

# Celebrity Break-Ups: Kelly Clarkson Gets Primary Custody of Kids Amid Split



By Carly

Silva

In the [latest celebrity news](#), Kelly Clarkson was awarded primary custody of her children with soon-to-be ex husband Brandon Blackstock. After announcing their [celebrity divorce](#) earlier this year, the two exes, who share a daughter River, 6, and son Remington, 4, will share joint custody in Los Angeles, with Clarkson having primary custody.

**In celebrity break-up news, split proceedings are still ongoing with**

# Kelly Clarkson and her soon-to-be ex husband Brandon Blackstock. What are some ways to keep the divorce process from affecting your kids?

## Cupid's Advice:

Going through the divorce process can be extremely stressful, and it can be even more difficult to navigate for the kids involved. If you're looking for some ways to keep the divorce process from affecting your kids, Cupid has some advice for you:

**1. Keep the legal talk to a minimum:** When you're going through the legal process of a divorce, try not to let your kids hear too much about this. You will have to be honest about new living situations and rules, but they don't need to know all the details of the custody battle and legal ramifications. This will only add to their stress and sadness.

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**2. Stick to their routines:** Another important factor in keeping your kids from being affected by the divorce process is to minimize disruptions to their routines as much as possible. You don't want them to feel like too much has changed, so try to maintain a sense of stability for them. This will keep them from feeling like their whole life has been uprooted because of the divorce.

**Related Link:** [Celebrity Break-Up: Lamar Odom & Fiancée Sabrina Parr Call It Quits](#)

**3. Don't talk negatively about your ex:** Even though it may be tempting, talking negatively about your ex in front of your

children may only confuse them. You don't want your relationship issues with your ex to carry into their own relationship. Your children still deserve a good relationship with both of their parents, so try to refrain from blaming or bad mouthing your ex in front of them.

What are some more ways to keep the divorce process from affecting your kids? Start a conversation in the comments down below!

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## Celebrity News: Dean Unglert Admits He Was 'Disappointed' in Caelynn Miller-Keyes Past



By Carly

Silva

In the [latest celebrity news](#), *Bachelor in Paradise* alum Dean Unglert addressed his feelings about girlfriend Caelynn Miller-Keyes' past relationships. The [reality TV star](#), who addressed the topic during an episode of his *Help! I Suck at Dating* podcast, said that he at first had a difficult time hearing about Miller-Keyes previous relationships. According to *UsMagazine.com*, he eventually decided that he couldn't blame Miller-Keyes for her past experiences.

**In celebrity news, Dean Unglert admits he had a difficult time accepting Caelynn Miller-Keyes' dating history, what are some ways you can prevent your partner's past from affecting your relationship?**

### **Cupid's Advice**

Dealing with your partner's past relationships can cause a lot of trouble in your own relationship. If you're looking for ways to keep your partner's past from affecting your relationship, Cupid has some advice for you:

**1. Don't spend too much time talking about it:** When you first start dating someone, the last thing they want to do is talk about their ex. If you focus too much on their past, or constantly bring up their exes, you will shift the focus from your current relationship to their past ones. Remember that there is a reason they are no longer with their ex, and by spending less time talking about it, you will avoid making it a problem within your relationship.

**Related Link:** [Celebrity News: New Bachelorette Tayshia Adams Defends Contestants After Taking Over for Clare Crawley](#)

**2. Don't get too caught up in their ex:** Another thing that can be detrimental is focusing too much on who your partner's exes are. Refrain from stalking them on social media and trying to learn more about their life. This will only make you compare yourself to them and bring up negative feelings that you could otherwise avoid. It also could potentially upset your partner if you are constantly talking about this person from their past.

**Related Link:** [Celebrity News: Alex Trebeks Wife Shares Photo of Their Wedding After Thanking Fans for Support After His Death](#)

**3. Remember to trust your partner:** At the end of the day, the most important thing to remember when dealing with your partner's past is to remember that it is past, not present. Trust that your partner has changed from their past relationships and don't blame them for their actions in previous relationships. Trusting your partner will eliminate all of the stress and insecurity that comes with obsessing over their past.

**What are some other ways you can prevent your partner's past from affecting your relationship? Start a conversation in the comments down below!**

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**Celebrity News: Tristan**

# Thompson Gifts Khloe Kardashian Flowers After People's Choice Win



By Carly

Silva

In the [latest celebrity news](#), Tristan Thompson went all-out to celebrate Khloe Kardashian's win at the People's Choice Awards on Sunday. Kardashian, who won the award for top [reality TV star](#), posted a photo of her daughter standing next to the extravagant flower bouquet from Thompson. According to *UsMagazine.com*, the couple are thought to be back together after splitting in the beginning of the year.

## In celebrity news, Tristan Thompson gifted Khloe Kardashian an

# extravagant bouquet of flowers to congratulate her. What are some ways to celebrate your partner's accomplishments?

## **Cupid's Advice:**

Letting your partner know that you're proud of their accomplishments is extremely important in order to be a supportive partner. If you're looking for some ways to celebrate your partner's achievements, Cupid has some advice for you:

**1. Get them a gift:** One of the simplest things you can do to celebrate your partner's accomplishments is to get them a celebratory gift. Any simple gift will make your partner feel special, whether it is flowers, a new tie, or a bottle of champagne.

**Related Link:** [Celebrity News: Kristin Cavallari & Jay Cutler Reunite to Celebrate Halloween With Their Kids](#)

**2. Take them out:** Another way to celebrate your partner's accomplishments is to take them out for a special night to congratulate them. Take them out for a nice dinner or go out for drinks to make the celebration something they will always remember.

**Related Link:** [Celebrity News: Machine Gun Kelly Says He's a Better Person After Falling in Love with Megan Fox](#)

**3. Do something special:** Even if you don't want to do something extravagant, or if you are looking to celebrate a smaller achievement, you can still do something simple to make your partner feel special. Try making them breakfast or buying them a card, or leaving them a note to make the day extra

special for them.

What are some other ways to celebrate your partner's accomplishments? Start a conversation in the comments down below!

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## Celebrity Divorce: Julianne Hough Posts Cryptic Quote Amid Brooks Laich Divorce



By Carly

Silva

In the [latest celebrity news](#), Julianne Hough took to Instagram to express her new definition of love last Sunday. According



to *UsMagazine.com*, the actress, who moved forward with a [celebrity divorce](#) from Brooks Laich earlier this year, posted a Bianca Sparacino quote about love and the beauty of change.

## **In celebrity divorce news, Julianne Hough is venting on social media using cryptic quotes. What are some ways to use social media to cope with a split?**

### **Cupid's Advice**

Getting over an ex and dealing with a break-up can be a difficult journey, but there are some tricks that can help you cope. If you're looking for ways to use social media to cope with a split, Cupid has some advice for you:

**1. Unfollow or block your ex:** One of the best things you can do for yourself when coping with a split is unfollowing, muting, or blocking your ex on social media. Even if you ended on good terms, cutting off contact on social media will help you to start moving on instead of constantly focusing on what they are posting.

**Related Link:** [Celebrity Break-Up: Lamar Odom & Fiancée Sabrina Parr Call It Quits](#)

**2. Post things for you:** Using social media can be extremely empowering if you're using it for the right reasons. Instead of posting to impress others, gain approval, or show your ex how well you're doing without them, focus on using your accounts for your own self expression. Only post things you want and use social media to empower yourself.

**Related Link:** [Celebrity Divorce: Ant Anstead Says He Lost 23](#)

## [Pounds Amid Divorce from Christina Anstead](#)

**3. Follow accounts that make you feel good:** Another great way to use social media during a break-up is to follow accounts that make you feel good. Whether that means following accounts that give relationship or break-up advice, or accounts with inspirational quotes, paying attention to these types of users can help make your social media experience useful and beneficial.

What are some other ways to use social media to cope with a split? Start a conversation in the comments down below!

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# Celebrity News: DeAnna Pappas Hints At Clare Crawley's Relationship Status with Dale Moss





By Carly

Silva

In the [latest celebrity news](#), DeAnna Pappas hinted at Clare Crowley and Dale Moss' relationship status when she appeared on the "Almost Famous" podcast earlier this month. According to *UsMagazine*, the [reality TV star](#) confirmed that *Bachelorette* Clare Crowley is apparently still smitten with Dale Moss, one of the contestants on Crowley's season of the *Bachelorette*.

**In celebrity news, DeAnna Pappas referred to Clare's relationship status multiple times in a recent podcast episode. What are some ways to keep outside chatter about your relationship from affecting you?**

### **Cupid's Advice**

When gossip and rumors are circulating about your relationship, they can put a major damper on the excitement of being in love. If you're looking for ways to keep outside chatter about your relationship from affecting you, Cupid has

some advice for you:

**1. Address it:** The most direct way to handle gossip regarding your relationship is to address it directly. This may mean confronting those spreading rumors in person, or even acknowledging haters online. While this may be an intense way of stopping the noise surrounding your relationship, it will definitely make it clear that you want the chatter to stop.

**Related Link:** [Celebrity News: Bachelorette Clare Crawley Spotted Wearing Diamond Ring](#)

**2. Go private:** Another way to avoid letting the negative rumors about your relationship affect you is to make your relationship less public. It will be extremely difficult for people to comment on and critique your relationship if they don't know anything about it. Try to limit how much you express your relationship on social media and start to enjoy your time with just your partner.

**Related Link:** [Celebrity News: Bachelorette Alum Tyler Cameron Says He and Hannah Brown Have Struggled to Figure Out Relationship](#)

**3. Switch your focus:** The best way to stop chatter surrounding your relationship from affecting you is to switch your focus to what really matters. Instead of listening or responding to the rumors and gossip, try focusing on your partner and your relationship instead. Don't spend your time caught up in what other people are thinking, and channel that effort towards nurturing your relationship.

**What are some other ways to keep outside chatter about your relationship from affecting you? Start a conversation in the comments down below!**

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# Celebrity News: Former 'Bachelor' Colton Underwood Says Cassie Randolph Dropped Restraining Order



By Carly

Silva

In the [latest celebrity news](#), Colton Underwood addressed his status with ex Cassie Randolph after their messy break-up earlier this year. In September, Randolph filed a restraining order against Underwood, citing domestic violence prevention in the request, and accusing the [reality TV star](#) of stalking and harassment. According to *UsMagazine.com*, Underwood confirmed that Randolph has dropped the restraining order, and the two have since reached a private agreement.

# In celebrity news, things have been anything but civil between Colton and Cassie, but it seems they've come to a civil agreement. What do you do if you feel unsafe around your ex after a break-up?

## Cupid's Advice:

Sometimes break-ups can get seriously intense. If you feel unsafe around your ex after a break-up, Cupid has some advice for you:

**1. Let them know:** The first step you can take when you feel unsafe around your ex is to let them know. They may not realize they are making you feel that way. If you aren't comfortable speaking to them, you can have a mutual friend or a family member reach out for you and let them know how it is making you feel unsafe.

**Related Link:** [Celebrity Break-Up: Christina Anstead Talks About Choosing Peace Over Drama After Split](#)

**2. Cut off communication:** If you feel that circumstances with your ex have become even more intense, or if you are extremely uncomfortable around your ex, cutting off communication may be a good idea. Be sure not to communicate through social media, as it can only add fuel to the fire.

**Related Link:** [Celebrity Break-Ups: Former Bachelor Colton Underwood Cassie Randolph Restraining Order Court Hearing Set for October](#)

**3. Take action:** If you believe that your ex may even be dangerous, it may be necessary for you to take legal action.

Filing a restraining order or police report, or even just letting your family and friends know, can help to protect you. Take whatever safety measures you need to take to ensure that you feel safe and comfortable after your break-up.

What are some other things you can do if you feel unsafe around your ex after a break-up? Start a conversation in the comments down below!

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## Celebrity Vacation: Maren Morris Celebrates Ryan Hurd's Birthday with Romantic Getaway



By Carly

Silva

In the [latest celebrity news](#), Maren Morris celebrated Ryan Hurd's birthday with a romantic getaway to the Tennessee mountains this weekend. According to *UsMagazine.com*, this [celebrity couple](#) has been going strong together since 2017.

## **This celebrity vacation was a celebration! What are some ways to make your partner's birthday special?**

### **Cupid's Advice:**

Finding new ideas to make your partner's birthday special can be difficult, especially if you've been together for a long time. If you're looking for some ways to make your partner's birthday extra special this year, Cupid has some advice for you:

**1. Get them something sentimental:** A great way to make a birthday feel special for your partner is to get them something meaningful as a gift. Thinking of sentimental and thoughtful gifts to give, like a handmade card, a handwritten poem, or a scrapbook of some sort will let your partner know how much you care, and can make their birthday feel even more special.

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**2. Surprise them with an experience:** If you are trying to find an extravagant gift for a partner's birthday, surprising them with an experience is a great way to go. Whether it is tickets to a game or show, a day of adventure planned, or a vacation getaway, there are plenty of events that you can surprise your



partner with to make their day extra exciting. You can even make the surprise as simple or extravagant as you want.

**Related Link:** [Celebrity Couple News: Jacob Elordi & Kaia Gerber Confirm Relationship With a Kiss](#)

**3. Do the little things:** If you want your partner's day to be super special, but you aren't planning on doing something huge and extravagant, there are also ways to make their birthday special by doing the little things. Cooking your partner breakfast, bringing them coffee at work, setting up a candlelit dinner, or any other small effort can make their birthday extra special without costing a lot of money.

**What are some other ways to make your partner's birthday special? Start a conversation in the comments down below!**

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## **Celebrity Divorce: Ant Anstead Says He Lost 23 Pounds Amid Divorce from Christina Anstead**





By Carly

Silva

In the [latest celebrity news](#), Ant Anstead got candid in his Instagram comments regarding his apparent weight loss. The British TV star, who is currently going through a [celebrity divorce](#) from Christina Anstead, posted a photo at work, and fans quickly noticed his significant weight loss. According to *EOnline.com*, Anstead responded to comments about his weight loss, admitting to losing 23 pounds, but assuring fans that he will gain it back soon.

**This celebrity divorce had both an emotional and physical effect on Ant Anstead. What are some ways to be kind to your body amid a break-up?**

#### **Cupid's Advice:**

Going through a break-up can have a serious effect on both your mental and physical health, making self-care super important. If you're looking for ways to be kind to your body

amid a break-up, Cupid has some advice for you:

**1. Stay active:** One way to take care of your body when going through a break-up is to stay active. Getting up and keeping your body moving will not only keep you healthy, but it is also a great way to de-stress and keep your mind busy. Staying in shape is also a great way to keep your body health and stay confident in yourself, even after a tough break-up.

**Related Link:** [Celebrity Divorce: Bachelorette Stars Ashley Hebert & JP Rosenbaum Split](#)

**2. Be kind to your mind:** Another way to be good to your body during a break-up, is to also show kindness to your mind. Practicing time for mindfulness, showing yourself extra self-compassion and self-love, and even getting a better night's rest will help you to be more relaxed and make your body feel good. Meditation is a great tactic to practice, especially if you're still thinking about your break-up, meditation will keep both your mind and body peaceful.

**Related Link:** [Celebrity Break-Ups: Lenny Kravitz Blew It During First Meeting with Ex Lisa Bonet](#)

**3. Treat yourself:** While it is definitely important to stay active and fit, it's also a great idea to show yourself some love. Treating yourself, whether it is a bubble bath, a face mask, or eating your favorite snacks can help remind you of your favorite things and keep your body feeling cared for and fulfilled. Try to do things that will stop you from thinking about your ex, and instead allow you to focus on what you want and what will make your body happy.

**What are some other ways to be kind to your body amid a break-up? Start a conversation in the comments down below!**

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# Celebrity News: 'RHOC' Alum Vicki Gunvalson Shoots Down Split Rumors



By Carly

Silva

In the [latest celebrity news](#), Vicki Gunvalson addressed rumors alleging a split from fiancé Steve Lodge. Fans were circulating rumors of a break-up after noticing that the couple hadn't posted any photos together in a while. According to *UsMagazine.com*, the [reality TV star](#) denied all validity to the split rumors, stating that she and Lodge prefer to live a more private life. She also confirmed that the two are in fact still together and engaged.

# In celebrity news, it turns out Vicki and Steve are still very much together. What do you do if friends and family are against your relationship?

## Cupid's Advice:

Gaining support of your relationship from friends and family can be extremely important for a lot of couples. What do you do if your friends and family don't approve of your relationship? If your friends and family are against your relationship, Cupid has some advice for you:

**1. Figure out why:** If you're dealing with family or friends who aren't supportive of your relationship, first try to understand why. Chances are that your loved ones are trying to protect you, so try to understand their opinion. If they are unsupportive for valid reasons, like if your partner doesn't treat you properly, it may be understandable for them to not support the relationship. But, if they are unsupportive for reasons that you do not agree with, you may try to warm them up to your significant other.

**Related Link:** [Celebrity Break-Up: Christina Anstead Talks About Choosing Peace Over Drama After Split](#)

**2. Don't forget to talk about the good things:** One reason that friends and family can become unsupportive of a relationship is if they constantly hear negative things about them. If you vent or complain to your loved ones about fights or things your partner does, your friends and family be getting the impression that your relationship is overall more negative than positive. Don't forget to tell them about the positive sides of your relationship and the good things about your

partner, so that they realize the relationship still makes you happy.

**Related Link:** [Celebrity News: Kylie Jenner & Travis Scott Spark Romance Rumors After Steamy Shoot](#)

**3. Give it time:** If your family and friends are unsupportive of your relationship, don't panic. They may be weary and skeptical at first, especially if your relationship is new. Make sure you give them time to warm up. Try arranging gatherings so that your partner can spend quality time with your family and friends. This may help them to see the greatness in your partner that you see.

What are some other things you can do if your friends and family are against your relationship? Start a conversation in the comments down below!

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## Celebrity Break-Up: Christina Anstead Talks About Choosing Peace Over Drama After Split





By Carly

Silva

In the [latest celebrity news](#), Christina Anstead chose to take the peaceful route after her [celebrity break-up](#) from Ant Anstead. According to *UsMagazine.com*, Christina took to Instagram to announce that she is choosing peace after the turbulent journey of her divorce from Ant.

**In celebrity break-up news, Christina Anstead chose to take the peaceful route after her break-up from Ant Anstead. What are some ways to keep your split civil and peaceful?**

#### **Cupid's Advice:**

After a break-up, it's easy to get wrapped up in the drama of an intense split, but sometimes, taking the high road will make things a lot easier. If you're looking for ways to keep your split civil and peaceful, Cupid has some advice for you:

**1. Make a conscious choice:** If you want your break-up to remain civil and peaceful, the first thing to do is make a conscious choice to do so. Make the decision to be peaceful and stick to it. This intentional effort will make it easier to stay peaceful as you deal with the aftermath of a split.

**Related Link:** [Celebrity Break-Ups: Lenny Kravitz Blew It During First Meeting with Ex Lisa Bonet](#)

**2. Stay off social media:** One of the worst things you can do after a break-up is bring it to social media. Posting about your ex or your break-up only adds more chaos and drama to the situation. Try to stay off of social media after your split to avoid the temptation of getting wrapped up in the drama of your break-up.

**Related Link:** [Celebrity Break-Up: Ant Anstead Asks Fans to Stop Trying to Diagnose Split from Ex Christina](#)

**3. Focus on other things:** The best way to stop yourself from getting caught up in the drama of your split is to take yourself away from any tempting situations. Instead of thinking about or talking to your ex, try focusing on things in your life that you love or that bring you joy. This can help distract your mind and help you achieve peace instead of constantly being upset over the break-up.

**What are some other ways to keep your split civil and peaceful? Start a conversation in the comments down below!**

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## **Celebrity Couple News: Jacob**



# Elordi & Kaia Gerber Confirm Relationship With a Kiss



By Nicole

Maher

In the latest [celebrity news](#), Jacob Elordi and Kaia Gerber have just made their relationship official in public. According to *EOnline.com*, Elordi and Gerber were spotted kissing while running errands together in Los Angeles. The [celebrity couple](#) caught the attention of their fans back in September when they were seen at dinner together, and the rumors continued as they were seen holding hands while walking through a New York City market.

**In celebrity couple news, Jacob and Kaia have gone public with their**

# relationship. What are some subtle ways to confirm your new relationship to family and friends?

## Cupid's Advice:

While you are undoubtedly excited about your new relationship, you may not be the type of person who wants to formally announce it to everyone. If you are looking for some subtle ways to confirm your new relationship to family and friends, Cupid has some advice for you:

**1. Ask for a plus one:** A great way to subtly announce that you and your partner have gotten more serious is to ask if you can bring them as a plus-one to an event. This will show your friends and family your relationship is growing as you are allowing for it to become more public.

**Related Link:** [Celebrity Couple News: Jeff Dye Appears to Reference New Romance with Kristin Cavallari in Funny Post](#)

**2. Call it a date:** Switching up the language is another subtle way of showing the growth of your relationship. If you have been telling your family and friends that you are “hanging out” with your current partner on Friday night, now may be the time to switch the phrasing to “going on a date.” This will let them know that things have gotten more serious and leave them wanting to know more details!

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**3. Step up the PDA:** Just as Eloridi and Gerber did, stepping up the PDA is a subtle way of making your relationship official. By openly giving your partner a kiss hello, or holding their hand throughout the day, it will let you family

and friends know that the two of you are officially together without you needing to outwardly say it.

**What are some other subtle ways to confirm your relationship to friends and family? Start a conversation in the comments below!**

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## Celebrity News: 'Bachelorette' Clare Crawley Spotted Wearing Diamond Ring



By Carly

Silva

In the [latest celebrity news](#), the newest [reality TV star](#) Clare Crawley was spotted wearing what appeared to be a diamond engagement ring on Monday. The season 16 *Bachelorette* was

photographed in her hometown of Sacramento, California, where fans pointed out the shiny rock on her finger. According to *UsMagazine.com*, Crowley later posted an Instagram, sharing that the ring on her finger is one she bought for herself.

## **In this celebrity news, Clare Crawley was spotted wearing a diamond ring, leading people to think she's engaged. What are some ways to surprise family and friends with news of your engagement?**

### **Cupid's Advice:**

Sharing the news of a new engagement can be super exciting news to share with your friends and family, especially if it's a surprise. If you're looking for ways to announce your engagement that will surprise all of your loved ones, Cupid has some advice for you:

**1. Do a photoshoot:** A great and classic way to spread the news of your engagement is to do a photoshoot with your fiancé. If you want the photos to reveal the surprise, try posing in ways that make the engagement ring noticeable. You can send out the photos as postcards to announce the news, or show it to your family members in person to watch their reactions when they spot the ring!

**Related Link:** [Celebrity Divorce: Bachelorette Stars Ashley Hebert & JP Rosenbaum Split](#)

**2. Make a video:** Another great way to announce your engagement is to make a video. This will work great if you want it to be a big surprise for your loved ones. You can send a video of

your announcement, post it online, or gather all of your friends and family together to show the video in person.

**Related Link:** [Celebrity News: Bachelorette Alum Tyler Cameron Says He and Hannah Brown Have Struggled to Figure Out Relationship](#)

**3. Show off the ring:** Another simple way to announce your engagement is to do so with the ring. Wear the ring to an event with friends and family, and see who notices it! You can even drop hints throughout the day to give them a clue. This will be a great to announce your engagement while everyone is gathered and can celebrate altogether.

**What are some other ways to surprise family and friends with news of your engagement? Start a conversation in the comments down below!**

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## **Celebrity Break-Ups: Lenny Kravitz 'Blew It' During First Meeting with Ex Lisa Bonet**





By Nicole

Maher

In the latest [celebrity news](#), Lenny Kravitz's new memoir *Let Love Rule* gave fans a look into some of the hardship he has faced in the past, including making a bad first impression when meeting his [celebrity ex](#) Lisa Bonet. According to *EOnline.com*, Kravitz outlines how when first meeting Bonet, he "kind of blew it" by complimenting her hair. Kravitz explained that he was nervous, and while he did like her hair, he knew he should've said something better. Kravitz and Bonet later went on to get married and have a daughter before announcing their [celebrity break-up](#) in 1993.

**In celebrity break-up news, not all love stories have a perfect beginning, middle, and end. What do you do if you make a bad impression on your crush the first time you meet them?**

**Cupid's Advice:**

Sometimes when we get nervous or are trying to impress someone we end up saying the wrong thing. While this may not lead to the best first impression, it doesn't mean that we completely blew our shot. If you are looking for some ways to make up for a bad first impression, Cupid has some advice for you:

**1. Acknowledge and apologize:** Oftentimes the easiest way to move past an awkward encounter is to simply acknowledge it happened and apologize for it. This will ensure your crush that you also thought the first impression wasn't the best so they are not left wondering if that's how you normally act. Once the air is cleared, focus on impressing them next time!

**Related Link:** [Celebrity Break-Up: Prince William Dumped Then-Girlfriend Kate Middleton Over the Phone](#)

**2. Don't dwell on it:** While the fact that you made a bad first impression on your crush may still be on the forefront of your mind, it is important not to dwell on this encounter. If you spend too much time focusing on what you did wrong, it can make it more difficult to show your crush your real personality moving forward. Once you've acknowledged it, just let it go!

**Related Link:** [Celebrity News: Valerie Bertinelli Pays Tribute to Late Ex-Husband Eddie Van Halen](#)

**3. Nail the second impression:** First impressions are not last impressions. Once the air is cleared from an awkward first encounter and you have stopped dwelling on what you originally said, take every opportunity moving forward to make a better impression. Over time, your crush will forget how bad your first impression may have been and only think of the ways you have impressed them since.

**What are some other ways to make up for making a bad impression on your crush the first time you meet them? Start a conversation in the comments below.**

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# Celebrity Couple News: Kristen Bell Stands By Husband Dax Shepard After Relapse



By Carly

Silva

In the [latest celebrity news](#), Kristen Bell opened up about her husband's relapse nearly one month ago, which ended 16 years of sobriety. According to *People.com*, the [celebrity couple](#) is working together to move forward, and Bell is committed to supporting her husband through this journey.



# In celebrity couple news, Kristen Bell is standing by her man through his continued struggle with alcohol addiction. What are some ways to support your partner through addiction recovery?

## Cupid's Advice

Being in a relationship with a partner who is struggling with addiction can be difficult, but there are ways to help them through it. If you're looking for some ways to support your partner through addiction recovery, Cupid has some advice for you:

**1. Attend therapy together:** While your partner is going through recovery, therapy is always a great option. Attending couple's therapy together may help both of you to have some guidance on this difficult journey, and to stay aware of each others' feelings and move forward together.

**Related Link:** [Celebrity News: Jana Kramer Receives DM Alleging Husband Mike Caussin Cheated Again](#)

**2. Be aware of possible triggers:** As a partner, it's important that you are helpful and supportive in your partner's efforts in recovery. Make sure you are fully informed on their addiction, and be able to identify possible triggers that could throw off progress. Be aware of triggering situations, events, and people that may influence your partner to relapse.

**Related Link:** [Celebrity News: Cardi B & Offset Spotted Kissing at Her Birthday Party One Month After Split](#)

**3. Stay honest with each other:** Make sure you're able to talk

to each other honestly. This will be important for your partner to feel comfortable opening up to you and for you to be honest about what you need from your partner as well.

What are some other ways to support your partner through addiction recovery? Start a conversation in the comments down below!

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## Celebrity News: Lily James & Married Dominic West Spark Romance Rumors in Italy



By Carly

Silva

In the [latest celebrity news](#), Lily James and Dominic West have been the subject of recent [celebrity gossip](#) as romance rumors

circulate after the two were spotted getting close in Italy. According to *EOnline.com*, West, who is married to Catherine Fitzgerald, was seen caressing Lily's head and kissing her on the cheek while they shared lunch in Rome.

## **In celebrity news, Lily James and her married colleague Dominic West are sparking romance rumors. What do you do if you think your partner is cheating on you?**

### **Cupid's Advice:**

Thinking that your partner is cheating can be a tough situation. If you suspect your partner is cheating you, and you're not sure what to do, Cupid has some advice for you:

**1. Make sure you have valid reason:** The first thing you want to do, especially before you confront your partner, is to make sure you have valid reason to think they might be cheating. If you bring up cheating without any real reason to believe it, then you may risk showing distrust in your partner for no reason, which could lead to a fight.

**Related Link:** [Celebrity Couple News: Pro Cheryl Burke Says Husband Matthew Lawrence Is Her Rock Amid Sobriety Journey](#)

**2. Confide in someone:** Telling on of your close trusted friends may help you to take a load off while you figure out what is really going on. Before confronting your partner, a trusted friend may help you to evaluate what's really going on or help you rationalize the situation.

**Related Link:** [Celebrity News: Amanza Smith Says Ex Taye Diggs Supported Her Kids for 5 Years](#)

**3. Talk to them:** If you are worried and believe you have real reason to believe your partner is cheating, you're going to have to talk to them and confront them eventually. Be honest about what your concerns are, but don't accuse in an aggressive way. You want them to be honest with you so you can feel confident in the truth. Even if they aren't cheating, something else may be wrong that is causing you to suspect it, so communication is key.

**What do you do if you think your partner is cheating on you? Start a conversation in the comments down below!**

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## **Celebrity News: Jana Kramer Receives DM Alleging Husband Mike Caussin Cheated Again**





By Carly

Silva

In the [latest celebrity news](#), Jana Kramer opened up about a recent direct message she received on Instagram, alleging that her husband, Mike Caussin cheated again. The [celebrity couple](#), who tied the knot back in 2015 and share two children together, and have dealt with infidelity before, after Caussin cheated in 2016. According to *UsMagazine.com*, Kramer admitted that she did freak out over the direct message, and she has a hard time trusting her husband.

**In celebrity news, Jana Kramer says she doesn't trust husband Mike after multiple cheating rumors. What are some ways to rebuild trust in a relationship?**

#### **Cupid's Advice:**

Although infidelity is oftentimes a deal-breaker, it is possible to work through the problem and regain trust. If you're trying to rebuild trust in your relationship, Cupid has

some advice for you:

**1. Be willing to put the work in:** Working through rebuilding trust will be a difficult journey, so make sure you're up for the task. Be honest with yourself if this is something you can work through and commit to it. Expect that it may be a long road, but it will be worth it in the end.

**Related Link:** [Celebrity News: Amanza Smith Says Ex Taye Diggs Supported Her Kids for 5 Years](#)

**2. Ask for what you need:** When you're trying to rebuild trust, it's important to make sure you're honest about what you need. Set the boundaries that make you comfortable and make it clear what you expect in your relationship. This will make it easier for your partner to strive to give you what you need in the future.

**Related Link:** [Celebrity News: Valerie Bertinelli Pays Tribute to Late Ex-Husband Eddie Van Halen](#)

**3. Focus on the future rather than the past:** One thing that will always make rebuilding trust difficult is reliving the past. If you make the decision to forgive your partner and move on, it's best to stick to that. Avoid bringing up the past and rehashing old problems. Instead, focus on the future and what you and your partner can do to better your relationship from now on.

**What are some other ways to rebuild trust in a relationship? Start a conversation in the comments down below!**

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# Celebrity News: Cardi B & Offset Spotted Kissing at Her Birthday Party One Month After Split



By Nicole

Maher

In the latest [celebrity news](#), exes Cardi B and Offset were spotted kissing at Cardi B's birthday party one month after announcing their divorce. According to *UsMazagine.com*, the two rappers shared a series of Instagram stories and posts of each other at the party, which included them dancing together and sharing a quick kiss. The couple announced their [celebrity break-up](#) earlier this year after tying the knot in September of 2017. Since making their divorce official, Cardi B has clarified the reason for ending their relationship involved too much arguing and not any infidelity.

# In celebrity news, Cardi B and Offset may be having second thoughts about their split. How do you know when your relationship is truly over?

## Cupid's Advice:

It can be hard to determine when a relationship has officially run its course, and even harder to let go when you two share a long past or children. If you are looking for ways to determine if your relationship is truly over, Cupid has some advice for you:

**1. You're not yourself:** It can be difficult to determine just how much a failing relationship is affecting your life. If you find yourself getting tired or irritated in situations that have nothing to do with your current relationship, the emotions can still be coming from this source of stress. Take a moment to assess your current state of mind and see if relationship drama is carrying into other areas of your life.

**Related Link:** [Celebrity Break-Up: Find Out More About Demi Lovato & Max Ehrich's Messy Split](#)

**2. You've split many times before:** Sometimes you truly need to break-up with someone to understand just how much they mean to you. In some cases, a temporary break can lead to a more solid relationship in the future. However, if you have split multiple times with your current partner, or have started taking breaks more frequently, it may be a sign that your relationship is coming to an end.

**Related Link:** [Celebrity Break-Up: Sofia Richie Unfollows Scott Disick Amid Bella Banos Dating Rumors](#)



**3. You've spoken with professionals:** Many people turn to relationship counselors when they are experiencing trouble with their partner to find new ways to problem-solve. If these new communication methods or techniques aren't helping to repair your relationship, it might be time to consider breaking up. Relationship counselors will also sometimes recommend splitting from your partner if they feel your relationship is irreparable.

What are some other ways to determine if your relationship is truly over? Start a conversation in the comments below.

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## **Celebrity Break-Up: Prince William Dumped Then-Girlfriend Kate Middleton Over the Phone**





By Nicole

Maher

In the latest [celebrity news](#), a new book written by Robert Lacey revealed details about a rocky past between Prince William and Kate Middleton. According to *UsMagazine.com*, Lacey wrote that Prince William and Middleton have experienced two [celebrity break-ups](#) with each other in the past, with the most recent happening over the phone. The author explains that the Prince was 25 at the time and unsure of his future with Middleton. The royal couple has now been married for nine years and share three children.

**In celebrity break-ups news, a new book claims that Prince William dumped now-wife Kate Middleton over the phone when their relationship was on the rocks. If you think your relationship is over, what are some ways to break the news to your**

# soon-to-be ex partner?

## Cupid's Advice:

Ending a relationship is never fun, but sometimes it is the only way to move forward with your own life. If you are looking for some ways to break the news to your soon-to-be ex partner, Cupid has some advice for you:

**1. In person:** The most respectful way to end a relationship with someone else is to have a conversation in person. Whether it is a newly formed relationship that you don't see working long term, or a relationship that has lasted years, the other person still deserves to be present for the conversation. This will allow the two of you to discuss the break-up without too much getting lost in the translation of technology.

**Related Link:** [Celebrity News: Amanza Smith Says Ex Taye Diggs Supported Her & Kids for Five Years](#)

**2. Video chat:** If distance is a factor in the relationship, or you truly cannot bring yourself to meet with your soon-to-be ex in person, video chats are a good alternative. This will allow you to break to news while still being able to see their face and register their emotions. While this option isn't as good as physically meeting up with someone, it is more respectful than a phone call or text.

**Related Link:** [Celebrity News: Valerie Bertinelli Pays Tribute to Late Ex-Husband Eddie Van Halen](#)

**3. Over the phone:** As a last resort, break-ups can be done over the phone. If this is the route you chose to take when ending things with your partner, be sure to pick a time that allows for both of you to have a full conversation rather than calling while one of you is at work. While phone calls are far from the best option in terms of ending a relationship, they are still more respectful than sending a text or not telling

your partner at all.

What are some other ways to break the news to your soon-to-be ex partner? Start a conversation in the comments below.

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# Celebrity News: Amanza Smith Says Ex Taye Diggs Supported Her & Kids for 5 Years



By Nicole

Maher

In the latest [celebrity news](#), Amanza Smith revealed that she was financially dependent on her [celebrity ex](#) Taye Diggs during their relationship. According to *UsMagazine.com*, the couple dated for five years following Smith's divorce from NFL star Ralph Brown. During their relationship, Diggs "took care"

of Smith and her two children as Smith did not have a consistent job. Following the couple's split in 2018, Smith was motivated to be financially stable on her own and began working as a real estate agent on *Selling Sunset*.

## **In celebrity news, Amanza Smith says her ex Taye Diggs took care of her and her kids for the five years they were together. What are some ways to rebuild your life (and your finances) after a break-up?**

### **Cupid's Advice:**

Among the many challenges people face following a break-up, rebuilding your life and finances are some of the most difficult. If you are looking for some ways to get back on the right track following a break-up, Cupid has some advice for you:

**1. Scale down:** Whether it is downsizing where you're living or canceling a few memberships/subscriptions, scaling down might be necessary following a financially dependent break-up. Don't be disheartened by the need to cut back in a few areas after a relationship ends. Scaling down is only temporary, and these novelties can be added back into your life once you're on your feet again.

**Related Link:** [Celebrity Break-Up: Sofia Richie Unfollows Scott Disick Amid Bella Banos Dating Rumors](#)

**2. Create a new budget:** Your style of living usually changes following a break-up, especially if you were living with your ex partner. These changes will also mean you need to recess

your budget and spending habits. By keeping track of your new sources of income and expenses, you will feel like you have more control of your finances moving forward.

**Related Link:** [Celebrity Couple News: 'DWTS' Pro Cheryl Burke Says Husband Matthew Lawrence Is Her 'Rock' Amid Sobriety Journey](#)

**3. Explore new opportunities:** You will probably be looking for some kind of change in your life following a break-up, so use this as a chance to explore new opportunities. If there is a career field you have always wanted to break into or a product you have always wanted to create, now is the time to do it. Not only could it serve as a source of income, but it will also have you feeling like you're headed on a new track in life.

What are some other ways to rebuild your life (and your finances) after a break-up? Start a conversation in the comments below.

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## Celebrity News: Valerie Bertinelli Pays Tribute to Late Ex-Husband Eddie Van Halen





By Nicole

Maher

In the latest [celebrity news](#), Valerie Bertinelli paid tribute to her late [celebrity ex](#) Eddie Van Halen in a recent Instagram post. According to *UsMagazine.com*, Bertinelli wrote that Van Halen had forever changed her life despite the fact that the [celebrity couple](#) was no longer together. Van Halen and Bertinelli's son, Wolfgang Van Halen, also shared some words about his father, who lost his long battle to throat cancer on October 6th. The father and son duo had been playing together in Van Halen's band from 2006 until the group stopped touring in 2015.

**In celebrity news, Eddie Van Halen passed away after a fight with cancer. What are some ways to honor a loved one after they pass away?**

**Cupid's Advice:**

One of the most difficult things that everyone will face at some point in their lives is the loss of a loved one. Losing someone close to you can be heartbreaking, but it can

eventually lead to opportunities to honor their life. If you are looking for some ways to honor the life of a loved one after they pass away, Cupid has some advice for you:

**1. Talk about them:** It seems simple, but often after losing a loved one, we refrain from bringing up their name. While you may need some time following their passing to process your loss, eventually bringing their name back into conversations is a great way to show acceptance and honor their life. Those closest to you will always be happy to hear about your favorite memories with the loved one you lost.

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**2. Celebrate their birthdays:** A loved one's birthday can be one of the hardest days following their death, but can also be a great opportunity to celebrate them. Creating new traditions to carry out on their birthdays, such as baking their favorite dessert or releasing balloons, is a sweet way to honor their life and reminisce on some of your favorite memories with them.

**Related Link:** [Celebrity Break-Up; Find Out More About Demi Lovato & Max Ehrich's Messy Split](#)

**3. Get involved:** Getting involved in someone's cause following their death can help honor their life as well as save the lives of others. Taking part in fundraising events or charity walks to raise money for specific illnesses, such as cancer, gives you the opportunity to share your loved one's story and listen to those of others. While the subject matter of these events is usually heavy, the events themselves can be uplifting and community building.

**What are some other ways to honor a loved one after they pass away? Start a conversation in the comments below.**



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# Celebrity News: 'Bachelorette' Alums Tyler Cameron & Hannah Brown Discuss How Trauma Brought Them Together As Friends



By Carly

Silva

In the [latest celebrity news](#), *Bachelorette* alums Tyler Cameron and Hannah Brown finally got candid in a YouTube video about the status of their relationship. The two [reality TV stars](#) have been the subject of much speculation since the two quarantined together in March. According to *EOnline.com*, Brown posted a YouTube video where the pair explained that they

spent time together as friends because they were both healing from family trauma at the time.

## **In celebrity news, there's been a lot of speculation about Tyler and Hannah being more than friends during quarantine. What are some ways to keep rumors from affecting your relationship?**

### **Cupid's Advice:**

When rumors start circling about your relationship, they can add a lot of pressure, and sometimes are hard to ignore. If you are looking for some ways to keep rumors from affecting your relationship, Cupid has some advice for you:

**1. Ignore them:** The best thing to do when rumors are circling is to ignore them, especially if they are not true. If you are able to, try to tune out the rumors and don't even pay any attention to them.

**Related Link:** [Celebrity News: Too Hot to Handle Star Francesca Farago Sets Record Straight on Romance Rumors with Former Bachelorette Star Jef Holm](#)

**2. Think about confronting them:** If ignoring the rumors is too difficult for you and your partner, you can also consider confronting them. Block accounts on social media, turn off comments on your Instagram posts, or you can directly ask people to stop. Confrontation is one way to do actively do something to make the rumors stop.

**Related Link:** [Celebrity Couple News: Former Bachelor Ben Higgins Is Engaged to Girlfriend Jess Clarke](#)

**3. Focus on your relationship:** If rumors are starting to affect your relationship, try having an open conversation with your partner so that the two of you can focus on what really matters. If you are both happy, then there is no reason to worry about gossip and rumors. Spend your time focusing on each other and pay no mind to the rumors.

**What are some more ways to keep rumors from affecting your relationship? Start a conversation in the comments down below!**

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## **Celebrity News: 'Bachelorette' Alum Tyler Cameron Says He and Hannah Brown Have 'Struggled' to Figure Out Relationship**





By Carly

Silva

In the [latest celebrity news](#), *Bachelorette* alum Tyler Cameron opened up about his relationship with celebrity ex Hannah Brown. According to *UsMagazine.com*, the two [reality TV stars](#) have struggled to figure out their relationship after Brown ended things with Cameron on the season 15 finale. Since the end of the show, the pair have since been hanging out and even spent a few weeks quarantining together in the spring.

**In celebrity news, Tyler Cameron got candid about having a hard time figuring out what he and Hannah Brown's relationship is post-*Bachelorette*. What do you do if you're having trouble defining your relationship with your new partner?**

**Cupid's Advice:**

Sometimes it can be tricky to tell where a relationship is

going at the beginning stages. If you're having trouble defining your relationship with your new partner, Cupid has some advice for you:

**1. Express your desires:** If you and your new partner are struggling to define your relationship, it's important to be vocal about what you want and need from each other. Having an open and honest conversation will help the two of you stay on the same page.

**Related Link:** [Celebrity News: Too Hot to Handle Star Francesca Farago Sets Record Straight on Romance Rumors with Former Bachelorette Star Jef Holm](#)

**2. Don't be afraid to take it slow:** If you are struggling to define your relationship, it's totally okay to keep going slow. Taking some more time to define your relationship may mean spending some more time together and waiting a little longer to decide where the relationship is going.

**Related Link:** [Celebrity Couple News: Former Bachelorette Rachel Lindsay Celebrates 1 Year Anniversary with Bryan Abasolo](#)

**3. Go with your gut:** The most important part of defining a relationship is to simply do what feels right. If you're not ready for a definition, or if you're not concerned with sticking a label on your relationship, keep doing what feels the most natural and comfortable for you. Do what makes you happy and worry about defining the relationship later.

**What are some other things you can do if you're having trouble defining your relationship with a new partner? Start a conversation in the comments down below!**

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# Celebrity Couple News: 'DWTS' Pro Cheryl Burke Says Husband Matthew Lawrence Is Her 'Rock' Amid Sobriety Journey



By Carly

Silva

In the [latest celebrity news](#), *Dancing with the Stars* pro Cheryl Burke stated in an appearance on *Good Morning America* that her husband, Matthew Lawrence, has been her “rock” amid her sobriety journey. The [celebrity couple](#) married in 2019, and according to *EOnline.com*, Burke insisted that she would be lost without his support.

## In celebrity couple news, Cheryl

# calls husband Matthew her “rock” during her sobriety journey. What are some ways to support your partner through overcoming addiction?

## Cupid’s Advice:

Helping someone to recover from addiction can be extremely difficult for anyone, especially a romantic partner. If you’re looking for some ways to support your partner through overcoming addiction, Cupid has some advice for you:

**1. Educate yourself:** One of the first things you can do to help your partner in overcoming addiction is to make sure you understand the nature of addiction. Educating yourself will help you understand and empathize with your partner, and also know the language and habits to avoid while helping them recover.

**Related Link:** [Celebrity Couple News: Gwen Stefani & Blake Shelton’s Love Takes Center Stage at 2020 ACM Awards](#)

**2. Find substance-free activities:** One of the worst things you can do when helping a partner recover is to put them in situations that may trigger the desire to break sobriety. As a supportive partner, you can help by finding fun activities or events that don’t involve substance use. You can also communicate and set boundaries about which behaviors are acceptable between you and your partner.

**Related Link:** [Celebrity Couple News: Find Out Why Kaia Gerber & Elordi Aren’t Officially Dating Yet](#)

**3. Don’t be afraid to ask for help:** While it is great to be a helpful support system for your partner, it can also be a lot

to handle for you, too. Make sure you are getting the support you need as well, by reaching out to friends or even professionals for help and advice. This will help you to take care of yourself, and also be able to fully support your partner.

What are some other ways to support your partner through overcoming addiction? Start a conversation in the comments down below!

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## Celebrity Baby News: 'Duck Dynasty' Alum Sadie Robertson Is Pregnant With First Child



Maher

By Nicole



In the latest [celebrity news](#), *Duck Dynasty* alum Sadie Robertson and her husband Christian have announced that they're pregnant with their first [celebrity baby](#). According to *UsMagazine.com*, the [celebrity couple](#) both took to Instagram to announce their pregnancy. Robertson's post included an image of the couple together holding the newest sonogram of their child. Robertson and Huff first made their relationship official back in September of 2018, and announced their engagement shortly after in June of 2019.

**In celebrity baby news, Sadie Robertson and husband Christian Huff are expecting their first child together. What are some ways to announce your pregnancy to family and friends?**

### **Cupid's Advice:**

While posting pictures of your pregnancy announcement on social media may be a great way of informing people you don't speak with everyday, you may be looking for a more intimate way to tell those closer to you. If you are looking for some ways to announce this milestone to your close friends and family, Cupid has some advice for you:

**1. Baby clothes:** One way to announce your pregnancy to your family, and to prepare for the arrival of your baby, is to start picking up baby clothes. Whether you are simply throwing a few baby outfits in your cart while you are out shopping with someone, or deliberately giving your parents a pair of baby shoes to keep at their house, people will catch on quickly and start asking you for all the details.

**Related Link:** [Celebrity Baby News: Rooney Mara & Joaquin Phoenix Welcome First Child](#)

**2. Customized gifts:** From t-shirts to coffee mugs to baked goods, there are endless possibilities for announcing your pregnancy through a customized gift. Announcing your pregnancy this way will allow you to personalize the news for each person you are telling. If your family member has a favorite sports team or musician, giving them a customized gift saying their newest number one fan is on the way is a moment they will never forget.

**Related Link:** [Celebrity Baby News: Gigi Hadid & Zayn Malik Welcome First Child](#)

**3. Excited phone call:** Sometimes the excitement of realizing you are pregnant is too much and the first thing you want to do is call your parents. While this may take away the opportunity for a more planned out pregnancy announcement in the future, it is still just as memorable to all your family to share in the initial excitement with you.

**What are some other ways to announce your pregnancy to family and friends? Start a conversation in the comments below!**