

# Celebrity Couples Who Have Turned Over a New Leaf



By Courtney Allen

Hollywood just may be the one place where the phrase “love is a battlefield” is an understatement. The land of fortune and fame is the forefront for some of the most scandalous relationships and splits we’ve ever witnessed.

But finding love is not the problem for these celebs; it’s keeping it. For many, passionate romances and ‘I do’s’ end as suddenly and tragically as their last. But luckily, every love story has a different ending... and some endings turn into new beginnings. These four celebrity couples came armed the second time around on the battlefield of love and came out on top:

**1. Kourtney Kardashian and Scott Disick:** Kourt and Scott's relationship has been public since the debut of *Keeping up with the Kardashians* in 2007. Their relationship proved to be the most entertaining in the E! hit reality show thanks to Kourtney's headstrong, sarcastic personality and Scott's wacky, drunken behavior. The couple was known for their rocky relationship, the majority of the blame being placed on Scott's infidelity and immature lifestyle. Kourt pulled the plug on Scott multiple times during their relationship as well as her pregnancy with their first child, Mason. By this point, we all thought Scott had crashed and burned for the last time. Scott finally straightened up his act after Kourtney banned him from seeing Mason. And now seven seasons later, the two are going stronger than ever with the recent birth of their second child, Penelope. If this couple can bounce back, there's hope for us all.

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**2. Miley Cyrus and Liam Hemsworth:** The relationship between Miley and Liam is nothing but a match made in heaven. The grown-up Hannah Montana star met the blue-eyed Aussie in 2009 while filming *The Last Song*, where they played the roles of young adults who fell in love over summer break. As it so happens, their love story transferred off the big-screen into real life... taking both the good and bad. In the movie, the couple actually breaks up, much like they way they did in 2010. The exact reason may not be known, but the two just couldn't stay away from each other. Cyrus and Hemsworth gave it another try in 2011. The actor popped the question to the singer earlier this year and have been engaged for nearly six months. If there was ever a sequel to "The Last Song," this would be it!

**3. Sammi Giancola and Ronnie Magro:** If you've ever seen *Jersey Shore*, you know all about Sweetheart Sammi and Ronnie the Guido. The only thing their relationship was known for was extreme inconsistency and drama. Ronnie's unfaithfulness led

us to believe their relationship was practically doomed. Sammi and Ronnie's relationship was without doubt unhealthy, opening doors to verbal and what appeared close to physical abuse. After breaking up countless times throughout multiple seasons, we all anticipated when their rocky romance would end for good. We now know the answer to that: apparently never. The couple is still together today. The good news is that they seem to actually be in a functioning relationship these days. Their love has proved strong enough to overcome their seemingly irreparable past.

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**4. Audrina Patridge and Corey Bohan:** Audrina Patridge is known for her role on *The Hills* but her relationship with BMX biker Corey Bohan was displayed on her VHL reality show *Audrina*. Her Aussie beau was prince charming until the show revealed one of his less favorable qualities: possessiveness. Throughout the season, Audrina struggled with her controlling boyfriend who proved to also have a bit of a temper. By the end of the season, Patridge dumped Bohan with the support of her mom. But little did we know that the couple would rekindle their flame a couple months later. Since the show's end, we haven't heard much on their relationship besides the occasional romantic getaway or public event, but everything seems to be in the clear. They have been going steady since the summer of 2011.

**What other celebrity couples have made the biggest comeback in their relationships? Share your thoughts with us!**

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# **Kim and Kanye Double Date**

# with Scott and Kourtney on Halloween



By Nicole Weintraub

Sisters Kourtney and Kim Kardashian double dated for Halloween in Miami with their respective men – Scott Disick and Kanye West, according to [UsMagazine.com](http://UsMagazine.com). The sisters are currently filming *Kourtney & Kim Take Miami* where they went out on a double date with their boyfriends, deciding to not have a big extravaganza for Halloween this year. Kourtney, Disick and West wore light colors in white and beige while Kim stood out in black leather pants and a black mesh top revealing a black bra underneath. Ever since Kim and West have come out as an official couple, he has been helping dress her. Kim and West have just recently starting dating, but have been friends for several years. Kourtney and Disick have been together for



several years, having two children together.

## **Is double dating a good idea?**

### **Cupid's Advice:**

Double dating can be a great way to relieve the pressure, or it can be a disastrous way of ruining your one on one time with your date. Here are ways it can be good or bad:

**1. The more the merrier:** While it may be a good idea to have a double date or even a group date in the beginning of dating, it can also take away from one on one time. Double dating is a great way of relieving tension and keeping the conversation going, but it takes the intimacy away from an actual date.

**2. Different relationships:** Kourtney and Scott have two children together while Kim and Kanye are in a brand new relationship. If you are going to double date, try to go out with a couple that are on the same page with their relationship. The more the two couples have in common, the more there will be to talk about.

**3. Four different people:** A double date can quickly go from two couples spending time together to four people hanging out with one another. Make sure that while you are still conversing and spending time with the other couple that you are not ignoring your partner.

**Do you think double dating is a good idea? Share your thoughts with us!**

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# Kourtney Kardashian and Scott Disick Welcome a Baby Girl



Early Sunday morning, Kourtney Kardashian and Scott Disick were overjoyed to welcome their new baby girl, Penelope Scotland Disick, and it's about time. Their second child was born in the Los Angeles Cedars-Sinai Medical Center, and according to [People](#), everyone was thrilled. The new mommy of two released a statement: "Scott and I are overjoyed to welcome our precious angel Penelope Scotland Disick into our lives. We are forever blessed. Mommy and baby are resting comfortably." And it wouldn't be a celebration without the rest of the Kardashian clan, as they have all expressed their excitement via their blogs. Kourtney and Disick have a strong support system behind them.

**What changes can you expect during your second pregnancy?**

## **Cupid's Advice:**

Once you've already gone through the first pregnancy, you would think that the second one would be easier. That said, you have to deal with a big belly and another child around the house again. There are some changes you should expect during your second pregnancy:

**1. More work:** You may know how to react during certain situations when you are pregnant, but it will still most likely be more work. On top of dealing with the symptoms of being pregnant and maintaining your health, you have another little one running around the house to take care of.

**2. Less worried:** Even though it might be more work, you will become less worried over the little things. You know what you should and should not be feeling since you've already gone through it once.

**3. Time will go by slower:** Since you do already know what to expect, the pregnancy will most likely go by slower. The first time, everything is new so your sense of time is skewed.

**What changes do you think occur during a second pregnancy? Share your thoughts below.**

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# **Khloe Kardashian Says Sister Kourtney Will Be a 'Pro' at Raising Another Child**



The tabloids are exploding, as Kourtney Kardashian and longtime boyfriend Scott Disick are expecting their second child. According to [People](#), her sister, Khloe Kardashian is overjoyed that Mason is going to be a big brother. “I can’t wait to see her with a kid in each arm,” said Khloe. “She’ll be a pro. LOL. And if this next baby is anything like Mason, then we will truly be the luckiest family in the world.”

**How do you prepare for raising two children instead of just one?**

### **Cupid’s Advice:**

Building your family is both exciting and scary. The best thing you can do is to be prepared and get your current child ready for the addition:

**1. Expand your nest:** It may be time to turn that two-bedroom



into a three. Whether that means moving or adding on to your current home, it's time to make the necessary arrangements.

**2. Talk to your child:** Prepare your first child for the new addition to the family. Tell them what to expect and get them excited about being a big brother or sister.

**3. Get rest:** It's hard enough to get rest when you only have one child, but it's twice as hard when you have two. Stock up on sleep!

**How did you prepare for your second child? Share your experiences below.**

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## **Kourtney Kardashian Announces She's Pregnant**





*Keeping up with the Kardashians* just got a little more interesting as Kourtney recently announced that she and her boyfriend of five years, Scott Disick, are expecting their second child. Kardashian took a pregnancy test about five weeks ago and didn't hesitate to wake Disick with the positive results. "Now I'm nine weeks along," she told [UsMagazine](#). "You're supposed to wait 12 weeks to tell people, but I feel confident." The couple's first son, Mason, almost 2 now, came as a surprise, but this pregnancy had more planning involved. "It wasn't like we weren't trying," Disick said. "We kind of just said, 'If it's meant to be, it'll be.'"

**Why do women wait 12 weeks before announcing their pregnancy?**

**Cupid's Advice:**

**1. Risks:** The first 12-16 weeks are the most dangerous for the possibility of a miscarriage. Don't risk making the announcement too soon, and shortly after having to explain that you're no longer pregnant.

**2. Emotions:** You're going to feel a lot of different

emotions upon finding out you're going to be a mother, so it's important that you take time to sort out your feelings.

**3. Time to settle:** You and your partner are going to want time to yourselves so you can agree on important concerns that come along with having a baby. This way you'll be more prepared to face the bombardment of questions from friends and family.

**How did you announce your pregnancy? Share your comments below.**

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## Kris Humphries Bonds With Scott Disick



After his highly publicized marriage to Kim Kardashian, Kris Humphries has formed a close friendship with Kourtney Kardashian's man, Scott Disick. According to [People](#), Disick has been a great help in giving Humphries tips on how to win over the Kardashians. Their bromance became even stronger when the two spent quality time together in New York. "Scott and I are becoming closer because we're hanging out a lot in New York. We're just all about living life," said Humphries.

Khloe's husband, Lamar Odom, is also full of advice on how the newlywed can find his place within the Kardashian family. As Humphries works to impress one of America's most famous families, it seems that he's found a close friend with his almost brother-in-law while living in the Big Apple.

## **What are some ways to bond with your partner's family?**

### **Cupid's Advice:**

When you commit to someone, you're also committing to being a part of the family. It's always a good sign if you find yourself spending time with their family when your partner isn't around. Here are some ways to bond:

**1. Get social on social media:** Before you even meet the family, don't be afraid to find them on Facebook and Twitter. They'll really appreciate your friend request and/or tweet. Not only is it a great way to break the ice for when you meet in person, you'll also be less nervous.

**2. Play a game:** Playing sports or a board game with the family can be a lot of fun. It's a good way to relax the mood into one of lightheartedness.

**3. Ask questions:** People love to talk about themselves. Also, if you feel like you need advice on the family dynamic, sometimes, all you need to do is ask.

**How can bonding with the family make you closer to your**



partner? Share your thoughts below.

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# Is Scott Disick Heading Back to His Partying Ways?



After going through rehab and alcohol counseling in 2010, Scott Disick claims he's been laying off the booze. But Kourtney Kardashian is worried that her baby daddy is reverting back to drinking. According to [UsMagazine.com](http://UsMagazine.com), in Sunday's episode of *Keeping Up With the Kardashians*, Disick had to fly to Las Vegas and reassured his girlfriend that it was for business, but the hot mama was concerned when she dropped him off at the airport and saw Disick's friends

drinking champagne.

## **How do you help your man with an addiction to partying?**

### **Cupid's Advice:**

If your partner has an addiction to partying, this may be a touchy issue. You're in a difficult position if you're trying to help your man with his problem, but he's pushing you away. Cupid has some tips:

**1. Get help:** You've probably already tried to get him to an AA meeting, but without much success. If he's reluctant toward seeking help, you can't physically drag him. You may not be able to control him, but you can control your own behavior. So start going to those Alc Anon meetings and get informed. You may get the advice you need to feel prepared to deliver an effective intervention.

**2. Set limits:** You may be afraid to offend him, but you have to be firm. Tell him that when he's drunk, you don't want to be around him ... and then stick to this rule. If he's thinking of calling in sick at the office, but you know he's actually suffering from a hangover, forbid him from taking the day off. He's gotta own up to his actions and you won't let him get away with it.

**3. Confront him:** Aside from delivering a formal intervention, you also want to communicate with him informally. He's probably in denial, and you'll have to shake him out of it. Keep emphasizing that his drinking is a disease and that it's unacceptable.

**Is your partner a hard-core partier? Share your story below.**

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# Why Kourtney Kardashian and Scott Disick Don't Need to Get Married



By Brea Gunn

Okay, okay...I'll admit it. I'm a reality TV junkie. I LOVE watching the train wrecks, drama, and outright ridiculousness that has become entertainment. Sometimes, though, a show truly hits a chord. I was watching Keeping Up With the Kardashians and stumbled upon the episode where Kris is pushing Kourtney and Scott to get married ... But they don't want to tie the knot.

This may seem strange to you, but it really irked me that their mom, Kris, was pushing the issue. Now, I'm all about

weddings. It's what I love to write about, talk about and blog about, but sometimes weddings are not the best thing. Take Kourtney and Scott, for example. If her mom wants a commitment, why not have a commitment ceremony instead of a wedding? You can still have the dress, the big bash and the DJ without ending up with a legally binding piece of paper.

Take a look at some other celebs that have kids and aren't married ... Johnny Depp (together with his partner for more than 10 years, he has 2 kids) and Brad Pitt and Angelina Jolie (together for more than 5 years and they have six (right?) kids) ... And both couples are very comfortable in their relationships.

And then there are the celebrities that have gotten married after they have kids, like Ashlee Simpson and Pete Wentz, and Britney Spears and Kevin Federline. Now, they're separated or divorced.

So where's the middle ground? And more importantly, what does any of this have to do with us 'normal' people? I think that weddings are fantastic, and I love every single one of them, but they're truly not for everyone, as I think the Kardashians (among others) have shown us. So when do you know it's right?

If you can't imagine the rest of your life without your love's best and WORST features, then (more than likely) you're probably on the right track with the wedding plans. But if you're happy being your semi-single self, consider a commitment ceremony or party to celebrate a milestone year in your relationship instead.

Sure, Mom may be upset (even famous moms want to plan their daughter's weddings), but I think that if you sit down with her (do not take a page from Kourtney on this one) and calmly explain your choice, then chances are she'll be on board ... especially if you let her plan a party.



Brea Gunn is a monthly contributor for Cupid's Pulse and writes for a Hudson Valley weddings site for real weddings, reviews and inspiration from local wedding business resources.

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# Kim Kardashian Celebrates Bachelorette Party in Las Vegas



While Kris Humphries was celebrating his bachelor party at Lavo Las Vegas last Saturday night, fiancé Kim Kardashian was doing her best to deal with her humiliation during her penis-themed bachelorette party, organized by her sister and maid-

of-honor, Khloé. Kim was clad in a pink sash labeled “Tao Bachelorette” and an illuminated tiara. She kept her sangfroid as a male stripper appeared at dinner to perform a strip tease. According to [People](#), she told her guests “My sisters are doing everything they can to embarrass me.”

**What are some ways to playfully embarrass a bachelorette at her party?**

### **Cupid’s Advice:**

So you have the honor of planning the bachelorette party for your sister or your best friend. How can you go about playfully embarrassing her? Cupid has some tips.

**1. Male stripper:** Classic. Hire one or multiple male strippers to perform a special dance at some point during the night. Make sure he puts the bride-to-be in the spotlight.

**2. Special outfit:** Design a special costume for the special lady. You can imitate Kim Kardashian’s costume and go with something princessy, girly and pink, for instance.

**3. Decorations:** Decorate the venue. Choose a theme to make it more interesting. For example, you can ask all the guests to come in a male parts costume or design special necklaces for everyone.

**Got any ideas for how to embarrass the bride-to-be? Don’t be shy! Share your ideas below**

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# Scott Disick Questions Kourtney Kardashian's Interior Design Choices



Kourtney Kardashian's latest obsession is redecorating her new home that she shares with longtime boyfriend, Scott Disick. However, according to [People](#), Disick is a little creeped out by his other half's over the top design choices and her uncanny love for checkered patterns. "Our house looks like it's out of *Beetlejuice*," commented Scott Disick on their \$1.7 Million home in Los Angeles. So far, he's gone along with Kardashian's unique decorating ideas. "If she's into it, let her have her fun," he said. "I hang out in the garage."

**How do you compromise on design choices as a couple?**

## **Cupid's Advice:**

Though a couple may be very much in love, they may also have very different tastes when it comes to interior decorating. Considering how much time we spend at home, this could become a serious issue in your relationship. Cupid has some tips:

**1. Go with it:** In every relationship you have to pick your battles. If in the end, the decor really isn't that big a deal to you or is something you could get used to, it may not be worth it to pick a fight, especially if designing makes your partner happy.

**2. Compromise:** If one person chooses the sofa and the other picks out the coffee table, both of you can be happy.

**3. Get a man/woman cave:** Establishing a part of the house that is all your own can actually strengthen your relationship and satisfy your decorating needs.

**How did you compromise with your partner on design themes? Share your experience below.**

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# **Kourtney Kardashian Says Kim Is Herself Around Kris Humphries**







It looks like Kim Kardashian, who recently got engaged to New Jersey Nets star Kris Humphries, has her sister Kourtney's blessing. Kourtney Kardashian told [People](#) that Kim and Kris are perfect together. "He fits in [with the family] already. I think they're just themselves, and I think that's the most important thing," said Kardashian. "Kim is totally herself in front of him. Everything is easy, comfortable, no stress."

### **How can you keep your relationship stress-free?**

#### **Cupid's Advice:**

When it's easy to be yourself around your partner, you know the relationship is right. Cupid has some tips on how to make sure it stays effortless:

**1. No drama:** If your mate makes a big deal out of the smallest issues, talk to him or her about it. Sure, relationships take hard work, but you don't need unnecessary drama.

**2. Have fun:** When things get heavy, go out and forget about it for awhile. If you and your significant other can have fun together no matter what, the stress will melt away.

**3. Let your guard down:** It may be difficult, but if you want to be able to be yourself around your sweetie, you need to stop acting so perfect. By showing you have flaws, you'll grow closer and more comfortable with each other.

**What do you do to keep your relationship uncomplicated? Share your comments below.**

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## Scott Disick Gets Sober and Nicer



It looks like Scott Disick, Kourtney Kardashian's on-again off-again boyfriend, has finally cleaned up his act. Disick,

who has a 1-year-old son with Kardashian, has had problems with addiction in the past. But Disick insists that now he's committed to staying sober for his family. He told [People](#), "There's times that it's difficult but, you know, the good outweighs the bad... It's nice having a healthier lifestyle than I used to have." Disick also said that being sober has made him a better person. "You know, I just realized there's bigger things in the world than just being a selfish, self-centered, pr-k."

## **How do you deal with a partner who drinks too much?**

### **Cupid's Advice:**

Some people have major problems with drugs and alcohol, and if your partner is one of them, read on for Cupid's tips on how to help:

- 1. Get help:** Don't take on your partner's addiction issues alone. Get him or her professional help, whether that means a psychiatrist or rehab.
  - 2. Prevent bad behavior:** If you know your mate tends to go overboard at a club or bar, try laying off the late night scene for a little while. Suggest going to a movie or doing something active instead.
  - 3. End it:** If your partner refuses to change his or her ways, it's time for you to move on. You deserve someone who has things figured out and won't bring extra drama to your life.
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# Kim Kardashian Flirts with Kanye West



On the Sunday night premiere of *Kourtney and Kim Take New York*, viewers got an up-close and personal look at Kim Kardashian's love life. The one-minute clip shown on [UsMagazine.com](http://UsMagazine.com) shows a playful Kim showing singer Kanye West the new Dash boutique located in the SoHo neighborhood in New York City. Shortly after, West and Kim were caught having a giggly conversation about Las Vegas, and sister Kourtney explained. "Kim is single now, and she is the most boy crazy girl I've ever seen. She just loves to flirt."

**What are some flirting rules to keep in mind?**

**Cupid's Advice:**



Flirting is fun, and nearly everybody is guilty of it. However, there are a few rules you should always keep in mind:

**1. Less is more:** When it comes to flirting, don't over-do it. Excessive flirting may cause you to seem like a woman with little class, and you may give guys the wrong idea. Desperation isn't attractive!

**2. Know when to stop:** The best way to make an impression is to mix flirting with some actual conversation. Flirt and joke with each other for a while, and then share your opinions and connect on a more personal level.

**3. Don't be too physical:** It's perfectly fine to flirt with a guy, but unless you're looking for a fling, be sure not to make too much physical contact. It's astonishingly easy for potential dates to misinterpret your flirting.

For more on Kim Kardashian:

[Kim Kardashian Plays Hard to Get on Reality Show Date](#)

[Kourtney & Kim Take New York Season Premiere](#)

['Kourtney & Kim Take New York' Earns More Viewers Than 'Miami'](#)

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## Kourtney Kardashian and Scott Disick Take a Family Vacation





According to *UsMagazine.com*, E! reality star Kourtney Kardashian and longtime boyfriend, Scott Disick took a quality vacation in Cancun, Mexico with their 13-month-old son, Mason. An insider stated that the couple seemed very relaxed on their tropical family fiesta. After rumors of a rocky romance between the two, this three-day getaway was free from turmoil.

## **What are ways to re-focus a drama-filled relationship?**

### **Cupid's Advice:**

Drama doesn't always mean that your relationship has to come to an end. Here are some ways to work it out:

- 1. Get away for a while:** Though vacations may seem like a temporary solution, they may be just what you need to spark a permanent reconciliation.
- 2. Listen:** Take a break from your own fighting words to listen to your partner's concerns, thoughts and feelings. Try to understand things from his point of view. Sometimes understanding is the key to resolving important issues.

**3. Look at the big picture:** Your drama may be comprised of a series of small fights centered around a big problem you are not confronting. Figure out the heart of the matter, and then focus on that instead.

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## Kourtney Kardashian's Rumored New Love Says She Deserves Better Than Scott Disick



If Kourtney Kardashian didn't know about model Leandro Magno's feelings before, she sure does now. In an exclusive video interview with RadarOnline, Magno stated, "If things happen to

not work out with Scott Disick,” he would love to be more than friends with Kardashian. With the hot-cold relationship between Kardashian and Disick, it’s no wonder men are still vying for her affections. Magno ensured, “There’s definitely attraction from my part ... She knows her worth I would say.”

Its clear Magno himself believes he would be an upgrade. “I do know that I can treat her like a princess she deserves to be.”

## **What do you do if you know your friend is dating a dud?**

### **Cupid’s Advice:**

Everyone wants the best for their friends, especially when it comes to finding “the one.” However, what happens when your friend believes they’ve found that person, but you couldn’t disagree more? Cupid has some tips on how to share your thoughts:

**1. Break the news gently:** No one wants to be blindsided by their best friend when it comes to serious matters. Avoid bashing and approach your friend tactfully. The last thing you want is for them to feel attacked and immediately disregard your opinion.

**2. Voice your concerns:** As a best friend, it’s your job to support unconditionally, which includes the hard stuff. One way to avoid putting your friend on the defensive is to offer concrete examples.

**3. Console and support:** Hopefully your friend believes you, in which case a breakup is in sight, and she is going to need a shoulder to lean on. If things don’t necessarily go your way, remember that sometimes people need to realize things for themselves; support them in the meantime.



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# Scott Disick Befriends Old Adversaries



Kourtney Kardashian's beau Scott Disick is known for his temper, but as of last week, the new father seems to be making changes. Disick, 27, has frequently been caught badmouthing Kim Kardashian's best pal, *Spin Crowd* star Jonathan Cheeban. At a country club in New Jersey last month, Disick was overheard "...talking sh\*\* about [Cheeban] real bad," revealed a source. Disick claimed that Cheeban would be nobody without him. The source assured [RadarOnline](#), "Cheeban is a good guy and has turned the other cheek." Despite their differences, the two seemed friendly at Ciara's birthday bash in Manhattan. Says the source, "They seemed to be getting along

great and even grabbed dinner together after the event.”**How can you be friends with your partner’s pals?**

### **Cupid’s Advice:**

Though you should always try to be friendly, rules about befriending your beau’s buddies have always been a bit unclear. Here a few tips to keep the friendships involved (and your relationship) healthy:

**1. Make your beau your priority:** While it’s great to make new friends, you need to make sure that your partner isn’t feeling left out. Your mate is your number one priority. Don’t become better friends with his buds than with him!

**2. Don’t get too friendly:** While your partner will love to see you branching out and having a good time, jealousy may not be too far around the corner. Make sure your new relationships with his pals are (and appear to be) completely platonic. There’s no need for silly drama!

**3. Be cautious:** It may seem like you’re becoming good friends with your beau’s buds, but you need to be a little cautious of how much you say around them. Their loyalty ultimately lies with your beau, and they will probably spill some of the things you reveal to them.

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## **Kourtney Kardashian & Beau Get Therapy**



Reality diva Kourtney Kardashian and boyfriend Scott Disick have had their share of relationship problems, but they insist rumors about the couple's split are completely untrue, according to [People](#). "It's ridiculous," Kardashian said. "All the [rumors] you just have to laugh at." The pair, who have an 8-month-old son together, have taken to counseling to strengthen their relationship. "I think [counseling] is really important, and we always love going and feel so much better after," Kardashian said.

### **How can counseling sessions help your relationship?**

#### **Cupid's Advice:**

Therapy and counseling can be intimidating, but if you and your partner are having issues you don't seem to be able to solve on your own, it may be the best thing you can do.

**1. Keep an open mind:** If you go into your counseling sessions

with the idea that it's not going to help, then it won't. One of the biggest barriers to successful relationship building is being closed off . Take a leap of faith, and counseling could help you open up.

**2. Be completely honest:** Your therapist is not there to judge, and you don't have to make yourself look good during your meetings. The most beneficial thing you can learn during your sessions is that it's okay to be honest. You can't fix the problems in your relationship without being truthful about your feelings.

**3. Believe in change:** Kardashian and Disick have been working on their relationship for a number of months now, and Kardashian has said in the past that she sees a big change in her beau. Counseling can help you realize that you and your mate can change and become both better people and partners together.

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## Scott Disick & Kourtney Kardashian Are in a "Good Place"







Scott Disick's out-of-control alcoholic behavior in past episodes of *Kourtney and Khloe Take Miami* has left the Kardashian sisters worried. However, the girls say they have seen huge changes in Kourtney's beau. In an interview with [E! Online](#), Kim defends Disick, saying, "I have seen a big change in Scott and I have actually seen him make a transition." Kourtney added, "We're in a really good place," but admits that it's hard to watch these episodes. "I think that it escalated to a point where he would even get scared," added Kim. "He has made so many changes that are so obvious that I can't help but accept him now."

## **Can a leopard change its spots?**

### **Cupid's Advice:**

Change can be hard – should you ever expect someone to truly change their habits? Cupid has some advice to help you weather the storm:

**1. The want to change:** According to psychotherapist Michelle Gottlieb, "People can change if there is enough motivation."

It's harder to change personality traits, compared to habitual traits like Disick's, but in both cases, it *is* possible, depending on how much effort and willpower a person puts forth.

**2. Roadblocks:** As people encounter roadblocks, they are most likely to slip back into their old habits (e.g. you've quit carbs but your friends eat them in front of you, which may make you order carbs). Make your attempt at change public so your friends and family are less likely to put you in tempting situations.

**3. Slow and steady:** Just because you decided to make a change in your life doesn't mean that you have get there by tomorrow. Make realistic goals, like smoking one less cigarette each day. Take your time, and the results will slowly progress.

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## Scott Disick: An Alcoholic "Vampire"





Scott Disick, baby daddy for Kourtney Kardashian's little boy, allegedly drinks so often that Kardashian friend Jonathan Cheban called him a "vampire" in the above clip from [E! Online](#). The reality TV star simply added, "Alcohol is in his blood." Despite this, Disick works nights at a club, with access to alcohol regularly.

**Addiction by half of a couple can be devastating to the relationship. How can you work together to beat the illness?**

Cupid's Advice:

Many things in this world draw even the strongest willed people into a less than desirable situation. When you're with someone, they too, are affected by your condition. Here are some ways you and your partner can reduce or eliminate your temptation together:

**1. Stay away from your weakness:** If you have a taste for alcohol, don't work in a place where you have easy access. Talk with your lover to find other jobs you can perform well in.

**2. Get help:** Acknowledging the problem is a great first step to getting your life back on track. Start small by attending an addiction group meeting, and work your way up. Ask your mate to attend for moral support.

**3. Nobody is perfect:** The fact that addiction is more common and openly spoken about these days makes it more important to accept your imperfections. If you're the sober one, stand by your partner throughout their ordeal for a better chance at success.

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# Kourtney Kardashian & Scott Disick Aren't in Splitsville...Yet







Despite last week's rumors of a breakup, Kourtney Kardashian and Scott Disick of reality TV show fame say they are still together and in love. [Las Vegas Weekly](#) even reported that the two celebrated Disick's birthday in Sin City last weekend. However, the pair's track record isn't exactly clean, as they have broken up and gotten back together multiple times throughout their three-year relationship. Kardashian's family has been vocal against the relationship from the start, and Kourtney's mother, Kris Jenner, supposedly compared Disick to O.J. Simpson last week. Despite all the drama and rumors, however, the two are – for now – together again.

**How do you decide if it's time to call it quits in a relationship?**

**Cupid's Advice:**

Kardashian may want to reconsider her relationship with Disick for the sake of herself and her son, Mason. Disick is not a good influence on any level; from his violent, drunken outburst at Kourtney's sister Kim's family party, to courting

*Playgirl* magazine to do a potential photo spread. You may want to re-evaluate your relationship if you notice the following signs:

**1. Repeated patterns:** Everyone slips up and makes mistakes, but if your relationship feels more hurtful than heartfelt, it could be a signal that it's time to go. By continuing to forgive your partner for his or her bad actions, you send a message that those types of actions are OK.

**2. Family and friends don't approve:** If no one in your inner circle likes your significant other, chances are it's for a good reason. Pull yourself out of the situation and take a closer look.

**3. Damaging others:** When a child is involved, relationships can get tricky. It's easy to stay when you both have a child together, as nobody wants to be responsible for a broken home. However, sometimes it's better to leave a relationship for the sake of the child. They may end up healthier in the long run.