

# Khloe Kardashian and Eva Longoria Double Date



Two days after Kim Kardashian's wedding, Eva Longoria met up with the *Keeping Up with the Kardashians* star Khloe for a double-date on Monday. They were joined by their beaus, Lamar Odom and Eduardo Cruz, at the Madeo restaurant in Hollywood. [UsMagazine](#) reports that once their meal was over, the couples headed to the Montage Hotel in Beverly Hills. Although there hasn't been any word on what they did at the hotel, it's safe to assume they had a great time. Khloe tweeted that she had a "magical night!"

**What are some fun things to do on a double date?**

## **Cupid's Advice:**

Double dates are a great way to spend time with your sweetheart and friends. From movie nights to dinners, the options are endless to have a spectacular evening. Here are a few fun things Cupid suggests you do on your double date:

**1. Game night:** This is a great inexpensive way to spend the evening. If you don't feel like being cooped up in the house, take a trip to the arcade. Or better yet, get out in the field and play a sport.

**2. Trip:** Visit a town or attraction close to your area and spend the day checking out the site, shopping and having a meal.

**3. Camp:** Summer isn't over yet, so consider going camping with your partner and pals. Enjoy a hike or go rafting, and spend the night cooking over a campfire.

**Know any other fun things to do on a double date? Share with our readers by commenting below!**

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## **Lamar Odom Says Khloe Kardashian Has Maternal Instincts**





It's usually Mommy's maternal clock that ticks at a certain age, but that's not the case with Khloe Kardashian and NBA star husband, Lamar Odom. This time, it's Daddy who's itching for a baby. Odom believes Kardashian would make a great mother to their potential child, and he should know; he's her test drive! "She takes care of me, and I'm a pretty big baby," the 31 year-old Lakers star told [People](#). Aside from Odom, however, Kardashian has had a bit of child mothering experience in the past. "It's her natural instinct," said Odom. "She used to take care of her two younger sisters. She's gonna be great. I can't wait until the day when we can share that moment when she gives birth to our child."

**How do you know if your partner is cut out to be a parent?**

### **Cupid's Advice:**

Sometimes, when caught up in love, we think our partners are perfect for everything, even parenting. But how can you tell if your mate will be a phenomenal parent? Cupid has some quick tips:

**1. Surrounding relationships:** Chances are that how your partner treats you, his or her siblings, and his or her parents is an almost accurate representation of how your partner will treat your child. Keep an eye out for these

things.

**2. Responsibility, responsibility, responsibility:** Make sure that before you make any baby plans, you see a consistent sense of responsibility coming from almost all of your partner's actions. It's by far the most important quality for a potential parent to possess.

**3. Is money a sticky situation?:** If your partner is always carelessly spending money, or is the opposite and is severely frugal, take that into account when you're thinking about having kids. Children need stable incomes.

**What are some potential parenting traits you look out for in your partner? Share your ideas below.**

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## **Our 5 Favorite Celebrity-Athlete Couples**





By Diamon Hall

With Kim Kardashian's recent engagement to Kris Humphries and Candice Crawford's late-May nuptials, these lovely celebrities are currently hot topics of conversation. While these two couples are currently reveling in the limelight, there are plenty more popular athlete-celebrity couples in Tinseltown. Check out our favorite five:

**1. Gisele Bundchen and Tom Brady:** This famous Hollywood couple starred in Zimbio's "Top 10 Sizzling Couples" list, so it's only right to include them on this list. The New England Patriots quarterback and gorgeous Brazilian supermodel are a match made in heaven.

**2. Kim Kardashian and Kris Humphries:** There's just no way anybody could tune this couple out, as they've saturated the media lately after news broke of their engagement. It didn't take Kardashian long to find true love after her relationship with Miles Austin of the Dallas Cowboys faded. Since Humphries is the forward of the New Jersey Nets, and we all know about her previous long-term relationship with Reggie Bush of the New Orleans Saints, it's obvious she's a big fan of athletes. However, since the basketball star dropped nearly \$2 million on the reality star's engagement ring, it seems he's an even bigger fan of hers.

**3. Candice Crawford and Tony Romo:** Crawford didn't receive clothes, shoes, or handbags for her 24th birthday. Instead, she got a ring and a marriage proposal from Dallas Cowboys quarterback Tony Romo. While it's safe to say that Romo is over pop star Jessica Simpson, we all know one thing – this gentleman definitely prefers blondes! Now, Crawford is no longer just known as the younger sister of *Gossip Girl* star Chace Crawford, but for her love life with such a prominent sports figure.

**4. La La Vasquez and Carmelo Anthony:** New York Knicks star Anthony and former television personality and current actress Vasquez tied the knot last July, and the whole world saw how they prepared for their big day on VH1 reality show, *La La's Full Court*. This couple seems to glow in all their pictures together and are still happily married, living in New York with their 4-year-old son, Kiyan.

**5. Khloe Kardashian and Lamar Odom:** Kim certainly isn't the only Kardashian who made this list. Younger sister Khloe and Los Angeles forward Lamar Odom also rank as one of Hollywood's well-known athlete-celebrity couples. Many questioned this pair's relationship because they only dated for a month before they married. However, these two are continuing to enjoy marital bliss, and their E! reality show, *Khloe' and Lamar*, finished its first season on May 31.

**Love is definitely in the air with these five athlete-celebrity couples. Which one is your favorite? Let us know below!**

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# Celebrity Secrets for Lasting Love



By Dr. Diana

Kirschner

“It” couple, Khloe Kardashian and Lamar Odom, are best friends who are madly in love and even launching their own reality TV series centered around their relationship. They got married after a mere one-month courtship and renewed their wedding vows at their first anniversary. How did they find committed love so quickly? It’s hard to say exactly what happened in their situation – true love always has its mysteries. But most probably there were certain factors at play – celebrity love secrets which you can use to create success in your own dating and love relationships. Here are a few of those secrets from my brand new book, *Sealing the Deal: The Love Mentor’s Guide to Lasting Love*.

One critical secret involves using the three-question reality check about a hottie you may be dating:

**1. Is he or she crazy about you?** This is a big question, since you don't want to pine after a person who is not into you!

**2. Is this person willing to grow?** There are no perfect partners out there, for sure. That said, if the person is gaga for you and willing to work on themselves, they could become an AMAZINGLY great partner!

**3. Is he or she meeting the basics?** In other words, is this a good person with integrity, who is successful, wants a relationship and shares some chemistry with you?

If your partner meets these criteria, give him or her a real chance. You could develop a crazy-in-love relationship that gets better and better... and lasts for 10, 20 or even 30 years!!

**Another key secret:** Look for consistently improving contact. When you meet a new hottie, the sparks are great and you are high as a kite. But the question is, how is the relationship changing over time?

Is there more closeness between you? Are you sharing more of your thoughts and feelings? Is the L word being used? Are you sharing each other's space, meeting each other's friends or family members? Are you beginning to talk about thoughts of a shared future together?

Really look at the trends in your relationship. Is it fading out? Is it getting boring? Are you starting to take each other for granted? Are you having longer or meaner fights?

Or is the trend improving over the months, or even years, just as it seems to be for Khloe and Lamar? There are always downticks in love, even in the beginning. But, if in the face of this, things bounce back, makeup sex happens and the intimacy is actually getting better, this is a very good sign. This means you could be with the One.



So, while it is very rare to have a one-month courtship that leads to lasting love, like Khloe Kardashian and Lamar Odom seem to have, it's still possible to have a right-for-you courtship that works to create the love you really want. Bottom line: you can use these relationship secrets to get to your own happiest-ever-after!

*Diana Kirschner, Ph.D. is a frequent guest psychologist on The Today Show & author of the new book, **Sealing the Deal: The Love Mentor's Guide to Lasting Love** which has been acclaimed by 14 top self-help gurus, including Dr. Christiane Northrup & John Gray. She authored the bestselling book, "Love in 90 Days," which was the basis of a PBS Special on love. Get weekly support from Dr. Diana through her **FREE Relationship and Dating Advice Newsletter**.*

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## Khloé Kardashian and Lamar Odom Face a Best Friend Issue





Khloe Kardashian and

Lamar Odom may be sickeningly cute on their new reality show, but that doesn't mean the two don't have disagreements. [E! Online](#) reports that when the couple recently spent some quality time together on a hilltop overlooking Los Angeles, Kardashian brought up her husband's best friend, Jamie. The 26-year-old said she thought Jamie was taking advantage of Odom, who was ignoring it because of their friendship. The NBA pro finally agreed to talk to his pal to sort things out.

**What do you do if you have an issue with your partner's best friend?**

### **Cupid's Advice:**

When you have a problem with your mate's BFF, you have to walk a fine line and make sure you don't offend your partner or break up their friendship. Cupid has some tips:

**1. Make it work:** If you don't get along with your partner's pal, keep trying. Don't give up on at least being friendly with the BFF because he's an important person in your mate's life.

**2. Be careful:** When you have an issue with your significant other's buddy, bring it up delicately. To avoid starting a conflict, don't accuse the friend of anything until you know

all of the facts.

**3. Have a talk:** If there's some bad blood between you and your partner's best bud, talk to him or her to clear things up, and figure out how to improve the relationship for the sake of your significant other.

**Ever been in a similar situation? Share your comments below.**

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## Rihanna Says 'Khloe and Lamar' Makes Her Want to 'Barf'



Rihanna recently tweeted that the new E! show, *Khloe and Lamar*, makes her sick ... but in a good way. According to [E! Online](#), the 23-year-old singer said, “@KhloeKardashian crazy, just watched ur show in

the studio! Yall make me wanna #BARF... or atleast find a man!!  
! 2 cute for words. Rah Rah.” It seems like Kardashian’s new show has gotten the stamp of approval from Rihanna, but does this mean that the beautiful Barbadian pop star is lonely?  
Khloe Kardashian responded by tweeting, “@rihanna LMAO! Trust me you just need to make your pick and baby girl you got a man. Thank you for watching! Rock it out in the studio!”

## **How do you avoid being bitter about others in love?**

### **Cupid’s Advice:**

When you’re single, sometimes it’s hard to see friends who are happy and in love without feeling bad about your own love life. Cupid has some tips on how to stop the jealousy and bitterness:

- 1. Enjoy the single life:** You may be jealous of your married friend, but the truth is, she’s jealous of you, too. So while you’re single, enjoy it by going out, meeting new people and having fun.
- 2. Don’t lose hope:** If you want to settle down in the future, just know that your time will come. Remember that you’re single because you’re picky, but one day the right person will come along.
- 3. Support your friends:** Instead of feeling bitter toward friends who are in love, why not be happy for them? You know if the roles were reversed, they would support you and your relationship.

**How do you keep from feeling bitter about love? Share your comments below.**

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# Khloe Kardashian Says Kris Humphries Must Pass Family's Initiation



Khloe Kardashian has some advice for sister Kim's long-distance basketball boyfriend Kris Humphries: impress the fam. Khloe, who married Los Angeles Laker star Lamar Odom in September of 2010 knows firsthand how critical her brood can be. "I don't think Kris knows what he's getting into," Kardashain told [People](#). She says that this summer Humphries will get the opportunity to spend some time with the whole family and get initiated into the Kardashian group ... if he can manage.

**What do you do if your partner doesn't get along with your family?**

## Cupid's Advice:

There is no one more influential in your choice of mate other than the members of your family. It may work in movies, but if your boo and your family butt heads, something needs to be done:

**1. Talk it out:** Discuss things separately first and then together if need be. Why does your partner not get along with your family and vice versa? As soon as you figure out where the conflict begins, you can start to mend the situation.

**2. Figure out the reason:** Is there a good reason for conflict between your partner and your family? Perhaps your family is concerned about your well-being when you're with your partner. Consider these objections for what they're worth and if they hold any value.

**3. Blood is thicker:** than water. Just like when your parents would weed out the good-for-nothing friends you brought home from school, you're family is still (and always will be) your family. If this boyfriend is just a passing phase, consider moving on.

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# Khloe Kardashian and Lamar Odom Talk Reality Show





Another Kardashian, another reality show! [Access Hollywood](#) reports Khloe Kardashian and hubby Lamar Odom are currently promoting their new E! show, *Khloe & Lamar*. But with reality TV's long history of ruining relationships (like Jessica Simpson and Nick Lachey or Carmen Electra and Dave Navarro), the couple are taking a chance by letting cameras film every moment of their personal lives. However, Kardashian insists that the show has actually strengthened her family's bond. "This show has made [my family] closer and stronger, because it does make you spend time with each other, and also, this show is therapy to us." She added that watching herself on camera has helped her become a better person. "We do watch things and when we watch them we're like, 'Oooh – I hated how I treated you,' or, 'I hated how I said that,' and you learn to mature and change yourself."

### **Can a relationship in the public eye last?**

#### **Cupid's Advice:**

While celebrities aren't known for having long-lasting relationships, there are some exceptions. Cupid has some ideas on whether a public relationship can work:

- 1. Use it to your advantage:** In rare cases, being in the public eye can actually improve a relationship. If you can

make it work for you like the Kardashians do, then celebrity can make your bond stronger.

**2. Just the two of us:** Sharing your personal life with the rest of the world can make a relationship seem a bit crowded. If you just focus on the two of you and tune out all the naysayers, your union can thrive in the spotlight.

**3. Avoid it:** In general, being in the public eye puts stress on a relationship and exaggerates problems. Unless your job requires it, try to avoid public life if you want your love to last.

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## Lamar Odom Is Surprised by Khloe Kardashian's Intelligence







LA Laker Lamar Odom

admits that he was surprised at how smart wife Khloe Kardashian was when they first met, according to UsMagazine.com. Odom says in *Playboy's* February issue, "You don't know what to expect. Next thing I know I'm spending every day with her. We just hit it off." The couple wed in September 2010 after dating for only 32 days. And Odom definitely doesn't regret his decision to become a married man. "With her I was like, 'If I do what I normally do, I'm going to lose her,'" Odom explains. "'And if I lose her, I think it's going to hurt a lot.' Right then and there I knew. We were together every day."

## **Should you change for your partner?**

### **Cupid's Advice:**

Nothing is more exciting than connecting with someone new, but as time goes on, you may begin to notice some important differences between yourself and your partner. Should you change yourself to match your partner? Cupid has some thoughts:

**1. Keep morals and values intact:** It takes a long time to develop personal morals and values, and they shouldn't be taken lightly. Chances are that you think the way you do for a reason, so don't be too quick to chance your views for

someone else.

**2. Opposites attract:** It's not secret that it's possible to fall for someone who is very different from you, but make sure to stay true to yourself in the relationship.

**3. Change if it's for the best:** Who's to say that change is always a bad thing? There may be something about your partner that you particularly admire, so changing yourself to match that quality you aspire to is perfectly fine.

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## Lamar Odom Plans Anniversary Surprise for Khloe Kardashian



Lamar Odom has something special planned for wife Khloe Kardashian on their one-year-anniversary; he's just not sharing. "I kind of got to keep it a secret," explained Odom to [Us Weekly](#). Kardashian

was also tight-lipped. “I don’t know. I found out that there’s a surprise happening, but I have no idea – and I don’t want to know.” The couple, who married after a quick one-month courtship, have faced scrutiny about the depth of their marriage. “I’ve never faulted people for [that],” says Kardashian. “I totally get it. I’ve always said from day one that it’s real love, and it is, but I’ve never, ever was angry with anyone for thinking anything that way. I was only upset when people said we had a fake wedding.” Despite criticism, the couple are standing strong and hope to have a child in the near future.

### **What are some creative ways to celebrate your anniversary?**

Sure, there are the obvious routes: romantic dinner, picnic at the park or a night in an expensive hotel. Try branching out because your thoughtfulness will be appreciated. Here are just a few suggestions:

#### **Cupid’s Advice:**

- 1. Hot air balloon ride:** While finding a hot air balloon service may be difficult depending on where you live, the spectacular views and exhilarating experience will be extremely worthwhile.
  - 2. Play hooky:** Skip work for a day, and drive to the nearest city. Have fun looking around in shops and eating at interesting restaurants.
  - 3. Go to a florist/garden:** Instead of sending your partner flowers, take them to a florist or a garden and pick out your own flowers. Then, go searching for a vase to put them in.
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# Lamar Odom on Kids with Khloé – “We Would Love To”



Lamar Odom is definitely interested in having with with wife Khloé Kardashian, [People](#) reported last week. “Hopefully it’ll happen soon,” he told the magazine. The NBA star has two children from a previous relationship, which definitely helps provide great parenting tips – as does baby Mason, Kardashian’s nephew.

**How do you know when your relationship is ready to take on parenting?**

**Cupid’s Advice:**

Being a parent is a lifelong commitment – it’s best to plan ahead. Even if you have a surprise pregnancy, you have enough time to get ready before the big day arrives. Cupid shares some important tips:

1. Evaluate your relationship: If you're considering an addition to your family, determine the strength of your bond with each other first. Are you both mentally, emotionally, and financially ready to take care of another life? Consider these questions before going ahead.

2. Parent plans: Pregnant or not, couples don't always share the same goals when it comes to parenting. Discuss your approaches to raising children to find a common ground you can both agree to.

3. Go with the flow: Keep in mind that all the planning in the world can never fully prepare you for becoming a parent. Learn to accommodate – to both your partner and yourself – as new issues arise.