

Celebrity News: False Alarm! 'Pump Rules' Lala Kent & Randall Emmett Are Still Together



By Alycia Williams

In latest [celebrity news](#), [reality TV star](#) Lala Kent cleared the air regarding split speculation surrounding her and fiancé Randall Emmett, after deleting photos of him via social media over the weekend. According to *UsMagazine.com*, the *Vanderpump Rules* star posted a statement on her Instagram story that cleared everything up. "It won't be the last time I archive pictures of Rand when he makes me mad. I'm petty AF. It will happen again and again until I grow out of it & it's the most

petty thing I do, I'm okay with it." She later added. "Also, Rand and I have never followed each other, in fact we have had each other blocked since we got together."

In celebrity news, Lala Kent cleared the air about rumors that she and her fiancé Randall were on the rocks. What are some ways to keep rumors from affecting your relationship?

Cupid's Advice:

Rumors are inevitable especially if you're in the public eye. Although dodging rumors is impossible that doesn't mean it need to affect your relationship. If you are looking to keep rumor from affecting your relationship, Cupid has some advice for you:

1. Don't pay it any mind: Ignoring rumors is the perfect way to help it die out fast. If you don't give the rumor any attention it shows that you're too mature to entertain fake news.

Related Link: [Celebrity News: Lala Kent Says Life is a 'Mess' & Deletes Pics of Fiance Randall Emmett](#)

2. Address the rumors: Although ignoring works, addressing the rumors head on works as well. Shutting down the rumors as soon as you hear them is quick way to keep anyone else from talking about it.

Related Link: [Celebrity News: 'Pump Rules' Lala Kent Deletes Instagram Pics of Fiance Randall Emmett](#)

3. Don't give people something to talk about: If you keep your relationship out of spotlight, then people won't have anything to say about your relationship due to the fact that they don't know anything about it.

What are some other ways to keep rumors from affecting your relationship? Start a conversation in the comments below!

Celebrity News: Lala Kent Says Life is a 'Mess' & Deletes Pics of Fiance Randall Emmett





By Alycia Williams

In latest [celebrity news](#), [reality TV star](#) Lala Kent posted a mysterious message about making “mistakes” on Sunday, July 26, after deleting photos of fiancé Randall Emmett from Instagram. According to *UsMagazine.com*, Kent’s message said “Dear God, it is I who has made my life a mess. I have done it, but I cannot undo it. My mistakes are mine & I will begin a searching & fearless moral inventory. I will write down my wrongs but I will also include that which is good. I pray for the strength to complete the task.” The message came after she deleted all photos with Emmett and unfollowed him from Instagram.

In celebrity news, Lala Kent and her fiancé Randall Emmett’s relationship may be on the rocks. What are some ways to use social

media to cope with a rocky relationship?

Cupid's Advice:

When any relationship is on the rocks, it's really hard to determine which way the boat will tip. Either way, you'll need to manage your rocky relationship and ride it out. If you are looking for new ways to cope with a rocky relationship via social media, Cupid has some advice for you:

1. Stay connected with friends: Social media provides an amazing way for you to stay connected to people that may actually be far away. Liking pictures, leaving comments, viewing stories, and talking in dm's is a great way to keep your mind off of your rocky relationship.

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2. Archive photos: On social media you have the option to archive photos, which means the photos won't be seen on your page, but you'll always have the option to display them back on your page. This works best for rocky relationships because if you both work things out you can display the pictures back on your page, if it doesn't then you can delete them for good.

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3. Explore new things: Social media is not just for liking your friends picture, there is countless amount of things for you to learn and become interested in. Whether it's cooking a new recipe, learning a new workout routine, or figuring out how to do a new hairstyle. You can find it all on social media.

What are some other ways to use social media to cope with a rocky relationship? Start a conversation in the comments below!

Celebrity News: 'Pump Rules' Lala Kent Deletes Instagram Pics of Fiance Randall Emmett



By [Mara Miller](#)

In the latest [celebrity news](#), Lala Kent was excited about her pending [celebrity wedding](#) with her fiancé Randall Emmett. Two

weeks have passed and now it looks like there may be trouble in paradise for the [celebrity couple](#), according to *UsMagazine.com*. Kent has deleted all pictures with Emmett except for a few brief references to her excitement over pending nuptials. This comes one day after 50 Cent ended his feud with the couple; the rapper insulted Kent and then claimed Emmett owed him one million dollars.

In celebrity news, there may be trouble in paradise for Lala Kent. What are some things to be careful of on social media when it comes to your relationship?

Cupid's Advice:

Social media is a powerful tool, but it can also cause irreparable damage to a relationship if used unwisely. Cupid has some advice on how to be careful with social media:

1. Beware of screenshots: Screenshots can be taken on both a computer and a phone now without much effort. Choose your words carefully when sending a text message. Sometimes it is better to have a phone conversation to settle differences with your partner or friend if there is a disagreement. Do not say something that can be used against you later.

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2. Not EVERYTHING has to go public: Keeping parts of your relationship between you and your partner will benefit your relationship more than you think. Sometimes we get excited about gifts and can't wait to share it because your partner was so thoughtful. This can cause jealousy. It's better to

keep it to yourself unless it's a big milestone like the decision to buy a house together, or an engagement or baby announcement.

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3. Consider your partner's feelings: How do they feel about a post before you post it? You should ask your partner before you share anything because what you might not feel is private may be something they would never post. Communication is key to making a relationship work and you cannot communicate efficiently if you can't even agree with what is appropriate to post online.

What are some other things you should be careful of with your relationship on social media? Let us know in the comments below!

Celebrity Wedding: Lala Kent & Randall Emmett Celebrate Engagement With 'Pump Rules' Co-Stars





By [Courtney Shapiro](#)

In [celebrity news](#), Lala Kent and recent fiancé Randall Emmett rang in their engagement with close friends and family. The pair celebrated with several of their *Vanderpump Rules* costars this past weekend. The [celebrity couple](#) got engaged in September and enjoyed their time together at a party in Los Angeles. According to *UsMagazine.com*, Kent shared a moment of reflection for her late father, saying, "Very proud of the woman that I'm becoming. And I know he feels so happy that you're with me." Kent and Emmett look forward to planning their special day.

In celebrity wedding news, Lala Kent is relishing being able to be in the limelight with her man Randall Emmett. What are some

special ways to celebrate your engagement?

Cupid's Advice:

How can you celebrate your engagement? Cupid has some thoughts:

1. Go out to dinner with close friends: You and your partner don't have to have a huge celebration. Bring some close friends together to share the exciting news rather than being with a large crowd. The people who know you best will be the happiest for you, and you can share with everyone else at a later time.

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2. Have a couples weekend: Take a mini vacation with your partner to celebrate your relationship. The two of you will have time to spend by yourselves and really take the time to remember why you got engaged.

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3. Visit the place where you had your first date: .You can celebrate your engagement by bringing your relationship full circle. The first date has a lot of meaning to you and your partner and it'll be special to go back there and celebrate.

How did you celebrate your engagement? Let us know in the comments!

Celebrity Divorce: 'Vanderpump Rules' Star LaLa Kent's Married Boyfriend Is Officially Divorced



By [Jessica Gomez](#)

In [celebrity news](#), LaLa Kent's boyfriend Randall Emmett is no longer married to Ambyr Childers, his wife of eight years. The divorce was finalized on December 22, according to [EOnline.com](#). The former [celebrity couple](#) tied the knot in 2009, then separated a couple of years ago, finally filing for divorce earlier this year. The former couple has two daughters together. As for Kent and Emmett, it looks like they intended on keeping their relationship on the down-low until the

divorce was final – but sometimes in life, we don't always get what we intend.

This celebrity divorce is probably coming at a good time, given that Lala would more than likely want an unmarried boyfriend. What are some ways to recover after a bitter divorce?

Cupid's Advice:

Most divorces aren't pretty. Although our emotions can be running wild at a time of bitterness, we must try not to become bitter ourselves. Cupid has some tips:

1. Learn from the experience: Learn the lesson. Many times, it's hard to stay rational during a very emotional time, but we must try our very best. There is no point in dwelling on the past because we cannot change it. However, looking back in order to learn and move on is a different story – that you should do! It's easier said than done, but time does heal and you need to give it a little push as well.

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2. Invest in yourself: It's time to be selfish. It's time to be about you. Do what you have to, and do what you want to. Learn something, pamper yourself, do the things you enjoy! It's all about what's best for you. Enrich yourself, grow into an even better person. Strive toward becoming the best version of yourself.

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3. Look forward to a bright future: Be positive and know that there will be better days. Positive thinking really does go a long way. Think about what you have accomplished so far and be proud. Then think about what you want to accomplish – the thought of your dreams should get you excited and going!

What are some ways you moved on from a hard divorce? Share with us, comment below!

Celebrity News: 'Vanderpump Rules' Star Lala Kent's Married Boyfriend Is Identified





By Karley Kemble

From an abrupt reality show exit, to a mystery boyfriend, Lala Kent is causing quite the commotion these days. The reality star was mum about her boyfriend on the most recent season of *Vanderpump Rules*, but the latest [celebrity news](#) surrounding Kent has brought a name to the surface. [EOnline](#) reveals that Kent has indeed been dating television producer Randall Emmett for the last year and a half. Rumors surrounding the [celebrity couple](#) have been floating around for a few months, and the pair was seen kissing at a FabFitFun event in Beverly Hills earlier this month. The couple's relationship has been a subject of criticism since Emmett is still legally married to his wife, though he has been in the process of receiving a divorce.

This celebrity news may not be appreciated by the married

boyfriend in question. What are some ways to make sure your love interest is truly unattached?

Cupid's Advice:

It's not fun to deal with others' emotional baggage. Though your partner may claim to be unattached to their ex, there's always a possibility they still could be. Cupid has some signs to look out for:

1. They've purged their social media: This may seem like a small detail, but it speaks volumes. One hand they're just pictures, but it could also indicate that they have some unresolved feelings about their ex. Photos are nostalgic – so your partner might just be nostalgic about their past love.

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2. They talk about them nonstop: People want to talk about topics they're interested in, people they like, or things that are on their mind. If your partner brings up an ex a little more than what seems normal, it's likely that they are still emotionally attached. Don't overlook it or take it lightly

Related Link: [Celebrity Break-Up: 'Vanderpump Rules' Star Stassi Shroeder Gets Dumped By Boyfriend on 4-Year Anniversary](#)

3. Your relationship feels forced: Your relationship should never feel forced or like a chore. You should always feel a natural connection and feel inclined to confide in your significant other. When you feel like your partner is forcing their feelings toward you, it is probably a sign to take a closer look at what's really going on.

Have you dealt with a similar situation? Have any tips? Share

in the comments below.