

Kirstie Alley Reveals Her Past Secret Relationship with Patrick Swayze



By Jennifer Ross

Whatever her reasons were, Kirstie Alley just had to confess. In a surprise even to *Entertainment Tonight's* host Chris Jacobs, Alley revealed on Monday night's episode that she had a very emotional and secretive relationship with then costar Patrick Swayze, while they were filming the 1985 movie, [*North and South*](#). What makes this gossip even juicier is that the *DWTS* contestant, 61, and Swayze were both married! To clarify the details, Alley stated how their "affair" was emotional and not physical. "We did not have an affair. But again, I think what I did was worse. Because I think when you fall in love with someone when you're married, you jeopardize your own marriage and their marriage. It's doubly bad."

What are some reasons to keep your relationship a secret?

Cupid's Advice:

There's no doubt, secret relationships are filled with excitement. You and your secret lover arrange to meet in new places, away from your usual hang outs. You program each others' phone number with a secret name. Besides having an affair, there are many legitimate reasons why people engage in such activities. Here are a few to think about:

1. You two are family friends: Suppose you and your best friend of 10 years fall in love with each other AND your families are extremely close, even celebrating holidays together. It's understandable not wanting to share your relationship with everyone just yet. Holding back the info gives you two the time to grow your love and prevents the unwanted family pressures.

2. Family approval: If you come from a Roman Catholic family and your secret partner is a devout Muslim, many feelings could arise when informing your family. Also is the case with interracial relationships. With many hearts at stake, it may be worth it to keep hush about your love until you know a future marriage is certain.

3. Same-sex: Sometimes the approval need not come from family. Sometimes, it's from you. There are instances when a person is not ready to admit their sexual preference to their family for fear of banishment. Often times, complete out casting is not the case. Even so, it's alright to take your time in gaining the courage to show your true self.

Why did you keep your relationship a secret? Tell us below.