

# Date Idea: Enjoy a Non-Traditional Christmas



By [Jessica Gomez](#) and Kristin Mattern

Do something different for your date this weekend and celebrate the Christmas time by breaking free from the moldy old traditions. We've got some nice dating advice! Don't get us wrong, traditions can be great. However, sometimes, we want to do something out of the usual. Instead of mindlessly watching Christmas movies like *Rudolph the Red Nosed Reindeer* with your dearest for the eighty-billionth time, get a little creepy this Christmas and watch films like *The Nightmare Before Christmas*. Get inspired with your sweetie to decorate your place in a non-traditional way and invite your friends over for this eerie NOEL!

# Here are some indoor [date ideas](#) that will allow you to embrace the Christmas spirit, but also allow you to do something different:

Time to break free from conventions this Christmas and have a ghoulish good time!

**Get scary:** Take a tip from Tim Burton and incorporate the undead into your uncommon Yuletide celebration. Get cooking with your cutie and make cut out cookies to decorate for Santa. To put a twist on this tradition, decorate the cookies to resemble zombies or skeleton figures. Feel free to use Christmas colors like red, green, and white! Santa will be sure to appreciate your patchwork teddy bears and possessed angels. The two of you should also make a graveyard cake and write the reindeer or elf names on the headstones. Build a ghoul-filled gingerbread house complete with ghosts, broken tiled roof and dripping gumdrops. Stir up some romance as you mix Halloween-themed goodies with Christmas ones. Now that's out of the ordinary!

**Related Link:** [Date Idea: Create Magic in Your Relationship](#)

**Make your own Christmas stockings together:** Keep the creative juices flowing as you and your honey make Christmas stockings to hang by the fire. Rather than use ordinary red stockings, buy black or gold stockings to decorate. Using fabric glue, glitter, bows, and any other decorations you can think of. Make each other special stockings complete with ripped ribbons, sparkling spider webs, and tattered toys. This keepsake is sure to bring back fun-loving memories for years to come.

**Related Link:** [Date Idea: Couple Up with Game Night](#)

**Throw a Christmas party with a spooky twist:** Now that you're brccarrimming with treats and devilishly delightful décor, invite your friends over for a freaky Christmas costume party. Tell everyone to use *The Nightmare Before Christmas* as their inspiration, or help your guests a bit by having blank masks ready for everyone to decorate when they get to your place. Play a mixture of Christmas carols, Halloween music, and some intense classical music (Beethoven, perhaps?) to get everyone in the mood. Pretend you and your love are Jack and Sally as you dance the night away celebrating Christmas in a new and innovative way!

**Have you ever had a non-traditional Christmas? Tell us all about it below!**

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## **Date Idea: Pick Your Own Presents**





By [Jessica Gomez](#) and Kristin Mattern

If you forgot to go shopping for your sweetie, no worries! This is a great opportunity for a fun date idea. Grab your babe and tackle the crowds as you take on last-minute Christmas shopping together. Pick out presents the two of you will really appreciate, and share some laughs as you choose gifts for your friends and family.

## Here are a few dating tips for what to do on your [date night](#):

**Get a little sentimental:** Don't be afraid to do so as you reminisce together over classic toys in kid stores. Nostalgic feelings can be awesome! Also, don't leave out the feelings of tenderness...and seduction even. Feel the romantic tension build as you wander into the lingerie department together. This unique date is sure to please your inner shopaholic!

**Be sure to set a plan of attack with your partner:** The two of you can spend some time conspiring together about the best

route to take when hitting up the crowded shopping malls and outlets. Decide which stores you'd like to go to, and create a list of items you want. Come up with a silly call that you can yell out when you get separated (you could just call him on the cell phone, but what fun is that?). Play a little. You can also both wear matching Santa or Elf hats with your sweetie to make it easy to spot one another! Adorbs.

**Related Link:** [Date Idea: Make the Perfect Playlist](#)

**Overcome shopping stress by making a game of it:** Create a naughty and nice column on a piece of paper. Getting frustrated from shoppers snatching the last Tickle Me Elmo just as you reach for it? Remember: for every shopping tantrum one of you throws, you get a check in the naughty column! Enough checks, and you'll only be getting coal in your stocking this Christmas. Creative and soothing, right?

**Chill out in the middle of your shopping extravaganza for a delicious lunch date:** Splurge! Go to a really nice restaurant in the area or that high-end spot in the mall you normally avoid. If you can, make reservations ahead of time so the two of you can easily transition from your high energy shopping spree to a relaxing, romantic meal. Enjoy this calm moment by sharing tastes of one another's food and chatting about what each of you are most excited about for the upcoming holiday.

**Related Link:** [Date Idea: Couple Up with Game Night](#)

**Wrap gifts together:** When your cutie and you have bought all of the gifts on your list, head home to continue the date by wrapping presents together. Put on your favorite classic Christmas music and pour some warm deliciousness into your mugs to sip while the two of you keep the holiday magic going. See who can wrap the fastest or the most elaborately as you make all the items you bought Christmas-ready. This is the perfect way to wrap up your last minute shopping date!

**Have you gone last minute shopping with your honey before? We**

want to hear about it! Tell us in the comments below.

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## Date Idea: Light Up Your Love



By [Jessica Gomez](#) and Kristin Mattern

The holiday season is one of the most beautiful times of the year – a time when people decorate their homes with twinkling lights, garlands, wreaths, menorahs, and even adorable penguins. Get into the spirit and spark some love this weekend by taking a romantic, moonlit drive with your sweetie as you cruise through your neighborhood checking out all of the Christmas and Hanukkah lights.

# Rekindle the magic of the holidays with your babe and admire the beautiful displays with these dating tips for your upcoming [date night](#):

**Map your route:** This is important, After all, not everyone decorates for the holidays. To get the most out of your night drive, scan the scene during the day before your date and find out what areas have really gone all out this year. This way, when you take your honey out for a spin, it will be through areas with the most decorations and stunning of displays. You can also conduct some brief research on Google. With a bit of planning, your date will be sure to delight!

**If you live in or near New York City:** Looking for something a little grander than your neighbor's twinkle lights and angle statues? Go to a professional public display instead. The Big Apple is a must see during this time, especially Rockefeller Center. New Yorkers and tourists alike go to see the tree and skate at the ice rink. Enjoy the time with your sweetheart as you swirl around in the rink and skate your way into each other's hearts beneath the huge Christmas tree.

**Related Link:** [Date Idea: Keep It Exciting During New Venue Night](#)

**If you live in or near Los Angeles:** L.A. offers its own unique displays that are not to be missed. Take a cruise down Rodeo Drive or through Griffith Park. See some truly spectacular lights while you take in the palm trees and vignettes in the store fronts. You'll feel like an old school celebrity as you snuggle up to your significant other and drive with the windows down through decked-out Cali. Professional light shows are sure to take your cutie's breath away as the two of you

view illuminating lights accompanied by heartwarming Christmas carols and holiday music.

**Decorate your place/s together:** If you're feeling inspired from viewing all of those pretty lights, get together with your partner and go for it. Have a blast trying to recreate some of your favorite pieces, or try to top them and come up with something even better! This will be nice bonding time. Go nuts and have fun!

**Related Link:** [Date Idea: Plan a Party](#)

**Chill at home:** Of course, not literally chill, but hangout and stay warm during this time! After enjoying the sights and sounds of the holiday spirit and décor, make some more memories by warming up inside with hot cocoa and dancing with your darling to your favorite Christmas or Hanukkah tunes. End the night by relaxing together in front of the fire and roasting some chestnuts while you enjoy a classic Christmas movie.

**What will you be doing as a Christmas date night? Share below!**

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## **Giveaway: Achieve Flawless Hair with Dear Clark**







*This post is sponsored by Dear Clark.*

By Louisa Gonzales and Kristin Mattern

Looking to revive your hair after a cold and snowy winter? Look no further because your miracle cure is here: These rejuvenating products will tame your winter mane into a gorgeous, beachy do just in time for those summer dates. Dear Clark, otherwise known as hair care salvation from Dallas, Texas, specializes in using pure and natural essential oils, including organic aloe, sunflower seed oil, and Rose of Jericho. Keep him guessing ladies – we won't reveal that the secret is Dear Clark's luxurious products!

By investing in these gluten-free, cruelty-free, and silicon-free products, your locks will soon be dazzling. Their hand-crafted products include the Resurrecting Wash and Resurrecting Rinse, Thickening Balm, Smoothing Elixir, and Finishing Salve. Dear Clark's hair line is so effective that the official style team of the TV show *Dallas* uses their Smoothing Elixir to ensure that the stars' locks remain fresh and fly away free.

If the cast of *Dallas* can have perfect hair after 10 to 14 grueling hours on set with Dear Clark, imagine what this incredible hair care line can do for you! All eyes will be on you as you on your next date as you sport the silkiest, smoothest hair possible. When your hair looks this good, there's nothing stopping you from getting the man of your dreams.

These amazing restorative products work together to recondition your hair, and keep it looking its best. First, the Resurrecting Wash and Rinse restore and rehydrate overstressed hair, making it healthy and shiny again. The Thickening Balm wraps around each individual strand of hair for an all around coif that is fuller and thicker than ever before. Next, the Smoothing Elixir works to calm and control even the most unmanageable and frizziest hair. And finally, the Finishing Salve not only heals and protects your hair from heat and humidity, but it also saves your style.

Lucky for you, one CupidsPulse.com reader will have the chance to win this miraculous bundle of Dear Clark hair care products! With the confidence boost you get from reviving your hair to all its luscious glory, there will be nothing holding you back from having your best summer ever, whether it's finally having the courage to ask out your crush or going on the dream vacation with your sweetheart.

~~**GIVEAWAY ALERT: To enter this giveaway, email [cupid@cupidspulse.com](mailto:cupid@cupidspulse.com) with your full name, address, email, and daytime phone number BEFORE 5 p.m. EST on Wednesday, April 23rd. In the subject line, please write "Dear Clark." You can enter the contest only once. Good luck!**~~

**Congratulations to Sherry BonDurant!!**

*Open to US residents only.*

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# Date Idea: Go For A Ride



By Kristin Mattern

Spring is in the air. Take advantage of the warming weather and hit the road with your man. Head to the racetrack to enjoy the fresh air and excitement with your dearest, or get a little romantic and go for a trail ride. However you welcome the new season, you're sure to feel the love blossom.

**Related Link:** [5 Ways to Know if Your Relationship is More Than Just a Spring Fling](#)

Dig out your big hat and cutest sundress before heading to watch the ponies with your partner. You and your cutie can

share the excitement as you watch the jockey's push their thoroughbreds to victory. Spend the extra money and get in to view the horses before each race. This way, the two of you can see the horses up close and get a sense of how each of them is going to perform. Guess which horse you think will do the best with your sweetie. Bring some brews with you to sip while you watch, or treat yourselves to a fancy meal at the track. Be sure to set a price cap so the two of you don't go overboard.

After a few hours at the racetrack, it's time to grab the reins yourselves. You and your baby can catch up and enjoy some alone time as you trot down the trail together. If you're near a beach or shore, see if you and your honey can have a race down the beach. The two of you will love the feel of the spring wind in your hair as you speed down the coast. Whoever loses can pay for dinner!

**Related Link:** [Date Idea: A Day in the Hay](#)

To end your big day, head to a sports bar that plays the races. Sit back and relax with your sweetie as the two of you recount your fun day day and enjoy one another's company.

**Have you ever headed to the race track for a date? Tell us about it in the comments below!**

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## Date Idea: Light Up the Night





By Kristin Mattern

Kick start the spark of love this weekend by taking your sweetie to see a laser light show and to play some laser tag. Keep the electric feel going by hitting up a club with your cutie and getting down on the dance floor as the lights flash and the disco ball twirls. You're sure to light up each other's world as the two of you dance the night away on this high amplitude powered date!

**Related Link:** [Date Idea: Dance the Night Away](#)

Light shows are a unique sight to see. Find one near you and watch as the professionals light up the night and the lasers dance to make creatures come to life from thin air. Snuggle up next to your honey while you take in the show. If it's an outside affair, be sure to bring a blanket to sit on and one to wrap around each other. You'll both enjoy being cuddled close while viewing the performance. Share a kiss beneath the warm electric glow.

To keep the fun going, head over to a laser tag arcade after the show and suit up for some friendly competition. Play on

the same team and rendezvous for a thrilling moment of stolen intimacy as you strategize your next move. Feel the adrenaline pumping and evade other players together. Or duke it out as you run around in the dimly lit maze and zap each other to see who is the master of the laser tag.

**Related Link:** [Date Idea: Arcade Game Night](#)

With all that wattage running through your veins, the two of you are sure to keep the energy pumping as you head out to a nightclub. Show off your dance moves and dip and sway beneath the flutter of neon lights. Get lost together as the fog machine and strobe lights pulse to the electronica beat. The two of you are sure to feel the tingle of love after this light-filled date!

**Have you ever gone electric with your sweetie? Share in the comments below!**

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## **Date Idea: Bar Crawl Party!**





By Kristin Mattern

What would St. Patrick's Day be without a bar crawl? Grab your leprechaun love and something green – because on St. Patty's Day, everyone is a little Irish! Make a day of it and start the morning off by viewing a parade with your sweetie. Then head over to the local strip to tour the bars. Once you and your cutie are tired of the bar scene, head back home to keep the party going with your friends. The two of you are sure to strike a pot of gold with this fun date idea!

**Related Link:** [First Date Outfit Ideas: Dinner and Drinks](#)

Many towns have their own St. Patty's Parade, but if your's doesn't, look up parades in cities nearest you. In Chicago, they even dye the river green for the occasion! What a sight to see. If you're in New Orleans, you might just get a kiss or set of beads from a green-costumed parade goer. Set out for adventure with your love as the two of you get to see bagpipers, leprechauns, all manner of floats, and, of course, men in kilts. Get really decked out with shamrock necklaces and "Kiss me, I'm Irish" shirts. It's the perfect excuse to plant one on your honey as you watch the parade!

After all the floats have made their way to the end of the parade, get your babe and friends together for a bar crawl. Some cities have guided tours you have to book ahead of time. Visit [PubCrawls.com](http://PubCrawls.com) to find one in a city near you. The advantage to booking a pub crawl is you and your group are guided around a pre-determined route, don't have to pay covers, and sometimes get one free drink included in the price of the tour. Also, you might be able to avoid some of the longer lines.

**Related Link:** [How to Redeem Yourself If You Get Drunk On a First Date](#)

However, if you like to fly by the seat of your pants and the luck of the Irish is on your side, plan your own bar crawl ahead of time. Map out your route so you know where you and your cutie are headed. You might even want to call ahead so you know if the bars have covers or if they are only open to tours that day. Then go wild and drink some green beer in honor of St. Patrick! Just make sure someone is the designated driver or you have plans to ride public transportation home.

When you and your crew have sampled all the Irish Car Bombs and Guinness you can stomach, head back home to keep the party going. Play traditional Irish melodies at home, or toss on the Dropkick Murphy's or Flogging Molly to reach your inner Irish Rocker. You and your partner can host an Irish dinner party by serving up some Corn Beef and Cabbage, easy to make in a crock-pot, and provide green cupcakes and other green-dyed goodies for dessert. Or serve up a traditional Irish Soda bread. Make Irish Coffee to compliment your delicious end to your Bar Crawl Party date with your honey.

Erin go bragh to you and your partner on this fun St. Patrick's Day date!

**What are your St. Patrick's Day plans? Tell us in the comments below!**



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# Date Idea: Take a Shot



By Kristin Mattern

This weekend, impress your cutie with your sweet moves at the bar. Get a little flirty by showing him your pool hall expertise, and then take aim at love as you play darts together. Have a friendly competition while you share wings and drinks for a fun date night.

Your man will definitely appreciate this guy-approved date. Not a pool hall shark? Let your babe teach you how to play. He'll love the opportunity to wrap his arms around you as he shows you how to shoot. If you're aces at pool, step it up and

let him see your game face as you play for who pays for the next round of drinks. Or go Dutch and take turns paying for each other. After all, he usually pays for you, right?

**Related Link:** [What Does Your Date's Drink Say About Him?](#)

Play darts against your sweetheart, or team up and invite another couple to play against you. Root each other on as you step up to the line and try to hit the bulls-eye. Celebrate your victory by grabbing a table and enjoying dinner.

Men love wing night; it's just one of those things. If you're up for it, have a contest to see who can eat the spiciest or the most wings. Or just relax and enjoy the different varieties of wings the establishment has to offer. From sweet and savory to red hot and peppery, you and your darling can share the different sensory sensations as you taste your way through the evening.

**Related Link:** [Tease Your Taste Buds on This Weekend Date Idea](#)

To round out the date – and burn some of those recently ingested wing calories, drag your man out onto the dance floor. Shake up the night as you boogie down and show off your sexy moves.

**Ever taken a shot at love in a pool hall? Let us know in the comments below!**

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## Date Idea: Slumber Party





By Kristin Mattern

Go back in time this weekend and invite your cutie over for a good, old-fashioned slumber party! Break out the sleeping bags and grab your silliest pajamas for this fun date night that will have the two of you giggling like a couple of teenagers.

**Related Link:** [How to Get the Best Sleep You Can With Your Partner](#)

Get out the Twister and pour the grape soda because it's time to rock your house like you and your sweetie are high school sweethearts. Pick out fun games for the two of you to play. If you used to love truth or dare, put a twist on this classic sleepover game and make it a bit sexy. For instance, dare your man to kiss you on your shoulder or ask him to reveal his favorite moment that the two of you have shared. If you're a couple of card sharks, amp up the flirty atmosphere with a rousing game of strip poker and make bets about who has to make breakfast in the morning. Top off the night with a pillow fight.

What's a slumber party without munchies? Make some truly sinful snacks that you used to nosh on as teens. Melt cheese over chips for quick nachos, or place cheese, grilled chicken and peppers between two flour wraps and heat it up on a skillet for stuffed tortillas. Maybe the two of you were candy lovers as kids; chew on Airheads and Sourpatch Kids, or scarf down some Sweetarts.

**Related Link:** [Romantic Dinner for Two](#)

After your food-induced coma has passed, share some laughs as you prank each other. Freeze his boxers when he's not looking. Slip a pinch of cayenne pepper into his dinner. Get a little cuddly with a tickle war. Keep it friendly and silly though; you don't want to send him home in the morning with hurt feelings.

When it is time to start winding down, set up your living room like you did when you were a kid prepping for a slumber party. Place the sleeping bags on the floor (yes, the floor!) in front of the television to set the mood. This way, you and your honey can snuggle up next to each other while you snack on popcorn and watch movies. Pick out your favorite films from your youth and have a movie marathon. Or watch your favorite shows together on Netflix – enjoy an entire season of *The O.C.* or *Dawson's Creek*. Snuggle up as you end your teenage dream together on this fun-filled slumber party date night.

**Ever had a slumber party with your significant other? Tell us how your night went in the comments below!**

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# Date Idea: Spa Vacation



By Kristin Mattern

Who says you can't swim in the winter? And no, we don't mean join the Polar Bear Club! This weekend, take your snow bunny for a spa getaway and dive into love. You'll both enjoy this romantic and relaxing date idea.

Rent a room at a hotel with the works and take advantage of the spa, pool, sauna and fancy restaurant. First, have a couples massage and facial with your man, and bond over the shared relaxing experience. Sweat out some sweet romance as the two of you enjoy a steamy sauna session and then cool off in the swimming pool. You're sure to grow even closer as you take those refreshing laps through the cool water.

**Related Link:** [Date Idea: Take a Shot](#)

After feeling truly pampered, get dressed up and head on down to the restaurant with your dear. Order a nice bottle of wine to share over your three-course meal. Splurge on dessert, and then head out to a local nightclub for some classy cocktails and dancing.

If you're at a true health spa, try some organic, whole-food veggie or fruit juice to sip while you and your honey enjoy a detox dinner. Afterwards, catch a late yoga class and really get rid of any remaining tension that the winter months have brought.

**Related Link:** [Exciting and Inexpensive Honeymoon Destinations](#)

Looking to really leave the winter behind and experience true summertime? Take your dearest on a spa vacation to somewhere tropical. Check out sites like Travelocity and TripAdvisor to find some steals for your getaway. Make sure to pick a spot with extravagant pools and beautiful beaches. Pack your favorite bathing suits and leave the cold behind as you escape to an island resort. Enjoy the balmy weather and smooth sand as the spa staff spoils you beneath the warmth of the sun.

Escape the cold this winter and indulge in summer-themed spa date!

**Have you ever skipped out on the snow to relive the summer with your darling? Let us know in the comments below!**

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## **The Prince and The Pauper: Closing the Gap Between You**

# and Your Cutie's Lifestyles (or Wallets)



By Kristin Mattern

Love can cross boundaries, conquer differences, and even span oceans, but being in a relationship with someone who is Cartier when you are simply Kay can be a bit tricky. Maybe you and your partner are on an equal footing in terms of cash, but you're a savvy saver, and he's a spend-thrift. If you and your significant other's lifestyles (or wallets) are on opposite sides of the fence, here are some tips to bring you closer together.

**1. Show him what you're about:** Money is a sore spot in a lot of relationships. Rather than sweat it out that you don't make

enough moola, realize that it isn't the dollars that matter – it's *you* and the role you play in the relationship that counts. Be yourself and show off your unique qualities. Perhaps you're really funny or you always know the right thing to say. Even if you're not bringing in the dough, you still have many other assets that are just as important.

**Related Link:** [10 Relationship Behaviors You Think Are Odd..That Are Totally Normal!](#)

**2. Appreciate his gift giving:** Perhaps you're one of those people who feels uncomfortable when bestowed with gifts. If that sounds like you, figure out why you feel this way. As Dr. Georgina Rose, licensed physician and author of *Are You Ready for the One?*, says, "The moments of joy brought on by purchasing a special present or enjoying a memorable meal are worth more to some than the feeling of a greater security from your bank account." Gift giving is a way for many people to show affection, and showing that you're grateful for his sweet gesture is the best way to return the favor.

**3. You squirrel it away and he spends like it's candy:** It can be challenging to your relationship when you save every penny and your partner spends as if he's the next Rockefeller. "We each have different values when it comes to money and often these are based on our childhood and the way we saw our parents deal with materialism," explains Dr. Rose. "If you realize how insignificant the actual dollars are and try to understand the real value behind it, then your partner's expenses may be justified. Maybe what seems like a splurge for you is in fact a way of enjoying life."

**4. Communicate, communicate, communicate:** Try not to judge your boyfriend for his gift giving, and instead, make an effort to understand the gratification his spending brings to him. Rather than jump down his throat for making a big purchase when you feel like the two of you should be saving, talk it out. Keep in mind that you can't half listen to his



reasons and then have it out with him. *Really* listen to him. Try to understand why it makes him happy to buy you things and then explain how it makes you feel without undercutting his feelings. Communication is the only way to shorten the gap between your different views on how to spend or save.

**Related Link:** [How Fighting Can Strengthen your Relationship](#)

**5. Remember that money can't buy love:** As the Beatles say, money doesn't win hearts. At the end of the day, money issues can actual boil down to a factor of different life values. If you really dislike spending and materialism and your partner is all about the bling, then it might be time for a split. If you can't see eye-to-eye on how to manage your finances, there's a good chance that many other aspects of your life won't line up as well.

Money is always a tricky part of life to navigate. The key is be understanding of why your significant other spends and discuss your own feelings about the subject. In the end, it's a question of values and making sure you are both on the same page.

**How have you handled money troubles in your relationship? Tell us in the comments below!**

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**Bonus Giveaway: Embrace Love and Support Our Troops With Bands for Arms**



*This post is sponsored by Bands for Arms.*

By Kristin Mattern,

Every so often, something comes along that evokes an emotion. Bands for Arms bracelets are that kind of item. The unique bracelets are hand-crafted by volunteers and constructed out of donated pieces of old military uniforms, which were worn by our military men and women. 50 percent of the profits go to not-for-profit organizations that help our service members.

Founder Nicanor Padrigo Mendoza III believes that all U.S. military service members need to be able to feel connected to their loved ones back home. After the loss of his friend in 2009, he wanted to find a way to help service members make that happen. He also desired to spread the word of the physical, mental, and emotional hardships that our armed forces endure and to provide support for those men and women.

~~This Valentine's Day, CupidsPulse.com will be giving away two bracelet/tee-shirt bundles from Bands for Arms which contain five bracelets to give your friends and family and one Military tee-shirt that supports breast cancer!~~

~~To enter for a chance to win please email [cupid@cupidspulse.com](mailto:cupid@cupidspulse.com) with your full name, address, email, and daytime phone number NO LATER THAN 10 p.m. EST today. In the subject line, please write "Bands for Arms." Winners will be contacted on Monday, February 17, 2014. You can enter each contest only once. Good luck!~~

Congratulations to Andrey Baker!

*Open to US residents only.*

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## Valentine's Day Giveaway 14: Lipocore Fat Burner by FA Engineered Nutrition





*This post is sponsored by Lipocore.*

By Kristin Mattern

Valentine's Day is all about love, but it isn't just for loving others: it's for loving yourself too! On this day, treat your body like a temple and give yourself the TLC you deserve with Lipocore from FA Engineered Nutrition.

FA Engineered Nutrition is spearheaded by one of the most influential women in the Sports Nutrition Industry, Liz Gaspari, and seasoned fitness professional and international bestselling author, James Villepigue. With their vision of sports health, their company works to provide the most effective products for any body. From cyclists to tennis players to MMA fighters, FA Engineered Nutrition's products provide synergistic effects that bring amazing results to everyone.

Lipocore is one of the best-selling fat burners on the market today, which works by increasing thermogenesis to ramp up the metabolism to melt away fat. This incredible supplement increases the heat in your body to help burn more calories and

allows your body to tap into body fat for energy, saving valuable muscle glycogen for your working muscles. With Lipocore, you'll give yourself a gift that keeps on giving long after the chocolates have been devoured and those flowers have wilted.

~~This Valentine's Day, Cupid'sPulse.com will be giving away one bottle of thermogenic supplements from Lipocore!~~

~~To enter for a chance to win please email [cupid@cupidspulse.com](mailto:cupid@cupidspulse.com) with your full name, address, email, and daytime phone number NO LATER THAN 10 p.m. EST today. In the subject line, please write "Lipocore." Winners will be contacted on Monday, February 17, 2014. You can enter each contest only once. Good luck!~~

Congratulations to Shannon Pacella!

*Open to US residents only.*

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## Valentine's Day Giveaway 12: Give Yourself Some "Selfie- Love" With ShutterBall





*This post is sponsored by Audiovox.*

By Kristin Mattern

There's no better way to commemorate how you spend your Valentine's Day this year than with selfies of you on a date or you hanging with the girls during a night on the town. But those awkward angles and one-handed pics can sometimes leave you with a less than stellar photo! If you haven't perfected the art of a selfie yet, you can now make every picture a glamour shot with ShutterBall from Audiovox!

ShutterBall works by triggering the coordinating app on your phone to take a still or video, which means that you can wirelessly hold the ShutterBall in one hand with your phone in the other. You can even set your phone down to take that epic pic or footage that you've been dreaming of. Compatible with both Android 2.2 or later and Apple iOS 6.0 or later, this must-have phone accessory is simple to set up and easy to use. Just download the app, and you're ready to go!

Small enough to hold in your palm and with a convenient loop to keep your ShutterBall handy on your jeans, key chain, or

purse, you'll always be able to snap the perfect photo. This Valentine's Day, give someone special the gift of a beautiful selfie!

~~This Valentine's Day, CupidsPulse.com will be giving away a ShutterBall Selfie from AudioVox!~~

~~To enter for a chance to win please email [cupid@cupidspulse.com](mailto:cupid@cupidspulse.com) with your full name, address, email, and daytime phone number NO LATER THAN 8 p.m. EST today. In the subject line, please write "Shutterball Selfie." Winners will be contacted on Monday, February 17, 2014. You can enter each contest only once. Good luck!~~

Congratulations Bree Pearsall!

*Open to US residents only.*

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## Valentine's Day Giveaway 11: Fall In Love with Music and the 808 CANZ Portable Speaker





*This post is sponsored by AudioVox.*

By Kristin Mattern

What better way to spend Valentine's Day than by turning up the volume and dancing to the music? Sure, you could go out to a club and chill to the songs that the DJ selects, but having your own dance party or intimate evening is much more fun with 808 bluetooth CANZ from AudioVox!

Do you feel like heading out for the day? Take 808 CANZ with you! It's compact size and six-hour rechargeable battery life makes it perfect to tag along whether you're heading to the beach, having a picnic or just hanging at a friend's house. Using Bluetooth and wireless capabilities, you can link up whatever tunes you're in the mood for and jam the night away. CANZ comes in metallic blue, red or silver and is very fun and functional.

~~**This Valentine's Day, CupidsPulse.com will be giving away a speaker from 808 CANZ!**~~

~~**To enter for a chance to win please**~~



~~email [cupid@cupidspulse.com](mailto:cupid@cupidspulse.com) with your full name, address, email, and daytime phone number NO LATER THAN 7 p.m. EST today. In the subject line, please write "808 CANZ." Winners will be contacted on Monday, February 17, 2014. You can enter each contest only once. Good luck!~~

Congratulations to Shannon Pacella!

*Open to US residents only.*

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## Valentine's Day Giveaway 8: Signed Recipe Book from VH1 Mob Wives Star





*This post is sponsored by Jennifer, Renee, and Lana Graziano.*

By Kristin Mattern

One of the greatest ways to show someone you love them is by cooking them up a delicious meal. Another way some couples and families show their affection is by having a rousing argument around the dinner table while surrounded by a yummy landscape of food: a tradition carried on by the stars of *Mob Wives* and the Graziano sisters.

*Mob Wives* creator and executive producer Jennifer, *Mob Wives* star Renee, and restaurateur Lana have come together to provide you with sensational recipes that will make you a star in your own kitchen and give you something to banter over this Valentine's Day.

Their new book, "How To Use A Meat Cleaver" is a full-color cookbook which features 100 of their most-coveted family recipes including Lana's Famous Meatballs, Lobster Arriagiatta, Sunday Gravy, Sausage and Peppers, Fillet Mignon and more. The girls also share some personal family stories with their readers.

Instead of braving the crowds and eating mediocre-mass-produced-food this Valentine's Day, cook like a Graziano and create cuisine that will impress your partner or your girlfriends with your culinary prowess. After all, sometimes the way to someone's heart is through their stomach! Especially if you're dating a foodie.

~~This Valentine's Day, CupidsPulse.com will be giving away a signed copy of "How to Use a Meat Cleaver!"~~

~~To enter for a chance to win please email [cupid@cupidspulse.com](mailto:cupid@cupidspulse.com) with your full name, address, email, and daytime phone number NO LATER THAN 4 p.m. EST today. In the subject line, please write "Cookbook." Winners will be contacted on Monday, February 17, 2014. You can enter each contest only once. Good luck!~~

Congratulations to Modesto Gallo!

*Open to US residents only.*

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## Valentine's Day Giveaway 1: Enjoy a Special Food Delivery from Goldbely





*This post is sponsored by Goldbely.*

By Kristin Mattern

Food can be a sensual experience as you and your date delve from sugary depths to rich heights and spicy plateaus. If your tastebuds are looking for a sensory playground that sampling a variety of cuisine afford, nobody delivers this kind of food discovery like Goldbely!

Founded by self-proclaimed food lovers on a quest for exquisite taste sensations, Goldbely believes that food is best enjoyed when shared with those you love and the best foods to share are those that excite the curiosity. By exploring the US for the most interesting kinds of foods, Goldbely connects foodies with delicious eats from gourmet food purveyors.

Maybe you live in Tennessee, and crave a real New York deli style pastrami on rye. Or you and your bestie are Washington natives dying to have some authentic Texas BBQ. Goldbely hooks you up with whatever food it is you yen for but are separated from by those long stretches of majestic fields of grain and

purple mountains. Why go out for Valentine's Day when you can have a unique dinner delivered right to your front door!

~~This Valentine's Day CupidsPulse.com will be giving away a \$50 gift card from Goldbely!~~

~~To enter for a chance to win please email [cupid@cupidspulse.com](mailto:cupid@cupidspulse.com) with your full name, address, email, and daytime phone number NO LATER THAN 9 a.m. EST today. In the subject line, please write "Goldbely." Winners will be contacted on Monday, February 17, 2014. You can enter each contest only once. Good luck!~~

Congratulations to Briana Christina O'Halloran!

*Open to US residents only.*

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## Valentine's Day Giveaway 5: Stay Chic And Hands Free with SHOLDIT Clutch Wrap





By Kristin Mattern

Walking hand in hand with your partner is a magical moment. Striding along next to your sweetie, you look down at your hand clasped tightly around... your purse? Don't miss out on intimate moments this Valentine's Day by being encumbered by your bag, be hands free and fashionable with SHOLDIT!

SHOLDIT is the incredible accessory that combines a chic look with functionality. This circular scarf is much more than its average scarf-cousins who only lend warmth and beauty to the wearer. SHOLDIT Clutch Wrap purse combines the beauty of a scarf, the security of a cross body and the convenience of a clutch all in one item! You can carry the essentials – like your phone, passport, lip gloss and sunglasses – without worrying about the size of the purse you will need for that shopping trip with the girls or for that romantic night out. Styled however you like as a scarf, cross body or clutch, you have all of your items at arms reach without the worry or inconvenience of a conventional purse.

Treat yourself, your bestie, your sister, your mom and all the women you love in your life to the hands free luxury of SHOLD

IT by entering for a chance to win this must have accessory!

This Valentine's Day CupidsPulse.com will be giving away one Sholdit Clutch Wrap!

To enter for a chance to win please email [cupid@cupidspulse.com](mailto:cupid@cupidspulse.com) with your full name, address, email, and daytime phone number NO LATER THAN 1 p.m. EST today. In the subject line, please write "Sholdit." Winners will be contacted on Monday, February 17, 2014. You can enter each contest only once. Good luck!

*Open to US residents only.*

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**SPECIAL BONUS GIVEAWAY: 'Til  
DIVORCE Do Us Part: The  
Musical'**





*This post is sponsored by 'Til DIVORCE Do Us Part.*

By Kristin Mattern

Marriage doesn't always end up being the fairy tale we imagine it will be and sometimes we don't make it through "until death do us part." But, whether you make it or not, you can now walk on the dystopic side of love this Valentine's Day by getting together with the girls and heading on over to see *'TIL DIVORCE DO US PART: THE MUSICAL*.

Yes, a musical about divorce! This original comedy was inspired by the true story of a Broadway producers' wife who is suddenly dumped by her husband after years of marriage. Rather than sink into sadness, she decides to celebrate this new chapter in her life. Along with her spunky friends, they get their revenge through song and dance, and laugh their way through the stages of divorce and self-discovery.

You don't need to be a divorcee to enjoy cabaret and vaudevillian melodies like "A Whole Lot Cuter" and "Better Glad Than Mad!" Everyone whose ever been in love will sympathize with the touching moments the play reveals and root



for these women who have turned to the comical side of divorce to heal their wounds. It's a musical comedy that romps through all of the emotions that relationships and breakups bring. Therefore, it's good for your sensitive man as well!

Everyone deserves to see this hysterical show, and now they can! We are offering our visitors a **30% discount** when you purchase your tickets today! Simply buy online at [BroadWayOffers.com](http://BroadWayOffers.com) or call 212-947-8844 and use the discount code: TLLSP52.

~~Right now, CupidsPulse.com is giving away two vouchers (good for two tickets) to see *TIL DIVORCE DO US PART: THE MUSICAL* at the Daryl Roth Theatre in Union Square.~~

~~To enter for a chance to win please email [cupid@cupidspulse.com](mailto:cupid@cupidspulse.com) with your full name, address, email, and daytime phone number NO LATER than 1 p.m. EST today. In the subject line, please write "Til Divorce Do Us Part: The Musical." Winners will be contacted on Monday, February 17, 2014. You can enter each contest only once. Good luck!~~

Congratulations to Jennifer Salazar Ross!

*Open to US residents only.*

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## Date Idea: Be a "Cheap" Date





By Kristin Mattern

You and your sweetie are sick of the same old Valentine's Day traditions, or maybe you're both convinced it's just a day made up by the card companies. Perhaps your pockets are just little lighter this year and you're looking for ways to save money. Whatever your reason, this Valentine's Day is a great time to have a cheap date to celebrate your love together.

**Related Link:** [List Your Live](#)

Get crafty this weekend and make your own cards. Cut out hearts from red and pink construction paper and use paper lace doilies and glitter to decorate. Write cute and corny lines to put a smile on each other's faces. For a longer-lasting idea, cut photographs into heart shapes and make a collage you can enjoy for years to come. If you're not the most artistic person, print images and cut them out to create an easy but still sentimental card for your honey.

To exchange gifts and not burn a hole in your pocket, agree to set a price cap with your significant other. This way, you can

both give each other a little something special, but you aren't going overboard. Or stick with the homemade route and get creative. If you've been dying for your man to surprise you with breakfast in bed or cook a candlelit dinner, let that be his gift to you! If you're a guy, maybe you dream of your girlfriend making a batch of your favorite cookies, or you really want her to crochet you a scarf in your favorite football team's colors. Just ask her. Think outside the chocolate box and do something unique.

**Related Link:** [Movie Night](#)

Another idea is to make dinner with what you have in the fridge, or order Italian if the two of you are feeling like you want to be pampered a little. Watch romantic and fun movies like *50 First Dates* or the ever-classic *Casablanca*. Whatever you decide to pop in the DVD player, you and your sweetheart are sure to have a lovely ending to your non-traditional V-day all on the cheap!

**Have you ever gone beyond giving roses on Valentine's Day? Tell us in the comments below!**

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## **Date Idea: Bet On It**





By Kristin Mattern

Take a gamble on love this weekend and hit the strip with your man! Head out to a local casino and set the stakes high as you roll your way into your sweetie's heart. You'll be up all night with this weekend date idea.

Get glammed up for your cutie, jump in the car (or get extra fancy and rent a limo) and drive over to the nearest gambling spot. As you walk arm and arm onto the casino floor together, share the surge of excitement and anticipation for the night ahead. Sit at the same table and play against one another to encourage some friendly competition, or root your honey on as he plays a card game alone. See if lady luck is with you as you sit side-by-side and have a go at the slots.

Make this date a romantic weekend getaway and catch a flight to Vegas. You never know, you might just make it into some high roller suites! After some boozy kisses and some wins at blackjack, head out onto the strip to take in the sights. Catch one of the many shows, like Cirque du Soleil or David Copperfield, and then hit up the clubs. Dance the night away

as you celebrate your winnings. Check out Vegas.com to discover places to stay, shows to see, where to eat and more – everything you need to make this casino getaway truly unforgettable.

If you're on the East Coast, make Atlantic City your destination. Play roulette and poker, then head out for a stroll along the iconic boardwalk. Snuggle up on the beach with your babe if you want to wind down, or hit up one of the many nightclubs to keep the electric feel going. Not in a dancing mood? Atlantic City has tons of shopping – the perfect way to spend your winnings. Check out AtlanticCityNJ.com for more information.

If you're not looking to spend big bucks, set up a casino date at home! Have a fun and flirty night in as the two of you play rummy for pennies, blackjack for that last piece of pizza and maybe even a game of strip poker. Get creative and wager what you'd both like to bet for: kisses, hugs or the next movie you watch. Make sure to have some munchies on hand to nosh on while you play. Drink your favorite microbrew with your dearest, or share some sparkling wine. When you're done gambling, throw on a casino-themed movie like *Ocean's Eleven* and just relax.

No one loses on this date – you can bet on it!

**Ever take your loved one out to a casino for date night? Tell us all about it in the comments below!**

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**'America Now' Host Leeza**

# Gibbons Says, “Until You Think You’re Worth the Love You’re Looking For, It Will Elude You”



Interview by [Lori Bizzoco](#). Editorial by Kristin Mattern.

Award-winning host Leeza Gibbons knows heartbreak and learned through experience that sometimes, to find a relationship and love, you have to start over. A successful businesswoman, she climbed from public radio to popular entertainment news broadcast shows like *Entertainment Tonight*, *Hollywood Confidential*, and *America Now*. But while her career powered forward, Gibbon’s romantic life didn’t progress so smoothly.

After three celebrity divorces, she decided that it was time to focus on herself. Little did she realize that through this process, she would end up meeting her soul mate and now-husband, Steven Fenton. In our exclusive celebrity interview, the popular host gives some inspiring relationship advice for starting life anew.

## Leeza Gibbons Opens Up About Her Relationship and Love

The broadcaster met Fenton on a blind date that she mistakenly believed was a business dinner. “I met him at a restaurant, and two hours later, there was no ask, no agenda... and so I went into my comfort zone of asking questions and made it like an interview. He thought I was kind of rude, I think, and I left abruptly thinking, ‘What was that about?’”

Afterwards, the two didn’t speak for a while but eventually reconnected when Gibbons hired him to work for her. Over time, and after much denial, she realized she had fallen for her genuine, gentle, and loyal team member. “I had found what was missing: being part of a team, being part of a relationship. We really treasure that we are teammates.” But before Gibbons found her happy ending, she made the difficult decision to change her life.

**Related Link:** [How to Know When to Get Hitched](#)

The journalist came to terms with a life “redo” by “standing emotionally naked in front of a mirror and saying, ‘Wow, look at that – is this the person you want to be?’” She claims that a redo can come at any point in life, no matter your age or who you are. If you find yourself stuck in a life that doesn’t feel like it belongs to you, it’s time for a change. But where do you begin? “You have to drop the dread and banish the blame before you can start any reinvention. Those are the two

essentials,” she advises in our exclusive celebrity interview. “It’s not an easy choice, but all choices start with a beginning, and there’s an energy to starting something that can sweep you along to the changes you need to make.”

For the retake on her own life, she used people she admired to become the person she wanted to be. She calls them “pace setters.” Through this positive mindset, Gibbons later had the privilege to meet some of the men and women she looked up to, including Olivia Newton John, who gave her the following advice: “She told me to keep my heart open to love but to walk with the pain of being alone and really re-establish my relationship with myself to become someone who was 100 percent whole. Then, I would attract that kind of person into my life.”

**Related Link:** [Single in Stiletto Show: Why Do Men Disappear?](#)

## **Exclusive Celebrity Interview: New Author Shares Relationship and Celebrity Divorce Advice**

Gibbons took these words to heart and earlier this year released her first book, *Take 2: Your Guide to Creating Happy Endings and New Beginnings* which delves even deeper into her experiences and teaches others how to take control of their lives. “We are all on a path of becoming who we are, and the secret to the dance is knowing when to do what,” says the author. She shares that you have to learn to gracefully move from one stage of life to the next and let go of the person you were in the past to be happy now. If it sounds like a balancing act, Gibbons thinks otherwise: “Balance is bogus. We have a high standard for ourselves, but at some point, flexibility and forgiveness – the two f-words – are the ones that are going to give us sanity.”



For those who find themselves entering the dating world after a long hiatus, the celebrity host says to get to know yourself and be real about who you were when you got hurt. “We have to teach people how to treat us. We have to treat ourselves with love, dignity, and respect. When we value who we really are, the rest of the world takes note and mirrors that. Until you think you’re worth the love you’re looking for, it will elude you.”

**Related Link:** [Bill and Giuliana Rancic on Marriage and Parenting](#)

Gibbons also enjoys co-hosting *America Now* with Bill Rancic, who she describes as a “kid brother.” The show aims to empower people, much like she has in other facets of her life. The broadcast gives viewers a snapshot of what’s going on in the often frightening world and provides tools for people to cope. “We send you to our website [AmericaNowNews.com](#), and we put a lot of resources there so you can really take control of your life,” the host explains. “People are so overstimulated today, and everything is moving so darn fast; we want you to feel like you’ve got it going on and can recover.”

In addition to being an author, on-air talent, mother, and wife this inspiring woman is also a philanthropist and created Leeza’s Cure Connection, which works to aid caregivers of family members with Alzheimer’s. She founded the nonprofit organization after she was personally touched by the disease. “My mom and grandma both died of Alzheimer’s. The first time that my mom didn’t know my name...there’s just no pierce to your heart that is worse than that. What we do is offer free services to caregivers: the husbands and the wives, the sons and the daughters. It really has been the greatest work I’ve ever been privileged to do.”

For more information on Gibbons, visit her website, <http://leezagibbons.com/>.

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# Ring in the New Year in True Vegas Style: Hotel Party Roundup



By Kristin Mattern

Ring in the New Year in grand fashion by planning a getaway with your significant other or even better, surprising him with a ticket to board the next jumbo jet to Vegas. Sin city is even more alive on New Year's Eve and this year there are four amazing events taking place that will pretty much ensure you are welcoming 2014 in style. As we all know, what happens in Vegas, stays in Vegas!

**Party Inside The Venetian at TAO:** Enjoy a night of R&B music with a live performance from Grammy Award winning artist Miguel. You and your partner are sure to get caught up in the moment as you sway to Miguel's sweet sounds surrounded by the innovative ambiance of TAO's "Asian City" theme, featuring a twenty foot tall Buddha statue. Your taste buds will be treated to the delicious dishes of the Pacific Rim as you both enjoy hors d'oeuvres made by celebrity chefs and a premium open bar from 9 pm – midnight. Then, as the clock begins the countdown to welcome 2014, raise a complimentary glass of champagne to toast the start of another New Year in true Vegas style. At the stroke of midnight, TAO ticket stubs will also grant entrance to LAVO, providing you and your partner access to two incredible parties in one night. But that's not all. The ticket stubs also provide 10% off dinner at either TAO or LAVO the next day. What an amazing way to celebrate the start of 2014!

**Related Link:** [4 Tips to Reduce New Year's Eve Dating Anxiety](#)

**Rock Out In The Palazzo at LAVO:** Enjoy an electric end to 2013, and ring in the New Year with amplitude as you and your significant other jam with the incredibly talented DJ Vice. This spin master will rock the crowd into the New Year. Get your rave on as the two of you dance to dubstep and pop beats amongst a state of the art audio-visual system. Not only does LAVO sport an incredible sound system, the space derives design inspiration from the bathhouses of ancient Mediterranean culture and a menu that highlights the best of the region's cuisine. You and your partner can soak in the unique beauty of LAVO while enjoying tasty hors d'oeuvres, served from 9 to midnight, and enjoy some delicious cocktails at the premium open bar from 9 to 11pm. The party will continue as you enjoy a complimentary glass of champagne to toast the start of 2014! Just like above, your LAVO ticket stub will also grant access to TAO, allowing the two of you to party it up at two amazing clubs in one unforgettable evening.

The tickets also provide 10% off dinner at either TAO or LAVO the next day! What a sweet New Year it will be.



Left to Right: The Chelsea;  
Bruno Mars. Photo: Kirvin Doak  
Communications

**An Intimate Evening In The Cosmopolitan at The Chelsea:** Looking for a unique experience this New Year's Eve that you can really brag about? What about a smaller venue featuring a performance by the amazing Bruno Mars? Mars will not only ring in 2014 with true Vegas showmanship, but will inaugurate The Chelsea as the new club at The Cosmopolitan. Don't miss this opportunity to be a part of history as you and your loved one ring in the New Year and kick off the start to what is sure to be one of the best clubs in Vegas. The Chelsea offers an avant-garde approach to entertainment; the venue features cast glass chandeliers, a vintage lobby bar, private VIP opera boxes and a decorative grand staircase. Don't miss this exclusive chance to celebrate New Year's Eve in a truly glamorous way!

**Related Link:** [Quickie Chick's Video Dating Tips: How to Celebrate New Year's Eve if You're Single](#)



Celine Dion. Photo:  
CeasarsPalace.com

**Sing Your Heart Out in Ceasar's Palace at The Colosseum:** If you are totally in love with Celine Dion and her harmonious voice, what better way to celebrate the New Year than by seeing her perform live? You'll be swept away by the visually stunning presentation of Dion's new show that was designed exclusively for The Colosseum – a state of the art venue. This show is a spectacular event, directed by long time Grammy producer Ken Ehrlich, and features a full orchestra and band to accompany Dion's timeless classics. Don't just party this New Years Eve; have an experience! Let the awe-inspiring sounds of the big band and Dion's unforgettable voice transport you and your beau into the New Year with sophisticated style and elegance. Instead of throwing the same old party at home with flat champagne and noisemakers, do it up big, and get on the next plane for scenic Las Vegas! This party town is ready to throw down and give you and your sweetie the most memorable night of your lives. Ring in 2014 in sensational style.

*What are you waiting for? Tickets are limited, so be sure to visit Vegas's New Year's Eve Live website, [www.newyarsevelive.net/cities/las-vegas.html](http://www.newyarsevelive.net/cities/las-vegas.html) to buy spots for these, and other exclusive venues.*

How will you celebrate New Years? Heading to a fabulous location like Vegas? Let us know in the comments below!

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# Celebrity Interview with Hair Stylist Chaz Dean: “The Most Important Part is Feeling Sexy”



Interview by [Lori Bizzoco](#). Editorial by Kristin Mattern.

Stylist to the stars Chaz Dean has been creating covetable

celebrity looks for years. An authority on hair care, Dean began developing his own natural product line called WEN in 1996. After building an A-list clientele, he started Chaz Dean Studio in Hollywood where celebs can escape the typical salon products and pestering paparazzi for a calm, rejuvenating experience. With his WEN products as well as the [date night](#) tips he shares below, he brings Hollywood style to the masses in our exclusive celebrity interview.

**Related Link:** [Hair Battle Spectacular's Blondie Talks Hair Tips For Dating](#)

## Celebrity Interview with Chaz Dean

Push your bangs out of your eyes and get ready to see clearly, ladies, because this hairdresser cuts away at the salon facade to reveal the truth about hair care. The way you care for your hair is why you don't have tresses like [Jennifer Aniston's](#), but even America's sweetheart chopped off her locks recently – and it wasn't just to be trendy. “She cut her hair short because of a bad keratin treatment,” Dean explains. Brazilian blowouts, keratin treatments, and Japanese straighteners are touted as healthy for your hair, but this stylist believes differently. “People think it's good, and it's not. It takes such a toll on your hair. Your hair is protein; protein does not need more protein.” He says that added protein makes already dry hair more brittle, causing breakage. If you really want to strengthen your hair, moisture and collagen elements are what you need.

Given his passion for this topic, it's no surprise that hair foibles were part of Dean's motivation for creating WEN. Women want soft, touchable hair that also shines with vibrant color. Looking to keep color from fading, the hair alchemist turned to herbal inspiration: “I literally went to my garden and took sage, rosemary, lavender, eucalyptus, apple, bananas, and pears and boiled them together in my kitchen,” he explains in

our celebrity interview. “It smelled incredible, and when I cleansed my hair with it, the natural astringents paired with antibacterial and moisturizing properties made my hair feel clean and silky.” Dean knew he had discovered the miracle recipe he’d been seeking and wanted to get this product to his customers. After nearly five years of lab work, WEN was born in 2000.

In 2005, the hair stylist started working with QVC. “QVC has been a blessing for me because I get feedback from customers. They all have their opinions, and whether it’s good or bad, you learn and you grow from it,” the client-centered stylist says. “The most important part to me is making people’s life easier by embracing their natural hair’s texture and giving them the hair they’ve dreamed of.” On air, Dean showcases his powerful product; whether you have the kinkiest of curls or baby fine locks, WEN makes hair shiny and buttery smooth.

**Related Link:** [Top 5 Hot Hair Tips You Should Be Taking from Celebrities](#)

## Hair Stylist Talks Best Celeb Hair

Celebrities enjoy WEN products at home and trust him to make their hair radiant when they visit his salon. When asked if he had a favorite famous client, Dean candidly responds, “I would say Nicole Murphy because she trusts me to give her the best look.” But when it comes to who has the best hair, he thinks Megan Fox has an enviable mane. “She was doing an interview recently, and she looked gorgeous. Gorgeous! Her hair, I believe, always looks good.” Who wears the short trend best? Isabel Lucas, whose crop he describes as adorable. Christina Aguilera’s hair doesn’t get such a glowing review from the master stylist. “If she doesn’t stop bleaching it to an inch of its life, she’s going to end up having to cut her hair off. Girl, you can have blonde, but it shouldn’t be translucent or yellow.”



Every woman, famous or not, wants beautiful hair that men find attractive. So do you go Rapunzel long or Daisy Buchanan short? “Men want hair that is soft and touchable, hair that they can run their hands through.” The stylist believes only insecure men need their women to have long hair; secure men are fine with women rocking short hair. To really impress your guy, wear a style that makes you feel sexy. If your man tells you how to wear your hair, the hairdresser says to put him in his place: “Tell him that when he grows his hair out, then you’ll do what he wants.”

**Related Link:** [Celebrity Hair & Makeup Artist Predicts Anne Hathaway’s Red Carpet Look](#)

A woman’s hairstyle is perhaps most important on her wedding day, and brides often wonder what ‘do is best to say “I do.” Dean suggests being yourself. “Whether you’re a sexy rocker girl, a timid and sweet curly girl, or a wavy girl, bring out that element.” For damage-free curls, the hairdresser advises rolling hair into sponge rollers, misting with WEN Replenishing Treatment Mist, and taking a shower (without getting your hair wet); by the time you’re done with your makeup, your hair will be set with amazing curls without the damage of a curling iron. Don’t wait until you get hitched to try this style; use this tip for your next night on the town with your sweetie for a sure-to-wow blowout!

Continuing to expand his popular line, WEN products are for the whole family – even Fido! WEN has a pet line that cleanses while repelling ticks and fleas. The kid’s line, nicknamed WEN Sensitive, is allergen-free and perfect for anyone with whey, wheat, gluten, menthol, soy, or nut allergies. The line eventually expanded to include WEN for babies and seasonal varieties like summer honey peach, which Dean calls “heaven in a bottle.” Plus, WEN Men will soon be hitting shelves to address men’s unique hair issues.

WEN will you and your’s be ready to wear amazing hair?

*For more information on Chaz Dean and WEN, visit the website, [www.wen.com/chaz-dean.html](http://www.wen.com/chaz-dean.html).*