exes: Brooks Laich Steps Out Without Wedding Ring After Julianne Hough Split](#)

**3. It shows growth:** Once you're in a place where you're able to start joking about your heartache, it shows that you may finally be growing and healing. This is a good way to tell if you're able to move on and laugh, or if you're still feeling sad about your heartache.

**How do you use humor to cope with heartache? Start a conversation in the comments down below!**

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**Celebrity Couple News: Find Out Why Kaia Gerber & Jacob Elordi Aren't Officially**

# Dating Yet



By Nicole Maher

In the latest [celebrity news](#), actor Jacob Elordi and model Kaia Gerber have been spotted together on multiple occasions, but have not made their relationship official yet. According to *EOnline.com*, the potential celebrity couple has been spending time together while Gerber is in New York City for work, doing everything from sightseeing to relaxing at home. While there is mutual interest, Gerber's upcoming busy work schedule is one of the reasons the two have not made their [celebrity relationship](#) official.

**In celebrity couple news, Kaia and**

# Jacob aren't solidifying their relationship just yet. What are some benefits to taking things slow in your dating life?

## Cupid's Advice:

It can be difficult to determine the best pace for advancing a relationship. While it may be enticing to move quickly, there are also some benefits to taking things slow in your dating life. If you are looking for reasons to slow down the dating process, Cupid has some advice for you:

**1. Developing a foundation:** It is important to have a strong foundation in a relationship, whether it is with a friend or a person you would like to date. It often takes more than a couple of weeks for this type of foundation to form. By taking things slow, you are allowing yourself to develop more trust with this person, which will benefit you in the long run.

**Related link:** [New Celebrity Couple? Sofia Richie & Jaden Smith Get Close at the Beach](#)

**2. Accessing compatibility:** People often determine early on if they are interested in dating a person, but probably do not have a firm grasp on how compatible they would be as a couple. By taking things slow, you'll get a better sense of what you two have in common and if your lifestyles align in a way that would allow a healthy relationship.

**Related link:** [Celebrity News: Elsa Pataky Says Marriage to Chris Hemsworth is 'Not Easy'](#)

**3. Setting your own pace:** At the end of the day, it is the decision of you and your potential partner about when to start dating. While you may feel pressured to speed up the process

by people external to your relationship, many people also feel pressured to slow down the process. As long as the two of you are communicating openly about the pace at which you are moving, you are on the right track.

**What are some other benefits to taking things slow in your dating life? Start a conversation in the comments below!**

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## **Celebrity Break-Up: Jaime King's Ex Kyle Newman Says She Emptied Bank Account in Divorce Battle**





By Nicole Maher

In the latest [celebrity news](#), messy details about Jaime King and husband Kyle Newman's divorce continue to surface. According to *UsMagazine.com*, the celebrity exes tried to finalize their divorce in early June of this year, but were unable to reach an agreement. King has now reportedly cleared the couple's joint bank account and refused Newman access to their family home.

**In [celebrity break-up](#) news, some not-so-pleasant details are coming out about Jaime King and Kyle Newman's divorce battle. What are some ways to keep you split amicable?**

**Cupid's Advice:**

Break-ups are always challenging, even if they are not happening in the celebrity spotlight. If you are looking for ways to keep your break-up as cordial as possible, Cupid has some advice for you:

**1. Be professional:** Emotions run high during the process of breaking up, and may cause some people to act out of character. It is important to remain professional in the early stages of a break-up to prevent creating unnecessary conflict. Agreeing on dates for your ex to collect their belongings or return keys if you were living together is a good way to keep the break up harmonious.

**Related link:** [Celebrity Exes Kendra Wilkinson & Hank Baskett Are in a 'Really Good Spot' After Split](#)

**2. Vent to a friend:** The break-up is going to be one of the most prominent things on your mind during this time, and your feelings toward it could change daily. There may be times when you are upset or angry about the circumstances, and other times when you are relieved the relationship is over. Rather than confusing your ex partner, find a trusted friend that you can process your feelings with.

**Related link:** [Celebrity Break-Up: 'Riverdale' Star Vanessa Morgan & Michael Kopech Split Days After Announcing Pregnancy](#)

**3. Consider everyone involved:** Even though the break-up is taking place between you and your partner, there are often other people involved such as family members and friends. While it is important to prioritize yourself in these types of situations, it also may be necessary to consider the feelings of others. By taking into account how your break-up is affecting other people, you may be able to have clearer conversations with others involved and alleviate some unnecessary tension.

**What are some ways you have tried to keep a break-up amicable? Start a conversation in the comments below!**

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# Celebrity News: Demi Lovato Buys \$7 Million House After Getting Engaged to Max Ehrich



By Carly Silva

In the latest [celebrity news](#), Demi Lovato just purchased a brand new home with fiance and *The Young and the Restless* star, Max Ehrich. The [celebrity couple](#) went public with their relationship earlier this year, and not long after, Ehrich popped the question in July. According to *EOnline.com*, the former Disney star purchased her new Los Angeles six-bedroom, nine-bathroom mansion for \$7 million after selling her



Hollywood Hills home in June.

**In celebrity news, Demi Lovato is all about crossing major life events off of her list lately. How can moving into a new home with your partner strengthen your relationship?**

**Cupid's Advice:**

Moving into a new home together can be a big step for a relationship. If you're thinking of moving into a new home with your partner and want to strengthen your relationship, Cupid has some advice for you:

**1. Make it yours:** Decorating your home with photos and pieces that you both love will really make it feel like home for both of you. Giving your house sentimental meaning will make for the perfect beginning to a life together, especially if you're hoping to start a family.

**Related link:** [New Celebrity Couple: Demi Lovato Is Dating Young and Restless Star Max Ehrich](#)

**2. Find your own spaces:** Even when you're in a relationship, it's still important to have time for yourself. Find or create places in your home where each of you can unwind and do what you love. Whether it's a TV room or an art studio, finding spots for each of you to practice your favorite hobbies will make you both love your new home together.

**Related link:** [Celebrity Couple News: Khloé Kardashian & Tristan Thompson Want to Buy a New Home Together](#)

**3. Do it together:** The journey of buying, moving into, and decorating a new house is a huge project. Do it together and have fun with it. Beginning your life together from the second you purchase your home will create memories and sentimental value that your home will have forever.

What are some ways moving into a new home with your partner can strengthen your relationship? Start a conversation in the comments below!

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**Celebrity News: 'Too Hot to Handle' Star Francesca Farago Sets Record Straight on Romance Rumors with Former 'Bachelorette' Star Jef Holm**





By Carly Silva

In the latest [celebrity news](#), [reality TV](#) star Francesca Farago came clean about her dating history to put rumors to rest. After a recent break up with Harry Jowsey, rumors have been circulating about the *Too Hot To Handle*'s dating life after she was spotted out with multiple celebrities, including *Jersey Shore* star Vinny Guadagnino and model Casey Boonstra. According to *EOnline.com*, Farago silenced the rumors and explained that she is dating someone who she "just recently met," who fans have assumed to be *Bachelorette* star, Jef Holm.

**In celebrity news, Francesca Farago is tired of the rumors and sets the record straight on her current dating life. What are some ways to keep rumors from affecting your**

# relationships?

## Cupid's Advice:

Dating can be hard enough even without added speculation and criticism from others. Being able to handle rumors and judgement during a relationship is a must. If you need to stop rumors from affecting your relationship, cupid has some advice for you:

**1. Don't listen:** One of the easiest ways to let the opinions of other people is to stop listening. Try blocking comments on your Instagram posts, or take a break from social media. This can help you to stop worrying about the thoughts other people have about your relationship.

**Related link:** [Celebrity Couple News: Former \*Bachelorette\* Rachel Lindsay Celebrates 1 Year Anniversary with Bryan Abasolo](#)

**2. Talk about it with your partner:** If rumors about your relationship are starting to worry you, try having an honest conversation with your partner. Talking about any concerns you have about rumors may help the two of you to set the record straight and have a steady amount of trust in each other.

**Related link:** [Celebrity News: Tayshia Adams Replaces Clare Crawley On \*The Bachelorette\*](#)

**3. Focus on the truth:** At the end of the day, you and your partner are the only ones who should be worrying or talking about your relationship. If you know the truth about your relationship, there is no need to even waste time worrying about what other people are thinking or saying. Spend time alone with your partner to remember what is actually important.

**How can you stop rumors from affecting your relationship?**

**Start a conversation in the comments down below!**