

# Kim Kardashian and Kris Humphries Say 'I Do'



Kim

Kardashian is officially married and off the market. The Armenian beauty tied the knot with Kris Humphries on Saturday at a beautiful estate in Montecito, California. 450 guests were in attendance. According to [People](#), the two were married in a traditional Christian ceremony officiated by the Humphries family's pastor, Joel Johnso. Kardashian paid tribute to her late father, attorney, Robert Kardashian, in a heartfelt message in the program, "I so wish my dad could be here today to walk me down the aisle, But I know in a way he is here, and I feel his loving presence all around me. I love and miss you, dad."

**How do you deal with nerves on your wedding day?**

**Cupid's Pulse:**

Your wedding day is one of the most memorable days of your life. What makes it memorable isn't the dress or the lavish party, but the feelings of excitement and nervousness. Here are some ways to calm your nerves on the big day:

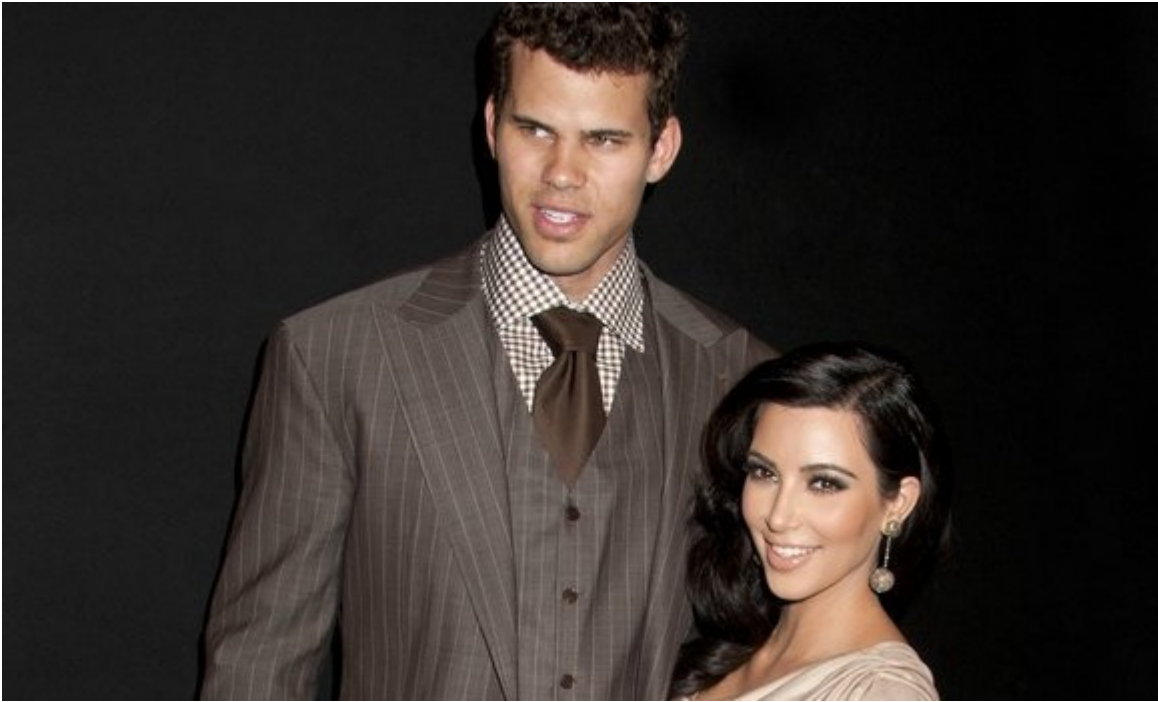
- 1. Take a deep breath:** Your yoga teacher has the answer. Don't forget to breathe. The time it takes to inhale and exhale will put everything into perspective.
- 2. Ask for help:** Getting ready for your wedding is difficult for you to do alone, so ask your friends for help. After all, what are bridesmaids for?
- 3. Feel the love:** It's easy to get caught up in the superficial aspect of a wedding, but in the end the only thing that matters is celebrating your love.

What have you done to relive stress? Share your tips below.

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## Rebecca Friedman, Exclusive Hair Colorist to Kim Kardashian, Unveils Her Client's "Big Day" Look – Will It Be Light or Dark?





By

Whitney Baker

Before her big day, a bride-to-be has so many details to consider: location, music selection, flower arrangements, seating chart, menu choices, and, of course, her personal style. She needs to pick out a dress and jewelry, as well as decide how to do her make-up and hair. When it comes to her hair, she not only needs to choose a style – keeping in mind her choice of veil – but also a color.

That's where Rebecca Friedman can help. Co-owner of Goodform Salon in Hollywood, and a celebrity colorist expert, Friedman knows just how critical it is to achieve that perfect hair color – and most recently, as the exclusive colorist to Kim Kardashian, she's helped one bride-to-be do just that.

With Kardashian's wedding to New Jersey Nets' basketball star, Kris Humphries, only two days away, Friedman reveals, "I just saw her the other day. I took her lighter chocolate brown color back down to a dark, minky sable, closer to her natural hue."

In light of these upcoming Hollywood nuptials – a wedding that's expected to be as grand as the royal wedding – this

celebrity hair colorist offers a bit of advice to future brides. “Unless it’s in your personality to make bold decisions with your look, I wouldn’t recommend a shocking change before your big day,” she says. “You want to look at your pictures and feel timeless. I think most brides want to look like the most polished version of themselves.”

Of course, other factors, like season and location, impact a bride’s choice of hair color, as well. According to Friedman, “If you’re getting married in the summer time, or on the beach, beautiful, hand-painted highlights on slightly deconstructed waves seems fitting. On the other hand, for a winter wedding in the city, you may want to opt for a deeper, richer shade styled into a more-textured low bun.”

While a bride-to-be should stick with what she knows, single girls have the flexibility to be a bit more playful. “You are single and want to look your best – you never know who you will run into! Lightening up your color, or using multiple tones to add sparkle and dimension, is sure to make you feel flirty,” she says.

But remember: you should never change your hair color for a man. Friedman regards this reasoning as a big no-no and says, “The attraction should be there regardless of your hair color.”

A broken-hearted girl, however, should be a bit more cautious. “Wait until you’re less emotional or start slowly by adding a few face framing highlights or a gloss,” recommends Friedman. “You can always go more drastic later.”

After all, “in the throes of a heart ache, what seems like a good idea, sometimes is not – like eating a whole container of ice cream!” Friedman cautions.

At the end of the day, whether you’re a bride-to-be, a single girl ready to jump back into the dating world, or a girl with a broken heart, there is a “golden rule” when it comes to

changing your hair color: "Honor your personal style."

Before making a color change, Friedman advises all girls to do their homework. "Find a very capable hair professional to [make the color change] for you. Be realistic about how achievable the target color is for your complexion and your hair," she says.

Since the right hair color is different for every girl, Friedman believes that you should "play up what you have," offering this advice to girls of every shade: "If you're a redhead, add a fiery, copper gloss. Blondes can try painted-on, surfer-girl highlights with a few random low-lights. As for brunettes, they can stay multi-tonal by adding some sparkly toffee and toasted-walnut strands around their hairline and tips."

According to Friedman, regardless of your base color, there are six important questions to ask your stylist before making a major color change:

1. What is a realistic level of lightness for me to achieve given my current hair color?
2. Will previous chemical treatments on my hair affect how light I can go?
3. What tones will best suit my complexion?
4. Will the texture of my hair change after I lighten it?
5. How often will I have to come in for touch-ups?
6. Do styling products for color-treated hair really work?

While the answers to these questions will provide you with invaluable information before making the big decision, the most important question to ask yourself is: Will my color change make me feel like my *most* confident self? Friedman says, "Wearing your hair color with confidence, no matter what

color it is, really is key.”

We couldn't resist asking Friedman one last question – something everyone wants to know: Do blondes really have more fun? She shows off her own confidence and answers unabashedly, “Well, as a natural and currently very blonde girl, I must be biased and say yes!”

*To make an appointment with Friedman at Goodform Salon, please call 323.658.8585.*

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# **Kim Kardashian Chooses Wedding Dress Designer Vera Wang**





Bride-

to-be Kim Kardashian has been in the media a lot lately, due to her recent engagement to Kris Humphries. Well, she's now being examined for what her wedding dress will look like. Kardashian revealed Monday that Vera Wang will be designing her wedding gown, according to [UsMagazine.com](http://UsMagazine.com). "Vera has been a close family friend for a long time and we had talked about this moment for years," Kardashian, 30, wrote on her blog. "So when it came to picking my wedding dress designer, she was the first person I thought of. No one designs gowns the way she does!"

**How do you make choosing a wedding dress a special occasion?**

**Cupid's Advice:**

Just have fun with it! Here are three ways to make shopping for your wedding gown an unforgettable experience:

**1. Don't go by yourself:** Everything always seems more fun if the ones you love are involved. Nothing is different about shopping for your wedding dress. You want the people that you cherish to come help you along the way. They don't necessarily have to make the ultimate decision for you, but if you value them, you value their opinion.

**2. Keep your big day in mind:** It may get very stressful, but if you constantly keep your big day in mind, you have no choice but to smile. Think about the reason you're shopping, because the happiest day of your life is soon to come. Don't let minor things spoil this special occasion.

**3. Take pictures:** Take pictures? Of you in the dress shops making a decision? Yes! Memories last a lifetime, and if you can look back on those photos, you'll know that you made gown shopping an unforgettable experience.

**How did you make choosing a wedding dress a special experience? Share below in a comment.**

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## **Kardashian Women Throw Kim a Racy Bridal Shower**







Khloe

Kardashian and Lamar Odom sealed the deal, and it's almost time for Kim Kardashian and Khris Humphries to do the same.

On Saturday, the engaged couple took one step closer to taking their wedding vows at their bridal shower, according to [E! Online](#). With a classy touch of wine, party favors wrapped in small pink boxes, and an atmosphere of Kardashian fever, this bridal shower was everything, but a fail. Guests did their part to keep it interesting as well. As Kardashian and Humphries opened up their gifts, they were shocked to pull out a pair of fuzzy handcuffs! Can we say classy, raunchy, and oh-so-Kardashian?

**What are some ways to spice up a generic bridal shower?**

### **Cupid's Advice:**

So you have the gifts, the guests, the decorations, the wine... the usual. But how about we throw something innovative in there? Spruce it up a bit! Cupid has some ways to make your bridal shower far from the usual:

**1. Games:** No one can pass up a second chance at being a kid again, and what better way to have fun like a child than by playing games? Bridal showers don't have to be a "thanks for

attending, thanks for the gifts, see you at my wedding, goodbye” type affair. Keep the vibe bumpin’ with some fun games to fit your theme.

**2.Tradition? Scratch that:** Who says you have to do what everyone else does? If you feel the urge to step out of traditional boundaries, then by all means, do so. Instead of renting out a banquet room, throw your bridal shower at a movie theater. Rent out the “birthday room” and check out a romantic comedy after the festivities have died down.

**3.Unexpected party favor:** Don’t give your guest a picture frame or gift bag full of candy. Instead, make your shower favors appropriate to you and your partner’s personality. If you’re both obsessed with Trivial Pursuit, give them each a few cards from the game (or the game itself!).

**What are your ideas to spice up a generic bridal shower? Share your comments below.**

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## **Kim Kardashian Celebrates Bachelorette Party in Las Vegas**





While

Kris Humphries was celebrating his bachelor party at Lavo Las Vegas last Saturday night, fiancé Kim Kardashian was doing her best to deal with her humiliation during her penis-themed bachelorette party, organized by her sister and maid-of-honor, Khloé. Kim was clad in a pink sash labeled “Tao Bachelorette” and an illuminated tiara. She kept her sangfroid as a male stripper appeared at dinner to perform a strip tease. According to [People](#), she told her guests “My sisters are doing everything they can to embarrass me.”

**What are some ways to playfully embarrass a bachelorette at her party?**

**Cupid’s Advice:**

So you have the honor of planning the bachelorette party for your sister or your best friend. How can you go about playfully embarrassing her? Cupid has some tips.

**1. Male stripper:** Classic. Hire one or multiple male strippers to perform a special dance at some point during the night. Make sure he puts the bride-to-be in the spotlight.

**2. Special outfit:** Design a special costume for the special lady. You can imitate Kim Kardashian's costume and go with something princessy, girly and pink, for instance.

**3. Decorations:** Decorate the venue. Choose a theme to make it more interesting. For example, you can ask all the guests to come in a male parts costume or design special necklaces for everyone.

**Got any ideas for how to embarrass the bride-to-be? Don't be shy! Share your ideas below**

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## 5 Of Our Favorite Celebrity Beach Bum Couples



By

Melissa Tierney

We aren't the only one's trying to hit the beach this season to escape the hot summer heat. Sizzling celebrity pairs can be spotted in Miami, Los Angeles and the Hamptons, soaking up some rays and having fun in the sand. If you're lucky, you may spot your favorite duo while you're taking an ocean dip.

Here are a few of the celebrity beach bum couples that we'd love to join at the beach:

**1. Kim Kardashian and Kris Humphries:** This newly engaged couple has been all over the media lately and one of the last trips they made caused a huge splash. The duo traveled to Puerto Vallarta, Mexico in late May, and by looking at the pictures of them, it seemed like they had a blast together.

The couple played in the ocean and embraced on the beach – talk about summer lovin'.

**2. Justin Bieber and Selena Gomez:** The teenage royalty twosome hit Maui in May and turned heads when they were spotted smooching in the sand. Things have gotten serious for the young lovebirds as Gomez was even seen visiting Bieber's family in Canada this spring. We wonder if they love her as much as we do.

**3. Ice-T and Coco:** The hip-hop couple showed their overwhelming love for each other on the hot beach of Miami in February. Rapper Ice-T kept it cool while his wife, former Playboy model Coco, showed off her sexy beach body in an itty-bitty bikini. The couple, who have been married for five years, now have their own reality show, *Ice Loves Coco*, every Sunday night on E.

**4. Kristin Cavallari and Jay Cutler:** The ex-reality star went to Cabo San Lucas in April on a romantic getaway with beau Jay Cutler and came back engaged – what a treat. Love was definitely swirling around this pair as they spent their weekend hand-in-hand walking in the sand before Cutler popped

the question. We don't know what was more blinding: the bright sun or her new 5.2 carat engagement ring.

**5. Reese Witherspoon and Jim Toth:** These newlyweds celebrated their nuptials by having a fun-filled getaway in Belize with Witherspoon's two kids. The new family came back with some nice color. They were just in time for Witherspoon to promote her latest movie, *Water for Elephants*, and accept the generation award at the MTV Movie Awards. Good thing they got to enjoy an exotic getaway before heading back to work.

**Who's your favorite celebrity beach bum couple? Share your thoughts below!**

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## **Our 5 Favorite Celebrity-Athlete Couples**





By

Diamon Hall

With Kim Kardashian's recent engagement to Kris Humphries and Candice Crawford's late-May nuptials, these lovely celebrities are currently hot topics of conversation. While these two couples are currently reveling in the limelight, there are plenty more popular athlete-celebrity couples in Tinseltown. Check out our favorite five:

**1. Gisele Bundchen and Tom Brady:** This famous Hollywood couple starred in Zimbio's "Top 10 Sizzling Couples" list, so it's only right to include them on this list. The New England Patriots quarterback and gorgeous Brazilian supermodel are a match made in heaven.

**2. Kim Kardashian and Kris Humphries:** There's just no way anybody could tune this couple out, as they've saturated the media lately after news broke of their engagement. It didn't take Kardashian long to find true love after her relationship with Miles Austin of the Dallas Cowboys faded. Since Humphries is the forward of the New Jersey Nets, and we all know about her previous long-term relationship with Reggie Bush of the New Orleans Saints, it's obvious she's a big fan



of athletes. However, since the basketball star dropped nearly \$2 million on the reality star's engagement ring, it seems he's an even bigger fan of hers.

**3. Candice Crawford and Tony Romo:** Crawford didn't receive clothes, shoes, or handbags for her 24th birthday. Instead, she got a ring and a marriage proposal from Dallas Cowboys quarterback Tony Romo. While it's safe to say that Romo is over pop star Jessica Simpson, we all know one thing – this gentleman definitely prefers blondes! Now, Crawford is no longer just known as the younger sister of *Gossip Girl* star Chace Crawford, but for her love life with such a prominent sports figure.

**4. La La Vasquez and Carmelo Anthony:** New York Knicks star Anthony and former television personality and current actress Vasquez tied the knot last July, and the whole world saw how they prepared for their big day on VH1 reality show, *La La's Full Court*. This couple seems to glow in all their pictures together and are still happily married, living in New York with their 4-year-old son, Kiyan.

**5. Khloe Kardashian and Lamar Odom:** Kim certainly isn't the only Kardashian who made this list. Younger sister Khloe and Los Angeles forward Lamar Odom also rank as one of Hollywood's well-known athlete-celebrity couples. Many questioned this pair's relationship because they only dated for a month before they married. However, these two are continuing to enjoy marital bliss, and their E! reality show, *Khloe' and Lamar*, finished its first season on May 31.

**Love is definitely in the air with these five athlete-celebrity couples. Which one is your favorite? Let us know below!**

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# Kim Kardashian's Wedding Registry Is Luxurious



Kim

Kardashian got engaged less than a month ago and is already being called a bridezilla – and the reality star's over-the-top wedding registry might be partly to blame. [UsMagazine.com](http://UsMagazine.com) reports that Kardashian and fiancé Kris Humphries registered at GEARYS in Beverly Hills, a premium seller of luxury jewelry and homeware. The couple's registry included a laundry list of expensive items, including crystal napkin rings, a \$175 mustard jar and \$38,4000 worth of Torchon dinner place settings. Kardashian and Humphries will walk down the aisle this Halloween.

**If you don't need household items, what wedding gifts should you ask for?**

**Cupid's Advice:**

If you already have a mustard jar and are looking for unique wedding gifts that aren't household items, Cupid has some tips on what other kinds of presents you should ask for:

**1. Honeymoon:** Besides the reception, the honeymoon is probably the most expensive part of getting married. Now, you can use a website to ask your guests to contribute to various activities, like the flight, hotel, or food. Try [HoneymoonWishes.com](http://HoneymoonWishes.com) or [SendUs0ff.com](http://SendUs0ff.com).

**2. Charity:** If you feel like you already have everything you need, why not use your wedding as an opportunity to give back? Have your guests make donations to a few of your favorite charities instead of buying gifts à la Prince William and Kate Middleton.

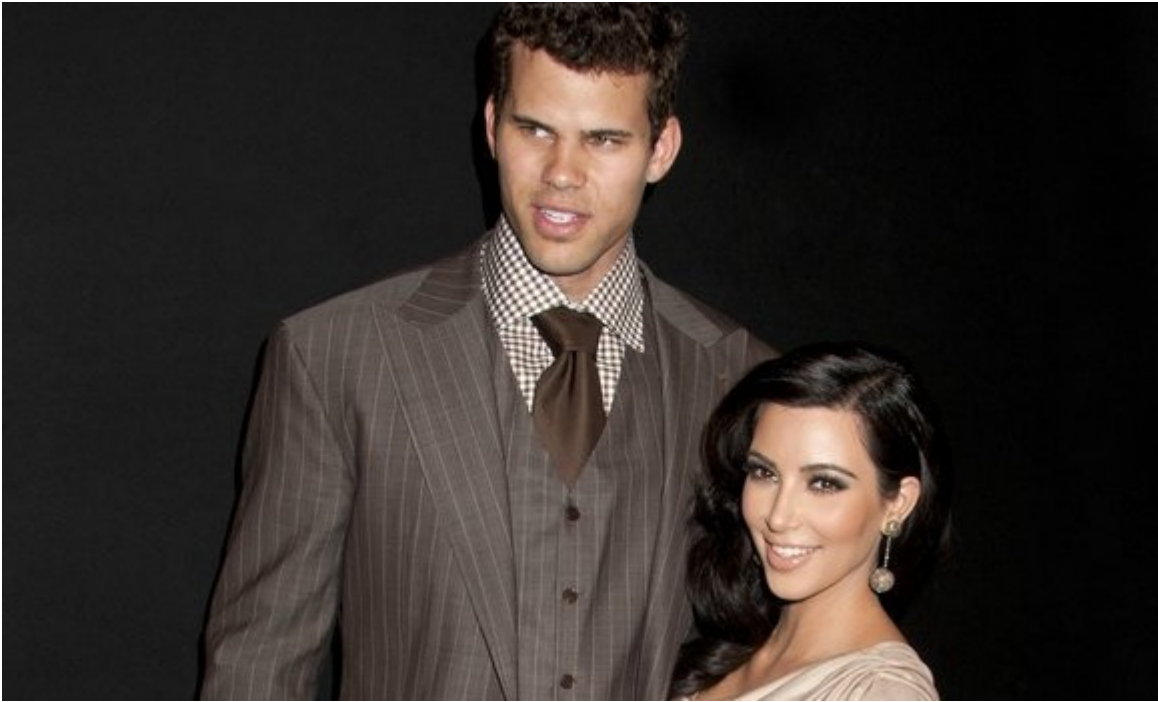
**3. Renovations:** You may not need a fondue set, but you might need a new kitchen. If you want to make improvements to your home without accumulating even more stuff, ask each guest to contribute to a renovation with wallpaper, new counter tops, cabinets – you name it!

**What kind of unique gifts would you include in your registry? Share your comments below.**

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## **Kim Kardashian Sends Public Statement to Crush Cheating Rumors**





At

**CupidsPulse.com**, we love when celebrities set the record straight about their love lives. We've been seeing this more and more, and the Kardashians are no exception. Khloe made a public apology about her nip slip on *Fox and Friends*, and now Kim took charge and crushed *In Touch Weekly's* false cheating rumors. Good thing Kris Humphries has nothing to worry about – his fiancée is a fighter! Or is this simply fodder and PR for the season premiere of *Keeping Up With The Kardashians* on Sunday, June 12? Regardless, we'll be watching.

Here's the statement that was sent to us yesterday:

"I knew when I got engaged that rumors and false stories were going to start, but this is RIDICULOUS!!!! In Touch Magazine are claiming that I had a five-month secret relationship with this guy... a guy I've never met, spoken to, texted, called or even heard of!

"This guy should be ashamed of himself. Calling up a magazine and making up an entirely fake story in a sad attempt to ruin my relationship!?!?! It's just shameful and this guy should feel ashamed and humiliated. Is this your pathetic attempt for attention? I'll be damned if anyone, especially some

loser I've never even met, is going to try to come between Kris and I. My friend Lauren London has never even met this guy, so to say she was the one who set us up is totally untrue. I find it so sad that a magazine will take the word of a stranger and try to pass their story off as true. And what's even more odd is that this guy would carry on a "relationship," yet never speak on the phone or see me in person! Makes no sense!

"The text messages the magazine claims I sent this guy are pathetic. 'Why don't you put in effort to try and make me your girlfriend doll?' I would never talk like that to a guy. They just threw in the word "doll" a few times and tried to make it sound like me. I talk like that to my girl friends, not to my man. It makes me sick to my stomach that anyone can call up a magazine, tell an entirely fake story, provide fake proof, and the magazine will go ahead and run it... just to sell copies!!! What a crazy world.

"I've said it before, and I'll say it again... don't believe everything you read. The tabloids and weekly magazines will do ANYTHING to sell copies, and in this case they decided to run a false story, knowing they had absolutely no proof that it was real. It's disgusting, and I will be taking legal action against *In Touch* magazine and Bret Lockett."

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## **Kourtney Kardashian Says Kim Is Herself Around Kris Humphries**



It looks like Kim Kardashian, who recently got engaged to New Jersey Nets star Kris Humphries, has her sister Kourtney's blessing. Kourtney Kardashian told [People](#) that Kim and Kris are perfect together. "He fits in [with the family] already. I think they're just themselves, and I think that's the most important thing," said Kardashian. "Kim is totally herself in front of him. Everything is easy, comfortable, no stress."

**How can you keep your relationship stress-free?**

### **Cupid's Advice:**

When it's easy to be yourself around your partner, you know the relationship is right. Cupid has some tips on how to make sure it stays effortless:

**1. No drama:** If your mate makes a big deal out of the smallest issues, talk to him or her about it. Sure, relationships take hard work, but you don't need unnecessary drama.

**2. Have fun:** When things get heavy, go out and forget about it for awhile. If you and your significant other can have fun together no matter what, the stress will melt away.

**3. Let your guard down:** It may be difficult, but if you want to be able to be yourself around your sweetie, you need to stop acting so perfect. By showing you have flaws, you'll grow closer and more comfortable with each other.

**What do you do to keep your relationship uncomplicated? Share your comments below.**

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## Kim Kardashian and Kris Humphries Are Engaged



Kris



Humphries proposed to Kim Kardashian in her Beverly Hills home on May 18<sup>th</sup>. After six months of dating, the New Jersey Nets forward waited in Kim Kardashian's bedroom and took her by surprise when she came home to find him on one knee with the words "Will You Marry Me?" written in rose petals. She was completely surprised. "I was in such shock. I never thought it would happen at home, and I never thought now." According to [People](#), Kris Humphries popped the question with a classically stunning custom-designed, 20.5-carat Lorraine Schwartz diamond sparkler because he wanted the ring to be big. Congratulations to the happy couple!

### **What are the benefits of proposing at home?**

#### **Cupid's Advice:**

Home is personal and comfortable. The saying, "home is where the heart is" makes proposing there the perfect location:

- 1. Casual dress:** Proposing in a casual setting can be more comfortable for both of you. Plus, you don't have to worry about getting dressed up.
- 2. Privacy:** You can have more of a private moment as a couple on this special day. There's no need to worry about people in public looking on.
- 3. Going out to celebrate:** If you propose at home, you can go out afterward to celebrate in style.

**What's your take on proposing to your partner at home? Share your comment below.**

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# Khloe Kardashian Says Kris Humphries Must Pass Family's Initiation



Khloe Kardashian has some advice for sister Kim's long-distance basketball boyfriend Kris Humphries: impress the fam. Khloe, who married Los Angeles Laker star Lamar Odom in September of 2010 knows firsthand how critical her brood can be. "I don't think Kris knows what he's getting into," Kardashian told [People](#). She says that this summer Humphries will get the opportunity to spend some time with the whole family and get initiated into the Kardashian group ... if he can manage.

**What do you do if your partner doesn't get along with your family?**

**Cupid's Advice:**



There is no one more influential in your choice of mate other than the members of your family. It may work in movies, but if your boo and your family butt heads, something needs to be done:

**1. Talk it out:** Discuss things separately first and then together if need be. Why does your partner not get along with your family and vice versa? As soon as you figure out where the conflict begins, you can start to mend the situation.

**2. Figure out the reason:** Is there a good reason for conflict between your partner and your family? Perhaps your family is concerned about your well-being when you're with your partner. Consider these objections for what they're worth and if they hold any value.

**3. Blood is thicker:** than water. Just like when your parents would weed out the good-for-nothing friends you brought home from school, you're family is still (and always will be) your family. If this boyfriend is just a passing phase, consider moving on.

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## Kim Kardashian's Boyfriend Kris Humphries Serenades Her





Kim

Kardashian is venturing into the world of music with a little help from her NBA player boyfriend. Kardashian, who debuted her new song “Jam (Turn It Up)” this week, told [People](#) that Kris Humphries serenades her with her own song. “Kris loves it... He sings it to me on the phone.” While Kardashian says she loved recording the song, she isn’t interested in making an album. “It was just something I tried,” the reality star said. “It was just something that kind of got me out of my comfort zone. And I’m really happy I went for it and did something I’m so not comfortable doing.”

**What are some creative romantic gestures?**

**Cupid’s Advice:**

It’s important to show your partner how much you care every once in awhile. Cupid has some creative ideas that your mate will love:

**1. It’s the little things:** Do the laundry, clean the bathroom or cook dinner. These simple household chores will show your partner that you care even more than a traditional romantic gesture would.

2. **Sway:** Surprise your partner with a romantic spin around the floor... the kitchen floor. Make a normal night special by asking for a dance after dinner.

3. **Cut out coupons:** Give your mate free romantic coupons for a 30-minute massages or romantic dinners, redeemable anytime.

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## Kim Kardashian's Boyfriend Kris Humphries Not Jealous of Super Bowl Ad



Despite the sex appeal caused by Kim Kardashian's enticing Super Bowl Sketchers commercial, her boyfriend Kris Humphries was not at all envious. According to [Digital Spy](#), Kardashian says

Humphries is “not a jealous person at all.” The commercial, which aired during the fourth quarter Sunday, showed Kardashian moving provocatively with a shirtless, male trainer.

## **How do you deal with a jealous partner?**

### **Cupid’s Advice:**

If your significant other is jealous, don’t panic right off the bat. To some degree, it’s normal. Most people have doubts in a relationship because we can’t always be at each other’s sides every moment. Cupid has a few pointers to help you deal with your envious partner:

- 1. Trust each other:** Probably one of the biggest keys to a healthy relationship is trust. Because you can’t be with each other every second of the day, you need to believe in your partner when you’re apart.
- 2. Talk it out:** If your significant other is threatened by your close friends of the opposite sex, then you’re going to have to have a sit-down to lay out some ground rules.
- 3. If you have nothing to hide, prove it:** Some people are uncomfortable being open and honest (like showing their phones to their partners). It may put your mate at ease if you go above and beyond to prove your innocence, at least once in a while.